

Leading the Journey

Leadership & Whole School Support

Elevating Wellbeing in Schools

At SAS, we understand that strong leadership drives school success. That's why our Leadership Support takes a strategic, research-backed approach to help school and academy leaders embed a whole-school wellbeing culture.

Complementary with all SAS policies, our service ensures leaders have the tools and support they need to create lasting change.

- ✓ **30 Years of research & experience that delivers results**
- ✓ **Raise standards by consistently embedding wellness culture**
- ✓ **Wellbeing that demonstrates intent, implementation and impact**
- ✓ **Belief in the beauty of the journey**

Your Wellbeing Journey

Let's make it happen, together

Empowering Leaders

We provide school leaders with an understanding of their own wellbeing and how to plan for and lead the wellbeing of staff and students using the latest research showing how a positive whole school/trust wellbeing culture can impact stress levels and academic outcomes.

Whole School Approach

Our school leadership expert will take you through a six step process to embed whole school/trust wellbeing through a programme of training, audit, planning and delivery. This approach uses in-house tools as well as resources from the Carnegie Centre of Excellence for Mental Health in Schools at Leeds Beckett University.

Proven Impact

Drawing on 30 years of research and experience, our approach has seen standards rise, staff more fulfilled and students more engaged and especially important at this time, it helps to make your school/trust an employer of choice.

Delivered by our Education and Clinical experts

Our Leadership Support service is a bespoke service designed to meet the unique needs of school leaders. Delivered by a team of former headteachers, HR professionals, GPs, nurses, psychologists, counsellors and more. This personalised support comes as part of your policy with Schools Advisory Service and complements our full range of staff physical and mental health services.

