

Teaching a positive interrupter: By creating a strong connection to the positive interrupter sound/word.

- 1) Find a quiet space and sit with your dog.
- 2) Make the happy sound you want to use, like "ready" - something that's upbeat and can't sound gruff or angry.
- 3) Immediately pair the sound with a treat. Say the sound and then deliver a treat (it doesn't matter what your dog is doing).
- 4) Repeat this pairing many many times in different places over the next week. Keep practising randomly after that to reinforce the connection.

Over time, your dog will form a strong association with the sound and won't be able to resist stopping what they're doing and coming to you.

Positive Interrupter



Pair your positive interrupter sound/word with yummy treats

Blue Dog Canine Services