

3
WEEKS
LEFT

COLLECT THE RANGE

SPAR

FULL CREAM MILK

LONG LIFE

UHT PROCESS

Sourced from South African Farmers

6 x 1L

BUY one for a BONUS sticker!

SPAR Long Life Full Cream, Low Fat or Fat Free Milk (Excl. Lactose Free) 6 x 1 litre

89⁹⁹ per pack

Save R15

AS SEEN ON TV

NEW IMPROVED FRAGRANCE

Sunlight 5in1

Handwash Powder

2 kg

Sunlight Hand Washing Powder 2 kg Assorted

56⁹⁹ each

Save R13

UNLEASH
YOUR INNER CHEFTM
with **nutrifresh**

Ends 8 November 2026

nutrifreshTM is a registered trademark used under license by TCC Global N.V.
Ts & Cs apply.

COMPLETE YOUR COLLECTOR'S CARD TO REDEEM

Retail Price R399.99

Discounted Price:

79⁹⁹

19cm Cook's Knife

COLLECT 30 STICKERS

Shop, chop, slice and dice your way to **80% OFF** **nutrifresh** Kitchen Essentials.



BUY one for a BONUS sticker!

SPAR French or Chicken Polony 2 kg Assorted

49⁹⁹ each

WITH RewardsCARD

SPAR

TOILET TISSUE

SUPER SOFT & SUPER STRONG

18 ROLLS

300 SHEETS PER ROLL

SPAR Mini Toilet Tissues 1 ply 18s

58⁹⁹ per pack

WITH RewardsCARD

SPAR

SUPER MAIZE MEAL

Naturally High in Energy

Source of Vitamins & Minerals

Source of Dietary Fibre

12.5 kg

SPAR Super Maize Meal 12.5 kg

86⁹⁹ each

WITH RewardsCARD

BUY one for a BONUS sticker!

48 Biscuits

VEET-BIX

WHOLEGRAIN WHEAT BISCUITS

High in Fibre

High in Vitamins B1, B2 & B6

Source of Iron

Bokomo Weet-Bix 900 g

49⁹⁹ each

Save R15

SPAR

FROZEN CHICKEN

MIXED PORTIONS WITH A BRINE BASED MIXTURE

5 kg

SPAR Frozen Chicken Mixed Portions 5 kg

189⁹⁹ per pack

WITH RewardsCARD

YOUR BUTCHER

FARMHOUSE WORS

100% BEEF

100% PORK

100% CHICKEN

100% TURKEY

100% VEAL

100% LAMB

100% RABBIT

100% BUNNY

100% PHEASANT

100% QUAIL

100% DUCK

100% GOOSE

100% SWAN

100% CRAN

100% TURKEY

100% BUNNY

100% PHEASANT

100% QUAIL

100% DUCK

100% GOOSE

100% SWAN

100% CRAN

Your Butcher By SPAR Farmhouse Wors

99⁹⁹ per kg

MA_SSR5972_1

SPAR





Real Value

on your Family Favourites



SPAR
Country Value
Banana Mini Box
1.2 kg

35⁹⁹
per box



SPAR
Country Value
Beetroot
3 kg

29⁹⁹
per pack



SPAR
Country Value
Half Cabbage
& Carrot

11⁹⁹
per pack



BUY ALL FOR
100⁰⁰
per combo

SPAR Country Value
Potatoes 1 kg
+ Onions 1 kg
+ Tomatoes 1 kg
+ Carrots 1 kg



Bulk Baby Hake
(Frozen)

69⁹⁹
per kg



Bulk Beef Liver
(Previously Frozen)

49⁹⁹
per kg

Bulk Chicken Leg
Quarters
(Previously Frozen)

64⁹⁹
per kg



SPAR
Country Value
Iced Cake Assorted each
+ Sparletta, Twist,
Fanta, Sprite or
Stoney (Incl. Zero Range)
1.5 litre

BUY BOTH FOR
70⁰⁰
per combo



SPAR
Country Value
Chelsea Buns
6s

25⁹⁹
per pack



CLASSIC
WHITE BREAD

Blue Ribbon
Classic
White Sliced Bread
700 g

17⁹⁹
each

WITH RewardsCARD



SPAR
Country Value
Raisin Loaf

16⁹⁹
each

Super Value, Ready Meals

Fresh & Convenient

Chicken Leg Quarter
and 200 g Pap



SERVING SUGGESTIONS

39⁹⁰
per meal



Chikka Chicken
6 Meal
(2 x Thighs, 2 x Drums,
2 x Wings) and
100 g Chips



ATE & LEFT NO CRUMBS

SERVING SUGGESTION

124⁹⁰
per combo



SPAR Rewards deals available while stocks last.

Maximum 10 deals per customer on all **SAVE EXTRA** products. **SAVE EXTRA** products are only **available in-store** and not on the SPAR2U App.
Special available at selected SPAR and SUPERSPAR (Excluding KWIKSPAR and SPAR Express stores). Promotion valid from **19 October** up to and including **08 November 2026**, while stocks last.
We reserve the right to limit quantities. Prices include VAT. Please visit your nearest store to see if these specials apply.
Not available in Western Cape, Eastern Cape, KwaZulu-Natal, Upington, Keimoes, Lowveld, Belfast, Limpopo and Pretoria. Errors and Omissions Excepted (E&OE).

COLLECT

Fill your collector's card
with **30 stickers** to redeem.



Freezer and Fridge Super Savers



LOVE IT? SPAR GETS IT DELIVERED 2U



Download now!



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MA_SSR5972_3

SHOP & CHOP

with nutrifresh™



Save on Pantry Favourites

nutrifresh™ is a registered trademark used under license by TCC Global N.V.

Super BUNDLE DEAL

Fatti's & Moni's Macaroni or Spaghetti 500 g

BUY ANY 2 FOR

30⁰⁰

WITH RewardsCARD

Super BUNDLE DEAL

Eezee Noodles BEEF FLAVOUR 500 g

BUY ANY 2 FOR

36⁰⁰

WITH RewardsCARD

Super BUNDLE DEAL

Eezee Noodles CHICKEN FLAVOUR 500 g

BUY ANY 2 FOR

36⁰⁰

WITH RewardsCARD

Excella Parboiled Rice 2 kg

26⁹⁹ each

WITH RewardsCARD

Excella Sunflower Cooking Oil 2 litre

69⁹⁹ each

WITH RewardsCARD

Golden Cloud Cake Wheat Flour 2.5 kg

34⁹⁹ each

WITH RewardsCARD

Iwisa or Super Sun Super Maize Meal 5 kg

49⁹⁹ each

WITH RewardsCARD

Sasko Cake Wheat Flour 10 kg

119⁹⁹ each

WITH RewardsCARD

Tastic Long Grain Parboiled Rice 10 kg

149⁹⁹ each

WITH RewardsCARD

Super Baking Deals

Super BUNDLE DEAL

Snowflake Easy Mix 1 kg Assorted

BUY ANY 2 FOR

32⁹⁹ each

WITH RewardsCARD

Maizena Cornflour 500 g

31⁹⁹ each

WITH RewardsCARD

Nestle Cocoa Powder 62.5 g

49⁹⁹ each

WITH RewardsCARD

Super BUNDLE DEAL

Rhodes Trotters Jelly 40 g Assorted

BUY ANY 3 FOR

22⁰⁰

WITH RewardsCARD

SPAR Vanilla Flavoured Custard 1 litre

26⁹⁹ each

WITH RewardsCARD

Koo Fruit Cocktail or Fruit Salad 825 g

69⁹⁹ each

WITH RewardsCARD

Nestle Ideal Evaporated Milk 380 g

39⁹⁹ each

WITH RewardsCARD

Nestle Gold Cross or Sweetened Condensed Milk 385 g

39⁹⁹ each

WITH RewardsCARD

Nestle Caramel Treat 360 g

44⁹⁹ each

WITH RewardsCARD



SPAR Rewards deals available while stocks last.

Maximum 10 deals per customer on all **SAVE EXTRA** products. **SAVE EXTRA** products are only available in-store and not on the SPAR2U App. Special available at selected SPAR and SUPERSPAR (Excluding Kwikspar and SPAR Express stores). Promotion valid from **19 October** up to and including **08 November 2026**, while stocks last. We reserve the right to limit quantities. Prices include VAT. Please visit your nearest store to see if these specials apply. Not available in Western Cape, Eastern Cape, KwaZulu-Natal, Upington, Keimoes, Lowveld, Belfast, Limpopo and Pretoria. Errors and Omissions Excepted (E&OE).

Savings made super!

SAVE
EXTRA

BUY
one for a
BONUS
sticker!

REFILL

YOUR JAR

With golden roasted
ARABICA BEANS
FOR A RICH AROMA
and smooth taste

200 g +
20 g FREE*



149⁹⁹

each

Save R45

Nescafé
Gold
Coffee Assorted 200 g
or Pouch 220 g
(Excl. Alta Rica and Decaf)

Super Start Value



Joko
Tagless Teabags
100s

54⁹⁹

per pack

WITH RewardsCARD

AS SEEN
ON TV

Freshpak

SAVE
EXTRA

PURE
ROOIBOS

Freshpak
Rooibos
Tagless
Teabags
80s

46⁹⁹

per pack

Save R11



Cremora
Coffee and Tea Creamer
750 g

49⁹⁹

each

WITH RewardsCARD



SPAR
Rusks
450 g / 500 g
Assorted

44⁹⁹

each

WITH RewardsCARD



Kellogg's
Corn Flakes
1 kg

72⁹⁹

each

WITH RewardsCARD



Jungle
Oats
1 kg

36⁹⁹

each

WITH RewardsCARD



Morvite
Instant
Porridge
1 kg
Assorted

27⁹⁹

each

WITH RewardsCARD



All Gold
Smooth
Apricot or
Apricot &
Peach Jam
900 g

36⁹⁹

each

WITH RewardsCARD



Black Cat
Peanut
Butter
400 g
Assorted

70⁰⁰

Save R30



SPAR
Refined
White Sugar
2.5 kg

58⁹⁹

each

WITH RewardsCARD



SPAR
Brown
Sugar
2 kg

39⁹⁹

each

WITH RewardsCARD

TOP UP monthly with **SPAR Mobile** for **ONLY R19** and **UNLOCK MULTIPLE FREE DATA** deals in-store.
Dial *136# (Ts & Cs apply)



SPAR Rewards deals available while stocks last.

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SHOP

Get a sticker
for every R100
you spend.



COLLECT

Fill your
collector's card
with **30 stickers**
and hand it in at
the till.

SAVE UP TO 80%

on **nutrifresh™** Kitchen Essentials



Save on Pantry Favourites

nutrifresh™ is a registered trademark used under license by TCC Global N.V.



All Gold
Tomato Sauce
700 ml

32⁹⁹
each
WITH RewardsCARD



Nando's
Umlilo Hot Sauce
90 ml

25⁰⁰
WITH RewardsCARD



Nola
Mayonnaise
(Excl. 500 g and 730 g)
750 g / 780 g
Assorted

39⁹⁹
each
Save R10



Bull Brand
Corned Meat
300 g
Assorted

55⁰⁰
WITH RewardsCARD



SPAR
Shredded Tuna
in Oil or Water
170 g

38⁰⁰
WITH RewardsCARD



Rhodes
Chakalaka,
Butter Beans,
Mixed Veg or
Creamstyle
Sweetcorn
400 g - 420 g
Assorted

40⁰⁰
WITH RewardsCARD



Bull Brand
Curried Mince
400 g
Assorted

50⁰⁰
WITH RewardsCARD



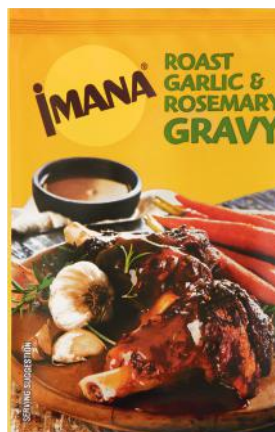
Koo
Baked Beans
in Tomato Sauce
400 g

14⁹⁹
each
WITH RewardsCARD



Knorr
Aromat
Seasoning
Refill
Trio Pack
200 g
Assorted

25⁹⁹
per pack
WITH RewardsCARD



Imana
Gravy or
Sauce
34 g / 38 g
Assorted

27⁰⁰
WITH RewardsCARD



Royco
Dry
Cook in Sauce,
Potato Bake or
Coat & Cook
37 g - 50 g
Assorted

35⁰⁰
WITH RewardsCARD



Top Class
Soya Mince
400 g
Assorted

22⁹⁹
each
WITH RewardsCARD



Robertson's
Herbs and Spices
Medium Refill
(Excl. White Pepper,
Black Pepper and
Whole Spices)
12 g - 100 g
Assorted

27⁰⁰
WITH RewardsCARD

TOP UP monthly with **SPAR Mobile** for **ONLY R19** and **UNLOCK MULTIPLE FREE DATA** deals in-store.
Dial *136# (Ts & Cs apply)



SPAR Rewards deals available while stocks last.

Maximum 10 deals per customer on all **SAVE EXTRA** products. **SAVE EXTRA** products are only available in-store and not on the SPAR2U App.
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Treat Yourself

nutrifresh™

COMPLETE YOUR COLLECTOR'S CARD TO REDEEM

Retail Price R399.99

Discounted Price:

79⁹⁹

19 CM COOKS KNIFE

COLLECT 30 STICKERS

A CUT ABOVE THE REST

Ends 8 November 2026

Simba Potato Chips 120 g Assorted

Super BUNDLE DEAL

BUY ANY 2 FOR **34⁰⁰**

WITH Rewards CARD

BUY me for a BONUS sticker!

Spookies or Flyers Chips 100 g or Chip Strip 4s Assorted

Super BUNDLE DEAL

BUY ANY 2 FOR **18⁰⁰**

WITH Rewards CARD

Willard's Cheasnaks 135 g Assorted

Super BUNDLE DEAL

BUY ANY 2 FOR **28⁰⁰**

WITH Rewards CARD

Lay's Potato Chips 120 g Assorted (Excl. Kettle Cooked)

Super BUNDLE DEAL

BUY ANY 2 FOR **39⁰⁰**

WITH Rewards CARD

SAVE EXTRA

BUY me for a BONUS sticker!

Oreo Biscuits (Incl. Oreo Pancake 105 g) 128.8 g / 129 g Assorted

Super BUNDLE DEAL

BUY ANY 2 FOR **32⁰⁰**

WITH Rewards CARD

Airwaves or **Orbit** Chewing Gum 14 g Assorted

Super BUNDLE DEAL

BUY ANY 2 FOR **20⁰⁰**

WITH Rewards CARD

Bakers Biscuits 125 g Assorted

Super BUNDLE DEAL

BUY ANY 2 FOR **12⁹⁹**

WITH Rewards CARD

Manhattan Marshmallows 150 g Assorted

Super BUNDLE DEAL

BUY ANY 2 FOR **35⁰⁰**

WITH Rewards CARD

Maynards Allsorts 150 g Assorted

Super BUNDLE DEAL

BUY ANY 2 FOR **19⁹⁹**

WITH Rewards CARD

original wine gum

life is juicy

Snickers or **Twix** Chocolate Bar 40 g / 46 g Assorted

Super BUNDLE DEAL

BUY ANY 2 FOR **27⁰⁰**

WITH Rewards CARD

LOVE IT? SPAR GETS IT DELIVERED **SPAR2U**



Download now!



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LOOK OUT FOR
PARTICIPATING PRODUCTS
TO GET BONUS STICKERS

BUY
me for a
BONUS
sticker!

Super
BUNDLE
DEAL

BUY
ANY
2
FOR

25⁰⁰

WITH RewardsCARD

SPAR
Carbonated
Soft Drink
2 litre
Assorted

Treat Yourself

BUY
me for a
BONUS
sticker!

Super
BUNDLE
DEAL

Coca-Cola
Regular
Only
2 litre

BUY
ANY
2
FOR

50⁰⁰

WITH RewardsCARD

Super
BUNDLE
DEAL

aQuellé
Natural Still or
Sparkling Water
1.5 litre

BUY
ANY
2
FOR

22⁰⁰

WITH RewardsCARD

aQuellé
Sparkling
Flavoured Drink
6 x 500 ml
NAARTJIE

BUY
ANY
2
FOR

42⁹⁹ per pack

WITH RewardsCARD

fruitree
Nectar Blend
6 x 200 ml
Assorted

BUY
ANY
2
FOR

39⁹⁹ per pack

WITH RewardsCARD

BUY
me for a
BONUS
sticker!

Super
BUNDLE
DEAL

Sparletta
or Twist
Regular Only
(Incl. Apple
Push)
2 litre
Assorted

BUY
ANY
2
FOR

34⁰⁰

WITH RewardsCARD

Brookes
Oros Squash
Concentrate
2 litre
Assorted

BUY
ANY
2
FOR

36⁹⁹ each

WITH RewardsCARD

Super
BUNDLE
DEAL

Fusion
Dairy Blend
1 litre
Assorted

BUY
ANY
2
FOR

22⁰⁰

WITH RewardsCARD

Super
BUNDLE
DEAL

Monster
Energy Drink
(Incl. Zero)
500 ml
Assorted

BUY
ANY
2
FOR

32⁰⁰

WITH RewardsCARD

Super
BUNDLE
DEAL

Powerade
Sports
Drink
500 ml
Assorted

BUY
ANY
2
FOR

26⁰⁰

WITH RewardsCARD

Every 500ml bottle
you buy, **donates** to
breast cancer support.

SPAR



CANCERVIVE
CREATING AWARENESS - CARING - CELEBRATING LIFE

SPAR Rewards deals available while stocks last.

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Baby & You Value

Nestlé Cerelac Baby Cereal with Milk 500 g Assorted

76⁹⁹ each

WITH RewardsCARD

Purity Baby Food Jar or Puree 200 ml / 150 ml Assorted

33⁰⁰

WITH RewardsCARD

Huggies Natural Care Baby Wipes 288s Assorted

104⁹⁹ per pack

WITH RewardsCARD

Huggies Pure Baby Wipes 56s Assorted

29⁹⁹ per pack

WITH RewardsCARD

Huggies Dry Comfort Jumbo Pack or Pants or Gold Value Pack or Pants Assorted

177⁹⁹ each

WITH RewardsCARD

Dettol Hygiene Soap 175 g Assorted

28⁰⁰

WITH RewardsCARD

Lux Beauty Soap 150 g Assorted

26⁰⁰

WITH RewardsCARD

SPAR Germex Hand Wash or Hand Sanitiser 250 ml Assorted

32⁹⁹ each

WITH RewardsCARD

Dove Antiperspirant Roll-On Deodorant for Male or Female 50 ml Assorted

28⁹⁹ each

WITH RewardsCARD

Dove Antiperspirant Deodorant Body Spray for Male or Female 150 ml Assorted

42⁹⁹ each

WITH RewardsCARD

Aquafresh Fresh & Minty, Mild & Minty, Lemon Mint or Herbal Toothpaste 100 ml

30⁰⁰

WITH RewardsCARD

Colgate Total Clean or Max White Toothpaste 75 ml Assorted

38⁹⁹ each

WITH RewardsCARD

Colgate Fluoride Toothpaste Charcoal + Whitening 75 ml

75⁹⁹ each

WITH RewardsCARD

Axe Deodorant for Men 150 ml Assorted

34⁹⁹ each

WITH RewardsCARD

Vaseline Petroleum Jelly 250 ml Assorted

45⁹⁹ each

WITH RewardsCARD

Dawn Cream for Male or Female 400 ml Assorted

31⁹⁹ each

WITH RewardsCARD

Dawn Lotion for Male or Female 400 ml Assorted

28⁹⁹ each

WITH RewardsCARD

Satskin Foam Bath 2 litre Assorted

79⁹⁹ each

WITH RewardsCARD

Kotex Maxi Pads 16s/20s Assorted

78⁰⁰

WITH RewardsCARD

Care By SPAR Facial Tissues 200s Assorted

23⁹⁹ each

WITH RewardsCARD

Grandpa Powder Sachets 38s or Tablets 76s

89⁹⁹ each

WITH RewardsCARD

COLLECT YOUR COLLECTOR'S CARD TO REDEEM AND **SAVE UP TO 80%** on **nutrifresh** Kitchen Essentials

nutrifresh™ is a registered trademark used under license by TCC Global N.V.

COLLECT 30 STICKERS

SHOP, SWIPE, COLLECT & SAVE!

LOVE IT? SPAR GETS IT DELIVERED

Download now!

Available on the App Store

GET IT ON Google Play

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MA_SSR5972_9

Everyday Essentials

FIND THE FULL RANGE IN-STORE

nutrifresh

UNLEASH YOUR INNER CHEF at SPAR



SAVE UP TO 80% on nutrifresh Kitchen Essentials

SPAR

UNLEASH YOUR INNER CHEF with nutrifresh



22 July - 5 November. See in-store for details.

nutrifresh™ is a registered trademark used under license by TCC Global N.V.

SPAR 4 ROLLER TOWELS FRESH 2 ROLLS 2 PLY 500 mm x 30 m 50 sheets

SPAR Kitchen Towel 2s Assorted

21⁹⁹ per pack

WITH Rewards CARD

Home Care By SPAR Dish Cloth Assorted

16⁹⁹ each

WITH Rewards CARD

Home Care By SPAR Gloves Small/Medium/Large

17⁹⁹ per pack

WITH Rewards CARD

Home Care By SPAR Heavy Duty Mop 300 g

99⁹⁹ each

WITH Rewards CARD

CLINGWRAP NON PERFORATED 300 mm x 30 m

SPAR Cling Wrap Non-Perforated 30 m

49⁹⁹ each

WITH Rewards CARD

SPAR Aluminium Foil 5 m

39⁹⁹ each

WITH Rewards CARD

tuffy BLACK BAGS 10

Tuffy Refuse Black Bags 750mm x 900mm 10 x 80 litre

37⁹⁹ per pack

WITH Rewards CARD

Pineware Automatic Black or White Corded Kettle 1,7 litre

179⁹⁹ each

WITH Rewards CARD

goodliving Large Braai Stand

279⁹⁹ each

WITH Rewards CARD

SPAR Paper Plates 230mm 50s

39⁹⁹ per pack

WITH Rewards CARD

Buzz Plastic Oval Basin 90 litre Assorted Colours

59⁹⁹ each

WITH Rewards CARD

Home Care By SPAR Broom

59⁹⁹ each

WITH Rewards CARD

Otima Lock Box 600 ml

BUY ANY 2 FOR 30⁰⁰

WITH Rewards CARD

Kiwi Paste 50 ml Assorted

18⁹⁹ each

WITH Rewards CARD

goodliving Cooler Box 26 litre Assorted

199⁹⁹ each

WITH Rewards CARD

SPAR FIRELIGHTERS 12s

21⁹⁹ per pack

WITH Rewards CARD

Charka Brikettes 5 kg

99⁹⁹ each

WITH Rewards CARD

Super Pet Deals

HUSKY Wet Dog Food (Excl. Prime Cuts) 775 g Assorted

Super BUNDLE DEAL

BUY ANY 2 FOR 66⁰⁰

WITH Rewards CARD

SPAR Mixed Poultry Grain 2 kg

22⁹⁹ each

WITH Rewards CARD

LOVE IT? SPAR GETS IT DELIVERED

Download now! Available on the App Store GET IT ON Google Play

Maximum 10 deals per customer on all SAVE EXTRA products. SAVE EXTRA products are only available in-store and not on the SPAR2U App. Special available at selected SPAR and SUPERSPAR (Excluding Kwikspar and SPAR Express stores). Promotion valid from 19 October up to and including 08 November 2026, while stocks last. We reserve the right to limit quantities. Prices include VAT. Please visit your nearest store to see if these specials apply. Not available in Western Cape, Eastern Cape, KwaZulu-Natal, Upington, Keimoes, Lowveld, Belfast, Limpopo and Pretoria. Errors and Omissions Excepted (E&OE).

tops!

at SPAR

WHERE EPIC STORIES START

Deals valid from **19 October** to **8 November 2026**.



489⁹⁹ per pack
WITH Rewards CARD

Jameson
Select Reserve
Irish Whiskey
Gift Pack
750ml



599⁹⁹ per pack
WITH Rewards CARD

Glenmorangie
12 Year Old
Single Malt
Scotch Whisky
Gift Pack
750ml



899⁹⁹ per pack
WITH Rewards CARD

Rémy Martin
V.S.O.P
Cognac
Gift Pack
750ml



399⁹⁹ per pack
WITH Rewards CARD

K.W.V.
10 Year Old
Barrel Select
Potstill Brandy
Gift Pack
750ml



349⁹⁹ per pack
WITH Rewards CARD

Cruxland
Gin
Gift Pack
750ml



349⁹⁹ per pack
WITH Rewards CARD

Jägermeister
Herbal Liqueur
Gift Pack
750ml

*Limited stock available



349⁹⁹
WITH Rewards CARD

Jameson
Triple Distilled
Irish Whiskey
750ml



189⁹⁹
WITH Rewards CARD

Klipdrift
Export Brandy
750ml



79⁹⁹ each
WITH Rewards CARD

Spier
Signature
Sauvignon Blanc,
Chenin Blanc,
Chardonnay or
Chardonnay/Pinot Noir
750ml



89⁹⁹ each
WITH Rewards CARD

Durbanville Hills
Chardonnay,
Chenin Blanc,
Chenin Blanc Light,
Sauvignon Blanc,
Dry Merlot Rosé,
Cabernet Sauvignon,
Merlot, Pinotage
or Shiraz
750ml



84⁹⁹ each
WITH Rewards CARD

Protea
Sauvignon Blanc,
Chenin Blanc,
Pinot Grigio,
Chardonnay, Rosé,
Cabernet Sauvignon,
Merlot or Shiraz
750ml



99⁹⁹
WITH Rewards CARD

Roodeberg
Classic Blend of
Red Varietals
750ml



120⁰⁰
WITH Rewards CARD

Olive Brook
Shiraz/Cabernet Red Blend,
Pinotage, Merlot,
Cabernet Sauvignon/Merlot,
Malbec, Cinsault, Shiraz,
Cabernet Sauvignon,
Sauvignon Blanc, Chenin Blanc,
Chardonnay, Moscato White
or Moscato Rosé
750ml



260⁰⁰
WITH Rewards CARD

Johnnie Walker
Blended Scotch
Whisky
& Lemonade
Cans
6 x 300ml



190⁰⁰
WITH Rewards CARD

Redd's MXD
Spirit Cooler
(Incl. Variants)
Cans
6 x 440ml



220⁰⁰
WITH Rewards CARD

Black Crown
Premium
Spirit Cooler
Cans
6 x 440ml



200⁰⁰
WITH Rewards CARD

Bahama
Spirit Cooler
(Incl. Variants)
Cans
6 x 440ml



299⁰⁰
WITH Rewards CARD

Savanna
Premium Dry
Cider
Handies
6 x 500ml



150⁰⁰
WITH Rewards CARD

Flying Fish
Premium
Pressed Lemon
Flavoured Beer
(Excl. Dry Apple)
6 x 330ml



170⁰⁰
WITH Rewards CARD

Castle Lite
Cans
6 x 500ml



75⁰⁰
WITH Rewards CARD

Heineken
Pure Malt
Lager
Returnable Bottle
650ml



209⁰⁰
WITH Rewards CARD

Heineken
Lager
or Silver
Cans
6 x 500ml



190⁰⁰
WITH Rewards CARD

Sol
Cans
6 x 500ml



209⁰⁰
WITH Rewards CARD

Windhoek
Premium
Draught
6 x 440ml

SWIPE SAVE! EVERYDAY DEALS!

FREE DELIVERY



Product availability
may vary by store.
While stocks last.

Cross, Ebony Park, Jubilee, Maluleke, Marapyane, Mnandi, Moloto, Renbro, Rosslyn, Soshanguve, Soshanguve Crossing, West Park, Brits, City Centre / Taxi, Elim, Giyani, Tzaneen, Lebogakgomo, Levubu, Marula, Modjadji, Mopani, Mofago, Nzhelele, Paledi, Polokwane, Prieska, Sibasa, Siyabuswa, Thohoyandou, Boundary, Braamfischerville, Eadie Street, Eldo, Elsburg, Foro, Fontana Highpoint, Kathorus, Katlehong, Klopper Park, Lanseria, Mathambo, Meiringspark, Randfontein, Sebokeng Corporate, Stretford, Tsakane Mall, Vosloorus, Windsor, Bonus and Kimberley. For your nearest TOPS at SPAR store, visit our website: www.topsatpar.co.za. Specials available at the listed TOPS at SPAR stores from 19 October up to and including 8 November 2026 (including the Free State, Mpumalanga, North West Province and Limpopo) while stocks last. Not available in KwaZulu-Natal, Lowveld, Eastern or Western Cape. We reserve the right to limit quantities. Price and product availability may vary in certain country areas. In the event that an error occurs in an advertisement, or incomplete information is printed, a notice will be displayed in-store with the correct details. Prices include VAT. No traders please. The advertised lines are only available at TOPS at SPAR stores.

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Not For Persons Under The Age Of 18.

PHUZA
RIGHT

TOPS at SPAR

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SAVE UP TO 80%
on **nutrifresh™**
Kitchen Essentials



COMPLETE YOUR COLLECTOR'S CARD TO REDEEM

Ts & Cs Apply



Home Care Value

Omo Auto Washing Powder 3 kg, Liquid 2 litre or Capsules 420 ml Assorted

109⁹⁹ each
WITH RewardsCARD

Super BUNDLE DEAL

Pro-Wash Laundry Bar 500 g Assorted

33⁰⁰ each
WITH RewardsCARD

Sta-Soft Fabric Conditioner Refill 500 ml Assorted

26⁹⁹ each
WITH RewardsCARD

Sunlight Dishwashing Liquid 750 ml Assorted

29⁹⁹ each
WITH RewardsCARD

Handy Andy All Purpose Cleaner 750 ml Assorted

23⁹⁹ each
WITH RewardsCARD

Super BUNDLE DEAL

Domestos Thick Bleach 750 ml Assorted

55⁰⁰ each
WITH RewardsCARD

Doom Insect Killer (Excl. Doom Pro Range) 300 ml Assorted

39⁹⁹ each
WITH RewardsCARD

Jik Bleach 1.5 litre Assorted

34⁹⁹ each
WITH RewardsCARD

Super Combo Savers

SPAR PAYDAY POWER SAVERS

Great combos. Bigger savings. More value for your family.

Super BUNDLE DEAL

1 PERISHABLES COMBO

SPAR Margarine Brick 500 g
+ SPAR Frozen Chicken Mixed Portions 5 kg
+ SPAR Large Eggs 60s

354⁰⁰ per combo
WITH RewardsCARD

2 SMALL COMBO

SPAR SuperMaize Meal 5 kg
+ SPAR Parboiled Rice 2 kg
+ SPAR Sunflower Oil 750 ml
+ SPAR Instant Noodles Assorted 5s
+ SPAR Baked Beans in Tomato Sauce 400 g
+ SPAR Pilchards in Tomato or Chilli Sauce 400 g

149⁰⁰ per combo
WITH RewardsCARD

3 LARGE COMBO

Spekko Long Grain Rice 10 kg
+ SPAR Super Maize Meal 10 kg
+ SPAR Brown Sugar 2 kg
+ SPAR Sunflower Oil 2 litre

320⁰⁰ per combo
WITH RewardsCARD

TRUSTED SPAR QUALITY

EVERYDAY VALUE FOR YOUR FAMILY

HELPING YOU STRETCH EVERY RAND

SPAR

YOU CAN DO IT ALL, RIGHT HERE AT SPAR

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Pay your bills in a flash

Blu VOUCHER HOLLYWOOD BETS betway bucks
Top up your chances

NETFLIX Voucher Google Play ROBLOX
App Store Card PlayStation OTT
Pre-paid entertainment vouchers

Top up pre-paid electricity

MTN CellC vodacom Telkom mobile
Buy data, airtime and social bundles

Doing more with your money at SPAR

Experience a world of easy top-up options. Now available in-store at SPAR
Ts & Cs apply. For updated terms and conditions, please go to www.spar.co.za

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1GB R38

VALID FOR 30 DAYS

SPAR Rewards
More for You



SIGN UP FOR MORE! MORE SAVINGS. MORE WINS. MORE FOR YOU.
Maximum 10 SPAR Rewards deals per product, per customer on all **SAVE EXTRA** products. While stocks last. Ts & Cs apply.

SPAR: • DIEPKLOOF • EMALAHLENI • JACOBSDAL • MAFIKENG • MATHAMBO/SPRUITVIEW • OGIES • SANTINHOS • WARRENTON

SUPERSPAR: • BOTSHABELO • ERMELO • EVATON • FORO • KATHORUS • KATLEHONG • KENWORTH • KRIEL • MALVERN • STAR HYPER (CARLETONVILLE) • TASBET • TSAKANE MALL • WITFIELD

Maximum 10 deals per customer on all **SAVE EXTRA** products. **SAVE EXTRA** products are only available in-store and not on the SPAR2U App.

Special available at selected SPAR and SUPERSPAR (Excluding KWIKSPAR and SPAR Express stores). Promotion valid from **19 October** up to and including **08 November 2026**, while stocks last.

We reserve the right to limit quantities. Prices include VAT. Please visit your nearest store to see if these specials apply.

Not available in Western Cape, Eastern Cape, KwaZulu-Natal, Upington, Keimoes, Lowveld, Belfast, Limpopo and Pretoria. Errors and Omissions Excepted (E&OE).

Let's chat 0860 313 141

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SPAR

SUPERSPAR