

Super Savings

UNLEASH
YOUR INNER
CHEF
with **nutrifresh™**

SAVE UP TO
80%
on **nutrifresh™**
Kitchen
Essentials

Ends 8 November 2026

nutrifresh™ is a registered trademark used under license by TCC Global N.V.

Ts & Cs apply.



Stork
COUNTRY SPREAD
EST. 1948
40% FAT SPREAD
1 kg

44⁹⁹ each

Save R15
WITH RewardsCARD

BUY me for a BONUS sticker!



BOKOMO
WEET-BIX
48 Biscuits
SINCE 1929
WHOLEGRAIN WHEAT BISCUITS
High in Fibre
High in Vitamins
Source of Iron

52⁹⁹ each

WITH RewardsCARD

BUY me for a BONUS sticker!



SPAR
FULL CREAM MILK
LONG LIFE
UHT PROCESS
6 x 1L

92⁹⁹ per pack

WITH RewardsCARD

BUY me for a BONUS sticker!

SPAR Long Life Full Cream, Low Fat or Fat Free Milk (Excl. Lactose Free) 6 x 1 litre



Coca-Cola
Regular Only
2 litre

45⁰⁰

Save R15
WITH RewardsCARD

BUY 2 FOR

SAVE EXTRA

Super BUNDLE DEAL

BUY me for a BONUS sticker!



LANCEWOOD
CHEDDAR
900 g
FAMILY VALUE PACK

LANCEWOOD
GOUDA
900 g

139⁹⁹ each

WITH RewardsCARD

Lancewood Cheddar, Gouda, White Cheddar or White Gouda Vacuum Packed Cheese 900 g



TASTIC
LONG GRAIN PARBOILED RICE
Perfect Every time.
NOW EVEN WHITER AND FLUFFIER

TASTIC
SOFT AND ABSORBING
LONG GRAIN WHITE RICE
Perfect Every time.

TASTIC
WHOLEGRAIN LONG GRAIN BROWN RICE

29⁹⁹ each

WITH RewardsCARD

BUY me for a BONUS sticker!

Tastic Parboiled Rice 2 kg Assorted



New & improved Jumbo Pack

ANTI-RASH SHIELD
lotion with Aloe

Pampers
a skin comfort

239⁹⁹ per pack

WITH RewardsCARD

Pampers Active Baby Jumbo Pack Diapers or Pants or Value Pack Premium Diapers or Pants Assorted



Quality Meat. Unbeatable Value

54⁹⁹ per kg

Fresh Whole Chicken

SC_SSR5727_1

SPAR





Scan for recipes
that **warm**
this winter.

COSY WINTER *comforts*

Nourishing
**Beef and
Potato
Pie**



Your Butcher
By SPAR
Beef Rump or Sirloin Steak

149⁹⁹
per kg



Only at

89⁹⁹
per kg

SPAR
Tender & Tasty
Boneless
Gammon
(Uncooked)



89⁹⁹
per kg

Your Butcher
By SPAR
Pork Loin Chops



149⁹⁹
each

SPAR
Tender & Tasty
Pork Belly Ribs
BBQ or Sweet
& Sticky
1 kg



24⁹⁹
each
Save R5

SPAR
freshline
Baby Potatoes
with Herb Butter
400 g



BUY ALL FOR 60⁰⁰
per combo

SPAR
freshline
Veg Combo:
Baby Potatoes 1 kg,
Carrots 1 kg &
Onions 1 kg



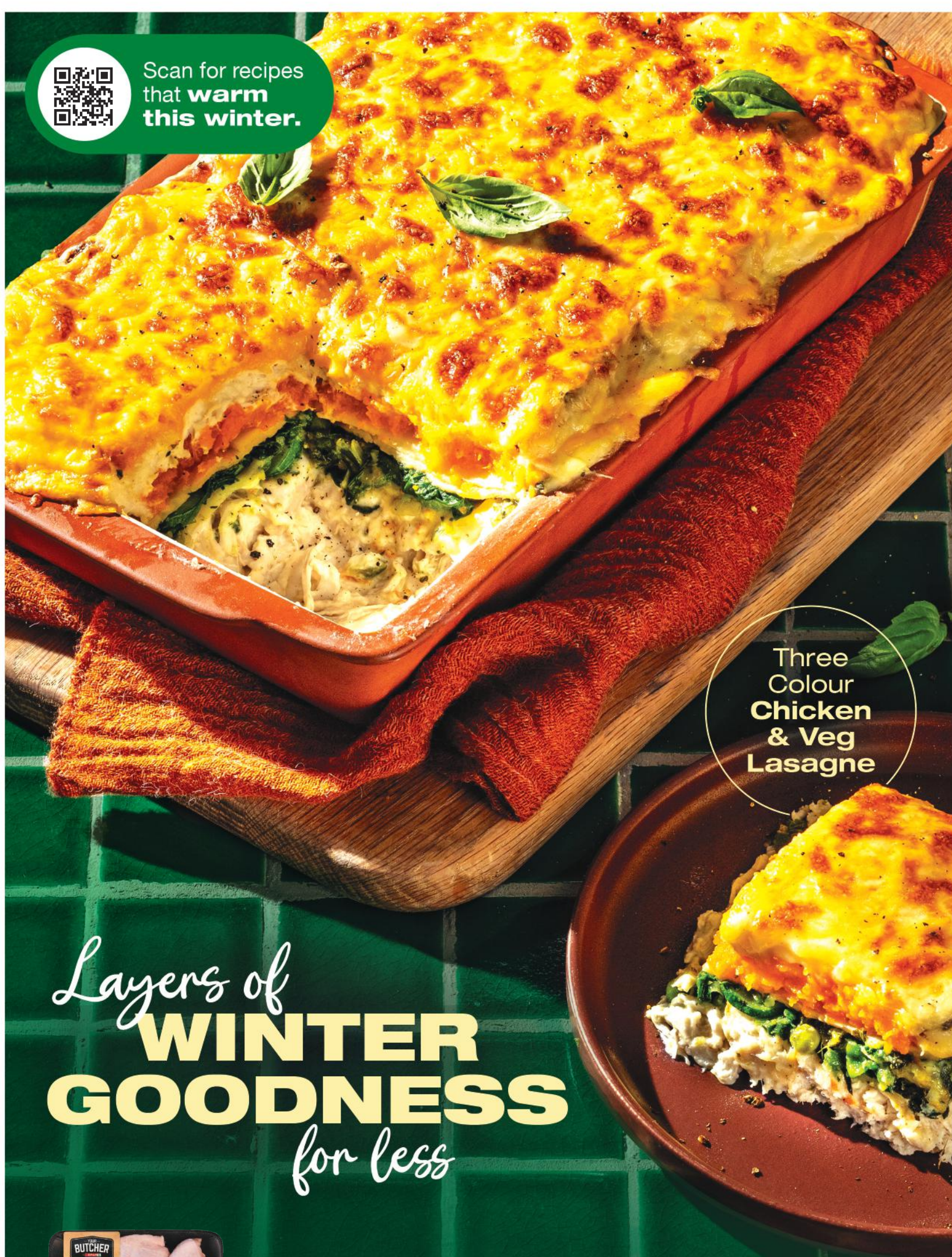
SPAR Rewards deals. While stocks last.

Maximum 10 deals per customer on all **SAVE EXTRA** products.

Specials available at selected **SPAR** and **SUPERSPAR** stores (excluding KWIKSPAR and SPAR Express stores) from **22 July** up to and including **10 August 2026**, while stocks last. We reserve the right to limit quantities. Prices include VAT. TV products available nationwide. **Not available in Western Cape, Eastern Cape, KwaZulu-Natal, Upington or Keimoes area, the Lowveld or Belfast area. Errors and Omissions Excepted (E&OE).**



Scan for recipes
that **warm**
this winter.



Three
Colour
**Chicken
& Veg
Lasagne**

Layers of
**WINTER
GOODNESS**
for less



74⁹⁹
per kg

**Your Butcher
By SPAR**
Fresh Chicken
4 Drums &
4 Thighs
Star Pack
8s



99⁹⁹
per kg

**SPAR
Tender & Tasty**
Deboned Chicken
Thigh Espetada -
Sweet Chilli, Roasted
Garlic Butter, BBQ
or Peri-Peri



32⁹⁹
each

**SPAR
freshline**
Pillow Packs
Seasonal Roast Veg
or Roast Veg Selection
600 g



39⁹⁹
each

**SPAR
freshline**
Soup Mix
Assorted
600 g



49⁹⁹
each

**SPAR
Bakery**
Large Wraps
Assorted
8s



19⁹⁹
each

**SPAR
Bakery**
Brioche Buns
or Hot Dog Rolls
Seeded or Plain
3s

Any 2 for



120⁰⁰

**SPAR
Bakery**
Rusks
Assorted
400 g



169⁹⁹
each

**SPAR
Bakery**
Gateaux Cake
(Chocolate
Ganache,
Chocolate
Luxury
Mousse,
Rich
Chocolate,
Black
Forest,
Chocolate &
Caramel,
Chocolate &
Peppermint,
Red Velvet
or Carrot
Cake)



25⁹⁹
each

**SPAR
freshline**
Lemons
1 kg



24⁹⁹
each

**SPAR
freshline**
Oranges
1.5 kg

The **SPAR & TOPS** you love, now online!



DOWNLOAD NOW ON



Available on the
App Store



GET IT ON
Google Play

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SC_SSR5727_3

Savings made super!

Save on Fridge Essentials



Albany
White Sliced
Bread
700 g

17⁹⁹ each

WITH RewardsCARD



Parmalat
Processed
Cheese Slices
(Melrose Melts or
Maxi Slices) 400 g
Includes President
Gourmet Slices 380 g
Assorted

69⁹⁹ per pack

WITH RewardsCARD



SAVE EXTRA

SPAR
LARGE EGGS
30 EGGS
GRADE 1-51 g

82⁹⁹ per pack

WITH RewardsCARD

SPAR
Large Eggs
30s



Clover
Butro
Full Cream
Modified
Butter
Spread
500 g

86⁹⁹ each

WITH RewardsCARD



BUY me for a BONUS sticker!

Rama
70%
Original
Fat Spread Brick
500 g

29⁹⁹ each

WITH RewardsCARD



Rainbow
Simply Chicken
Original or
Cheese
Viennas
1 kg

109⁹⁹ each

WITH RewardsCARD



SPAR
Medium Fat
Cream
Cheese
175 g
Assorted

42⁹⁹ each

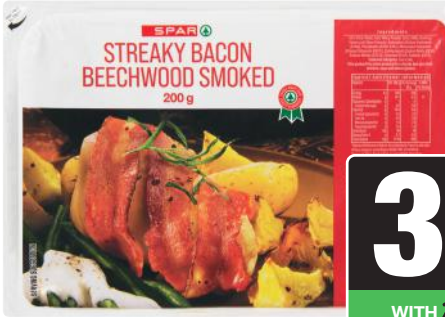
WITH RewardsCARD



SPAR
Shoulder, Diced
or
Round Cut
Bacon
200 g

32⁹⁹ per pack

WITH RewardsCARD



SPAR
Back, Streaky,
Lean Bacon
or
Chicken
Rashers
200 g

39⁹⁹ per pack

WITH RewardsCARD



SPAR
Active
Breakfast
Drink
300 ml
Assorted

14⁹⁹ each

WITH RewardsCARD



Parmalat
Steri Stumpie
Flavoured Milk
350 ml
Assorted

14⁹⁹ each

WITH RewardsCARD



Clover
Full Cream Fruit of the
Forest, Double Cream
Plain Yoghurt or
Double Cream
Sweetened Plain
Yoghurt
1 kg
Assorted

36⁹⁹ each

WITH RewardsCARD



Clover
Double Cream
Bliss Yoghurt
(Incl. Authenticos)
750 g / 1 litre
Assorted

42⁹⁹ each

WITH RewardsCARD



Parmalat
Kids
Full Cream
or
Fruited
Yoghurt
6 x 100 g
Assorted

27⁹⁹ per pack

WITH RewardsCARD



Clover
Krush
100%
Fruit Juice
Blend
1.5 litre
Assorted

42⁹⁹ each

WITH RewardsCARD



Clover
Tropika
Dairy
Fruit Mix
2 litre
Assorted

34⁹⁹ each

WITH RewardsCARD



Danone
Danup
Multigrain & Yoghurt
Blend
(Excl. Boost)
950 g
Assorted

22⁹⁹ each

WITH RewardsCARD



Clover
Ultra Pasteurised
Carton or Jug Full
Cream or Low Fat
Fresh Milk
2 litre

32⁹⁹ each

WITH RewardsCARD

TOP UP monthly with SPAR Mobile for ONLY R19 and UNLOCK MULTIPLE FREE DATA deals in-store.
Dial *136# (Ts & Cs apply)

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LOOK OUT FOR PARTICIPATING PRODUCTS

BUY me for a **BONUS** sticker!



56⁹⁹ each

WITH RewardsCARD

Dairymaid Country Fresh Ice Cream 1.8 litre Assorted

Freezer Super Savers



SPAR Frozen Pies or Sausage Rolls 4s Assorted

74⁹⁹ per pack

WITH RewardsCARD



SPAR Pork or Chicken Sausages or Minis 375 g

49⁹⁹ per pack

WITH RewardsCARD



Rainbow Simply Chicken Crumbed Chicken Range 350 g Assorted

52⁹⁹ each

WITH RewardsCARD



I&J Light & Crispy Hake Portions 600 g or Haddock or Hake Medallions 450 g Assorted

109⁹⁹ each

WITH RewardsCARD



SPAR Frozen Mixed Chicken Portions 5 kg

199⁹⁹ per pack

WITH RewardsCARD



McCain Hawaiian, African, Asian, French or Mexican Stir Fry 700 g

35⁹⁹ each

WITH RewardsCARD



McCain Frozen Vegetable or Stir Fry 250 g Assorted

30⁰⁰

WITH RewardsCARD



Nature's Garden Skinny Fries, Slap, Steakhouse or Ovenbake Chips 900 g

39⁹⁹ per pack

WITH RewardsCARD



SPAR Crumbed Chicken Steaklets, Pops, Fries Coated, Nuggets, Strips or Burgers 750 g

59⁹⁹ per pack

WITH RewardsCARD

Super BUNDLE DEAL

Buy SPAR Chicken or Beef Burger 1.2 kg + SPAR Bakery Hamburger Buns 6's or Hot Dog Rolls 6's + McCain Slap or Skinny Chips 1 kg

119⁰⁰ per combo

WITH RewardsCARD

Super BUNDLE DEAL

Buy any 2 x SPAR Frozen Pizza Assorted 300 g and 1 x Coca-Cola Regular Only 1.5 litre

109⁰⁰ per combo

WITH RewardsCARD

Dr. Oetker ITAL PIZZA

Buy any 2 x SPAR Frozen Pizza Assorted 300 g and 1 x Coca-Cola Regular Only 1.5 litre

69⁹⁹ each

WITH RewardsCARD

M MAGNUM

5 mini ALMOND

Ola Magnum Mini Ice Cream 5s Assorted

75⁹⁹ per pack

WITH RewardsCARD

Delicious Made Easy

Fresh & Convenient

Pieman's Pies or Sausage Rolls (Excl. Burger Pie) Assorted



SERVING SUGGESTION

BUY ANY 2 FOR **55⁰⁰**

PIEMAN'S

More Filling

McCOY Pies or Sausage Rolls Assorted



SERVING SUGGESTION

BUY ANY 2 FOR **65⁰⁰**

McCOY

Delicious Made Easy



The Food Stall Eisbein (Pork Shank)

144⁹⁰ per kg

The FOOD STALL

Roasted and ready to roll

Chikka Chicken Roast Chicken* x 1, SPAR Bakery White Hot Dog or Hamburger Rolls 6s & SPAR Flavoured Sparkling Soft Drink Assorted 2 litre



*Flavour availability may vary between stores.

120⁰⁰ per combo

ATE & LEFT NO CRUMBS

CHIKKA CHICKEN



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Be a super saver

Super BUNDLE DEAL

BUY ANY 2 FOR

34⁰⁰

WITH RewardsCARD

Fatti's & Moni's
Spaghetti or
Macaroni Only
500 g



Pantry Super Savers



SPAR
Sunflower Oil
2 litre

69⁹⁹ each

WITH RewardsCARD



SPAR
South African
Extra Virgin Olive Oil
1 litre

229⁹⁹ each

WITH RewardsCARD



BUY me for a BONUS sticker!

Sunfoil
Pure Sunflower Oil
2 litre

69⁹⁹ each

Save R15
WITH RewardsCARD

Super BUNDLE DEAL

BUY me for a BONUS sticker!

5 PACKS Kellogg's
Cheese
FLAVOUR

70 g x 5 PACKS

5 PACKS Kellogg's
INSTANT Noodles
Hot & Spicy Flavoured

70 g x 5 PACKS

5s
Assorted

50⁰⁰

WITH RewardsCARD



SPAR
CAKE
WHEAT FLOUR

SPAR
Cake Wheat Flour
2.5 kg

29⁹⁹ each

WITH RewardsCARD



Huletts
SunSweet[®]
Brown Sugar

3 kg

64⁹⁹ each

WITH RewardsCARD



SPAR
RED
SPECKLED
BEANS

2 kg

SPAR
Red Speckled
Beans
2 kg

59⁹⁹ each

WITH RewardsCARD



SPAR
MAIZE SAMP

2.5 kg

SPAR
Samp
2.5 kg

24⁹⁹ each

WITH RewardsCARD

Buy Bulk & Save



SPAR
CAKE
WHEAT FLOUR

SPAR
Cake
Wheat Flour
10 kg

109⁹⁹ each

WITH RewardsCARD



IWISA
No 1
SUPER
MAIZE MEAL

10 kg



SUPER SUN
SUPER MAIZE MEAL

10 kg

**Iwisa or
Super Sun
Super
Maize Meal
10 kg**

99⁹⁹ each

WITH RewardsCARD



Spekko
Long Grain
Parboiled
White Rice

Spekko
Long Grain
Rice
10 kg

124⁹⁹ each

WITH RewardsCARD

Super BUNDLE DEAL

BUY ALL FOR

325⁰⁰ per combo

WITH RewardsCARD

SPAR
Brown Sugar 2 kg
+
SPAR
Sunflower Oil 2 litre
+
SPAR
Super Maize Meal 10 kg
+
Spekko
Long Grain Rice 10 kg

Super BUNDLE DEAL

BUY ALL FOR

149⁰⁰ per combo

WITH RewardsCARD

SPAR
Sunflower Oil 750 ml
+ **SPAR**
Baked Beans 400 g
+ **SPAR**
Pilchards in Tomato 400 g
+ **SPAR**
Instant Noodles 5s Assorted
+ **SPAR**
Super Maize Meal 5 kg
+ **SPAR**
Parboiled Rice 2 kg

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SHOP

Get a sticker for every
R100 you spend.



Pantry Super Savers

BUY me for a **BONUS** sticker!

All Gold Tomato Sauce
700 ml

32⁹⁹ each

Save **R10** WITH Rewards CARD

BUY me for a **BONUS** sticker!

Nola Mayonnaise
(Excl. 730 g and Squeeze Bottle)
750 g/ 780 g Assorted

38⁹⁹ each

Save **R11** WITH Rewards CARD

Super BUNDLE DEAL

Nando's Umlilo Hot Sauce
90 ml

BUY 2 FOR 25⁰⁰

WITH Rewards CARD

Super BUNDLE DEAL

Rhodes Tomato Paste
50 g

BUY 4 FOR 22⁰⁰

WITH Rewards CARD

Denny Cook-in or Curry Sauce
400 g / 415 g Assorted

37⁹⁹ each

WITH Rewards CARD

NEW FLOURLESS RECIPE

Knorr Cup a Soup or Cup a Snack
(Excl. Thick and Creamy)
3s / 4s Assorted

17⁹⁹ per pack

WITH Rewards CARD

Super BUNDLE DEAL

Imana Gravy or Sauce
34 g / 38 g Assorted

BUY ANY 3 FOR 27⁰⁰

WITH Rewards CARD

Super BUNDLE DEAL

Knorrox Flavoured Stock Cubes
24s Assorted

21⁹⁹ per pack

WITH Rewards CARD

Super BUNDLE DEAL

Knorr Packet Soup
(Incl. Tasty Range)
5 g Assorted

BUY ANY 5 FOR 25⁰⁰

WITH Rewards CARD

Knorr Aromat Seasoning Refill
Trio Pack 200 g Assorted

25⁹⁹ per pack

WITH Rewards CARD

Robertson's Herbs and Spices
(Excl. Grinders, Crushed Chilli, Garlic Flakes, Garlic Salt, Ground Cloves, Portuguese Chicken and Pepper Range)
100 ml Assorted

23⁹⁹ each

WITH Rewards CARD

NEW Nando's Seasonke ALL-IN-1 SEASONING
NO ADDED MSG

Nando's Seasonke All in 1 Seasoning
200 g

19⁹⁹ each

WITH Rewards CARD

SPAR Shredded Tuna in Oil or Water
170 g

18⁹⁹ each

WITH Rewards CARD

Bull Brand Corned Meat
300 g Assorted

28⁹⁹ each

WITH Rewards CARD

Lucky Star Pilchards
400 g Assorted

29⁹⁹ each

WITH Rewards CARD

SAVE EXTRA

Rhodes Tomato & Onion Mix or Gravy
410 g

18⁹⁹ each

WITH Rewards CARD

Koo Chakalaka
410 g Assorted

19⁹⁹ each

WITH Rewards CARD

Super BUNDLE DEAL

BUY me for a **BONUS** sticker!

Koo Baked Beans in Tomato Sauce
400 g

BUY 2 FOR 30⁰⁰

Save **R4** WITH Rewards CARD

LOVE IT? SPAR GETS IT DELIVERED



Download now!



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Must-have Savings

BUY me for a BONUS sticker!

SAVE EXTRA



BUY ANY 2 FOR

110⁰⁰

WITH Rewards CARD

Nescafé Cappuccino Sticks 10s Assorted

Super Start Value

SAVE EXTRA

BUY me for a BONUS sticker!

REFILL YOUR JAR

Nescafé Gold Coffee Assorted 200 g or Pouch 220 g (Excl. Alta Rica and Decaf)

200g+ 20g FREE*

149⁹⁹ each

Save R50 WITH Rewards CARD

SAVE EXTRA

Freshpak

PURE ROOIBOS

Freshpak Rooibos Tagless Teabags 80s

45⁹⁹ per pack

Save R12 WITH Rewards CARD

JOKO

STRONG QUALITY TEA African Blend

ORIGINAL JOKO TEA SINCE 1904 100 TEA BAGS EXPERTLY BLENDED

Joko Tagless Teabags 100s

54⁹⁹ per pack

WITH Rewards CARD

SAVE EXTRA

BUY me for a BONUS sticker!

Nescafé Ricoffy

Share the fresh, smooth taste

Value Refill 800g

Nescafé Ricoffy Original Instant Coffee (Excl. Decaf) 750 g / 800 g

129⁹⁹ each

Save R38 WITH Rewards CARD

SPAR

ESPRESSO filter coffee STRONG ROAST

WIENER MISCHUNG filter coffee MEDIUM ROAST

SPAR Filter Coffee (Incl. Beans) 250 g Assorted

89⁹⁹ each

WITH Rewards CARD

Nestlé

Hot Chocolate

CHOCOLATE QUENTE RICH & FOAMY

Nestlé Hot Chocolate 500 g

89⁹⁹ each

WITH Rewards CARD

Cremora

COFFEE AND TEA CREAMER WITH PALM OIL e750 g

Cremora Coffee & Tea Creamer 750 g

49⁹⁹ each

WITH Rewards CARD

Nestlé

MILO

A SOURCE OF 6 VITAMINS AND 3 MINERALS

Activ-Go

MALT POWDER DRINK

Nestlé Milo Gusset 500 g

76⁹⁹ each

WITH Rewards CARD

12 wedges

MELROSE

WEDGES

Sweetmilk flavoured full cream cheese spread

200g

MELROSE

SPREAD

Sweetmilk flavoured full cream cheese spread

44⁹⁹ each

WITH Rewards CARD

Rhodes

Quality

Mixed Fruit Jam

Smooth Apricot Jam

Rhodes Jam Cups (Excl. Strawberry) 290 g Assorted

22⁹⁹ each

WITH Rewards CARD

SPAR

MIXED FRUIT JAM

Smooth No Added Preservatives 900 g

APRICOT JAM

Smooth 900 g

SPAR Apricot or Mixed Fruit Jam 900 g

32⁹⁹ each

WITH Rewards CARD



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COLLECT

Fill your collector's card with **30 stickers** to redeem.



Super Start Value



Kellogg's
All-Bran Flakes
1 kg

76⁹⁹
each

WITH RewardsCARD



Kellogg's
Corn Flakes
1 kg

69⁹⁹
each

Save R18
WITH RewardsCARD



Yum Yum
Peanut Butter
(Excl. Choc Dreams
& Caramel Dreams)
400 g
Assorted

39⁹⁹
each

WITH RewardsCARD

Bake & Save



Selati
White Sugar
2.5 kg

57⁹⁹
each

WITH RewardsCARD



Snowflake
Easy Mix
1 kg
Assorted



33⁹⁹
each

WITH RewardsCARD



Moir's
Custard
Powder
500 g

36⁹⁹
each

WITH RewardsCARD



Danone
Ultramel
Flavoured
Custard
1 kg
Assorted

25⁹⁹
each

WITH RewardsCARD

SHOP

Get a sticker
for every R100
you spend.



COLLECT

Fill your
collector's card
with **30 stickers**
and hand it in at
the till.

SAVE UP TO
80%
on **nutrifresh™**
Kitchen Essentials



SHOP, SWIPE, COLLECT & SAVE!

LOVE IT? SPAR GETS IT DELIVERED **2U**



Download now!



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Table setting treats

aQuellé
NATURAL SPRING WATER
SPARKLING
6 x 500 ml

aQuellé
NATURAL SPRING WATER
STILL
6 x 500 ml

aQuellé
Still or Sparkling
Natural Spring Water
6 x 500 ml

38⁹⁹ per pack
WITH RewardsCARD

Oros
Ready to Drink
Juice
6 x 300 ml
Assorted

32⁹⁹ per pack
WITH RewardsCARD

PEPSI

SPAR
100%
Fruit Juice
Blend
1 litre
Assorted

26⁹⁹ each
WITH RewardsCARD

SPAR
PERI-PERI PRAWN
FLAVOURED SHELL
SAVOURY & SALTY
ASSORTED COCKTAILS

50⁰⁰
WITH RewardsCARD

Cheetos
Puffs

Cadbury
Chocolate Slabs
(Excl. Oreo, Bubbly
or
Special Edition Range)
80 g
Assorted

36⁰⁰
WITH RewardsCARD

Lindt
LINDOR
HAZELNUT
MILK

149⁹⁹ each
WITH RewardsCARD

Nestlé
BAR ONE
MEGA
2 x 42 g

35⁰⁰
WITH RewardsCARD

Bakers
Rusks
450 g
Assorted

49⁹⁹ each
WITH RewardsCARD

Bakers
Eet-Sum-Mor
Biscuits
200 g
Assorted

60⁰⁰
WITH RewardsCARD

Bakers
Red Label
Cream Biscuits
200 g
Assorted

42⁰⁰
WITH RewardsCARD

MANHATTAN
wine



SPAR Rewards deals available while stocks last.

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Must-have Savings

BUY me for a BONUS sticker!



24 ROLLS BULK

169⁹⁹ per pack
WITH RewardsCARD

Baby Soft Toilet Tissue
2 ply
24s

Care & Save

Listerine
Cool Mint or Milder Taste, Fresh Burst, Smart Rinse Mint or Smart Rinse Berry Base Range Mouthwash 500 ml

58⁹⁹ each
WITH RewardsCARD

Sensodyne
Toothpaste
Clean & Fresh, Fresh Mint, Multicare or Gentle Whitening or Parodontax Expert Gum Care Toothpaste (Excl. Active Gum Repair) 75 ml

55⁹⁹ each
WITH RewardsCARD

Aquafresh
Fresh & Minty, Mild & Minty, Lemon Mint or Herbal Toothpaste 100 ml

16⁹⁹ each
WITH RewardsCARD

Lifebuoy
Hygiene Soap (Excl. Natural Range, Charcoal, Honey & Tea Tree) 175 g Assorted

30⁰⁰
Save R10 WITH RewardsCARD

Protex
Hygiene Soap 175 g Assorted

32⁰⁰
WITH RewardsCARD

Dove
Beauty Soap 4 x 90 g Assorted

67⁹⁹ per pack
WITH RewardsCARD

Axe
Aerosol Deodorant for Men 150 ml Assorted

35⁹⁹ each
WITH RewardsCARD

Rexona
Shield Deodorant Spray for Male or Female 150 ml Assorted

35⁹⁹ each
WITH RewardsCARD

Rexona
Shield Roll On for Male or Female 50 ml Assorted

42⁰⁰
Save R14 WITH RewardsCARD

Vaseline
Petroleum Jelly 250 ml Assorted

46⁹⁹ each
WITH RewardsCARD

Ingram's
Body Cream or Lotion for Men or Women (Excl. Tissue Oil Cream and Lotion) 400 ml Assorted

49⁹⁹ each
WITH RewardsCARD

Dolly Varden
Glycerine 100 ml

17⁹⁹ each
WITH RewardsCARD

Nivea
Lotion or Cream for Male or Female (Incl. Radiant & Beauty) 400 ml Assorted

55⁹⁹ each
WITH RewardsCARD

Satin skin
Hand Wash 475 ml Assorted

43⁹⁹ each
WITH RewardsCARD

SPAR
Foam Bath 2 litre Assorted

46⁹⁹ each
WITH RewardsCARD

SPAR
TOILET TISSUE
SUPER SOFT & SUPER STRONG
18 ROLLS
300 1PLY
5400 SHEETS PER PACK

56⁹⁹ each
WITH RewardsCARD

Libresse
Maxi Sanitary Pads 16s / 20s Assorted

39⁹⁹ per pack
WITH RewardsCARD

Lil-lets
Tampons 32s Assorted

42⁹⁹ per pack
WITH RewardsCARD

Libresse
Pantyliners 40s

28⁹⁹ per pack
WITH RewardsCARD

Satin skin
Body Wash or Shower Cream 500 ml Assorted

49⁹⁹ each
WITH RewardsCARD

Always
Maxi Duo Night, Maxi Plus, Maxi Soft Sanitary Pads 16s or 20s or Pantyliners 40s (Incl. Ultra Range 14s or 16s)

70⁰⁰
WITH RewardsCARD

Head & Shoulders
Anti-Dandruff Shampoo or 2in1 Conditioner 360 ml / 400 ml Assorted

73⁹⁹ each
WITH RewardsCARD

Pantene
Shampoo, Conditioner or 3 in 1 360 ml / 400 ml Assorted

58⁹⁹ each
WITH RewardsCARD



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SAVE UP TO 80%
on **nutrifresh** Kitchen Essentials



HealthCare Value

VICKS
BabyRub
COMFORT FOR BABIES

Vicks Vapo Baby Rub 45 g

42⁹⁹ each

WITH RewardsCARD

VALUE PACK
VICKS
VapoRub
VAPORIZING OINTMENT

Relieves 5 Cough & Cold Symptoms

Vicks Vapo Rub 50 g

48⁹⁹ each

WITH RewardsCARD

VICKS
Acta Plus
WET + DRY
COUGH SYRUP
2-IN-1 Relief

Relieves Wet Cough
Relieves Dry Cough

Vicks Acta Plus Wet & Dry Syrup 100 ml

58⁹⁹ each

WITH RewardsCARD

VICKS
Acta Plus
XTRA STRONG
WET + DRY
COUGH SYRUP

Relieves Wet Cough
Relieves Dry Cough

Vicks Acta Plus Extra Strong Syrup 100 ml

68⁹⁹ each

WITH RewardsCARD

TRIPARC
LEMON

Powders for:
1 HEADACHE 2 TOOTHACHE 3 COLDS & FLU

CONTAINS ASPIRIN AND PARACETAMOL. READ THE LEAFLET

6 aspen 38

Triparc Pain Relief Powder 38s Assorted

54⁹⁹ per pack

WITH RewardsCARD

Benylin
Children's Wet Cough
Mucus Relief

Thins and loosens chest mucus

Benylin
Wet Cough
Menthol
Mucus Relief

Thins and loosens chest mucus

Benylin Cough Syrup 100 ml Assorted

52⁹⁹ each

WITH RewardsCARD

BORSTOL
COUGH REMEDY

BORSTOL
LINCTUS PEPPERMINT FLAVOUR

PEPPERMINT
COUGH REMEDY

FOR GENERAL AND CHRONIC TROUBLESOME COUGHS

FOR OF A

Borstol Cough Remedy 100 ml Assorted

56⁹⁹ each

WITH RewardsCARD

BIOPLUS
BOOSTER - STRAWBERRY

BIOPLUS
BOOSTER - MOCHA

BIOPLUS
BOOSTER - ORIGINAL

BIOPLUS
BOOSTER - MOCHA

BIOPLUS
BOOSTER - STRAWBERRY

BUY ANY 5 FOR

30⁰⁰

WITH RewardsCARD

Baby Savings Value

Little Munchkins
by SPAR

mid SIZE 3
4-9 kg

DISPOSABLE NAPPIES
for boys and girls

58 NAPPIES

Little Munchkins By SPAR Diapers Value Pack Assorted

139⁹⁹ per pack

WITH RewardsCARD

Johnson's
extra sensitive
wipes
fragrance free

developed for newborns and safe to use from day 1

Johnson's Gentle All Over or Extra Sensitive Value Pack Wet Wipes 224s / 288s

98⁹⁹ per pack

WITH RewardsCARD

Nestlé
NIDO
Powdered Drink
For Growing Children

PRE-SCHOOL from 3 - 5 years

Nestlé Nido 3+ Powdered Drink 900 g

159⁹⁹ each

WITH RewardsCARD

PURITY
Easy Snack!
Creamy Sweet Potato with Cinnamon

PURITY
Banana & Mango

Super BUNDLE DEAL

Purity Baby Food Jar 125 ml or Puree Pouch 110 ml Assorted

BUY ANY 2 FOR

27⁰⁰

WITH RewardsCARD

Nestlé
Cerelac
BABY CEREAL WITH MILK

Nestlé
Cerelac
BABY CEREAL WITH MILK

6+ months
8+ months

Nestlé Cerelac No1 Cereal 500 g Assorted

75⁹⁹ each

WITH RewardsCARD

LOVE IT? SPAR GETS IT DELIVERED 2U



Download now!



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Get your save on!



229⁹⁹

each

WITH *Rewards*CARD

Mellerware
Fan Heater

Super Home Value

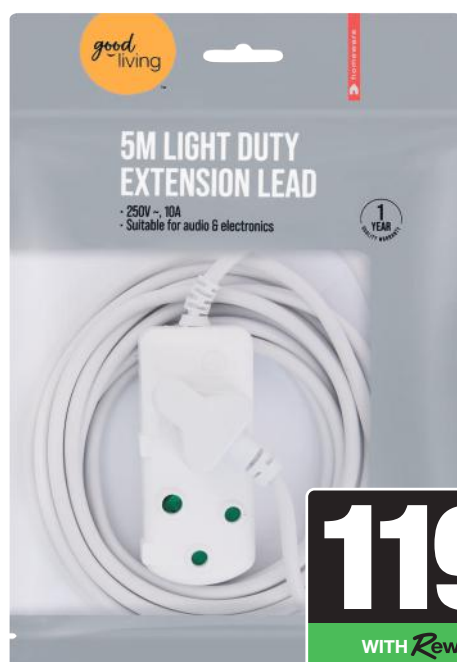


Philips
Bulb B22
5W or 7W
Assorted

19⁹⁹

each

WITH *Rewards*CARD



SPAR
goodliving
Extension Lead
Light Duty
5 Metre

119⁹⁹

each

WITH *Rewards*CARD



SPAR
goodliving
Surge
Adaptor 3way

79⁹⁹

each

WITH *Rewards*CARD



Energizer
Max
AA or AAA
8s

109⁹⁹

per pack

WITH *Rewards*CARD



SPAR
Charcoal
Briquettes
5 kg

84⁹⁹

each

WITH *Rewards*CARD



SPAR
Firelighters
12s

21⁹⁹

per pack

WITH *Rewards*CARD



Russel Hobbs
Microwave

1109⁹⁹

each

WITH *Rewards*CARD



Sunbeam
Automatic
Kettle
1.7 litre

169⁹⁹

each

WITH *Rewards*CARD



Mellerware
Double Spiral
Hotplate

179⁹⁹

each

WITH *Rewards*CARD



SPAR *Rewards* deals available while stocks last.

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COLLECT THEM ALL



Everyday Essentials



Home Care
by Spar
Dish Cloth

17⁹⁹
each

WITH RewardsCARD



Home Care
By SPAR
Dish Swab
4s

19⁹⁹
per pack

WITH RewardsCARD



SPAR
goodliving
Mug

27⁹⁹
each

WITH RewardsCARD



SPAR
goodliving
Ceramic Bowl
6 inch

29⁹⁹
each

WITH RewardsCARD



Kiwi
Paste
50 ml
Assorted

17⁹⁹
each

WITH RewardsCARD



Glad
Heavy Duty Foil Refill
10 meter

99⁹⁹
each

WITH RewardsCARD



SPAR
Kitchen Towel
2s

21⁹⁹
per pack

WITH RewardsCARD



Price's
Candles
400 g

31⁹⁹
per pack

WITH RewardsCARD



SPAR
Budget Refuse Bags
20s

29⁹⁹
per pack

WITH RewardsCARD



Otima
Laundry Basket
50 litre

109⁹⁹
each

WITH RewardsCARD



SPAR
goodliving
Twist Mop

159⁹⁹
each

WITH RewardsCARD



SPAR
goodliving
Dustpan &
Brush

47⁹⁹
each

WITH RewardsCARD



SPAR
goodliving
Broom

54⁹⁹
each

WITH RewardsCARD

LOVE IT? SPAR GETS IT DELIVERED 



Download now!



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tops!

at SPAR

TURN UP EPIC

Deals valid from **22 July** to **10 August 2026**.

ALL ITEMS
AS SEEN
ON TV

**EVERYONE
WINS!!
R500
MILLION**
IN **GUARANTEED** PRIZES

BUY
any
participating
products and
spend **R200**
or more.

SWIPE
your SPAR
Rewards
card at the till.

REDEEM

when you scan
the QR code
and upload
your till slip.



Competition valid from 8 July - 7 October 2026.
Ts & Cs apply. One entry per till slip.



169⁹⁹

WITH Rewards CARD

Firstwatch
Extra Fine
Whisky
750ml



349⁹⁹

WITH Rewards CARD

Jameson
Triple Distilled
Irish Whiskey
750ml



BUY
BOTH
FOR

479⁰⁰

WITH Rewards CARD

Martell
VS Cognac
750ml and
Appletiser
100% Sparkling Juice
1.25L



169⁹⁹

WITH Rewards CARD

Gordon's
London Dry Gin
(Incl. Variants)
750ml



SAVE
EXTRA



BUY
BOTH
FOR

319⁰⁰

WITH Rewards CARD

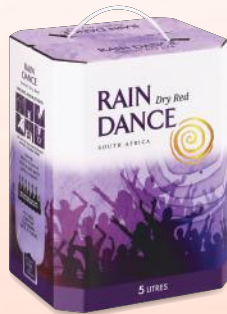
Jägermeister
Herbal or Orange
Liqueur
750ml and
Red Bull
Energy Drink
4 x 250ml



899⁹⁹

WITH Rewards CARD

Don Julio
Reposado
Tequila
750ml



149⁹⁹

WITH Rewards CARD

Rain Dance
Natural Sweet Red,
Natural Sweet Rosé,
Dry Red or
Johannesberger White
5L



94⁹⁹

WITH Rewards CARD

Annabelle
Cuvée
Sparkling Wine
Cans
6 x 250ml



BUY
2
FOR

190⁰⁰

WITH Rewards CARD

Corona
Extra
Cans
6 x 410ml



BUY
2
FOR

280⁰⁰

WITH Rewards CARD

Savanna
Premium Dry
Cider
Handies
6 x 500ml

WIN



WHEN YOU BUY ANY
OF THESE PRODUCTS.

**200 MB
FREE DATA**

With each
product
purchase!

SWIPE WIN! EVERYDAY DEALS!

DELIVERED



Product availability
may vary by store.
While stocks last.

Switch to **SPAR Mobile** now and get guaranteed **FREE DATA** in-store when you buy any participating product.
Ts & Cs apply. Visit www.sparmobile.co.za for more information.

#NO18

aware!org
www.aware.org.za

Not For Persons Under The Age Of 18.

**PHUZA
RIGHT**

WIN



WHEN YOU BUY ANY OF THESE PRODUCTS.

200 MB FREE DATA **mobile**

With each product purchase!

WINE KULCHA

at **tops!** at SPAR



74⁹⁹
WITH Rewards CARD

Glühwein
Red Grape
750ml



245⁰⁰
WITH Rewards CARD

Alto
Rouge
750ml



159⁹⁹
WITH Rewards CARD

Roodeberg
Black
750ml



134⁹⁹
WITH Rewards CARD

Darling Cellars
Black Granite
Vintage Reserve
750ml



74⁹⁹
each
WITH Rewards CARD

Porcupine Ridge
Sauvignon Blanc,
Chenin Blanc,
Chardonnay, Merlot,
Cabernet Sauvignon,
Syrah or Rosé
750ml



119⁹⁹
each
WITH Rewards CARD

Hartenberg
Doorkeeper
Shiraz,
Merlot Malbec,
Reserve Red or
Shiraz/Mourvèdre/
Grenache
750ml



89⁹⁹
each
WITH Rewards CARD

Pierre DuMont
Sauvignon Blanc,
Chenin Blanc,
Chardonnay, Merlot,
Cabernet Sauvignon
or Seven Centuries
750ml



89⁹⁹
each
WITH Rewards CARD

Kleine Zalze
Cellar Collection
Cabernet/Merlot,
Cabernet Sauvignon,
Merlot or Pinotage
750ml



79⁹⁹
each
WITH Rewards CARD

Du Toitskloof
Selected
Shiraz,
Merlot, Pinotage,
Cabernet Sauvignon,
Sandsteen or
Cape Blend
750ml



94⁹⁹
each
WITH Rewards CARD

Annabelle
Cuvée
Sparkling Wine
750ml



194⁹⁹
each
WITH Rewards CARD

Krone
Cap Classique
Borealis Brut,
Brut Rosé,
Night Nectar Demi-Sec
or Night Nectar Rosé
750ml



139⁹⁹
each
WITH Rewards CARD

Diemersfontein
Pinotage
750ml



170⁰⁰
each
WITH Rewards CARD

Spier
Signature
Cabernet Sauvignon,
Merlot, Pinotage,
Shiraz or
Cabernet/Merlot/Shiraz
750ml



225⁰⁰
each
WITH Rewards CARD

Beyerskloof
Chenin Blanc/Pinotage,
Pinotage Rosé, Pinotage
or Cabernet Merlot
750ml



89⁹⁹
each
WITH Rewards CARD

Darling Cellars
Chocoholic Pinotage,
Cabernet Sauvignon,
Merlot, Pinotage, Shiraz
or Bushvine Malbec
750ml



125⁰⁰
each
WITH Rewards CARD

Tall Horse
Chenin Blanc, Sauvignon
Blanc, Chardonnay, Sugar
Berry Sweet Red, Moscato,
Pinotage, Shiraz, Merlot or
Cabernet Sauvignon
750ml



150⁰⁰
each
WITH Rewards CARD

Spier
Signature
Sauvignon Blanc,
Chenin Blanc, Chardonnay
or Chardonnay/Pinot Noir
750ml



84⁹⁹
each
WITH Rewards CARD

Franschoek Cellar
Chenin Blanc,
Sauvignon Blanc,
Chardonnay, Rosé,
Shiraz, Merlot or
Cabernet Sauvignon
750ml



49⁹⁹
each
WITH Rewards CARD

Robertson Winery
Chapel White,
Extra Light,
Sweet White,
Sweet Rosé,
Red or Sweet Red
750ml



79⁹⁹
each
WITH Rewards CARD

Kleine Zalze
Cellar Collection
Chenin Blanc,
Sauvignon Blanc,
Chardonnay or
Cinsault Rosé
750ml



74⁹⁹
each
WITH Rewards CARD

Du Toitskloof
Sauvignon Blanc,
Chenin Blanc,
Chardonnay or
Pinotage Rosé
750ml



480⁰⁰
each
WITH Rewards CARD

Durbanville Hills
Chardonnay, Chenin Blanc,
Chenin Blanc Light,
Sauvignon Blanc,
Dry Merlot Rosé,
Cabernet Sauvignon,
Merlot, Pinotage or Shiraz
750ml



450⁰⁰
each
WITH Rewards CARD

Nederburg
Classic
Chenin Blanc, Lyric,
Sauvignon Blanc, Stein,
Rosé, Cabernet Sauvignon,
Duet or Merlot
750ml



84⁹⁹
each
WITH Rewards CARD

Jakkalsvlei
White, Pink or Red
Moscato
750ml



180⁰⁰
each
WITH Rewards CARD

Olive Brook
Shiraz/Cabernet Red Blend,
Pinotage, Merlot,
Cabernet Sauvignon/Merlot,
Malbec, Cinsault, Shiraz,
Cabernet Sauvignon,
Sauvignon Blanc,
Chenin Blanc, Chardonnay,
Moscato White or
Moscato Rosé
750ml



69⁹⁹
each
WITH Rewards CARD

Bruce Jack
Pinotage/Malbec,
Shiraz,
Pinotage Daily Brew,
Cabernet Sauvignon,
Merlot, Chenin Blanc,
Sauvignon Blanc,
Sauvignon Blush
or Bumble Bee Moscato
750ml



130⁰⁰
each
WITH Rewards CARD

Shortwood
Red, White or
Rosé
750ml



119⁹⁹
each
WITH Rewards CARD

Carnival
Sweet Red,
Sweet White,
Sweet Rosé,
Dry Red or
Dry White
3L

EXCLUSIVE TO
tops!
at SPAR

tops!
at SPAR

TURN UP EPIC

WITH A WINE THAT WORKS EVERY TIME

#NO18

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www.aware.org.za

Not For Persons Under The Age Of 18.

PHUZA
RIGHT

WIN



WHEN YOU BUY ANY OF THESE PRODUCTS.

200 MB FREE DATA **mobile**

With each product purchase!

COCKTAIL KULCHA

at **tops!**
at SPAR



139⁹⁹ each

WITH Rewards CARD

Wild Africa Cream
Premium Liqueur
(Incl. Variants)
750ml



159⁹⁹

WITH Rewards CARD

Smirnoff
1818
Vodka
750ml



159⁹⁹

WITH Rewards CARD

Belgravina
London Dry Gin
750ml



289⁹⁹

WITH Rewards CARD

Bombay Sapphire
Gin
750ml



249⁹⁹ each

WITH Rewards CARD

Skyy
Vodka
(Incl. Flavours)
750ml



179⁹⁹

WITH Rewards CARD

Captain Morgan
Original
Spiced Gold
Rum
750ml



219⁰⁰ per combo

WITH Rewards CARD

Red Heart
Original Dark Rum
750ml and
Coca-Cola
(Incl. Variants)
1L

FIND YOUR KULCHA

at **tops!**
at SPAR



Castle Lite
Original
or Draught
Cans
6 x 500ml

175⁰⁰

WITH Rewards CARD



220⁰⁰

WITH Rewards CARD

Red Square
Ice
Spirit Cooler
Handies
6 x 275ml



199⁰⁰

WITH Rewards CARD

Strongbow
Premium
Apple Cider
Cans
6 x 440ml or
Ultra Strawberry and Lime
Cans
6 x 500ml



94⁹⁹ per pack

WITH Rewards CARD

Hunter's
Iced
Flavoured
Alcoholic Grain
Beverage
Cans
6 x 500ml



259⁰⁰

WITH Rewards CARD

Chillers Punch
Spirit Cooler
Cans
6 x 440ml



250⁰⁰

WITH Rewards CARD

Smirnoff
Twist or Storm
Spirit Cooler
Cans
6 x 440ml



280⁰⁰

WITH Rewards CARD

Bacardi Breezer
Spirit Cooler
Cans
6 x 440ml



129⁹⁹ per pack

WITH Rewards CARD

Brutal Fruit
Ruby Apple
Sparkling Spritzer
Handies
6 x 500ml



199⁰⁰

WITH Rewards CARD

Kix
Sparkling Spritzer
Cans
6 x 440ml



280⁰⁰

WITH Rewards CARD

Gordon's
Spirit Cooler
Cans
6 x 440ml



199⁰⁰

WITH Rewards CARD

Windhoek
Premium
Draught or Lager
Cans
6 x 500ml

ZERO ZONE

0% Drinks
100% Vibes



89⁹⁹ per pack

WITH Rewards CARD

Brutal Fruit
Ruby Apple 0%
Cans
6 x 300ml



70⁰⁰

WITH Rewards CARD

Monster
Energy Drink
Cans
500ml



69⁹⁹ per pack

WITH Rewards CARD

Coca-Cola
Original
Cans
6 x 200ml



64⁹⁹ per pack

WITH Rewards CARD

Valpré
Still or Sparkling
Water
6 x 500ml



80⁰⁰

WITH Rewards CARD

**Appletiser
or Grapetiser**
100% Sparkling
Juice
1.25L



60⁰⁰

WITH Rewards CARD

**Coca-Cola
or Schweppes**
(Incl. Variants)
1L

tops!
at SPAR

TURN UP EPIC

SWIPE



WIN!

EVERYDAY DEALS!

#NO18

aware!org
www.aware.org.za

Not For Persons Under The Age Of 18.

PHUZA
ORIGHT

WIN



WHEN YOU BUY ANY OF THESE PRODUCTS.

200 MB FREE DATA **mobile**

With each product purchase!

WHISKY KULCHA

at **tops!** at SPAR



- 1. Johnnie Walker Red Label Blended Scotch Whisky 750ml** **R249,99** WITH Rewards CARD
- 2. Johnnie Walker Blonde Blended Scotch Whisky 750ml** **R299,99** WITH Rewards CARD
- 3. Johnnie Walker 12 Year Old Black Label Blended Scotch Whisky 750ml** **R409,99** WITH Rewards CARD



499⁹⁹
WITH Rewards CARD

Jameson
Select Reserve
Irish Whiskey
750ml



219⁹⁹
WITH Rewards CARD

Bell's
Blended
Scotch Whisky
750ml



319⁹⁹
each
WITH Rewards CARD

Jack Daniel's
Old No. 7
Tennessee
Whiskey
(Incl. Variants)
750ml



599⁹⁹
WITH Rewards CARD

The Glenlivet
12 Year Old
Single Malt
Scotch Whisky
750ml



499⁹⁹
WITH Rewards CARD

The Glenlivet
Founder's Reserve
Single Malt
Scotch Whisky
750ml

COGNAC KULCHA

at **tops!** at SPAR



UMFOLOZI SUNSET
SCAN HERE
FOR RECIPE



499⁹⁹
WITH Rewards CARD

Honor
VS
Cognac
750ml

SAVE
EXTRA



BUY BOTH FOR
869⁰⁰
per combo
WITH Rewards CARD

Remy Martin
V.S.O.P
Cognac
750ml and
Schweppes
(Incl. Variants)
1L



189⁹⁹
WITH Rewards CARD

Klipdrift
Export
Brandy
750ml



BUY BOTH FOR
199⁰⁰
per combo
WITH Rewards CARD

KWV
3 Year Old
Brandy
750ml and
Coca-Cola
(Incl. Variants)
1L

DELIVERED



Product availability
may vary by store.
While stocks last.

For your nearest TOPS at SPAR store, phone our share call number 0860 31 3141 or visit our website: www.topsatspar.co.za.

Specials available at all TOPS at SPAR stores from 22 July up to and including 10 August 2026 (including the Free State, Mpumalanga and North West Province) while stocks last. Not available in KwaZulu-Natal, Lowveld, Limpopo, Eastern, Northern or Western Cape. We reserve the right to limit quantities. Price and product availability may vary by region. In the event that an error occurs in an advertisement or incomplete information is printed, a notice will be displayed in-store with the correct details. Prices include VAT. No traders please. The advertised lines are only available at TOPS at SPAR stores.

TOPS at SPAR

#NO18

aware!org
www.aware.org.za

Not For Persons Under The Age Of 18.

PHUZA
RIGHT

Shop, swipe, save!



79⁹⁹ each
Save R20
 WITH Rewards CARD
 Sunlight
 Hand Washing Powder
 3 kg
 Assorted

Home Care Value

Finish
All in 1 56s, Quantum
Tabs 50s or Ultimate
Plus Tabs 45s

229⁹⁹
each
 WITH Rewards CARD

Home Care
By SPAR
Dishwashing
Liquid
Refill
750 ml

21⁹⁹
each
 WITH Rewards CARD

Maq
Dishwashing
Liquid
750 ml

28⁹⁹
each
 WITH Rewards CARD

Handy Andy
All Purpose
Cream
750 ml
Assorted

23⁹⁹
each
 WITH Rewards CARD

**YOU CAN
DO IT ALL,
RIGHT HERE
AT SPAR**

DStv pay@ Lesaka EasyPay AVON
 Pay your bills
in a flash

Blu VOUCHER HOLLYWOOD bets betway bucks
 Top up
your chances

NETFLIX Voucher Google Play ROBLOX
 Apple Store Card PlayStation OTT
 Pre-paid entertainment
vouchers

Top up pre-paid
electricity

MTN CellC vodacom
 Telkom mobile
 Buy data, airtime and
social bundles

Doing more with
your money at SPAR

Experience a world of easy top-up
options. Now available in-store
 at SPAR
 Ts & Cs apply. For updated terms and
conditions, please go to www.spar.co.za

OMO
SUPERLIFT
AUTO WASHING POWDER
3 kg
Assorted

119⁹⁹
each
 WITH Rewards CARD

Sta Soft
Fabric Conditioner
500 ml
Assorted

26⁹⁹
each
 WITH Rewards CARD

OMO
AutoLiquid
2 litre
or
Auto Capsules
420 ml

210⁰⁰
each
 WITH Rewards CARD

Doom
Multi
Insect Killer
300 ml
Assorted

42⁹⁹
each
 WITH Rewards CARD

Glade
Air
Freshener
180 ml
Assorted

22⁹⁹
each
 WITH Rewards CARD

Jik
Bleach
1.5 litre
Assorted

34⁹⁹
each
 WITH Rewards CARD

Sunlight
Laundry Bar
400 g / 500 g
Assorted

23⁹⁹
each
 WITH Rewards CARD

Super Pet Deals

SPAR
Pro Balance
Dry Dog Food
8 kg
Assorted

249⁹⁹
each
 WITH Rewards CARD

SPAR
Woof
Dog Food
820 g
Assorted

45⁰⁰
each
 WITH Rewards CARD

Husky
Wet Dog
Food
12s
Assorted

74⁹⁹
per pack
 WITH Rewards CARD

Pamper
Fine Cuts
in Gravy
or Jelly
Multi Pack
12s
Assorted

240⁰⁰
each
 WITH Rewards CARD

Bobtail
Dog Food
7 kg / 8 kg
Assorted

199⁹⁹
each
 WITH Rewards CARD

Marltons
Cat Litter
1.5 kg

84⁹⁹
each
 WITH Rewards CARD

Whiskas
Dry Cat Food
2.7 kg
Assorted

400⁰⁰
each
 WITH Rewards CARD

MOVE WITH MORE!
1GB
R38
 VALID FOR 30 DAYS

SPAR Rewards
 More for You



SIGN UP FOR MORE! MORE SAVINGS. MORE WINS. MORE FOR YOU.
 Maximum 10 SPAR Rewards deals per product, per customer on all **SAVE EXTRA** products. While stocks last. Ts & Cs apply.

Maximum 10 deals per customer on all **SAVE EXTRA** products. **SAVE EXTRA** products are only available in-store and not on the SPAR2U App. Specials available at selected **SUPERSPAR** and **SPAR** stores (excluding KwikSPAR and SPAR Express stores) from **22 July 2026** up to and including **10 August 2026**, while stocks last. We reserve the right to limit quantities. Prices include VAT. TV products available nationwide. Not available in Western Cape, Eastern Cape, KwaZulu-Natal, Upington or Keimoes area, the Lowveld or Belfast area. Errors and Omissions Excepted (E&OE).

Let's chat **0860 313 141**
 Say "hello" to get specials, store details, SPAR Rewards & more!
 For more info: www.spar.co.za or Find us on [/myspar](https://www.facebook.com/myspar)

