

Loving life with little ones

toddle

about

FREE

S. Warwickshire

Oct-Dec 2026

AUTUMN ADVENTURES!

Exclusive Offers
Tips & Guidance
Local News
Competitions
Events
Crafts

Family Date
Night

Everything Bump, Baby & Toddler Near You

Covering Warwick, Leamington Spa, Rugby, Kenilworth,
Southam, Stratford-upon-Avon and the surrounding area

12 DAYS
OF AMAZING
GIVEAWAYS!



PLAYTIME PRINTS

For playful personalities



**BUY
WOMEN
BUILT**



15% OFF

for Toddle About readers



**SCAN AND
SAVE**



Discount will be automatically applied at check-out.

Award-winning kids' fashion
Bold | 100% Organic Cotton  **| Unisex** 

  @playtime_prints

www.playtimeprints.co.uk

WELCOME

TO THE AUTUMN ISSUE!

Hello and welcome to our final issue of 2026!

What an incredible few months it's been! We're coming off the back of **Toddle About LIVE!** South Warwickshire, and I'm still absolutely buzzing. The day was more successful than I could ever have dreamed, and seeing so many families enjoying everything our wonderful local businesses had to offer was really special. A huge thank you to everyone who joined us - I'm already **excited to bring it back bigger and better** next year!

I'd also like to say a big hello to all the new faces who have discovered Toddle About recently - **welcome!** I hope you find the magazine enjoyable, informative and full of inspiration for things to do with your little ones... and hopefully lucky too, with all the fantastic competitions we have for you!

Now it's time to look ahead to a lovely few months of pumpkin picking, Halloween fun, Bonfire Night and, of course, Christmas. We have a **wonderful selection of local businesses**, events and activities in this issue, all ready to help you make some very special memories together over the festive period.

Thank you for reading, and for continuing to support the brilliant local businesses that make Toddle About possible.

Wishing you and your family a magical end to 2026 and a very Merry Christmas!

Loving life with little ones,

Bethan

OWNER/EDITOR

PS. Subscription to Toddle About is now **FREE FOREVER!** Plus, you get other VIP perks such as automatic entry to exclusive giveaways and freebies. More info at www.toddle.fun/subscribe

Learn more at www.toddle.fun/subscribe

IN THIS ISSUE

Bite Sized News.....	4-6
How Allergies & Intolerances Can Occur.....	7
DIY Snow Globe.....	8
Halloween Quesadillas.....	9
Children's Activity Page.....	10
Christmas Gift Guide.....	12
Why Won't My Child Apologise?.....	15
Christmas Days Out.....	16
Win Tickets to Disney on Ice.....	18
12 Days of Christmas.....	19
Toddle Models.....	20-21
Special Offer Vouchers.....	22-23
Halloween Events.....	24
Family Date Nights.....	26-27
Daily Activity Planner.....	28-42
Directory of Advertisers.....	42
Activity Page Answers.....	42
Join Our VIP Club.....	44

MEET THE TEAM



Bethan
Owner/Editor/Advertising



Call us on **01926 266076** or
email: bethan@toddleabout.co.uk

[toddleaboutwarwickshire](https://www.facebook.com/toddleaboutwarwickshire)

[toddleaboutwarwickshire](https://www.instagram.com/toddleaboutwarwickshire)

9,000 copies of Toddle About Warwickshire are distributed every quarter around South Warwickshire, including Warwick, Leamington Spa, Kenilworth, Rugby, Southam, Stratford-upon-Avon and surrounding areas.

Whilst every effort has been made to ensure the information in Toddle About is accurate and correct, we cannot guarantee that this is so and Toddle About cannot and does not accept any liability for loss, damage or problems arising from any errors, omissions or inaccuracies in content, nor from actions taken by readers based on information or opinions presented in advertisements or throughout the magazine. Images and information supplied by 3rd parties have been accepted in good faith and all liability for any legal transgression including breach of copyright remains with the supplying parties.

Toddle About South Warwickshire Ltd. 13 Ash Grove, Southam, Warwickshire, CV47 1EJ. Call us on 01926 266076.





Birthday Fun and Halloween at Beanz Barn

Beans Barn is getting ready for a double celebration this October. Its first birthday falls on 17 October, with free-to-enter games and goodie bags for children planned to mark the occasion. The fun continues on 30 October, when Halloween party play sessions will bring a seasonal twist to a visit. Families can keep an eye on Beanz Barn's website and social media for the latest details and make plans to join in the birthday and Halloween fun. Visit www.beanzbarn.co.uk See P28



Music, Celebration and Wins!

Autumn and Halloween sessions are around the corner, soon to be followed by Christmas music and parties at Rhythm Time Coventry, Rugby and West Northants. The team is also celebrating three finalist places in the Class Business Awards, including Children's Activity Provider of the Year, plus a place in the What's On 4 Kids Awards finals. Book your place and join a term of musical fun!

The first class is free with a monthly payment plan using code 1STFREEMO.

Visit rhythmtime.net/coventry-rugby

See P30



Five-Star Fun with Zoogie Boogie

Zoogie Boogie is approaching a milestone, with almost 100 five-star Google reviews from families who love its sessions. One parent described the experience as feeling like stepping into a children's TV show. Combining sensory play, movement and music, the classes give little ones opportunities to explore and grow in confidence while enjoying time with their grown-ups. Families keen to discover what has inspired those glowing reviews can save 25% on their first month of membership. Visit www.zoogieboogie.co.uk See P25

Three Cheers for Drama Tots

Drama Tots has three reasons to celebrate after reaching the finals in three categories at this year's What's On 4 Kids Awards, including Most Loved Performing Arts Activity. The team has thanked the families whose votes helped it reach the finals and says their support means an enormous amount. For little ones ready to join in, the award-winning classes offer a chance to discover Drama Tots for themselves. Families can visit the website to find their nearest class.

Visit www.dramatots.co.uk to find your nearest classes. See P11



A New Term of Little Tennis Stars

Award winning Mini Tennis Stars has waved goodbye to its latest graduates as they head off to school, opening up spaces for a new group of budding players. Monday and Friday morning sessions give little ones

the chance to discover tennis, develop their skills and make friends along the way. For families looking to add an active class to their week, it could be just the thing. **Special winter trials currently available P22 for details. Visit www.minitennisstars.co.uk, free trial subject to availability. See P18**





Little Ears, Lovely Spanish Songs

BilinguaSing's Baby Loves Spanish sessions in Leamington offer a musical introduction to another language. Running on Mondays at 11.30am, the classes welcome babies from birth through sitting and crawling, before they begin walking. Songs, movement and sensory activities bring the sessions to life, with everything explained in English, so grown-ups do not need to know any Spanish. It is a chance to share music and discoveries together. **A free MP3 musical album is included when booking a term of classes. Visit www.bilinguasing.com to find your nearest class. See P24**



A Sprinkle of Seasonal Magic

Hartbeeps Leamington Spa and Warwick is ready for autumn and winter adventures, with bookings open and limited spaces available. Little ones can explore imaginative themes including Pumpkin Munchkin, School of Magic Sprinkles, Light Up Your Life and Ice Ice Babies. The sessions bring together music, multisensory activities and imaginative play, giving families plenty to look forward to as the seasons change. From pumpkin fun to icy adventures, there is magic ahead.

Save 10% on a term block with code TODDLE10. hartbeeps.com/leamington-spa-and-warwick

See P38

Double the Seasonal Fun at Dandy

Halloween and Christmas bring twice the excitement to Dandy Development, with seasonal sensory experiences and plenty of fun in store. Its classes combine a structured course of baby signing with music and sensory activities, across three age stages designed for different points in little ones' development. The warm, friendly atmosphere also gives grown-ups opportunities to make friends while sharing the discoveries. Families can explore the seasonal sessions online. **Toddle About readers can enjoy two free classes using code SPRING27. Visit www.dandydevelopment.co.uk See P9**



Cuppas, Connection and C-Section Support

The C-Section Coffee Club Warwickshire offers new mothers a welcoming space to connect after a caesarean birth. Led by C-section scar specialist Sarah Allen-Reading and Mummy MOT physio Lauren, the group combines expert advice with community support. Mothers can ask questions, share a hot drink and meet others who understand their experiences, whether their caesarean was planned or unplanned. Practical advice covers scar support and postnatal rehabilitation, with time to talk in a relaxed setting. **Receive £5 off your first treatment with Sarah using TODDLE5 at booking. Visit www.sarahallenreadingmassage.com See P19**



Autumn Adventures at Little Crackers

Little Crackers Stay 'n' Play is back for an autumn of discovery at Crackley Hall School and Little Crackers Nursery in Kenilworth. Children aged 0 - 4 can enjoy themes including Vibrant Vegetables, Forest Fun, Seasonal Crafts and Dastardly Dinosaurs, with the annual Christmas party to look forward to too. The friendly group meets every Wednesday during term time, from 10.30am to 11.45am. It is a chance to play, explore and make friends together. All families are welcome, at £2.50 per family. **Visit www.littlecrackers.co.uk See P17**





Support Beyond the Treatment Room

Revive Massage and Scar Therapy is putting aftercare at the heart of its approach to C-section recovery. Alongside treatment, Gemma takes time to discuss each client's individual needs and offer personalised guidance for the time between appointments. Conversations may cover changes in sensation, appropriate scar care and what to expect during recovery. The aim is to help mothers feel better informed and more confident about caring for themselves at home. **Toddle About readers can receive £6 off. Visit www.revivescartertherapy.co.uk**

See P14



Tiny Babies, Big Conversations

Sing and Sign's gentle Babes classes welcome babies from birth, with shorter five-week terms so families can join when they feel ready. Sessions focus on eye contact, gesture and bonding, using music, cuddles and repetition to introduce early communication. Feeding, crying and falling asleep are all welcome, with time for a chat and a cuppa afterwards. It is a relaxed way for new parents and babies to connect.

A free trial is available when mentioning Toddle About. Contact singandsignaimiee@gmail.com

See P24

Mum2mum Markets

Families can browse preloved baby and children's items at Mum2mum Market, with a local sale offering the chance to shop for growing little ones.

RUGBY Venue: Cawston Community Hall, CV22 7GU.

Date: 10 October 2026, 2–4pm.

BINLEY Venue: Ernsford Grange Academy, CV3 2QD.

Date: 7 November 2026, 10am–midday.

NUNEATON Venue: Lower Farm Academy, CV10 0FG.

Date: 14 November 2026, 10am–midday.

KENILWORTH Venue: Scout and Guide Centre, CV8 1EY.

Date: 15 November 2026, 10am–midday.

Visit www.mum2mummarket.co.uk for more information.



A Day to Remember at Toddle About LIVE!

Toddle About LIVE! South Warwickshire was a huge success, bringing families and local businesses together for a day full of discovery, laughter and play. Children had the freedom to explore, try new activities and follow their curiosity, while grown-ups discovered wonderful opportunities for their little ones. Behind the stands, businesses connected, shared ideas and cheered each other on, creating a real sense of community. The Toddle About team sends a heartfelt thank you to everyone who came, took part and helped make the day so special. Excitement is already building for the next one!



Children's NUTRITION

WHY EARLY ALLERGIES & INTOLERANCES CAN OCCUR

by Suzannah Winsor MSc PNPD mBANT AFMCP

Your birth story, early diet, early exposures and medications can all play a role in shaping your microbiome and, therefore, your immune health. The first 1,000 days (from conception through to a child's second birthday) are a critical window for establishing the foundations of the microbiome. During this time, the air we breathe, the milk we drink, the medications we take and the foods we're weaned onto all influence the composition of our microbiome.

THE MICROBIOME-IMMUNE CONNECTION

It may come as a surprise that an adult is made of approximately 30 trillion human cells and 38 trillion bacterial cells.

Your microbiome helps to train, develop and regulate your immune system.

The bacteria that live on us and inside us – our skin microbiome, our lung microbiome, the sinus microbiome and the gut microbiome – all work together to build the foundations of our immune system, alongside important nutrients such as vitamin D and zinc.

Immune-mediated reactions can include IgE food allergies, intolerances or food sensitivities. Inflammatory responses to foods such as lactose (dairy), histamine (aged foods), gluten (wheat), eggs, nuts and soy can be accompanied by digestive issues, asthmatic symptoms, skin irritation, constipation and mood changes. Lesser-known food sensitivities, such as reactions to oranges and potatoes, can also occur and may be easily overlooked.

THE IMPORTANCE OF THE GUT

Up to 70% - 80% of the body's immune cells live in the gut, where they interact with your bacteria.

Microbes also have the job of turning our foods into beneficial short-chain fatty acids, which nourish the cells lining your colon and help reduce allergies by strengthening your gut wall and calming down overactive immune cells. Microbes even make some vitamins, including vitamin K, B12 and B9 (folate).

WHERE TO START?

Navigating increasing food restrictions, an unhappy child and "magic answer" supplement marketing can be confusing, expensive and tiring.

It can be helpful to take a step back and look at the beginning of your child's health story.

Consider: when was your child last well? Have they been exposed to antibiotics at a young age? What has helped so far? Is there mould in your home? What was their early diet like? Is constipation, bloating or IBS part of your child's health story? Are important nutrients such as vitamin D and zinc part of your child's diet?

These are just some of the questions that can help build a bigger picture of what may be contributing to your child's allergies, intolerances or food sensitivities.

Everyone is different, and what works for one may not work for another.

MICROBIOME TESTING

One option is a paediatric microbiome test. This report shows which of the good bugs need a helping hand, if any bad bugs are thriving and even if there are too many of the good bugs. Seeing a snapshot of your child's gut microbiome allows for a more effective and personalised approach to supporting their immune system and gut health.

Suzannah Winsor MSc PNPD mBANT AFMCP is a Registered Nutritionist & Registered Biomedical Scientist at The Biomedical Personalised Nutrition Clinic. If you're looking for professional nutritional guidance to naturally support you or your child's health, she offers a free 30-minute Nutrition Consultation at TheBiomedicalNutritionist.com.

Disclaimer: This article is for educational purposes only and is not intended as medical advice.



DIY SNOW GLOBE CRAFT

This DIY Snow Globe is a simple craft for kids of all ages! Create a customised glittery globe to keep or gift to a loved one this Christmas.



You'll need:

- 1 Glass Jar
- Distilled Water

- Small item to use as a focal point (eg: ornament, small toy, plastic or ceramic figurine)

- Glitter
- Clear Glue
- Glue Gun

Instructions:

1. Select a focal point object to use in your snow globe. Get an adult to use the hot glue gun to glue the focal point object to the centre of the lid of the jar.
2. Fill the jar halfway full of distilled water and then squirt in some clear glue and stir it into the water.
3. Add 1-2 teaspoons of glitter.
4. Fill the jar up almost full with more distilled water, leaving enough space in the jar for the focal point object so the jar doesn't overflow.
5. Screw the lid tightly onto the jar so that the focal point object fits nicely inside.
6. Turn the jar upside down and watch the "snow" fall!

Craft kindly supplied by Shelly Carlson, founder of Welcome to Nana's.
For more fun craft ideas visit <https://welcometonanas.com/>.



All the Fun + Learning: none of the clearing up!

Messy Play Classes & Parties

6 months to 5 years
Weekly Themes
Learning Goals
Arts & Crafts

@artysplatwarwickshire
Ele: 077899748730

Midwife-owned nursery shop based in Leamington Spa

naturally baby

...featuring a car seat safety centre, sensory room, shoe fitting service, and advice on all things baby!

Unit 11, T1300, Plato Cl, Leamington Spa, CV34 6YB
www.naturallybaby.co.uk / hello@naturallybaby.co.uk
01926 954188

HALLOWEEN QUESADILLAS

These cheesy cauliflower quesadillas are a fun, hands-on way to sneak extra veg into mealtimes this Halloween.

METHOD:

STEP 1: Half fill a large saucepan with water and bring to the boil. Add the cauliflower florets and boil for 10-12 minutes, until soft. Drain and set aside.

STEP 2: Blitz the cauliflower until smooth in a food processor.

STEP 3: Melt the butter in a saucepan over a low heat, then whisk in the flour until it forms a smooth paste. Cook, whisking constantly, for 30 seconds.

STEP 4: Gradually whisk in the milk a little at a time, bringing the mixture to a gentle simmer and letting it thicken after each addition. Continue stirring until all the milk is incorporated and the sauce coats the back of a spoon (about 6-8 minutes).

INGREDIENTS:

- 150ml milk
- 75g mature cheddar, finely grated
- 15g tomato puree
- Salt and pepper
- 3-4 tortillas
- Splash of oil
- Pumpkin cookie cutters or a knife

STEP 5: Stir in the cheese and tomato puree, then season with salt and pepper. Fold the cauliflower puree into the cheese sauce.

STEP 6: Cut 24 pumpkin shapes from the tortillas. On 12 of these, cut out spooky eyes and a mouth with a knife.

STEP 7: Lay the 12 plain pumpkin tortillas on a tray. Spoon a teaspoon of cheese sauce onto each, then top with a face tortilla to sandwich together. Repeat for all.

STEP 8: Heat a splash of oil in a frying pan and cook the quesadillas in batches, both sides, until crisp and lightly golden.



RECIPE courtesy of Louise Slope, Child Nutritional Therapist from *Nourished Nest*. www.nourishednest.co.uk.



"Award winning baby sign, music and sensory fun!"

dandy development

Visit www.dandydevelopment.co.uk

or call Nikki 07890 241301

Dandy is popular - so book quickly!



Unique, beautiful and exciting classes for little one's from 6w - 2.5yrs. Open channels of communication, reduce frustration, build confidence and encourage speech whilst having huge amounts of fun!



Barford • Leamington • Warwick • Ryton On Dunsmore



SANTA'S SLIP UP

SANTA'S GOT LOST! CAN YOU HELP
HIM FIND HIS WAY TO YOUR HOUSE TO
DELIVER HIS PRESENTS?



CHEEKY CHARLIE HUNT!

WE'VE HIDDEN CHARLIE, TODDLE
ABOUT'S CHEEKY MASCOT,
THROUGHOUT THE MAGAZINE
CAN YOU COUNT HOW
MANY TIMES HE APPEARS?



WITCH'S WONDER

SPOT THE
DIFFERENCE.
THERE ARE
10 TO FIND!

ANSWERS ON P.42





HATTON CHILDRENS NURSERY

**30 HOURS FREE
CHILD CARE AVAILABLE**

WHERE NATURE, IMAGINATION &
ADVENTURE MEET...

AT HATTON COUNTRY WORLD
AN IDYLIC START TO LIFE

Ofsted
Good
Provider




**SWEET
MAMA**

**FUN &
EFFECTIVE
WORKOUTS FOR
MAMA & CHILD**

Pre & postnatal fitness specialists
in Warwick & Leamington
Contact: Janka Peel
01926 481221
janka@sweetmama.com



Scan code
to book



PARTY FUN
WITH **SOUTHAM & HARBURY**
BOUNCY CASTLES

SOFT PLAY PACKAGES AVAILABLE
BOUNCY CASTLES, INFLATABLE SLIDES,
OBSTACLE COURSES, BUNGEE RUN.
SUITABLE FOR INDOOR AND OUTDOOR HIRE

£5 DISCOUNT! QUOTE 'TODDLE ABOUT'

01926 815467
WWW.SOUTHAMBOUNCYCASTLE.CO.UK




dramatots
big adventures for little people

- Weekly classes
- Schools
- Nurseries
- Parties and events
- After-school clubs




Find a class here

**CLASSES
IN WARWICKSHIRE!**

Sing, Dance, Play
Award-winning classes for 18 months - 5 year olds



www.dramatots.co.uk




SEASONAL GIFT GUIDE

GIFT IDEAS FOR
YOU AND YOUR
LITTLE ONES.



PLAYTIME PRINTS REVERSIBLE SWEATSHIRT £32

One sweatshirt, two adventures! Two completely different designs in one soft, comfortable layer. Made from 100% GOTS-certified organic cotton, it is ready for everyday play, with a quick flip giving little ones a fresh look. **Save 15% with code TODDLE15.**

Available to buy from www.playtimeprints.co.uk



KEEPSAKE HEART NECKLACE, £37

Engrave a fingerprint, hand/footprint, handwriting, names, dates, birth flowers, special messages and more into a necklace you'll wear forever. This 18k Gold PVD-plated heart pendant is waterproof, tarnish-resistant, and beautifully packaged: ideal for birthdays, anniversaries, or a heartfelt gift.

www.dreamygold.com



BABYPRINTS OXFORD - TINY PRINTS, LASTING MEMORIES

Capture tiny fingers and toes in hand and foot casts, creating personal keepsakes and thoughtful Christmas gifts. Based in Banbury, the studio offers frames and statues to preserve those little details as children grow.

Toddle About readers receive 10% off. Quote on request.

www.babyprints.co.uk



PUMPKIN PICKING CREW COLLECTION, FROM £14

This collection from My Little Cub features beautifully embroidered knitted cardigans and jumpers from newborn to 1 year, plus fun autumn and Halloween hoodies from age 1 to XXL. With designs for little cubs and grown-ups, there's something for the whole family this autumn.

www.mylittlecub.co.uk

OFFER: Quote TODDLEABOUT20 to get 20% off + FREE delivery. (Minimum spend £35)



MOOSICOLOGY BITE-SIZE SERIES: FROM £6.99

Enter the World of Moosicology: a unique 16-lesson series teaching real music skills through fun and exciting songs, stories and colourful characters that sing to life with unique integrated audio. Moosicology grows with your child from birth to age seven and makes screen time more meaningful.

Available to buy from www.moosicology.com

WIN
THIS!

Scan to find out
more and enter:



Climate Controlled Softplay & Cafe!



Where adventure meets comfort!
3 Sessions daily
10:00-12:00 | 12:30-14:30 | 15:30-17:30



SCANTO BOOK

SENsitive Sessions,
Party room & Under 3's area
Fully Air Conditioned

Designed with Families in mind
Ample Private & Free Parking

For more info & to book go to...
 www.beanzbarn.co.uk 

KARATE & Dance FEDERATION

admin@kdfederation.com
07365 638726
Unit 5a, CV33 9GX

KARATE

FROM 2 YEARS PLUS!

TINY TIGERS & TIGER STRIPES
FRIDAY: 5:15PM-6PM
SATURDAY: 9AM-10AM



DANCE

MINI MOVERS
SATURDAYS: 1PM-1:30PM

TIGER TOTS

STARTING IN MAY!!
EVERY TUESDAY & THURSDAY MORNING
QUALIFIED LEVEL 4 EDUCATOR
45 MINUTE CLASS

LOTS OF FUN!!

THE BUNNIES OF HOPPY HILL

The perfect festive gift for little ones,
full of frosty fun and winter magic



New for 2026

Over three million copies sold!

BLOOMSBURY

Illustrations © Bloomsbury, 2026

Revive

MASSAGE & SCAR THERAPY

LymphaTouch Has arrived in Clinic!!

I'm excited to announce the arrival of LymphaTouch into clinic, to aid in your postpartum recovery and beyond.

LymphaTouch is a gentle, non-invasive treatment that uses controlled negative pressure to help support lymphatic flow and fluid movement within the tissues.

This is incorporated into treatment where appropriate.

Pregnancy Massage • Postpartum Support • C-Section Scar Recovery • LymphaTouch

Newbold on Stour & Ebrington

07866 450224

@revive.cotswolds

Appointments available – get in touch to find out more.



The Baby Barn

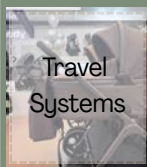
Pram Centre

Supporting growing families since 1993

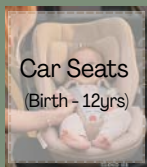
Marton, Warwickshire, CV23 9RS



SCAN
ME!



Travel
Systems



Car Seats
(Birth - 12yrs)



Gifts &
Toys

WWW.BABYBARNPRAMCENTRE.CO.UK

CREATIVE COURAGE FOR LIFE!



ENROLLING FOR THE NE(0) TERM

STAGECOACH BALSALL COMMON & KENILWORTH,
LEAMINGTON SPA, STRATFORD UPON AVON & WARWICK
07483 914041

Singing, dancing and acting classes for 4 - 6 year-olds



BALSALL COMMON & KENILWORTH

Fridays after school
@ The Kenilworth Centre,
CV8 1QJ
Saturday mornings
@ Balsall Common
Primary School, CV7 7FS



LEAMINGTON SPA

Saturday mornings
@ Campion School,
CV31 1QH



STRATFORD UPON AVON

Saturday mornings
@ Stratford-upon-Avon
High School, CV37 9DH



WARWICK

Fridays after school
@ Heathcote Primary School,
CV34 7AP
Saturday mornings
@ All Saints COE Junior
School, CV34 5LY

PAYMENT BY TAX FREE CHILD CARE ACCEPTED

STAGE
COACH

TRAFALGAR
ENTERTAINMENT

Stagecoach Performing Arts schools are operated under franchise and are independently owned by their franchisees. Stagecoach and Creative Courage for Life are registered trademarks of Stagecoach Performing Arts Limited.

WHY WON'T MY CHILD APOLOGISE?

Teaching Empathy Instead of Empty 'Sorrlys'

By Rachel Johnson



"Say sorry." Two little words that can turn into the longest ten seconds of your day. Your toddler crosses their arms. Clamps their mouth shut. Or mutters a "sorry" so quietly or quickly that it means nothing at all. Sound familiar?

Here's the reassuring truth: you may feel your child is being defiant, rude, or badly behaved, but they are also being what they are: very young humans who haven't learned how to be a fully functioning person yet. It's our job to teach them.

Why Little Ones Struggle To Say Sorry

Saying a genuine sorry requires something quite sophisticated: understanding that another person has feelings separate from your own, and that your actions caused them. This skill is still under construction in the under-5 brain. Right now, they are the main character in their own story. Awareness of others grows gradually, through hundreds of small, everyday moments.

So when we demand an instant, word-perfect apology from a two or three-year-old, we're often asking for something they're not developmentally ready to give. And when children learn that "sorry" is just a magic word that ends the telling-off, they say it but they don't always feel it. We end up teaching performance, not empathy.

What To Do Instead

The good news is there's plenty we can do to nurture real empathy, even before children can express it in words.

1. NARRATE THE FEELINGS, DON'T SCRIPT THE APOLOGY.

Instead of, "Say sorry to Freddie," try: "Look at Freddie's face. He's crying because you took his digger. That felt sad for him." Naming feelings out loud, calmly and often, is how children slowly learn to notice them.



*Rachel Johnson is the author of **Connected: Focusing on Me and We**, a new book for young people, their parents and educators. She is also Chief Executive of PiXL, the UK's largest school leadership network, and a parent of three.*

2. MODEL IT YOURSELF.

Children learn far more from watching us than from our instructions. If you snap at your toddler and then say, "I'm sorry I used a cross voice, that wasn't kind," you're showing them what a real apology sounds like: regret, ownership, and repair.

3. OFFER REPAIR INSTEAD OF REQUIRING WORDS.

For little ones, actions often say more than "sorry" ever could. "Shall we help Freddie build his digger back up?" or "Let's get Amelia a tissue," gives your child a way to put things right without relying on language they may not have yet.

4. KEEP YOUR EXPECTATIONS AGE-APPROPRIATE.

A three-year-old grabbing a toy back isn't always them plotting unkindness, they're testing boundaries and learning the relationship between cause and effect.

We can insist on a word, but what we really want them to understand is that other people have feelings too and sometimes we make mistakes and hurt them.

The Seeds Are Being Planted

You won't see instant results, and that's absolutely normal. Empathy isn't taught in a single conversation; it's built slowly, apology by apology, cuddle by cuddle, explanation and modelling over years.

Every time you name a feeling, model a genuine "sorry," or help your child make things right, you're laying the groundwork for a child who, one day, won't need reminding to say sorry, because they'll truly understand why it matters.



Christmas

ACTIVITIES & EVENTS



28NOV
-27DEC

THE GRUFFALO'S CHILD

Warwick Arts Centre

Follow the Gruffalo's Child on her adventurous mission in Tall Stories' enchanting adaptation of the much-loved picture book by Julia Donaldson and Axel Scheffler.

Warwick Arts Centre, University of Warwick, Coventry, CV4 7FD

www.warwickartscentre.co.uk

Cost: £21.50 / £18 / £14

All children over 12 months of age require a full price ticket.

Babies under 12 months of age may attend free of charge with a valid Baby Pass ticket.

28NOV
-24DEC

A CHRISTMAS QUEST

Canons Ashby, 11am-3.30pm

Little adventurers can help Merlin complete a magical Christmas spell on a family trail, surrounded by decorations inspired by Arthurian wizards, knights and dragons.

Canons Ashby, Daventry, Northamptonshire, NN11 3SD

www.nationaltrust.org.uk

Cost: Trail free. Normal admissions applies. Memberships available.

DEC
19

SOUTHAM TRACTOR RUN

Dallas Burston Polo Club.

Over 100 tractors and farm vehicles decorated with dazzling Christmas lights and festive outfits. A convoy passing through surrounding villages like Napton, Stockton, Long Itchington, and Bishop's Itchington (times vary closer to the event).

Dallas Burston Polo Club, Southam

www.dbpoloclub.com/events

Cost: £FREE to watch, donations welcome to support their chosen charity.

NOV
-DEC

ENCHANTED CHRISTMAS KINGDOM

Hatton Adventure World

Step into a magical Christmas world with Father Christmas, elves, festive activities, reindeer food making, fairground rides and plenty of seasonal surprises for little ones.

Dark Lane, Hatton, CV35 8XA

www.hattonworld.com

Cost: £Admission applies, booking essential to avoid disappointment. Open 28-29 November and also 5-6, 12-13 & 19-24 December

NOV
-JAN

CHRISTMAS AT WARWICK CASTLE

Warwick Castle

This year they've got a new light trail through the grounds with more than half a million lights, an outdoor ice rink, Stories with Santa and a festive food village.

Warwick Castle, CV34 6AH

www.warwick-castle.com

Cost: £Start from £8, booking essential



NOV
-DEC

MAGIC ALLEY

Stratford-upon-Avon

Children aged 5 and under can meet Father Christmas, enjoy time playing in the magical snow room, and take part in festive photo opportunities with family members. Other immersive experiences available, see online for details.

38 Greenhill St, CV37 6LE

www.magicalleychristmas.com

Cost: Start at £24 for family of 4



Details correct at the time of going to print


 RAYMOND BRIGGS'

Father Christmas



THE
BELGRADE
 THEATRE
 COVENTRY

3 - 27 DEC


**PARENT & TODDLER
TERM TIME PASS**



Special Offer

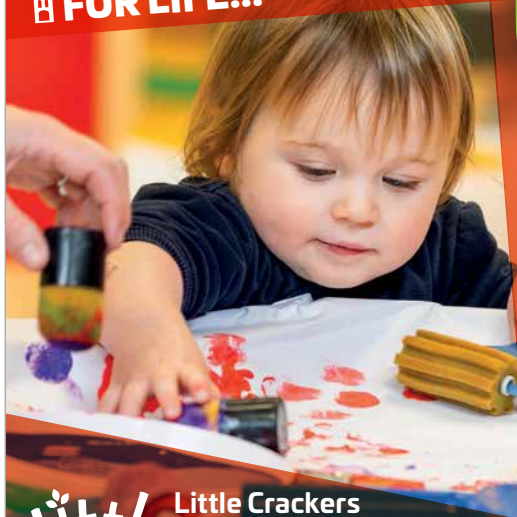
Unlimited Term Time entry
 For Children 5 and under with
ANY accompanying Adult.

HATTONWORLD.COM



LEARN MORE


**A FOUNDATION
FOR LIFE...**



Stay'n'Play

**Every Wednesday
during term time**
 from 10.30am to 11.45am
 from Wednesday 9 September
 2026 until Wednesday 9
 December 2026.
 Come and play and join in the fun.

Just £2.50 per family.



To find out more visit
littlecrackers.co.uk or
 scan the QR code.
 Registered Charity Number 1087124.


Little Crackers
 Nursery and Pre-School
 Part of the Princethorpe Foundation

WIN A FAMILY TICKET TO DISNEY ON ICE WORTH UP TO £233

Disney
ON ICE
DISCOVER
THE MAGIC



Disney On Ice returns this winter with Disney On Ice presents Discover The Magic - and we've got a family ticket up for grabs!

Expect world-class skating, aerial performances and beloved Disney stories brought to life on the ice, including Moana, Frozen, Encanto, Toy Story, Coco and more.

Join Mickey Mouse and friends on a quest to rescue Tinker Bell, sail with Moana, journey to Arendelle with Elsa, cross the Marigold Bridge with Miguel from Coco, and join Buzz, Woody and Jessie for a daring rescue. Plus, see Belle soar into the sky and experience a thrilling finale with Moana and TeKa.

The show visits Birmingham, Newcastle, Nottingham, Aberdeen, Belfast, Sheffield and London from 28 October 2026 to 3 January 2027.



SCAN ME



Enter Now at **toddle.fun/disneyonice**

Competition closes Sunday 22nd Nov 2026. For tour dates and tickets, visit www.disneyonice.co.uk

DEVELOP
ESSENTIAL
SKILLS
WITH **MINI**
TENNIS STARS



For ages
18 months
to 6 years

Book your **FREE** first session



minitennisstars.co.uk



hello@minitennisstars.co.uk



07388 007318

WARWICKSHIRE & THE COTSWOLDS



Serving Warwickshire
Since 2011



USE
ToddleFive
ONLINE
FOR £5 OFF

www.BestPartyHire.com

Bouncy castles, Soft Play, Marquees, Events

12 DAYS of Christmas Competition

WIN DAILY PRIZES THIS DECEMBER

Get ready to celebrate this festive season with our thrilling '12 Days of Christmas' giveaway!

From the 1st to the 12th of December, unwrap a new surprise every day with the chance to win a dazzling new prize that's perfect for you and your little ones.

Each prize will remain a mystery until the day it's revealed.

Could it be toys? Baby gear?

You won't know unless you join the fun!

Each giveaway is open for 24 hours only, so don't miss out!

PRIZES WORTH £23-£225!

GET NOTIFIED



GET NOTIFIED: Sign up to receive an email about each prize when entries open.

ENTER NOW: Visit toddle.fun/competitions each day from December 1st to 12th to enter!

ENTER NOW



The Perfect Place to Learn to

swim!

- **Purpose built family swim centres** in Rugby and Leamington Spa
- **Warm pools and friendly classes** with teachers who ooze passion and expertise



For all ages, bumps, babies and big kids too!

swim
works

hello@swimworks.co.uk
www.swimworks.co.uk

OPEN
7 Days a week

SARAH ALLEN-READING
MASSAGE + THERAPY

A calm space in the heart of Leamington Spa supporting women and optimising recovery post-birth

C-SECTION SCAR THERAPY AND MASSAGE

To learn more and book your treatment:
sarahallenreadingmassage.com

[sarahallenreading.massage](https://www.instagram.com/sarahallenreading.massage)

Free 15 minute
phone consultation
available

**USE CODE:
TODDLES**
for £5 off your
first treatment



TODDLE MODELS

Baby and Toddler Photo Competition Winner

Thank you to everyone who entered our Summer Toddle Models competition!

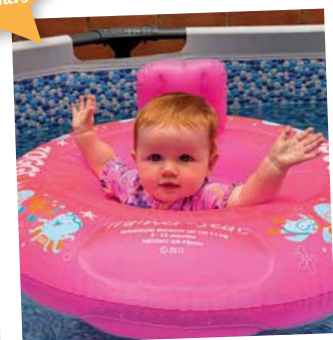
Congratulations to little Olivia and Barnaby, who both won a **Personalised Summer Bundle from My 1st Years**, worth £181!

We received so many gorgeous entries - we hope you enjoy looking through them as much as we have and that this gives all our entrants a lovely keepsake.



Barnaby, 7 months old

Winners



Olivia, 10 months old



Arthur, 7 weeks old



Aurora, 9 months old



Find out more:
www.my1styears.com



Clemmie, 3 years old



Emily, 10 months old



Gene, 7 months old



Isaiah, 22 months old



Jacob, 11 months old



Jacob, 8 months old



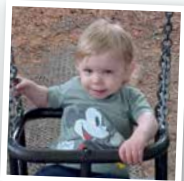
Juliet, 18 months old



Kai, 10 months old



Margot, 6 months old



Oliver, 18 months old



Sunny, 2 years old



Tommy, 4.5 years old



Tommy, 4.5 years old



Juniper, 14 months old



Walter, 8 months old

WIN A P.O.P PUDDLESUIT, WORTH £70

Perfect on the way to and from nursery or school to keep little ones warm and dry - and a must for puddle jumping! - are the new P.O.P puddlesuits, offering full top to toe protection against all weather.

Made from 100% leftover materials from previous collections, the reclaimed puddlesuits are fully windproof and waterproof, with fully taped seams and elasticated cuffs to prevent cool draughts.

Browse amazing products at www.polarnopyret.com

HOW TO ENTER:

Send us a photo of your little one all dressed up for Halloween or Christmas, or anything else! We will print as many entries as possible in the next magazine to give you a lovely keepsake.

Enter by **Sun 29th Nov 2026**.

ENTER AT:

www.toddle.fun/toddlemodels



POLARN O. PYRET

WORTH
£70

T&Cs apply - all online at www.toddle.fun/toddlemodels. The winners will be chosen at random.

Free Trial



Little Kickers®

Football classes for children aged
18 months to 8th birthday



Scan the QR Code to book
your **FREE TASTER SESSION**

oxonbucks@littlekickers.co.uk
WhatsApp : 07723 475712



EXCLUSIVE OFFER

VOUCHERS



BABY & TODDLER CLASSES

2 FREE CLASSES	DANDY DEVELOPMENT 2 FREE CLASSES WHEN YOU ENROL IN A TERM 2026 www.dandydevelopment.co.uk/booking Use code 'SPRING27' at checkout. Expires: 31/12/26. New bookings only.	10% OFF	DRAMA TOTS KENILWORTH, LEAMINGTON, WARWICK 10% OFF 3 WEEK TRIAL www.dramatots.co.uk/drama-class-kenilworth-leafington-warwick New customers only. Use code 'KJ2547' at checkout. Expires: 31/12/26
FREE CLASS	RHYTHM TIME WARWICKSHIRE FREE CLASS IF YOU JOIN MONTHLY SCHEME 07469 186042 zara.f@rhythmtime.org Use code 'TODDLERT' For new customers only. Expires: 31/12/26	10% OFF	BABY SENSORY WARWICKSHIRE 10% DISCOUNT ON A TERM 07989 502712 www.babysensory.com/warwickshire New customers only. Quote 'Toddle About'. Only valid for classes in Leamington Spa, Warwick and Stratford. Expires: 31/12/26
FREE CLASS	RHYTHM TIME COVENTRY & RUGBY FREE CLASS IF YOU JOIN MONTHLY SCHEME 07591 720345 anneka.h@rhythmtime.org Use code '1STFREEMO' For new customers only. Expires: 31/12/26	FREE TRIAL	LITTLE KICKERS FREE TRIAL FOR NEW CUSTOMERS www.littlekickers.co.uk Spaces permitting.
25% OFF	ZOOGIE BOOGIE CLUB GET 25% OFF YOUR FIRST MONTH OF CLASSES www.zoogieboogie.co.uk Call 01926 954979 or Email: contact@zoogieboogie.co.uk and quote 'Toddle About' or at reception when signing up as a member. New customers only. LIMITED OFFER.	10% OFF	ARTY SPLATS WARWICKSHIRE warwickshire@artysplats.co.uk 10% Off Term Bookings. Visit www.arty-splats-warwickshire.classforkids.io or @artysplatswarwickshire . Use code WY0450 at online checkout. New customers only. Expires 31/12/2026
10% OFF	HARTBEEPS LEAMINGTON SPA & WARWICK GET 10% OFF HALF TERM BLOCK BOOKING www.hartbeeps.com/leafington-spa-and-warwick Use code 'TODDLE10' when booking. New customers only. One per customer. Expires 14/12/26	20% OFF	SWIM WORKS 20% OFF BABY AND TODDLER SWIM CLASSES hello@swimworks.co.uk www.swimworks.co.uk When you enrol in a term. Quote 'Toddle About' when booking. New customers only. Cannot be used with other offers.
10% OFF	SWEATY MAMA WARWICK & LEAMINGTON GET 10% OFF 6 WEEK BLOCK BOOKING www.sweatymama.com Use code 'SMWARTODDLE10' when booking. New customers only.	2 FREE TRIAL SESSIONS	MINI TENNIS STARS 2 FREE TRIAL CLASSES www.minitennisstars.co.uk or email hello@minitennisstars.co.uk MONDAY AND FRIDAY CLASSES ONLY. New customers only. Spaces permitting. Winter Special. Expires: 31/12/26
FREE TRIAL	PILATES BY LIZZIE FREE TRIAL FOR NEW CUSTOMERS www.pilatesbylizzie.co.uk New customers only. Quote 'TODDLEABOUT' when booking.	FREE TRIAL	MINI TENNIS STARS FREE TRIAL CLASS www.minitennisstars.co.uk or email hello@minitennisstars.co.uk New customers only. Spaces permitting.
FREE TRIAL	STAGECOACH PERFORMING ARTS FREE 2 WEEK TRIAL - WORTH £25! Classes in Warwick, Leamington Spa and Kenilworth. WhatsApp 07483 914041 and mention Toddle About. New customers only.	FREE TRIAL	CRICKET KIDS FREE TRIAL FOR TODDLE ABOUT READERS www.cricket-kids.co.uk quote code 'CEK755' when booking For new customers only. Expires: 31/12/26
1 FREE TRIAL & 50% OFF!	KARATE & DANCE FEDERATION 1 FREE TRIAL & 50% OFF 3 MONTHS MEMBERSHIP www.kdfederation.com or email admin@kdfederation.com to book For new customers only.	FIRST CLASS £5	SPARKS PILATES FIRST MUM AND BABY MAT CLASS £5 www.sparkspilates.com One per customer. Use code TODDLE when booking. Expires: 31/12/26
10% OFF	SPA BABIES GET 10% OFF YOUR BOOKING WITH 'TODDLE10' www.spababies.co.uk Use code 'TODDLE10' when booking. Expires 31/12/2026	15% OFF	THE MINI MOVERS GET 15% OFF BLOCK BOOKING www.theminimovers.co.uk/book-now Use code: LCB340 at checkout. Expires 31/12/2026 Not applicable for trial bookings or holiday classes.

HEALTH & PREGNANCY

**15%
OFF**

KATIE JENSEN - BIRTH DOULA
15% OFF PRIVATE ANTENATAL CLASSES
hello@katiejensendoula.com or www.katiejensendoula.com
Use code TODDLE when booking. Expires: 31/12/26

**£6
OFF**

REVIVE MESSAGE AND SCAR THERAPY
£6 OFF YOUR FIRST TREATMENT
Visit www.revivescarterapy.co.uk or email revivescarterapy@gmail.com
and quote 'REVIVETODDLE' Expires: 31/12/26

**£5
OFF**

SARAH ALLEN-READING MESSAGE+THERAPIES
£5 OFF FIRST TREATMENT
Includes C-Section Scar Therapy, Pregnancy Massage + more
Visit www.sarahallenreadingmassage.com Use code 'TODDLES'
New customers only. Expires 31/12/26

**10%
OFF**

FEEDING UNTIED LTD
10% OFF INFANT TONGUE TIE CLINIC FIRST APPOINTMENTS
Contact us directly to claim the discount - Not accessible in online bookings.
Text or Call 07588 123284 Email Teresa@FeedingUntied.co.uk
www.FeedingUntied.co.uk Tongue-tie Appointments Only. Expires 31/12/2026

PRODUCTS & GIFTS

**15%
OFF**

PLAYTIME PRINTS
15% OFF YOUR ORDER
Visit www.playtimeprints.co.uk and quote 'TODDLE15'
at checkout to claim.
Expires 31/12/2026

**FREE
ALBUM**

BILINGUASING
FREE BILINGUAL ALBUM WITH A BLOCK OF CLASSES
www.bilinguasing.com/find-a-class
One free album per customer in a language of your choice. Quote
'TODDLE' when booking. Expires: 01/09/27. Block booking required.

**FREE
BOOK**

SING & SIGN COVENTRY & KENILWORTH
REFER A FRIEND & GET A FREE BOOK
singandsignamee@gmail.com www.singandsign.co.uk
New customers only. Not for online courses. Quote 'Toddle About'. Expires: 31/12/26

**10%
OFF**

BABYPRINTS OXFORD
10% OFF FRAMES AND STATUES
E: kim@babyprints.co.uk T: 07355 915331
Valid for and only redeemable at Babyprints Oxford
New customers only. Mention Toddle About/show this voucher. Expires: 31/12/26

PARTY & ENTERTAINMENT

**£5
OFF**

BEST PARTY HIRE
£5 OFF YOUR BOOKING USING CODE
'TODDLEFIVE'
www.bestpartyhire.com
One voucher per customer. Quote 'ToddleFive' when booking. Expires: 31/12/26

**£5
OFF**

SOUTHAM & HARBURY BOUNCY CASTLES
£5 OFF HIRE OF BOUNCY CASTLES, OBSTACLE
COURSES, INFLATABLE SLIDES AND MORE
01926 815467 www.southambouncycastle.co.uk
One voucher per customer. Quote 'Toddle About' when booking. Expires: 31/12/26

*Katie
Jensen*
Doula & Birth Worker

“It's taken me almost a year
to begin to try and find
the words to capture the
impact and gratitude we
have for Katie”

“I would reccomend
anyone to hire Katie-
you simply wont
regret it”



Antenatal & Hypnobirthing Classes
Birth & Postnatal Doula

Coffee mornings
Women's circles
Pregnancy Power Hours
Free parenthood community support

www.katiejensendoula.com



happy Halloween

Saturday
31st October

It's time to put on your witch's hat and get your little one dressed up! Enjoy the spooky season at these Halloween events near you

Poisons, Potions and Plants Trail

Canons Ashby, National Trust
17 October - 8 November

Families can uncover spooky plant stories, from deadly nightshade to witch hazel, on Canons Ashby's autumn trail. Halloween costumes and wellies are welcome.

Cost: £3 per trail plus normal admission

Canons Ashby, NN11 3SD
www.nationaltrust.org.uk

St John's Haunted House

St Johns House, CV34 4NF
29 - 31 October

Family-friendly haunted house filled with storytelling, potion making, slime, messy play and Halloween crafts as little adventurers attempt to outsmart the wicked ogres!

Cost: £12 children, £6 adults, Children 2 and under are free
www.warwickshire.gov.uk/heritageboxoffice

Hilltop Horrors

Hilltop Farm, CV33 9EL
11th & 12th, 17th & 18th, 24th & 25th, 26th & 27th October

Little pumpkins can enjoy Halloween crafts, games, face painting and pumpkin decorating before heading into the farm's pumpkin patch to choose the perfect pumpkin to take home.

Cost: Adult: £3 Child: £12 Under 2s: Free

www.hilltopfarmshop.com

Some events must be pre-booked and event details are correct at time of printing but may change, please check before attending.



Emscote Pre-School



For Children Aged 2 to 5 Years

A warm, nurturing environment where children can learn, play and grow. It features two rooms and a private enclosed garden area, complete with two canopies for year-round play. The Pre-School is registered with Ofsted and received a 'Good' rating during its inspection in July 2024.




We have excellent facilities and experienced staff who work with the children to help them develop at their own pace.

Opening Hours during term times:

Monday to Fridays - Mornings - 9.00am to 12.00pm
Lunch Club 12.00pm to 1.00pm
Afternoons - 1.00pm to 3.30pm
Full days - 9.00am to 3.30pm.

Breakfast club 8.30am - 9.00a.m or early drop off 8.45-9.00a.m.

If you are looking to find a pre-school for your child, please apply via our website <https://www.emscotepreschool.co.uk> or call 01926 495619.

Baby signing the fun way in Coventry and Kenilworth!




BOOK HERE!



Sing and Sign



Book a class and say 'hello' to Jessie Cat! Suitable for newborn ~ 2.5yrs

www.singandsign.co.uk
singandsignamee@gmail.com
CoventrySingandSign



Bilingua Sing

Love Learning Languages





Multi-Award Winning!

French, Spanish, German & Italian classes for ages 0-11 years across Coventry & South Warwickshire

hello@bilinguasing.com Get in touch!

Movement, Music, Makaton!



BOOK A FREE TASTER SESSION TODAY

*Award-Winning, Animated and Educational
classes for 0-5 years*



zoogieboogieclub



zoogie_boogieclub

t: 01926 954979

e: contact@zoogieboogie.co.uk

11 Scar Bank, Warwick, CV34 5DB

www.zoogieboogie.co.uk

FAMILY Date Nights

THE TRADITION I HOPE MY CHILDREN NEVER OUTGROW

by Sophie David



If you asked me what I hope my children remember about their childhood, it wouldn't be the expensive holidays, the days out or even the beautifully planned birthday parties. Of course, I hope those memories stay with them too, but when I really stop to think about it, they're not the moments I hope define their childhood.

Instead, I hope they remember Friday nights around our kitchen table.

Every Friday, our family has a date. Not the kind that needs booking months in advance or costs a fortune, but a few hours that belong entirely to us. We put our phones away, leave the washing where it is, ignore the emails until tomorrow and choose to be together. Some weeks we're making homemade pizzas, other weeks we're laughing through a giant game of Battleships over dinner, painting ridiculous portraits of one another or creating fairy doors for the garden. Occasionally we'll make fresh pasta from scratch, host a family spa evening or transform the kitchen into our own little ice cream parlour.

The activity changes every week, but the reason behind it never does.

We're making time for each other.

We didn't start family date nights because I thought we needed another thing to add to our calendar. In fact, it was quite the opposite. Like so many families, life had quietly become busy. Between school, work, clubs, homework, birthday parties and all the little jobs that somehow fill every spare moment, we realised we were spending plenty of time together but very little *intentional* time together. We were sharing a house, but often just passing one another in the

rush from one commitment to the next.

So we made a decision.

No matter what the week looked like, *one evening would belong to our family.*

That one small decision has become one of the best things we've ever done.

Now, by Monday morning, one of my children will usually ask, "What's our date night this week?" It's become something they look forward to, not because they know exactly what we'll be doing, but because they know we'll all be there. It has become part of our family's rhythm, and I think children find enormous comfort in those rhythms. In a world that changes quickly, where weeks often disappear before we've noticed them, traditions offer children something wonderfully dependable. They tell them, *"This matters. You matter."*

As parents, I think many of us carry an invisible pressure to create magical childhoods. Social media doesn't always help. We see beautifully styled playrooms, extravagant days out and endless bucket lists that leave us wondering whether we're doing enough. It's easy to believe that making memories requires grand gestures or expensive experiences.

But I don't think childhood is built from highlights.

I think it's built from *repetition.*

The bedtime story read every night.

The pancakes every Sunday morning.

The walk home from school.

The way you always sing the same song in the car.

These are the moments children come to expect, the traditions they grow up inside, and often the

memories they carry long after the bigger occasions have faded.

Family date nights have become one of those traditions for us. They aren't extraordinary because of what we do. They're extraordinary because *we keep choosing them, week after week.*

People often ask me for activity ideas, but I honestly think that's the least important part. We've spent almost nothing on some of our favourite evenings. A blanket on the lounge floor, homemade popcorn and a board game have created just as much laughter as evenings where we've bought ingredients for homemade pizzas or craft supplies for a creative project.

The activity is simply the vehicle.

Connection is the destination.

When I watch my children during these evenings, I realise they're learning so much more than I ever intended. They're negotiating whose turn comes next. They're solving problems together, learning to compromise, celebrating each other's ideas and discovering that losing a game isn't the end of the world. They're building relationships with one another that I hope will still be there long after Adam and I are gone.

Most importantly, they're experiencing something every child deserves to feel.

That someone thinks they're worth making time for.

I don't think we talk enough about that.

In a world where we're constantly distracted by notifications, overflowing calendars and endless jobs that seem too important to wait until tomorrow, making uninterrupted time for someone has become one of the greatest expressions of love we can offer.

Children notice it.

They notice when we're listening without looking at our phones. They notice when we laugh with them instead of watching from the sidelines. They notice when we've carved out time that belongs only to them.

Connection rarely happens by accident.

It happens because we protect it.

That's why family date nights have become non-negotiable in our home. Not because I think one evening a week makes me a better parent, but because I've realised that relationships aren't built in the spaces left over after everything else is done. They're built when we decide they're important enough to come first.

One day, these Friday nights will change.

There won't always be three little chairs squeezed around our kitchen table. There will come a time when Friday evenings are spent with friends, at university, at work or with families of their own. One day, my children will stop asking what our family date night will be because they'll be busy creating lives that no longer revolve around ours.

And that's exactly as it should be.

But I hope that somewhere, years from now, they'll remember how those evenings felt.

Not necessarily what we made or what game we played, but the feeling of belonging. The laughter that filled the kitchen. The conversations that somehow lasted longer than we'd planned. The certainty that, however busy life became, there would always be time set aside just for us.

My greatest hope isn't that they recreate every activity we've ever done.

It's that they recreate the feeling.

Perhaps one day, without even realising why, they'll find themselves saying to their own children, *"Shall we have a family date night this Friday?"*

Not because they read it in a parenting book or saw it on social media, but because it feels familiar. Because somewhere deep inside them they learnt that *connection isn't something we stumble across when life gets quieter.*

It's something we choose.

And if my children grow up believing that the people they love are always worth making time for, then I think our Friday nights will have given them something far more valuable than a collection of happy memories. They'll have given them a way of building a family of their own.

*Sophie David is a qualified teacher, early years expert and mum of three. She is the founder of Little Happy Learners and author of **How to Create Little Happy Learners** and **Read, Write, Play**. Through her books and online community, Sophie shares simple, play-based ideas that help families connect, learn and make childhood feel a little more magical. Find her at [@littlehappylearners](#) and www.littlehappylearners.co.uk*



Daily Activity Planner

Your local 'What's On Guide' for families with bumps - 5s in South Warwickshire.

RUGBY AREA



MONDAY

PARENTS & TOTS

Footsteps @ New Life Church Rugby

28-42 Railway Terrace, Rugby, CV21 3LJ. 01788 712430.

- **Footsteps:** 9:30 - 11:30.

Ages: 0 - 4 yrs. Cost: £3.50 Dates: 5 Oct - 14 Dec.

Kilsby Playtime

Kilsby Village Hall, Rugby Road, Kilsby, CV23 8XX. 07780 601052.

Times: 9:45 - 11:45. Ages: 0 - 5 yrs. Cost: £2 per session Dates: 5 Oct - 19 Oct & 2 Nov - 14 Dec.

Noah's Ark Toddler Group

Dunchurch Baptist Church, Coventry Road, Dunchurch, Rugby, CV22 6RF. 07515 472578.

www.dunchurchbaptistchurch.org.uk.

Times: 9:30 - 11:00. Ages: 0 - 4 yrs. Cost: £2 per session Dates: 5 Oct - 19 Oct & 2 Nov - 14 Dec.

Rugby Elim Tots

The Terrace Church, 54 Railway Terrace, Rugby, CV21 3EX. www.rugbyelim.org.uk.

Times: 9:45 - 11:30. Ages: 0 - 4 yrs. Cost: £1 per session Dates: 5 Oct - 19 Oct & 2 Nov - 14 Dec.

MUSIC & SIGNING

Dandy Development

Ryton On Dunsmore Village Hall, High Street, CV8 3EY. 07890 241301.

www.dandydevelopment.co.uk.

- **Stage 1:** 9:55 - 10:30.

Ages: 7 mths - 1 yrs 1 mths. Cost: £9 per session (booking essential). Dates: 5 Oct - 19 Oct & 2 Nov - 30 Nov.

- **Stage 2:** 11:00 - 11:40.

Ages: 1 yrs 2 mths - 2 yrs 6 mths. Cost: £9 per session (booking essential). Dates: 5 Oct - 19 Oct & 2 Nov - 30 Nov.

DANCE & DRAMA

Drama Tots Rugby and Lutterworth

Overslade Community Centre, 68 Buchanan Road, Rugby, CV22 6AZ. 07815 961449. www.dramatots.co.uk.

- **Rising Stars:** 9:30 - 10:10.

Suitable for children aged 18ms-3yrs.

- **Bright Stars:** 10:30 - 11:15.

Suitable for children aged 3-5yrs.

Cost: £8 per session (booking essential).

Dates: 5 Oct - 19 Oct & 2 Nov - 7 Dec.

SWIMMING

Swim Works

Swim Works Rugby, High Street, Rugby, CV21 4EE.

07950 467796. www.swimworks.co.uk.

- **Baby Swimming (Rugby):** 9:30 - 14:30.

Ages: 0 - 5 yrs. Cost: £16 per session (booking essential).

- **Little Splashers:** 9:30 - 10:00 & 11:30 - 12:00.

Ages: 1 yrs 4 mths - 2 yrs 6 mths. £16 per session (booking essential). Dates: 5 Oct - 14 Dec.

TUESDAY

PARENTS & TOTS

Footsteps @ New Life Church Rugby

28-42 Railway Terrace, Rugby, CV21 3LJ. 01788 712430.

- **Footsteps:** 12:30 - 14:30.

Ages: 0 - 4 yrs. Cost: £3.50 per session

Dates: 6 Oct - 20 Oct & 3 Nov - 15 Dec.

Ladybirds Stay & Play 9:30 - 11:00

Long Lawford Methodist Church, School Street, Rugby, CV23 9AT. Ages: Pregnancy - 5 yrs. Cost: £1 per session (drop in). Dates: 6 Oct - 20 Oct & 3 Nov - 15 Dec.

Salvation Army Rugby "Red Tops" Toddler Group

The Salvation Army, Bennfield Road, Rugby, CV21 2AS.
01788 542347. www.salvationarmy.org.uk.

- **Salvation Army Toddler Group:** 9:00 - 11:00.

Ages: 0 - 3 yrs. Cost: £1 per session (drop in). Dates: 6 Oct - 20 Oct & 3 Nov - 15 Dec.

MUSIC & SIGNING**Rhythm Time Coventry, Rugby and West Northants**

Binley Woods Village Hall, Rugby Road, Binley Woods,
Coventry, CV3 2AX. 07591 720345. www.rhythmtime.net.

- **Toddler Class:** 10:00 - 10:30.
- **Baby Class:** 10:45 - 11:15.

Cost: £7.01 per session (booking essential).
Dates: 6 Oct - 15 Dec & 6 Oct - 8 Dec.

SENSORY & DEVELOPMENT**Baby Sensory Rugby & Daventry**

Willoughby Park, Onley Grounds Equestrian Complex,
CV23 8AJ. 07849 777705. www.babysensory.com.

Times: 9:45 - 10:45, 11:30 - 12:30 & 13:15 - 14:15.

Cost: £9 per session (booking essential).

Dates: 6 Oct - 20 Oct & 3 Nov - 15 Dec.

DANCE & DRAMA**Drama Tots Rugby and Lutterworth**

68 Buchanan Road, Rugby, CV22 6AZ. 07815 961449.
www.dramatots.co.uk.

- **All Stars 18m-4yrs - Overslade Community Centre:** 10:30 - 11:15.

Cost: £8 per session (booking essential).
Dates: 6 Oct - 20 Oct & 3 Nov - 8 Dec.

PHYSICAL FUN**Little Kickers Oxford, Bucks and Northants**

Cawston Community Hall, Scholars Dr, Cawston, Rugby,
CV22 7GU. 07503 142496. www.littlekickers.co.uk.

- **Little Kicker:** 9:30 - 10:15.
- **Junior Kickers:** 10:15 - 11:00.

Cost: £8.30 per session (booking essential).
Dates: 6 Oct - 22 Dec.

SWIMMING**Swim Works**

Swim Works Rugby, High Street, Rugby, CV21 4EE.
07950 467796. www.swimworks.co.uk.

- **Baby Swimming (Rugby):** 10:30 - 15:00.

Ages: 0 - 5 yrs. Cost: £16 per session (booking essential).
Dates: 6 Oct - 15 Dec.

WEDNESDAY**PARENTS & TOTS****Bilton Evangelical Parent and Toddler Group**

Main Street, Bilton, Rugby, CV22 7NQ. 01788 817326.
www.becchurch.org.uk.

Times: 10:00 - 11:30. Ages: 0 - 5 yrs. Cost: £1 per session
Dates: 7 Oct - 21 Oct & 4 Nov - 16 Dec.

Coffee Break at St Oswald's Church

Lawford Road, New Bilton, Rugby, CV21 2HR.
01788 330440. www.smsso.org.uk.

- **9:15 - 10:45.**

Ages: 0 - 4 yrs. Cost: £1 per session (drop in).
Dates: 7 Oct - 21 Oct & 4 Nov - 16 Dec.

St George's Magic Dragon Parent & Toddler Group

St Johns Avenue Hillmorton, Rugby, CV22 5HR.
01788 544630. www.stgeorgesrugby.org.uk.

Times: 13:30 - 15:00. Ages: 0 - 4 yrs. Cost: £1.50 per session
Dates: 7 Oct - 21 Oct & 4 Nov - 16 Dec.

MUSIC & SIGNING**Rhythm Time Coventry, Rugby and West Northants**

Dunchurch Baptist Church, Coventry Road, Dunchurch,
Rugby, CV22 6RF. 07591 720345. www.rhythmtime.net.

- **Toddler Class:** 9:45 - 10:15.
- **Pre-school Class:** 10:30 - 11:00.
- **Baby Class:** 11:20 - 11:50

Cost: £7.01 per session (booking essential).
Dates: 7 Oct - 16 Dec & 7 Oct - 9 Dec.

SENSORY & DEVELOPMENT**Baby Sensory Rugby & Daventry**

Willoughby Park, Onley Grounds Equestrian Complex,
CV23 8AJ. 07849 777705. www.babysensory.com.

Times: 9:45 - 10:45, 11:30 - 12:30 & 13:15 - 14:15.

Cost: £9 per session (booking essential).

Dates: 7 Oct - 21 Oct & 4 Nov - 16 Dec.

SWIMMING**Swim Works**

Swim Works Rugby, High Street, Rugby, CV21 4EE. 07950
467796. www.swimworks.co.uk.

- **Baby Swimming (Rugby):** 9:30 - 13:30.

Ages: 0 - 5 yrs. Cost: £16 per session (booking essential).
Dates: 7 Oct - 16 Dec.

THURSDAY**PARENTS & TOTS****Noah's Ark Toddler Group**

Dunchurch Baptist Church, Coventry Road, Dunchurch,
Rugby, CV22 6RF. 07515 472578.

www.dunchurchbaptistchurch.org.uk.

Times: 9:30 - 11:00. Ages: 0 - 4 yrs. Cost: £2 per session
Dates: 1 Oct - 22 Oct & 5 Nov - 17 Dec.

MUSIC & SIGNING**Rhythm Time Coventry, Rugby and West Northants**

Hillmorton Community Centre, Robbins Court, Rugby, CV22
5HQ. 07591 720345. www.rhythmtime.net.

- **Toddler Class:** 10:00 - 10:30.
- **Toddler Classes:** 10:00 - 10:30.
- **Toddler Class:** 10:00 - 10:30.
- **Baby Class**

Cost: £7.01 per session (booking essential).
Dates: 1 Oct - 24 Dec.

Rhythm Time Coventry, Rugby and West Northants

Brandon Marsh Nature Centre, Brandon Lane, Coventry, CV3
3GW.

- **Baby Class:** 11:00 - 11:30.

Cost £7.01 per session, booking is essential
Dates: 1 Oct - 10 Dec.





RHYTHM TIME

Fun music classes for the under 5's

- Rugby
- Coventry
- Bedworth
- West Northants

Book your session today
rhythmtime.net

Trustpilot

ICAD

SENSORY & DEVELOPMENT

Baby Sensory Rugby & Daventry

Willoughby Park, Onley Grounds Equestrian Complex,
CV23 8AJ. 07849 777705. www.babysensory.com.
Times: 9:45 - 10:45, 11:30 - 12:30, 13:15 - 14:15 & 15:00 - 16:00. Ages: 0 - 1 yrs 1 mths. Cost: £9 per session
Dates: 1 Oct - 22 Oct & 5 Nov - 17 Dec.

DANCE & DRAMA

Drama Tots Rugby and Lutterworth

Cawston Community Hall, Scholars Drive, Cawston, Rugby,
CV22 7GU. 07815 961449. www.dramatots.co.uk.

- **Rising Stars:** 9:30 - 10:10.
- **Bright Stars:** 10:30 - 11:15.

Cost: £8 per session (booking essential).
Dates: 1 Oct - 22 Oct & 5 Nov - 10 Dec.

SWIMMING

Swim Works

Swim Works Rugby, High Street, Rugby, CV21 4EE.
07950 467796. www.swimworks.co.uk.

- **Baby Swimming (Rugby):** 9:30 - 14:00.

Ages: 0 - 5 yrs. Cost: £16 per session (booking essential).
Dates: 1 Oct - 17 Dec.

FRIDAY

PARENTS & TOTS

Church Mice

St. Andrew's Church, Church Street, Rugby, CV21 3PT.
www.standrewrugby.org.uk.

Times: 10:00 - 12:00. Ages: 0 - 5 yrs. Cost: Free (drop in).
Dates: 2 Oct - 18 Dec.

MUSIC & SIGNING

Boogie Beansies

Dunchurch Sportsfield & Village Hall, Rugby Road,
Dunchurch, Rugby, CV22 6PN. 07766 731542.
www.boogiebeansies.com.

Times: 10:00 - 11:00 & 11:20 - 12:20. Ages: 0 - 5 yrs.
Cost: £5 per session (booking essential).

Dates: 2 Oct - 23 Oct & 6 Nov - 18 Dec.

Rhythm Time Coventry, Rugby and West Northants

Hillmorton Community Centre, Robbins Court, Rugby,
CV22 5HQ. 07591 720345. www.rhythmtime.net.

- **Pre-school Class:** 9:45 - 10:15.
- **Toddler Class:** 10:30 - 11:00.
- **Active Baby/Young Toddler Class:** 11:20 - 11:50.
- **Baby Class:** 12:15 - 13:00.

Cost: £7.01 per session (booking essential).

Dates: 2 Oct - 18 Dec & 2 Oct - 4 Dec.

DANCE & DRAMA

Drama Tots Rugby and Lutterworth

Wycliffe Rooms, George Street, Lutterworth, LE17 4ED.
07815 961449. www.dramatots.co.uk.

- **Rising Stars:** 9:45 - 10:25.
- **Bright Stars:** 10:45 - 11:30.

Cost: £8 per session (booking essential).

Dates: 2 Oct - 23 Oct & 6 Nov - 11 Dec.

SWIMMING

Swim Works

Swim Works Rugby, High Street, Rugby, CV21 4EE.
07950 467796. www.swimworks.co.uk.

- **Baby Swimming (Rugby):** 9:30 - 10:00.

Ages: 0 - 5 yrs. Cost: £16 per session (booking essential).

Dates: 2 Oct - 18 Dec.

SATURDAY

MUSIC & SIGNING

Rhythm Time Coventry, Rugby and West Northants

Cawston Community Hall, Scholars Drive, Cawston, Rugby,
CV22 7GU. 07591 720345. www.rhythmtime.net.

- **Family Session:** 10:00 - 10:45.

Ages: 0 - 5 yrs. Cost: £8.25 per session (booking essential).

Dates: 3 Oct, 17 Oct, 14 Nov, 28 Nov, 12 Dec, 3 Oct, 17 Oct - 24 Oct, 14 Nov, 28 Nov & 12 Dec.

PHYSICAL FUN

Little Kickers Oxford, Bucks and Northants

Rugby Free Secondary School, Anderson Ave, Rugby,
CV22 5PE. 07503 142496. www.littlekickers.co.uk.

- **Mega Kickers:** 8:30 - 9:15 & 11:10 - 11:55.
- **Junior Kickers:** 8:30 - 9:15 & 10:20 - 11:05.
- **Mighty Kickers:** 9:25 - 10:10, 10:20 - 11:05 & 11:10 - 11:55.
- **Little Kickers:** 9:25 - 10:05.

Cost: £8.30 per session (booking essential).

Dates: 3 Oct - 19 Dec.

SWIMMING

Swim Works

Swim Works Rugby, High Street, Rugby, CV21 4EE.
07950 467796. www.swimworks.co.uk.

- **Baby Swimming (Rugby):** 9:00 - 12:00.

Ages: 0 - 5 yrs. Cost: £16 per session (booking essential).

Dates: 3 Oct - 19 Dec.

OTHER**Rugby Mum2Mum Market**

Cawston Community Hall, Scholars Drive, Cawston, Rugby,
CV22 7GU. www.mum2mummarket.co.uk.

- **10th October 2026:** 14:00 - 16:00.

SUNDAY**PHYSICAL FUN****Little Kickers Oxford, Bucks and Northants**

Rugby Free Secondary School, Anderson Ave, Rugby,
CV22 5PE. 07503 142496. www.littlekickers.co.uk.

- **Junior Kickers:** 10:25 - 11:10.
- **Mighty Kickers:** 11:15 - 12:00.
- **Little Kickers Oxford, Aylesbury & West Oxford:** 8:45 - 9:30 & 9:35 - 10:20.

Cost: £8.30 per session (booking essential).

Dates: 4 Oct - 20 Dec.

SWIMMING**Swim Works**

Swim Works Rugby, High Street, Rugby, CV21 4EE.
07950 467796. www.swimworks.co.uk.

- **Baby Swimming (Rugby):** 9:00 - 13:00.

Ages: 0 - 5 yrs. Cost: £16 per session (booking essential).

Dates: 4 Oct - 20 Dec.

STRATFORD UPON-AVON AREA**MONDAY****PARENTS & TOTS****Kineton Baby & Toddler Group**

Kineton Village Hall, Mill Lane, Kineton, CV35 0LB.
01926 641483.

Times: 9:30 - 11:00. Ages: 0 - 5 yrs. Cost: £2 per session

Dates: 5 Oct - 19 Oct & 2 Nov - 14 Dec.

Snitterfield Rag Tag Baby and Toddler Group

Snitterfield Village Hall, Bearley Road, Snitterfield, Stratford
upon Avon, CV37 0JH. 01789 731246.

- **9:45 - 11:45.**

Cost: £3 per session (drop in).

Dates: 5 Oct - 19 Oct & 2 Nov - 14 Dec.

Westgate Children and Family Centre

Bowling Green Street, Warwick, CV34 4DD. 01926 490629.
www.barnardos.org.uk.

- **Baby Self-Weigh:** 14:00 - 16:00.

Ages: 0 - 2 yrs. Cost: Free (drop in). Dates: 5 Oct - 28 Dec.

DANCE & DRAMA**Krystle Jayne's Dance Academy**

Claverdon Church Centre, Church Rd, Claverdon, CV35 8PD.
www.krystlejayedanceacademy.co.uk.

- **Baby Ballet:** 16:30 - 17:00.

Cost: £4 per session (booking essential).

Dates: 5 Oct - 19 Oct.

PHYSICAL FUN**Mini Tennis Stars**

Cherington Village Hall, Stourton, Shipston-on-Stour,
CV36 5HG. 07388 007318. www.minitennisstars.co.uk.

- **16:00 - 16:30 & 16:30 - 17:05.**

Cost: £8 per session (booking essential).

Dates: 5 Oct - 19 Oct & 12 Oct - 14 Dec.

HEALTH & WELLNESS**Pilates By Lizzie**

JNB Gymnastics Academy, 5 Featherbed Lane,
Stratford-upon-Avon, CV37 0ER. 07931 892927.
www.pilatesbylizzie.co.uk.

- **Mum and Baby Pilates:** 10:00 - 11:00.

Cost: £10 per session (booking essential).

Dates: 5 Oct - 19 Oct & 2 Nov - 14 Dec.

TUESDAY**PARENTS & TOTS****Cheeky Chimps Baby & Toddler Group**

Ettington Community Centre, Rogers Lane, Ettington,
Stratford upon Avon, CV37 7SX.

Times: 9:15 - 11:15. Ages: 0 - 5 yrs. Cost: £3 per session

Dates: 6 Oct - 20 Oct & 3 Nov - 15 Dec.

Trinity Tots (Stratford-upon-Avon)

Ken Kennett Centre, 100 Justin's Avenue,
Stratford-upon-Avon, CV37 0DA. 01789 266316.
www.stratford-upon-avon.org.

- **Stay & Play:** 9:00 - 10:30.

Cost: £1 per session (drop in).

Dates: 6 Oct - 20 Oct & 3 Nov - 15 Dec.

HEALTH & WELLNESS**Pilates By Lizzie**

JNB Gymnastics Academy, 5 Featherbed Lane,
Stratford-upon-Avon, CV37 0ER. 07931 892927.
www.pilatesbylizzie.co.uk.

- **Pregnancy Pilates:** 18:15 - 19:15.
- **Mixed Level Pilates:** 19:30 - 20:30.

Cost: £14 per session (booking essential).

Dates: 6 Oct - 20 Oct & 3 Nov - 15 Dec.

WEDNESDAY**PARENTS & TOTS****Graham Adams Centre**

St James Road, Southam, CV47 0LY. 01928 811519.
www.grahamadamscentre.com.

- **Stretchy Monkeys Soft Play:** 10:00 - 11:30.

Ages: 1 - 5 yrs. Cost: £2 per session (drop in).

Dates: 7 Oct - 21 Oct.

NCT Stratford-upon-Avon and District

Venture House, Stratford-upon-Avon, CV37 0HR.
www.nct.org.uk.

- **Bumps, Babies and Toddlers:** 9:30 - 11:30.

Cost: Free (drop in).

Dates: 7 Oct, 21 Oct, 4 Nov, 18 Nov, 2 Dec & 16 Dec.

SENSORY & DEVELOPMENT

Adventure Babies Warwickshire & Coventry

Heathcote Community Centre, Cressida Close, Heathcote, Warwick, CV34 6DZ. www.adventurebabies.co.uk

- 10:30 - 11:15.
- 11:35 - 12:20.

Cost: £9.50 per session (booking essential).

Dates: 7 Oct - 21 Oct & 4 Nov - 16 Dec.

Baby Sensory (S. Warwickshire)

Tiddington Community Centre, Tiddington, CV37 7AZ.

07989 502712. www.babysensory.com.

Times: 10:30 - 11:20 & 11:45 - 12:35. Ages: 0 - 1 yrs 1 mths.

Cost: £6.50 per session (booking essential).

Dates: 7 Oct - 21 Oct.

HEALTH & WELLNESS

Sweaty Mama Warwick & Leamington

Playbox Theatre, Stratford Road, Warwick, CV34 6LE.

07587 848121.

www.warwick.sweatymama.com.

- **Sweaty Mamalates class**

Times: 11:30 - 12:15. Ages: Pregnancy - 1 yrs 2 mths.

Dates: 7 Oct - 14 Oct, 4 Nov - 9 Dec.

THURSDAY

PARENTS & TOTS

Bishop's Itchington Baby and Toddler Group

Memorial Hall, Fisher Road, Bishop's Itchington, CV47 2RE.

Times: 10:00 - 11:30. Ages: Pregnancy - 5 yrs.

Cost: £2 per session. Dates: 1 Oct - 22 Oct & 5 Nov - 17 Dec.

Little Fishes

Payton Street, Stratford-upon-Avon, CV37 6UA.

07940 321463. www.stratforduponavonbaptist.org.uk.

- 9:00 - 12:00.

Ages: 0 - 5 yrs. Cost: £1 per session (drop in).

Dates: 1 Oct - 24 Dec.

Little Fishes

Townsend Hall, 52 Sheep Street, Shipston on Stour, CV36 4AE.

Times: 9:15 - 11:15. Ages: 0 - 4 yrs. Cost: £3 per session

Dates: 1 Oct - 22 Oct & 5 Nov - 17 Dec.

Snitterfield Rag Tag Baby and Toddler Group

Snitterfield Village Hall, Bearley Road, Snitterfield, CV37 0JH. 01789 731246.

- 9:45 - 11:45.

Ages: 0 - 4 yrs. Cost: £3 per session (drop in).

Dates: 1 Oct - 22 Oct & 5 Nov - 17 Dec.

Stratford Family Club CIC

Stratford Methodist Church, Old Town, Stratford upon Avon, CV37 6BG. www.stratfordfamilyclub.wixsite.com.

- **Wesley's Toddlers: 9:45 - 11:30.**

Ages: 0 - 5 yrs. Cost: £2 per session (drop in).

Dates: 1 Oct - 17 Dec.

- **Tilly's: 10:00 - 10:45. Parent carer support group**

Ages: 0 - 80 yrs. Cost: Free (drop in). Dates: 1 Oct - 24 Dec.

Trinity Tots (Stratford-upon-Avon)

Holy Trinity Parish Center, Old Town, Stratford-upon-Avon,

CV37 6BG. 01789 266316. www.stratford-upon-avon.org.

Times: 13:30 - 15:00. Ages: 0 - 5 yrs. Cost: £1 per session

Dates: 1 Oct - 22 Oct & 5 Nov - 17 Dec.

SENSORY & DEVELOPMENT

Adventure Babies Warwickshire & Coventry

Pebworth Village Hall, Chapel Road, Pebworth, Stratford-upon-Avon, CV37 8XJ. www.adventurebabies.co.uk.

- **Adventure Babies (Pebworth Village Hall) 10:30am**
- **Adventure Babies (Pebworth Village Hall) 11:45am**

Cost: £9.50 per session (booking essential).

Dates: 1 Oct - 22 Oct & 5 Nov - 17 Dec.

DANCE & DRAMA

Krystle Jayne's Dance Academy

Studley Village Hall, High Street, Studley, B80 7HJ. Krystle:

07791 852891. www.krystlejayedanceacademy.co.uk.

- **Pre-Primary Ballet & Tap: 16:30 - 17:15.**

Cost: £5 per session (booking essential).

Dates: 1 Oct - 22 Oct.

HEALTH & WELLNESS

Pilates By Lizzie

JNB Gymnastics Academy, 5 Featherbed Lane, Stratford-upon-Avon, CV37 0ER. 07931 892927. www.pilatesbylizzie.co.uk.

- **Pregnancy Pilates: 19:30 - 20:30.**

Ages: Pregnancy. Cost: £14 per session (drop in).

- **Mum and Baby Pilates: 10:00 - 11:00.**

- **Mixed Level Pilates: 18:15 - 19:15.**

Cost: £10 per session (booking essential).

Dates: 1 Oct - 22 Oct & 5 Nov - 17 Dec.

Stratford-upon-Avon
Butterfly Farm
& Nature Inspired Gift Shop
The UK's Largest Tropical Butterfly Paradise!

Celebrating 40 Years of Tropical Butterflies! 1985-2025
Open every day except Christmas Day
Butterflies • Birds • Iguanas and so much more...
Swans Nest Lane, Stratford-upon-Avon, Warwickshire, CV37 7LS
Tel: **01789 299288**
enquiries@butterflyfarm.co.uk

www.butterflyfarm.co.uk

OPEN DAILY

Hatton Adventure World 10:00 - 17:30.
 Hatton Adventure World, Dark Lane, Hatton, CV35 8XA.
 01926 843411. www.adventure.hattonworld.com
 Ages: 0 - 99 yrs. Cost: £11.95 per session.
 Dates: 1 Oct - 30 Dec.
Stratford Butterfly Farm
 Swan's Nest Lane, Stratford-upon-Avon, CV37 7LS.
 01789 299288. www.butterflyfarm.co.uk.

FRIDAY

PARENTS & TOTS

Graham Adams Centre
 St James Road, Southam, CV47 0LY. 01928 811519.
www.grahamadamscentre.com.
 • **Stretchy Monkeys Soft Play:** 11:00 - 12:30.

Ages: 1 - 5 yrs. Cost: £2 per session (drop in).
 Dates: 2 Oct - 23 Oct.

Stockton Toddlersaurs
 Stockton Village Hall, Napton Road, Stockton, CV47 8JX.
 01926 814687.

Times: 9:30 - 11:00. Ages: 0 - 4 yrs. Cost: £3 per session
 Dates: 2 Oct - 23 Oct & 6 Nov - 18 Dec.

MUSIC & SIGNING

Rhythm Time Leamington Spa, Kenilworth, Stratford upon-Avon

Tiddington Community Centre, Main Street, Tiddington,
 Stratford-upon-Avon, CV37 7AZ. 07469 186042.
www.rhythmtime.net.

- **Toddlers:** 10:20 - 10:50.
- **Babies:** 11:10 - 11:40.

Dates: 2 Oct - 23 Oct & 6 Nov - 18 Dec.
 Cost: £8 per session.

SENSORY & DEVELOPMENT

Hartbeeps Leamington Spa and Warwick
 Heathcote Community Centre, Cressida Close, Heathcote,
 Warwick, CV34 6DZ. www.hartbeeps.com.

- **Hartbeeps Happy House:** 9:30 - 10:15.
- **Hartbeeps Baby Beeps:** 10:30 - 11:15.
- **Hartbeeps Baby Bells:** 11:45 - 12:30.

Cost: £8.50 per session (booking essential).
 Dates: 2 Oct - 23 Oct & 6 Nov - 18 Dec.

DANCE & DRAMA

Drama Tots Banbury and Stratford

Luddington Village Hall, Luddington Road, Luddington,
 Stratford-Upon-Avon, CV37 9SD. 07359 252403.
www.dramatotsbanburystratford.classforkids.io.

- **All Stars:** 10:30 - 11:15.

Cost: £8.75 per session (booking essential).
 Dates: 2 Oct - 23 Oct & 6 Nov - 18 Dec.

Krystle Jayne's Dance Academy

Studley Village Hall, High Street, Studley, B80 7HJ. Krystle:
 07791 852891. www.krystlejayedanceacademy.co.uk.

- **Baby Ballet:** 16:00 - 16:30.
- **Mini Movers Street Dance:** 17:15 - 17:45.

Cost: £4 per session (booking essential).
 Dates: 2 Oct - 23 Oct.

PHYSICAL FUN

Mini Tennis Stars

Meon Vale Leisure Centre, Meon Vale, Bailey Avenue,
 Stratford-upon-Avon, CV37 8YE. 07388 007318.
www.minitennisstars.co.uk.

- **Mini Tennis Stars:** 9:15 - 9:45 & 9:45 - 10:15.

Ages: 1 yrs 6 mths - 5 yrs. Cost: £8 per session.
 Dates: 2 Oct - 23 Oct & 6 Oct - 18 Dec.

HEALTH & WELLNESS

Pilates By Lizzie

JNB Gymnastics Academy, 5 Featherbed Lane,
 Stratford-upon-Avon, CV37 0ER. 07931 892927.
www.pilatesbylizzie.co.uk.

- **Pilates & Playtime:** 10:15 - 11:15.
- **Mum and Baby Pilates:** 11:30 - 12:30.

Cost: £10 per session (booking essential).
 Dates: 2 Oct - 23 Oct & 6 Nov - 18 Dec.

PREGNANCY

NCT Southam & Villages

Graham Adams Centre, St James Rd, Southam, CV47 0LY.
 0300 330 0700. www.nct.org.uk.

- **NCT Southam Bumps and Babies:** 10:00 - 11:30.
- **NCT Baby Cafe (Breastfeeding):** 10:00 - 12:00.

Cost: Free (drop in).
 Dates: 2 Oct - 25 Dec.

SATURDAY

PARENTS & TOTS

Stratford Family Club CIC

Stratford Methodist Church, Old Town, Stratford upon Avon,
 CV37 6BG. www.stratfordfamilyclub.wixsite.com.

- **Chatter Patch:** 9:30 - 10:30.

SEND group for children who are non verbal speech delayed
 Ages: 0 - 18 yrs. Cost: Free (drop in). Dates: 3 Oct - 19 Dec.

DANCE & DRAMA

Stagecoach Performing Arts Stratford-Upon-Avon

Stratford-upon-Avon High School, Stratford-upon-Avon,
 CV37 9DH. 07483 914041. www.stagecoach.co.uk.

- **2026 Summer Term (Early Stages classes):** 9:45 - 11:15.

Ages: 4 - 6 yrs. Cost: £15.50 per session (booking essential).
 Dates: 3 Oct - 24 Oct & 7 Nov - 12 Dec.

PHYSICAL FUN

Mini Tennis Stars

Stratford-upon-Avon Leisure Centre, Bridgeway, Stratford-upon-Avon, CV37 6YX. 07388 007318.
www.minitennisstars.co.uk.

- **Mini Tennis Stars:** 9:00 - 9:30 & 10:00 - 10:30.

Ages: 3 yrs - 6 yrs 10 mths. Cost: £8 per session
 (booking essential). Dates: 17 Oct - 19 Dec.

SUNDAY

DANCE & DRAMA

Krystle Jayne's Dance Academy

Wootton Wawen Village Hall, Alcester Rd, Henley in Arden, B95 6AY. Krystle: 07791 852891.

www.krystlejayedanceacademy.co.uk.

- **Baby Ballet:** 10:00 - 10:30.
- **Pre-Primary Ballet & Tap:** 10:30 - 11:15.
- **Mini Movers Street Dance:** 11:15 - 11:45.

Ages: 1 - 3 yrs. Cost: £4 per session (booking essential).

Dates: 4 Oct - 18 Oct.

PHYSICAL FUN

Mini Tennis Stars

Stratford-upon-Avon School, Alcester Road, Stratford-upon-Avon, CV37 9DH. 07388 007318. www.minitennisstars.co.uk.

- **Mini Tennis Stars:** 8:55 - 9:30, 9:35 - 10:05, 10:10 - 10:40 & 10:45 - 11:15.

Ages: 2 yrs - 6 yrs 10 mths. Cost: £8 per session (booking essential). Dates: 4 Oct - 18 Oct & 18 Oct - 20 Dec.

Cricket Kids

The Greig Leisure Centre, Kinwarton Road, Alcester, B49 6AD. 07721 951658. www.cricket-kids.co.uk.

- **Micro Kids Full Term:** 9:15 - 9:50.
- **Mini Kids Full Term:** 10:00 - 10:45.
- **Mighty Kids Full Term:** 11:00 - 11:45.

Dates: 4 Oct - 18 Oct.

HEALTH & WELLNESS

Pilates By Lizzie

Bishopton Community Centre, Drayton Avenue, Stratford-upon-Avon, CV37 9PB. 07931 892927.

www.pilatesbylizzie.co.uk.

- **Pilates Adventurers age 5-8:** 9:00 - 9:45.

Cost: £8.50 per session (booking essential).

Dates: 4 Oct - 18 Oct.

WARWICK, LEAMINGTON & KENILWORTH

MONDAY

PARENTS & TOTS

Baby Bears Stay and Play Group

Kenilworth Methodist Church, 61 Priory Rd, Kenilworth, CV8 1SB. 07493 115251.

- **12:15 - 13:15.**

Ages: 0 - 2 yrs. Cost: £7 per session (drop in).

Dates: 5 Oct - 21 Dec.

Lillingtots and Baby Cafe

Lillington Free Church Hall, Cubbington Road, CV32 7AL.

Times: 9:30 - 11:15. Ages: 0 - 4 yrs.

Cost: £1 per session (drop in).

Dates: 5 Oct - 19 Oct & 2 Nov - 14 Dec.

Muddy Puddles Mini Forest School & Tree Tots Woodland Baby Group

Bramble Wood, Dobson Lane, Whitnash, Leamington Spa, CV31 2SP. 07730 031935.

- **Muddy Puddles Forest School:** 10:00 - 11:15.
- **Tree Tots Woodland Baby Group:** 11:30 - 12:30.

Cost: £7 per session (booking essential).

Dates: 5 Oct - 19 Oct & 2 Nov - 14 Dec.

MUSIC & SIGNING

BilinguaSing Coventry & Warwickshire

www.bilinguasing.com.

- **Spanish, Italian & French online:** 9:30 - 10:00.

Online Language classes for 0-7 years

Dates: 5 Oct - 28 Dec.

Dale Street Church, Dale Street, Leamington Spa, CV32 5HL.

- **We Sing Spanish:** 10:30 - 11:15.

Mixed aged family Spanish music class for 0-4 year olds.

- **Baby Loves Spanish:** 11:30 - 12:15.

Ages: 1 mths - 1 yrs 4 mths.

Cost: £8 per session (booking essential).

Dates: 5 Oct - 19 Oct & 9 Nov - 14 Dec.

St Barbara's Church, 22 Rochester Road, Earlsdon, Coventry, CV5 6AG. 07815 149877. www.bilinguasing.com.

- **Home-Ed French Group (4-8 years):** 14:15 - 15:00.

Cost: £8 per session (booking essential).

Dates: 5 Oct - 19 Oct & 2 Nov - 14 Dec.

Rhythm Time Coventry, Rugby and West Northants

Coundon - Sherbourne Community Church, Holyhead Road, Coundon, Coventry, CV6 1QL. 07591 720345.

www.rhythmtime.net.

- **Toddler Class:** 10:00 - 10:30.

- **Baby Class:** 10:45 - 11:15.

Cost: £7.01 per session (booking essential).

Dates: 5 Oct - 21 Dec & 5 Oct - 7 Dec.

Rhythm Time Leamington Spa, Kenilworth, Stratford upon-Avon

St Mark's Church, Rugby Rd, Leamington Spa, CV32 6DL. 07469 186042. www.rhythmtime.net.

- **Toddlers:** 9:30 - 10:00 & 10:30 - 11:00.

- **Babies:** 11:30 - 12:00.

Cost: £8 per session. Dates: 5 Oct - 19 Oct & 2 Nov - 14 Dec.

SENSORY & DEVELOPMENT

Hartbeeps Leamington Spa and Warwick

Radford Road Church, Radford Road, Leamington Spa, CV31 1NF. www.hartbeeps.com.

- **Hartbeeps Happy House:** 10:00 - 10:45. Ages: 1 - 5 yrs.
- **Hartbeeps Baby Beeps:** 11:00 - 11:45. Ages: 7 mths - 2 yrs.
- **Hartbeeps Baby Bells:** 12:15 - 13:00. Ages: 1 - 9 mths.

Cost: £8.50 per session (booking essential).

Dates: 5 Oct - 19 Oct & 2 Nov - 14 Dec.

DANCE & DRAMA

Drama Tots Kenilworth, Leamington and Warwick.

Kenilworth Methodist Church, 60 Priory Rd, Kenilworth, CV8 1SB. 07739 657149.

- **All Stars - 18m-5yrs:** 9:30 - 10:10.

Cost: £7.95 per session (booking essential).

Dates: 5 Oct-19 Oct, 2 Nov-14 Dec, 5 Oct-19 Oct & 2 Nov-7 Dec.

PHYSICAL FUN

Mini Tennis Stars

Heathcote Community Centre, Cressida Cl, Heathcote, Warwick, CV34 6DZ. 07388 007318.

www.minitennisstars.co.uk.

- **Mini Tennis Stars:** 9:30 - 10:00 & 10:00 - 10:30.

Ages: 2 - 6 yrs. Cost: £8 per session (booking essential).

Dates: 5 Oct - 19 Oct & 12 Oct - 14 Dec.



pilates classes for bump, baby & beyond

please contact Lizzie on
07931 892927 for more details
or scan here

pilates by
lizzie hazell

The Mini Movers

Chase Meadow Community Centre, Narrow Hall Meadow,
Warwick, CV34 6BT. 07850 944690.

www.theminimovers.co.uk.

- **The Little Movers:** 10:30 - 11:15.

Cost: £9 per session (drop in).

Dates: 5 Oct - 12 Oct & 2 Nov - 7 Dec.

The Zoogie Boogie Club

11 Scar Bank, Warwick, CV34 5DB. 01926 954979.

www.zoogieboogie.co.uk.

- **Galaxy Explorers (2+ years):** 9:30 - 10:15.
- **Moon Crawler & Walker Combined (8-16 months):**
11:35 - 12:20.
- **Sensory Star Gazers (8+ weeks - 8 months):** 13:00 - 13:45.

Dates: 5 Oct - 19 Oct & 2 Nov - 14 Dec.

SWIMMING

Swim Works

Swim Works Leamington, Queensway, Leamington Spa,
CV31 3LU. 07950 467796. www.swimworks.co.uk.

- **Baby Swimming:** 9:30 - 16:00.

Ages: 0 - 5 yrs. Cost: £16 per session (booking essential).

Dates: 5 Oct - 14 Dec.

HEALTH & WELLNESS

Maricarmenfitness

Fiery Feet Studios, 2 Windsor Place, Royal Leamington Spa,
CV31 5EN. 07969 188566. www.maricarmenfitness.com.

- **Mum and Baby Strength:** 10:00 - 10:45.

Cost: £15 per session (booking essential).

Dates: 5 Oct - 19 Oct & 2 Nov - 14 Dec.

Mum & Me Fitness

Chase Meadow Community Centre, Warwick, CV34 6BT.
www.mumandmefitness.com.

Times: 11:15 - 12:15. Cost: £10 per session (drop in).

Dates: 5 Oct - 19 Oct & 2 Nov - 14 Dec.

Sweaty Mama Warwick & Leamington

Cublington Village Hall, Broadway, Cublington,
Leamington Spa, CV32 7JR. 07587 848121.
www.warwick.sweatymama.com.

- **Sweaty Mama Class:** 11:00 - 11:45.

Ages: Pregnancy - 4 yrs.

Dates: 5 Oct - 12 Oct & 2 Nov - 7 Dec.



hello@cricket-kids.co.uk
07721 951 658
www.cricket-kids.co.uk

CRICKET COACHING FOR TODDLERS AND YOUNG CHILDREN

Book here!


2-3 yrs MICRO KIDS 09:15 - 09:50	3-4.5 yrs MINI KIDS 10:00 - 10:45	4.5-6 yrs MIGHTY KIDS 11:00 - 11:45
---	--	--

TUESDAY

PARENTS & TOTS

Baby Bears Stay and Play Group

Kenilworth Methodist Church, 61 Priory Rd, Kenilworth, CV8 1SB. 07493 115251.

- **Baby Bears Stay & Play Group:** 9:30 - 10:30 & 11:00 - 12:00.

Cost: £7 per session (drop in). Dates: 6 Oct - 22 Dec.

Hampton Magna Toddler Group

Budbrooke Community Centre, Field Barn Road, Hampton Magna, Warwick, CV35 8RT. 07506 713277.

- **9:30 - 11:20.**

Cost: £3 per session (drop in).

Dates: 6 Oct - 20 Oct & 3 Nov - 15 Dec.

NCT Warwickshire Central

Lillington Bumps and Babies, Mason Avenue, Leamington Spa, CV32 7QE. www.nct.org.uk.

- **9:30 - 11:30.**

Cost: Free (drop in). Dates: 6 Oct - 29 Dec.

Radford Rascals Stay and Play Group

Radford Semele Baptist Church Hall, Lewis Road, Radford Semele, Leamington Spa, CV31 1UQ. 07739 402554.

www.rsbc.info.

Times: 9:30 - 11:00. Cost: £2 per session (drop in).

Dates: 6 Oct - 20 Oct & 3 Nov - 15 Dec.

MUSIC & SIGNING

BilinguaSing Coventry & Warwickshire

The Kenilworth Centre, Abbey End, Kenilworth, CV8 1QJ.
07815 149877. www.bilinguasing.com.

- **We Sing French (mixed aged family class, 0-4 years):**
10:00 - 10:45.

Cost: £8 per session (booking essential).

Dates: 6 Oct - 15 Dec.

Dandy Development

Barford Memorial Hall, Church Street, Barford, CV35 8EN.
07890 241301. www.dandydevelopment.co.uk.

- **Stage 1:** 9:55 - 10:30.
- **Dandinos (Barford):** 11:00 - 11:35.

Cost: £9 per session (booking essential).

Dates: 6 Oct - 20 Oct & 3 Nov - 1 Dec.

Sing and Sign Coventry and Kenilworth

St John the Evangelist, 205 Warwick Road, Kenilworth, CV8 1HY. www.singandsign.co.uk.

- **Sing & Sign Stage 2:** 10:00 - 11:00.
- **Sing & Sign Stage 1:** 11:10 - 12:10.
- **Sing & Sign Babes:** 12:20 - 13:20.

Cost: £8 per session (booking essential).

Dates: 6 Oct - 20 Oct & 3 Nov - 15 Dec.

SENSORY & DEVELOPMENT**Adventure Babies Warwickshire & Coventry**

St Chad's Centre, 17 Church Lees, Bishop's Tachbrook, Leamington Spa, CV33 9RJ. www.adventurebabies.co.uk.

- **Adventure Babies:** 9:45 - 10:30.
- **Adventure Babies:** 11:00 - 11:45.
- **Adventure Babies:** 12:30 - 13:15.

Cost: £9.50 per session (booking essential).

Dates: 6 Oct - 20 Oct & 3 Nov - 15 Dec.

Baby Sensory (S. Warwickshire)

Dale Street Methodist Church (Main Hall), Dale Street, Leamington Spa, CV32 5HL. 07989 502712.

www.babysensory.com.

Times: 10:15 - 11:05, 11:20 - 12:10 & 12:45 - 13:35.

Cost: £6.50 per session. Dates: 6 Oct - 20 Oct.

Naturally Baby

Unit 11, T1300, Plato Close, Warwick, CV34 6YB.

01926 954188. www.naturallybaby.co.uk.

- **Baby and Toddler Sensory Rooms:** 11:30 - 12:45, 13:30 - 14:45 & 15:15 - 16:30.

Cost: £8.95 per session Dates: 6 Oct - 29 Dec.

CREATIVE**Arty Splats: Messy Play - Warwickshire**

Dorothea Mitchell Village Hall, Claverdon, Claverdon, Warwick, CV35 8PH. 07789 748730.

www.arty-splats-warwickshire.classforkids.io.

- **Arty's Adventurers (16mth - 5yrs):** 10:00 - 10:45.
- **Arty's Babies (6mth - 15mth):** 11:10 - 11:55.

Cost: £9.70 per session (booking essential).

Dates: 6 Oct - 20 Oct & 3 Nov - 15 Dec.

DANCE & DRAMA**Drama Tots Kenilworth, Leamington and Warwick.**

Bubbenhall Village Hall, Lower End, Coventry, CV8 3BW. 07739 657149.

- **All stars - 18m-4yrs:** 10:00 - 10:40.

Cost: £7.95 per session (booking essential).

Dates: 6 Oct - 20 Oct, 3 Nov - 15 Dec, 6 Oct - 20 Oct & 3 Nov - 8 Dec.

PHYSICAL FUN**The Zoogie Boogie Club**

The Zoogie Boogie Club, 11 Scar Bank, Warwick, CV34 5DB.

01926 954979. www.zoogieboogie.co.uk.

- **Moon Walkers (11.5 - 17 months):** 10:30 - 11:15.
- **Zippping Zoogies (17 - 22 months):** 9:30 - 10:15.
- **Sensory Star Gazers (8+ weeks - 8 months):** 11:45 - 12:30.

Cost: Monthly membership

Dates: 6 Oct - 20 Oct & 3 Nov - 15 Dec.

SWIMMING**Swim Works**

Swim Works Leamington, Queensway, Leamington Spa, CV31 3LU. 07950 467796. www.swimworks.co.uk.

- **Baby Swimming:** 9:30 - 15:00.

Ages: 0 - 5 yrs. Cost: £16 per session (booking essential).

Dates: 6 Oct - 15 Dec.

HEALTH & WELLNESS**Mum & Me Fitness**

Chase Meadow Community Centre, Narrow Hall Meadow, Warwick, CV34 6BT. 07874 010310.

www.mumandmefitness.com.

Times: 10:45 - 11:45. Cost: £10 per session (drop in).

Dates: 6 Oct - 20 Oct & 3 Nov - 15 Dec.

WEDNESDAY**PARENTS & TOTS****Mini Meadows Baby and Toddler Group**

Chase Meadow Community Centre, Warwick, CV34 6BT.

Times: 10:00 - 11:30. Ages: 0 - 4 yrs.

Cost: £1.50 per session (drop in).

Dates: 7 Oct - 21 Oct & 4 Nov - 16 Dec.

NCT Warwickshire Central

Newbold Comyn Arms Play Area, Leamington Spa, CV32 4EU. www.nct.org.uk.

- **Newbold Comyn Walk and Talk:** 10:30 - 11:30.

Ages: Pregnancy. Cost: Free (drop in). Dates: 7 Oct - 30 Dec.

MUSIC & SIGNING**Dandy Development**

Radford Road Church, Radford Road, Leamington Spa, CV31 1NF. 07890 241301. www.dandydevelopment.co.uk.

- **Stage 2:** 9:50 - 10:30.
- **Stage 1:** 11:00 - 11:35.

Cost: £9 per session (booking essential).

Dates: 7 Oct - 21 Oct & 4 Nov - 2 Dec.

Rhythm Time Leamington Spa, Kenilworth, Stratford upon-Avon

St Mark's Church, Rugby Rd, Leamington Spa, CV32 6DL. 07469 186042. www.rhythmtime.net.

- **Toddlers:** 10:30 - 11:00.
- **Pre-School:** 9:30 - 10:00 & 10:30 - 11:00.

Cost: £8 per session (drop in).

Dates: 7 Oct - 21 Oct & 4 Nov - 16 Dec.

The Kenilworth Centre, Abbey End Car Park, Kenilworth, CV8 1QJ. 07469 186042. www.rhythmtime.net.

- **Toddlers:** 9:30 - 10:00.
- **Babies:** 10:20 - 10:50.

Cost: £8 per session (drop in).

Dates: 7 Oct - 21 Oct & 4 Nov - 16 Dec.

St Mark's Church, Rugby Rd, Leamington Spa, CV32 6DL. 07469 186042. www.rhythmtime.net.

- **Young Babies:** 11:30 - 12:00.

Cost: £8 per session (booking essential).

Dates: 7 Oct - 21 Oct & 4 Nov - 16 Dec.



Sing and Sign Coventry and Kenilworth

Earlsdon Methodist Church Hall, Albany Road, Earlsdon, Coventry, CV5 6NF. www.singandsign.co.uk.

- **Sing & Sign Stage 2:** 9:50 - 10:50.
- **Sing & Sign Stage 1:** 11:00 - 12:00.
- **Sing & Sign Babes:** 12:10 - 13:10.

Cost: £8 per session (booking essential).

Dates: 7 Oct - 21 Oct & 4 Nov - 16 Dec.

SENSORY & DEVELOPMENT**Naturally Baby**

Baby Hub at Naturally Baby, Unit 11, T1300, Plato Close, Warwick, CV34 6YB. 01926 954188. www.naturallybaby.co.uk.

- **Baby and Toddler Sensory Rooms**

Times: 9:30 - 10:45 & 11:30 - 12:45. Ages: 0 - 3 yrs.

Dates: 7 Oct - 30 Dec.

Cost: £8.95 per session (booking essential).

CREATIVE**Arty Splats: Messy Play - Warwickshire**

St Chads Centre, Church HI, Bishop's Tachbrook, Leamington Spa, CV33 9RJ. 07789 748730.

www.arty-splats-warwickshire.classforkids.io.

- **Arty's Adventurers (16mth - 5yrs):** 10:00 - 10:45.
- **Arty's Babies (6mth - 15mth):** 11:10 - 11:55.

Cost: £9.50 per session (booking essential).

Dates: 7 Oct - 21 Oct & 4 Nov - 16 Dec.

Little Crackers Stay 'n' Play

Crackley Hall and Little Crackers Nursery, St Joseph's Park, Kenilworth, CV8 2FT. 01926 514456.

www.littlecrackers.co.uk.

- **Stay 'n' Play:** 10:30 - 11:45.
- **Stay 'n' Play Forest Fun:** 10:30 - 11:45.
- **Stay 'n' Play Seasonal Crafts:** 10:30 - 11:45.
- **Stay 'n' Play Christmas Party:** 10:30 - 11:45.

Cost: £2.50 per session (booking essential).

DANCE & DRAMA**Drama Tots Kenilworth, Leamington and Warwick.**

Whitnash Methodist Church, Murcott Rd E., Leamington Spa, CV31 2JJ. 07739 657149.

- **Rising Stars - 18m-3yrs:** 10:00 - 10:40.
- **Bright Stars 3yrs-4yrs:** 11:00 - 11:45.

Cost: £7.95 per session (booking essential).

Dates: 7 Oct - 21 Oct, 4 Nov - 16 Dec, 7 Oct - 21 Oct & 4 Nov - 9 Dec.

PHYSICAL FUN**The Zoogie Boogie Club**

The Zoogie Boogie Club, 11 Scar Bank, Warwick, CV34 5DB. 01926 954979. www.zoogieboogie.co.uk.

- **Galaxy Explorers (2+ years):** 9:30 - 10:15.
- **Moon Crawler & Walker Combined (8-16 months):** 11:35 - 12:20.
- **Sensory Star Gazers (8+ weeks - 8 months):** 14:00 - 14:45.

Cost: Monthly membership

Dates: 7 Oct - 21 Oct & 4 Nov - 16 Dec.

SWIMMING**Swim Works**

Swim Works Leamington, Queensway, Leamington Spa, CV31 3LU. 07950 467796. www.swimworks.co.uk.

- **Baby Swimming (Leamington):** 9:30 - 15:00.

Ages: 0 - 5 yrs. Cost: £16 per session (booking essential).

Dates: 7 Oct - 16 Dec.

HEALTH & WELLNESS**Fitness For Real Life by Nina**

St Chad's Centre, Church HI, Bishop's Tachbrook, Leamington Spa, CV33 9RJ. 07539 895977.

www.fitnessforreallife.co.uk.

- **Postnatal Fitness Class:** 13:15 - 14:00.
- **Senior Strength and Mobility:** 14:15 - 15:00.

Ages: 55 - 100 yrs.

Cost: £10 per session (booking essential).

Dates: 7 Oct - 21 Oct & 4 Nov - 16 Dec.

Mum & Me Fitness

Chase Meadow Community Centre, Narrow Hall Meadow, Warwick, CV34 6BT. 07874 010310.

www.mumandmefitness.com.

Times: 10:45 - 11:45. Cost: £10 per session (drop in).

Dates: 7 Oct - 21 Oct & 4 Nov - 16 Dec.

THURSDAY**PARENTS & TOTS****Leek Wootton Baby & Toddler**

Leek Wootton Village Hall, Warwick Road, Warwick, CV35 7RB.

- **10:00 - 11:30.**

Cost: £2 per session (drop in).

Dates: 1 Oct - 22 Oct & 5 Nov - 17 Dec.

Octotots Toddler Group

Octagon, Vicarage Road, Lillington, Leamington Spa, CV32 7RH. 01926 470449. www.lillingtonparishchurch.org.

Times: 10:30 - 12:00. Cost: Free (drop in).

Dates: 1 Oct - 22 Oct & 5 Nov - 17 Dec.

St John's Toddler's Kenilworth

St. John's Church Hall, Warwick Road, Kenilworth, CV8 1HY. 01926 855344. www.stjohn316.co.uk.

- **10:00 - 11:30.**

Cost: £1.50 per session (drop in).

Dates: 1 Oct - 22 Oct & 5 Nov - 17 Dec.

MUSIC & SIGNING**BilinguaSing Coventry & Warwickshire**

Kenilworth Methodist Church, Priory Road, KENILWORTH, CV8 1SB. 07815 149877. www.bilinguasing.com.

- **We Sing Italian (mixed aged family class, 0-4 years):** 13:45 - 14:30.

Cost: £8 per session (booking essential).

Dates: 1 Oct - 22 Oct & 5 Nov - 10 Dec.

Dandy Development

Radford Road Church, Radford Road, Leamington Spa, CV31 1NF. 07890 241301. www.dandydevelopment.co.uk.

- **Stage 1:** 11:00 - 11:35.

Cost: £9 per session (booking essential).

Dates: 1 Oct - 22 Oct & 5 Nov - 3 Dec.

Rhythm Time Leamington Spa, Kenilworth, Stratford upon-Avon

St Mark's Church, Rugby Rd, Leamington Spa, CV32 6DL.
07469 186042. www.rhythmtime.net.

- **Toddlers:** 10:30 - 11:00.

Ages: 1 - 3 yrs. Cost: £8 per session.
Dates: 1 Oct - 22 Oct & 5 Nov - 17 Dec.

SENSORY & DEVELOPMENT**Baby Sensory (S. Warwickshire)**

Hatton Park Village Hall, Barcheston Drive, Hatton Park, Warwick, CV35 7TR. 07989 502712. www.babysensory.com.
Times: 10:15 - 11:05 & 11:30 - 12:20. Ages: 0 - 1 yrs 1 mths.
Cost: £6.50 per session (booking essential).
Dates: 1 Oct - 22 Oct.

HEALTH & WELLNESS**Maricarmenfitness**

Fiery Feet Studios, 2 Windsor Place, Royal Leamington Spa, CV31 5EN. 07969 188566. www.maricarmenfitness.com.

- **Mum and Baby Postnatal Beginner Class:** 10:00 - 11:00.

Ages: 0 - 4 yrs. Cost: £16 per session (drop in).

- **Core & Balance Mum and Baby:** 10:00 - 10:45.

Ages: 3 mths - 5 yrs. Cost: £15 per session (drop in).

Dates: 1 Oct - 22 Oct & 5 Nov - 17 Dec.

Sparks Pilates

Sparks Pilates, 4 Windsor Place, Leamington Spa, CV32 5EN.
07311 482249. www.sparkspilates.com.

- **Mum & Baby Post-Natal Pilates:** 10:30 - 11:25.

Ages: 1 - 9 mths. Dates: 1 Oct - 17 Dec.

Lillington Children & Family Centre, Warwick District
3 Mason Avenue, Lillington, CV32 7QE. 01926 887597.
www.barnardos.org.uk.

- **Baby Self Weigh:** 14:30 - 16:30.

Cost: Free (booking essential). Dates: 1 Oct - 24 Dec.

PHYSICAL FUN**The Zoogie Boogie Club**

The Zoogie Boogie Club, 11 Scar Bank, Warwick, CV34 5DB.
01926 954979. www.zoogieboogie.co.uk.

- **Moon Walkers (11.5 - 17 months):** 11:35 - 12:20.
- **Galaxy Explorers (2+ years):** 9:30 - 10:15.
- **Sensory Star Gazers (8+ weeks - 8 months):** 13:00 - 13:45.

Cost: Monthly membership

CREATIVE**Arty Splats: Messy Play - Warwickshire**

Chase Meadow Community Centre, Narrow Hall Meadow, Warwick, CV34 6BT. 07789 748730. arty-splats-warwickshire.classforkids.io.

- **Arty's Adventurers (16mth - 5yrs):** 10:00 - 10:45.
- **Arty's Babies (6mth - 15mth):** 11:10 - 11:55.

Cost: £9.70 per session (booking essential).

Dates: 1 Oct - 22 Oct & 5 Nov - 17 Dec.

PREGNANCY**Sarah Allen-Reading Massage + Therapies**

C-Section Coffee Club, Naturally Baby, Unit 11 T1300, Plato Close, Warwick, CV34 6YB. 07740 172109.
www.sarahallenreadingmassage.com.

- **C-Section Coffee Club:** 10:00 - 12:00.

Cost: £5 per session. Dates: 1 Oct, 5 Nov & 3 Dec.

FRIDAY**PARENTS & TOTS****Emmanuel Toddler Group**

Emmanuel Evangelical Church, Heath Terrace, Leamington Spa, CV32 5LY. 01926 424584.

Times: 10:00 - 11:30. Cost: £1 per session (drop in).

Dates: 2 Oct - 23 Oct & 6 Nov - 18 Dec.

Hatton Park Baby and Toddler Group

Hatton Park Village Hall, Barcheston Drive, Warwick, CV35 7TR.

Times: 9:45 - 11:15. Ages: 0 - 4 yrs. Cost: £2.50 per session

Dates: 2 Oct - 23 Oct & 6 Nov - 18 Dec.



Most babies learn best when they see, hear, feel, touch, taste and smell.

Baby Sensory
Practical Early Learning for Babies

Sneak a peek, it's all amazing!

Our multi-award winning classes will introduce you and your baby (or babies) to a world of sensory delights, where you can relax, spend quality time with each other and enjoy meeting other new parents.

To find out more:
Call Gemma O'Rourke on: 07989 502712
Email Gemma O'Rourke: warwickshire@babysensory.co.uk
Check: www.facebook.com/gemmababysensory.warwickshire
Classes at: Leamington Spa, Stratford Upon Avon and Warwick www.babysensory.com

We've done the research, so you can enjoy the fun...

Baby Sensory
Practical Early Learning for Babies



Hartbeeps

Reserve your toadstool for our cosy autumn term today!

Multi-sensory music classes for babies and toddlers

jenny.noble@hartbeeps.com

Scan Me

Warwickshire's CQC Registered Tongue-tie and Lactation Provision

Difficulties feeding your baby? Could it be tongue-tie?



Possible tongue-tie symptoms

Mother

- Sore, misshapen nipples
- Engorgement / Mastitis
- Reduced milk supply
- Damaged nipples
- Exhaustion / Distress / Pain

Clinic
appointments in
L.Spa/Warwick

Baby

- Shallow unstable latch
- Frequent & fussy feeding
- Clicking, dribbling, choking
- Fatigue, reflux, colic, wind
- Poor milk transfer / weight loss



Book online @ www.feeding-untied.co.uk | Teresa 01926 919915

Kingsway Children & Families Centre

Kingsway Primary School, Baker Avenue, Leamington Spa, CV31 3HB. 01926 336793. www.barnardos.org.uk.

- **Baby self-weigh:** 9:30 - 11:30.

Cost: Free (drop in). Dates: 2 Oct - 25 Dec.

Muddy Puddles Mini Forest School & Tree Tots Woodland

Baby Group

Foundry Wood, Princes Drive, Leamington Spa, CV32 5AE. 07730 031935.

- **Muddy Puddles (Toddlers):** 10:00 - 11:00.
- **Muddy Puddles (Pre-Schoolers):** 11:15 - 12:15.

Cost: £7 per session (booking essential).

Dates: 2 Oct - 23 Oct & 6 Nov - 18 Dec.

NCT Warwickshire Central

Kenilworth Walk and Talk, Abbey Fields, Bridge Street, Kenilworth, CV8 1BP. www.nct.org.uk.

- **Kenilworth Walk and Talk:** 11:30 - 12:30.

Cost: Free (drop in). Dates: 2 Oct, 16 Oct, 30 Oct, 13 Nov, 27 Nov, 11 Dec & 25 Dec.

MUSIC & SIGNING

BilinguaSing Coventry & Warwickshire

Jaguar Sports & Social club, Fenton Road, Off Browns Lane, Coventry, CV5 9PS. 07815 149877. www.bilinguasing.com.

- **We Sing Spanish:** 10:00 - 10:45.

Cost: £8 per session (booking essential).

Dates: 2 Oct - 23 Oct & 6 Nov - 18 Dec.

Rhythm Time Leamington Spa, Kenilworth, Stratford upon-Avon

St Mark's Church, Rugby Rd, Leamington Spa, CV32 6DL. 07469 186042. www.rhythmtime.net.

- **Toddlers:** 9:30 - 10:00.
- **Babies:** 11:30 - 12:00.

Cost: £8 per session

Dates: 2 Oct - 23 Oct & 6 Nov - 18 Dec.

SENSORY & DEVELOPMENT

Naturally Baby

Unit 11, T1300, Plato Close, Warwick, CV34 6YB.

01926 954188. www.naturallybaby.co.uk.

- ***FREE* Expectant Parents Event with free goody bag for the mum to be! 2 hours:** 18:00 - 20:00.

Cost: Free (booking essential). Dates: 27 Nov.

DANCE & DRAMA

Drama Tots Kenilworth, Leamington and Warwick.

Chase Meadow Community Centre, Narrow Hall Meadow, Warwick, CV34 6BT. 07739 657149.

- **Rising Stars - 18m-3yrs:** 10:00 - 10:40.
- **Bright Stars 3-5 yrs:** 11:00 - 11:45.

Cost: £7.95 per session (booking essential).

Dates: 2 Oct - 23 Oct, 6 Nov - 18 Dec, 2 Oct - 23 Oct & 6 Nov - 11 Dec.

Stagecoach Performing Arts Kenilworth

The Kenilworth Centre, Abbey End, Kenilworth, CV8 1QJ.
07483 914041. www.stagecoach.co.uk.

- **Stagecoach Kenilworth:** 16:00 - 17:30.

Cost: £15.50 per session (booking essential).

Dates: 2 Oct - 23 Oct & 6 Nov - 11 Dec.

Stagecoach Performing Arts Warwick

Heathcote Primary School, Vickers Way, Heathcote,
CV34 7AP. 07483 914041. www.stagecoach.co.uk.

- **Stagecoach Warwick:** 16:15 - 17:45.

Cost: £15.50 per session (booking essential).

Dates: 2 Oct - 23 Oct & 6 Nov - 11 Dec.

PHYSICAL FUN**The Karate & Dance Federation**

Unit 5A Churchlands Industrial Estate, Ufton Road, Harbury,
Leamington Spa, CV33 9GX. 07365 638726.
www.kdfederation.com.

- **Tiger Stripes:** 17:15 - 18:00.

Ages: 3 - 18 yrs. Dates: 2 Oct - 25 Dec.

The Mini Movers

Heathcote Community Centre, Cressida Close, Heathcote,
Warwick, CV34 6DZ. 07850 944690.
www.theminimovers.co.uk.

- **The Little Movers**

Times: 10:30 - 11:15. Ages: 2 - 5 yrs. Cost: £9 per session

Dates: 2 Oct - 16 Oct & 6 Nov - 11 Dec.

The Zoogie Boogie Club

The Zoogie Boogie Club, 11 Scar Bank, Warwick, CV34 5DB.
01926 954979. www.zoogieboogie.co.uk.

- **Zippping Zoogies (17 - 22 months):** 10:30 - 11:15.

- **Galaxy Explorers (2+ years):** 9:30 - 10:15.

Cost: Monthly membership

Dates: 2 Oct - 23 Oct & 6 Nov - 18 Dec.

Wholesome Hedgehog Yoga

The Basement Snug, 13 High Street, Kenilworth, CV8 1LY.
07842 160860. www.wholesomehedgehog.com.

- **Family Yoga:** 16:00 - 17:00.

Ages: 4 - 10 yrs. Cost: £13 per session (booking essential).

Dates: 9 Oct, 13 Nov & 4 Dec.

SWIMMING**Swim Works**

Swim Works Leamington, Queensway, Leamington Spa,
CV31 3LU. 07950 467796. www.swimworks.co.uk.

- **Baby Swimming:** 9:30 - 16:30.

Ages: 0 - 5 yrs. Cost: £16 per session (booking essential).

Dates: 2 Oct - 18 Dec.

HEALTH & WELLNESS**Sweaty Mama Warwick & Leamington**

Whitnash Civic Centre, Acre Close, Whitnash, Leamington
Spa, CV31 2ND. 07587 848121.

www.warwick.sweatymama.com.

- **Sweaty Mama Class:** 10:30 - 11:15.

Ages: Pregnancy - 4 yrs. Cost: Free (booking essential).

Dates: 2 Oct - 16 Oct & 6 Nov - 11 Dec.

**The Leading Baby Spa in the U.K.**

Established in April 2019, the sessions
are aimed at 0-10 month olds.
Spa Babies creates a calming
environment for both adult and
baby alike.

Like an adult spa, parents
can expect their babies, as
well as their own senses, to be
truly brought to life. Beautiful
lighting, calming aromas and
relaxing music, finishing off
by capturing a magical Spa
Babies' photo.

Spa babies is
an experience
that is built
with LOVE

10% DISCOUNT

Book via our
website using
code **TODDLE10**
during checkout.

**FIND US IN:**

Solihull
Warwick
Sutton Coldfield
Droitwich
Rugeley
Belbroughton

Book via our website:
spababies.co.uk

📷 @spa.babies

SATURDAY**PARENTS & TOTS****Baby Bears Stay and Play Group**

Kenilworth Methodist Church, 61 Priory Rd, Kenilworth,
CV8 1SB. 07493 115251.

- **Ms Rachel Baby Bears Stay & Play:** 11:00 - 12:10.

Ages: 0 - 3 yrs. Cost: £7.50. Dates: 10 Oct.

Dads and Tots Club (Leamington Spa)

Dale Street Methodist Church, Dale Street, Leamington Spa,
CV32 5HL. 01926 612832 / 07742 764851.

Times: 9:30 - 11:30. Ages: 0 - 5 yrs. Cost: £4 per session

Dates: 3 Oct - 19 Dec.

DANCE & DRAMA**Drama Tots Kenilworth, Leamington and Warwick.**

The Kenilworth Centre, Abbey End car park, Abbey End,
Kenilworth, CV8 1QJ. 07739 657149.

- **All Stars - 18m-5yrs:** 9:30 - 10:10.
- **Bright Stars 3yrs-5yrs:** 10:30 - 11:15.
- **Drama Club- 5yrs-7yrs:** 11:30 - 12:15.

Cost: £7.95 per session (booking essential).

Dates: 3 Oct - 24 Oct, 7 Nov - 12 Dec, 3 Oct - 24 Oct & 7
Nov - 19 Dec.



the mini movers
sporty fun for little ones



Classes in
Warwick,
Leamington
& Southam

Join us for
a trial!

**SPORTS CLASSES
FOR LITTLE ONES AGED WALKING - 7 YEARS**

Join us as we try a new skill or sport each week and encourage your child to love moving for life!

WEEKLY CLASSES - NURSERIES - SCHOOLS - PARTIES

www.theminimovers.co.uk

Follow us:
f i

Email: jo@theminimovers.co.uk
Call: Jo on 07850944690

Stagecoach Leamington Spa

Campion School, Sydenham Drive, Leamington Spa, CV31 1QH. www.stagecoach.co.uk
Times: 9:00 - 10:30, 9:30 - 11:00, 9:45 - 11:15, 10:45 - 12:15 & 11:15 - 12:45.

Ages: 4 - 6 yrs. Cost: £15.50 per session (booking essential).
Dates: 3 Oct - 24 Oct & 7 Nov - 12 Dec.

Stagecoach Performing Arts Kenilworth

Balsall Common Primary School, Balsall Street East, Balsall Common, CV7 7FS. 07483 914041. www.stagecoach.co.uk.

- **Stagecoach Kenilworth - Balsall Common Primary School:** 9:30 - 11:00.

Cost: £15.50 per session (booking essential).

Dates: 3 Oct - 24 Oct & 7 Nov - 12 Dec.

PHYSICAL FUN

Karate & Dance Federation

Unit 5A, Churchlands Industrial Estate, Ufton Road, Harbury, CV33 9GX. 07757 781099. www.kdfederation.com.

- **Tiny Tigers:** 9:00 - 10:00.
- **Tots Dance:** 12:00 - 13:00.
- **Mini Movers:** 13:15 - 14:15.

Cost: £8.87 per session (booking essential).

Dates: 3 Oct - 17 Oct & 7 Nov - 19 Dec.

The Zoogie Boogie Club

The Zoogie Boogie Club, 11 Scar Bank, Warwick, CV34 5DB. 01926 954979. www.zoogieboogie.co.uk.

- **Galaxy Explorers (2+ years):** 9:30 - 10:15.
- **Moon Crawler & Walker Combined (8-16 months):** 11:35 - 12:20.

Cost: Monthly membership

Mum & Baby Mat Pilates

THURSDAYS • 10:30 AM

Rebuild your core, restore your body, and move with confidence — with your baby by your side.

- ☺ Suitable for babies up to 9 months (bring them along!)
- 👤 Focus on postnatal recovery, core strength, and mobility
- ♡ Gentle, supportive environment for new mums

Sparks Pilates Studio

4 Windsor Place,
Leamington Spa, CV32 5EN
www.sparkspilates.com



Book your spot now!

Spaces are limited — reserve online or get in touch
www.sparkspilates.com

SWIMMING

Swim Works

Swim Works Leamington, Queensway, Leamington Spa, CV31 3LU. 07950 467796. www.swimworks.co.uk.

- **Baby Swimming (Leamington):** 9:00 - 13:00.

Ages: 0 - 5 yrs. Cost: £16 per session (booking essential).

Dates: 3 Oct - 19 Dec.

OTHER

Rugby Mum2Mum Market

Lower Farm Academy, Milking Lane, Weddington, CV10 0FG. www.mum2mummarket.co.uk.

- **Nuneaton - 17th October 2026:** 10:00 - 12:00.

Ernsford Grange Academy, Princethorpe Way, Binley, CV3 2QD.

- **Coventry - 7th November:** 10:00 - 12:00.

Lower Farm Academy, Milking Lane, Weddington, CV10 0FG.

- **Nuneaton - 14th November 2026:** 10:00 - 12:00.

Cost: Free (booking essential). Dates: 14 Nov.



SUNDAY

Wholesome Hedgehog Yoga

The Basement Snug, 13 High Street, Kenilworth, CV8 1LY.
07842 160860. www.wholesomehedgehog.com.

- **Family Yoga (shorter session):** 9:30 - 10:00.
- **Family Yoga:** 10:30 - 11:30.

Dates: 4 Oct.

Wholesome Hedgehog Yoga

Little Light Studio, 61 Kelvin Road, New Cubbington,
Leamington Spa, CV32 7TG. 07842 160860. www.wholesomehedgehog.com.

- **Family Yoga (shorter session):** 9:30 - 10:00.
- **Family Yoga:** 10:30 - 11:30.

Dates: 1 Nov.

SWIMMING

Swim Works

Swim Works Leamington, Queensway, Leamington Spa,
CV31 3LU. 07950 467796. www.swimworks.co.uk.

- **Baby Swimming (Leamington):** 9:00 - 13:00.

Ages: 0 - 5 yrs. Cost: £16 per session (booking essential).
Dates: 4 Oct - 20 Dec.

OTHER

Rugby Mum2Mum Market

Kenilworth Scout and Guide Centre, Fishponds Road,
Kenilworth, CV8 1EY. www.mum2mummarket.co.uk.

- **Kenilworth - 4th October:** 10:00 - 12:00.

Dates: 4 Oct.

- **Kenilworth - 15th November:** 10:00 - 12:00.

Dates: 15 Nov.

Directory of Advertisers

Arnold Lodge School.....	43	Little Crackers Nursery.....	17
Arty Splats.....	8	Little Kickers.....	21
Baby Barn Pram & Nursery Centre.....	14	Mini Tennis Stars.....	18
Baby Sensory Warwickshire.....	38	Naturally Baby.....	8
Beanz Barn.....	13	Pilates by Lizzie.....	35
Belgrade Theatre.....	17	Playtime Prints.....	2
Best Party Hire.....	18	Revive Masaage & Scar Therapy.....	14
BilinguaSing Coventry & Warwickshire.....	24	Rhythm Time.....	30
Bloomsbury Publishing.....	13	Sarah Allen-Reading Massage + Therapies.....	19
Cricket Kids.....	35	Sing and Sign Coventry & Kenilworth.....	24
Dandy Development.....	9	Southam & Harbury Bouncy Castles.....	11
Drama Tots.....	11	Spa Babies.....	40
Emscote Pre-School.....	24	Sparks Pilates.....	41
Feeding Un-Tied Limited.....	39	Stagecoach.....	14
Hartbeeps Leamington Spa & Warwick.....	38	Stratford-upon-Avon Butterfly Farm.....	32
Hatton Adventure World.....	17	Sweaty Mama.....	11
Hatton Childrens Nursery.....	11	Swimworks Ltd.....	19
Karate & Dance Federation.....	13	The Mini Movers.....	41
Katie Jensen Doula.....	23	Zoogie Boogie Club.....	25

PLAY & DISCOVER Answers

CHEEKY
CHARLIE
HUNT!



x8

WITCH'S
WONDER



Exceptional Early Years Education in Warwickshire

At Little Lodge and Little Prep, we offer a warm, nurturing and inspiring environment for children aged 6 months to 4 years. With a shared commitment to high-quality care and early education, our nurseries are located in the heart of Leamington Spa and Stratford-upon-Avon, providing a 'home-from-home' setting where each child is supported to thrive.



Little LODGE

Leamington Spa

Located within the grounds of **Arnold Lodge School**, Little Lodge offers a calm and caring nursery setting in the heart of Leamington Spa.

www.thelittlelodenursery.com

☎ 01926 886003

✉ admissions@thelittlelodenursery.com

31-33 Binswood Avenue, Leamington Spa CV32 5SE



Little PREP



Stratford-upon-Avon

Situated at **Stratford Preparatory School**, Little Prep is a welcoming and enriching nursery space for young learners.

www.littleprep.co.uk

☎ 01789 297993

✉ admissions@stratfordprep.co.uk

Church House, Old Town, Stratford-Upon-Avon CV37 6BG

Book a visit



Book a visit







Yep! Subscribe to Toddle About and pay nothing ... EVER!




Sign up at www.toddle.fun/Subscribe



You will get:



Magazine
Subscription



Exclusive Giveaways
and Reviews



5 x Bonus Entries
to all Competitions

Scan to see
all item details:



THIS ISSUE YOU COULD REVIEW:

MARSUPIALLE LUXURY BABY
BLANKET, WORTH £80
WWW.MARSUPIALLE.COM



VELUMI SLEEP COMPANION,
WORTH £20
WWW.VELUMI.CO

LIGHT-UP TRACING CENTRE,
WORTH £27.50
WWW.LEARNINGRESOURCES.CO.UK



STORYVERSE LAND PERSONALISED
STORYBOOK, WORTH £26
WWW.STORYVERSELAND.COM



FOLD-OUT + PLAY FARM,
WORTH £20
WWW.AMAZON.COM



FIRST DINO FRIENDS
JIGSAW PUZZLE,
WORTH £8.50
WWW.ORCHARDTOYS.COM



SMART GAMES PEEK-A-ZOO,
WORTH £12.99
WWW.SMARTTOYSANDGAMES.CO.UK



HAPE HIDE AND SEEK
PERISCOPE, WORTH £11.99
WWW.WATERSTONES.COM



**Subscribe to Toddle About today at
WWW.TODDLE.FUN/SUBSCRIBE**

**SUBSCRIBE
BEFORE
31ST DEC
TO QUALIFY**