

Super Savings

UNLEASH
YOUR INNER
CHEF
with **nutrifresh™**

SAVE UP TO
80%
on **nutrifresh™**
Kitchen
Essentials

Ends 8 November 2026

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Ts & Cs apply.

BUY
me for a
BONUS
sticker!



SPAR
Frozen Mixed
Chicken
Portions
4 kg

169⁹⁹
each
WITH **RewardsCARD**



White Star
Super
Maize Meal
10 kg

96⁹⁹
each
WITH **RewardsCARD**



Spekko
Long Grain
Parboiled Rice
2 kg
Assorted

28⁹⁹
each
WITH **RewardsCARD**



Rama
37% Fat Spread
Brick
500 g

15⁹⁹
each
WITH **RewardsCARD**



Surf
Hand
Washing Powder
2 kg

49⁹⁹
each
WITH **RewardsCARD**



SPAR
Full Cream or
Low Fat Ultra
Pasteurised
Fresh Milk
2 litre

32⁹⁹
each
WITH **RewardsCARD**



Excella
Sunflower Oil
2 litre

69⁹⁹
each
WITH **RewardsCARD**

Quality Meat.
Unbeatable
Value.

Your Butcher
by SPAR
Farmhouse Wors

99⁹⁹
per kg



MA_SSR5783_1

SPAR



Real Value

on your Family Favourites



SPAR
Country Value
Half Cabbage
and Carrots

10⁹⁹
per pack



BUY
ALL
FOR

45⁰⁰
per combo

SPAR
freshline
Soft Citrus
1 kg
+ SPAR
freshline
Banana Snack
Pack
500 g
+ SPAR
freshline
Red Apple Snack
Pack
1 kg



SPAR
Country Value
Banana Bag
650 g

12⁹⁹
per pack



SPAR
Country Value
Potatoes
1 kg

14⁹⁹
per pack



Blue Ribbon
Classic
Brown Bread
700 g

15⁹⁹
per loaf

WITH RewardsCARD



SPAR
Bakery
Trifling Cake
Assorted

79⁹⁹
each



SPAR
Country Value
Carrots
1 kg

12⁹⁹
per pack



CARROTS 1 kg



SPAR
Country Value
Pack
(Half Swiss Roll,
2 Scones
and Queenie Loaf)

39⁹⁹
per pack



SPAR
Country Value
Chelsea Buns
6s

25⁹⁹
per pack

Country Value
Beef Black Tripe
500 g

29⁹⁹
each



GREAT
DEAL



Bulk Chicken Feet
(Previously Frozen)

39⁹⁹
per kg



SPAR
Country Value
Smokey or Chilli
Russians

49⁹⁹
per kg

Super Value, Ready Meals

Fresh & Convenient

Pieman's
Mini Pies
Assorted



BUY
ANY
5
FOR **30⁰⁰**

PIEMAN'S
MADE JUST RIGHT

Delicious made easy

SPAR
2 x Hotdogs



19⁹⁹
per combo

THE
FOOD
STALL
at SPAR

Your roast is ready!

CHIKKA CHICKEN
Roast Chicken
Available in BBQ,
Peri-Peri or Salt &
Pepper

ATE &
LEFT NO
CRUMBS



89⁹⁹
each

CHIKKA
CHICKEN

Sorted for Lunch

CHIKKA CHICKEN
Saucy BBQ Leg Quarter
and Chips 100 g

ATE &
LEFT NO
CRUMBS



39⁹⁰
per meal

CHIKKA
CHICKEN



SPAR Rewards deals available while stocks last.

Maximum 10 deals per customer on all SAVE EXTRA products. SAVE EXTRA products are only available in-store and not on the SPAR2U App.

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COLLECT

Fill your collector's card
with **30 stickers** to redeem.



Freezer and Fridge Super Savers

SAVE EXTRA **Super BUNDLE DEAL** **BUY me for a BONUS sticker!**

Danone Nutriday
Smooth Low Fat,
Plain Full Cream or Plain
Double Cream
6 x 100 g
Assorted

30⁰⁰

Save R10
WITH RewardsCARD

Stork
Country Spread
40% Fat Spread
Tub
500 g

31⁹⁹ each

WITH RewardsCARD

LANCEWOOD
GOUDA

LANCEWOOD
CHEDDAR

Lancewood
Prepacked
Cheese
600 g
Assorted

109⁹⁹ each

WITH RewardsCARD

Super BUNDLE DEAL **BUY ANY 2 FOR**

Ola
Cornetto
Ice Cream
110 ml /
120 ml
/ 125 ml
Assorted

35⁰⁰

WITH RewardsCARD

RAINBOW Simply Chicken
CHICKEES
CRUMBED CHICKEN
LETTERS AND NUMBERS
WITH HIDDEN VEG

RAINBOW Simply Chicken
CHICKEES
CRUMBED CHICKEN NUGGETS
ORIGINAL

Rainbow
Simply Chicken
Chickees Crumbed
Range
400 g
Assorted

51⁹⁹ each

WITH RewardsCARD

Sea Harvest
Finely Dusted
4 Wild-caught Hake Fillet portions finely dusted in
a Sea Salt & Cracked Black Pepper breader

Sea Harvest
Finely Dusted
4 Wild-caught Hake Fillet portions finely dusted in
a Chilli & Lime flavoured breader

Sea Harvest
Finely Dusted
Hake Fillet
Portions
380 g
Assorted

89⁹⁹ each

WITH RewardsCARD

THE GOLD STANDARD ESKORT
Naturally Wood Smoked & Wilshire Cured
Shoulder Bacon

THE GOLD STANDARD ESKORT
Naturally Wood Smoked & Wilshire Cured
Diced Bacon

Eskort
Round,
Shoulder
or Diced
Bacon
200 g

31⁹⁹ each

WITH RewardsCARD

Farmhouse
Ice Cream
1.8 litre
Assorted

51⁹⁹ each

WITH RewardsCARD

McCain
Skinny Fries
Skinny cut potato chips

McCain
Slap Chips
Traditional style potato chips

McCain
Skinny Fries
or Slap Chips
1 kg

47⁹⁹ each

WITH RewardsCARD

SaveMor
STANDARD GRADE
MIXED VEGETABLES
VICED CAULIFLOWS, CUT GREEN BEANS, SWEET CORN KERNELS & WHOLE GREEN PEAS IN VARIABLE PROPORTIONS

SaveMor
Frozen Mixed
Vegetables
1 kg

29⁹⁹ each

WITH RewardsCARD

SHOP

Get a sticker
for every R100
you spend.



COLLECT

Fill your
collector's card
with **30 stickers**
and hand it in at
the till.

SAVE UP TO
80%
on **nutrifresh**
Kitchen Essentials



SHOP, SWIPE, COLLECT & SAVE!

LOVE IT? SPAR GETS IT DELIVERED 2U



Download now!



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Must-have Savings

BUY me for a BONUS sticker!

SAVE EXTRA



159⁹⁹ each

WITH RewardsCARD

Jacobs Krönung Gold Jar 200 g or Refill Pouch 230 g (Excl. Decaf) Assorted

Fill Your Pantry for Less



Ouma Chunky or Sliced Rusks 450 g / 500 g Assorted

49⁹⁹ per pack

WITH RewardsCARD



Bokomo Corn Flakes 1 kg

59⁹⁹ each

WITH RewardsCARD



Five Roses Tagless Teabags 102s

59⁹⁹ per pack

WITH RewardsCARD



Frisco Instant Coffee Refill Pouch Original or Granules (Excl. Decaf) 750 g

109⁹⁹ each

WITH RewardsCARD



Clover Classic Vanilla Flavoured Custard or Chocolate Dessert 1 litre

24⁹⁹ each

WITH RewardsCARD



Rhodes Baked Beans 400 g

26⁰⁰

WITH RewardsCARD



Hinds Herbs and Spices Refill (Excl. Cabbage Seasoning) 12 g - 90 g Assorted

25⁰⁰

WITH RewardsCARD



Thokoman Smooth Peanut Butter 1.1 kg (Incl. Crunchy and No Sugar 1 kg)

69⁹⁹ each

WITH RewardsCARD



Hinds Southern Coating or Southern Grill Seasoning 200 g Assorted

18⁹⁹ each

WITH RewardsCARD



Denny Dry Pasta Sauce 48 g Assorted

30⁰⁰

WITH RewardsCARD



Polana Spaghetti, Macaroni or Elbows 500 g

25⁰⁰

WITH RewardsCARD



Eezee Noodles 5 x 65 g Assorted

34⁰⁰

WITH RewardsCARD

Pantry Super Savers



Selati White Sugar 2.5 kg

59⁹⁹ each

WITH RewardsCARD



Selati Golden Brown Sugar 2 kg

39⁹⁹ each

WITH RewardsCARD



Snowflake Self Raising Wheat Flour 1 kg

21⁹⁹ each

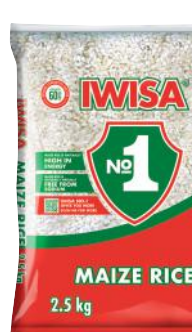
WITH RewardsCARD



Snowflake Cake Flour or Brown / White Bread Wheat Flour 2.5 kg

36⁹⁹ each

WITH RewardsCARD



Iwisa Somp or Maize Rice 2.5 kg

41⁹⁹ each

WITH RewardsCARD



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SPAR 
PRODUCTS

**OUR BEST
FOR LESS
SALE**



OR



SPAR 
2 x Crumbed Chicken
Steaklets, Pops,
Fries Coated,
Nuggets, Strips
or Burgers 750 g
+ **SPAR** 
Carbonated
Soft Drink
Assorted 2 litre

BUY
ALL
FOR

130⁰⁰

WITH **RewardsCARD**



BUY
me for a
BONUS
sticker!

SPAR 
French, Chilli,
Garlic or Chicken
Polony
1 kg

29⁹⁹ each

Save **R12**
WITH **RewardsCARD**



SPAR 
Daily Spread
Tub
1 kg

39⁹⁹ each

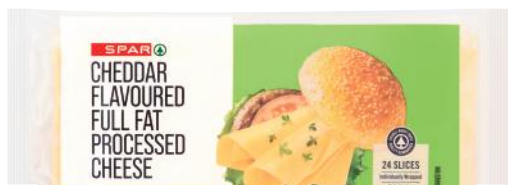
WITH **RewardsCARD**



SPAR 
Prepacked
Cheese
700 g
Assorted

114⁹⁹ each

WITH **RewardsCARD**



SPAR 
Cheddar or Gouda
Processed
Cheese Slices
400 g

56⁹⁹ per pack

WITH **RewardsCARD**



SPAR 
Smoked, Red,
Smoked
with Cheese
Hotdogger
Viennas
500 g

39⁹⁹ per pack

WITH **RewardsCARD**



SPAR 
Full Cream, Low Fat,
Fat Free
or Lactose Free
Smooth or Fruit
Yoghurt
(Incl. Aloe & Seeded,
Double Cream or
Indulge Range)
1 kg
Assorted

36⁹⁹ each

WITH **RewardsCARD**



SPAR 
Large Eggs
18s

49⁹⁹ per pack

WITH **RewardsCARD**

SPAR 
PRODUCTS

LOVE IT? SPAR GETS IT DELIVERED 2U



Download now!

Available on the
App Store

GET IT ON
Google Play

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SPAR
PRODUCTS

**OUR BEST
FOR LESS
SALE**

**Super
BUNDLE
DEAL**



SPAR

Sunflower Oil 750 ml
+ **SPAR**
Parboiled Rice
2 kg
+ **SPAR**
Super Maize Meal
2.5 kg
+ **SPAR**
Instant Noodles 5s
Assorted

**BUY
ALL
FOR**

89⁰⁰
per combo

WITH **RewardsCARD**

**Super
BUNDLE
DEAL**



SPAR
Pilchards
In Tomato
or Chilli Sauce
400 g

**BUY
ANY
2
FOR**

52⁰⁰

WITH **RewardsCARD**

**Super
BUNDLE
DEAL**



SPAR
Spaghetti
or
Macaroni
500 g

**BUY
ANY
4
FOR**

50⁰⁰

WITH **RewardsCARD**

SPAR
INSTANT NOODLES
CHICKEN FLAVOURED

SPAR
INSTANT NOODLES
BEEF FLAVOURED



SPAR
Instant Noodles
5s
Assorted

16⁹⁹
per pack

WITH **RewardsCARD**



SPAR
Corned Meat
300 g
Assorted

27⁹⁹
each

WITH **RewardsCARD**



**Super
BUNDLE
DEAL**

SPAR
Packet Soup
55 g - 70 g
Assorted

**BUY
ANY
4
FOR**

20⁰⁰

WITH **RewardsCARD**



SPAR
Original or Tangy
Mayonnaise
750 g

32⁹⁹
each

WITH **RewardsCARD**



SPAR
Instant Maize
Porridge
1 kg
Assorted

22⁹⁹
each

WITH **RewardsCARD**



SPAR
Corn Flakes
500 g

29⁹⁹
each

WITH **RewardsCARD**



SPAR
Tomato
Sauce
700 ml

25⁹⁹
each

WITH **RewardsCARD**



SaveMor
Cooking Oil 2 litre
+ **SPAR**
Super Maize Meal 5 kg
+ **SPAR**
Parboiled Rice 5 kg

**BUY
ALL
FOR**

159⁰⁰
per combo

WITH **RewardsCARD**



SPAR
Pure Rooibos
Tagless
Teabags
80s

28⁹⁹
per pack

WITH **RewardsCARD**



SPAR
Apricot or
Mixed Fruit
Jam
900 g

36⁹⁹
each

WITH **RewardsCARD**



SPAR
Super
Maize Meal
5 kg

37⁹⁹
each

WITH **RewardsCARD**

SPAR
PRODUCTS



SPAR **Rewards** deals available while stocks last.

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SPAR PRODUCTS

OUR BEST
FOR LESS
SALE



SPAR
Gums or Jellies
(Excl. Chocolate
Malt Balls,
Speckled Eggs
and Candy Coated
Peanuts)
125 g
Assorted

BUY ANY
2
FOR

40⁰⁰

WITH RewardsCARD



Super
BUNDLE
DEAL

SPAR
Cola Flavoured
Carbonated
Soft Drink
3 litre

BUY
2
FOR

32⁰⁰

WITH RewardsCARD



SPAR
Aloe Vera Drink
500 ml
Assorted

16⁹⁹ each

WITH RewardsCARD



Super
BUNDLE
DEAL

Go
Energy Drink
500 ml
Assorted

BUY ANY
2
FOR

18⁰⁰

WITH RewardsCARD



SPAR
Smoothie
Concentrated
Drink
1 litre
Assorted

BUY ANY
2
FOR

20⁰⁰

WITH RewardsCARD



Super
BUNDLE
DEAL

SPAR
Carbonated
Soft
Drink
2 litre
Assorted

BUY ANY
2
FOR

25⁰⁰

WITH RewardsCARD



Super
BUNDLE
DEAL

SPAR
Potato Chips
120 g
Assorted

BUY ANY
2
FOR

28⁰⁰

WITH RewardsCARD

SPAR PRODUCTS

LOVE IT? SPAR GETS IT DELIVERED 2U



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MA_SSR5783_7

SPAR 
PRODUCTS

**OUR BEST
FOR LESS
SALE**



SPAR 
Mini
Toilet Tissues
1 ply
18s

54⁹⁹
per pack

WITH **RewardsCARD**



SPAR 
Foam Bath
2 litre
Assorted

45⁹⁹
each

WITH **RewardsCARD**



Care By **SPAR** 
Body Wash
500 ml
Assorted

32⁹⁹
each

WITH **RewardsCARD**



SPAR 
Sola
SPF 50 Kids
Spray
200 ml

129⁹⁹
each

WITH **RewardsCARD**



SPAR 
Germex
Hand Wash
250 ml

32⁹⁹

WITH **RewardsCARD**



SPAR 
Rainbow
Facial Tissues
200s
Assorted

23⁹⁹
per pack

WITH **RewardsCARD**



SPAR 
Germex
Hygiene Soap
175 g
Assorted

23⁰⁰

WITH **RewardsCARD**



SPAR 
Petals Maxi
Pads
8s / 9s
Assorted

19⁹⁹
per pack

WITH **RewardsCARD**



SPAR 
Germex
Bathroom Sanitiser
180 ml
Assorted

23⁹⁹
each

WITH **RewardsCARD**

Everyday Home Care Value



SPAR 
Germex
All Purpose Cleaner
or Dishwashing Liquid
or Thick Bleach
750 ml
Assorted

55⁰⁰

WITH **RewardsCARD**



Home Care
by **SPAR** 
All Purpose Cleaner
750 ml
+ Home Care
by **SPAR** 
Multipurpose Thick Bleach
750 ml
+ Home Care
by **SPAR** 
Dishwashing Liquid
750 ml
Assorted

75⁰⁰
per combo

WITH **RewardsCARD**



SPAR 
goodliving
Floor Broom

45⁹⁹
each

WITH **RewardsCARD**



Home Care
By **SPAR** 
Heavy Duty
Refuse Bags
750 mm x 900 mm
10s

39⁹⁹
each

WITH **RewardsCARD**

Fur-tastic Value



SPAR 
Firelighters
12s

21⁹⁹
per pack

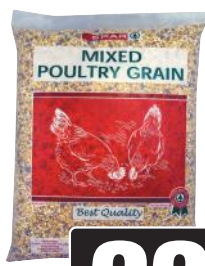
WITH **RewardsCARD**



SPAR 
Charcoal
Briquettes
5 kg

79⁹⁹
each

WITH **RewardsCARD**



SPAR 
Mixed
Poultry
Grain
2 kg

22⁹⁹
each

WITH **RewardsCARD**



SPAR 
Woof
Dog Food
Cans
820 g
Assorted

45⁰⁰

WITH **RewardsCARD**



SPAR 
Woof
Dry Chunks
(Excl. Puppy)
8 kg
Assorted

149⁹⁹
each

Save **R40**
WITH **RewardsCARD**

SPAR 
PRODUCTS



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LOOK OUT FOR PARTICIPATING PRODUCTS

BUY me for a **BONUS** sticker!



SAVE EXTRA

crunchie
much much MORE!
Lunch Bar

Cadbury
5 Star 48.5 g, Lunch Bar 44 g,
PS 48 g, Astros 40 g
or Crunchie 40 g
(Excl. PS Duos, Bubbly
or Caramel Slab)

Super BUNDLE DEAL

BUY ANY **2** FOR

24⁰⁰

Save R8
WITH RewardsCARD

Super Snack Deals

BUY me for a **BONUS** sticker!

Super BUNDLE DEAL

NIK NAKS
ORIGINAL CHEESE
FLAVOURED MAIZE SNACK

NIK NAKS
BEEF BBQ
FLAVOURED MAIZE SNACK

Simba
Nik Naks
135 g
Assorted

BUY ANY **2** FOR

22⁰⁰

WITH RewardsCARD

Willard's
BIG KORN BITE
BBQ
FLAVOURED MAIZE

Willard's
BIG KORN BITE
TOMATO
FLAVOURED MAIZE CHIPS

Willard's
Big Korn
Bites
120 g
Assorted

BUY ANY **2** FOR

33⁰⁰

WITH RewardsCARD

Manhattan
Pink and White
Mallows
or Mister Sweet
Yumallows
Pink and White
400 g

BUY ANY **2** FOR

39⁹⁹ per pack

WITH RewardsCARD

Wafers
Strawberry Flavour
Vanilla Flavour
Light, Cream and Raspberry Cream

Tasty
Treats
Flavoured
Wafers
100 g
Assorted

BUY ANY **2** FOR

8⁹⁹ per case

WITH RewardsCARD

Cappy
STILL
Breakfast Blend
100% Fruit Juice Blend
WILD GRAPE, PEAR, ORANGE, GUAVA, MANGO
NO ADDED PRESERVATIVES

Cappy
STILL
Tropical
100% Fruit Juice Blend
APPLE, GRAPE, PEAR, ORANGE, PINEAPPLE, GUAVA
NO ADDED PRESERVATIVES

Cappy
100% Fruit
Juice Blend
1.5 litre
Assorted

BUY ANY **2** FOR

65⁰⁰

WITH RewardsCARD

Wild Island
Smoothie
FLAVOURED DAIRY BLEND

Wild Island
Smoothie
FLAVOURED DAIRY BLEND

Wild Island
Flavoured
Dairy Blend
Concentrate
1 litre
Assorted

BUY ANY **2** FOR

32⁰⁰

WITH RewardsCARD

Bakers
Blue Label
Marie Biscuits
200 g
Assorted

BUY ANY **2** FOR

35⁰⁰

WITH RewardsCARD

Beacon
Liquorice or
Allsorts Fruity
150 g or
Maynards
Gums or Jellies
100 g
Assorted

BUY ANY **2** FOR

19⁹⁹ each

WITH RewardsCARD

Super C
Flavoured Sparkling
Energy Drink
500 ml
Assorted

BUY ANY **2** FOR

20⁰⁰

WITH RewardsCARD

Energade
Sports
Flavoured Drink
500 ml
Assorted

BUY ANY **2** FOR

24⁰⁰

WITH RewardsCARD

Thirsti
Still or Sparkling
Water
6 x 500 ml

BUY ANY **2** FOR

32⁹⁹ per pack

WITH RewardsCARD

PEPSI
ZERO SUGAR

PEPSI
LIGHT

Pepsi
Max Zero
No Sugar,
Pepsi
Light
or
7Up
Sugar Free
2 litre

BUY ANY **2** FOR

27⁰⁰

WITH RewardsCARD

Spar-letta
Creme Soda
LOW KILOJOULE
SOFT DRINK

Twist
Sparkling Low Kiljoule
Granadilla Flavoured Drink

Coca-Cola
No Sugar, Coca-Cola
No Sugar No Caffeine,
Coca-Cola Zero,
Fanta, Sprite,
Sprite Zero, Stoney,
Stoney No Sugar,
Spar-letta or Twist
(Excl. Coca-Cola
Original Less Sugar)
1.5 litre
Assorted

BUY ANY **2** FOR

28⁰⁰

WITH RewardsCARD

LOVE IT? SPAR GETS IT DELIVERED **SPAR2U**



Download now!



Maximum 10 deals per customer on all **SAVE EXTRA** products. **SAVE EXTRA** products are only available in-store and not on the SPAR2U App. Special available at selected **SPAR** and **SUPERSPAR** (Excluding KWIKSPAR and SPAR Express stores). Promotion valid from 11 August up to and including 23 August 2026, while stocks last. We reserve the right to limit quantities. Prices include VAT. Please visit your nearest store to see if these specials apply. Not available in Western Cape, Eastern Cape, KwaZulu-Natal, Upington, Keimoes, Lowveld, Belfast, Limpopo and Pretoria. Errors and Omissions Excepted (E&OE).

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Must-have Savings

BUY me for a BONUS sticker!

Super BUNDLE DEAL

Dettol

12HR PROTECTIVE SHIELD*

BUY ANY 2 FOR

28⁰⁰

Save R8 WITH RewardsCARD

Dettol Hygiene Soap (Excl. Charcoal & Aloe) 175 g Assorted

Care & Save

BUY me for a BONUS sticker!

Aquafresh all-in-one protection

100 ml • Cavity Protection • Helps Protect Gums • Refreshes Breath

Aquafresh all-in-one protection

100 ml • Cavity Protection • Helps Protect Gums • Refreshes Breath

Aquafresh Fresh & Minty, Mild & Minty, Lemon Mint or Herbal Toothpaste 100 ml

17⁹⁹ each

WITH RewardsCARD

Dove beauty cream k sensitive skin micellar

for soft, smooth skin yumuşak, pürüzsüz bir cilt için

Dove Beauty Bar Soap 90 g Assorted

21⁹⁹ each

WITH RewardsCARD

Dove Deodorant for Male or Female 150 ml Assorted

42⁹⁹ each

WITH RewardsCARD

Dove Anti-perspirant Roll-On for Male or Female 50 ml Assorted

28⁹⁹ each

WITH RewardsCARD

lil-lets essentials thick pads with wings

lil-lets essentials thick pads with wings unscented

Lil-lets Essentials Sanitary Pads 8s Assorted

11⁹⁹ per pack

WITH RewardsCARD

Organics Shampoo or Conditioner 1 litre Assorted

82⁹⁹ each

WITH RewardsCARD

Clere Body Cream or Lotion for Male or Female 300 ml / 400 ml Assorted

25⁹⁹ each

WITH RewardsCARD

Baby you Value

PURITY Just Add Milk Instant Oats

Baby Cereal Original

from 6 months

PURITY Just Add Milk Instant Oats

Baby Cereal Apple & Cinnamon Flavour

from 6 months

Purity Jungle 250 g Assorted

23⁹⁹ each

WITH RewardsCARD

PURITY Just Add Milk Strawberry Flavour

Baby Cereal

from 7 months

PURITY CREAM OF MAIZE Baby's Soft Porridge

Original

from 6 months

Purity 3rd Baby Cereal Just Add Milk 200 g / 250 g or Cream of Maize 400 g Assorted

23⁹⁹ each

WITH RewardsCARD

Super BUNDLE DEAL

Rhodes Squish Fruit Salad 100% Fruit Puree

Rhodes Squish Summer Berries 100% Fruit Puree

Rhodes Squish 110 ml Assorted

22⁰⁰

WITH RewardsCARD

BORSTOL COUGH REMEDY

BORSTOL LINCTUS PEPPERMINT FLAVOUR

Borstol Cough Remedy 100 ml Assorted

59⁹⁹ each

WITH RewardsCARD

Compral Pain Powders

38 Powders

HEADACHES
MUSCLE & JOINT PAIN
TOOTHACHE
PERIOD PAIN

Compral Pain Powders 38s

69⁹⁹ per pack

WITH RewardsCARD

Pampers ultra skin comfort

Pampers ultra skin comfort pants

Pampers Active Baby Nappies Value Pack or Pants Value Pack Assorted

179⁹⁹ per pack

WITH RewardsCARD



SPAR Rewards deals available while stocks last.

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SHOP

Get a sticker for every
R100 you spend.



Home Comforts



Sunbeam
Iron
1s

179⁹⁹
each

WITH RewardsCARD



Addis
Everyday
Rubber
Gloves
Medium
or Large

19⁹⁹
per pair

WITH RewardsCARD



SaveMor
Fluted
Candles
400 g

29⁹⁹
per pack

WITH RewardsCARD



Duracell
Plus
Batteries
AA or AAA
4s

69⁹⁹
per pack

WITH RewardsCARD



Eurolux
Globe A60
9W LED
B22 or E27

14⁹⁹
each

WITH RewardsCARD



Sunbeam
Cordless
Kettle
1.8 litre

199⁹⁹
each

WITH RewardsCARD

tops!

at SPAR

11 August up to and including 23 August 2026



Scan HERE
and find the
drink to match
your Kulcha!

WELCOME
to our
WORLD
of **KULCHA**



La Motte
Millenium
750ml

119⁹⁹
each

WITH RewardsCARD



Four Cousins
Natural Sweet Red,
Natural Sweet White,
Natural Sweet Rosé,
Dry Red or White
1.5L

99⁹⁹
each

WITH RewardsCARD



Leopard's Leap
Chardonnay Pinot Noir,
Shiraz,
Pinotage, Chenin
Blanc or Unwooded
Chardonnay
750ml

79⁹⁹
each

WITH RewardsCARD



Fat Bastard
Cabernet Sauvignon,
Pinotage,
Shiraz or Merlot
750ml

149⁹⁹
each

WITH RewardsCARD



Arabella
Pinotage, Shiraz,
Sauvignon Blanc,
Cabernet Sauvignon,
Chenin Blanc
or Chardonnay
750ml

84⁹⁹
each

WITH RewardsCARD



Stonedale
Sauvignon Blanc or
Cabernet Sauvignon
Merlot
750ml

49⁹⁹
each

WITH RewardsCARD



Lady Lillian
Sparkling Wine
750ml

99⁹⁹
each

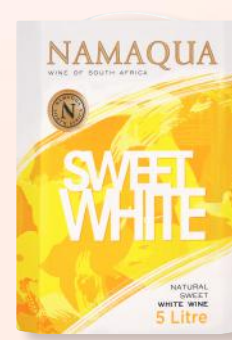
WITH RewardsCARD



Rupert & Rothchild
Classique
750ml

234⁹⁹
each

WITH RewardsCARD



Namaqua
Assorted
5L

169⁹⁹
each

WITH RewardsCARD

For your nearest TOPS at SPAR store, phone our share call number 0860 31 3141 or visit our website: www.topsatspar.co.za.

Specials available from 11 August up to and including 23 August 2026, while stocks last, at selected TOPS at SPAR stores Not available in Western Cape, Eastern Cape, KwaZulu-Natal, Upington, Keimoes, Lowveld, Belfast, Limpopo and Pretoria. We reserve the right to limit quantities. Prices include VAT. Errors and Omissions Excepted (E&OE).

#NO18 aware!org
www.aware.org.za

Not For Persons Under The Age Of 18.

LOOK OUT FOR PARTICIPATING PRODUCTS

BUY
me for a
BONUS
sticker!



42⁹⁹
each

WITH *Rewards*CARD

Comfort
Fabric Conditioner
Pouch
800 ml
Assorted

Home Care Value



Maq
Dishwashing
Liquid
750 ml

28⁹⁹
each

WITH *Rewards*CARD



Jeyes
Homeguard
Thick Bleach
750 ml
Assorted

21⁹⁹
each

WITH *Rewards*CARD



SPAR
Toilet Tissue
2 ply
9s

59⁹⁹
per pack

Save **R10**
WITH *Rewards*CARD

**YOU CAN
DO IT ALL,
RIGHT HERE
AT SPAR**



Pay your bills
in a flash



Top up
your chances



Pre-paid entertainment
vouchers



Top up pre-paid
electricity



Buy data, airtime and
social bundles



Doing more with
your money at SPAR

Experience a world of easy top-ups
options. Now available in-store

at **SPAR**

Ts & Cs apply. For updated terms and
conditions, please go to www.spar.co.za



MOVE WITH MORE!

1GB
R38

VALID FOR 30 DAYS



16⁹⁹
per pack

WITH *Rewards*CARD

Pro-Wash
Laundry Bar
500 g
Assorted



Maq
Auto Washing
Powder
or Liquid
2 kg / 1.5 litre

69⁹⁹
each

WITH *Rewards*CARD

Bulk Savings



Snowflake
Cake Wheat Flour or Brown /
White Bread Wheat Flour 2,5kg
+ **Iwisa or Super Sun**
Super Maize Meal 2.5 kg
+ **Golden Delight**
Rice 2 kg
+ **Sunblest**
Spaghetti or Macaroni 500 g

109⁰⁰
per combo

WITH *Rewards*CARD

SPAR
Rewards
More for You



SIGN UP FOR MORE! MORE SAVINGS. MORE WINS. MORE FOR YOU.

Maximum 10 SPAR *Rewards* deals per product, per customer on all **SAVE EXTRA** products. While stocks last. Ts & Cs apply.

SPAR: • DOBSONVILLE • DIEPKLOOF • EMALAHLENI • JACOBSDAL • MAFIKENG • MATHAMBO/SPRUITVIEW • OGIES • SANTINHOS • WARRENTON

SUPERSPAR: • BOTSHABELO • EVATON • FICKSBURG • FORO • KATHORUS • KATHU • KATLEHONG • KENWORTH • KRIEL • MALVERN • STAR HYPER (CARLETONVILLE) • TASBET • WITFIELD

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Let's chat **0860 313 141**

Say **"hello"** to get specials, store details, SPAR Rewards & more!
For more info: www.spar.co.za or Find us on **/myspar**

SPAR

