



COMMUNITY PROGRAMS & EVENTS

Louisiana Chapter

800.272.3900 | alz.org®

 **ALZHEIMER'S
ASSOCIATION**®

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In Louisiana, more than 94,700 people are living with Alzheimer's with an estimated 221,000 family members and friends serving as unpaid caregivers. From every large city to the rural areas, your local Louisiana Chapter of the Alzheimer's Association is here to help.

Please use this guide to explore local programming and events. For additional resources visit Community Resource Finder at alz.org/crf.

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WELCOME

The Alzheimer's Association®, Louisiana Chapter, serves all 64 parishes in our beautiful state. We offer education, outreach and support to everyone facing Alzheimer's and other dementias within our community, including individuals living with the disease, caregivers, professionals, families and community members. Our commitment extends to advocating for the needs and rights of those confronted with Alzheimer's disease and promoting essential research towards treatment, prevention and ultimately, a cure.

We provide programs through various formats: virtually, by telephone, on-demand and in person. Most of our programs are offered at no charge, with some exceptions for professional programs. Additionally, we tailor programs for specific groups such as civic organizations, chambers of commerce, companies and more. Please reach out to local program staff to arrange a private and personalized program for your group or to invite us to your local event or health fair.

Volunteer with the Alzheimer's Association

Volunteers play a crucial role in positively impacting the lives of those facing Alzheimer's and dementia. By volunteering with the Alzheimer's Association, you become part of a dedicated network working to combat this devastating disease, honor loved ones and provide care and support to those in need. Learn more at volunteer.alz.org.

Explore various opportunities:

- Community educator
- Support group facilitator
- Community representative
- Alzheimer's advocate
- Event committees
- And more!

LEARN MORE



PROGRAMS THAT FIT YOUR LIFE

WELCOME TO ALZCONNECTED®

ALZConnected is a dedicated community where people with Alzheimer's, their caregivers, and others affected by the disease can share answers, opinions, ideas, and support. Learn more at alzconnected.org



ALZHEIMER'S ASSOCIATION FREE 24/7 HELPLINE & CARE CONSULTATIONS

The Alzheimer's Association offers a 24/7 helpline and care consultations for those affected by mild cognitive impairment, Alzheimer's disease or other dementias. Care Consultations from the Alzheimer's Association can help you to:

- Navigate difficult caregiving decisions and family issues.
- Assess current needs and anticipate future care challenges.
- Develop an effective care plan and problem-solve barriers.
- Receive supportive listening in a confidential, nonjudgmental environment.

Our knowledgeable staff is here to help with a wide range of topics. Whether you know exactly what you need or aren't sure where to start, just give us a call. We'll guide you every step of the way—free of charge.

Available several ways:

- **Phone:** Call 800.272.3900 for 24/7 support; use 711 for TRS operator.
- **Live Chat:** Access via the green button on our website, available 8 a.m.–8 p.m. ET, Monday to Friday. alz.org/help-support.
- **Online Form:** Fill out a [form](#) for assistance, with a response within 24 hours.

MY ALZ JOURNEY®

Get empowered in your Alzheimer's journey. My ALZ Journey helps you know what to expect and plan ahead. Download the free app in the Apple App Store or Google Play Store. Learn more at alz.org/MyALZJourney.

BUILD AN ACTION PLAN WITH ALZNAVIGATOR®

Whether you're a caregiver, a person living with dementia, or someone concerned about memory loss, find the support you need with ALZNavigator. Just answer a few questions about your situation and ALZNavigator will guide you to the resources and tools you need today and throughout each step of the disease — all in one place. alz.org/alznavigator



PROGRAMS THAT FIT YOUR LIFE

ON-DEMAND - EDUCATION AND TRAINING CENTER

The Alzheimer's Association Education and Training Center offers continuing education for professionals and free Alzheimer's and dementia courses for everyone. Our courses are available both in person and online, so you can transform yourself through knowledge at any time. [Learn more.](#)

ALZ TALKS VIRTUAL EVENTS

Our free ALZ Talks webinars provide education, information, news and resources on a variety of brain health, dementia and caregiving topics. Early-Stage Connections are conversations led by people living with dementia, offering connection and guidance for anyone navigating an early-stage diagnosis.

Sept. 24, 2026, 3 p.m. CT

ALZ Talks: Answering Common Questions About New Alzheimer's Treatments



New treatments are changing the landscape of Alzheimer's disease — and raising new questions. Who are these treatments for? How do they work? What should you consider when deciding if treatment is right for you? Join this Early-Stage Connections conversation with a person living with early-stage Alzheimer's and scientific staff from the Alzheimer's Association. We will discuss today's treatment options, promising approaches on the horizon, and common questions around new treatments.

Missed a past ALZ Talks webinar? View previous ALZ Talks webinars on the Alzheimer's Association YouTube channel.



PROGRAMS THAT FIT YOUR LIFE

LIVE LEARNING

To learn more about these events, visit alz.org/livelearning. Note: registration for some classes opens closer to the date.

The 10 Warning Signs of Alzheimer's

Learn to recognize common warning signs of Alzheimer's, how to address memory concerns and the benefits of early detection, diagnosis and available resources.

- Sept. 17, 2 p.m. ET - [Register Now](#)
- Oct. 28, 2 p.m. ET - [Register Now](#)

Building Brain-Healthy Habits

Discover simple, everyday habits to support brain health, reduce risk of cognitive decline and build your personal brain-healthy action plan.

- Sept. 29, 7 p.m. ET - [Register Now](#)

The Empowered Caregiver: Communicating Effectively & Responding to Dementia-Related Behaviors (a two-part series)

Learn how dementia affects communication and behavior, understand common triggers and discover person-centered strategies to respond effectively and connect at every stage. Register for both or one part of this series.

- Oct. 1, 7 p.m. ET ([Communicating Effectively](#))
- Oct. 14, 7 p.m. ET ([Responding to Dementia-Related Behaviors](#))
- Nov. 10, noon ET ([Responding to Dementia-Related Behaviors](#))
- Dec. 8, noon ET ([Communicating Effectively](#))

Managing Money: A Caregiver's Guide to Finances

Learn practical tips for managing finances, planning for future care costs and the benefits of early financial planning.

- Oct. 13, noon ET - [Register Now](#)

PROGRAMS THAT FIT YOUR LIFE

New Advances in Alzheimer's Treatment

Learn about the latest Alzheimer's treatments, how they work, who may benefit and what's currently available.

- Dec. 8, 7 p.m. ET - [Register Now](#)

Understanding Alzheimer's and Dementia

Learn the basics of Alzheimer's, how it differs from dementia, its impact, risk factors and available resources.

- Nov. 10, 5 p.m. ET - [Register Now](#)

EVENTOS DE LIVE LEARNING DISPONIBLES EN ESPAÑOL

Más información en alz.org/livelearning.

PROGRAMS THAT FIT YOUR LIFE

VIRTUAL SUPPORT GROUPS

When you're facing difficult times, having a good support network you can turn to for advice and encouragement may help you feel connected and give you a sense of belonging and purpose. Connecting with others like you virtually may help put your own experiences living with the disease in perspective and provide you with the support and encouragement necessary to move beyond your diagnosis.

Caregiver Support Groups

- 2nd & 4th Tuesday, 10 a.m. ET
- 2nd Tuesday, 3:30 p.m. CT (Poydras Home)
- 2nd Tuesday, 7 p.m. ET
- 3rd Tuesday, 1:30 p.m. ET
- 3rd Tuesday, 6 p.m. ET
- 3rd Thursday, 12:30 p.m. ET
- 4th Thursday, 1 p.m. ET
- 4th Saturday, 3:30 p.m. ET

Caregiver Support Group in Spanish

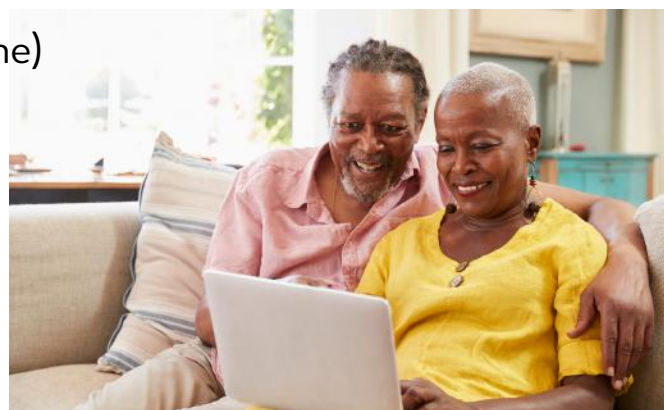
- 1st Thursday, 12:30 p.m. ET

Early-Stage Support Group

- 1st Friday, 10 a.m. ET
- 3rd Tuesday, 1:30 p.m. ET



Call the Alzheimer's Association free 24/7 Helpline at 800.272.3900 for instructions on how to log into the virtual meeting.



BRAIN HEALTH AND AWARENESS

BRAIN HEALTH AT WORK™

Brain Health At Work is a no-cost program that helps employers create brain-healthy workplaces, reduce employee risk of cognitive decline and support employees who are caregivers. The program provides education, tools and recognition for employers who create brain-healthy workplaces.

Brain Health At Work helps employers:

- Create brain-healthy workplaces
- Reduce employee risk of cognitive decline
- Support employees who are caregivers



BRAIN HEALTH BY THE NUMBERS:



Over two-thirds of U.S. adults have at least one risk factor for cognitive decline.¹

74

% believe that people can improve their brain health.²

86%

are interested in learning more about improving their brain health.²

RISK REDUCTION FOR ALL

Evidence shows that addressing specific modifiable risk factors and promoting healthy behaviors can improve brain health.

PROTECT HEALTHY BRAINS AT WORK

Building brain-healthy habits helps employees live better now and protects their memory and thinking for the future.

START YOUR BRAIN HEALTH AT WORK JOURNEY TODAY

Step 1

Complete the Organization Assessment



See how your organization supports brain health today and compare your score with other organizations.

Step 2

Access a Tailored Resource Toolkit



Use the provided communication tips and templates to share brain health and caregiver resources with your employees.

Step 3

Celebrate Your Recognition



Use the recognition toolkit to showcase your organization's commitment to creating a brain-healthy workplace.

Step 4

Continue Your Commitment



Retake the assessment each year to track progress and plan improvements to employee brain health offerings and caregiver support.

Learn more at alz.org/BrainHealthAtWork

BRAIN HEALTH AND AWARENESS

Brain Health Habit Builder™

The Brain Health Habit Builder offers a quick, engaging experience that takes about three to five minutes. It encourages users to reflect on their lifestyle habits and commit to small but meaningful changes. Users can download, print and share their plan and choose which habits to prioritize. The tool is optimized for both desktop and mobile use.

What you can do with the Brain Health Habit Builder

- Learn the basics of brain health and how everyday actions and lifestyle changes can make an impact.
- Check your current habits and build an action plan to take charge of your brain health.
- Get research-backed guidance to help you make lasting changes and keep your brain healthy.





IN-PERSON EDUCATION & SUPPORT



Eileen F. Moynihan

Program Manager

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For virtual programs see table of contents.

PRIVATE AND PERSONALIZED PROGRAMS

We tailor programs for specific groups such as civic organizations, chambers of commerce, companies and more. Please reach out to arrange a private, personalized, no-cost program for your group or to invite us to your local event or health fair.

COMMUNITY EDUCATION & OUTREACH

“My Mama Joe, Hope & Help”

Panel discussion to follow the movie.

Sept. 18, 2026, 5-7 p.m.

University of Louisiana at Lafayette, 104 E University Ave., Lafayette, LA 70504



IN-PERSON EDUCATION & SUPPORT

CAREGIVER SUPPORT GROUPS

Lafayette Parish

2nd Tuesday, noon-1 p.m.

St. Elizabeth Seton Catholic Church, 610 Raintree Trail, Lafayette, LA 70507

Orleans Parish

3rd Tuesday, 4-5 p.m.

Poydras Home, 5354 Magazine St., New Orleans, LA 70115

Ouachita Parish

4th Friday, 2-3 p.m.

Carolyn Rose Strauss Center, 2407 Ferrand St., Monroe, LA 71201

St. Tammany Parish

1st and 3rd Monday, 1:30-2:30 p.m.

First Baptist Church Covington, 16333 LA-1085, Covington, LA 70433





VOLUNTEER

with the

Alzheimer's Association

VOLUNTEER OPPORTUNITIES:

- Community representative
- Community educator
- Support group facilitator
- Event committee member
- Advocate
- Brand ambassador
- Data entry volunteer

Learn more
volunteer.alz.org



COMMUNITY ENGAGEMENT



DID YOU KNOW

Although African Americans and Hispanic Americans are more likely than White Americans to have Alzheimer's or another dementia, studies show that they are less likely to have a diagnosis. And delays in diagnosis mean that certain groups are not getting treatments when they are most likely to be effective at improving quality of life. For more information, please see the Association's Alzheimer's Disease Facts and Figures special report on [Race, Ethnicity and Alzheimer's in America](#) (PDF).

Resources

- [Veterans and Dementia](#)
- [Asian Americans and Pacific Islanders and Alzheimer's](#)
- [Black Americans and Alzheimer's](#)
- [Hispanic Americans and Alzheimer's](#)
- [LGBTQ+ Community Resources for Dementia](#)
- [Native Americans and Alzheimer's](#)
- [Down Syndrome and Alzheimer's](#)



FOR ALL PROFESSIONALS



ALZProTM

Empowering Professionals in the Fight Against Dementia

What is ALZPro?

ALZPro is the Alzheimer's Association's hub for professional resources. It unites care resources, research, data platforms, clinical guidelines, continuing education and implementation tools — all on one trusted platform. ALZPro empowers professionals to reduce risk, advance early detection, improve care and expand equitable access.

The ALZPro Advantage

ALZPro equips you with essential tools to deliver equitable, evidence-informed, person-centered care.

ALZPro provides:

- Instant access to streamlined tools, resources, research and training
- Timely, relevant scientific findings and clinical insights, tailored for busy professionals
- Practical resources that directly support your work and the people you serve
- The opportunity to connect and collaborate with peers and leading experts
- Opportunities for continuing education credits, online training and certifications

Join the professionals shaping the future of dementia care at alz.org/ALZPro.

FOR ALL PROFESSIONALS

Explore ALZPro Resources



Research, Publications and Grants

Explore peer-reviewed journals, real-world data platforms and funding opportunities that support dementia research and accelerate progress.



Training, Education and Professional Development

Build your knowledge and stay current with the latest in dementia care and research through continuing education credit, online training and world-class certification.



Professional Networks and Registries

Engage with expert communities and initiatives, contribute to data registries and exchange insights with peers through ISTAART, the International Society to Advance Alzheimer's Research and Treatment.



Conferences and Events

Discover leading conferences and events that bring together experts across research and care to share insights, expand networks and move dementia science and clinical practice forward.



Care Pathway

Improve quality, promote consistency and strengthen person-centered outcomes with practical, evidence-informed tools and resources for all clinical and care settings.

Our Commitment to Professionals

The Alzheimer's Association leads the way to end Alzheimer's and all other dementia — by accelerating global research, driving risk reduction and early detection, and maximizing quality care and support

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Elevate Your Impact.

Join the professionals shaping the future of dementia care at alz.org/ALZPro.

FOR ALL PROFESSIONALS

ALZHEIMER'S AND PUBLIC HEALTH ACTION IN LOUISIANA

Alzheimer's disease is a growing public health crisis in Louisiana, and the impact of Alzheimer's is projected to rise. A comprehensive public health approach is essential to improve community health, support the well-being of those living with cognitive decline and their families, and reduce the risk of dementia throughout communities.



The most recent data show:

- 94,700 people aged 65 and older are living with Alzheimer's in Louisiana.
- 19.5% of people aged 45 and older have subjective cognitive decline in Louisiana.
- 221,000 family caregivers provide essential support to people living with dementia in Louisiana.
- 366 million hours of unpaid care are provided by dementia caregivers in Louisiana.
- \$5.4 billion is the value of unpaid care provided in Louisiana.
- \$1.1 billion is the cost of Alzheimer's to the state Medicaid program.

[Learn more.](#)

DO WHAT YOU LOVE. HELP END ALZHEIMER'S.

Hiking, golfing, gaming, crafting, play pickleball or bridge, host a cookout or purple party — no matter what your passion is, you can make it a fundraiser to end Alzheimer's and all other dementia.

So select an activity, pick a date and fundraise for a future without Alzheimer's.

Visit alz.org/dowhatyoulove to get started.

**DO WHAT
YOU LOVE
TO END ALZ**[™]
ALZHEIMER'S  ASSOCIATION[®]



Sept. 19	CENLA
Sept. 26	Northshore
Oct. 3	Shreveport/Bossier City
Oct. 10	Acadiana
Nov. 7	Bayou Area
Nov. 7	Monroe
Nov. 14	SWLA
Nov. 21	New Orleans
Nov. 21	Ascension/Baton Rouge



SCAN ME



Register today
at alz.org/walk

We Need Your Voice

BECOME AN ADVOCATE TODAY!



Because of advocates, we've passed critical legislation and increased federal research funding. Our work isn't done.

We'll train you to advocate. Whatever your experience and availability, we're eager to have you on our advocacy team!

- Meet with elected officials.
- Share your story.
- Spark conversation on social media.
- Engage the media.
- Widen our reach.
- Build relationships with officials and staff.

CONTACT US

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@alzadvocacyfl



Stay Up to Date

Weekly E-News

Every Wednesday, you'll receive the latest information on Alzheimer's care and support, advances in research, upcoming events in your chapter, as well as inspirational stories and resources for people living with the disease and their caregivers. Sign up at alz.org/enews.



Follow & Tag Us on Social!

FACEBOOK

facebook.com/endalzla

INSTAGRAM

[@endalzla](https://instagram.com/endalzla)

LINKEDIN

[Alzheimer's Association Louisiana Chapter](https://alzheimer's Association Louisiana Chapter)

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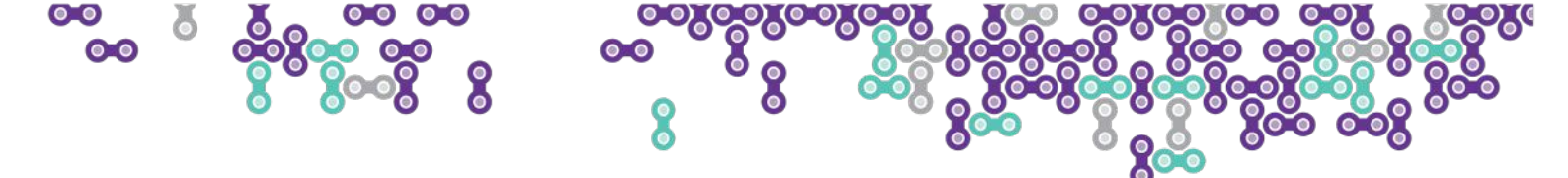
[@endalzla](https://twitter.com/endalzla)



ALZ Spotlight - Alzheimer's & Dementia Blog

Another great way to stay up to date is by subscribing to our blog, ALZ Spotlight. The blog features stories from across Mississippi and the Southeast United States, including care tips, research updates, volunteer spotlights, inspirational stories, upcoming events and more. Check it out and subscribe at AlzSpotlight.org





Advancing Alzheimer's and dementia research starts with you. Help shape the next breakthrough with TrialMatch®.



It takes **everyone** to advance Alzheimer's research.

By joining research studies, you can help us develop the next generation of dementia treatments, diagnostic tools, care and prevention strategies.

Get involved through the Alzheimer's Association TrialMatch® — a tool for people with cognitive impairment, dementia, caregivers and healthy participants to quickly and easily learn more about research opportunities taking place throughout the United States and across the world. Confidentially search hundreds of drug and non-drug studies, sign up, receive email notifications about new opportunities or connect with research teams.

Participate in three easy steps:

1. Begin your journey by signing up on our dedicated TrialMatch platform.
2. Answer 10 simple questions about yourself or the person you're helping to sign up to help personalize your study matches.
3. Review your study matches to explore studies that may be a good fit.

Get started today.



alz.org/TrialMatch | 800.272.3900

trialmatch®
ALZHEIMER'S ASSOCIATION®



Caring for someone with Alzheimer's isn't easy.

Reaching us is. 24/7 Helpline: 800.272.3900

VISIT ALZ.ORG



*Click for local support,
information, resources,
upcoming events and more.*

If you have any inquiries, feel free to reach out to us anytime at 800.272.3900.

We want to recognize the essential contributions of our volunteers and everyone who supports our vision: a world without Alzheimer's and all other dementia®.

*Thank
you!*

ALZHEIMER'S  ASSOCIATION®