click + connect

Seeing Differently

Beyond Inclusion Towards A Just Human Lens



www.sensoryproject.org

sensory project

Welcome to Seeing Differently

We're really glad you're here.

Seeing Differently is more than an online course. It is a supported learning journey designed to give you time to learn, notice, reflect, connect and apply at a pace that allows ideas to develop rather than simply rushing through content.

Across three connected parts;

1. **Making Sense,**
2. **Shaped by Experience,**
3. **See the Pattern. Shape the Support.**

We'll invite you to explore sensory integration, participation and wellbeing through our Just Human lens.

Along the way, you'll encounter lived experience, practical examples, case-based learning and familiar Sensory Project tools including Sensory Ladders®, Sensory Spiders™, Sensory Grids™ and the PEAR TREE™ Lens.

But you won't be doing this alone.

Your flexible online learning is woven together with live tutor groups, where there is space to ask questions, share what you are noticing and learn alongside others. We'll also be introducing an optional Virtual Study Room for anyone who finds it helpful to set aside dedicated learning time and connect informally with others between the live sessions.

There is no expectation that you arrive knowing all the answers. In fact, throughout Seeing Differently, we'll encourage something quite different:

- **Notice more.**
- **Assume less.**
- **Ask differently.**
- **Stay curious.**

This little guide is here to help you find your way.

We'll take you step by step through accessing your learning, what happens during each part, preparing for your tutor groups, using the resources and completing the final application of your learning.
So, make yourself comfortable, have a look around, and when you're ready…

Let's start Seeing Differently.

Kath & Sensory Project Team



Before you get started...

You've joined the Seeing Differently course, now let's help you find your way around.

We know that starting a new course can sometimes come with lots of little questions:

- Where do I log in?
- Where will I find my learning?
- What do I need to complete before the live tutor group?
- When will the next part become available?
- Where can I find the resources?
- And who do I contact if I get stuck?

That's exactly what this guide is for.

Over the next few pages, we'll walk you through everything step by step, from accessing your learning for the first time to preparing for your live tutor groups and knowing what happens next.

A few things to know

💻 **Your online learning**
You'll complete your course content online, with time between sessions to explore, notice and reflect.

🗣️ **Your live tutor groups**
These are an important part of Seeing Differently and give us time to explore the learning together, ask questions and make connections.

☕ **Virtual Study Room**
Sometimes it's easier to make progress when you've deliberately set aside the time. Our optional Virtual Study Room will offer a shared online space where you can log in, work through your own Seeing Differently learning and enjoy the company of others doing the same.

There won't be a tutor or lecturer present, and no teaching will take place; think of it as a friendly, informal study space rather than another tutor group.

📖 **Keep this booklet somewhere handy.**
You can come back to it whenever you need a reminder of where to go or what happens next.

Ready? Let's get you logged in.



Step 1 | Let's get you logged in

Ready to begin? Here's how to find your learning.

1. Head to the Sensory Project website
Go to www.sensoryproject.org

2. Log into your account
Log in using the details connected to your course purchase or enrolment.

3. Open your Dashboard
Once you're logged in, you'll see your name in the top right-hand corner of the page.

Click on your name and select 'Dashboard New'.



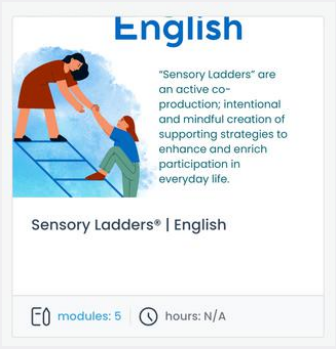
4. Find your learning
Welcome to your Dashboard!

This is your learning hub. Here you'll be able to see your courses, community chat spaces, orders and other resources connected to your account.

Find your learning and click 'Resume Learning'.

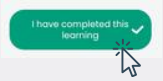
5. First stop, Sensory Ladders®
Before beginning Seeing Differently, you'll need to complete:

- **Sensory Ladders® | English**



Sensory Ladders® is a prerequisite for Seeing Differently, so if you haven't completed it yet, this is where you need to start.

Work your way through the learning and remember to click the green button at the end of each page to mark that section as complete.



Already completed Sensory Ladders®? Great, you can move straight on.

6. Find Seeing Differently
Once Sensory Ladders® is complete, select:

- **Seeing Differently | Part 1**

As you progress, Parts 2 and 3 will appear here when they become available. Each part unlocks once all of the previous learning has been completed.

7. Open your course module
Clicking **"Seeing Differently | Part 1"** will open the course module.
On the left-hand side, you'll see the content menu for that part of the course.

8. Find your Interactive Learning Space

From the menu, select:

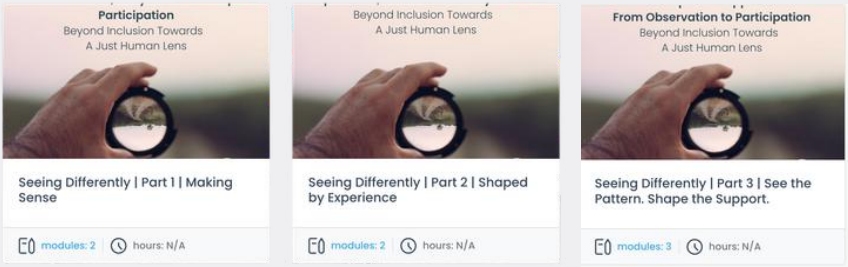
- **'Your Interactive Learning Space'**

You'll see a box that says:
'*Click here to start the course | Seeing Differently 1*'

Click here to open your interactive learning.

You're ready to begin!

Take your time, work through the learning in the order presented, and remember you can return to your Dashboard at any time and pick up where you left off.



Remember as you work your way through the learning to click the green button at the end of each page to mark that section as complete.



You're in! What happens next?

Once you've opened your Interactive Learning Space, you're ready to start working through the **Seeing Differently** course material.

The learning has been designed to be worked through in order, with each section building on what has come before.

Work through each section

Take your time as you move through the interactive learning. You'll find a mixture of videos, audio, activities, reflection, lived experience and practical resources along the way.

There's no need to complete everything in one sitting; you can leave and come back to your learning.

Remember to complete each section

As you work through the course, make sure you complete each section and any activities within it.

This is important because the platform uses your progress to know when you're ready to move forward.

Before your live Tutor Group

Each part includes learning to complete before you attend the associated live Tutor Group.

Giving yourself time to work through it beforehand means you'll arrive ready to explore, discuss, ask questions and build on what you've already discovered.

One part at a time

Seeing Differently has been deliberately designed as a progressive journey.

Complete Part 1 and its requirements before attending your Part 1 Tutor Group. Once this is complete, you'll be ready to move into Part 2 and follow the same journey before progressing to Part 3.

You don't need to rush. Give yourself space to notice, reflect and stay curious as you go.



Learn Together

Your online learning is only one part of Seeing Differently.

Each part of the series is followed by a live Tutor Group, giving you dedicated time to come together with your tutors and others on the course.

Before you join us

Please make sure you have completed all of the online learning and activities for that part before attending your Tutor Group.

The live sessions are designed to build on your learning, rather than repeat it.

What can you expect?

Tutor Groups are interactive and collaborative. We'll use the time to:

- explore ideas from the online learning
- think together through examples and case studies
- make connections between theory and practice
- share reflections, questions and different perspectives
- begin applying what you've learned to the people and settings you work with

There may also be activities that you're asked to bring with you from your online learning, so keep an eye out for these as you work through each part.

Come as you are

You don't need to arrive with all the answers.

Bring your questions, observations, and curiosity; the Tutor Group is a space to think, explore, and learn together.

Complete the learning → Join your Tutor Group → Move on to the next part



Keep your resources close

As you work through Seeing Differently, you'll come across resources, activities and tools to support your learning.

Some are there to help you explore an idea in the moment. Others are resources you may want to return to as your learning develops.

Where will I find them?

Resources are woven into your Interactive Learning Space, right alongside the learning they relate to.

When you see a resource or activity, take a moment to open it, explore it and follow the instructions before moving on.

Make them yours

You may find it helpful to create a little Seeing Differently folder on your computer or device.

Use it to keep:

- downloaded resources
- completed activities
- your own notes and reflections
- anything you'd like to revisit
- anything you've been asked to bring to your Tutor Group

That way, everything stays together as you move through Parts 1, 2 and 3.

One important thing...

Seeing Differently isn't about collecting lots of downloads.

The resources are there to help you notice, think, reflect and apply what you are learning.

Take what is useful, spend time with it, and come back to it when you need it.

Your resources are part of the journey, not just something to file away.



Stay connected along the way

Seeing Differently doesn't have to stop when you close your learning.

On your Dashboard, you'll also find our Community Chat Spaces. This is somewhere to stay connected with others as you move through the course.

A space to share and connect

You can use the community space to:

- share thoughts and reflections from your learning
- continue conversations sparked by a Tutor Group
- connect with others on the Seeing Differently journey
- share useful ideas and experiences
- celebrate those little "ah-ha!" moments along the way

You don't have to post or join every conversation. It's completely okay to simply have a look and engage in the way that feels comfortable for you.

A little reminder

Our Community Chat Spaces are peer connection spaces rather than live teaching or immediate support channels.

If you have a question about accessing your course, your booking or something technical, it's best to contact us directly so we can make sure it reaches the right person.

And, as always, please be mindful of confidentiality when sharing examples from your practice. Keep people anonymous and avoid sharing information that could identify someone.

Connect when it helps. Step back when you need to. Your learning journey is yours.



Need a little help?

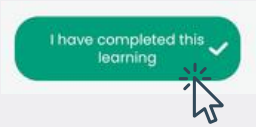
Sometimes technology has other ideas! Here are a few quick things to check if something doesn't look quite right.

I can't see Seeing Differently on my Dashboard

- First, check that you're logged into the same account/email address used for your enrolment.
- If it's still not there, get in touch with us, and we'll take a look.

Why can't I open Seeing Differently yet?

- Have you completed Sensory Ladders® | English?
  - Sensory Ladders® is a prerequisite for Seeing Differently and must be completed in full before you can progress.
- Check that you have clicked the green completion button at the end of each page.



Why won't Part 2 or Part 3 open?

- Seeing Differently works progressively.
  - You'll need to complete all of the learning and requirements for the previous part, including your Tutor Group, before the next part becomes available.
- I've completed something, but it isn't showing as complete
  - Go back into the section and check that you've reached the end and used any completion buttons or prompts.
    - If everything looks complete but your progress still hasn't updated, let us know.

I've forgotten my password

- No problem. Just click the magic link, and a sign-in link will come to you via email.
- You can then change your password in your account profile.
- Remember to check your junk or spam folder too.



I can't find my Tutor Group information

- Check the information sent to you via email about your course and your learning area first. The joining link is within your Seeing Differently Course Module in "My Learning".
  - Still can't find it? Get in touch with us before the session so we can help you find the right place.

What if I miss a Tutor Group?

- We know that sometimes life happens and plans need to change. If you're unable to attend your Tutor Group, please get in touch with us at hello@sensoryproject.org as soon as possible. We'll talk through what happens next and help you find the best way forward with your Seeing Differently journey.

When will I receive my certificate?

- Your certificate comes at the end of Seeing Differently Part 3b, once you have completed the full learning journey.
- As your final course activity, you'll be asked to submit a case study, bringing together and applying what you've learned across Seeing Differently.
- Don't worry, we'll guide you through what's expected when you reach Part 3b.
- Once your final case study and course requirements are complete, you'll be ready to receive your Seeing Differently certificate.



You're Ready!

That's everything you need to find your way around Seeing Differently.

You know where to find your learning, how to work through each part, what to expect from your Tutor Groups, where to find your resources and how to connect with others along the way.

Now it's time to begin.

Remember...

Take your time.
You don't need to rush through the learning.

Stay curious.
Notice what makes you pause, question, reflect or see something differently.

Come ready to connect.
Your Tutor Groups are where we bring the learning together — exploring ideas, asking questions and learning with one another.

Use the spaces around you.
Dip into the Community Chat Spaces, join a Virtual Study Room if dedicated study time helps, and come back to this guide whenever you need it.

Most importantly, there isn't an expectation that you finish Seeing Differently with a list of perfect answers.

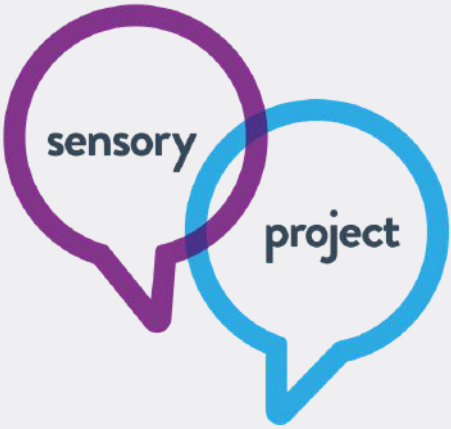
We hope you finish with more curiosity, different questions, new ways of noticing and greater confidence to shape support around the individual.

Ready to start?
Log in, *find* "Seeing Differently | Part 1," *open* your Interactive Learning Space, and *begin*.

We'll see you along the way.







www.sensoryproject.org