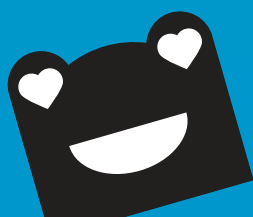




A look back through  
**SPRING TERM**  
Mar/Apr '26

Eat That Frog Group

**NEWSLETTER**



Welcome to our latest newsletter, packed with learner achievements, community spirit and exciting new opportunities. From work experience success and Easter fun to our new Connect to Work and Torbay Youth Hub programmes, there is plenty to celebrate across Eat That Frog. We hope you enjoy reading about the brilliant progress being made.

## Two New Programmes Supporting Torbay Residents

### Introducing Connect to Work and Torbay Youth Hub

We are pleased to introduce two new Eat That Frog programmes supporting people across Torbay to build confidence, develop skills and move closer to work, training or education.

**CONNECT TO WORK**  
Funded by **UK Government**

**Connect to Work** offers personalised employment support for adults aged 18+ who may need extra help to find and stay in work. The programme focuses on each person's strengths, goals and circumstances, with support including CVs, applications, interviews, employer contact and in-work support.

**Find out more here** <https://eatthatfrog.ac.uk/connect-to-work>



**Torbay Youth Hub** supports young people aged 16 to 24 with work, skills and wellbeing. It offers a friendly one-stop space for help with careers, training, mental health, housing, money, digital skills and independent living.

**Find out more here:** <https://eatthatfrog.ac.uk/youth-hub>

**Together, both programmes aim to remove barriers, open up opportunities and help people take positive steps towards their future.**

### Tara Takes Her Next Step

**CONNECT TO WORK**  
Funded by **UK Government**

Tara joined Connect to Work in March, hoping to return to employment after time away from paid work.

As a single parent, Tara needed a part time role that could fit around family life and offer the right support for her health needs. She already had experience in care and had recently been volunteering at Rowcroft, showing her commitment to helping others. With support from Connect to Work, Tara completed her vocational profile, updated her CV and applied for a part time Care Assistant role at a local care home. She was also supported to create a focused cover letter for the vacancy.

Tara was invited to interview and was offered the role. She has since started her training and is preparing for her first shift. Tara has also accepted in work support, meaning she will continue to have regular check ins as she settles into her new role.

**This is a fantastic step forward for Tara and a brilliant example of how the right support can help someone move back into work with confidence.**

## Colour Walk Brings Creativity to Exeter

**In March, five learners from ETF Exeter headed out with their tutors for a special Colour Walk around Exeter Quayside.**

The idea first came about during the winter months, when everyone was looking forward to brighter colours, warmer air and a little bit of spring happiness. Learner Louise suggested the Colour Walk and learner M then had the brilliant idea of giving each learner and staff member a colour to look out for and photograph during the walk.

We are very lucky to be so close to the beautiful and historic Exeter Quayside, which made the perfect setting for the activity. Although the spring air was not quite as warm as we had hoped, everyone enjoyed exploring the area, taking photographs and noticing the colourful details around them.

The walk had a relaxed and curious atmosphere, with learners chatting, sharing ideas and stopping to capture the colours they had been given.



Learner Support Coordinator, Chris, visited the centre to judge the Colour Walk photo competition. The winners were Billy, who took 1st place with his Open photo and received a £10 Amazon gift card, and M, who came 2nd with her Blue Bridge photo and received a £5 Amazon gift card.

Well done to everyone who took part. It was a lovely way to end a busy term and a reminder that brighter, warmer days are on the way.



# Post 16 - Newton Abbot

## Lilly Learns New Skills at Boots

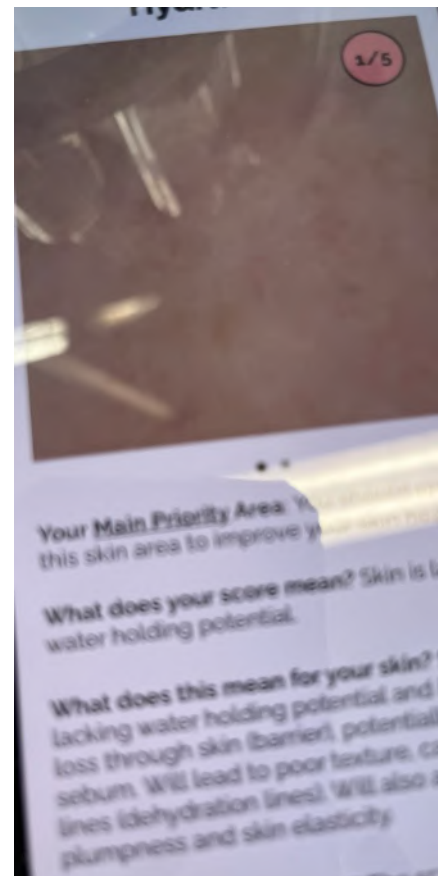
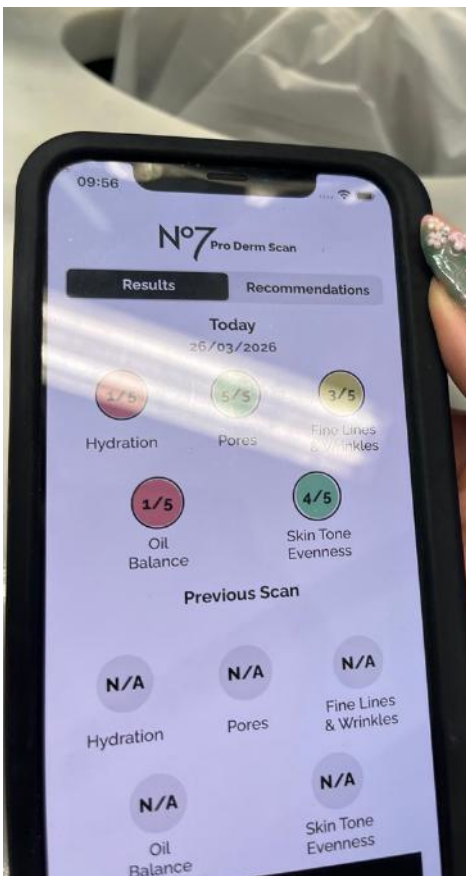
Learner Lilly has been enjoying her work experience at Boots, where she has had the chance to learn more about skincare and make up using the No7 range.

As part of her placement, Lilly was shown how to apply different products and understand more about the customer experience in a retail beauty setting.

Tutor Kerry kindly stepped in as the model, giving Lilly the opportunity to practise her new skills in a supportive and friendly way.

This has been a brilliant chance for Lilly to build her confidence, develop practical workplace skills and explore the beauty and retail industry in a hands on way.

Well done Lilly. It is lovely to see you getting stuck in and making the most of your work experience.



# Post 16 - Paignton

## Learners Take on the Tiny Duck Challenge

**Easter celebrations brought plenty of fun and laughter to the centre as learners and staff took part in The Greatest Duck Hunt.**

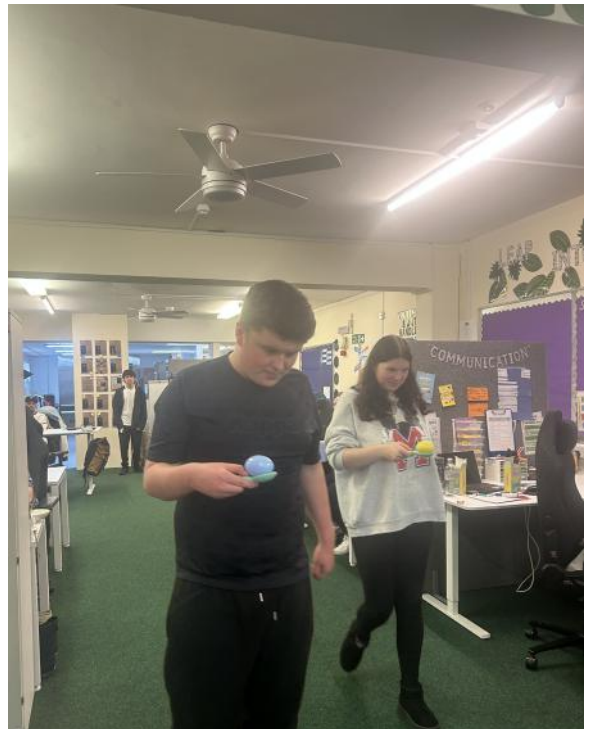
Hundreds of teeny tiny ducks were hidden across the centre for everyone to find. Daisy, who designed the hunt, made things even trickier by adding some extra rules. Learners could only take a duck if no one else saw them. If they were spotted, they had to forfeit the duck.

The Easter fun continued with team egg and spoon races, bringing out plenty of friendly competition and silliness.

Six prizes were awarded to the learners who collected the most ducks. Molly came in 1st place with an amazing 39 ducks, followed by Mily in 2nd place with 31. Preston took 3rd place with 19, Hayden and James shared 4th place with 18 each and Mia came 5th with 15.

Even those who did not win a prize still received a very prestigious certificate to celebrate their brilliant efforts.

Well done to everyone who took part and a big thank you to Daisy for creating such a fun and wonderfully silly Easter challenge.



# Post-16 - Plymouth Futures

## A Brilliant Opportunity at the Boat House

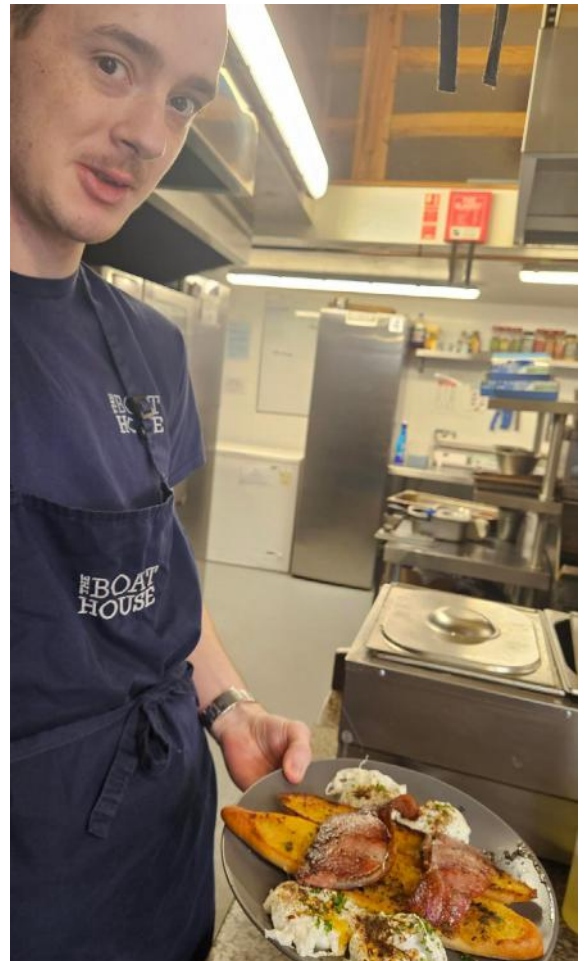
Alex has been given an exciting opportunity following a positive conversation with Ryan, the Operations Manager at the Boat House Restaurant.

During a lunch break, Ryan spoke with Alex about his future plans and aspirations. He also shared stories about friends who had worked as chefs in the RAF, including the challenge of feeding hungry Navy personnel.

The conversation led to Ryan offering Alex the chance to work paid hours at the Boat House during the Easter holidays. Alex responded really well to the offer and said he would speak with the Restaurant Manager, George, to arrange possible dates and times.

This was a big moment for Alex, who seemed both nervous and pleased about the opportunity. Ryan encouraged him to make the most of it and show that he is reliable, hardworking and able to work well under pressure.

This could be an important step towards future paid employment, and we are very proud of Alex for making such a positive impression.



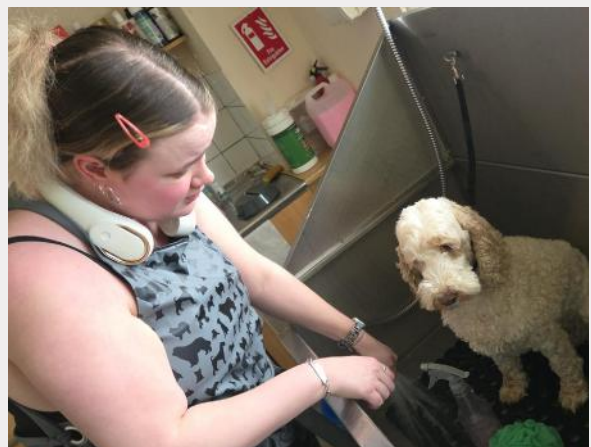
## Pawsitive Progress for Daisie

Daisie has done fantastically during her work experience once again. She washed Poppy, a normally white cockapoo with a habit of rolling in unpleasant things, showing care and patience around the areas Poppy does not like being washed. Poppy has grown to trust Daisie and is now much more settled when being dried.

Daisie was then asked to take the dogs out for a walk without staff support, so she could take photos for the website. She completed the task independently and even published the photos herself.

This was a huge achievement, especially as Daisie completed these tasks without her mum present and without her usual safe staff member or manager being at the doggy daycare centre.

Well done Daisie. What fantastic confidence, independence and care.



# Post 16 - Plymouth Pathways

## Plymouth Pathways Learners Shine at Work

Our Plymouth Pathways learners have been busy taking part in a range of external work experience placements, helping them build confidence, independence and skills for the future.

At the **Scrapstore**, learners have supported creative reuse projects, developing teamwork, organisation and a better understanding of sustainability in a real workplace.

Learners at the **National Marine Biological Library** have experienced a professional research setting, where they have built attention to detail and explored specialist career pathways.



Marine  
Biological  
Association



Bikespace



At the **Schoolwear Shop**, learners have helped clean and organise uniform as part of a community initiative. This has supported their understanding of responsibility, reliability and workplace expectations.

Meanwhile, learners at **Bikespace** have gained hands-on experience in bike maintenance, developing problem-solving skills, resilience and a real sense of achievement.

These placements give learners the chance to use their skills in meaningful ways, while also helping them think about their next steps in education, training or employment.

We are incredibly proud of the commitment shown by our Plymouth Pathways learners and would like to thank our partners for helping to create such valuable opportunities.

## Plymouth Pathways Opens Its Media Library

To celebrate World Book Day in March, our Plymouth Pathways centre officially opened their media library. This has been a fantastic group effort from learners and staff over the past few weeks. Learners have helped to create sign-up sheets, a tracking spreadsheet and their own individual library cards, building useful organisation and admin skills along the way.

Staff have also kindly donated books, DVDs and puzzles to help learners enjoy a wider range of media and activities.

We are excited to see the library grow over the next few months and would be very grateful for any further donations. A huge thank you to everyone who has helped make this happen.



## King's Trust Learners Bring Easter Cheer to Bellvue

**King's Trust learners Olly and Lily recently brought a little Easter cheer to Bellvue Care Home in Paignton, organising a thoughtful visit filled with activities, conversation and kindness.**

As part of their King's Trust Team Programme, Olly and Lily planned and delivered a range of Easter themed activities for residents to enjoy. The visit gave them the chance to put their teamwork, communication and planning skills into practice, while also making a positive difference in the local community.

During the visit, residents took part in an Easter quiz, which encouraged plenty of smiles, discussion and friendly competition. Olly and Lily also created Easter cards and positive messages, which were shared with residents throughout the home.

These small acts of kindness made a big impact. Residents warmly welcomed the visit and expressed their appreciation for the time, effort and care shown by the learners.

The visit was supported by Alex, Activities Coordinator at Bellvue Care Home, who accompanied Olly and Lily around the home and helped ensure that residents were included in the experience.



For Olly and Lily, the visit was a valuable opportunity to build confidence, engage with people of different ages and see the positive effect their actions could have on others. Community projects are an important part of the King's Trust Team Programme, helping young people develop real-life skills while giving something back to the places where they live.

It was a rewarding experience for everyone involved and a lovely example of how young people can bring energy, kindness and positivity into the wider community.

A big well done to Olly and Lily for representing Eat That Frog so brilliantly and thank you to Bellvue Care Home for giving them such a warm welcome.

***“The visit helped learners build confidence, practise communication skills and make a positive difference in their local community.”***

# Kings Trust TEAM Programme

## Could the King's Trust Team Programme be your next step?

**The King's Trust Team Programme is a free 12-week programme for young people aged 16 to 18 who are not currently in employment, education or training.**

It is designed to help young people build confidence, meet new people and gain new skills for the future.

### On the programme, learners can:

- Gain employer-recognised qualifications and certificates
- Take part in a community project
- Complete work experience in an area that interests them
- Improve their CV and interview skills
- Develop confidence, teamwork and communication skills
- Meet new people and try something different

The programme runs 5 days a week, from 9.30am to 4.00pm and is currently available in our Paignton. The course is Level 1 and lasts for 12 weeks.

## Eligibility

### You may be eligible if you are:

- Aged 16 to 18 (In school year 12 or 13 age group)
- Not in employment, education or training

**Young people are eligible once the school year in which they would have been in Year 11 has finished.**

No EHCP is required.

## Interested?

To find out more or enquire about joining the King's Trust Team Programme, visit:

<https://eatthatfrog.ac.uk/kingstrust>

or contact Eat That Frog on 01803 551551.



# TEAM PROGRAMME

Aged 16 - 18?



# BOOST YOUR CONFIDENCE

on our 12-week personal development programme



**TEAM**  **DELIVERY PARTNER**

**Gain Confidence | Work Experience  
New Skills | New Friends | Qualifications**

**Contact Number: 01803 551551  
Email: [info@eatthatfrog.ac.uk](mailto:info@eatthatfrog.ac.uk)**

**Location: Eat That Frog, Paignton  
Next Start: September 2026**

## International Opportunities Take Off in Cyprus

**It has been an exciting few weeks at Eat That Frog as we continue to grow our international opportunities through Turing funding.**

Over the past two weeks, we were proud to welcome our first group of Eat That Frog learners to Cyprus. They have now returned home after an amazing cultural experience, exploring historic towns, visiting local businesses and even crossing the border into Northern Cyprus.

The trip gave learners the chance to experience different communities, cultures and ways of life. Their itinerary included visits to Larnaca, Protaras, Lefkara village and Famagusta, alongside hands-on activities such as pottery workshops, cultural tours and work experience opportunities.



These experiences play an important role in helping learners build confidence, independence and real-world skills. They also give learners the chance to try new things, meet new people and see what they are capable of in a completely new environment.

And the journey continues.

We also welcome learners from ROC College, part of United Response, as they begin their own 15-day programme in Cyprus. We are looking forward to supporting them through what promises to be another memorable and meaningful experience.

A huge thank you to all the partners and staff who make these opportunities possible.

Subject to Turing funding next year, we hope to offer programmes in both Cyprus and Gran Canaria. Interested in finding out more? Please get in touch or complete the expression of interest form on our website.



# Adult Training - DPS

**We have been recently running some DPS (Dynamic Purchasing System) contracts funded by the DWP (Department of Work and Pensions). These contracts open up opportunities for our local community members to access advice and guidance. Recent contracts offered support to the homeless, young adults and the over 50s to help them with barriers in life. Names have been removed to keep anonymity.**

## T Builds Confidence Through Work Experience

T has been attending DPS Plymouth since November and has taken part regularly in sessions with Steve at the Plymouth Centre.

During his time on the programme, T has worked hard to build his employability skills. With Steve's support, he has developed his CV and learned how to present his skills and experience to potential employers. He has also explored the importance of covering letters and practised interview skills to help him feel more prepared for future job searches.

At the start, T found confidence and conversation difficult as he often felt nervous. Over time, he has made great progress, becoming more confident, motivated and ready to take positive steps towards work.

T has now secured a volunteering placement as a Warehouse Assistant with a company in Plymouth. This is a fantastic opportunity for him to gain real workplace experience in an area he is interested in while continuing to build his confidence.

Well done T. We wish you the very best in your new role.

## C Builds a Path Back into Construction

C joined the homelessness programme while sofa surfing and looking for support to move forward. He was keen to return to work in the construction industry but needed help to explore the right steps and rebuild his confidence.

At the beginning of the programme, C worked with Andreas before later being supported by Steve. Together, they looked at his goals, previous experience and the opportunities available to help him progress.

In the early stages, C was signposted to the SWAPS courses available at the centre, giving him a practical route to develop his skills and prepare for employment.

C was then given the opportunity to have his CSCS card funded through Exeter Jobcentre. This was an important step, as the card will help open doors to construction roles and support him in restarting his career.

C is now signed up to the qualification through Exeter Jobcentre and is in the process of gaining his CSCS card. With this support in place, he is taking positive steps towards work and building a more stable future.

**Reflecting on the programme, C said the experience had been “great”.**



**National Careers Service**  
Helping you take the next step

Eat That Frog 

# WORKSHOP

# GET A CV

HERE

## EVERY MONDAY!

**CV WORKSHOP**  
10.00 - 12.00PM

**POP IN TO FIND OUT MORE!**

**NEED A CV?**  
JOIN OUR CV WORKSHOP

**NEED CAREER ADVICE?**  
DROP IN AND SEE US!

**EAT THAT FROG,**  
91 UNION STREET,  
TORQUAY, TQ3 1DG




Looking for work in construction or labouring?  
Our construction programme could help you get back on track



# CONSTRUCTION PROGRAMME

**OPEN TO TORBAY RESIDENTS 19+\***

*A Construction Programme designed to support people aged 19+ and over who are claiming benefits and looking for a job.*



Giving you the chance to build skills, gain qualifications, experience and learn more about working in a specific industry, all while getting support to apply for real job opportunities at the end of the programme.

|               |                                                                                                                                                                                                                                                                                                         |
|---------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Level         | Level 1                                                                                                                                                                                                                                                                                                 |
| Times         | 9.30 - 3.30                                                                                                                                                                                                                                                                                             |
| Course Length | 2 Weeks                                                                                                                                                                                                                                                                                                 |
| Delivery Type | Face to Face                                                                                                                                                                                                                                                                                            |
| Location      | Eat That Frog<br>91 Union St, Torquay,<br>TQ1 3DG                                                                                                                                                                                                                                                       |
| Dates         | 6 <sup>th</sup> - 17 <sup>th</sup> October '25<br>1 <sup>st</sup> - 12 <sup>th</sup> December '25<br>12 <sup>th</sup> - 23 <sup>rd</sup> January '26<br>16 <sup>th</sup> - 27 <sup>th</sup> February '26<br>16 <sup>th</sup> - 27 <sup>th</sup> March '26<br>4 <sup>th</sup> - 15 <sup>th</sup> May '26 |

- Employability**  
Discover what employers look for when applying for construction or labouring roles. Get help with your CV, cover letters, job applications and mock interviews.
- CSCS Card**  
Take the test to gain your CSCS card to give your new career a kick start!
- Construction safety**  
Health and safety is a crucial part of any role but even more so in construction sites. Explore the best practices of keeping safe in your new role.
- Starting work onsite**  
Discover what to expect when you start. Go into your new role with a new found confidence.
- Meet employers**  
Meet local employers who are actively recruiting for construction roles.

**For more information:**

01803 551551

info@eatthatfrog.ac.uk

www.eatthatfrog.ac.uk

SCAN HERE!

The Learning Curve



# LE@P

## OUTSIDE THE BOX!

A fully funded, Plymouth based, six week programme for 16-18 year olds

LE@P is perfect for you if you want to build confidence, learn new skills and take steps towards employment or further training.

**WHAT'S INVOLVED?**

- > Group sessions and 1:1 support
- > Work Preparation
- > Health & Wellbeing support
- > Money and budgeting help
- > Digital Skills

**WHY JOIN?**

Gain valuable skills and work experience, get help with job searching and applications, build confidence and overcome barriers whilst getting support every step of the way.

**START HERE**



**MORE INFORMATION**  
01803 551551  
www.eatthatfrog.ac.uk | info@eatthatfrog.ac.uk

Department for Education





# TEAM PROGRAMME

Aged 16 - 18?

## BOOST YOUR CONFIDENCE

on our 12-week personal development programme

**TEAM**



**DELIVERY PARTNER**



**Gain Confidence | Work Experience**  
**New Skills | New Friends | Qualifications**

**Contact Number:** 01803 551551  
**Email:** info@eatthatfrog.ac.uk

**Location:** Eat That Frog, Paignton  
**Next Start:** September 2026



**Eat That Frog**

✓ I can do that!

**CONNECT TO WORK**

Funded by **UK Government**

Torquay - Paignton - Brixham

**Connect to Work** is a **free** employment support programme for people living in Torbay who want to work but need the right support to get there.

Helping people move into paid, meaningful jobs with personalised one-to-one support from Eat That Frog CIC and I Can Do That CIC

**Real jobs. Right support. At your pace**

**Who it is for?**

Adults who face barriers to work, including:

- Health conditions or disabilities
- Mental health challenges
- Caring responsibilities
- Housing or life instability
- Past experiences that make work harder to access
- You do not need to be "work ready" to take part.

**COMMUNITY ORGANISATIONS**

If you support people who want to work but face barriers, you can refer into Connect to Work.

We work alongside health services, housing teams, VCSE organisations and community groups to provide joined-up, person-centred support.

**What support looks like?**

- One-to-one support from a dedicated Employment Specialist
- Help to explore the right kind of work for you
- Support with job searching, applications and interviews
- Ongoing help once you start work
- Paid jobs only, no unpaid placements

Support is flexible and works at your pace

**Want to work but don't know where to start?**

**START HERE**

Phone: 01803 551551  
Email: info@eatthatfrog.ac.uk  
www.eatthatfrog.ac.uk/connect-to-work

working with **TORBAY COUNCIL**

**Devon County Council**

**Youth Hub**

**Eat That Frog**

**NEED SUPPORT WITH WORK OR LIFE?**

If you're 16-24 and live in Torbay, the Youth Hub is here to support you with work, money and your wellbeing.

**We can help you with:**

- Housing & independent living skills
- Employment & applications
- Digital skills
- Health and wellbeing
- Money & Budgeting

Try the Youth Hub if you need support moving towards work, education or training or overcome barriers like low confidence, mental health challenges, housing worries or lack of experience.

**WHAT TO EXPECT**

- One-to-one support
- Friendly mentors
- About 1 hour per session
- Support up to 6 months

**Ready to get started?**

**Sign up today**

Scan the QR code, drop in or visit our website

**01803 551551**

www.eatthatfrog.ac.uk

**Your next step starts here.**

**Your space. Your future. Your Next Step.**

working with **TORBAY COUNCIL**

**Department for Work & Pensions**

## Current Programmes

Click on each one to find out more

**Torbay**

**Connect To Work**

**National Careers Service (19+)**

**SWAPs (19+)**

**Digital Skills (19+)**

**King's Trust (16-18)**

**Construction Programme (19+)**

**Youth Hub**

**Newton and Exeter**

**Essential Employment Skills (16+)**

**Plymouth**

**LE@P (16-18)**

## Dates for Your Diary

**22nd May '26**  
**Last Day of Term**

**25th May '26**  
**Spring Bank Holiday**

**25th - 29th May '26**  
**Half Term**

**1st June '26**  
**1st day of Term**

**24th July '26**  
**Non pupil day**



Eat That Frog  
Group



[eatthatfrog.ac.uk](http://eatthatfrog.ac.uk)

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[info@eatthatfrog.ac.uk](mailto:info@eatthatfrog.ac.uk)

Plymouth, Torquay, Newton Abbot, Paignton  
and Exeter

