



VITALHEALTH PRODUCTS



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Valerie Norful
INDEPENDENT REPRESENTATIVE
SHOP VITAL HEALTH

WELCOME

DETOXIFIES, RESTORES, NOURISHES, AWAKENS.



DETOXIFIES, RESTORES, NOURISHES, AWAKENS.

VITALHEALTH PRODUCTS



Nanotechnology

Smaller active ingredient
for maximum absorption.



Adaptogens

Nutrients that adapt their
functionality to the
needs of the body.



Affordable Prices

World-class ingredients
at an affordable price for
everyone.

DIETARY SUPPLEMENT

V-ORGANEX



Premium natural ingredients such as Boldo, Toadflax and Chicory combine to help form a powerful formula that can help revitalize your body.

Ingredients:

Organic boldo extract (*Peumus boldus*), Milk thistle extract (*Silybum marianum*), Wildcrafted quassia extract (*Quassia amara*), Toad grass powder (*Eryngo heterophyllum*), Guarana extract (*Paullinia cupana*), Chicory root extract (*Cichorium intybus*), Artichoke extract (*Cynara scolymus*).
OTHER INGREDIENTS: Gelatin capsule (*gelatin and water*) and Silica.

It may help with: Hepatic Detoxification, Cleansing Bile Ducts, Allergies



Supplement Facts

Serving size: 1 capsule (500 mg)

Serving per container: 60

Calories Per Serving		171
Amount Per Serving		% DV
Total Fat	0 g	0 %
Saturated fat	0 g	0 %
Trans fat	0 g	0 %
Total carbs	0.37 g	0 %
Dietary fiber	0 mg	0 %
Sodium	1.31 mg	0 %

Vital-Health Proprietary blend

500 mg

na

Organic boldo extract (*Peumus boldus*), Milk thistle extract (*Silybum marianum*), Wildcrafted quassia extract (*Quassia amara*), Toad grass powder (*Eryngo heterophyllum*), Guarana extract (*Paullinia cupana*), Chicory root extract (*Cichorium intybus*), Artichoke extract (*Cynara scolymus*).

* Percent daily value based on a 2000 calorie diet.

** Daily Value not established.

OTHER INGREDIENTS:

Gelatin capsule (*gelatin and water*) and Silica.

These statements have not been evaluated by the Food and Drug Administration.

This product is not intended to diagnose, treat, cure or prevent any disease.



Shop at: Vital Health with Valerie Norful

DIETARY SUPPLEMENT

S-BALANCE



It may help with: Insulin Production | Blood Sugar Regulation | Improve Cardiovascular Health | Protect Cells From Oxidative

Our enhanced formula combines natural ingredients such as berberine, fenugreek, cinnamon extract, cranberry, and alpha-lipoic acid (ALA), which work together to support metabolism, regulate blood sugar levels, improve cardiovascular health, and protect cells from oxidative damage. With the addition of a gelatin capsule and silica, this formula provides comprehensive benefits for overall wellness.

Ingredients:

Berberine (*Berberis vulgaris*), Cranberry (*Vaccinium erythrocarpum*), Fenugreek (*Trigonella foenum-graecum*), Alpha Lipoic Acid (ALA), Cinnamon Bark Extract (*Cinnamomum cassia*).
OTHER INGREDIENTS: Gelatin capsule (*gelatin and water*) and Silica.

Supplement Facts

Serving size: 1 capsule (500 mg)
Serving per container: 60

Calories Per Serving		16
Amount Per Serving		% DV
Total Fat	0 g	0 %
Saturated fat	0 g	0 %
Trans fat	0 g	0 %
Total carbs	0.4 g	0 %
Dietary fiber	0 mg	0 %
Sodium	2 mg	0 %
VitalHealth Proprietary blend	500 mg	**

Berberine (*Berberis vulgaris*), Cranberry (*Vaccinium erythrocarpum*), Fenugreek (*Trigonella foenum-graecum*), Alpha Lipoic Acid (ALA), Cinnamon Bark Extract (*Cinnamomum cassia*)

* Percent daily value based on a 2000 calorie diet.

** Daily Value not established.

OTHER INGREDIENTS:

Gelatin capsule (*gelatin and water*) and Silica.



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DIETARY SUPPLEMENT

V- ITAREN



It may help with: Fluid Retention | Urinary Tract Infections | Kidney Detoxification | Circulation And Inflammation

Fused with Dandelion, Moringa and Uva Ursi, this elixir is formulated to support kidney wellness and the body's water balance.

Ingredients:

Jamaica grass powder (*Hibiscus sabdarifa*), Horsetail plant powder (*Equisetum arvense*), Dandelion root extract (*Taraxacum officinale*), Toad grass extract (*Eryngium heterophyllum*), Moringa leaf extract (*Moringa oleifera*), Uva ursi leaf extract (*Arctostaphylos uva-ursi*).
OTHER INGREDIENTS: Gelatin capsule (*gelatin and water*) and Silica.



Supplement Facts

Serving size: 1 capsule (500 mg)
Serving per container: 60

Calories Per Serving		1.47
Amount Per Serving		% DV
Total Fat	0 g	0 %
Saturated fat	0 g	0 %
Trans fat	0 g	0 %
Total carbs	0.31 g	0 %
Dietary fiber	0 mg	0 %
Sodium	1.3 mg	0 %
VitalHealth Proprietary blend	500 mg	**
Jamaica grass powder (<i>Hibiscus sabdarifa</i>), Horsetail plant powder (<i>Equisetum arvense</i>), Dandelion root extract (<i>Taraxacum officinale</i>), Toad grass extract (<i>Eryngium heterophyllum</i>), Moringa leaf extract (<i>Moringa oleifera</i>), Uva ursi leaf extract (<i>Arctostaphylos uva-ursi</i>).		

* Percent daily value based on a 2000 calorie diet.
** Daily Value not established.

OTHER INGREDIENTS:
Gelatin capsule (*gelatin and water*) and Silica.

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DIETARY SUPPLEMENT

V- ITALAY



With extracts of Green Tea, Passionflower and Valerian, this combination of ingredients offers antioxidant properties and helps promote calmness, providing a respite of tranquility in your day to day life.

Ingredients:

Green tea leaf extract (*Camellia sinensis*), Passionflower extract (*Passiflora incarnata flower*), Valerian root extract (*Valeriana officinalis*), Mint powder (*Mentha piperita*), Cowboy tomb extract (*Ipomoea stans Cav.*) OTHER INGREDIENTS: Gelatin capsule (*gelatin and water*) and Silica.

It may help with: Cognitive And Neural Issues | Stress | Sleep Regulation | Anxiety



Supplement Facts

Serving size: 1 capsule (460 mg)
Serving per container: 60

Calories Per Serving		0.79
Amount Per Serving		% DV
Total Fat	0 g	0 %
Saturated fat	0 g	0 %
Trans fat	0 g	0 %
Total carbs	0.19 g	0 %
Dietary fiber	0 mg	0 %
Sodium	0 mg	0 %

VitalHealth Proprietary blend 460 mg
Green tea leaf extract (*Camellia sinensis*), Passionflower extract (*Passiflora incarnata flower*), Valerian root extract (*Valeriana officinalis*), Mint powder (*Mentha piperita*), Cowboy tomb extract (*Ipomoea stans Cav.*)

* Percent daily value based on a 2000 calorie diet.
** Daily Value not established.

OTHER INGREDIENTS:
Gelatin capsule (*gelatin and water*) and Silica.

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DIETARY SUPPLEMENT

V- GLUTATION



With Vitamin C, Glutathione, Turmeric, and Rosa de Castilla, it is your shield against free radicals and cellular damage.

Ingredients:

L-Glutathione (*Reduced form*), Turmeric root extract standardized to min. 95% Curcuminoids (*Curcuma longa*), Gallic rose extract (*Rosa Gallica*). OTHER INGREDIENTS: Gelatin capsule (*gelatin and water*) and Silica.

It may help with: Free Radicals | Heavy Metals | Cellular Nutrition



Supplement Facts

Serving size: 1 capsule (500 mg)

Serving per container: 60

Calories Per Serving		0.6
Amount Per Serving		% DV
Total Fat	0 g	0 %
Saturated fat	0 g	0 %
Trans fat	0 g	0 %
Total carbs	0.23 g	0 %
Dietary fiber	0 mg	0 %
Sodium	1 mg	0 %
Vitamin C	66 mg	73 %
VitalHealth Proprietary blend	432 mg	**
L-Glutathione (<i>Reduced form</i>), Turmeric root extract standardized to min. 95% Curcuminoids (<i>Curcuma longa</i>), Gallic rose extract (<i>Rosa Gallica</i>).		

* Percent daily value based on a 2000 calorie diet.

** Daily Value not established.

OTHER INGREDIENTS:

Gelatin capsule (*gelatin and water*) and Silica.

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DIETARY SUPPLEMENT

V- ASCULAX



The antioxidant properties of each natural ingredient may help you reduce inflammation, increase elasticity, dilation and protection of vessels by improving blood flow.

It may help with: Arterial Circulation | Blood Flow | Heart Health | Fluid Retention

Ingredients:

Artichoke extract (*Cynara scolymus*), Rosemary leaf extract (*Rosmarinus officinalis*), MSM (*Methylsulfonylmethane*), Horsetail plant extract (*Equisetum arvense*), Witch hazel leaf extract (*Hamamelis virginiana*), Goat's rue herb powder (*Galega officinalis*). OTHER INGREDIENTS: Gelatin capsule (gelatin and water) and Silica.



Supplement Facts

Serving size: 1 capsule (450 mg)
Serving per container: 60

Calories Per Serving		1.7
Amount Per Serving		% DV
Total Fat	0 g	0 %
Saturated fat	0 g	0 %
Trans fat	0 g	0 %
Total carbs	0.26 g	0 %
Dietary fiber	0 mg	0 %
Sodium	1.31 mg	0 %

Vital-Health Proprietary blend 530 mg **
Artichoke extract (*Cynara scolymus*), Rosemary leaf extract (*Rosmarinus officinalis*), MSM (*Methylsulfonylmethane*), Horsetail plant extract (*Equisetum arvense*), Witch hazel leaf extract (*Hamamelis virginiana*), Goat's rue herb powder (*Galega officinalis*).

* Percent daily value based on a 2000 calorie diet.
** Daily Value not established.

OTHER INGREDIENTS:
Gelatin capsule (gelatin and water) and Silica.

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DIETARY SUPPLEMENT

V- OMEGA 3



With a complete blend of Omega 3, Tocotrienols, EPA, DHA and Astaxanthin, natural ingredients that can help strengthen your neurons, reduce triglyceride levels and protect your cells from oxidative damage.

Other Ingredients:

Astaxanthin extract (*Haematococcus pluvialis*), Fish Gelatin, Glycerin, Purified Water.

It may help with: Neuron Strengthening And Cognitive Ability | Reducing The Risk Of Developing Arrhythmias | Cholesterol, Triglycerides, And Blood Sugar



Supplement Facts

Serving size: 3 capsules (2100 mg)
Serving per container: 90

Calories Per Serving		9
Amount Per Serving		% DV
Total Fat	0.9 g	1.1 %
Saturated fat	0.2 g	1 %
Trans fat	0 g	0 %
Total carbs	0 g	0 %
Dietary fiber	0 mg	0 %
Sodium	0 mg	0 %
Wild alaskan salmon oil	900 mg	**
Eicosapentaenoic acid (EPA)	570 mg	**
Docosahexaenoic acid (DHA)	285 mg	**
Vitamin E Isomers (As delta and gamma tocotrienols)	600 mg	**
Vitamin A (as Beta carotene and Alpha cardene)	150 µg	16 %
Vitamin D3 (as Cholecalciferol)	20 µg	100 %

* Percent daily value based on a 2000 calorie diet.

** Daily Value not established.

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It may help with: Appetite Control | Blood Sugar Regulation | Digestive System Health

DIETARY SUPPLEMENT

V- CONTROL



Our powerful formula based on natural ingredients such as Spirulina, Acerola, Lemon Balm, Hawthorn, and Nopal can help you feel satisfied for longer and maintain stable blood sugar levels, promoting a healthy digestive system.

Ingredients:

Organic Spirulina Algae powder (*Arthrospira platensis*), Acerola Extract (*Malpigia emarginata*), Lemon Balm Extract (*Melissa officinalis*), Mexican Hawthorn powder (*Crataegus mexicana*), Prickly pear powder (*Opuntia ficus indica*). OTHER INGREDIENTS: Gelatin capsule (*gelatin and water*) and Silica.



Supplement Facts

Serving size: 1 capsule (500 mg)
Serving per container: 60

Calories Per Serving		2.3
Amount Per Serving		
		% DV
Total Fat	0 g	0 %
Saturated fat	0 g	0 %
Trans fat	0 g	0 %
Total carbs	0.48 g	0 %
Dietary fiber	0 mg	0 %
Sodium	0.97 mg	0 %
Vital-Health Proprietary blend		500 mg **

Organic Spirulina Algae powder (*Arthrospira platensis*), Acerola Extract (*Malpigia emarginata*), Lemon Balm Extract (*Melissa officinalis*), Mexican Hawthorn powder (*Crataegus mexicana*), Prickly pear powder (*Opuntia ficus indica*).

* Percent daily value based on a 2000 calorie diet.

** Daily Value not established.

OTHER INGREDIENTS:

Gelatin capsule (gelatin and water) and Silica.

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DIETARY SUPPLEMENT

V-FORTYFLORA



Our innovative formula, backed by high quality natural ingredients, can help you balance your gut microbiota and promote tissue repair. OTHER INGREDIENTS: Gelatin capsule (*gelatin and water*) and Silica.

Ingredients:

Activated charcoal powder (*Derived from organic coconut shell*) and L-Lysine.
OTHER INGREDIENTS: Gelatin capsule (*gelatin and water*) and Silica.

It may help with: Repairing Intestinal Flora | Abdominal Bloating



Supplement Facts

Serving size: 1 capsule (500 mg)
Serving per container: 60

Calories Per Serving		1.47
Amount Per Serving		% DV
Total Fat	0 g	0 %
Saturated fat	0 g	0 %
Trans fat	0 g	0 %
Total carbs	0 g	0 %
Dietary fiber	0 mg	0 %
Sodium	1 mg	0 %
Magnesium sulphate	250 mg	60 %
Calcium carbonate	50 mg	3.84 %

VitalHealth Proprietary blend 206 mg **
Activated charcoal powder (Derived from organic coconut shell) and L-Lysine.

*Percent daily value based on a 2000 calorie diet.

**Daily Value not established.

OTHER INGREDIENTS:

Gelatin capsule (*gelatin and water*) and Silica.

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DIETARY SUPPLEMENT

V- ITADOL



The combination of Glucosamine Sulfate, Sarsaparilla and MSM as natural ingredients may help provide effective relief for injuries, arthritis and other musculoskeletal disorders.

Ingredients:

Glucosamine sulfate, MSM (*Methylsulfonylmethane*), Sarsaparilla root extract (*Smilax aspera*).
OTHER INGREDIENTS: Gelatin capsule (*gelatin and water*) and Silica.

It may help with: Injury Recovery | Pain And Inflammation | Arthritis | Chronic Conditions Due To Inflammation



Supplement Facts

Serving size: 1 capsule (530 mg)
Serving per container: 60

Calories Per Serving		1.67
Amount Per Serving		% DV
Total Fat	0 g	0 %
Saturated fat	0 g	0 %
Trans fat	0 g	0 %
Total carbs	0 g	0 %
Dietary fiber	0 mg	0 %
Sodium	1.31 mg	0 %
VitalHealth Proprietary blend	530 mg	**
Glucosamine sulfate, MSM (<i>Methylsulfonylmethane</i>), Sarsaparilla root extract (<i>Smilax aspera</i>).		

* Percent daily value based on a 2000 calorie diet.
** Daily Value not established.

OTHER INGREDIENTS:
Gelatin capsule (*gelatin and water*) and Silica.

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DIETARY SUPPLEMENT

V- TE DETOX



Botanical ingredients such as Persimmon Leaf, Mallow Leaf, Ginger and Chamomile may help stimulate the function of your organs for a gentle but effective cleanse.

Ingredients:

Persimmon leaf (*Diospyros kaki thunb*), Mallow leaf (*Malva sylvestris L.*) Prickly pear, Ginger (*Zingiber officinale*), Blessed thistle (*Carduus Benedictus*), Chamomile (*Chamaemelum nobile*), Marshmallow leaf.

It may help with:

- Toxin Elimination
- Weight Loss
- Cleansing Internal Organs



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DIETARY SUPPLEMENT

VITALAGE COLLAGEN

Hydrolyzed Collagen Peptides and Bone Broth may provide you with the essential building blocks for radiant skin and strong joints.

Ingredients:

Bioactive Hydrolyzed Bovine Collagen Peptides I, II, III (*Grass-Fed*), Hydrolyzed Marine Collagen Peptides (*Fish*), Natural Raspberry Flavor, Organic Dehydrated Beet Powder (*Beta vulgaris*), Bone and Connective Tissue Broth Powder, Vitamin C (*Ascorbic Acid*), Vitamin E (*Alpha-Tocopherol*), Resveratrol (*Polygonum cuspidatum*) (*Root*), Stevia Extract, Vitamin B7 (*Biotin*), Hyaluronic Acid, Astaxanthin (*Microalgae Extract*) (*Haematococcus pluvialis*), 95% Piperine Black Pepper extra (*Piper nigrum*) and Nicotinamide Adenine Dinucleotide (*NAD*). Contains: Marine Collagen (*Fish*)

It may help with:

- Healthy Skin
- Joint Strengthening
- Bone Strengthening
- Cardiovascular Health
- Digestive System Health

Nutrition Facts

30 servings per container	
Serving size	1 scoop (10 g)
Amount per serving	
Calories	38.4
% Daily Value*	
Total Fat 0g	0%
Saturated fat 0g	0%
Trans fat 0g	
Cholesterol 0 mg	0%
Sodium 0mg	0%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 9.6g	
Vitamin C 350mg	388%
Biotin 300mcg	100%
Vitamin E 150mg	1000%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS:

Bioactive Hydrolyzed Bovine Collagen Peptides I, II, III (*Grass-Fed*), Hydrolyzed Marine Collagen Peptides (*Fish*), Natural Raspberry Flavor, Organic Dehydrated Beet Powder (*Beta vulgaris*), Bone and Connective Tissue Broth Powder, Vitamin C (*Ascorbic Acid*), Vitamin E (*Alpha-Tocopherol*), Resveratrol (*Polygonum cuspidatum*) (*Root*), Stevia Extract, Vitamin B7 (*Biotin*), Hyaluronic Acid, Astaxanthin (*Microalgae Extract*) (*Haematococcus pluvialis*), 95% Piperine Black Pepper extra (*Piper nigrum*) and Nicotinamide Adenine Dinucleotide (*NAD*).

Contains: Marine Collagen (*Fish*)

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It may help with: Reduces Inflammation | Improves Skin Appearance | Enhances Muscle Recovery | Promotes Flexibility | Helps Maintain Heart Health

DIETARY SUPPLEMENT

V-CURCUMAX



Our advanced formula combines natural ingredients such as Turmeric (*Curcuma Longa*), MSM, Vitamin C, and Selenium, which work together to support joint health, reduce inflammation, strengthen the immune system, and protect cells from oxidative damage. Ensuring optimal absorption and providing comprehensive benefits for overall well-being and joint mobility.

Ingredients:

Turmeric Powder (*Curcuma Longa*), MSM (Methylsulfonylmethane), Vitamin C (*as Ascorbic Acid*) Selenium (*as Selenium amino acid chelate*). Other ingredients: Hydroxypropyl methyl cellulose (*vegetable capsule*), Magnesium Stearate, and Silicon Dioxide.



Supplement Facts

Serving Size 2 Veggie Capsules
Servings Per Container 30

Amount Per Serving	% Daily Value	
Vitamin C (as Ascorbic Acid)	60 mg	67%
Selenium (as Selenium amino acid chelate)	50 mcg	91%
Proprietary Blend	900 mg	*
Turmeric Powder (<i>Curcuma Longa</i>), MSM (Methylsulfonylmethane)		

*Daily Value not established.

Other ingredients: Hydroxypropyl methyl cellulose (*vegetable capsule*), Magnesium Stearate, and Silicon Dioxide.

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It may help with: Immune System Health | Reducing Respiratory Inflammation | Boosting Circulation | Alleviating Digestive Discomfort

DIETARY SUPPLEMENT

V- ITALBOOST



Our potent formula, enriched with natural ingredients such as Garlic Extract, Echinacea, Ginger, Turmeric, Cinnamon, and Vitamins C and D, may help support the immune system and provide antioxidant support. Additionally, it may help alleviate symptoms of rhinitis, tonsillitis, bronchitis, and sinusitis, promoting respiratory health and the body's inflammatory response.

Ingredients:

Garlic Extract (*Allium sativum*) (Bulb) , Echinacea Powder (*Aerial*), Vitamin C (*Ascorbic acid*), Ginger Powder (*Zingiber officinale*), Cinnamon Powder (*Cinnamomum verum*), Fenugreek Powder (*Trigonella foenum-graecum*) (Seed), Turmeric Powder (*Curcuma longa*), Cayenne Pepper Powder (*Capsicum annuum*) (Fruit), Vitamin D (*as Cholecalciferol*). Other ingredients: Hydroxypropyl methyl cellulose (vegetable capsule), Magnesium Stearate, and Silicon Dioxide.



Supplement Facts

Serving Size 2 Veggie Capsules
Servings Per Container 30

Amount Per Serving		% Daily Value
Vitamin C (Ascorbic acid)	150 mg	167%
Vitamin D (as Cholecalciferol)	20 mcg	100%
Proprietary Blend	844 mg	*
Garlic Extract (<i>Allium sativum</i>) (Bulb)	(from 120 mg of 1:1 extract)	*
Echinacea Powder (<i>Aerial</i>)		*
Ginger Powder (<i>Zingiber officinale</i>)		*
Turmeric Powder (<i>Curcuma Longa</i>)		*
Cayenne Pepper Powder	(<i>Capsicum annuum</i>) (Fruit)	*
Cinnamon Powder	(<i>Cinnamomum verum</i>)	*
Fenugreek Powder (<i>Trigonella foenum-graecum</i>)	(Seed)	*

*Daily Value not established.

Other ingredients: Hydroxypropyl methyl cellulose (vegetable capsule), Magnesium Stearate, and Silicon Dioxide.

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DIETARY SUPPLEMENT

VITAL PRO



Our revolutionary formula, enriched with an exotic combination of natural ingredients, boosts your energy and vitality.

Ingredients:

Whey protein isolate, Soy protein isolate, Hydrolyzed collagen peptides (from grass fed), Organic agave inulin, Cinnamon powder (*Cinnamomum zeylanicum*), Amylase, Protease, VITALHEALTH Vegetable and fruit Mix (Spirulina, Beet root, Broccoli, Spinach, Strawberry, Mango, Green apple, Blueberry, Noni, Red dragon fruit, Banana, Tomato, Grape), Cordyceps extract, Mangosteen extract, Maqui extract, ganoderma extract (*Ganoderma lucidum*), Shiitake extract (*Lentinula edodes*), Turmeric root extract standardized to min. 95% Curcuminoids (*Curcuma longa*), Omega 3 powder from Anchovy oil, Alpha lipoic acid, Afa algae (*Aphanizomenon flos-aquae*), Coenzyme Q10. OTHER INGREDIENTS: Natural vanilla flavor, Stevia leaf extract (*Stevia rebaudiana*), Silica.

It may help with:

- Digestive System Health
- Antioxidant Support At High Levels
- Cognitive Performance
- Skin Rejuvenation
- Immune System Health

Supplement Facts

Serving size: 1 scoop (20 g)		
Serving per container: 15		
Calories Per Serving		67
Amount Per Serving		% DV
Total Fat	1 g	1.2 %
Saturated fat	0 g	0 %
Trans fat	0 g	0 %
Total carbs	1 g	0 %
Protein	16 g	32 %
Dietary fiber	1 g	3.5 %
Sodium	95 mg	4.1 %
Vitamin A (as retinyl acetate)	230 µg	25 %
Vitamin C (as Ascorbic Acid USP)	76 mg	84 %
Vitamin D (as Cholecalciferol)	2 µg	10 %
Vitamin E (as d-Alpha Tocopherol)	30 mg	200 %
Vitamin K (as Vitamin K1 Phyttonadione)	6 µg	5 %
Vitamin B1 (as thiamine HCl)	9.9 mg	825 %
Vitamin B6 (as Pyridoxine HCl)	3.3 mg	194 %
Vitamin B12 (as cyanocobalamin)	3 µg	125 %
Riboflavin (Vitamin B2)	11 mg	846 %
Niacin (Vitamin B3) (as niacinamide)	5 mg	31 %
Biotin (as D-Biotin USP)	3 µg	10 %
Folate acid	165 µg	41 %
Pantothenic Acid	5 mg	100 %
Calcium	157 mg	12 %
Iodine	66 µg	44 %
Magnesium	40 mg	9.5 %
Zinc	13.2 mg	120 %
Selenium	66 µg	120 %
Copper	0.198 mg	22 %
Chromium	40 µg	114 %
Manganese	3.3 mg	143 %

* Percent daily value based on a 2000 calorie diet.



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Shop at: Vital Health with Valerie Norful

It may help with:

Boosting The Immune System | Increasing Energy And Focus | Supporting Bone And Muscle Health | Improving Digestion And Gut Health | Protecting Cells From Oxidative Damage | Supporting Insulin Production

DIETARY SUPPLEMENT

V-DAILY



Our unique and advanced V-Daily Multi-Vitamin Powder formula combines vitamins, minerals, inositol, and prebiotics in a fast-absorbing powder with a delicious lemon flavor. Its blend of Vitamins A, C, D3, and E with natural extracts strengthens the immune system and combats oxidative stress. The synergized B-complex boosts energy, metabolism, and focus, while inositol supports nervous system balance. Minerals like calcium, magnesium, and zinc help strengthen bones and muscles, and inulin with prebiotics optimizes digestion. With no added sugars and maximum bioavailability, V-Daily is the perfect supplement for a healthy lifestyle.

Ingredients:

Vitamin A (as palmitate, beta-carotene) synergized with annatto extract, Vitamin C (as ascorbic acid) synergized with organic amla extract, Vitamin D-3 (as cholecalciferol) synergized with Algas calcareas, Vitamin E (as d-alpha tocopheryl acetate) synergized with organic annatto extract, Vitamin K (as menaquinone) synergized with Algas calcareas, Thiamin (Vitamin B-1) (as thiamine mononitrate) synergized with guava, holy basil, and lemon extracts, Riboflavin (Vitamin B-2) synergized with guava, holy basil, and lemon extracts, Niacin (as niacinamide) synergized with guava, holy basil, and lemon extracts, Vitamin B-6 (as pyridoxine HCl) synergized with organic guava, holy basil, and lemon extracts, Folate (as folic acid) synergized with guava, holy basil, and lemon extracts, Vitamin B-12 (as methylcobalamin) synergized with brown rice protein, Biotin, Pantothenic Acid (as calcium pantothenate) synergized with organic guava, holy basil, and lemon extracts, Calcium (as gluconate, citrate) synergized with Algas calcareas, Iron (as gluconate) synergized with curry leaf extract (*Murraya koenigii*), Magnesium (as magnesium citrate) synergized with Algas calcareas, Zinc (as gluconate). OTHER INGREDIENTS: Organic inulin, Lemon pulp powder, Natural Lemon Flavor, Guar Gum, Citric Acid, Steviol Glycosides, Silicon Dioxide.



Supplement Facts

Serving Size: 1 Packet (5 g)
Servings Per Container 30

Amount per packet	% Daily Value	Amount per packet	% Daily Value
Calories 16		Proprietary Blend 1648 mg	†
Total Carbohydrate 3g	1%*	Dried Green Apple (Fruit), Dried Cherry Pulp (Fruit), Dried Blueberry (Fruit), Dried Broccoli (Flower Bud), Dried Carrot (Root), Dried Bilberry (Fruit), Rice Solids (Grain), Dried Acerola (Fruit), Dried Beet (Root), Dried Spirulina (Whole Plant), Dried Cauliflower (Sprout), Chlorella (Chlorella pyrenoidosa) (Pulverized), Cordyceps (Fruiting Body) Dried Extract, Cordyceps (Fruiting Body) Dried Extract, Dried Kale Sprout (Leaf), Maltase (Fruiting Body) Dried Extract, Dried Nettle (Urtica dioica) (Leaf), Dried Parsley (Leaf), Reishi (Fruiting Body) Dried Extract, Shitake (Fruiting Body) Dried Extract, Dried Spinach (Whole Plant), Dried Grape (Fruit), Dried Tomato (Fruit)	
Dietary Fiber 1g	3%*	Amino Acid Complex Blend 120 mg	†
Protein 1g		L-Alanine, L-Arginine, L-Aspartic, L-Cysteine HCl, L-Glutamic Acid, L-Glycine, L-Histidine, L-Isoleucine, L-Leucine, L-Lysine, L-Methionine, L-Phenylalanine, L-Proline, L-Serine, L-Threonine, L-Tryptophan, L-Tyrosine, L-Valine	
Vitamin A (as Vitamin A Acetate) 300 mcg	33%	D-Glucosamine HCl 63 mg	†
Vitamin C (as Ascorbic Acid) 90 mg	100%	Trace Minerals Powder (from Plant Extract) 26 mg	†
Vitamin D (as Cholecalciferol) 20 mcg	100%	Chondroitin Sulfate 25 mg	†
Vitamin E (as d-Alpha Tocopherol) 15 mg	100%	Inositol 25 mg	†
Vitamin K (as Phytonadione) 40 mcg	33%	MSM (Methylsulfonylmethane) 21 mg	†
Thiamin (as Thiamine HCl) 1 mg	83%	Prebiotic and Probiotic Blend 21 mg	
Riboflavin 1.1 mg	85%	[Including prebiotic: bet, FOS, Lactobacillus acidophilus, L. sporogenes (aka, Bacillus coagulans) (1 billion viable cells)]	
Niacin (as Niacinamide) 15 mg	94%	Amia biovanoids 15 mg	†
Vitamin B ₆ (as Pyridoxine HCl) 3 mg	176%	Beet Root Extract (rich in Dimethylglycine) 4 mg	†
Folate 165 mcg DFE (97 mcg folic acid)	41%	Coenzyme Q10 1 mg	†
Vitamin B ₁₂ (as Cyanocobalamin) 2.3 mcg	96%	Boron 210 mcg	†
Biotin (as D-Biotin) 30 mcg	100%		
Pantothenic Acid (as Calcium Pantothenate) 5 mg	100%		
Calcium (as Calcium Gluconate) 257 mg	19%		
Iron (as Ferrous Gluconate) 1 mg	6%		
Magnesium (as Magnesium Gluconate) 20 mg	5%		
Zinc (as Zinc Gluconate) 3 mg	27%		
Selenium (as Potassium Iodide) 60 mcg	109%		
Copper (as Copper Gluconate) 0.9 mg	100%		
Chromium (as Amino Acid Chelate) 40 mcg	114%		
Potassium (as Potassium Gluconate) 86 mg	2%		

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

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This product is not intended to diagnose, treat, cure or prevent any disease.



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DIETARY SUPPLEMENT

V- NITRO



Our nitric oxide precursor in dropper form combines a powerful blend of natural ingredients that will help support cardiovascular health, optimize physical performance, enhance nutrient absorption, and promote blood circulation, thanks to its antioxidant properties. This product is formulated to keep you energized and vital at all times.

Ingredients:

Bioperine® (Black pepper fruit extract, >95% piperine), Beet root extract (*Beta vulgaris*), Red spinach leaf extract (*Amaranthus dubius*), Organic moringa leaf powder (*Moringa oleifera*), Hawaiian noni extract (*Morinda citrifolia*), Citric acid, Stevia extract (*Standardized Extract 90% Steviosides*). Other Ingredients: Purified water, Vegetable glycerin (*Palm*), Orange flavor, Malic acid, Potassium benzoate, Potassium sorbate. OTHER INGREDIENTS: Purified water, Vegetable glycerin (*Palm*), Orange flavor, Malic acid, Potassium benzoate, Potassium sorbate.

It may help with:

Cardiovascular Health | Energy Increase And Physical Performance
Immune System Health | Libido | Cell Regeneration | Blood Pressure Regulation



Supplement Facts

Serving size: 2 Droppers (2.1 ml)
Serving per container: 20

Calories Per Serving		10
Amount Per Serving		% DV
Total Fat	0 g	0 %
Saturated fat	0 g	0 %
Trans fat	0 g	0 %
Total carbs	0 g	0 %
Dietary fiber	0 mg	0 %
Sodium	5 mg	0 %
Niacin (Vitamin B3)	16 mg	60 %
Thiamin (Vitamin B1)	12 mg	384 %
Potassium citrate	10 mg	0 %
L-Arginine HCl and L-arginine base	40 mg	**
L-Citrulline	25 mg	**

VitalHealth Proprietary blend 145 mg **
"Bioperine® (Black pepper fruit extract, >95% piperine), Beet root extract (*Beta vulgaris*), Red spinach leaf extract (*Amaranthus dubius*), Organic moringa leaf powder (*Moringa oleifera*), Hawaiian noni extract (*Morinda citrifolia*), Citric acid, Stevia extract (*Standardized Extract 90% Steviosides*).

* Percent daily value based on a 2000 calorie diet.

** Daily Value not established.

Other Ingredients:

Purified water, Vegetable glycerin (*Palm*), Orange flavor, Malic acid, Potassium benzoate, Potassium sorbate.



Conserve the environment,
Recycle or place the container in the trash.

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It may help with: Metabolism Health | Weight Loss | Appetite Control | Physical And Mental Fatigue

DIETARY SUPPLEMENT

V- THERMOKAFE



With L-Carnitine and Guarana, this combination of natural ingredients could help you transform fat into usable energy.

Ingredients:

Instant dark roast coffee (*Coffea arabica*), Guarana extract (*Paullinia Cupana*), Garcinia cambogia fruit extract (*Garcinia cambogia*), White willow extract (*Salix alba*), Green Tea (*Leaf*) Standardized Extract, Seaweed plant powder (*Fucus vesiculosus*), Organic Ginger Extract (*Zingiber officinale*), Panax Ginseng Root Extract (*Panax ginseng*), Yerba mate leaf (*Ilex paraguariensis*), Organic Cayenne Pepper (*Capsicum annuum*).

Supplement Facts

Serving size: 1 scoop (3 g)
Serving per container: 50

Calories Per Serving		7
Amount Per Serving		% DV
Total Fat	0 g	0 %
Saturated fat	0 g	0 %
Trans fat	0 g	0 %
Total carbs	1.2 g	0 %
Protein	0.5 g	1 %
Dietary fiber	0.6 g	0 %
Sodium	0 mg	0 %
Niacin (Vitamin B3) (as niacinamide)	25 mg	156 %
Pantothenic Acid	50 mg	1000 %
Chromium	3 µg	8 %
L-Carnitine	100 mg	**
L-Tyrosine	25 mg	**

* Percent daily value based on a 2000 calorie diet.

** Daily Value not established.

Ingredients:

Instant dark roast coffee (*Coffea arabica*), Guarana extract (*Paullinia Cupana*), Garcinia cambogia fruit extract (*Garcinia cambogia*), White willow extract (*Salix alba*), Green Tea (*Leaf*) Standardized Extract, Seaweed plant powder (*Fucus vesiculosus*), Organic Ginger Extract (*Zingiber officinale*), Panax Ginseng Root Extract (*Panax ginseng*), Yerba mate leaf (*Ilex paraguariensis*), Organic Cayenne Pepper (*Capsicum annuum*).



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It may help with: Metabolism Health | Stress | Concentration And Determination
| Mental Clarity And Calmness

DIETARY SUPPLEMENT

V- NEUROKAFE



This natural nootropic, in a powerful combination with natural ingredients such as Ganoderma and Ginseng, could help you stay more alert, improve concentration, maintain healthy energy levels throughout the day, and stimulate your digestive and cardiovascular systems.

Ingredients:

Instant dark roast coffee (*Coffea arabica*), Inuline, Bacillus coagulans (*Probiotics*), Ganoderma mushroom extract (*Ganoderma lucidum*), Ginseng extract (*Panax ginseng*) and Fulvic acid.
OTHER INGREDIENTS: Silicon dioxide.

Supplement Facts

Serving size: 1 scoop (3 g)

Serving per container: 50

Calories Per Serving		7
Amount Per Serving		% DV
Total Fat	0 g	0 %
Saturated fat	0 g	0 %
Trans fat	0 g	0 %
Total carbs	1.2 g	0 %
Protein	0.5 g	1 %
Dietary fiber	0.6 g	0 %
Sodium	0 mg	0 %
Vitamin B1 (as Thiamin)	25 mg	2083 %
Vitamin B6 (as pyridoxine HCL)	25 mg	1470 %
Vitamin B8 (as Inositol)	25 mg	**

* Percent daily value based on a 2000 calorie diet.

** Daily Value not established.

INGREDIENTS:

Instant dark roast coffee (*Coffea arabica*), Inuline, Bacillus coagulans (*Probiotics*), Ganoderma mushroom extract (*Ganoderma lucidum*), Ginseng extract (*Panax ginseng*) and Fulvic acid.

Other Ingredients: Silicon dioxide



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It may help with: Sexual Desire And Libido | Fatigue And Inflammation | Circulation By Promoting Relaxation Of Blood Vessels | Menstrual Cycle Regulation

DIETARY SUPPLEMENT

V- LOVKAFF



Formulated with natural ingredients like L-Arginine and Tongkat Ali, which could help you improve blood circulation, maintain a proper balance in your hormonal system, increase testosterone levels, and revitalize your intimate life.

Ingredients:

Instant dark roast coffee (*Coffea arabica*), Tribulus fruit extract (*Tribulus Terrestris*), Tongkat ali root extract (*Eurycoma longifolia*), Himalayan shilajit extract (*Asphaltum punjabianum*), Panax ginseng root extract (*Panax ginseng*), Organic maca root extract (*Lepidium meyenii*).

Supplement Facts

Serving size: 1 scoop (3 g)
Serving per container: 50

Calories Per Serving		7
Amount Per Serving		% DV
Total Fat	0 g	0 %
Saturated fat	0 g	0 %
Trans fat	0 g	0 %
Total carbs	1.2 g	0 %
Protein	0.5 g	1 %
Dietary fiber	0.6 g	0 %
Sodium	0 mg	0 %
L-Arginine HCl and L-Arginine base	30 mg	60 %

* Percent daily value based on a 2000 calorie diet.

** Daily Value not established.

Ingredients:

Instant dark roast coffee (*Coffea arabica*), Tribulus fruit extract (*Tribulus Terrestris*), Tongkat ali root extract (*Eurycoma longifolia*), Himalayan shilajit extract (*Asphaltum punjabianum*), Panax ginseng root extract (*Panax ginseng*), Organic maca root extract (*Lepidium meyenii*).



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DIETARY SUPPLEMENT

V- NRGY TROPICAL



A blend of vitamins and natural ingredients can support you in improving cognitive performance and a happy dose of long lasting natural energy.

Ingredients:

Mango powder, Natural mango flavors, Guar gum, Citric acid, DMAE bitartrate, Silicon dioxide, L-Carnitine L- Tartrate, Turmeric root extract standardized to min. 95% Curcuminoids (*Curcuma longa*), L-Theanine, Saffron Extract (*Crocus sativus*) (*stigma*), Guarana Seed (22% Caffeine), Pine bark extract (*Pinus pinaster*), Quercetin (*as quercetin dihydrate*), Green Tea 98% Extract, Green Coffee Bean Extract (*Coffea arabica*), Organic Cayenne Pepper (*Capsicum frutescens* L., 0.45% Capsaicin), Stevia leaf (*Stevia rebaudiana*).

It may help with:

- Natural Energy Increase
- Improving Mood
- Weight Loss
- Cognitive
- Performance



Supplement Facts

Serving size: 1 scoop (3 g)
Serving per container: 30

Calories Per Serving		41
Amount Per Serving		% DV
Total Fat	0 g	0 %
Saturated fat	0 g	0 %
Trans fat	0 g	0 %
Total carbs	1 g	0 %
Protein	0 g	0 %
Dietary fiber	1 g	3.5 %
Sodium	0 mg	0 %
Vitamin C (as Ascorbic Acid USP)	80 mg	88 %
Vitamin D3	20 µg	100 %
Niacin (Vitamin B3) (as niacinamide)	2 µg	12.5 %
Vitamin B6 (as Pyridoxine HCl)	2 mg	117 %
Vitamin B12 (as cyanocobalamin)	0.3 µg	12.5 %
Vitamin B1 (as thiamine HCl)	0.3 mg	25 %
Biotin (as D-Biotin USP)	0.3 µg	1 %
Magnesium	10 mg	2.3 %
Chromium	35 µg	100 %

*Percent daily value based on a 2000 calorie diet.

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DETOXIFIES

POSSIBLE BENEFITS OF THE INGREDIENTS:

- Decreases fluid retention.
- Prevents infection in the urinary tract.
- Kidney detox.
- Clean bile ducts.
- Liver detox.
- Promotes insulin production.
- Supports the regulation of blood sugars.
- Helps eliminate toxins in your body.
- Promotes weight loss and better weight management.
- Helps gently cleanse your internal organs.



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RESTORE

POSSIBLE BENEFITS OF THE INGREDIENTS:

- Repair of the intestinal flora.
- Reduces abdominal distension.
- Cognitive, neural problems.
- Supports blood flow.
- Promotes heart health.
- Fluid retention.
- Injury support.
- Support in pain and inflammation.
- Injury support.
- Arthritis support.
- Chronic conditions promoted by joint inflammation.
- Strengthens neurons and supports cognitive ability.
- Reduces the risk of developing arrhythmias.
- Maintains cholesterol and triglyceride levels and sugar in blood.



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NOURISH

POSSIBLE BENEFITS OF THE INGREDIENTS:

- Improve cardiovascular health.
- Provides greater energy and physical performance.
- Strengthen the immune system.
- Improve sexual health.
- Regenerate cells.
- Regulate blood pressure.
- Promote natural energy.
- Improve mood.
- Support weight loss.
- Promote better cognitive performance.
- Provide high levels of antioxidants.
- Improve cognitive function.
- Strengthen the immune system.



AWAKE

A COFFEE WITH PURPOSE

POSSIBLE BENEFITS OF THE INGREDIENTS:

- Accelerate your metabolism.
- Facilitate weight loss.
- Control appetite and increase resistance.
- Improve physical and mental fatigue.
- Increase sexual desire and libido.
- To reduce fatigue and inflammation.
- To regulate the menstrual cycle.
- Promote a healthy metabolism.
- Promote a state of concentration and determination.
- Improve mental clarity and tranquility.
- May provide anti-stress effects.



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NEW

QUANTUM BIO-ELECTRIC ANALYZER

Our advanced Quantum Analyzer evaluates up to **45 key functions of the human body**, providing personalized insights to enhance your well-being. Based on the analysis, it recommends tailored products designed to support and improve your health journey.

**Now with digital
with oximeter and
pulse rate!**



Ask our Vital Bot -
AskVital.com

Click To Hear Our
Testimonies

The Vital Experience

A Holistic Wellness Movement supporting a healthy lifestyle merging the most powerful channels of distribution where everyone can win!



Click to Watch

Why Vital Health?



- ✓ Founded in 2022 with Mexico base of operations.
- ✓ Pre-Launching in USA & Canada
- ✓ Vital Health owns all formulations & manufacturing
- ✓ Innovative, Relevant & Affordable Products
- ✓ Flexible Rewards Plan for the Affiliate, Influencer, Online Marketer and Direct Sellers
- ✓ Grew sales from \$500k/month in 2023 to \$5 Million/month in 2024

Holistic Wellness Solutions

Access products to help detoxify, restore, nourish & awaken your health journey using the latest nano-technology & adaptogens at affordable prices!

GET STARTED TODAY!



Valerie Norful
Independent Distributor
GET STARTED TODAY!

JOIN TODAY!