challenges abroad

Supporting the futureSense FOUNDATION

FIJI SOCIAL IMPACT CHALLENGE

Your Passport to Global Citizenship!

www.challengesabroad.com.au

Certified B Corporation

CARBON NEUTRAL

About Us

Greater Social Equality.
A More Sustainable Environment.
A More Secure World for Everyone.

Challenges Abroad is a social enterprise that provides impactful, customised overseas learning programs for students. Our mission is to develop the next generation of Global Citizens, who as future leaders will help shape a better future for everyone.

Through our programs, we ensure that students not only develop a global mindset but gain vital life and employability skills, enabling them to have a positive impact on the world through their future endeavours.

We are proud to be a Certified B Corporation!
It reinforces that together, we're delivering programs that are not only transformative for students, but also beneficial for communities and respectful of the planet.

The Challenges Abroad Difference

Student Impact
Developing the next generation of Global Citizens.

Community Impact
Delivering long-term development projects that support local communities.

Environmental Impact
We're proud to be a carbon neutral organisation.



Short-Term Programs, Long-Term Impact.

Our Education & Community Challenges enable students to step out of their comfort zone whilst developing global perspectives, learning about new cultures and fostering meaningful connections with the local community.



Global Citizenship:

Broaden your perspectives, embrace cultural diversity, and ignite a lifelong drive to make a difference in the world.



Cultural Immersion:

Discover, connect & experience - dive into vibrant local cultures, learning through meaningful cross-cultural exchange.



Community Engagement:

Lead, inspire & create change - deliver hands-on projects, building skills and leaving a lasting impact on local communities.

Every Challenges Abroad program supports the goals and objectives of our international development charity, the FutureSense Foundation.

Participants on a Challenges Abroad program are therefore, not only directly impacting the community through their project, but are part of a sustainable community development initiative that will have a long lasting, positive impact.

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Fiji: The Spirit of the Pacific

Our Hub is based on **Viti Levu,** Fiji's largest island. Home to the majority of Fiji's population, Viti Levu offers an incredible mix of tropical coastline, lush rainforest, mountainous landscapes and vibrant village communities. From the bustling energy of Nadi to rural communities further afield, the island offers students the opportunity to experience different sides of Fijian life while learning about the local priorities, challenges and opportunities shaping communities across the island.



Day 1
Arrival

Touch down at Nadi International Airport and meet your group mentor before travelling to your accommodation and home for the next two weeks. You will be based outside the town of Nadi on the western coast of Viti Levu, working within the Sabeto village cluster, a close-knit group of communities nestled between the striking Sleeping Giant mountain range and the cane fields of western Fiji.

As you arrive, the warm air and the sound of the sea signal that your adventure has officially begun. As the evening sets in, gather for your Welcome Dinner, your first taste of Fijian food and hospitality.







Week 1

Days 2-3
Program & Cultural Orientation

The first couple of days are about building confidence, connection and excitement. You'll dive into Fijian culture and language, get to know our Hub team supporting you throughout your challenge, learn more about the communities you'll be working alongside and how your program contributes to long-term development projects. This is where the real impact of your journey begins to take shape!

Days 4-7
Viti Levu

Spend four immersive days embedded in the local community, contributing your skills, knowledge and passions to our long-term education and community development initiatives. With dedicated time to plan as a team, we'll help to make sure you're ready to contribute in a meaningful way - learning just as much from the community as you share. This hands-on experience builds confidence, uncovers new strengths, and leaves a lasting, sustainable impact.

Beyond your workshops, switch off and experience the natural beauty of Viti Levu, swim beneath waterfalls, explore lush forests, spend time by the coast and soak up the relaxed pace of Fijian village life

Potential activities and workshop topics:
Raising environmental awareness by contributing to climate action initiatives such as community clean-ups. Delivering educational workshops at local schools to share knowledge of key topics such as recycling, as well as helping to set up waste management process.







Week 2

Days 8-9
Your Free Weekend to Explore!

This is your time to make the most of everything Fiji has to offer:

👉 Soak in the volcanic mud pools and geothermal hot springs at Sabeto
👉 Wander through the orchid-filled Garden of the Sleeping Giant
👉 Lace up your boots for a sunrise hike with views across the cane fields to the coast

We recommend staying in Nadi to explore the local market and visit the stunning Sri Siva Subramaniya Temple. If you're chasing sun and sand, Wailoaloa Beach is just a short ride away or jump on a boat and spend a day snorkelling the crystal-clear waters of the Mamanuca Islands. However you spend it, your free weekend in Fiji will be one to remember.

Days 10-15
Viti Levu

These five days follow a similar rhythm to the first - contributing to community development activities, leading educational workshops, and coming together as a team to reflect on the impact you're making. The difference? Stronger skills, growing confidence, and deeper connections. Somewhere between the first day and the last, you'll begin to recognise your own growth as a Global Citizen.

The final day offers time to reflect on the skills you've developed, the experiences you've shared, and the perspectives you've gained. Our team will drop you off at the airport for you journey home or onwards travels.

Did you know?

Visiting a Fijian village comes with special customs. Hats should be removed, as traditionally only the village chief wears one. Visitors are also encouraged to dress modestly, remove sunglasses and carry bags by hand rather than over the shoulder as a sign of respect.





The Essentials

Accommodation & Meals

You'll be staying in dorm-style accommodation, sharing your room with up to 3 other participants. There are western showers and toilets, as well as communal spaces for relaxing. While the amenities are basic, the accommodation is safe, clean, and in a great location for exploring the surrounding area!

We provide 3 vegetarian meals per day Monday-Friday (weekends are your free time to explore local restaurants!).

In-Country Transport

Any required transport for project work and airport pick-up and drop-off. Our team can also help you organise transport so you can explore the area in your free time.

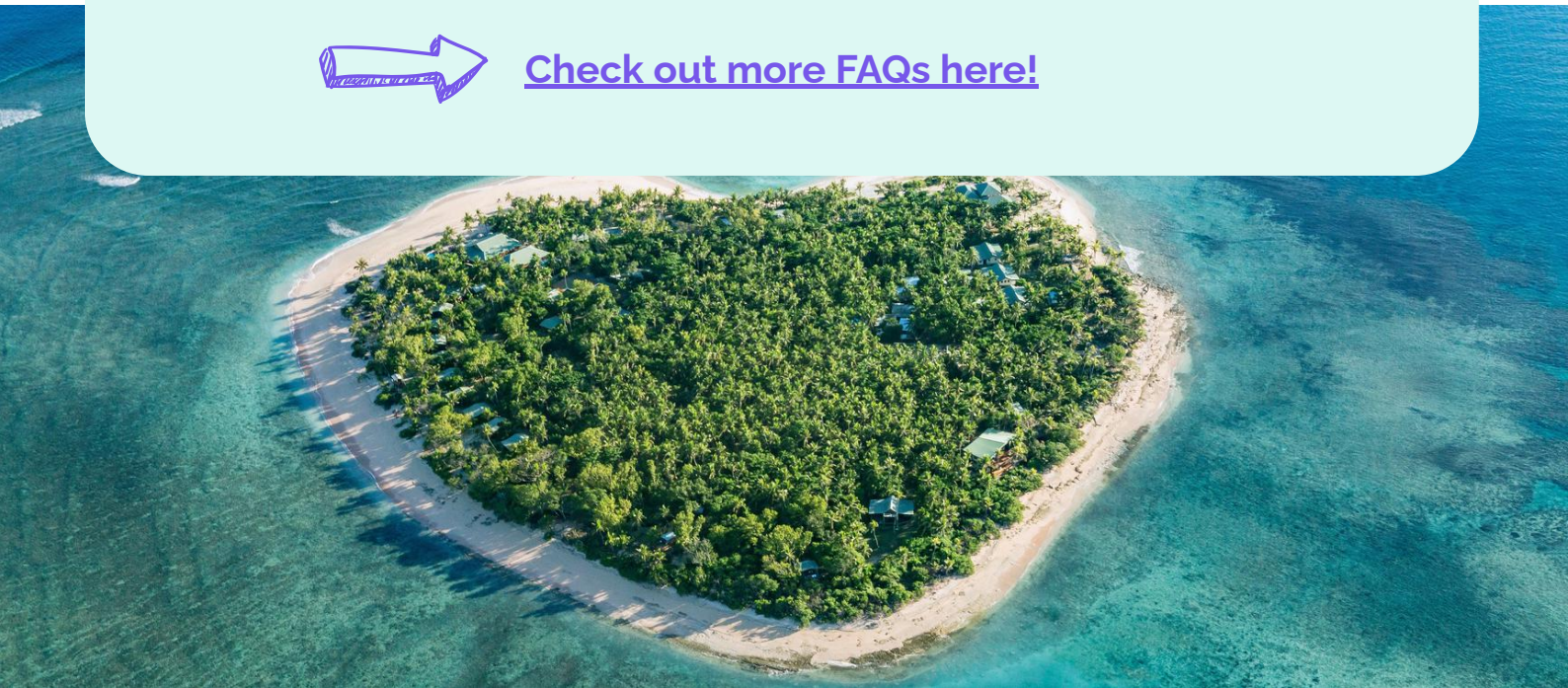
In-Country Support

As well as supporting you in your project work, our team will provide 24/7 support during your time overseas... they'll also have the best recommendations on how to spend your free time!

Pre-Departure Support

We will provide you with a Welcome Pack, Packing List and Program Brief to help you prepare for your travels. Our team are there every step of the way for extra support, and we'll organise a pre-departure meeting 4-weeks before you go to make sure everyone is on the same page and ready for the adventure.

Check out more FAQs here!



What's Next?

Sign up!

All you need to do is apply on our **website** and pay the **$250 booking deposit.** Once accepted, you can pay the remainder of your program fee in fortnightly, monthly or quarterly instalments leading up to your challenge. Your final payment is due eight weeks before departure.

If you have any questions or need any further support, please get in touch with our team:

hello@challengesabroad.com.au

We can also add you to a group chat on WhatsApp so that you can connect with others who are interested in joining the challenge or are even signed up and preparing to travel!

Dates & Prices:
Check out available dates & prices on our website

Academic Credit:
Find out more on our website

Things to start considering:

- **International flights**
- **Travel insurance**
- **Visas**
- **Vaccinations**

Elevate your Experience

If you're keen to take on an extra challenge, becoming a **Challenge Leader** will help you develop your leadership and team management skills, as well as a whole heap of other qualities that will set you up for your career or future study. Find out more and apply **here.**

"The pre-departure support is unparalleled. There is a lot of room for challenging yourself and personal growth - definitely a once in a lifetime opportunity that shouldn't be passed up!"

Global Citizen, Natan'El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