

A GENTLE PLACE TO RESET YOUR HEART,
RENEW YOUR MIND, AND GROW CLOSER TO GOD.

AUGUST
2026

ISSUE
01

FAITH *Reset* DAILY

A MONTHLY MAGAZINE FOR EVERYDAY FAITH.

PUBLISHED MONTHLY. **LIVED DAILY.**

REAL FAITH.
REAL LIFE.

Every Day.

THIS MONTH'S RESET

Reset Your Mornings
A simple 31-day challenge to
begin each day with God.

RACHEL

When We Believe "I'll Be
Happy When..."
BETWEEN THE VERSES

EVERYDAY FAITH

Faith in Five
Five simple ways to live your
faith this month.

Also Inside This Issue

- Faith Notes
- Reset Challenge
- Between the Verses
- Everyday Faith
- A New Season
- Crossword



This is the day
the Lord has made;
we will rejoice and
be glad in it.
Psalm 118:24





Hi Friend

Welcome to Faith Reset Daily

A monthly magazine for everyday faith.

Published monthly. Lived daily.

Faith isn't something we practice once a week or revisit once a month. It's lived in ordinary moments—morning prayers, difficult conversations, quiet victories, unexpected detours, and everyday decisions to trust God.

That's why this magazine is published once a month, but designed to be returned to every day. My prayer is that each issue becomes a place where you pause, breathe, open God's Word, and reset your heart as often as you need.

Welcome. I'm glad you're here.

— Kelli LaVerne

Quick look inside

-  Reset Challenge
-  Between the Verses
-  Everyday Faith
-  Faith In Five
-  Faith Notes



FAITH Notes

LITTLE REMINDERS FOR EVERYDAY FAITH.



Remember...

God is already
in tomorrow.
You only have to
trust Him today.



When You Feel Overwhelmed...

Pause. Pray. Breathe.

Begin again.



God's Word Says...

"Commit your way to the Lord,
trust also in Him, and He shall
bring it to pass."

Psalms 37:5 (NKJV)



A Little Reminder

You don't have to have
every answer.

You don't have to have every
step figured out.

You only need enough faith
to take today's step.



TODAY'S AFFIRMATIONS



- ☐ God is with me.
- ☐ God's timing is perfect.
- ☐ I can trust Him.
- ☐ His grace is enough.
- ☐ I don't have to carry tomorrow today.



Kelli's Note



Progress is usually quiet.
Most of the work God does in us
isn't loud enough for social media...
but it's powerful enough to
change our lives.



Write One Thing

GOD REMINDED YOU TODAY.

He is faithful



this Month's



RESET

CHALLENGE



Reset Your Mornings

Start each day by resetting your heart before the world has a chance to shape your mind.

Why This Matters

How we begin our day often determines how we experience it. Before the notifications, the emails, the responsibilities, and the distractions, God invites us to meet with Him.

This month, we're choosing to begin differently—not perfectly, but intentionally.

One small change each morning can lead to a lasting change in your heart.

Scripture of the Month

"This is the day the Lord has made; We will rejoice and be glad in it." Psalm 118:24 (NKJV)

A Prayer

Father,
Thank You for the gift of a new day. Before the noise of the world fills my mind, help me hear Your voice. Teach me to seek You first, trust You more deeply, and begin each morning with a heart that is surrendered to You. Reset my thoughts, my attitude, and my priorities so I can walk with You throughout the day.

In Jesus' name,
Amen.

Your Challenge

For the next 31 days, before you check your phone or scroll social media...

- ✓ Thank God for one thing.
- ✓ Read one passage of Scripture (even if it's only a few verses).
- ✓ Pray one intentional prayer.

It doesn't have to take thirty minutes.

It may only take five.

The goal isn't perfection.

The goal is presence.

Weekly Reflection

At the end of each week, ask yourself:

- Did beginning my day with God change my perspective?
- What was the biggest challenge?
- Where did I notice God's faithfulness?
- What do I want to carry into next week?

A Note from Kelli

Every month, you'll find a new Reset Challenge. These aren't meant to add pressure to your life - they're invitations to take one small, intentional step closer to God. Some months the challenge may focus on prayer. Other months it may center on gratitude, forgiveness, or trust. My prayer is that these simple practices become daily rhythms that draw you closer to Christ.

this Month's



RESET



Week 1

Sat 8.1.2026

☐

Week 2

S M T W T H F S

☐☐☐☐☐☐☐☐

Week 3

S M T W T H F S

☐☐☐☐☐☐☐☐

Week 4

S M T W T H F S

☐☐☐☐☐☐☐☐

Week 5

S M

☐☐

Tracker

✓	✓	✓							

Your Reset Moment...

What did God reset in your heart this month?

☐

☐

☐

☐

☐

☐

☐

☐

☐

☐

☐

☐

Why It's Called Faith Reset Daily (Even Though It's a Monthly Magazine)

By Kelli LaVerne

If you're wondering why this is called **Faith Reset Daily** when you're holding a monthly magazine, you're not alone. It's one of the first questions people ask - and it's a good one.

The simple answer is this:

The magazine is published monthly. Faith is lived daily.

Those two things aren't the same.

When I chose the name Faith Reset Daily, I wasn't thinking about how often I would publish content. I was thinking about how often you and I need God.

Every single day.

Some mornings we wake up full of hope. Other mornings we wake up carrying disappointment, anxiety, grief, unanswered prayers, or questions we don't know how to answer. Life has a way of pulling our hearts in a hundred different directions before we've even finished our first cup of coffee.

That's why we need a reset.

Not because we've failed.

Not because God has moved away from us.

But because life has a way of distracting us from what matters most.

A reset is simply choosing to return.

To return our thoughts to God's truth.

To return our hearts to His peace.

To return our focus to His promises.

And we don't just need that once a month. We need it every day.

That's the heartbeat behind this magazine.

I don't want to overwhelm you with endless articles or make you feel like you're constantly trying to catch up. Instead, my hope is that each issue becomes something you come back to throughout the month.

Maybe you'll read one article with your morning coffee.

Maybe you'll complete This Month's Reset Challenge one day at a time.

Why It's Called Faith Reset Daily

Maybe you'll pause at a Scripture that speaks directly to your season or pray through the words in Prayer Corner when you don't know what to say yourself.

There isn't a right way to use this magazine.
The goal isn't to finish it quickly.

The goal is to let it encourage you slowly.

Because faith isn't something we check off a list.

It's something we live—in ordinary moments.

It's choosing kindness when you're frustrated.
Trust when you're uncertain.

Hope when you're discouraged.

Forgiveness when it's difficult.

Prayer before panic.

Gratitude before complaint.

Those small, ordinary choices are where faith grows.

And that's exactly what I hope this magazine will help you do.

Every month you'll find familiar sections like Between the Verses, Everyday Faith, Prayer Corner, and Faith Notes, along with a new Reset Challenge designed to help you put your faith into practice one day at a time.

This isn't about becoming a perfect Christian.
It's about becoming a more intentional one.

My prayer is that **Faith Reset Daily** becomes more than something you read. I hope it becomes a place where you pause, breathe, open God's Word, and remember that no matter what yesterday looked like, God's mercies are still new this morning.

Because every sunrise is another invitation to begin again.

That's why it's called Faith Reset Daily.

Not because a new issue arrives every day...

...but because every day is another opportunity to reset your heart with God.

BETWEEN THE VERSES

Rachel: When We Believe "I'll Be Happy When..."

Companion to the Eve's Drop podcast episode 7

By Kelli LaVerne

Rachel's story is one of the most relatable stories in the Bible because it begins with something almost every one of us has experienced.

She believed that one thing would finally make her happy.

For Rachel, it was having a child.

For us, it might be a relationship, a promotion, better health, financial security, a new beginning, or simply the end of a difficult season.

We tell ourselves:

"I'll finally have peace when..."

"I'll finally feel complete when..."

"Life will finally be better when..."

Rachel wasn't wrong for desiring children. In her culture, motherhood carried tremendous significance. Her longing was real, and so was her pain.

The problem wasn't her desire.

The problem was believing that her joy depended on receiving it.

When years passed and Leah continued to bear children while Rachel remained childless, comparison slowly turned into desperation.

She wasn't simply waiting anymore.

She was measuring her life against someone else's blessings.

Isn't that what comparison does?

It shifts our attention away from what God is doing in our own lives and fixes our eyes on what we think He's doing for everyone else.

Suddenly, someone else's answered prayer feels like proof that God has forgotten ours.

But God hadn't forgotten Rachel.



He was still writing her story.

Eventually, Scripture tells us something beautiful:

"Then God remembered Rachel, and God listened to her and opened her womb." (Genesis 30:22, NKJV)

That verse has always made me pause.

Not because God had actually forgotten Rachel, but because it reminds us that His timing is never absent, even when it feels delayed.

God had been present all along.

His silence wasn't abandonment.

His delay wasn't denial.

His timing was part of the story.

Rachel eventually became the mother of Joseph, one of the most influential men in all of Scripture. Had God answered her prayer sooner, His greater plan would still have unfolded—but perhaps not in the way He intended.

Waiting doesn't mean God isn't working.
Sometimes He's preparing circumstances.
Sometimes He's preparing other people.
And sometimes... He's preparing us.

That's one of the hardest truths to accept because we naturally focus on what we're waiting for, while God is often focused on who we're becoming as we wait.

As you move through this month's **Reset Challenge**, I want to encourage you to notice something.

What if God isn't only interested in changing your circumstances?

What if He's also gently reshaping your heart each morning as you spend time with Him?

The waiting season may not end today.

But His faithfulness is available today.
His peace is available today.
His presence is available today.

And sometimes those are the very gifts we need most.



Reset Reflection

Before you turn the page, spend a moment with these questions:

- What have I been telling myself I need before I can truly be happy?
- Am I comparing my journey to someone else's blessings?
- How has God been faithful to me, even while I'm waiting?
- What would it look like to trust His timing today instead of tomorrow?



Scripture to Remember

"Wait on the Lord; Be of good courage, And He shall strengthen your heart; Wait, I say, on the Lord!" Psalm 27:14 (NKJV)

FAITH *in Five*

FIVE SIMPLE WAYS TO LIVE YOUR FAITH THIS MONTH.

1



READ

Psalm 27

As you read, notice every verse that reminds you to trust God's timing. Underline one verse that speaks to your current season and return to it throughout the week.

2



PRAY

Thank God first

Before you ask God for anything today, spend a few moments thanking Him for three ways He has already been faithful.

3



ENCOURAGE

Send a text

Think of someone who's in a waiting season. Send a text, make a phone call, or write a note. Sometimes the encouragement you've been praying for is meant to come through you.

4



NOTICE

Look for God today

This week, intentionally look for one everyday reminder of God's presence. Write it down. Don't let ordinary blessings pass by unnoticed.

5



REST

Put the phone away

Choose one evening this week to put your phone away thirty minutes earlier than usual. Spend that time reading Scripture, praying, journaling, or simply sitting quietly with God.

THIS MONTH'S THOUGHT

Faith isn't built in extraordinary moments alone.

It's strengthened through ordinary choices made one day at a time.

*Small steps.
Every day.
Big impact.*



Remember:

Faith isn't built in extraordinary moments alone.

It's strengthened through ordinary choices made

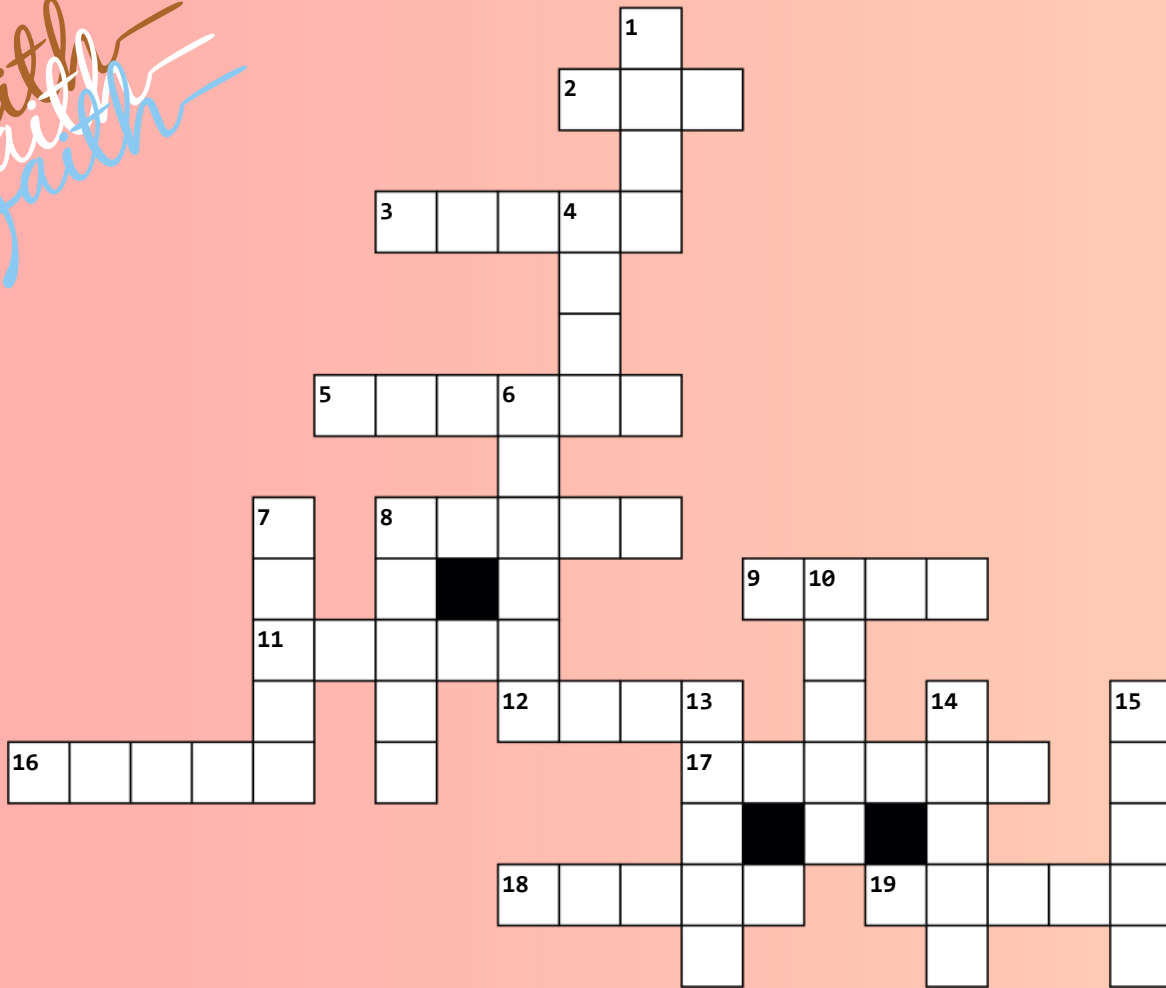
*one day
at a time.*



*Today,
I choose
to trust
His timing.*



A Little Fun for Your Faith Journey



Across

2. Deep gladness that comes from the Lord.
3. God's written Word.
5. The good news of Jesus Christ.
8. A calm that comes from trusting God.
9. A word meaning "so be it."
11. God's undeserved favor toward us.
12. Finding peace in God's presence.
16. Relying completely on God.
17. Jacob's beloved wife.
18. Complete trust and confidence in God.
19. The Savior of the world.

Down

1. Confident expectation in God's promises.
4. The greatest commandment.
6. Talking with God.
7. Jesus called His followers to be this in the world.
8. A book of songs and prayers in the Bible.
10. God withholding the punishment we deserve.
13. What God's Word always is.
14. The theme of this magazine.
15. Symbol of Christ's sacrifice.

FAITH *Everyday*

FINDING GOD IN THE ORDINARY MOMENTS

SIMPLE WAYS TO LIVE YOUR FAITH **ONE ORDINARY MOMENT AT A TIME.**



MORNING

Before reaching for your phone...

Whisper a simple prayer:

"Lord, thank You for another day. Help me notice You in the ordinary."

Even thirty seconds spent with God changes the direction of your day.



DURING YOUR COMMUTE

Instead of replaying yesterday's worries...

Choose one Scripture to think about.

"You will keep him in perfect peace, whose mind is stayed on You."

Isaiah 26:3 (NKJV)

Let God's Word be louder than your thoughts.



AT WORK OR HOME

When stress begins to build...

Pause.

Take one slow breath.

Invite Jesus into the moment before reacting.

Peace is rarely found by rushing.



WHEN SOMEONE TESTS YOUR PATIENCE

Ask yourself:

"How would Jesus respond right now?"

Sometimes the greatest act of faith isn't saying more... it's choosing *gentleness.*



BEFORE BED

Instead of remembering everything that went wrong...

Write down:

- One blessing.
- One answered prayer.
- One reason to trust God tomorrow.

Gratitude helps our hearts rest.



REMEMBER...

Faith isn't something reserved for Sunday mornings. It's choosing Jesus in the ordinary moments that make up an ordinary day.



KELLI'S NOTE

For years, I thought spiritual growth happened during the "big" moments—powerful sermons, conferences, or mountaintop experiences.

But I've learned that most of my growth has happened while washing dishes, sitting in traffic, folding laundry, answering emails, and choosing to trust God in moments no one else ever saw.

Those ordinary moments are holy too.

Let's choose faith in the everyday.

— Kelli



Today's ordinary moment is tomorrow's testimony.



A NEW Season

As Summer Begins to Fade...

August has a way of reminding us that seasons are changing. For some, it's the excitement of children heading back to school. For others, it's the return of familiar routines after vacations, longer days, or a slower pace of life.

But even if your home is quiet and there are no backpacks to pack or lunches to prepare, August still whispers something important:

Life is moving into a new season. 

Maybe this month God is inviting you to establish a new morning routine. Maybe He's calling you to spend a little more time in His Word. Maybe He's asking you to let go of something that belonged to yesterday so you can embrace what He's preparing for tomorrow.

The beautiful thing about God

is that He doesn't only work through New Year's resolutions. He works through ordinary Tuesdays... changing calendars... new school years... new jobs... empty nests... retirement... unexpected detours... and quiet mornings with a cup of coffee.

Every season is another invitation to walk a little closer with Him.

So as summer gently comes to a close,

*don't just prepare your schedule.
Prepare your heart.*



Because the most important thing you're carrying into this next season isn't your planner...

It's your faith.



Until Next Time...

Dear Friend,

Thank you for spending a little time with me in these pages.

My prayer is that somewhere in this first issue you found exactly what your heart needed—a reminder that God hasn't forgotten you, that His mercies are new every morning, and that faith is often strengthened in the ordinary moments we almost overlook.



As we step into a new month and a new season, I pray you'll continue choosing His **presence** over pressure, His **peace** over panic, and His **promises** over fear.

I'll be here next month with another opportunity to pause, breathe, and reset our hearts together.

Until then...

-  Keep looking for God in the ordinary.
-  Keep trusting Him in the waiting.
-  And never forget...
-  Every day is another opportunity to reset your heart with God.

With love,

Kelli LaVerne 



You are seen.
You are loved.
You are never alone.

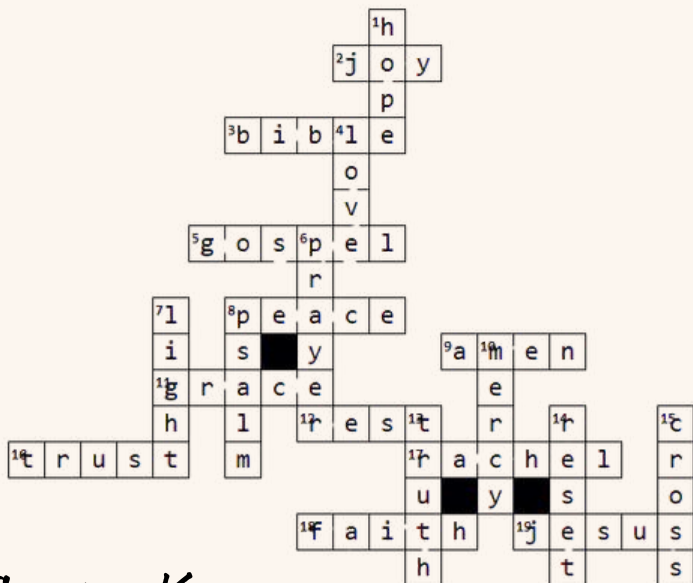


the bible is our compass

Answers

FROM THIS ISSUE'S 

CROSSWORD



Answer Key



Remember This 

"Great is His faithfulness;
His mercies begin afresh
each morning."

LAMENTATIONS 3:23 (NKJV)





FAITH *Reset* DAILY

REAL FAITH. REAL LIFE. EVERY DAY.



*You are seen.
You are loved.
You are never alone.
God is with you, *always.** 



GOD'S WORD
for your heart
and every season.



PRACTICAL ENCOURAGEMENT
to strengthen
your everyday faith.



GENTLE REMINDERS
that God's mercy
is new each morning.



COMMUNITY & CONNECTION
because we're better
together.




Thank you
for letting me be a part of
your faith journey.
See you next time!

REAL FAITH.
REAL LIFE.

Every Day

FaithResetDaily.com

Visit the blog for encouragement,
resources, and more.



Listen to the
Between The Verses
Podcast

 Scan to listen!

A MONTHLY MAGAZINE FOR EVERYDAY FAITH.

© 2026 Kelli LaVerne Media