

Winchelsea Star

Price \$1

Weekly Community News

Since 1977

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winchelseastar.org.au



Nine Consecutive Victories!

As the Winchelsea Blues head towards the pointy end of an already memorable 150th season, a third finals appearance in the Club's 25-year GDFNL history feels within reach. It has been 39 years since the Blues last celebrated a Senior Premiership - but after Round 15, the Blues sit second on the Ladder. **GO BLUES!**

Story p3



**SURF
COAST
ARTS TRAIL**
Sat & Sun
1 & 2 August
artsteam@surfcoast.
vic.gov.au
5261 0600

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This Week's Star - Editor Cerrie Forgan, Designer Susan Corby, Advertising Sasha Gauntlett, Distribution Linda Carter

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Nine Consecutive Victories!

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Letter to the Editor

Dear Editor

We are getting good response from our advertising and I would like to thank the Winchelsea Star's help in getting us started.

Maureen Lange

From the Editor

As we prepare another edition of the Winchelsea Star, I am reminded once again that this weekly newspaper is only possible because of the generosity and support of our community.

A big thank you to everyone who has contributed to this edition. Every article, feature story, photograph, community notice, club report and advertisement helps tell the story of our town and the people who make it special.

There are plenty of interesting stories to enjoy this week. Discover what came out of the well-attended Winchelsea Place Plan community meeting, explore the creativity of local artists taking part in the Surf Coast Arts Trail this weekend, and find out why Winchelsea parkrun has become such a valued part of our Saturday mornings.

We also celebrate the remarkable winning streak of the Winchelsea Blues, with a special feature written by a Deakin University journalism student, including interviews with the Coach and Club President, and look back at the dedication and teamwork behind their nine consecutive victories.

Other highlights include the success of the two Cheese Making events at the Shire Hall, a taste of California from Alice Cloake in Cook's Corner, thought-provoking insights from Judy's Climate Report, local sporting results from Rachel Boddington at the Winchelsea Golf Club, and from Janet Fletcher at the WFNC Blues and Shae Callahan at the Junior Netball, Greg Ware's popular new Winchelsea Crossword, and much more.

History lovers will enjoy Michael Donovan's fascinating article on Nurse Stephenson's Hospital in Willis Street, sharing memories and stories from an important part of our town's past.

Looking ahead, don't forget the upcoming Community Market this Sunday indoors at the Leisure Centre in Gosney Street. It is a great opportunity to support local stallholders, catch up with friends and enjoy another wonderful community event.

Thank you to our contributors, photographers, writers, this month's editor Carrie Forgan, designers and distributor Linda Carter who give their time to keep the Winchelsea Star thriving. Your stories, photos and support ensure our newspaper remains a true reflection of our community.

We hope you enjoy this edition and encourage everyone to continue sharing the stories, events and achievements that make Winchelsea such a wonderful place to live.



News Spotlight

Blues gunning for glory!

Sam Treasure *Story and Photos*

The numbers tell only part of the story in what is already a historic year for the Winchelsea Football Netball Club, which is proudly celebrating its 150th season in 2026.

The Blues have tasted senior finals football just twice since joining the Geelong and District Football Netball League in 2002, with their only appearances coming over a decade ago in 2013 and 2014.

But that drought looks set to end this season. At the time of writing on July 26, Winchelsea sits second on the ladder on the back of nine consecutive victories.



Winchelsea & District Soldiers Memorial Grandstand

Coach Ben Moloney knows there is still plenty of football to be played, but he is excited by the momentum building around the Club.

"The buzz is really good, the rooms are getting fuller every Saturday, and Thursday night meals are getting busier, so it is exciting," he said.

"I'm trying to make sure that this is a place people want to come, and don't want to leave, and I think we are building that."

It has been 39 years since the Blues last celebrated a senior premiership, defeating Colac Imperials by 65 points in the 1987 Colac and District Football Netball League Grand Final.

Moloney is the first to admit every game from here on in is crucial, with the competition's top five currently separated by just two wins.

"Being such a big year, it would be incredible to bring success, but it is a week at a time, as cliché as that is," he said.

"I know everyone at the Club is just as invested as what I am and the players are, and we are desperate to bring success to the Club."



The team trains at the Club's home ground on Thursday night

Club president Angus Leigh echoed Moloney's excitement, not only about the team's on-field success but also the celebrations marking the Club's 150th anniversary across the weekend of June 27 and 28.

Saturday featured a sold-out luncheon in the Clubrooms, with guest speakers including Winchelsea's own Essendon midfielder Darcy Parish. The Club also unveiled its Team of the Quarter Century, with almost every honouree in attendance to watch the Blues defeat North Geelong by 58 points.

The celebrations continued on Sunday with a family day featuring a petting zoo, jumping castle and activities for the local community.

"It was pretty cool to have everyone in the same room," Leigh said. "It's a big family Club, and it's a pretty special place to be at the minute."



As the Blues head towards the pointy end of an already memorable 150th season, a third finals appearance in the Club's 25-year GDFNL history is within reach. The opportunity couldn't be greater.



**MEET ME
ON THE
TRAIL**

VronxArt, Studio 60, Winchelsea

SURF COAST
ARTS Trail 2026
1 - 2 August

Veronica McDonald, Artist

Veronica is an example of an older artist living her best life as she fulfills her dreams.

In the 60's, as a 16 year old with a desire to study art, living in the country and belonging to a family of limited means, it was a fairytale dream.

She chose instead a profession that brought her much joy and a roof over her head. A midwife for a lifetime was extremely satisfying, but always at the back of her mind was her passion to create.

Eventually she made the first step. Impatient to start she bought the brushes and oils, read an art book or two, looked over a few shoulders and put brush to canvas.

That was the start of the next stage of her life.

Relocating to Winchelsea from the art loving town of Anglesea, Veronica found her kind.

Riverlee Artists Collective was formed 20 years ago and has been a leading force in fostering interest and growth of the arts in Winchelsea.

Veronica has exhibited in her home studio VronxArt on the Open Arts Trail for the last 15 years.

Each year she has developed her style. Forever searching for a subject that inspires her, she is grateful to live in the Hinterland in close proximity to the sweeping Plains, the ancient gums, the rainforests of the Otways, the jewelled seas... all of which inspired the poetry of Dorothy McKellar, "I love a Sunburnt Country"

Veronica feels she has only just started on this journey and her love of Australia is the driving force to continue.

She invites you into her studio, Venue 60, for the Surf Coast Arts Trail to view her work.

"So much to do, so much to learn. Time is of the essence."



SHREK GALLERY

Come and visit SHREK Gallery



Directions

Bolangum Park
60 Karamarra Road
GHERANG 3240
Phone: 0428 592262

Use the QR Code for Directions



WINCHELSEA MUSIC SEASON

SONGMAN AT THE MANSION

Part of the first annual Winchelsea Music Season



Uncle Dave Arden - Gunditjmarra/Kokatha Songman

Experience an intimate evening of music and story with renowned Songman Uncle Dave Arden, whose powerful songwriting and deep connection to Country have shaped three decades of First Nations music in Australia. Held at the historic Barwon Park Mansion, this Winchelsea Music Season event coincides with the Surf Coast Arts Trail and the Manor Made Arts Market, transforming the Mansion into a vibrant hub of creativity throughout the day. Arrive early to explore local makers, artists and artisans before settling in for an unforgettable evening performance. The concert also features the opportunity to view the Gilson Family Indigenous Art Exhibition, creating a rich, multi layered celebration of culture, place and creativity.

Saturday 1 August • 6.00pm

Barwon Park Mansion
105 Inverleigh Rd, Winchelsea

Tickets at the door or via Humanitix: Adults \$60 • Concession \$50 • School Students Free

Proudly Presented by
RURAL ARTS VICTORIA



ArtsRural



Zinaida Campion

Columnist's Thoughts: This week, inspiring local artist Dee Matheson is sharing a bit about her art and upcoming exhibition at the Shire Hall on Friday 1 August and Saturday 2 August during the Surf Coast Arts Trail.

I have seen much of Dee's work in the Riverlee art exhibitions, so this is very exciting. She will of course be joined by some of her equally talented fellow artists.

The Arts Trail weekend will be a busy one for Winch, with Saturday 1 August culminating in a magnificent concert by renowned Indigenous performer Dave Arden at Barwon Park Mansion, as part of the Winchelsea Music Season. The details are at the bottom of this page.

Ciao!

Celebrating the Beauty of Our Region through Art

Dee Matheson



Award-winning artist Dee Matheson draws endless inspiration from the natural beauty of the local landscape. Her paintings celebrate the region's rolling countryside, native birdlife and indigenous flora, capturing the colours, light and changing seasons with warmth and sensitivity.

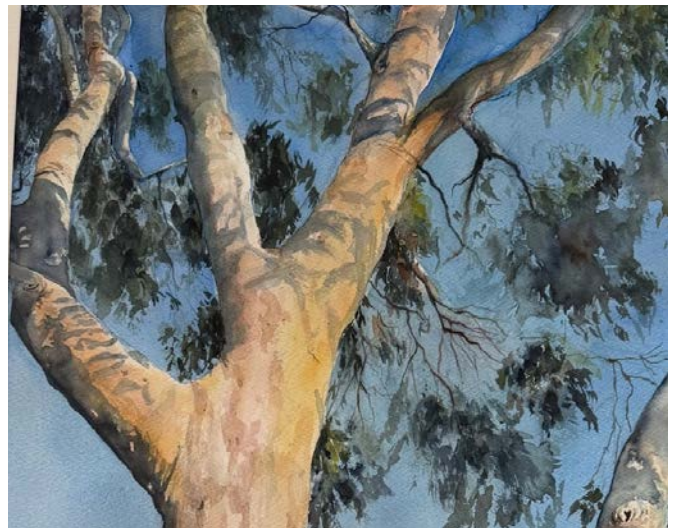
Working primarily in watercolour, Dee also enjoys painting in acrylic and oils, choosing the medium that best conveys the mood and character of each subject. Her work reflects a deep appreciation for nature and a desire to share the beauty of the environment through art.

Zinaida Campion is a classical soprano, vocal coach, artist and model raised in Winchelsea. She is an alumna of VOYCE Victorian Opera, a Windfire Vocal Scholar, Co founder of Cecilia's Daughters, Vice President of Geelong Opera, Artistic Director of the Winchelsea Music Season, and founder of Rural Arts Victoria. A keen arts writer, she has a strong background in languages and a love of local history. She is dedicated to working with the local community, and has an all-consuming passion for promoting the arts in rural areas.

To share your stories and inspire the community, please contact Zinaida. 0428 403 784 zinaidacampion@gmail.com



A recipient of numerous awards throughout her artistic career, Dee has been a dedicated participant in the Arts Trail since its inception. She is also the tutor of the Riverlee Art Group, where she enjoys encouraging and mentoring fellow artists to develop their creativity and confidence.



Dee will be exhibiting at the Winchelsea Shire Hall during the Arts Trail on Friday, 1 August, and Saturday, 2 August.

Joining her will be a talented group of fellow artists whose diverse styles, mediums and creative approaches promise a vibrant and inspiring exhibition.

Together, they will present a showcase that is sure to delight visitors and offer a feast for the senses, making the Winchelsea Shire Hall a must-see destination on this year's Arts Trail.



**Songman at the Mansion:
Saturday 1 August 6pm,
Barwon Park Mansion.**

Included in the ticket price will be the opportunity to view the Gilson Family Indigenous Art Exhibition inside the Mansion. Scan the QR code for tickets.





SURF COAST ARTS Trail 2026

Saturday 1 & Sunday 2 August
10am-4pm



Scan here to plan your weekend
surfcoastartstrail.com.au

Contact us via email artsteam@surfcoast.vic.gov.au or phone 03 5261 0600
Follow us on Facebook & Instagram @surfcoastartsmatters



The first Surf Coast Arts Trail

Julie Dyer (former Surf Coast Arts Officer 1995-2019)

In the lead up to the first Surf Coast Arts Trail 2012, Surf Coast Arts Development Officer, Julie Dyer, had been gently nudged by local artist Pat McKenzie, for a few years prior to set up the event. In 2011, the stars aligned, budget and time wise in her council commitments. A meeting to be held in Deans Marsh was advertised, calling for interested people to attend. The location was totally calculated, if people really were interested and were going to commit to the event, then they would come. And come they did!

Seventeen artists, from across the shire attended, several apologies were received. Dates, opening hours, timelines and overall project logistics were discussed. This led to a few more meetings with highly motivated artists. More details were sorted; the colour scheme/branding for flags to identify studios and public locations and the all-important map.

The call out for entries also requested a blurb and image/s to be used in the map and promotion. Not all artists had their own studio, so group spaces were encouraged too. The wonderful Winchelsea group, Riverlee artists chose the Globe Theatre as their location. Bellbrae Hall filled with an eclectic group.

Participants were asked to help at a working bee; putting together visitor tally booklets, create venue packs of signage and maps to distribute.

The first event involved 30 venues and at least 85 artists.

The Surf Coast Arts Trail has continued on, from strength to strength. Launch events allowed the artists to collect their event packs but also, more importantly, to meet and network and celebrate.

Artists are often working alone; the arts trail allows them to meet and expand their networks.

The event has created a safe space for visitors to explore, meet and discover Surf Coast rich active culture. And artworks are purchased and commissioned for enriching the visitors' homes.



Louise Hall

Apologies to Louise Hall for attributing the wrong image to her in last week's Winchelsea Star. Here is the correct picture.



Louise Hall, Around Winchelsea», Arts Trail entrant 2026



Pop into Men's Shed if you need help with little jobs

Frank Jelliff
Secretary Winchelsea Mens Shed

The Men's Shed will now be open two days a week starting next week, our days will be Wednesday and Thursday, this may help anyone that needs little jobs done if they are working.

Look forward to seeing you all even if you would like to pop in for a chat and a cuppa.

KINDLING/OFFCUTS
\$7 A BAG



Pick-up Wednesdays and Thursdays 9.30am - 2.30pm

Delivery available.
Call Bill 0438 083 373



SKIN CHECK BUS

1st and 2nd AUGUST

0448 339 003

BOOKINGS ESSENTIAL

Men's Shed Hesse St, Winchelsea



In memory of Emma Waite ♥

WINTER SUNDAYS ARE MADE FOR MARKET DAYS!

Winchelsea Community Market

SHOP LOCAL • SUPPORT LOCAL • LOVE WINCHELSEA

INDOOR COMMUNITY MARKET

15 Gosney Street, Winchelsea | 9AM - 1PM SUNDAY 2ND AUGUST | A COMMUNITY SPACE BUILT BY LOCALS, FOR LOCALS

SUPPORT LOCAL | SHOP LOCAL | COMMUNITY SPIRIT | GREAT VIBES | Shop Local. Support Local. Love Winchelsea.

Every person who walks through our doors helps support a local stallholder and keeps our community market thriving. We can't wait to see you there!

Whatever the winter weather decides to do, the Winchelsea Community Market is ON – and we're INDOORS!

Join us Sunday 2nd August at the Leisure Time Centre for a warm, relaxed morning of shopping, catching up and supporting the wonderful local makers, creators and small businesses that make our community special.

- INDOORS – warm, dry & weatherproof!
- Local makers & unique finds
- Great coffee
- Delicious treats
- Friendly community atmosphere

Sunday 2nd August 9am – 1pm
Leisure Time Centre (LTC) 15 Gosney Street, Winchelsea

So don't let the cold keep you home! Rug up, bring your friends and family, and come spend your Sunday morning with us.

SHOP LOCAL • SUPPORT LOCAL • LOVE WINCHELSEA



530 Cape Otway Road Moriac

MEN'S SHED

Open every Wed and Sat 9am-Midday
Different activities available or just come for a chat
Contact Kelvin 0414 484 673

WOMEN'S SHED

Art Class (limited spaces) Fridays 10 am-Midday
Contact Jeanette 0408 466 122
BYO Craft and Chat 3rd Thurs of the month 7.30 pm
Kim 0414 482 893
Women's Woodwork Wed 1-3pm
Contact Evan 0434 484 440

SUSTAINABILITY GROUP

Contact Sarah 0407 400 593

BOOK CLUB

1st Wed of the month 7.30pm
Contact Michaela 0418 370 469

No Interest Loans NILS is coming to Winchelsea!

Rhani Bayon

Good news for our community!

You can now apply for No Interest Loans (NILs) right here in Winchelsea, saving eligible residents the trip into Geelong to access the service.

Delivered by Good Shepherd in partnership with NAB, No Interest Loans (NILs) provide eligible people with access to interest-free, fee-free loans for essential goods and services.

Eligible applicants can borrow up to \$2,000 for items such as household appliances and furniture, car repairs, medical and dental expenses, education costs, employment-related equipment, and technology including computers, laptops, phones and tablets. Loans of up to \$3,000 are also available for a rental bond or costs associated with a natural disaster.

Please note that NILs cannot be used for cash, bills, rent or existing debts.

Bookings are essential. To make an appointment, please call 03 5229 8829

or visit goodshep.org.au/services/nils/

This new local access point makes it easier for eligible residents to connect with the support they need, closer to home.

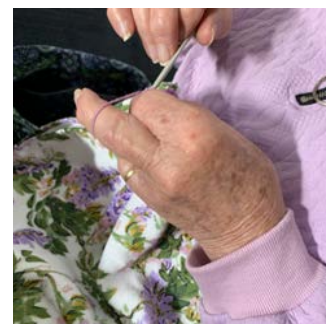
Stitch It, Don't Ditch It

Winch House Craft Group

The smocked heirloom dress finished by the group last week is now for sale from Winch House reception, it's marked at a very reasonable price for a hand-smocked dress. The display cabinet, at the reception, also has quite a few gorgeous pieces by local makers, it's well worth a visit if you're looking for a small gift. The photos show just two of the many items for sale in the cabinet, these towels are very handy with a button down flap which allows it to be hung for easy access, there are a few colour combinations left for sale, they are a great way to brighten up a kitchen or bathroom.

Winchelsea Craft Group meets every Wednesday, through the school term, from 9am to 2pm but if you would like to come along for just a couple of hours it would be great to see you.

Winchelsea House Craft Group, Stitch it, Dont Ditch It, has finished articles for sale in the Display Cabinet at Reception. The Group meets every Wednesday 9am-2pm at Winchelsea House.



BARRABOOL HILLS U.C.
1135 BARRABOOL ROAD,
SAUSAGE SIZZLE & JUMBLE SALE
SATURDAY AUGUST 15TH
12.30 - 4PM
TOYS, KITCHEN GOODS, TABLE LIGHTS,
FURNITURE, BED LINEN, OLD TOOLS,
STAMPS FOR PHILATELISTS, BOOKS,
JEWELLERY, ANTIQUES, BRIC A BRAC,
VINTAGE CLOTHES, GARDEN STUFF
INCLUDING SHEEP MANURE,
YOU NAME IT, WE'VE PROBABLY GOT IT.
CASH ONLY



PLANTING TIME AGAIN

SATURDAY AUGUST 1 9.00 -11am

Meet at river end of Dwyer St

We have 2000 plants for the river supplied by
Barwon Water and Surf Coast shire.

All welcome to help with getting the plants in the
ground



Picture shows the planting near bluestone bridge in 2023
which has grown well despite dry conditions.

Services & Groups

VLIN TRAIN SERVICES

TO MELBOURNE:

Mon - Fri 6.41 (coach) 08.07 11.10 14.04
16.58 19.21

Sat - Sun 8.27 10.27 14.04 16.58 19.17

TO WARRNAMBOOL:

Mon - Fri 8.58 11.51 14.46 17.28 (coach)
18.42 20.52

Sat - Sun 9.44 11.41 14.46 18.38 20.38

COUNTRY WOMEN'S ASSOCIATION



7pm second Wed of month
Winchelsea Senior Citizens'
36 Harding St Winchelsea

Winchelsea and District

PROBUS CLUB

Senior Citizens Rooms,
36 Harding St Winchelsea
New members welcome.
Lorraine 0417 467 927



SURF COAST MOBILE LIBRARY

**Cnr Princes Highway & Hesse St,
Fridays 2pm-5pm**

Parked in Hesse Street (outside Shire Hall)
Fridays 2:00 - 5:00pm NOT Public Holidays

WINCHELSEA TRANSFER STATION

55 Cressy Road, Winchelsea

Tuesday 2pm-4pm

Saturday 1.30-3.30pm

Thursday 2pm-4pm

Sunday 9.30-12.30pm

Closed Christmas Day, open public holidays.
www.surfcoast.vic.gov.au/disposalsites

WINCHELSEA PLAYGROUP

Every second Thursday 10am-12pm

St Thomas Anglican Church Hall

cnr Barwon Tce & Hopkins St, Winchelsea

Danni Menzies 0432019944

winchelseaplaygroup@gmail.com

Facebook - Winchelsea Playgroup 2019

New families welcome

WINCHELSEA GIRL GUIDES

Girls 6yrs-15yrs Welcome!

Mondays 4.30pm-6pm (school terms)

Catholic Church Hall, Harding St

*Fun, friendship, adventure. Teamwork,
leadership skills, achieve goals, improve
communities and grow in confidence.*

3 FREE sessions to come along and try.

Yvonne 0448 672 630



Winchelsea Star COMMUNITY NOTICEBOARD

Email editor@winchelseastar.org.au or
leave a note at Winchelsea IGA

WINCHELSEA COMMUNITY OP-SHOP

10 Willis Street, Winchelsea

1ST MODEWARRE SCOUT GROUP

Exciting programs for Joeys,
Cubs and Scouts.

Vacancies at Joey and Cub levels,
and plenty of room at Scouts.

Marie McPadden 0409 330 147

PINE CONES FOR FIRE PITS \$5

Winchelsea Lions Club

Contact Ray

0406 371 239

WINCHELSEA PICKLEBALL

Leisure Time Centre, Gosney St.

Wed 7 to 8-30pm

Thurs 10 to 11 am.

Great fun, everything supplied,
good cardio workout.
Please wear sneakers.

Lesley Mathison 0438 672 197

Mary Parish 0428 887 219

IGA

NOTICE BOARD

Volunteers keep the IGA Notice Board
up to date.

Anything you wish to promote
please leave at the IGA.

Please limit to no larger than A4.

Displayed for a month,
other than business cards.

STITCH IT, DON'T DITCH IT

Finished articles for sale in the Display
Cabinet at Reception Winch House.

The Group meets every Wednesday
9am-2pm at Winchelsea House.



CHANGE OF LOCATION

The Lions Skin Check Bus

on 1st and 2nd August

will be at the Men's Shed

in Hesse St.



DEFIBRILLATORS IN WINCHELSEA

**Accessible to the public
24 hours a day**

Winchelsea Lions Club
has compiled a list of public access
defibrillators in Winchelsea.
If you know others, please contact
Linda Carter 0439 817 263.

- Ambulance Victoria 33 Willis St
- Bendigo Bank 11 Main St
- Globe Theatre (Side) 17 Willis St
- Hesse Rural Health 8 Gosney St

- Men's Shed 51 Hesse St
- Modewarre Hall (Porch)
- Netball Courts Hopkins St
- Senior Citizens Club 36 Harding St
- Uniting Church 33 Hesse St
- Winchelsea Bowls Club Hesse St
- Winchelsea Golf Club 13 Anderson St
- Winchelsea Primary School Main St
- Wurdale Memorial Hall 220 Wurdale Rd

Winchelsea Star

Send your Stories
news@winchelseastar.org.au

LOCAL NEWS and ARTICLES WELCOME

Email news@winchelseastar.org.au
or leave hard copy at IGA supermarket

News Deadline

5pm Fridays

4pm Sundays - hard copy left at IGA

6pm Sundays - sports results and
weekend events

free online subscription

winchelseastar.org.au
facebook.com/TheWinchelseaStar

ADVERTISING 5273 0294

advertising@winchelseastar.org.au

EDITOR 5273 0295

Leave a message

Production

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Advertising: Sasha Gauntlett, Neil McInnes
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Printed by: Cromwell Forganssen,
Winchelsea Community House
Website: Winch Websites

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Judy Cameron, Yvonne Stevens,
Cerrie Forgan, Alice Cloake,
Tony Phelps, Cromwell Forganssen



Production Coffee Meeting
Last Saturday of each month
All Welcome!

**Thanks everyone! Two generous ladies have volunteered
to help with printing the Star 1 day each 2 months.**

the Star Production Team production@winchelseastar.org.au

Twenty per cent off rego - only seven days to go!

Victorian Government

**Motorists have just one week
left to claim 20 per cent off their
rego. They have until 31 July to
take up the offer.**

The rebate has proven highly popular,
with more than 3.5 million applications to
date - that's about half the population of
Victoria.



Here's how it works:

- A driver with one car gets up to \$186 back
- A family with two cars gets up to \$372 back
- You get the full rebate whether you pay yearly or in instalments.
- Applications close midnight Friday, 31 July 2026. Motorists have one week left to claim their rebate.

To be eligible, you must have paid your registration for a light vehicle for personal use between 1 July 2025 and 30 June 2026.

You can claim up to two vehicles in your name.

For more info and to apply, download the Service Victoria app or visit service.vic.

Don't miss out: Book now to Detox Your Home

Surf Coast Shire

Book early to secure your spot for this year's Detox Your Home Torquay event, with places expected to fill fast.

Detox your Home will be held on Saturday 22 August, from 9am to 1pm at the Torquay Works Depot, 130 Messmate Road, giving residents a safe and easy way to dispose of unwanted household chemicals.

Residents can drop off a wide range of household chemicals for free, including:

- Cleaning: Acids and alkalis, including bleach, rust remover, and hydrochloric acid, oven cleaner.
- Garden: Fertiliser, fuel (old lawn mower/power tools fuel), weed killers/herbicides, insect sprays and pesticides, pool chemicals.
- Garage: Brake fluid, coolant, fuels including petrol, diesel and kerosene, machine oil and lubricant.

Detox your Home no longer collects paint, cosmetics or oils, including cooking oil.

Paint can now be taken free of charge to the new Paintback facility located at the Anglesea Transfer Station.

Common products such as weedkiller, pesticides, bleach, brake fluid and rat poison are all harmful to the environment and should not be placed in kerbside bins or poured down sinks.

The annual event is a great opportunity to clear out old chemicals while helping protect the environment. "Many of us have unwanted or expired chemicals tucked away in the shed, garage or under the sink," Cr Grist of Surf Coast Shire said.

"Detox Your Home makes it easy to get rid of these items safely, keeping them out of landfill and protecting our waterways and environment. This is always a popular event and it regularly books out, so get in early," he said.

Detox Your Home is for household quantities only - business waste is not accepted. Bookings are essential and walk-ins are not accepted on the day.

If your plans change and you can't make it, please cancel your booking so someone on the waiting list can take your place.

surfcoast.vic.gov.au/Detox



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History of Winchelsea

Meningoort, former Private Hospital 37 Willis Street, Winchelsea AKA Nurse Stephenson's Hospital

Before the modern hospital now known as Hesse Rural Health was built on Gosney Street, Winchelsea was serviced by local doctors such as Dr Meyler operating out of the private doctor's residence and surgery, 'Balgownie' at 65-67 Main Street, which we have explored in a previous article, until Meningoort (a former private hospital) was acquired in 1918 by George and Annie Stephenson.



Annie Stephenson registered as a nurse and midwife in 1916 and then trained under the local doctor and surgeon, Dr Arthur Eddie (resident medical practitioner in Winchelsea from 1888 until 1930). Annie contributed much to community life in Winchelsea through her treatment of numerous patients at Meningoort throughout the interwar period, including maternity patients and those suffering various illnesses such as broken bones and pneumonia.

Many local people still living in Winchelsea today above a certain age were born in this building. George Stephenson, dearly beloved husband of Annie, loving father of Elaine, Alma and Monica died on 22 October 1922 at St. Vincent's Hospital aged 54. On November 11, 1934, Annie and George's daughter Annie Monica married George Stewart Mathieson, of Bona Vista on Mathieson's Road. She died four years later on 13th March 1938 at Colac aged 32 Years. Her body was taken to Meningoort for her funeral and thence to the Winchelsea Cemetery.

There was felt a need for a new hospital after the departure of Dr Nott in 1941 when Winchelsea was without a resident medical

practitioner for the first time since Dr Meyler arrived more than half a century before.

In 1944 after public subscriptions and Commonwealth loans were made six acres was purchased from the Church of England on the banks of the Barwon. However a new hospital was built in Gosney Street and opened on 7/11/1956. It cost \$45,000. Meningoort became a private residence after the building of the new hospital.

Meningoort has been restored in recent times and appears to be in good condition when viewed from the street. It represents one of the most intact 19th century Victorian styled timber dwellings in Winchelsea. It was sold in 2021 and now remains a private residence.

Originally Meningoort had a large back yard which was traditionally used for the outdoor rehabilitation of patients from the hospital, but after the recent sale, the property was subdivided and now contains an entire street of townhouses.



Micheál P O'Dhonnabháin has lived in the Winchelsea area since 2010.

Michael completed a Bachelor in History and Anthropology and a Master of Cultural Heritage at Deakin University, then went on to complete a PhD at Federation University, focusing on colonial and European collections of Indigenous Australian Cultural Heritage. Michael lectured at Federation and Monash Universities, lecturing in World History, Folklore Studies, Indigenous Studies and literary studies. Michael has worked in museums and cultural collections across Victoria, and can usually be seen in and about Winchelsea with his wolfhound.

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Kurrambee Myaring Community Centre, Torquay
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Newling Reserve, Moriac
- Wednesday 10am
Lorne Community House
- **Wednesday 2pm**
Winchelsea Shire Hall
- Thursday 10am
Torquay Children's Hub
- **Thursday 10am**
St Thomas' Church Hall, Winchelsea
- Friday 9:30am
Torquay Children's Hub (PlayConnect+)

Playgroups on this week across *Surf Coast Shire*



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WEDNESDAY LORNE SMALLTALK PLAYGROUP



WEDNESDAY MOTHER GOOSE ALL AGES (WINCH)



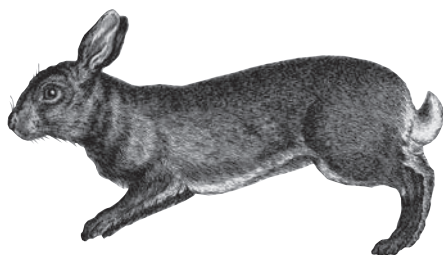
THURSDAY TORQUAY PLAYGROUP



THURSDAY WINCHELSEA PLAYGROUP



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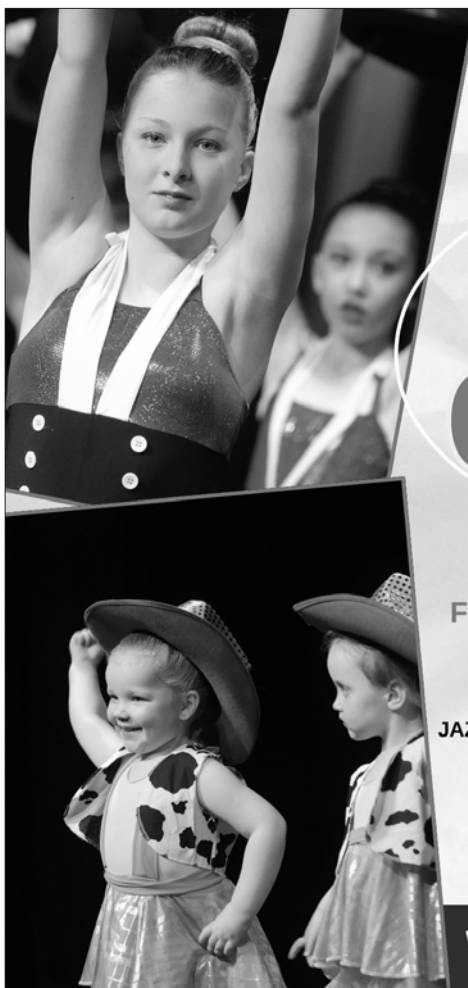
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Alice Cloake



If you have a recipe you'd like to share, a local product to shout out or a suggestion for an upcoming ingredient of the month - we'd love to hear from you.

Email editor@winchelsea.org.au.

I'm sending this week's Cook's Corner from a friend's home in Half Moon Bay, California. I'm here with my niece on a holiday/reunion of sorts and we've just wrapped up 6 days in San Francisco.

I love how California does food, we've visited a few delicious Mexican and Puerto Rican restaurants and walked through markets filled with ripe fruits, fragrant herbs and so many varieties of vegetables including the California classic - artichokes.

What has surprised me has been the abundance with which dill is grown here, which is seemingly everywhere including on the side of the road and out of cracks of cement. Many times now I've seen dill flowers not just sold by florists but also used in displays.

Another curiosity was a stall selling "Peacotum", a peach mixed with an apricot mixed with a plum. Our food journey over here culminated with a visit to Chez Panisse, the awarded restaurant by the one and only Alice Waters. Alice Waters is credited with leading the "slow food movement" in California and has been a critical voice in support of locally grown, sustainably grown produce.

As is right for the seasons, there has not been many pumpkin inclusions on the menu, but I'll hold onto some of the summer recipes I've enjoyed to share later in the year.

RECIPE

30 minute Butter Chicken from Gewurzhaus

I asked my mum what her favourite recipe for pumpkin was and she sent me this. The real recipe lists simply "vegetables" but Mum thinks it's best made with pumpkin, green beans and spinach.

INGREDIENTS

- 1 brown onion, diced
- 80g salted butter
- 4 garlic cloves, crushed

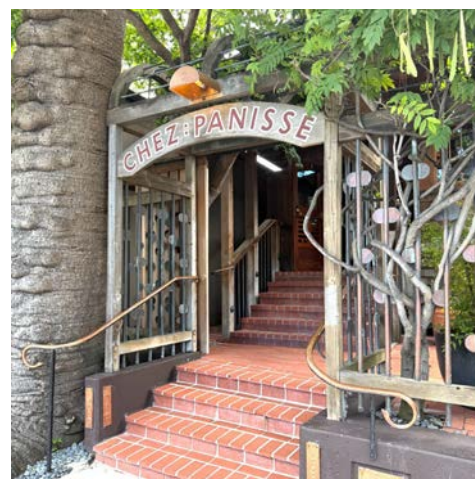
- 3 tbsp Quick Butter Chicken Blend from Gewurzhaus (made of turmeric, coriander, cardemom, ginger, cumin, salt, sweet paprika, fennel, cinnamon, caraway, fenugreek, black pepper, clove)
- 140g tomato paste
- 2 tsp lemon juice
- 2 x 270ml tins coconut cream (100% coconut content)
- ½ cup water (optional)
- 2 chicken breasts or 4 thighs, cut into large chunks
- Vegetables (optional)
- Coriander (as garnish)
- Salt to taste

METHOD

- Heat a deep saucepan or pot over medium heat.
- Add butter. Once melted, add diced onions and sauté until onions are translucent, about 3-5 minutes.
- Add garlic and Quick Butter Chicken Blend, then stir regularly for 1 minute until the mix is fragrant.
- Next, add tomato paste, and continue stirring the mixture regularly for a further minute.
- Pour in the coconut cream and lemon juice, stir to combine, and bring the mixture to a gentle simmer. You can adjust the consistency of the mixture to your liking by adding water if desired.
- Once the mixture is simmering, add chicken pieces along with any hard vegetables such as carrots or pumpkin, if desired. Turn heat down to low, and return to a simmer.
- Continue simmering all ingredients for 10-15 minutes if you are using chicken breasts, or 15-20 minutes if you are using chicken thighs and any hard vegetables. Add soft vegetables such as cauliflower florets in the last 5-10 minutes of cooking.

TO SERVE

Garnish dish with coriander leaves. Serve over basmati rice or with Garlic Naan for dipping.



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Judy Cameron

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Chooks

Julia Holohan

Chooks; providers of delicious fresh eggs, also; potential mess makers of gardens & depositors of their droppings around your doorway, then there's the potential for your dog or any wily fox to terrorise them. That can make them wonderful, frustrating & at times a worry but, chooks are fabulous to keep.

We've had all sorts over the years including other varieties of poultry; turkeys, geese, ducks, Guinea fowl & little game birds.

These days we've settled with just 4 chooks. I prefer to have 2 brown chooks - Isa Browns or Hylines & 2 white chooks - leghorns.



chook on nest about to lay her egg



white & brown eggs

The 2 brown chooks lay brown eggs while the 2 white chooks lay white eggs. I love having a tray of brown & white eggs on my bench and, I love cooking and eating those eggs.

We have a corrugated iron hen house with a chicken wired run which includes a wired roof & the wire also goes under the soil for a generous 30cm to stop digging foxes getting a chicken dinner.

In their house there's 2 nesting boxes filled with straw for them to lay their eggs, a self feeder that I keep filled with layer pellets, a container of shellgrit, an automatic water bowl & raised perches for them to roost on at night.

We let the chooks out around midday, when they have usually laid their eggs. Now they can free range in the paddocks, pecking at green grass, chasing insects & having luxurious dust baths. They are fun to watch and time is easily wasted doing so as they also run around keeping a check on what each other is up to & maintaining their "pecking order".

It's good to get them locked up before dark. If they haven't gone in by themselves I'll call them, "chook, chook, chookie" and throw some wheat to tempt them in.



chook living dangerously!



enjoying a dust bath

In the mornings they love Paul's left over porridge especially if there's some left over rice or pasta from our last night's dinner. Also some fresh picked greens, grass, silverbeet leaves, spare lettuce leaves to pick at until they're let out.

We keep their grains in vermin proof bins, also shell grit for calcium for strong egg shells and Diatomaceous earth for sprinkling everywhere in their house and on them to help keep parasites at bay.

We keep a layer of straw on the floor of their shed and on the ground outside. When this breaks down & builds up with manure we'll have a clean out, putting the wonderful lot on the veg garden.

We keep one wing of each chook trimmed, this makes it difficult for them to fly over the fences and will keep them out of the garden, that is, so long as we don't leave a gate open or leave something near the fence that they'll happily hop onto, then over the fence and into the garden where they will happily go and make a mess beyond belief!



pecking wheat from lids

There's so much more to tell you so, if you would like some chooks it would be best to do some research; read up, google or check with a local stock provider like Pet Stock.

Be prepared for some work and get ready for those delicious eggs.



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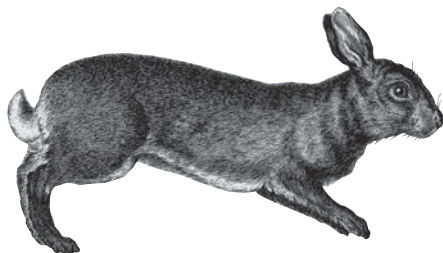


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1st Modewarre Scout Group

Marie McPadden OAM, Group Leader
mcpadden630@bigpond.com



Our Cubs headed into Geelong for a night at Laser Quest on Monday.

The Cubs have input into their programs for each term, and this was on their wish list. It's loads of fun, but is also a great platform for character development – winning, losing, healthy competition, turn taking, teamwork, co-operation, following instructions, waiting patiently, decision making, plus physical activity – hand-eye co-ordination, timing, balance, running and cheering! Everyone had a great night.

On Tuesday, the Joeys and their friends climbed aboard their rocket ship, donned their space helmets complete with laser torches, counted down from 10, and took off to the skies above.

We successfully escaped the earth's gravity but landed in a meteor field, where the astronauts donned radiation proofed gloves, grabbed meteor tools (tongs) and gathered up the meteor fragments so they couldn't damage the ship.

Having cleared the way, it was back on the ship for space food (jelly beans, smarties and gummy) bears and a rehydrated drink of space waste water (banana quik). A google search had revealed that spaceship water is actually recycled moisture from on board ship – urine, sweat, condensation etc – which impressed the Joeys!

An SOS call came out to the crew, with the Man in the Moon having been kidnapped. With our space torches on, a search of the dark, old Bluestone Building revealed shattered pieces of our Moon man, which were quickly repaired by the teams of astronauts.

Our last mission was to rid the Milky Way of aliens threatening to invade Earth. The Joeys created an alien on a paper plate spaceship and hurled it into the black Hole. Back on our spaceship heading for home, the Joeys and friends were rewarded for their work with a milky way.

Next week, both Joeys and Cubs are playing Badge Monopoly with a hall sized Monopoly Board and giant dice.



Performing Arts

The lower primary classes have begun the Term 3 focus on Music!

Students have been engaging with the elements of music, particularly percussion instruments, to develop and perform sounds. Students have been using Boomwhackers, an instrument that promotes teamwork, and allows students to experiment with pitch and rhythm.

Students have also enjoyed playing rhythms on our bucket drums.





Winchelsea Place Plan

with Growing Winchelsea & the Surf Coast Shire

Winchelsea Place Plan meeting Hosted by Growing Winchelsea 23 July

The Secretary on behalf of the Committee

Congratulations to the fifty people who attended the 'Winchelsea Place Plan' public meeting at the Winchelsea Shire Hall on Thursday 23rd July, hosted by Growing Winchelsea. This gathering was attended by Deputy Mayor Phelps and Cr Grist, along with a strong contingent of council officers from planning and infrastructure. There were seven apologies.

The meeting was called to support a deeper understanding of the Winchelsea Place Plan developed by a working group of twenty-nine Winchelsea based people along with the Surf Coast Shire officers. This Surf Coast Shire planning initiative led to seven themes identified as priorities to value and use as a foundation plan for the ongoing growth of our community.

The meeting was controversial before it even happened - there were wide held concerns that a decision had been made that the golf course would become the supermarket site. That notion was quickly dispelled as being entirely not the case. The mud map which sparked the concern had unfortunately sported a 'sticky note' placed inadvertently over the golf course. Enough said. It's not a thing.

The other controversy related to having the meeting during business hours. Indeed, that was a concern from Growing Winchelsea, but we needed to 'test' the appetite for daylight gatherings rather than the more typical evening meetings. It is possible we will have more opportunity for evening meetings as we move from the Place Plan to a Structure Plan. Judging from the turnout though, daylight meetings are clearly as relevant as any other, especially when held during the colder months. We'll mix it up.

So, to the meeting. Rob Cameron was our excellent facilitator, commencing as we always do with acknowledgment of the Wadawurrung and Guludjan peoples and this country on which we were meeting. Kylie Hawkins, one of the community participants in the Place Plan process spoke about the success in meeting new people so interested in this community. Council officers, particularly Kate Sullivan (Manager, Integrated Planning) took us through the process, followed by Lachlan Burke's introduction to the impending Winchelsea Structure Plan process. We then participated in table discussions, each focussing on one of the seven themes from the Winchelsea Place Plan. Attendees were invited to be curious, to think about the consequences and the opportunities they could see in these themes.



There was a great level of conversation, people meeting each other, learning of different interests, expressions of frustrations alongside great enthusiasm to shape the ideas in this community. Each table of 4-8 attendees was allocated a theme, with the purpose to be curious, and to offer back to the wider group one key take-away from their discussion.

From the people on the Managing Growth and Rural Character table it was a clear message of retaining a village atmosphere and honouring heritage. From the Strong Community Connection group, their key statement was a request for people to read the Place Plan for the multiple and diverse issues already captured. The Environmental Stewardship table suggested improved, really improved, access points across the highway, taking the example of the La Hoot, playground and swimming pool precinct, among the many. Next came the table of Celebrating Culture and Heritage, who were keen to prevent inappropriate development. The next group - Inclusive Access to Services and Infrastructure table highlighted how to have inclusive access and to think long term to achieve this. On to the Walkable and Connected Town theme and their key message was footpaths, footpaths, footpaths. The final group discussed the Healthy Local Economy and Opportunity theme and proposed we capture the past, the present and possible futures through a three-dimensional mapping strategy.



For more information contact secretary@growingwinchelsea.com

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The plan is a broad-brush foundation of uncontroversial statements of intent - a foundation from which to build a structure plan. The shire is keen to reflect the township's ideas within the coming structure plan development, and are committed to listening. Now is the time to build upon this vision. The shire is obliged to compile these plans as a statutory responsibility. This obligation includes a prescribed delivery schedule, which was reiterated during question time.

The next steps - well, these conversations will continue. The Surf Coast Shire is currently calling for Expressions of Interest from people interested in being part of the Winchelsea Structure Plan design and development options phase. As Kate Sullivan so clearly articulated - this is a shared plan. A community driven project which will help the town manage and direct a significant growth spurt into the future.

In summing up, as Rob Cameron eloquently reiterated, the aspirations of this township are many and varied, aspirations which are well served by coming together through the well established relationship Growing Winchelsea has with the

Surf Coast Shire. We all have a better chance of furthering the prosperity of the town as a group rather than as individuals. Thanks again Rob for your time and enthusiasm. Thanks to the Winchelsea Community House. And thanks to all the volunteers who help facilitate these important discussions.

Growing Winchelsea will undertake to host another opportunity for community discourse as the shaping up of the Winchelsea Structure Plan emerges. Perhaps this can be our focus for the impending AGM, which may return to an evening time slot. Growing Winchelsea are also re-establishing the Planning Committee and welcome interested people to participate in this group. We aim to collaborate further with local business and commercial interests, with that specific community coming together at a time of their choice.

Ultimately it was a lively, interested and enthusiastic group of people together for informed discussion about the issues and concerns that impact us, and how we all continue to invest in this community in so many ways. Thank you to all who participated.

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Winchelsea Community House
28 Hesse St, Winchelsea 5267 2028

WEDNESDAY

WINCHELSEA MEN'S SHED

9.30-2.30 51 Hesse St, Winchelsea
Ray Atkinson 0407839139
winchmenshed@gmail.com

SENIOR CITIZENS CENTRE

Wednesdays 1- 3.00 pm
36 Harding St, Winchelsea
Jean Shinnars 52672263, 0427672263
jeanshinnars@gmail.com

MOTHER GOOSE SONG AND RHYME

2pm (School term) FREE
Winchelsea Community House, 28 Hesse St

WINCHELSEA HISTORICAL SOCIETY

Wednesday 1-4:pm, Friday 10am-3pm
Hesse St, Winchelsea

STITCH IT, DON'T DITCH IT!

9.30-2pm Wednesdays
Winch Community House, Hesse St
SEWING MACHINE & OVERLOCKER
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MEL'S DANCE CENTRAL

Winchelsea Dance Classes
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Senior Citizens Club,
www.melsdancecentral.com.au

CWA WINCHELSEA

7-8.30pm 2nd Wed monthly
Senior Citizens, Harding St
winchelsea.cwa@gmail.com



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Modewarre Hall, Cape Otway Rd
Wed-Scouts 11-14yo 6:30-8:30pm (sch term)
Venturers 15-18yo hosted by
Torquay or Highton Units
Marie McPadden 0409330147

THURSDAY

WINCHELSEA MEN'S SHED

9.30-2.30 51 Hesse St, Winchelsea
Ray Atkinson 0407839139
winchmenshed@gmail.com

CHAT WITH YOUR COUNCILLOR Cr Tony Phelps

10am-12pm First Thursday of month
Winchelsea Shire Hall 28 Hesse St

CO-WORKING & STUDYING SPACE

9am-2pm \$10 5267 2028
Winch Community House, 28 Hesse St

WINCHELSEA PLAYGROUP

10am-12pm (School term) \$5
St Thomas Hall, 27 Barwon Tce
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July/Aug 2026

This is a recurring calendar.
Please confirm event details with the organiser/venue.
To add an event to the calendar,
please email news@winchelseastar.org.au

WINCHELSEA PICKLEBALL

10-11.30am
Leisure Time Centre, Gosney St
Lesley Mathison 0438 672 197

KNITTING GROUP

10.30am-12pm FREE
Winchelsea Community House, 28 Hesse St
(03) 5267 2028 (03) 5267 2028

VINYASA YOGA

6.30PM Winchelsea Shire Hall 5267 2028
28 Hesse Street, Winchelsea

WINCHELSEA MOVIE CLUB

7.30 (3rd Thurs each month)
Globe Theatre, Main St, Winchelsea
growingwinchelsea.com/project/winchelsea-movie-club/

FRIDAY

TAI CHI

9am-10am \$10 5267 2028
Winch Community House, 28 Hesse S

COMMUNITY FOODBANK

12-2pm 30 Hesse St, Winchelsea
0417 848 292

PHONICS WITH ROBOT REG

10.30am (1-3 yrs) 11.30am (3-5 yrs)
(School terms)
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CHATTY CAFÉ

10.30am-12.30pm, Winch Shire Hall,
28 Hesse St, Winchelsea
Gold Coin Donation 5267 2028



Winchelsea Community Foodbank

Fridays 12 - 2PM

30-32 Hesse Street Winchelsea

To learn more info  0417 848 292

healthpromotion@hesse.vic.gov.au

All welcome

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Friday 10am-3pm Hesse St, Winchelsea

SENIOR CITIZENS CENTRE

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jeanshinnors@gmail.com

GEELONG REGIONAL MOBILE LIBRARY

2-5pm Shire Hall, 28 Hesse Street
0408384331 (During scheduled stops)

SATURDAY

PARKRUN

8am Trebeck Reserve
Sussex St, Winchelsea
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DIAMOND DOT

Senior Citizens Centre,
36 Harding Street Winchelsea
10 till 4 \$5 entry, \$10 includes lunch
Tracey 0427500649

WINCHELSEA LIONS CLUB IGA BBQs

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SURF COAST ARTS TRAIL

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Stewart Mathison 0428 672054

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10am (Last Sat monthly)
Palmer's Cafe & Restaurant
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CROCHET GROUP

1.30pm Every 2nd Saturday \$5
Winch Community House, 28 Hesse St,
Vee 0467 219 227

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Harding St, Winchelsea 0404598558

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Barwon Park Mansion 105 Inverleigh Rd
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WINCHELSEA COMMUNITY DINNER

6.30pm last Sat monthly, except Nov/Dec
Hall, Harding St Winchelsea
Bring plate and gold coin donation if you can

SUNDAY

WINCHELSEA COMMUNITY MARKET

9-1pm, 1st Sunday monthly
Leisure Time Centre, Gosney
growingwinchelsea.com/project/winchelsea-community-market/

WINCHELSEA UNITING CHURCH

Service 9.30am each week
Hesse St, Winchelsea 0475 777 301
uca.winchelsea@gmail.com

ST THOMAS' ANGLICAN CHURCH

10am each week Barwon Tce,
Winchelsea
0448 687 588 stthomaswac@gmail.com

SURF COAST ARTS TRAIL Sat & Sun 1 & 2 August

artsteam@surfcoast.vic.gov.au
5261 0600

Prepare schools early for bushfire season

Victorian Government

330 schools across 344 campuses will share in more than \$8 million to clear vegetation around buildings well ahead of the dangerous season.

The funding will go to schools on the Bushfire at Risk Register – mostly in regional Victoria where families need this protection most.

Staying informed is critical in emergencies.

Use more than one source, such as the VicEmergency app and ABC Local Radio

Regular vegetation works mean safer school communities and buildings in the event of a bushfire. That's why schools will also get two visits every 3 years by an accredited Bushfire Planning and Design expert.

Through the School Support Program, the experts will give the schools a unique Vegetation Management Plan. Schools who need extra advice, such as from a specialist Bushfire Attack Level expert, are fully supported to do so.

For a list of schools receiving funding, visit schoolbuildings.vic.gov.au/planned-maintenance-program.

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Take Two of Cheese Making in the Shire Hall

Rhani Bayon

There was plenty of activity at the Winchelsea Shire Hall last Saturday as ten enthusiastic participants rolled up their sleeves for our annual Cheese Making Workshop.

Led by returning cheesemaking expert Barry, attendees learnt the art of creating a variety of delicious cheeses from scratch. Throughout the day, they enjoyed tastings of freshly made cheeses while gaining hands-on experience and practical tips to recreate them at home.

By the end of the workshop, each participant headed home with an impressive selection of handmade cheeses, some ready to enjoy immediately and others requiring a little time to mature to perfection.

Is there a Workshop you'd like to see available in Winchelsea? Get in touch by emailing shirehall@winchhouse.org.au and we will try our best to make it happen!



Foxes Den Cafe Winchelsea

Do what this fox is doing and come enjoy dinner on Friday nights at the Foxes Den, Main St Winchelsea.

Roast with all the good stuff available from 5:30

We also have our fish, chip & grill menu available.

Last orders at 7:15.

Thank you to a wonderful customer for creating this beautiful picture.



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Meta AI



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Winchelsea Churches



Winchelsea Uniting Church

0475 777 301

uca.winchelsea@gmail.com
Hesse St, Winchelsea 3241
Services 9.30am Sundays

St John the Baptist Catholic Church

0404 598 558

Father Joseph Panackal
Harding St, Winchelsea 3241
Mass @ 5pm Sat. July 11, 18, 25

St Thomas' Anglican Church

0448 687 588

Rev Christopher Duff
Barwon Tce, Winchelsea
Service 10am Sundays

Thought of the Week

"Too frequently I find that a persons morality is a code by which he or she believes others should perform towards them rather than a code guiding their behavior towards others. It is our actual day-to-day behavior that determines and defines our morality."

Have a Blessed week.

John Bader
(Christian Pastoral Carer)

Psalm 22



A psalm by David

- 19 But don't be far off, LORD. You are my help. Hurry to help me!
- 20 Deliver my soul from the sword, my precious life from the power of the dog.
- 21 Save me from the lion's mouth! Yes, you have rescued me from the horns of the wild oxen.
- 22 I will declare your name to my brothers. Among the assembly, I will praise you.
- 23 You who fear the LORD, praise him! All you descendants of Jacob, glorify him! Stand in awe of him, all you descendants of Israel!
- 24 For he has not despised nor abhorred the affliction of the afflicted, neither has he hidden his face from him; but when he cried to him, he heard.
- 25 My praise of you comes in the great assembly. I will pay my vows before those who fear him.
- 26 The humble shall eat and be satisfied. They shall praise the LORD who seek after him. Let your hearts live forever.
- 27 All the ends of the earth shall remember and turn to the LORD. All the relatives of the nations shall worship before you.
- 28 For the kingdom is the LORD's. He is the ruler over the nations.
- 29 All the rich ones of the earth shall eat and worship. All those who go down to the dust shall bow before him, even he who can't keep his soul alive.
- 30 Posterity shall serve him. Future generations shall be told about the Lord.
- 31 They shall come and shall declare his righteousness to a people that shall be born, for he has done it.

World English Bible

TEA & TUNES

In the Winchelsea Shire Hall
September 10th 2026
10.30am - 1pm

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Tony Phelps

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Winchelsea Fire Brigade

Every Sunday at 10am, members of our brigade head down to the station for our weekly radio test.

Many bring their children along, and it's always a blessing to see their excitement around the trucks and brigade life.

Willow, Charlie and Ted were keen to lend a hand. While the trucks were out, they enthusiastically grabbed the brooms and swept the floors. Their willingness to help out, no matter how small the task, was wonderful to see.

Our youngest unofficial brigade members are the reason we do what we do. They're the ones we come home to, and they're also the ones who give up precious time with a parent when the pager goes off and we rush out the door.

Family is everything. If we can make our families feel just as important and valued as our members, then we're on the right track. Thank you, Willow, Charlie and Ted – thanks to you, the station floor is sparkling clean today!



Barwon River Loop Walk

Surf Coast Shire

Update

Following a public tender process a Contractor has been appointed to complete the construction of the Pedestrian Bridge and two viewing platforms.



The loop, north of the Princes Highway, will link with the previously completed stage one to the south creating a two-kilometre path connecting Winchelsea's four quadrants and better connecting the community with the river environment.

A pedestrian bridge will replace an existing culvert crossing near Armytage Street and viewing platforms will be installed on both banks of the river between the two bridges.

An onsite review of the construction methods with the Contractor identified more trees will be impacted during construction, therefore the planning permit needs to be amended.

Design plans for the works are being amended to allow the construction to proceed. Fabrication of the steel elements for the structures will then follow.

Construction works were anticipated to start in June, with completion by September 2026.

Thinking about volunteering with the SES?

SES Winchelsea Unit

Want to learn more about what we do and how you can get involved?

You're welcome to come along to the Winchelsea SES Unit every Wednesday from 7:30pm, have a look around, meet the team, and see what being part of your local SES community is all about!

We'd love to see you there!

Find out more about volunteering with VICSES
<https://www.ses.vic.gov.au/join-us/volunteer>



Support 1st Modewarre Scout Group

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prize



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The Ripple Effect

Madame Butterfly

*A space for the issues that start small but matter deeply—
because in every community, even the quietest ripple can create
real change.*

Promoting Winchelsea's Unique Attractions – Turning Travellers into Visitors

Winchelsea sits in a unique position between Geelong, the Surf Coast, the Otways and Great Ocean Road, and regional Victoria, yet many travellers currently pass through without realising what the town has to offer. We have unique attractions such as Barwon Park Mansion, Globe Theatre & Marjorie Lawrence, not to mention those rabbits. The reopening of the Visitor Information Centre presents a valuable opportunity to actively promote Winchelsea as a destination rather than simply a stop along the highway.

Identifying Winchelsea's Tourism Strengths

Effective tourism promotion begins with identifying the town's unique experiences and stories. Winchelsea has several key strengths:

- Rich heritage architecture
- Strong Indigenous and colonial history
- Access to the Barwon River
- Rural and scenic landscapes
- Community events and markets
- Boutique businesses and cafes
- Proximity to the Great Ocean Road region

These attractions can be packaged into visitor experiences that encourage longer stays and repeat visitation.

Modern Tourism Promotion Strategies

Today's visitors increasingly rely on digital information and visual experiences when choosing where to stop and explore. The VIC can play a leading role through:

- Interactive digital displays
- QR-code linked walking tours
- Local business promotion screens
- Event calendars
- Social media integration
- Regional tourism partnerships

The VIC could also support themed tourism initiatives such as:

- Expanding our Heritage trail
- Nature and birdwatching experiences
- Local produce and artisan trails
- Family-friendly stopover itineraries
- School and educational tourism

Building Local Business Partnerships

A successful VIC works closely with local businesses. Opportunities include:

- Cross-promotion packages
- Local maps featuring businesses & unique attractions
- Discount vouchers
- Visitor welcome offers
- Event collaborations

This cooperative approach strengthens the local economy and helps businesses benefit directly from tourism growth.

Encouraging Travellers to Stop

One of the biggest challenges since the highway duplication has been reduced spontaneous visitation. Strong roadside promotion, entrance signage and digital visibility are now essential.

This includes:

- Clear advance highway signage
- Attractive entry statements
- Well-marked parking
- Easily accessible visitor facilities
- Strong online presence

With proper promotion and investment, Winchelsea can reposition itself as a welcoming regional destination with authentic experiences that travellers cannot find elsewhere.

*We've started the ripple — whether it leads to change,
or disappears, is now up to us.*



45 Anderson Street, Winchelsea 3241 Tel 5267 2660 winchelseagolf.com.au

Winchelsea Golf Club



Rachel Boddington

RESULTS

Weekly Stableford 22/7/26

Winner: Tim Parish (27) 34 Pts CB

R/Up: Peter Finch (39) 34 pts

BDL: Tara 33pts

NTP: 2/11 Tim Parish

2nd Round Members Cup, Stableford, NTP 2/11, Golden Hole 15th

Winner: Peter Finch (30) 37 pts

R/Up: David Harvey (18) 36 pts

BDL: Aaron Wight (17) 32 Cb

BDL: Tara Steward (18) 32

Golden Hole: Gary Reid

NTP: Tara Steward

NEXT WEEK

3rd RD Members Cup, Par

Upcoming Competitions.

2026



AUGUST 05	WEDNESDAY Weekly Stableford Ladies: Stableford	AUGUST 08	SATURDAY TBA
AUGUST 12	WEDNESDAY Weekly Stableford Ladies: Stroke, Putting Silverspoon 4th Rd	AUGUST 15	SATURDAY Quarterly Medal - Stroke (Board Event)
AUGUST 19	WEDNESDAY Weekly Stableford Ladies: Par	AUGUST 22	SATURDAY Stableford
AUGUST 26	WEDNESDAY Weekly Stableford Ladies: Stableford Jess Budge 4th Rd	AUGUST 29	SATURDAY 2 Person Ambrose
SEPTEMBER 02	WEDNESDAY Weekly Stableford Ladies: Stroke, Putting Rene Austin Brooch	SEPTEMBER 05	SATURDAY Stroke



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April 25th	September 26th
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June 27th	November 28th

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Foraging for food may not be such a good idea

Julian Cox UNSW



From wild mushrooms to native greens, more Australians are embracing foraging as a way to reconnect with nature and eat local produce. As cooler weather brings the right conditions for wild mushrooms and edible plants, more people may be tempted to forage for their next meal.

Foraging in Australia is legal but the regulations vary significantly by state, the type of land ownership, and the species being collected.

According to UNSW food microbiologist Associate Professor Julian Cox, the biggest danger isn't what people can see - it's what they can't. "There's a romantic notion of going out and sourcing your own food," he says. "We're seeing it become trendy on social media and even in culinary circles, where restaurants celebrate not just local produce, but wild ingredients. Some of the world's top restaurants are acclaimed for using foraged ingredients."

"But foraging individually exposes people to a range of food safety risks if they are not careful – and these can have deadly consequences."

Why wild mushrooms are worrisome

Wild mushrooms are one of the top concerns for food safety because some poisonous species closely resemble edible varieties. Wild mushrooms can affect the body from gastrointestinal symptoms, vomiting, and diarrhoea, to hallucinations.

The **death cap mushroom, *Amanita phalloides***, is among Australia's most poisonous fungi. Its effects are insidious: initially intoxication causes severe gastric symptoms that seem to resolve, but without medical intervention, organ damage and failure ensue, leading to death. As little as half a cap can be lethal.

Every year, the Australian Poisons Information Centre receives almost 900 calls about people eating wild mushrooms, with around one in three requiring hospital treatment.

While rare, death cap mushrooms are responsible for about 90% of mushroom poisonings in Australia, including a case in Victoria last year.

The **yellow staining mushroom, *Agaricus xanthodermus***, is another poisonous mushroom that gets mistaken for an edible

field mushroom. It's the leading cause of mushroom poisoning in Victoria and can cause nausea, vomiting, diarrhea and other gastrointestinal symptoms for several days.

Unlike food poisoning bacteria that are usually destroyed through heat, chemical toxins found in poisonous mushrooms remain dangerous even after cooking.

"If you're not 100% sure what you're foraging for, don't eat it. "The consequences are so severe - the safest option is to avoid eating foraged wild mushrooms altogether."

Hidden contamination

The risk of foraging doesn't stop at poisonous fungi. Food gathered from the wild can also be contaminated by animal faeces that contain harmful microbes, including bacteria and parasites.

A/Prof. Cox points to the Australian woman who developed a rare parasitic infection after eating Warrigal Greens, *Tetragonia tetragonioides*. It is believed the parasite, *Ophidascaris robertsi*, came from python faeces contaminating the food. Doctors removed a live roundworm from the woman's brain.

"While you might not think of it as foraging, growing your own in your back yard may come with hazards. Companion animals, such as cats and dogs, or poultry, can carry 'bad bugs', and these may find their way onto your produce, via faeces, or water."

Foraged foods may also absorb or accumulate chemicals from the soil, water or surrounding environment where they grow. "For example, foraging shellfish and seafood from certain areas is prohibited, due to concerns about pollutants that might accumulate in it."

Buy, don't pick

While commercially grown produce is not immune to contamination, controlled production minimises risk.

The safest option is to leave wild foods where they are and consume only commercially grown alternatives. "The Australian food industry is heavily regulated, food sold in supermarkets undergoes rigorous food safety checks," he says.

"From how fresh produce is grown to how it's processed and handled, there are multiple safeguards. Though there are no guarantees around food safety with raw, fresh and minimally processed foods, well controlled production and processing mitigates risk."

A final word of advice

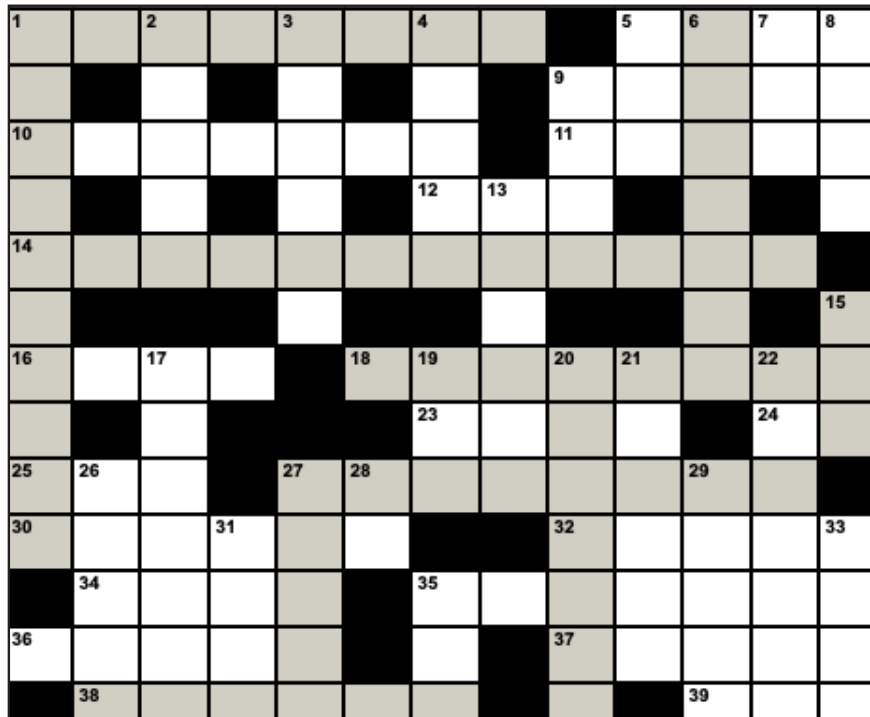
For experienced foragers with specialised knowledge, identifying species that are edible may be second nature. But for most people, it could be a deadly mistake. "When it comes to wild mushrooms, if you're not completely certain what you're looking at, don't eat it," says A/Prof. Cox.

You can reduce some risks through good food handling but if you've picked the wrong mushroom or collected food that's contaminated with toxins, no amount of cooking will make it safe.

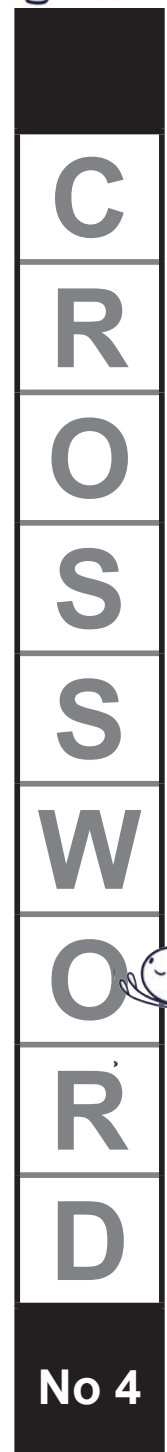
"Taking that chance could ultimately cost you your life."

Winchelsea Crossword No 4 Set by Greg Ware

Grey squares relate directly to Winchelsea. Solution next page



ACROSS	DOWN
1 & 18 ac Dramatic soprano associated with the Globe Theatre in Winch	1 & 6 dn Noted merino sheep farm near Winch (5,5,7)
5 Russian ruler	2 Wireless
9 Covered outdoor space	3 Bandit
10 Added new information	4 Asian country
11 Separate	5 Faucet
12 Charged particle	6 See 1 down
14 Pastoralist who founded Barwon Park estate (6,6)	7 Atmospheric gas
16 Every one of a group	8 Repetitious way of learning
18 See 1 across	9 Cooking utensils
23 Face of a clock	13 Deceive by using greater ingenuity
24 One in France	15 See 27 down
25 Seach and rescue (inits)	17 Reindeer
27 Sport played at Eastern Reserve in Winch	19 Fuss
30 Newspaper boss	20 Feral animals notoriously introduced to Aust. by 14 ac
32 Living organisms of a particular region	21 Female forename
34 Wild mountain goat	22 Shared values & customs
35 Sore	26 Goodbye in Spain
36 Largest deer species	27 & 15 dn Winch café
37 Prefix meaning "having four parts"	28 Alternatively
38 Winchelsea is named for a town in this UK county	29 Of imposing height
39 Affirmative response	31 Female forename
	33 Expression of grief or concern
	35 Viral skin disease



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The Climate Report

Compiled by Judy Cameron

Imagine a city that's pollution-free

- Ten heavy-duty electric trucks have rolled off an Australian production line for the first time in a move experts say could slash emissions and change the way freight moves around the nation.
- The announcement follows record sales of electric cars in June and after conflict in the Middle East raised the price of diesel, challenging freight operators.
- Volvo's national headquarters in Wacol, Brisbane's south-west, will manufacture electric trucks on the same production line as diesel-powered vehicles, Volvo Group Australia president Martin Merrick said.
- Its electric trucks would be able to move up to 40 tonnes of freight, travel for up to 700 kilometres on a single charge, and could be recharged in 40 minutes, he said.
- "These trucks will have zero noise pollution, zero tailpipe emissions so if we think about a city in an urban environment where we have school kids, older generations ... imagine a city in future that's pollution-free."
- Heavy transport accounts for about seven per cent of Australia's greenhouse gas emissions, and are forecast to increase by 16 per cent in 2040, according to government estimates.



Volvo electric trucks in Europe in 2021

Source: <https://thedriven.io/2026/07/08/imagine-a-city-thats-pollution-free-volvo-delivers-first-10-australia-made-battery-electric-trucks-with-700-km-range/>

Humans have long sought to geoengineer the Earth's environment.

Tim Flannery outlines a few of the wildest ideas from the 20th century

1. Atlantropa

In the 1930s the German engineer Herman Sörgel proposed that a dam be built across the strait of Gibraltar to lower the level of the Mediterranean Sea by two hundred metres. Vast acreages of new and fertile lebensraum would be created, to be worked by African labourers. A few quibbled about the impact that draining the Med might have on things like Venice's canals!

2. Soviet plans to modify nature

Russians have always felt short changed when it comes to

climate. The Soviet engineer PM Borisov had a plan to deal with that. All that was needed was to raise the temperature of the Earth by a couple of degrees and that could be achieved by building a dam across the Bering Strait*, so melting the Arctic ice cap. It was a big job and other Soviet scientists countered that the same effect could be achieved by cutting a hole in the Thompson-Wyville Ridge. That would only involve excavating a mere 3,000 sq km of sea floor at depths of more than a kilometre.

* The Bering Strait is a strait between the Pacific and Arctic oceans, separating the Chukchi Peninsula of the Russian Far East from the Seward Peninsula of Alaska. Wikipedia

3. Bombing to save the planet

The discovery of the power of the atom introduced a powerful age of techno-optimism. Harry Wexler, who led the scientific services division of the US Weather Bureau from the 1940s through to 1962, thought 10 carefully placed hydrogen bombs could do for the Arctic ice cap, heralding in an age of unprecedented warmth. And the Russians believed that nuclear weapons were ideal for redirecting rivers. They actually detonated three devices in an effort to divert some northward-flowing rivers and were surprised to find that exploding three atomic bombs only cleared 700 metres of canal. This, and the apparently unanticipated radiation released, made it impossible to proceed.

4. Making a second moon

Few attempts at geoengineering have got off the drawing board but in the 1990s Project Znamya actually achieved its objective of creating a "second moon".

The idea was to reflect enough sunlight on to Russia's arctic regions to increase the illumination provided by a full moon. The mirrors took the form of reflective foldable satellites, launched in sufficient numbers to be able to significantly extend the daylight hours, providing Russians with additional warmth and energy savings. The initial batch of satellites provided a 5km patch of light. When a second bunch got stuck in the MIR space station and the declining Russian economy made the economics challenging, the project was abandoned.

5. New Australian mountains

Laurie Hogan felt that, when it came to mountains, Australia had been seriously short-changed. Its only significant mountains are low and hug the east coast, creating a narrow green strip and a vast, arid outback. Wouldn't it be better if the mountains were further west? He felt so strongly about this that in 1979 he published *Man Made Mountain*, a book that argued for the creation of a second mountain range, this one along the border of Western Australia. The new range would be 2,000km long, 4km high and 10km wide. Forty-nine great cities, all laid out on a rectangular grid, and 180,000 fish farms would ornament its slopes.

Analysis of Hogan's plan revealed that it would require moving many times more rock than humanity has moved in its entire history.

These five ideas are just the tip of the geoengineering iceberg. Over the course of history serious efforts have been made to increase rainfall, control the paths of hurricanes and use weather to win wars, all to no avail. There is no end to humanity's monstrous egotism, it seems.

Source: <https://www.theguardian.com/environment/2026/jul/06/five-outlandish-plans-to-remodel-earth-climate>

Winchelsea Football Netball Club Inc

Hopkins St, Winchelsea winchelseafnc@hotmail.com

Blues News

Janet Fletcher



ROUND 15

EAST GEELONG EAGLES vs WINCHELSEA BLUES

Welcome to Blue's News as we head into Round 16 where a lot of the hard work over the preseason, and season itself has started to come to fruition for the Winchelsea Blues Senior side. It was building to be a big week for both Reserves and Seniors.

RESERVES:

East Geelong Eagles 13.8.86 def Winchelsea Blues 4.2.26

The end result says it all for the Reserves who started well enough but dropped away after half time. To be fair to the Blues side, while the Senior side of East's has long been a benchmark of the League, the Reserves side even more so having recently being undefeated for the whole season. The loss will make it tricky for the Blues to play finals but there are 3 weeks to go and they will be having a red hot go for sure.

GOALS: Angus Leigh 1, Jack Todd 1, Eamon Dempsey 1, Matthew Gillespie 1.

BEST: Matthew Gillespie, Dustin Baker, Callum Nankervis, Lachlan Jenkins, Will McNeil.

SENIORS:

East Geelong Eagles 9.6.60 were defeated by Winchelsea Blues 10.11.71

After 8 straight wins on the trot this was the one that the Blues were after and wanted badly, East Geelong having been the only side in the top five to have given out a bit of a towel up to the Blues as they hosted the Eagles at their first 2026 meeting at Eastern Reserve in Round 4. Eagles 17.15.117 – Blues 9.8.62 After having 8 intense weeks with some very tight finishes would the Blues be able to hold their line and discipline to take on East at East?

The weather was fine with sunny breaks, and windy, while not quite the scenario as at Belmont, there was definitely a scoring end and the Blues did well in the opening quarter using the wind 4 goals 5 behinds to the Eagles 1 behind. The second quarter saw the Winchelsea side add 1 goal to their tally but went into the half time break 4 points down and the East supporters were certainly letting both players and Blues supporters know about it. The last half of the game is a testament to this Winchelsea side and their Coaching Staff, late in the fourth quarter the Eagles took the lead and East supporters thought they were home! The sea of Blue supporters was amazing and took their own voice to a next level during the last half of that last quarter, the Blues regained the lead and then kicked another goal ... surely that would be enough and it was. The win belonged to everyone, a great team effort. The Best 6 certainly earning their stripes but across the entire group everyone stood up, Cass Parish a welcome addition back into the team, Ryan Williams exceptional, Jack Terrill working tirelessly all match.

As Blues Senior Coach Ben Moloney came off the ground after the Final Siren there was a group of East supporters, past

players etc who had been very vocal during the game but were silent as all eyes were on this Winchelsea coach to check him out and at last showed some interest and respect to this team and their Coaching staff, personally a great moment to observe. GOALS: Cameron Primmer 3, Jordan Gould 2, Fin Parish 2, Ryan Williams 1, Indi Parish 1, Sam Adams 1. BEST: Jordan Huff, Fin Parish, Ryan Williams, Adam Walsh, Rory Baulch, Indi Parish.

This week the Blues roll on at home where the W.F.N.C. host country cousins Inverleigh and do battle for the Community Cup – a great initiative from the Bendigo Bank between the 2 clubs. After the huge turnout of supporters last week at the East Geelong's home ground, I'm sure there will be another big wave of the NAVY BLUE colour in the crowd.

GET ON BOARD THE BLUE'S TRAIN!!

The Ladder stands as the top five

Werribee Centrals	48 points % 137.00
Winchelsea Blues	48 points % 136.70
Nth Geelong Magpie	44 points % 144.20
East Geelong Eagles	40 points % 168.54
Belmont Lions	40 points % 136.65
B. P. H. Panthers	40 points % 136.13
Inverleigh Hawks	36 points % 134.78
Bannockburn Tigers	32 points % 128.71
Anakie Roos	12 points % 60.01
Thomson Tigers	12 points % 59.56
Corio Devils	8 points % 59.06
Geelong West Giants	0 % 33.45

Huge Round coming up in the GDFNL ROUND 16.
1st plays 5th, 2nd plays 7th, 3rd plays 6th, 4th plays 8th.

The GDFNL football ladder is so even this season, any loss could mean make or break to make finals, Centrals have a hard road home as do North Geelong and East Geelong.

Games are at the usual times – Reserves 12 pm, Seniors 2pm. Get there early to support the Winchelsea Blues Reserve side who have done so well this season in filling out the Senior side when needed.

COME EARLY & SHOW YOUR SUPPORT FOR THE RESSIES !!

BLUE'S BISTRO:

This week the menu is Seafood Baskets, Chicken Kiev, Meatloaf / Lasagne
Dessert: Apple Crumble.

Sending Best Wishes to those in the Catering Team who aren't travelling as well as they might, hope you are feeling better and are back on board in the kitchen soon!

What's on at Winch House

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No experience needed. Everyone is warmly encouraged to attend both sessions to build connection, creativity and community.

Workshop
10am-12:30pm
August 8, 2026

Location
28 Hesse st
Winchelsea Shire Hall

1 session \$75
both sessions \$120
(Shibori + Gelli printing)
Limited subsidised places available for those experiencing financial barriers. Reach out for more info.

Tickets
Via QR code



Adult Art Class 2



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No experience needed. Everyone is warmly encouraged to attend both sessions to build connection, creativity and community.

Workshop
10am-12:30pm
August 22, 2026

Location
28 Hesse st
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1 session \$75
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TAI CHI

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in the Winchelsea Shire Hall

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Find us on facebook at: winchelsea tai chi group

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IN THE SHIRE HALL

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TUESDAYS

MAT PILATES WITH HANNAH
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TUESDAYS

VINYASA YOGA WITH KATE
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THURSDAYS

YOGA FLOW WITH LISA
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Thursday Mornings 10.30 -12.00
Winchelsea community house.

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The Chatty Cafe Scheme

Friday's 10.30am - 12.30pm
in the Shire Hall

A warm, welcoming space where you can drop in, have a chat, and connect with others. Whether you're a young professional, a new parent, retired, or simply looking for friendly conversation, everyone is welcome!

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Craft & Crochet Group

\$5 per person.

1pm, every second Saturday
in the Winchelsea community house.

Register your interest at
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Get in Touch!

Got a great idea for an event, program or workshop you'd like to see happening here in the Community house or shire hall?

Give us a call on 03 52672028 or email
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Junior Netball



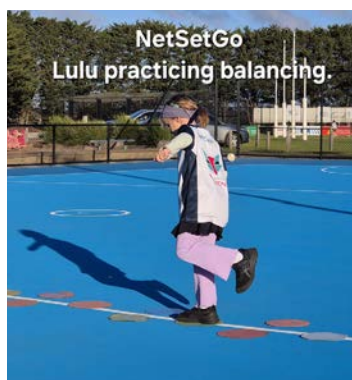
Shae Callahan *Thank you Jason Nogueira Photography for the photos!*

NetSetGo

Our Baby Blues continue to bring plenty of energy and enthusiasm to NetSetGo each Thursday afternoon. Now into the second term of the program, our players are beginning to transition into more position-focused learning as they build the skills and confidence needed for competition netball.

Each session focuses on developing balance, teamwork, ball handling and game awareness, all while ensuring there is plenty of fun, laughter and smiles along the way. It's wonderful to see the players growing in confidence and enjoying every opportunity to learn.

If your child is keen to give netball a go, we'd love to welcome them! Join us every Thursday at 4.00pm and discover why NetSetGo is the perfect place to start their netball journey.



NetSetGo
Lulu practicing balancing.



NetSetGo
Pixie shooting for goal.

Under 10s



What a fantastic game from our U10 girls, coming away with a confident 10–3 win!

A special shout-out to Eden, who had a standout game under the post, scoring 6 of our team's 10 goals.

Her confidence in attack has grown so much, and she's really finding her stride as a shooter!

It was also wonderful to see the girls putting into practice the skills they've been learning during our Sunday Rock Up Netball sessions. Their ability to read the play is improving every week, and they're developing a great understanding of the role and responsibilities of each position on the court.

We're so proud of the effort, teamwork, and determination this group continues to show each week. Keep up the amazing work, girls!

Under 11s

The Under 11s took on East Geelong on Saturday, going down 3–18 after a competitive first half. The Blues matched it with their opponents early before East Geelong's experience shone through in the second half.

Grace was accurate under the post, shooting all three of the team's goals. Senior players Olivia and Lilly led by example, working tirelessly through defence and the midcourt to support their younger teammates and keep the pressure on throughout the game.

It has been fantastic to see the players continuing to grow in confidence as they experience different positions around the court each week. Their willingness to learn, encourage one another and embrace new challenges is a real highlight, and the improvement across the team continues to show.

Under 13s

The Under 13s faced a strong East Geelong side on Saturday, going down 32–8 in a fast-paced contest. While the scoreboard didn't fall their way, it certainly didn't reflect the effort and determination shown by the girls throughout the match.

The improvement this team has made over the season has been incredible. They continue to soak up everything their coaches teach them, with the extra work at Rock Up Netball also paying dividends. Their defensive pressure, under Abbie's coaching, has improved noticeably, and it's been fantastic to see the skills and strategies practised at training being put into action on game day.

This group is eager to learn, always willing to listen, and committed to improving every week. While it has been a challenging season with the entire team stepping up from the Under 11s, they continue to build confidence, resilience and valuable game experience. The future is incredibly bright for this talented group, and we can't wait to watch them continue to grow in the seasons ahead.

Under 15s

The Under 15s came up against a very strong East Geelong outfit on Saturday, going down 33–4. While it was a tough result on the scoreboard, the girls continue to show great resilience, turning up each week with a positive attitude and a determination to improve their skills and teamwork.

Abby was outstanding, running tirelessly all day. She continually worked to create space, presented as an option wherever she was needed and played an exceptional all-round game.

The defensive unit of Lilly, Arlia and Eden worked hard from the first whistle to the last, applying pressure and never giving up despite the challenge they faced.



Junior Netball



The team should take plenty of positives from competing against one of the strongest sides in the competition. Every game is building their experience and confidence, and their commitment to learning and improving each week continues to shine through.

Under 19s

What a performance from our Under 19s! They pushed a top-three East Geelong side all the way before narrowly going down by just three goals.

Millie was once again outstanding in Goal Shooter, finishing with 15 goals, while Reani provided fantastic support under the post, adding 8 goals of her own. The centre court rotated throughout the match to keep fresh legs on the court, maintaining intensity and driving the ball through transition in a fast-paced contest.

The well-established defensive combination of Moo, Monet and Tallulah worked tirelessly all game, applying constant pressure and combining brilliantly to force turnovers and keep Winchelsea in the contest.

The determination, teamwork and composure shown by this group were outstanding. To take a top-three side right to the final whistle is a fantastic achievement and a reflection of how much this team has grown throughout the season.

Sunday Rock Up Netball

Sunday Rock Up Netball

We have been incredibly impressed with the attendance and enthusiasm shown at our Sunday Rock Up Netball sessions. It's fantastic to see players from Under 10s through to Under 15s learning together, encouraging one another and building connections across the junior program.



One of the highlights has been watching our older players support and mentor the younger ones. The positive club culture being created through these sessions is something really special, and it's been wonderful to see skills and ideas practised on

Sundays being confidently taken onto the court during games. Our players are enthusiastic learners who are always eager to improve.

A huge thank you goes to Angie M for her energy, encouragement and incredible netball knowledge. We are so fortunate to have access to your experience and expertise, and we sincerely appreciate you giving up your Sunday mornings to invest in the development of our junior players. Your passion is making a real difference.





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parkrun 124



Saturday 25 July 2026

Kristen Czerkiewicz

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Parkrun 124 had 37 parkrunners walked or ran this week with people from Geelong, Werribee and even England. We had a small shower just after the start, however conditions were fine for a winters day.

We had 8 volunteers which without them, we couldn't run.

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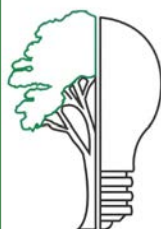
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