GIFTS THAT GIVE



HOLIDAY GIVING CATALOG 2026

HUNTSMAN MENTAL HEALTH FOUNDATION

IS TRANSFORMING THE WAY THE WORLD UNDERSTANDS, TREATS, AND HEALS MENTAL ILLNESS.

Mental health care can change lives, and your donation helps make it possible.

While any gift makes an impact, with a monthly donation of $19 or more, you will receive a ***Your Brain is Beautiful*** t-shirt as a thank-you.

Together, let's make care more accessible to all.



CLICK HERE TO BECOME A CHAMPION OF HOPE



REP THE MISSION

Show your support for mental health with merch that makes a statement.



$15

Your Brain is Beautiful Bracelets

More than a fashion statement, these bracelets are an everyday reminder that your brain is beautiful. Share them with friends and family to spread hope, encourage connection, and remind someone that they matter.

$75

HMHF 988 Jersey



Inspired by the 988 Suicide & Crisis Lifeline, this jersey spreads an important message: help is available, and no one has to face a difficult moment alone.



$40

Nike Dri-FIT Legacy Cap

A classic hat you can wear anywhere and the perfect everyday accessory for casual outings, outdoor adventures, and showing your support for mental health.



Give to the Hope Fund

No one should lose access to care because they can't afford the next step. Your gift could be the reason someone makes their next appointment, keeping them on track from **crisis to recovery.** Click here to support the **Hope Fund** today.

Gifts will be matched by UMB Bank up to $25,000.

UMB BANK

SHOP. SAVE. GIVE BACK.

Find something special, enjoy exclusive discounts and offers from our partners, and support mental health along the way. Click each partner to discover more.

JUST INGREDIENTS™

REAL INGREDIENTS. BETTER HEALTH.

Shop Just Ingredients Black Friday and Cyber Monday sale November 19-30 at JustIngredients.com and **round up at checkout.**







ACRELY FARMS

Make a donation to support mental health at checkout in-store or at AcrelyFarms.com. Rooted in organic practices, transparency, and quality, their products make gifts you can feel good about.







chatbooks

chatbooks.com

30% OFF

Get **30% off** a classic photobook with **code HMHF26**. Turn your favorite memories into a beautiful book delivered to your door! On Giving Tuesday, December 1, they'll donate 10% of all sales to HMHF.



50% OFF

Minky® Couture

BEST. BLANKET. EVER.

Make this holiday season extra cozy with **50% off** your Minky Couture online purchase using **code HMHF50** at SoftMinkyBlankets.com.

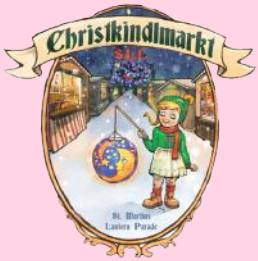






MAKE IT MERRY

Celebrate the season with festive activities and holiday treats that give back. Click each partner to help spread some cheer.



December 2–5
Huntsman Mental Health Foundation is the 2026 Christkindlmarkt SLC's St. Martin's Project recipient! Visit the St. Martin Chapel to purchase ornaments, beautiful lanterns, and commemorative hat pins that benefit the foundation.





GOZO

10% OFF

December 10
Make holiday ornaments with GOZO while enjoying local goods and signature snacks! A portion of ticket sales supports Huntsman Mental Health Foundation. Plus, use **code GOZOGIVES** for **10% off** eligible purchases at GetGozo.com.

Not that Sweet
RICH N BITTER

Warm up with Not That Sweet's December flavor of the month: Peppermint Hot Chocolate! Made fresh with real melted dark chocolate for a rich, indulgent holiday treat. A portion of every sale supports the Huntsman Mental Health Foundation. Find their next pop-up at NotThatSweetCo.com.



SHOP LOCAL

Discover unique gifts, stylish finds, and local favorites from businesses that believe in giving back.

STEINWAY PIANO GALLERY

Purchase this one of a kind Model B Spirio | r player piano, and **$20,000** will be donated to Huntsman Mental Health Foundation.

**Only available at 4644 S Holladay Blvd, Holladay, UT.*



The Lavender Apple

Bring the calming beauty of lavender into your everyday with thoughtfully made products in Cache Valley, Utah. **Round up at checkout** at TheLavenderApple.com.



KOO DE KER CLOTHIER

Stop in or shop online and refresh your holiday wardrobe at Koo de Ker! **Round up at checkout** at KooDeKer.com.







GIVE BACK

From sweet treats to everyday essentials, explore more ways to support our community and make a difference this season.

The Sugar Coated Sisters

Order our holiday cookies, in-store or online. Proceeds from your purchase support Huntsman Mental Health Foundation. Visit TheSugarCoatedSisters.com.





PANTRY PRODUCTS

Round up at checkout when you shop Pantry Products for handcrafted wellness essentials at ShopPantryProducts.com.





olio boutique

Discover unique home decor, jewelry, puzzles, and gifts at Olio Boutique. **Round up at checkout** at Olio-Boutique.com.









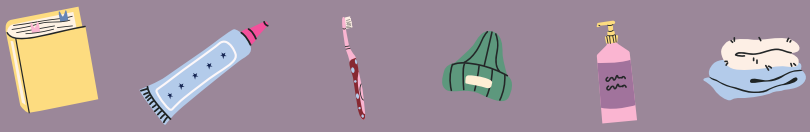


MORE WAYS TO GIVE BACK

Click here to see all the ways your gifts can give back this holiday season.

Make the Holidays Brighter for Patients

Shop the Amazon wish list for Huntsman Mental Health Institute patients. From deodorant and toothpaste to hairbrushes and other everyday essentials, your purchase helps patients feel cared for this season.



Explore Lulubug's Garden

We are proud to partner with Lulubug's Garden, a new fun and interactive YouTube show for the kids in your life. This show teaches little ones about managing big feelings. The Mental Health Moment is brought to you by Huntsman Mental Health Foundation.

@LulubugsGarden



Leave a Legacy Gift

Your legacy gift can shape the future of mental health for generations to come. Include Huntsman Mental Health Foundation in your estate plans to help advance research and expand access to care. Email info@hmhf.org to learn more about our Legacy Giving Society.



Dear Friends,

The holiday season reminds us of the power of generosity, connection, and the simple ways we can make a difference in one another's lives.

At Huntsman Mental Health Foundation, we believe generosity has the power to do something extraordinary: change what's possible for mental health.

Mental health touches every one of us. Yet for too long, mental illness has not received the attention it deserves. Thanks to supporters like you, we're fueling the research, innovative care models, and partnerships needed to change the way the world understands, treats, and heals mental health, forever.

This holiday season, we invite you to make your giving go even further. We hope our holiday gift guide will help you find something special for the people you love while supporting a cause that touches so many.

We also recognize that the holidays can be a difficult time. If you or someone you love is struggling, please know that support is available. Resources like 988, SafeUT, Mobile Crisis Outreach Teams, and the Kem & Carolyn Gardner Crisis Care Center are available to provide support.

Thank you for believing in a better future for mental health and helping us build it. Because the greatest gifts don't just bring joy for a moment. They have the power to change lives.

With heartfelt gratitude,

Christena Huntsman Durham
Founder & CEO
Huntsman Mental Health Foundation



THANK YOU

TO ALL OUR PARTNERS

UMB BANK

chatbooks

JUST INGREDIENTS™
REAL INGREDIENTS. BETTER HEALTH.

GOZO

Minky® Couture
BEST. BLANKET. EVER.

Not that Sweet
RICH N BITTER

KOO DE KER
CLOTHIER



The Sugar Coated Sisters

ACRELY FARMS

STEINWAY PIANO GALLERY

olio boutique

PANTRY PRODUCTS

The Lavender Apple