

Coniston and Crake Valley News

A photograph of a stone church tower, likely made of red brick or stone, with several arched windows. A vibrant rainbow is visible in the sky to the left of the tower. The sky is blue with some white clouds. The church tower is the central focus, showing its weathered texture and architectural details.

Coniston
&Crake
Churches

July 2022 www.conistonandcrakechurches.co.uk

The Coniston and Crake Valley Benefice

"To Grow, Witness and Love Like Jesus"

Serving the parishes of Colton, Coniston and Torver, Egton cum Newland and Lowick with Blawith

Revd Brian Streeter The Vicarage, Penny Bridge. LA12 7RQ	vicar@conistonandcrakechurches.co.uk <i>Brian works for Filling Station on Thursday</i> <i>Brian's rest day is Friday</i>	01229 861668 07505 048736
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To contact any of the Churchwardens, pastoral team, retired clergy or lay ministers please call or email the Administrator, Juliet.

Churches in Coniston and the Crake Valley

St Andrew's Church, Coniston LA21 8EN

St Luke's Church, Torver LA21 8AZ

St Luke's Church, Lowick LA12 8EE

Holy Trinity Church, Colton LA12 8HF

Church of St Mary the Virgin, Penny Bridge LA12 7RQ

Tottlebank Baptist Church, Colton LA12 8HY

Welcomes you to our Sunday services from 10.30 to 11.30am followed by refreshments, and midweek prayer meetings on Wednesdays at 7.30pm. The church building is usually open daily 10am – 4pm for visitors and for private prayer. Our moderator is Rev. Andrew Dodd. For further information contact Chris and Margaret Hamps, hampsc@outlook.com

Coniston Methodist Church, Coniston LA21 8ER

The Sunday morning service is at 11.00am and a warm welcome awaits you. For further information contact Joyce Holland on **015394 41594**.

St Francis of Assisi Church of the Sacred Heart, Coniston LA21 8AW

Mass is held on Thursdays at 10.00am and Saturdays at 5.00pm. For further information contact Father Matthew Jacob on **01229 779673**.

Pastoral Letter from Revd. Harry Welch

Dear friends,

The origin of the saying 'A picture paints a thousand words' is disputed. Some claim it was first said by an American salesman in the early 20th century. Others assign it to a Russian playwright in the 19th century; yet more claim China (Confucius) was the home of those who first heard the wisdom. Wherever it originated, the truth contained within the six words cannot be disputed. Images are powerful.

When Jesus spoke to people about the Kingdom of Heaven He regularly painted oral pictures to make a point. We know them as parables. Some of the most well known are The Parable of the Lost Sheep, The Parable of the Sower, The Good Samaritan and The Prodigal Son. Parables may seem simple however the messages they convey are deep and central to His teachings.

The aim was to use a simple, well known event, experience or action to reveal a deep spiritual truth. The Lost Sheep reveals God's love for us all and how he searches for us and brings us home to Him. The Parable of the Sower exposes the various responses made by those who hear His call. The Good Samaritan displays God's love as having no boundaries or barriers. The Prodigal Son warns of the folly of man's choices and the patience and love of the Father. Jesus ended the telling of the parable with these words, "Whoever has ears to hear let them hear".

The parables were not entertainment but Christian truths to encourage those who hear to evaluate their standing before God. If far off, then The Lost Sheep reveals God seeking to rescue. If having heard God's call, the Parable of the Sower demands an assessment of the depth of the response. The Good Samaritan asks us to explore the depth of our experience of God's love. If we walk by, past those in need or if we attempt to divide communities into 'them and us' groups then an adjustment in the working out of our faith is required. If we have tasted that the Lord is good but have turned our back upon Him and followed the ways of the world then the parable of the Prodigal Son has encouragement for us.

The parables illuminate the New Testament Gospels and can be found by a simple Google search. If having passed the above assessment test and we believe we have come through with flying colours then we must be careful not to fall into complacency. If we claim to be Christian, to own Jesus Christ as our Lord and Saviour then we too become parables as we live out our faith in a world which is quick to abandon Christianity and soak in the false comforts of the world. The Christian writer Henri Nouwen applauded church attendance as a source of spiritual refreshment, uplifting worship and a place of accountability. By simply going through the church door we are revealing we adhere to the Christian way of life. If that only exists for the hour in Church on a Sunday then those in the community in which we live will know the depth of our faith. God cannot be fooled and neither can the community.

What kind of parable are you? What is the message God you conveys through you by your thoughts, your words and your deeds? How could God use your life to bring others home to Him? If you are not a Christian, but know people who are, what message is God saying to you through them?

In Him,

Harry

Church Services for July 2022

3rd	Third Sunday after Trinity		
St. Luke Torver	9.00am	Bikers' Breakfast	Christian Motorcyclists' Association
St. Andrew Coniston	9.00am	Holy Communion	Rev Brian Streeter
St. Luke Lowick	9.30am	Morning Worship	Richard Wood
St. Mary Penny Bridge	11.00am	Holy Communion	Rev Brian Streeter
10th	Fourth Sunday after Trinity		
Holy Trinity Colton	10.00am	Holy Communion	Rev Brian Streeter
St. Andrew Coniston	11.00am	Morning Worship	Rev Joanna Henson
St. Mary Penny Bridge	11.00am	Holy Communion	Rev Harry Welch
17th	Fifth Sunday after Trinity		
St. Luke Torver	9.00am	Holy Communion	Rev Joanna Henson
St. Andrew Coniston	9.00am	Holy Communion	Rev Brian Streeter
St. Mary Penny Bridge	11.00am	Morning Worship	Rev Brian Streeter
24th	Sixth Sunday after Trinity		
St. Luke Lowick	9.30am	Methodist Service	Rev Jo Rand
Holy Trinity Colton	10.00am	Morning Worship	Donald Wroe
St Andrew Coniston	11.00am	Holy Communion	Rev Brian Streeter
St Luke Torver	7.00pm	Torver Junction	Rev Brian Streeter
31st	Seventh Sunday after Trinity		
Methodist Church Coniston	11.00am	Combined Service	Rev Brian Streeter & Christians Together in Coniston
St. Mary Penny Bridge	11.00am	Holy Communion	Rev David Bickersteth



*You are not finished when you are defeated;
you are finished when you give up.*

From the Registers

Funerals

26 th May	John Alfred Westall at St. Luke's, Lowick	Interment of Ashes
10 th June	Thomas Clegg at St Luke's, Lowick	Funeral

Baptisms

8 th May	Poppy Louise Edmondson	at St. Luke's, Lowick
26 th June	Poppy Faith Prothero and Jacob Kevin Prothero	at St Mary's, Penny Bridge

Colton Church Fete

**Colton Church Fete will take place on Saturday 16th July 2022
At 2.00pm at the school room and in the Church.**

Stalls include Tombola, raffle, cakes, plants, books and bric-a-brac

Refreshments

Children's activities and fancy dress

Admission £1.00

From the Editor

It's great to see the return of our wonderful and historic local shows at last - see pages 14 to 17 for the shows in our valleys over the summer. They are the culmination of months of hard work by volunteers and all have a slightly different flavour and atmosphere; whether it's sports, country pursuits, farming, equestrian and, of course, crafts and home produce there really is something for everyone - so it's well worth visiting them all if you can!

We've also got reports about all the Jubilee activities in the Benefice - and a few photos on the back cover; there were some great ones sent in so you can see them all on our website at:

www.conistonandcrakechurches.co.uk/images/gallery/Queens_Platinum_Jubilee_June_2022

The deadline for next month's edition is July 15th.

Juliet Caldwell, Editor

editor@conistonandcrakechurches.co.uk

07884 232281



AROUND THE PARISHES

Coniston and Torver

Rainfall, Garden House, Coniston, April 2022

Total - 114.1mm (4.5ins)

Wet days - 10

More than 1mm on 8 days

Wettest day - 5th - 28.2mm (1.1ins)

Frost on the 8th, 9th, 19th, 28th & 29th.

Caroline A. Metcalfe-Gibson

Capturing the past before it disappears:

Vernacular buildings between the Lakes and the Dales

The Ruskin Museum | 25th June - 4 Sept



'Limekiln, Beckstones' by Caroline A. Metcalfe-Gibson

The Ruskin Museum,

Coniston LA21 8DU

Tel: 015394 41164

www.ruskinmuseum.com

Open every day 10am - 4.30pm





Coniston
VINTAGE
Summer
SHOP
 22 JUNE - 2 OCTOBER
 OPEN 7 DAYS A WEEK 10AM - 6PM

14 STALLS SELLING ANTIQUES, VINTAGE & COLLECTABLES

CONISTON INSTITUTE, 15 YEWDAL ROAD, CONISTON LA21 8DU

Free entry

  Coniston Vintage Shop 07957 196184

Coniston C of E Primary School



The School Summer Fair is back on the 8th July!
 Donations of cakes and fancy dress costumes
 (washed) would be most gratefully received.



Coniston First Responders

Coniston 1st Responders are looking for a new Treasurer/Secretary. This role involves looking after the finances, attending and taking the Minutes at the monthly meetings (approximately an hour long), preparing and circulating the Agenda and Minutes prior to the meetings, and dealing with any correspondence. In total the workload shouldn't take more than an average of 30 minutes a week plus the time attending the meetings.

No actual responding is involved unless you wish to become a 1st Responder; new members are always needed and would be most welcome. The Coniston 1st Responders rely solely on volunteers so this role is unpaid, but being part of this Team is very rewarding. To discuss this further please contact:

Alex on **07751 589 356** or Judith on **07896 618 474** or Janice on **07799 001 719**

As mentioned in the above notice, the 1st Responders are looking for more volunteers to become responders (at the moment there are only 4 active members). They cover Coniston village and the surrounding area, attending to residents and visitors who have need of the Ambulance service. We are tasked to respond immediately to bring life saving treatment or simple reassurance and TLC. No experience is necessary as full training is given.

If you would be interested in becoming a volunteer and help keep this important service running, please contact as above to find out more information on how to become a 1st Responder.

Young at Heart - Coniston Sports and Social Centre

Every Thursday from 11am - 12 noon

A weekly get together comprising an hour of exercise followed by a light lunch.

Do you want to keep active? - Phone me, Nick Matthews on **07867 795395** or Pam Kirkbride **07840 271790** with any questions.



Coniston Celebrates

The whole community was invited to help shape the Platinum Jubilee Celebrations and this showed in the way that everyone made a real effort to decorate homes, businesses and to erect bunting in the streets. Children at the schools were provided with commemorative mugs.

Local organisations led the way, with Coniston Cricket Club, the Womens' Institute, Christians Together, the Mountain Rescue Team and the Sports and Social Centre all organizing highly successful events. All this and tree planting as well ... an exhausting weekend which was highly commended by the Lord Lieutenant when she visited on the Saturday. This was reflected in the wonderful atmosphere and vibrancy throughout the parish, an atmosphere which was reflected in positive comments from residents and visitors alike.

There are almost too many people to thank, but to all those who contributed ideas, time, effort and materials on behalf of the Coniston's residents, businesses and visitors I'd like to say a big THANK YOU!

Tracy Coward

Coniston Parish Council

WORDSWORTH'S DUDDON SONNETS EXHIBITION IN TEXTILES AND MIXED MEDIA

TORVER SCHOOLROOM JULY 22nd – 25th.

OPEN 10 – 4pm.

Refreshments

“STILL GLIDES THE STREAM”

WORDSWORTH'S JOURNEY DOWN THE RIVER DUDDON

Flax, a group of south Cumbrian textile and mixed media artists have created textile pieces in response to Wordsworth's 33 Duddon Sonnets as well as representing sections of the river itself. These pieces were commissioned by the Wordsworth Centre in Grasmere for the 200 year anniversary exhibition there.

The Torver Schoolroom has been fortunate in acquiring these pieces to exhibit once again from Friday July 22nd to Monday July 25th, from 10am to 4pm each day. This is a unique opportunity to see this lovely work close up and to meet some of the artists.

Refreshments will be available, with textiles and art pieces for sale throughout the exhibition. All donations will go to the upkeep of the Schoolroom.

We are indebted to the Flax group for giving so much of their time to ensure this is an enjoyable occasion, and we look forward to welcoming you to this very special exhibition.

Torver Schoolroom Committee.



Torver Jubilee

Torver had a really lovely evening lighting the beacon.

It all began with a party of volunteers transporting wood up to the fell to build the beacon and in the evening villagers met in the Schoolroom where they enjoyed delicious Pizza from Lee's van. Footage from the Queen's Coronation and Silver Jubilee was shown and some of her favourite music played.

Eric & Jason Hadwin kindly provided transport in their Landrover Defenders while others walked up to the beacon. Paul Holden, our bugler, played "Majesty" at 9.40pm with the beacon lighting at 9.45pm, this was a lovely community event.

Torver Parish Council

Egton cum Newland



Greenodd Village Hall Post Office times

Monday 12.15 - 4pm

Tuesday 9am - 12 noon

Friday 12.15 - 4pm

Jubilee Celebrations

The Jubilee celebrations at Greenodd and Penny Bridge were an absolutely fantastic success.

The afternoon started with a procession setting off from outside Greenodd Village Hall at 1.45pm.

The procession of over two hundred people was led by a 1926 Humber car, which was built in the year that the Queen was born. There was a carnival atmosphere as the procession made its way up to Penny Bridge School with flags waving, music being played & some singing.

At school there were fun sports & games for the children, a tombola & raffle. There were whole families enjoying the sunny afternoon, the sunny day had been booked way back in February and thank goodness it was delivered on time.

Thanks must go to Penny Bridge School for the use of their premises and the school staff for all their help, the Parish Council, the Poor Lands Trust, Lakeside and Haverthwaite Railway. Britannia Inn, Crakeside chip shop, Bakers Born & Bread, P D Hutchinson, Crakeside Meats, H.Armer & Son and everyone else involved with the planning; not forgetting those involved with refreshments.

Many comments on leaving were "what a great community event"- just what was needed following a long period of isolation.

Tom Watson

Egton WI

Well already the wonderful Jubilee weekend seems a long way behind us but what a time we all had. We would like to thank those of you who supported our royal tea party, we were sorry that we had to turn some people away but we catered for sixty as it was and I'm delighted to report that we have raised over £400 as a result for our charity Sunbeams. A rather splendid tea was enjoyed by all as was the accompanying bubbly! Our WI garden was decorated and enhanced with a floral crown and a new flamingo tree was planted as part of our celebrations.

Now we are back to our normal routine and had a good June meeting where our old friend Jennifer Snell came to talk to us about days gone by in the Ulverston area. Her talk was based on items she had read from very old newspapers which were archived where she used to work. How times have changed from the early 1800s, some for the better but equally some for the worse.

In July we look forward to hearing (or should I say tastings) from Shed Gin. Also that month we have our croquet evening planned so we will be praying for another nice sunny evening.

Let's hope we have a good summer and if anyone would like to come along to our meetings do get in touch (**01229 861954**) for more information and we will ensure that you are looked after.

Lowick and Blawith

Lowick Parish Council

At 7:30pm on **4th July 2022** Lowick Parish Council will be hosting the meeting of the **A5084 Road Safety Group** working party at The Lowick Community Hall. This was initially a joint working group set up between Blawith and Lowick Parish Councils; we are now extending the invitation to interested parties from Colton and ENMO to join the group.

The next meeting of Lowick Parish Council will start at 7:30pm on **Thursday 21st July 2022**, along with other business, councillors hope to re-start our Community Resilience Planning discussion. All Parishioners are welcome to attend.



Lowick Show Secretary needed

Our historic “La’al” Show is still without a Secretary. The rest of the committee are rallying round to keep the show on the road this year but they would love to hear from anyone who might be able to take on the role. Please email the committee on **secretary@lowickshow.co.uk** if you can help.

Lowick Jubilee Celebrations

The weather may have been a bit unpredictable but we enjoyed some wonderful events over the Bank Holiday. First a big thank you to all those who organized the beacon lighting on top of Lowick Beacon on Thursday evening. Quite a few braved the elements and made it to the top to toast the Queen as the fire was lit and then became clearly visible along with other beacons across the valley marking the occasion.

The picnic with UVHS Swing Band on the green on Friday afternoon was a huge success - many thanks to the Green Management Committee, the swing band and singers; the addition of the small steam train was a bonus for the younger children. It was wonderful to see so many people, young and old, gathered together catching up with friends and neighbours, chatting, laughing and enjoying the afternoon.

Finally, on Sunday a service was hosted at St Luke’s for the bottom end of the valley followed by refreshments in the Community Hall. Again, it was a lovely occasion to welcome back worshippers, some who hadn’t been able to attend since the Covid outbreak, and share fellowship.

Thank you to everyone who helped to make the celebrations so successful - we are truly blessed to live in such a friendly, caring community.

Water Yeat and Blawith Jubilee party.

What a wonderful day we all had, celebrating the Queens Platinum Jubilee on Saturday 4th June.

The sun shone brightly, the food was amazing, the children played, and everyone joined in to make the event such a special occasion.

So lovely to meet so many 'old' and 'new' faces. Just what we all needed.

Thank you all for coming, thank you all for contributing.

Here's to the next one!!

Mary Giles

Lowick, Blawith and Oxen Park Voluntary Car Scheme.

We are again driving when a request can be filled by a volunteer driver. For bookings or more information please call Marguerite on **01229 885498**.

Colton

Oxen Park News

Loads of fun was had over the Jubilee weekend with a Teddy Bears Picnic on the Friday and Fun activities on the Sunday including dog and child agility - well done the girls who beat the dogs! In response to this there will be a new Dog Club starting in August to encourage a bit more obedience!

OXEN PARK DOG CLUB:

Saturday 12noon OR Mondays 6pm for 45 minutes. £2. Email Carol if you're interested with preferred day/time for a 4 - 6 week course of fun with your dog. Precise dates will be notified to those interested. **crlmcneill@gmail.com**

Border Collie Puppies? Carol also has some pups which will need good active homes at the end of July. Contact Carol for more details.

Bouth Village Hall is having some restoration work carried out from w/c 18th July. The work has been paid for by grants and lottery funding; thanks very much to those concerned. A completion date has not yet been advised.

Colton Parish Council: Assets of Community Value

We want to know if you think we should renew these Assets of Community Value. We'd also like to know if you think other buildings, land or woodlands in our parish should be registered. If enough people believe that a particular place needs the protection of registering as an Asset of Community Value, the Parish Council can take the next steps.

Places currently registered in Colton are:

The Manor, Oxen Park

Stony Hazel woods

Rusland Reading Rooms

Yewbarrow woods

Glass Knott woods

To find out more see

<https://coltonparishcouncil.org.uk/assets-of-community-value-acvs/>

You can share your views, by emailing **clerk@coltonparishcouncil.org.uk** or speaking to your local Councillor.

Colton Parish Council welcomes public participation - to get involved come along to one of our meetings.

www.coltonparishcouncil.org.uk.

Rusland Horizons

Rusland Horizons have got workparties and events running every week in July.

For the full programme of events and how to book please go to **www.ruslandhorizons.org**

Reports

Brantwood News and Views

Our 2022 programme of exhibitions continues with 'Ruskin's Perspective: The Art of Abstraction, from 30th June in the Blue Gallery until 11th September. This exhibition draws on a cultural history of maths to explore 19th century scientific ideas about the relationship of things and their properties to each other. Continuing in the Studio is 'Swallows and Amazons: As Seen from Abroad' by the Arthur Ransome Trust featuring illustrations from his famous books which have been used in publications around the world. These subjects form the core of an exhibition rooted in the landscape around Brantwood, yet viewed from as far afield as Helsinki, Tokyo and Prague. On display until 9th August.

Don't forget: The Terrace Café has now launched a Brantwood Brunch menu, which includes teacakes, bacon buns, haggis butter toast amongst other delicious morning delights. Available between 10.00-11.30am. New lunchtime menu also now available (12.00-3.00pm).

Save the date: On Wednesday 10th August Illyria Open Air Theatre returns with a performance of J.M. Barrie's Peter Pan. Starts at 6.30pm. Tickets £15 (Student £12, Child £8.50)

For full details of all our exhibitions and events, please visit our website www.brantwood.org.uk. (Tel: **015394 41396**).

The Lake District Summer Music Festival

We are delighted to announce that tickets for this year's Lake District Summer Music Festival 29th July – 7th Aug are now on sale. From Hildegard of Bingen to Count Basie and beyond, there is a vast array of music to enjoy from the Elias String Quartet and National Youth Jazz Orchestra to the London Tango Quintet and pianist Pavel Kolesnikov amongst others. Don't miss the complete Bach solo violin works at Brantwood, arriving in style on the famous Lake Coniston Steam Yacht Gondola serenaded by accordionist Ryan Corbett. Our wildly popular family events are back, plus something for passionate walkers, art lovers and amateur musicians.

This year we mark the 150th anniversary of Vaughan Williams in our programme and our festival theme is *Exploration, Conservation and Landscape* inspired by Sinfonia Antartica and our UNESCO world heritage setting. Please visit www.ldsm.org.uk for full details and to buy tickets.

Friends of X112

Friends of the X112 hold coffee mornings every 3rd Thursday of the month, the next is on Thursday 21st July.

At St Mary's Church Hall opposite the Kiosk in Ulverston, between 10 - 12noon. Coffee/tea and a biscuit £1, toasted teacakes £1.



There will be a Ladies Fashion Show and Pop-up Shop on **Friday 15th July, 6.30pm.** at Rampside Village Hall. Tickets are £7 to include a glass of fizz.

Details for all events: Sue on **01229 869637** or Barbara on **01229 871243**.

CONISTON COUNTRY FAIR



SUNDAY 24th JULY 2022 FROM 11.30AM

CONISTON HALL - CONISTON - CUMBRIA

CRAFT MARQUEE

TRADE STANDS

**REFRESHMENTS OF ALL
KINDS**

LICENCED BAR

AMUSEMENTS



HOUNDS, BEAGLES, TERRIERS

& LURCHERS

HERDWICK SHEEP SHOW

FALCONRY DISPLAY

FELL RACE

CUMBERLAND & WESTMORLAND

WRESTLING

**A TRADITIONAL LAKELAND SHOW
FOR ALL THE FAMILY**



www.conistoncountryfair.co.uk

It's back ...

RUSLAND SHOW

SATURDAY 20 AUGUST 2022

Field opens 11:30 First event 12:20

Whitestock Meadow, Rusland LA12 8LB

Flowers, Vegetables, Home Produce,

Handicraft and Children's Exhibit

Competitions

Fell Races, Track Races, Hound Trails – **Cash Prizes**

Children's Competitions: Pet Show, Fancy Dress,

Obstacle Course, Children's Races

Craft Tent, Refreshments, Ice-Creams,

Local skills and crafts demonstrations

Free Circus skills workshops by Jesters

Tug of War (£100 1st Prize donated by The Manor House)

Music event after the Show!

ADMISSION: ADULTS: £5.00

CHILDREN under 16: £1.00

Contact: Maureen Boyren, Hill Park

Farm, Colton, Ulverston. LA12 8HP

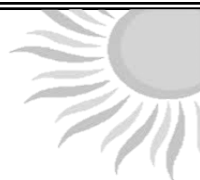
Telephone: 01229 885300

Email:

ruslandshowinfo@gmail.com

Website: **www.ruslandshow.org**

Find us on Facebook: Rusland Valley Horticultural Society Ltd





Lakeland Country FAIR



Join us for a fun day out for all the family!
Sunday 21st August 2022, starting at 12 noon | £5 Adult, £3 Child
Torver, Near Coniston, Cumbria LA21 8AU



Whats On:

Dog Shows

Fell Races

Displays and Demonstrations

Fell Pony's

Licensed Bar

Trade Stands

Refreshment Stands

BBQ

Crafts

WWW.LAKELANDCOUNTRYFAIR.CO.UK

LOWICK SHOW



Saturday 3rd September 2022

Our show is back!

***Come and join us for the
Lowick and District Agricultural Show!***

Our popular show is a celebration of the achievements of the local farming and wider community throughout the year.

There is a wide range of activities to interest everyone –

Livestock Classes, Home Produce, Horses,

Cumberland and Westmorland Wrestling and Hound Trailing.

There are Craft Tents and Trade Stands selling local produce.

There is entertainment for the children!

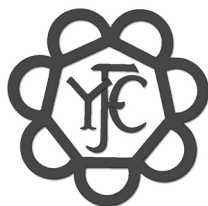
Refreshments are available as well as a Licensed Bar.

Adult £6 Under 16 £2.50 Under 5 Free!

Car Park Free! Postcode LA128EE

Find out more about our show on Facebook and

lowick.org.uk



YFC Southern District Field Day

Along with hundreds of other Young Farmers, parents, advisory members and supporters, Lowick Young Farmers gathered to enjoy a fantastic day of competitions on Saturday 21st May, at the Southern District's Annual Field Day. This year, it was held at Hartley Castle Farm, near Kirkby Stephen, by kind permission of the Dixon family and organised by Pennine YFC. This Field Day had been many years in the planning, with it first being due to take place back in 2020. We've been waiting over two years for the biggest event in the Southern District YFC calendar, so not even the changeable weather could dampen our spirits.

With nearly 100 competitions making up the Field Day, there's always something for everyone. As ever, Lowick members had been training and preparing hard over recent weeks, and managed to land some excellent results. Hayley Simpson's 1m x 1m display on the theme of Mary Poppins picked up first prize, as did Lucie Wilson and John Cook in the Open Log Saw competition, and Ben Cooper with the Club Programme, among many others, as well as a great showing for the club across the Stock Judging competitions. Lowick's team also picked up a much-coveted joint first in the Grand Finale which sees young farmers in fancy dress race against each other, and against the clock, to complete an improvised obstacle course made up of tyres, crawling nets, silage sheets, and a lot of water!

The Tug-of-War competitions were fiercely fought. Lowick's Men's and Junior teams came joint second in their leagues, just missing out on the knock-out round. Pennine YFC won the men's competition with their Juniors and Ladies' teams coming away with 2nd place, and Sedbergh YFC finished first in both the Junior and Ladies'.

A special competition this year was the Decorated 100th Birthday Cake, which was included in honour of Mrs Olive Clarke OBE, who is an Honorary Life Vice President of Cumbria YFC and NFYFC, and who celebrated her centenary on May 19th. Mrs Clarke became a young farmer in 1938 and remains to this day an enthusiastic and much-loved member of the Cumbria YFC family. Mrs Jan Davinson (former Cumbria YFC Chief Officer) was delighted to judge the competition and awarded 1st place to worthy winner Jess Black of Crook YFC.

Alex Dixon, the Field Day Chairman, commented on what a fantastic day it had been, thanking David and Sally Dixon for being such welcoming hosts. He went on to thank the Field Day Secretary, Jess Rogerson, Dance Secretaries Neil Curr and John Dent and Programme Secretary Becka Richardson for all their hard work and support. Alex also thanked the 220 judges and stewards who had helped to make the day such a success. Finally, the overall results were announced as follows:-

1st – Pennine (10,163), 2nd – Kent Estuary (10,007), 3rd – Grayrigg (9830), 4th – Sedbergh (9502), 5th – Lowick (9434), 6th – Crook (9196), 7th – Eden Valley (9186), 8th – Furness (8006), 9th – Cartmel (7881), 10th – Broughton (7242)

This saw Pennine YFC take home the Cock of the North Shield for Overall Field Day Winners.

A THOUGHT FOR THE MONTH by Rev. David Gregg

JULY : SABBATH REST

As part of my studies during our time at Lindal, I went to the wonderful Jewish Library in Manchester, and stayed with a Christian friend in Prestwich, where there is a prominent Jewish presence. I noticed that most of the Jewish gardens had a large metal arch over the gate, and asked why? My friend explained that the Sabbath regulations allowed certain tasks to be done within your own courtyard. The regulation is based on the concept of a house built around a *central* courtyard, and it is the last *arch* of your house which defines the area covered by the allowance. So, to enable certain gardening tasks to be done on the Sabbath, an arch over the gateway brought your garden within the regulations!

The Jewish predilection for law has led to some other classic examples. For instance, since it is forbidden to kindle a fire on the Sabbath, the Jews of Caesarea were told that, although it was okay to use the local hot springs for washing etc. on weekdays, they mustn't use them on the Sabbath because they were the result of Satan kindling the fires of hell, and blatantly breaking the Sabbath law!

But, just in case this seems to sound like a *Jewish* monopoly, Christians can be just as legalistic when it comes to keeping the Sabbath. The fishing boats in the Hebrides used to set out at one minute past midnight on Monday mornings, for instance. And a much loved lecturer at Tyndale, Dennis Tongue, once alarmed us considerably by poking fun at *us* on this matter in a devotional bible study on the first epistle of John. He was dealing with the statement that the man of God cannot sin (1 John 3:9). He said, "I suppose you lot think that you are alright because you don't let the milkman deliver milk on a Sunday. But the milk you take in on Monday was *distributed* on Sunday, and the milk you take in on Tuesday was *bottled* on Sunday, and the milk you take in on Wednesday was *collected* on Sunday, and the milk you take in on Thursday was *milked* on Sunday!"

With its *five* Sundays and the beginning of the general holiday season, July invites a 'thought' on the Sabbath and "rest". Its importance is highlighted at the very beginning of the Bible story:

"(God) rested on the seventh day from all the work that He had done. So God blessed the seventh day and hallowed it." (Genesis ch. 2 vv 2,3)

"The Sabbath is made for man, not man for the Sabbath," said Jesus. (Mark 2:27). It is meant as a day of blessing – of rest, recuperation and leisure. It is the first spiritual institution in the Bible, and the subject of the first *positive* commandment, "Remember the Sabbath day to keep it holy." (Exodus 20:8) It is the unique sign (and proof?) of *human* spirituality. Every other measure of time (Days – of which hours and minutes are sub-divisions, Months – the phases of the moon, and Years – marking the earth's orbit of the sun,) has its basis and counterpart in the natural world, and trees and flowers, animals, fishes and birds all live by them and relate to them. But there is nothing else in all creation that is geared to the seven-day Week, except humankind. And we particularly suffer if we ignore or desecrate the day of rest.

continued...

Christians have, of course, transferred the Sabbath to the day of Resurrection, the *first* day of the week. In the Jewish household, in Jesus' day, families or groups of friends would mark their Sabbath meal by sharing a special cup, called the Berakah cup – the “Cup of Blessing”. At the Last Supper it was *this* cup to which Jesus attached the rubric “As often as you drink it”.

The fact that He attached it to the actions with the bread *and* the wine, and carefully underlined the use of the Cup of Blessing as the ‘time-factor’ provides an essential clue. (i.e. that He was commanding His friends to hold a *weekly* commemorative meal of His coming sacrifice.)

This certainly became the *practice* of the early church, and, it is my sincere belief that all of us who claim to be Christ's disciples *should* do all we can to attend a weekly communion service, to mark ourselves out as those who truly understand the importance and blessing of the Sabbath.

Parish Prayer Diary - July 2022

1st: Pray for those recently ordained Deacon as they begin to serve in their assigned Mission Community across the Diocese.

2nd: Pray for bereaved parents.

3rd: **Sunday, the first day of the week**

Pray that God our Saviour look on this wounded world in pity and power and hold us fast to His promise of peace that passes all understanding won for us at Calvary.

4th: Pray for Bishop James and his Leadership Team meeting today.

5th: Pray for Chris Clark, the newly appointed Children, Youth & Community Worker at Coniston, as he settles into his new role and surroundings.

6th: Pray for today's Benefice Staff team meeting.

7th: Pray for all who work in the Care industry.

8th: Pray for Coniston Primary School Summer Fair.

9th: Pray for the small number of Christians in Somalia who secretly follow Jesus despite constant danger.

10th: **Sunday, the first day of the week**

May our loving God, who is the comforter and healer of the broken, teach us his ways of gentleness and peace, that through our prayers and witness the world may experience his Kingdom Life.

11th: Pray for The Children's Trust charity supporting children with acquired brain injury and neurodisability, and their families.

12th: Pray for local nurseries and childminders.

13th: Pray for those working within research to produce effective treatments against life-threatening diseases.

14th: Pray for young people exploring technical and vocational training that will give them skills for life.

15th: Pray for Rev Canon Rob Saner-Haigh, consecrated Suffragan Bishop of Penrith at a service in York Minster today.

16th: Pray for the UK Government.

17th: **Sunday, the first day of the week**

Pray our Heavenly Father will send upon his Church the riches of the Spirit that all who profess Jesus as Lord may serve in holiness and truth, to the glory of His name.

18th: Pray those in authority will implement solutions to the pressures on families in deprived areas.

19th: Pray those who feel disillusioned find purpose and fulfilment through the truth of Jesus (*John 10:10*).

20th: Pray for Crake Valley Friendship Club outing to Cleveleys.

21st: Pray for pupils, teaching and support staff as schools close for the summer break.

22nd: Pray for churches in deprived areas reaching out in gospel compassion with initiatives of practical help and support.

23rd: Pray for The Samaritans 'Talk to us' campaign encouraging everyone to become better listeners.

24th: **Sunday, the first day of the week**

Pray God may enable us to discern Him in all that we see and that refreshed and sustained by His presence and grace we may serve Him in all that we do.

25th: Pray the National Schizophrenia awareness day will challenge the stigma and discrimination surrounding this misunderstood illness.

26th: Pray for Christian politicians who seek to be a 'light and salt' influence in all they do.

27th: Pray for our local farming community.

28th: Pray for those suffering with Long Covid symptoms.

29th: Pray for all agencies working to stop the trafficking of people.

30th: Pray parents and God-parents will take seriously promises they make to nurture the Christian spiritual development of children they bring for baptism.

31st: **Sunday, the first day of the week**

Although our faith is small as mustard seed, pray our gracious God will use it to His glory and the growing of His Kingdom, within us and our communities.



Prayer Requests

The Benefice of Coniston and the Crake Valley consists of the five churches at Coniston, Torver, Lowick, Colton and Penny Bridge. The benefice has its own Pastoral Team who support the vicar, Revd. Brian Streeter in meeting the pastoral needs of the people in this extensive area. For example, in visiting and praying for those in need of support.

As part of this work, we consider it vitally important to continue in our prayer for the communities and individuals. As part of this effort we would welcome any prayer requests that you may have—for the sick, for the needy, or for whatever currently concerns you or that you wish to give thanks for.

Please send your prayer requests at any time to:

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SLDC UPDATE



MAY ELECTIONS At the Councillor elections in May for the new Westmorland and Furness Council, Suzanne Pender was elected on the Coniston and Hawkshead and Matt Brereton for High Furness. There will be a Shadow Council, running in parallel with SLDC and Cumbria County Council until April 2023, when it takes over. Tracy, Helen and Ian will remain as District Councillors and Matt will remain as County Councillor until then.

WINDERMERE FERRY There was a public consultation on 7th June, by Cumbria County Council in Bowness on the Mallard replacement. The specifications so far are that it will be Roll on, Roll off, Electric, has capacity for 15 cars and there will be a shelter for pedestrians. It is likely to be built within the next 2 - 3 years.

FINANCIAL SUPPORT SLDC is allocating a one off energy rebate payment of £150 to most properties in Bands A to D. Households will be receiving a letter shortly.

VISITOR MANAGEMENT The Tactical Visitor Management Group has put plans in action, in coordination with Safer Lakes. The 56 day rule for pop up camping and car parking has not been extended, but the 28 day rule still applies. As expected, the Park is less busy this year as overseas holidays restart. There is also a drop in visitors and spending as people are being more careful with their pennies and due to the escalating price of fuel. There will be problems with bad behaviours, littering and inconsiderate parking, so if you have any problems, please contact the Safer Lakes group on **help@lakedistrict.gov.uk**.

Contact us on **077784 30926**, if you have any queries/concerns or would like any more information.

Or ian.wharton@southlakeland.gov.uk, heather.troughton@southlakeland.gov.uk
tracy.coward@southlakeland.gov.uk

Stay Safe, Keep Healthy

Ian, Heather and Tracy

Prayer Hour

Monthly opportunity to meet for just one hour in Penny Bridge church, to pray for items posted on the prayer board, for the churches in our Benefice, for our communities, and for the wider world.

Next Prayer Hour will be **Wednesday 6th July, 10am-11am**.

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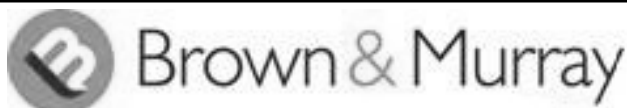
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What's On Guide - July

2 nd	24 Hour Restore, Black Beck	Rusland Horizons
4 th	A5084 Road Safety Group, 7.30pm	Lowick Community Hall
8 th	Coniston School Summer Fair	Coniston Primary School
12 th	Woodland Work Party	Rusland Horizons
15 th	Ladies' Fashion Show, 6.30pm	Friends of X112, Rampside VH
16 th	Wild and Well Fell Walk	Rusland Horizons
16 th	Colton Church Fete	Holy Trinity, Colton
21 st	X112 Coffee Morning, 10am - 12noon	St Mary's Hall, Ulverston
21 st	Lowick Parish Council meeting - public welcome - 7.30pm	Lowick Community Hall
22 nd - 25 th	Duddon Sonnets art exhibition, 10am - 4pm	Torver Schoolroom
24 th	Coniston Country Fair, from 11.30am	Coniston Hall
30 th	Walling Work Party	Rusland Horizons

What's On Guide - regular events

2 nd & 4 th Fri	Gifts & Talents: Art Group 10.30am - 12.30	Tottlebank Baptist Church
Tuesday	Volunteer Day 10am - 4pm and Community Lunch, 1pm prompt	Farmers' Arms, Lowick
Thursday	"Young at Heart" exercise and lunch, 11am	Coniston S&S Centre
Thursday	Volunteer Day 9.30 - 3.30pm	Brantwood Gardens
2 nd Tuesday	Egton WI, 7.30pm, new or prospective members welcome	Greenodd Village Hall
3 rd Tuesday	Coniston WI, 7.30pm, new or prospective members welcome	Coniston Institute
2 nd Wednesday	Bouth WI, 7.30pm, new or prospective members welcome	Bouth Village Hall
1 st Wednesday	Prayer Hour - 10 - 11am	St Mary's, Penny Bridge

