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Welcome to the September Edition

Many thanks go to the volunteers who deliver this magazine to Caddington, Aley Green and Caddington Woods

In this edition you will find

Centrefold – Photos of Heathfield from 2008 – Helicopter views

Page 9 – CADS next performances of *Black~Adder The Tudor Years*

Book those tickets soon, they are going fast

Page 10 – Useful Christmas gift ideas

Page 11 – Newspaper articles about Caddington's WI

Page 13 – Opportunities for Year 10 – 12 Students

Page 14 – CadHist's Summer Outing – with photos

Pages 16 & 17 – Details of the 230 bus service plus newspaper articles from exactly one hundred years ago

Page 20 – That fiendish Caddington Men's Club Quiz

Page 21 – An important alert from Bedfordshire Fire & Rescue Service

Page 25 – How to obtain a Caddington Parish Council Grant

Have you an article that you'd like to include in the October edition?

Send it to the email address at the bottom of this page

Tell us about a recent experience, hobby or special interest

Perhaps you would like to advertise your business?

The magazine reaches nearly 2000 houses and is also shared on social media

The next edition will be with you at the beginning of October

Deadline for content is Monday 15th September

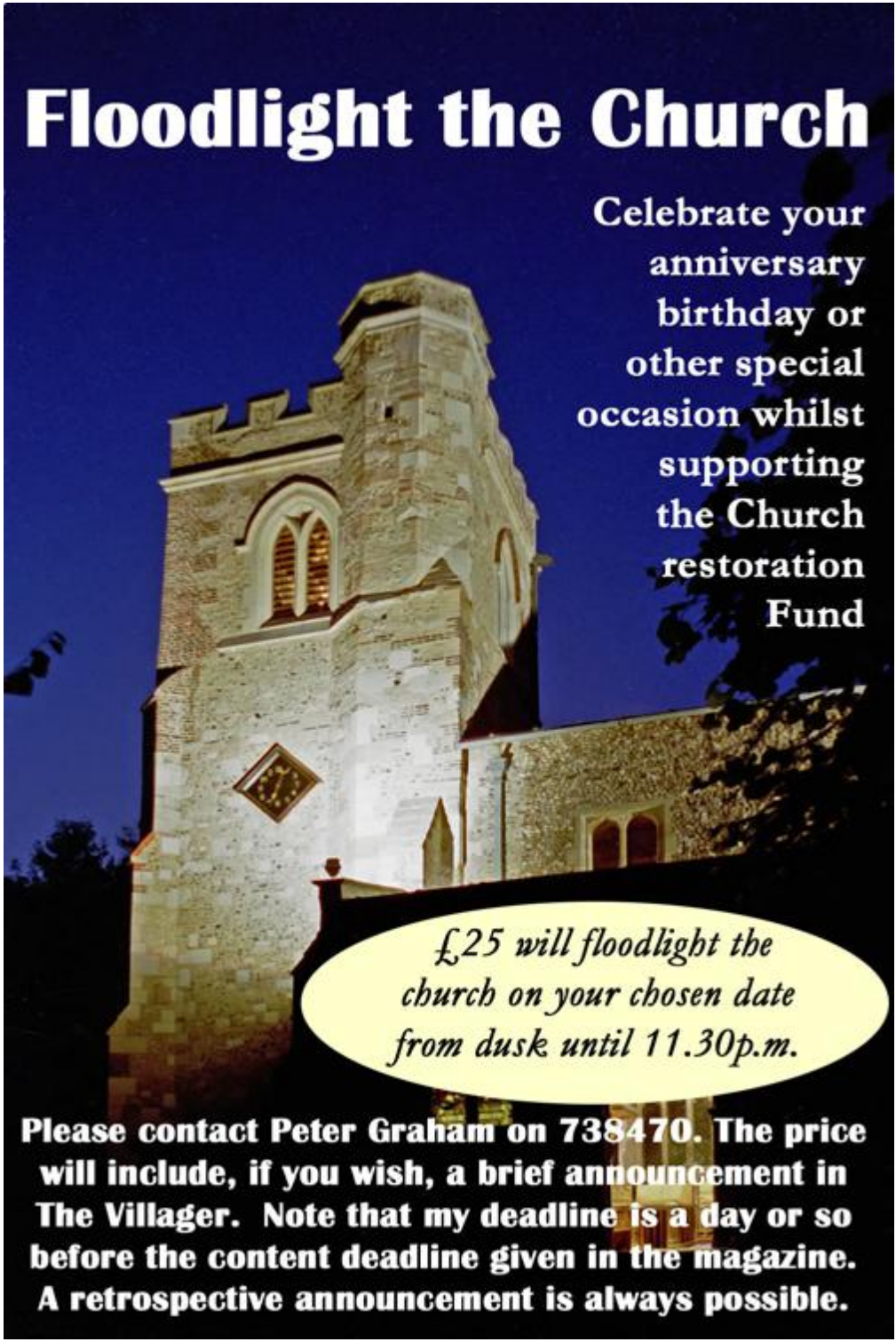
Contact John at caddvillmag@gmail.com

Caddington PARISH COUNCIL

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£25 will floodlight the church on your chosen date from dusk until 11.30p.m.

Please contact Peter Graham on 738470. The price will include, if you wish, a brief announcement in The Villager. Note that my deadline is a day or so before the content deadline given in the magazine. A retrospective announcement is always possible.



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Rob is available for counselling or advice. It is wise to telephone beforehand, an answering machine will take your message if necessary. Please note Rob's day off is Friday.

Sunday Services

9.30 a.m. **Informal Service** (1st & 3rd Sunday of month)
Communion service with choir (All other Sundays)

Thursday

10.00 a.m. **Caddington Bears.** A group for pre-schoolers and carers

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CHAT AND COFFEE

We are open every Monday from 10am till 12 at the Heathfield Centre.
If you haven't been before do drop in. Good coffee and plenty of chat!

MEN'S CLUB

We meet every Thursday 10 till 12 at the Heathfield Centre. Drop in and see us- you will be sure of a warm welcome.

SEATED EXERCISES

Come along to the Heathfield Centre on Tuesdays at 11.am. Good fun, good exercise and stimulating.

Restarting Tuesday 9th September

BINGO

First Mondays of the month – 2pm at the Heathfield Centre.
£5 for 6 games. Flyer and raffle. Everyone welcome

Walks - Upcoming

Wednesday 17th September: 10:30 Wardown Park main car park LU2 7HA for a two mile walk. One steep hill.

Wednesday 15th October: 10:30 Recreation Ground Car Park Flamstead. What3Words 'author.upon.fluid'. Junction Friendless Lane/ Hollybush Lane AL3 8DE Sharp turn into car park. 3 mile walk , off road, possible mud, a hill. Flamstead/Trowley Bottom Loop

GENERAL INFORMATION

The Careline is on every weekday from 9.00am till 4.30pm.

If you need help with shopping, a lift to a medical appointment, help with a small household task, help with a computer or paperwork or someone just to call round, please call the above number

WHEELCHAIRS

We have wheelchairs available for short term loan

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Caddington Local History Group

The History of Luton Town Football Club

July Meeting

Roger Wash and Graham Winterbone from the Hatters Heritage group came to talk to us about this subject. They both come from a long line of Luton Town football supporters' families.

In 1885, Luton Wanderers change their name to Luton Town. They played at Dallow Lane. In 1905 they moved to Kenilworth Road, where the main stand was rebuilt, having been moved from the earlier ground to Kenilworth Road, but in 1922 fire broke out in it! (There were some thoughts that there was something suspicious about this). The main stand that replaced it is still there today.

They went into the First Division in 1950, and in 1959 Luton got to the FA Cup final, which was televised on BBC and ITV. Two of our audience with there on that day.

In 1965 they went down to Division 4 …… going to rack and ruin. Alan Brown took over and brought in some strong players and things improved. They had promotion, and in 1969, Eric Morecambe took his son to a football match…… six months later Eric became one of the directors.

1985 Astroturf was installed - the second club to do this. The ground had to be levelled for this job…….(Prior to laying the Astroturf there was 6-foot fall between one corner and another – quite a slope!). Six years later it was ripped up.

In 1988 they were a top division club again and they played Arsenal at Wembley in the Littlewoods Cup Final, and they won that game 3-2. Seven of our audience were there on that day.

In 1992 they were relegated, and by 2001 they were in the bottom league, in 2005 they came back into the Championship. In 2017 they were back into League One, in 2019 back into the Championship, and 2023 into the Premier League beating Coventry.

In 2018 Roger asked for a committee to be formed to start the Hatters Heritage Trust. This had lottery funding to build a website in 2020.

There will be a new Museum/Heritage Centre, which will be well placed in the new stadium. This hopefully will be built by 2028. Currently, a lot of the historic memorabilia is stored in Wardown Museum but will go to the new stadium in time.

One of the audience asked, "Who chose orange for the football kit?" Apparently, it was Eric Morecambe - he chose it because of the poor lighting at the stadium (So a bright colour would show up better.)

These passionate people had even more information to share in question time after refreshments

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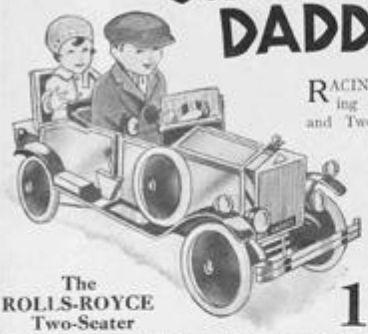
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Christmas is just around the corner - Here are some gift ideas

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WRITE FOR ILLUSTRATED CATALOGUE OF CHRISTMAS GIFTS.

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Caddington WI - From the newspapers during its 70 years

1958

SPRING–AND DECORATING

Big Move May Follow Talk

With spring just around the corner it was very appropriate that Caddington Women's Institute, at its January meeting in the Village Hall, should have a talk on interior decoration. The speaker was Mr. Frank Walker, of Leeds, and his remarks were both entertaining and enlightening.

After the tea break, when refreshments were served by Mesdames Hart, Perry and M. Dudley, he showed a film on modern decorating.

Members also enjoyed this, and their thanks were expressed by Mrs. Brown.

Mrs. J. Williams, the President, welcomed one new member, and remarked on the enjoyable trip to an ice show and on the successful New Year's party.

She also read a letter from Caddington Parish Council, thanking the Institute for organising the distribution of parcels to the old people at Christmas.

On behalf of Mrs. M. J. Lilley, Chairman of the Old Folks Fund, she thanked all who had helped in any way in the effort, and hoped that members would again take their collecting tins.

Members were able to read many letters from the old folks showing their appreciation and gratitude.

Future arrangements include a whist drive in aid of the blind and a film show in early March.

It was disappointing that there was only one entry for the competition, which was dressing a dish mop. Mrs. M. J. Lilley dressed hers as a crinoline lady and was awarded first prize.

The evening prize was won by Mrs. J. Williams.

1962

Stamping Out Men

THERE'S a group of women in these parts who go about the house muttering, "Stamp out men" and "Let's rid society of them and ease the wrinkles and creases on the face of civilisation."

They're not for one minute being serious about this. In fact, their husbands are being rather useful, helping them to learn lines for a play with which they hope to carry off a drama festival cup.

Every Monday afternoon a small group of members of Caddington Women's Institute meets in a hall in the village and sets to work on the latest production, "A World Without Men," which will be presented at the County Drama Festival next month.

In previous years, the group has done well, winning the cup in their section about two years ago.

The play is about a clever woman scientist and her cronies, who plan to rid the world of men at the pull of a switch.

The Switch Is Pulled

In spite of the efforts of a woman reporter — she looks nothing like me — the switch is pulled, but the plan doesn't quite work. One man seems to have escaped and here's a mad scramble to get at him.

It is quite good meat for a group of keen women, and rehearsals have been going with a swing ever since they started a few weeks ago.

Producer Mrs. Jean Carlisle has worked with the group throughout its festival appearances. She's quite a keen actress herself and has been in a number of plays produced by other societies around the town.

"Acting is a sort of bug," she told me. "Once you've been bitten, you can never get away from it."

Mrs. Sally Medlock, who has the biggest part as the woman scientist, told me that she usually finds time to learn her lines half-an-hour after breakfast each day.

"That's the only time I seem to get," she said, "although I do feel rather awful when my husband hears me saying we're going to get rid of men."

The rest of the cast includes Mrs. Marjorie Williams, Mrs. Jean Linsell, Mrs. B. Frankish, Mrs. W. M. Bridgeman, Mrs. L. Caves and Mrs. D. Wright.

1963

YOUTH CLUB ENTERTAIN INSTITUTE

The March meeting of Caddington Women's Institute took the form of a members' evening.

After the main business, the President, Mrs. England, handed over to Mrs. Wymer as acting President. Mrs. Wymer had arranged for the Church Youth Club to provide entertainment, which was enjoyed.

Compered by Leslie Setchell, the Youth Club members presented an amusing and varied programme.

They were thanked by Mrs. J. Williams. Presentations were made to Mesdames E. Brown, Hunt and Austin for their help in producing the show.

Birthday buttonholes were presented to Mesdames K. Rowe, Hudspith, J. Williams, Ridges and Everitt and Miss White, and to Mesdames Rance, Dixon and Crick on their wedding anniversaries.

Competition winners were: 1 Mrs. J. Williams, 2 Mrs. K. Coleman. An Easter egg was won by Mrs. Mercel.

Mothers and friends of the Youth Club entertainers were among the audience.

Refreshments were served by Mesdames P. Martin, Millett, Messenger and Hart.

1963

All this had been prepared by Caddington W.I.

Before the meeting began I had a chance to talk to some of the members.

In charge of setting the tables was Mrs. Iris England, a former president of the Caddington Institute. She told me, "I joined the Institute to make friends, and I certainly found them. Going to the meetings takes me out of the house, and I feel all the better for it."

1986

My predicament came sharply into focus when I found myself adjudicating the curiously apt Festival Nightmare which won the Bob Mitchell comedy award for Rickmansworth Players.

The week seemed to fly by. Caddington Women's Institute won the Lady Janes Trophy for their entertaining version of Cherry Vooght's Still Life with one of the cast, Ethel Price, winning an individual acting certificate.

1975

● Caddington Women's Institute heard at their August meeting there are an increasing number of vegetarians in Britain.

The speaker, Mrs. Austin, of the Letchworth Vegetarian Society, said this is because of the economy, health, religion and ethics.

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Central Bedfordshire

New sustainability programme for Year 10 to 12 students

The latest news from Central Bedfordshire Council

We have launched the Sustainable Student Programme – a new, free pilot project for Year 10–12 students (aged 14 to 17) passionate about the environment.

Through expert-led workshops, group sessions, and a personal sustainability project, students will:

- ✅ Build climate literacy and green skills
- ✅ Attend sessions led by local universities and environmental organisations
- ✅ Join or lead their school's Eco-Schools council
- ✅ Boost their CVs, apprenticeship, or university applications
- ✅ Connect with like-minded students across the region
- 📅 Programme runs November to June
- 📍 Open to all Year 10–12 students in Central Bedfordshire

Partner organisations include the University of Bedfordshire, Cranfield University, Shuttleworth College, Greensand Trust, and Whipsnade Zoo.

Students will also be supported to register for Eco-Schools, helping their schools take steps toward a greener future.

Applications open: 1 September 2025. Students will need to complete a short application form, provide a teacher reference and parental consent.

Go to the Schools Portal on CBC's Website

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You can update your details or change what you subscribe to anytime

Annual Summer Outing

Caddington local history group's annual summer outing to The Black Country Living Museum in Dudley, Birmingham on Wednesday 2nd July 2025 Our coach left Caddington at 8.25am (5 minutes Early!). We had a good journey there c2.5 hours, including a comfort break. We met up with Gerard and Margaret Buckel at the museum (our members who now live in Stratford upon Avon area but still pay their subscriptions).

Once in the open air museum we went off in our little groups, bumping into each other occasionally. The first thing that my friend and I experienced was life as an 1850s Black Country coal miner walking down into a Mine- we had Hard Hats on to protect our heads from the low beams, we were also provided with a torch - I thought the battery was running low on mine, but it was to represent the candlelight that they worked in! What a terrible way of making a living, but they they were earning a lot of money in this inhospitable and dangerous environment. I was happy to see daylight again.

Next, we went to see a demonstration of gravity die-casting at an Aluminium Foundry. The demonstrators were all dressed in period costumes and very knowledgeable, transporting us back to the day. There were Period Homes that we were able to walk through, many pieces of furniture were items that were in my Grandparents houses. It is so lovely to reminisce. We had heard good things about the Fish and Chips.... So we queued up with many others for this experience (they were cooked in Beef fat which gave them a unique taste). After lunch we wandered through the streets, visiting rebuilt and replica haberdashers, hardware stores, chemists, the Providence Chapel, and a 1950s hairdressing Salon- more nostalgia. To end our trip we took the Canal barge trip through some tunnels- the first tunnel was very atmospheric, and then we came out of the tunnel into a green oasis! Back into the next tunnel and at a short stop there was a short film about the creation of man up to present day including the development of the Canal System! Back out Into another oasis of sunshine and greenery, before going into our third tunnel, where there was a sound and light experience in a large, cavernous area- which the Lord of the land had had built for underground concerts back in the day. The tunnels were all built through limestone rock. All in all it was an amazing day, but we didn't have time to see everything.

Our journey home unfortunately took four hours, but at least we had an excellent driver
Who coped with the traffic jam really well Kay




BOTTLE & GLASS INN











From the newspapers 1925

CADDINGTON.

FORMER ORGANIST'S DEATH. — The interment took place on Monday in Caddington churchyard of Mr. Frederick Allen Vernon Cripps, a well-known resident of the village. In his earlier days Mr. Cripps was organist at Caddington Church for some years, and he took great interest in its activities. He was also very well known in local cricket circles, his services as a fast bowler being in great demand. Deceased, who was only 39 years of age, had been ill since last March, with heart trouble, brought on through war service. Mr. Cripps leaves a widow and four young children, to whom the sincere sympathy of the villagers will be extended. A large number of friends assembled at the churchyard, where the service was conducted by the Vicar. The family mourners were: — Mrs. F. A. V. Cripps (widow), Mr. F. Cripps (father), Master Ronald Cripps (son), Misses Madge, Phyllis, and Grace Cripps (daughters), Mrs. Cooper (mother-in-law), Mrs. Cyril Boatwood, Mrs. Currant, and Miss D. Cooper (sisters-in-law), Mrs. A. A. Cripps (aunt), Mr. and Mrs. H. Cripps (uncle and aunt). Amongst the floral tributes were the following: — In sweet remembrance of my dear hubby, from his sorrowing wife and children.—" Until the eastern glory lights the skies—good-night "; In loving memory of my dear son and brother, from all at Caddington.—" Rest after weariness —sweet rest at last "; In loving memory of dear Fred, from his sorrowing dad, uncle Gus, aunties Ciss and family; In loving memory of dear Fred, from Uncle Harry, aunt Nell, and family.—The funeral arrangements were in the hands of Mr. E. J. Merritt, Langley-street, Luton.

BENEFIT MATCH.

At Caddington Green a good game was provided by Mr. P. Clarke, who took over a team to play for the benefit of the widow of the late Mr. F. Cripps, so well known in the local cricket fields. Several old League players turned out, including A. Burgess and O. Godfrey for Caddington. They were old colleagues of the late Mr. Cripps. Clarke's XI. mustered 46, of which P. Clarke, jun. (14) was top scorer, O. Sansom (8), A. Mardle (6) and L. Clements (5) being next best contributors. For the home team W. Higgs (14 not out), B. Austin (12) and A. Cooper (10) were the most successful. For Caddington J. Cooper (4 for 19) and W. Higgs (6 for 26), and for the visitors B. Waters (6 for 26) and P. Clarke, jun. (4 for 25) bowled well.

CADDINGTON 59; P. CLARKE'S XI. 46.

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Monday to Friday	first	then every hour at	mins	until	last
Caddington Woods Lyons Community Centre	06:04		04		20:04
Caddington Manor Road	06:08		08		20:08
Caddington Elm Avenue /Culworth Close	06:09		09		20:09
Woodside Grove Park Road	06:13		13		20:13
Slip End Crossroads	06:15		15		20:15
Pepperstock Front Street	06:16		16		20:16
Luton Hoo Hotel Hoo gates	06:18		18		20:18
Luton Airport Parkway	06:24		24		20:24
Luton Town Centre Park Square	06:30		30		20:30
Luton Station Interchange arrive	06:35		35		20:35
Luton Station Interchange depart	06:45		45		20:45
Hatters Way Retail Park	06:53		53		20:53
Luton & Dunstable Hospital	06:58		58		20:58
Skimpot Tesco	07:00		00		21:00
Caddington Woods Lyons Community Centre	07:04		04		21:04

Saturday	first	then every hour at	mins	until	last
Caddington Woods Lyons Community Centre	09:04		04		17:04
Caddington Manor Road	09:08		08		17:08
Caddington Elm Avenue /Culworth Close	09:09		09		17:09
Woodside Grove Park Road	09:13		13		17:13
Slip End Crossroads	09:15		15		17:15
Pepperstock Front Street	09:16		16		17:16
Luton Hoo Hotel Hoo gates	09:18		18		17:18
Luton Airport Parkway	09:24		24		17:24
Luton Town Centre Park Square	09:30		30		17:30
Luton Station Interchange arrive	09:35		35		17:35
Luton Station Interchange depart	09:45		45		17:45
Hatters Way Retail Park	09:53		53		17:53
Luton & Dunstable Hospital	09:58		58		17:58
Skimpot Tesco	10:00		00		18:00
Caddington Woods Lyons Community Centre	10:04		04		18:04

Sundays & bank holidays	sorry, no service

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Caddington Men's Club Quiz

Caddington Men's Club meets every Thursday from 10 until 12-o-clock at the Heathfield Centre.

Pool, table-tennis, darts, anecdotes and a quiz. A friendly bunch and you'll fit in nicely.

Here are some of our quiz questions for you to try - answers on page 27

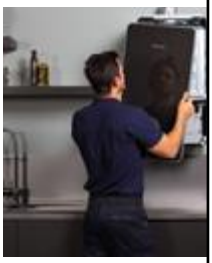
1. In which month is VE Day?
2. How many children were there in Enid Blyton's Famous Five?
3. Which country's currency is the lev?
4. Who might use a ranging pole?
5. Which city was capital of the USA before it became Washington D.C. in 1800?
6. What is the name given to the biological science concerning heredity?
7. What number does the Roman numeral D stand for?
8. What is the Italian for the number in question 7?
9. Who had a No.1 in the 60s with "Everlasting Love"?
10. Which fictional school did Billy Bunter attend?

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BOSCH

Caddington WI

In July we had a Beetle Drive evening with extra-large dice that illuminated when cast. These proved very bouncy and ended up on the floor several times!

Various members attended another local WI for Afternoon Tea which was most enjoyable and had items that could be purchased as well.

Following the popularity of our day trip to Portsmouth last year, we have elected to make it an annual event but with different destinations; this year we have selected Christchurch.

This September will be our 70th Birthday celebration when we will have our usual party night. Talks are ongoing with the Parish Council regarding some form of plaque to mark this moment in our Caddington WI history. In October we will be having a Quiz night run by the Committee, so let's start eating brain food now in the hopes that we can answer Carol H's questions (unlike the last time!)

See Page 11 for newspaper articles about Caddington WI during its 70 years

Visitors and new members are always welcome to our meetings which are held at the Sports and Social Club, Manor Road, Caddington on the first Tuesday of each month at 7.30pm. Tea, coffee and cake are always on the menu!

Contact Linda Edwards 07761 340 108 or Carol Jones 07899 794 422 for further information on how to join our jolly group of ladies.

Bedfordshire Fire & Rescue Service

Bedfordshire Fire and Rescue Service (BFRS) is issuing a critical safety warning to residents due to the hazardous chemical reactions that can be caused by mixing common household cleaning products.

Across Bedfordshire, fire crews have been called to a number of chemical-related emergencies in homes, where well-intentioned cleaning routines have gone dangerously wrong. Everyday cleaning products, when combined, can create toxic fumes capable of causing serious injury or even death.

Residents have unintentionally triggered chemical reactions by mixing substances such as bleach with toilet cleaner or ammonia-based sprays, producing dangerous gases that can rapidly affect breathing and overall health. These incidents have required specialist response teams equipped to handle hazardous materials.

Group Commander Mark Garrett from BFRS said: "People often think combining cleaning products makes them work better, but it's a potentially deadly mistake - even supermarket-bought items can release toxic gases when mixed.

"Always read the label, follow instructions, and never mix products. If you do accidentally mix chemicals and feel unwell, evacuate the area immediately and call 999. Our teams are trained to handle these situations safely."

Keith Lewis

MCFHP, MAFHP

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Caddington Baptist Church

Luton Road - LU1 4AF www.caddingtonbaptist.org.uk

Sunday Services 11 am - Please refer to website for dates
Coffee Mornings on the 2nd Tuesday of each month
(with music and entertainment - proceeds to charity)

Hall Hire £13 per hour - Meeting Room £8.50 per hour
Call 01582 413 907 or email shirleychampken@gmail.com

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Wednesday	9-1
Thursday	9-7
Friday	9-6
Saturday	8-3

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Caddington Gardening Club

Caddington Gardening Club is a friendly group, meeting monthly to enjoy a shared interest in gardening , swap ideas, discuss gardening successes, the odd failure and pass on advice.

We have monthly speakers, some social events and summer trips to fascinating gardens
Meeting at the Baptist Hall on Luton Road 7:30 pm.

Contact Sarah on 01582 419 793

September 9th: Catherine Sykes-White ' The Cutting Garden

October 14th: Felicity Brindlecomb 'Garden History in Bedfordshire'



CaddHist - your local History Group

We are a friendly group, meeting on the fourth Thursday of the month 7:30 at

The Heathfield Centre - Coffee and refreshments too

September 25th -Neil Kieran will be telling us about 'The Mudlark', finding treasurers on thebanks of the river Thames.

New members and guests always welcome Give us a try

Caddington Parish Council

Website: www.caddingtonparish.gov.uk

Contact: email clerk@caddingtonparish.gov.uk
Telephone : 07912 298 141

Residents are welcome to attend Caddington Parish Council Meetings held at the Heathfield Centre.

Next Meeting Monday 8th September at 7.30pm Heathfield Centre

Please visit our website or take a look at the notice board on Manor Road between Cutting Crew and Caddington Cobbs approximately a week before each meeting to view the agenda.

Parish Councillors

Chair Mark Russell	mark.russell@caddingtonparish.gov.uk
Vice Chair Matthew Tomlin	matthew.tomlin@caddingtonparish.gov.uk
Planning Chair Andy Palmer	andy.palmer@caddingtonparish.gov.uk
Heather Palmer	heather.palmer@caddingtonparish.gov.uk
Bob Fitzsimmons	bob.fitzsimmons@caddingtonparish.gov.uk
Roy Catford	roy.catford@caddingtonparish.gov.uk
Vicky Malone	vicky.malone@caddingtonparish.gov.uk
Philip Skelton	philip.skelton@caddingtonparish.gov.uk
Jeanette Loughran	jeanette.loughran@caddingtonparish.gov.uk
Rebecca Vafadari	rebecca.vafadari@caddingtonparish.gov.uk

Central Bedfordshire Council - Ward Councillors

Cllr Vicky Malone - 0300 300 8559
vicky.malone@centralbedfordshire.gov.uk
Cllr Kevin Collins - 0300 300 8523
kevin.collins@centralbedfordshire.gov.uk

CADDINGTON PARISH COMMUNITY GRANTS
OCTOBER 2025

CADDINGTON PARISH COUNCIL WELCOMES GRANT APPLICATIONS FROM VOLUNTARY & COMMUNITY GROUPS & ORGANISATIONS FOR EXPENDITURE THAT WILL, IN THE OPINION OF THE COUNCIL, BRING DIRECT BENEFIT TO CADDINGTON OR ANY PART OF IT OR ALL OR SOME OF ITS INHABITANTS.

GRANTS CANNOT BE MADE TO INDIVIDUALS OR USED FOR POLITICAL PURPOSES.

PLEASE COMPLETE THE GRANT AID APPLICATION FORM AND RETURN TO THE CLERK

CLOSING DATE

FRIDAY 29TH AUGUST 2025

APPLICATIONS ARE CONSIDERED EVERY SIX MONTHS AND AWARDED AT THE ANNUAL PARISH MEETING IN APRIL AND AGAIN AT THE OCTOBER FULL COUNCIL MEETING.

PARISH CLERK
C/O HEATHFIELD CENTRE
HYDE ROAD
CADDINGTON
LU1 4HF
07912 298141
CLERK@CADDINGTONPARISH.GOV.UK

ACCESS THE APPLICATION FORM

SCAN ME

Quiz Evening

Saturday 4th October 2025

at Heathfield 7.00pm

Teams of 8

£10 per person which includes a ploughman's supper

but please bring your own drink

Please contact Christine Graham
01582 738 470 or email christine@pcgraham.com

if you would like to take part.

All profits to go to The Children's Society

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Caddington Men's Club Quiz - Answers

1. May
2. Four plus a dog
3. Bulgaria
4. A Surveyor
5. Philadelphia
6. Genetics
7. 500
8. Cinquecento
9. Love Affair
10. Greyfriars



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Carol's Cookery Corner

Raspberry & Matcha Mini Tarts

Preparation time 20 mins – Cooking 45 mins

Ingredients

100g plain white flour, plus extra for dusting
40g icing sugar
50g unsalted butter, diced, plus 5g for the custard
0.5 medium egg, beaten, plus 1 medium egg yolk for the custard
0.25 tsp vanilla bean paste
100ml milk
30ml double cream
25g caster sugar
2 tsp (4g) matcha powder
10g cornflour
3 tsp (approx.) raspberry jam
1 (150g) pack raspberries



Method

1. Put the flour and icing sugar into a bowl and stir to combine. Rub in the 50g butter with your fingers until it resembles fine breadcrumbs. Add the beaten egg and the vanilla. If using a stand mixer, pulse until smooth, or bring together by hand into a dough. Wrap and freeze for 30 mins or chill for at least 1 hr, until firm.

2. For the custard, put the milk, cream and remaining 5g butter in a saucepan; bring just to a boil over a low heat, then leave to cool slightly. In a bowl, whisk the egg yolk with the sugar, matcha and cornflour. Add the warm milk, in two parts, whisking constantly until well combined.

3. Pour the mixture back into the pan and cook, whisking, until thickened; it's ready when bubbles start rising. Set aside to cool, then chill for 30 mins.

4. Preheat the oven to 180°C/160°C fan/gas 4. On a lightly floured surface, roll the dough to 3mm thick. Stamp out 8–10 tart cases using a round 78mm cookie cutter, re-rolling the trimmings as needed.

5. Gently place each one into a hole in a muffin tin. Prick the bases with a fork, cover with baking paper, fill with baking beans and bake for 25 mins. Remove the paper and beans; bake for 5 mins more. Leave to cool completely in the tin.

6. To assemble, put · tsp jam into each tart case. Pipe or spoon over the custard, then top each tart with 4–5 raspberries.

7. Recipe Tip: Allow extra time for cooling and chilling.

"Barking up the wrong tree"

From American hunting dogs who would chase prey up trees, then bark at the tree to alert hunters. If the animal had escaped, the dog would be "barking up the wrong tree" - pursuing a false lead.

"Spill the beans"

Ancient Greeks used black and white beans for secret voting. If someone accidentally spilled the beans, they would reveal the secret vote. The phrase evolved to mean revealing any secret information.

"Saved by the bell"

From boxing, where a fighter who was down could be saved from losing if the round-ending bell rang before the ten-count finished. Also linked to the fear of being buried alive - coffins had bells attached for the "saved" person to ring.

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Aley Green Methodist Church

September

Tue 2nd	10-12 Cakes and Company join for a chat and refreshment
Sat 6th	10am Prayer Breakfast
Sun 7th	10:30am Morning Service Rev Claudia Lupi (Holy Communion)
Sun 14th	10:30am Morning Service led by Mrs Tina Salmon
Mon 15th	2pm Ecumenical Fellowship led by Jo Prowse
Sun 21st	4pm Ecumenical Harvest themed service at All Saints Church, Caddington - no morning service at Aley Green
Wed 24th	7:30pm Coffee Evening in aid of Water Aid
Sun 28th	10:30am Harvest Festival Service (for all the family) led by Rev Jenny Spouge and Mr Geoff Best

October

Fri 3rd	2:30pm Harvest "Take Time Sing-along" with refreshments. (Collection for the charity "All We Can")
Sat 4th	10am Prayer Breakfast
Sun 5th	10:30am Prayer and Praise—Local Arrangement (Lorna Martin)

The summer has been a busy time for everyone at Aley Green. We had a preserves stall and Children's tombola at the Slip End Village Day. There was a "Take Time" event — an afternoon of music and verse, followed by tea and scones. We also had a yard sale. A good amount of money was raised for various charities as well as for church funds supporting the running of the church.

Some of us attended Rev. Nigel Bibbings farewell service at Eaton Bray along with members of his other churches and the Circuit. Everyone joined in wishing Nigel and his family well as he starts his retirement. No doubt he will be as busy as ever but in a new and different way.

As of September, we welcome Reverend Claudia Lupi as our Minister, alongside her other churches (The Square, Dunstable and Harlington).

God Bless, From all at Aley Green

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