



The **PEAK** Early Reading Adventure™

NAMES, SOUNDS, RHYMES, SIGHT WORDS,
CVC WORDS, AND SENTENCES

Pre-K &
Kindergarten

LESSON
PLANS
INCLUDED!



LISTEN



SOUND



READ



WRITE



LEARN



★ A Hands-On Reading Workbook for Pre-K & Kindergarten ★

♥ Created with love for every learner ♥

Welcome to the Reading Trail

Build strong early reading skills one step at a time.



Early literacy adventure for young learners

Engaging child-friendly pages with clear routines

Short lesson plans for Pre-K and Kindergarten

Supports for diverse learners and flexible responses

Designed for printing, sharing, and family use



How to Use This Workbook



1

Complete one or two pages at a time. Short successful practice helps children stay engaged and confident.

2

Children may respond by pointing, matching, circling, saying, tracing, building, or writing.

3

Use the lesson plan pages when you want a 15 to 20 minute guided activity.

4

Read the directions aloud and model the task before asking the child to begin.

5

Repeat favorite activities often. Repetition strengthens reading readiness skills.



Inclusive Learning Supports



1

Use short directions, visual examples, and calm repetition.

2

Cover unused sections of the page to reduce visual overload.

3

Offer sensory tools, movement breaks, and flexible seating if helpful.

4

Allow non-writing responses such as pointing, placing a counter, or saying the answer aloud.

5

Reduce the number of choices and use first then language when a child needs more support.



Suggested Materials



1

Crayons, pencils, highlighters, and dot markers

2

Letter cards, magnetic letters, and simple word cards

3

Counters or mini erasers for covering answers

4

Play dough, craft sticks, and a small tray for sensory writing

5

Picture books, alphabet charts, and familiar household objects for sound hunts





Name Recognition and Name Writing	Pages 6-10
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My Name Adventure

Trace your name, clap the letters, and try it on your own.



1. Trace your name.

2. Count the letters in your name.

□ □ □ □ □ □ □ □

Say each letter slowly and clap one time for each letter.



Name Builder

Use the boxes to build your name one letter at a time.



Build your name in the boxes.

--	--	--	--	--	--	--	--	--	--

Trace then copy your name.



Find My Name

Look carefully and circle your name when you find it.



Circle your name each time you find it.

MY NAME

my name

Name

MY NAME

your name

MY NAME

name

Write your real name on the line below.



Name Writing Practice

Trace, copy, and write your name on your own.



Trace your name one time. Then write it on your own.

Draw a picture of yourself below.

A large, empty rectangular box with rounded corners, outlined in blue, intended for a child to draw a picture of themselves.

Rhyming Adventure: cat

Listen for words that sound the same at the end.



Say the word: cat

Circle or cover the words that rhyme.

hat

sun

bat

mat

Say it like a chant: cat, hat, bat, mat

More Rhymes: cat

Finish the rhyme trail.



Write or tell another rhyming word.

Color the words that rhyme with the target word.

cat

hat

tree

bat

fish

mat

Rhyming Adventure: dog

Listen for words that sound the same at the end.



Say the word: dog

Circle or cover the words that rhyme.

log

fish

frog

hog

Say it like a chant: dog, log, frog, hog

More Rhymes: dog

Finish the rhyme trail.



Write or tell another rhyming word.

Color the words that rhyme with the target word.

dog

log

tree

frog

fish

hog

Rhyming Adventure: bee

Listen for words that sound the same at the end.



Say the word: bee

Circle or cover the words that rhyme.

tree

car

knee

sea

Say it like a chant: bee, tree, knee, sea

More Rhymes: bee

Finish the rhyme trail.



Write or tell another rhyming word.

Color the words that rhyme with the target word.

bee

tree

tree

knee

fish

sea

Rhyming Adventure: cake

Listen for words that sound the same at the end.



Say the word: cake

Circle or cover the words that rhyme.

lake

ball

snake

rake

Say it like a chant: cake, lake, snake, rake

More Rhymes: cake

Finish the rhyme trail.



Write or tell another rhyming word.

Color the words that rhyme with the target word.

cake

lake

tree

snake

fish

rake

Beginning Sound M

Find the words that begin with m.



Target sound: M

map

moon

mouse

sun

Say the sound and tap the correct words.

Children may point, place a counter, or say the correct words aloud.

Write the sound.

Beginning Sound Match M

Match the sound to the word trail.



Circle the matching beginning sound.

M

N

P

R

Word trail

map

moon

mouse

Draw or say another word that begins with M.

Beginning Sound S

Find the words that begin with s.



Target sound: S

sun

sock

star

pig

Say the sound and tap the correct words.

Children may point, place a counter, or say the correct words aloud.

Write the sound.

Beginning Sound Match S

Match the sound to the word trail.



Circle the matching beginning sound.

S

T

V

X

Word trail

sun

sock

star

Draw or say another word that begins with S.

Beginning Sound T

Find the words that begin with t.



Target sound: T

tree

train

turtle

hat

Say the sound and tap the correct words.

Children may point, place a counter, or say the correct words aloud.

Write the sound.

Beginning Sound Match T

Match the sound to the word trail.



Circle the matching beginning sound.

T

U

W

Y

Word trail

tree

train

turtle

Draw or say another word that begins with T.

Beginning Sound P

Find the words that begin with p.



Target sound: P

pig

pen

pizza

ball

Say the sound and tap the correct words.

Children may point, place a counter, or say the correct words aloud.

Write the sound.

Beginning Sound Match P

Match the sound to the word trail.



Circle the matching beginning sound.

P

Q

S

U

Word trail

pig

pen

pizza

Draw or say another word that begins with P.

Beginning Sound B

Find the words that begin with b.



Target sound: B

ball

bear

bee

cat

Say the sound and tap the correct words.

Children may point, place a counter, or say the correct words aloud.

Write the sound.

Beginning Sound Match B

Match the sound to the word trail.



Circle the matching beginning sound.

B

C

E

G

Word trail

ball

bear

bee

Draw or say another word that begins with B.

Beginning Sound C

Find the words that begin with c.



Target sound: C

cat

cake

cow

fish

Say the sound and tap the correct words.

Children may point, place a counter, or say the correct words aloud.

Write the sound.

Beginning Sound Match C

Match the sound to the word trail.



Circle the matching beginning sound.

C

D

F

H

Word trail

cat

cake

cow

Draw or say another word that begins with C.

Word Family -at

Listen to the ending sound and match the family.



Target family: -at

cat

hat

bat

sun

Say each word slowly. Which words end the same way?

Build -at Words

Use the family to build more words.



Trace the family and write it.

-at

Make more words in the same family.

--	--	--	--	--

Word Family -ig

Listen to the ending sound and match the family.



Target family: -ig

pig

wig

fig

boat

Say each word slowly. Which words end the same way?

Build -ig Words

Use the family to build more words.



Trace the family and write it.

-ig

Make more words in the same family.

--	--	--	--	--

Word Family -op

Listen to the ending sound and match the family.



Target family: -op

mop

top

hop

tree

Say each word slowly. Which words end the same way?

Build -op Words

Use the family to build more words.



Trace the family and write it.

-op

Make more words in the same family.

--	--	--	--	--

Word Family -un

Listen to the ending sound and match the family.



Target family: -un

sun

bun

run

cat

Say each word slowly. Which words end the same way?

Build -un Words

Use the family to build more words.



Trace the family and write it.

-un

Make more words in the same family.

--	--	--	--	--

Syllable Adventure

Clap the parts in each word.



apple

Clap 2 syllables

robot

Clap 2 syllables

banana

Clap 3 syllables

Syllable Practice

Draw a circle for each syllable you hear.



apple

robot

banana

Say each word slowly. Tap or clap once for each part you hear.

Syllable Adventure

Clap the parts in each word.



dinosaur

Clap 3 syllables

sun

Clap 1 syllable

butterfly

Clap 3 syllables

Syllable Practice

Draw a circle for each syllable you hear.



dinosaur

sun

butterfly

Say each word slowly. Tap or clap once for each part you hear.

Sight Word: I

Look it. Say it. Trace it. Use it.



1. Say the word three times.
2. Trace the word.
3. Write the word.

Use it in a sentence strip.



Point to the word each time you see it in books, signs, or labels.

Sight Word: a

Look it. Say it. Trace it. Use it.



1. Say the word three times.
2. Trace the word.
3. Write the word.

a

Use it in a sentence strip.



Point to the word each time you see it in books, signs, or labels.

Sight Word: see

Look it. Say it. Trace it. Use it.



1. Say the word three times.
2. Trace the word.
3. Write the word.

see

Use it in a sentence strip.



Point to the word each time you see it in books, signs, or labels.

Sight Word: the

Look it. Say it. Trace it. Use it.



the

1. Say the word three times.
2. Trace the word.
3. Write the word.

the

Use it in a sentence strip.

I

see

the

cat

Point to the word each time you see it in books, signs, or labels.

Sight Word: my

Look it. Say it. Trace it. Use it.



my

1. Say the word three times.
2. Trace the word.
3. Write the word.

my

Use it in a sentence strip.

I see my cat

Point to the word each time you see it in books, signs, or labels.

Sight Word: can

Look it. Say it. Trace it. Use it.



can

1. Say the word three times.
2. Trace the word.
3. Write the word.

can

Use it in a sentence strip.

I

see

can

cat

Point to the word each time you see it in books, signs, or labels.

Sight Word: like

Look it. Say it. Trace it. Use it.



like

1. Say the word three times.
2. Trace the word.
3. Write the word.

like

Use it in a sentence strip.

I

see

like

cat

Point to the word each time you see it in books, signs, or labels.

Sight Word: go

Look it. Say it. Trace it. Use it.



go

1. Say the word three times.
2. Trace the word.
3. Write the word.

go

Use it in a sentence strip.

I see go cat

Point to the word each time you see it in books, signs, or labels.

Sight Word: we

Look it. Say it. Trace it. Use it.



we

1. Say the word three times.
2. Trace the word.
3. Write the word.

we

Use it in a sentence strip.

I

see

we

cat

Point to the word each time you see it in books, signs, or labels.

Sight Word: to

Look it. Say it. Trace it. Use it.



to

1. Say the word three times.
2. Trace the word.
3. Write the word.

to

Use it in a sentence strip.

I

see

to

cat

Point to the word each time you see it in books, signs, or labels.

Sight Word Review 1

Find, read, and match the sight words.



I

a

see

the

my

Write two sight words you know.

Sight Word Review 2

Find, read, and match the sight words.



can

like

go

we

to

Write two sight words you know.

CVC Word: cat

Say each sound. Blend the sounds. Read the word.



Stretch the sounds.

C

A

T

Blend the sounds together

cat

Write the word.

Build cat

Find the missing letters and read the word again.



Put the letters in order.

Trace and write the word.

cat

Tap each sound as you read. Then read the whole word.

CVC Word: sun

Say each sound. Blend the sounds. Read the word.



Stretch the sounds.

S

U

N

Blend the sounds together

sun

Write the word.

Build sun

Find the missing letters and read the word again.



Put the letters in order.

Trace and write the word.

sun

Tap each sound as you read. Then read the whole word.

CVC Word: pig

Say each sound. Blend the sounds. Read the word.



Stretch the sounds.

P

I

G

Blend the sounds together

pig

Write the word.

Build pig

Find the missing letters and read the word again.



Put the letters in order.

Trace and write the word.

pig

Tap each sound as you read. Then read the whole word.

CVC Word: map

Say each sound. Blend the sounds. Read the word.



Stretch the sounds.

M

A

P

Blend the sounds together

map

Write the word.

Build map

Find the missing letters and read the word again.



Put the letters in order.

Trace and write the word.

map

Tap each sound as you read. Then read the whole word.

CVC Word: dog

Say each sound. Blend the sounds. Read the word.



Stretch the sounds.

D

O

G

Blend the sounds together

dog

Write the word.

Build dog

Find the missing letters and read the word again.



Put the letters in order.

Trace and write the word.

dog

Tap each sound as you read. Then read the whole word.

CVC Word: bed

Say each sound. Blend the sounds. Read the word.



Stretch the sounds.

B

E

D

Blend the sounds together

bed

Write the word.

Build bed

Find the missing letters and read the word again.



Put the letters in order.

Trace and write the word.

bed

Tap each sound as you read. Then read the whole word.

Sentence Building

Read the words in order. Build and read the sentence.



Read the word cards.

I see a cat

Trace the sentence.

I see a cat

Sentence Practice

Cut, point, say, or rewrite the sentence.



Put the sentence in order.

cat

a

see

I

Write or tell the sentence.

Sentence Building

Read the words in order. Build and read the sentence.



Read the word cards.

I can go

Trace the sentence.

I can go

Sentence Practice

Cut, point, say, or rewrite the sentence.



Put the sentence in order.

go

can

I

Write or tell the sentence.

Sentence Building

Read the words in order. Build and read the sentence.



Read the word cards.

We

like

the

sun

Trace the sentence.

We like the sun

Sentence Practice

Cut, point, say, or rewrite the sentence.



Put the sentence in order.

sun

the

like

We

Write or tell the sentence.

Sentence Building

Read the words in order. Build and read the sentence.



Read the word cards.

My

pig

can

run

Trace the sentence.

My pig can run

Sentence Practice

Cut, point, say, or rewrite the sentence.



Put the sentence in order.

run

can

pig

My

Write or tell the sentence.

Lesson Plan: Name Recognition

15 to 20 minutes | Pre-K and Kindergarten



Focus

Recognize and write first name.

Materials

Workbook pages, crayons, counters, and simple word or picture cards.

PEAK Start

Use a quick warm-up such as a chant, picture clue, or movement prompt.

Explore

Model the skill clearly and practice together before independent work.

Active Learning

Use pointing, sorting, matching, tracing, or building activities.

Workbook Connection

Complete one or two workbook pages tied to the target skill.

Kindergarten Challenge

Add a writing or word-reading extension when appropriate.

Learning Supports

Reduce choices, use visuals, allow movement, and accept non-writing responses.

PEAK Check

Ask the child to show, say, build, or explain the skill one time.



Quick Lesson Extension: Name Recognition

Optional home or classroom extension ideas



Use household objects, books, or toys to practice the target skill.

Invite the child to teach the skill back to you using simple language.

Add a movement element such as hopping, clapping, or treasure-hunt searching.

Repeat the activity later with fewer prompts for more independence.

Lesson Plan: Rhyming Words

15 to 20 minutes | Pre-K and Kindergarten



Focus

Hear and identify rhyming words.

Materials

Workbook pages, crayons, counters, and simple word or picture cards.

PEAK Start

Use a quick warm-up such as a chant, picture clue, or movement prompt.

Explore

Model the skill clearly and practice together before independent work.

Active Learning

Use pointing, sorting, matching, tracing, or building activities.

Workbook Connection

Complete one or two workbook pages tied to the target skill.

Kindergarten Challenge

Add a writing or word-reading extension when appropriate.

Learning Supports

Reduce choices, use visuals, allow movement, and accept non-writing responses.

PEAK Check

Ask the child to show, say, build, or explain the skill one time.



Quick Lesson Extension: Rhyming Words

Optional home or classroom extension ideas



Use household objects, books, or toys to practice the target skill.

Invite the child to teach the skill back to you using simple language.

Add a movement element such as hopping, clapping, or treasure-hunt searching.

Repeat the activity later with fewer prompts for more independence.

Lesson Plan: Beginning Sounds

15 to 20 minutes | Pre-K and Kindergarten



Focus Hear and match beginning sounds.

Materials Workbook pages, crayons, counters, and simple word or picture cards.

PEAK Start Use a quick warm-up such as a chant, picture clue, or movement prompt.

Explore Model the skill clearly and practice together before independent work.

Active Learning Use pointing, sorting, matching, tracing, or building activities.

Workbook Connection Complete one or two workbook pages tied to the target skill.

Kindergarten Challenge Add a writing or word-reading extension when appropriate.

Learning Supports Reduce choices, use visuals, allow movement, and accept non-writing responses.

PEAK Check Ask the child to show, say, build, or explain the skill one time.



Quick Lesson Extension: Beginning Sounds

Optional home or classroom extension ideas



Use household objects, books, or toys to practice the target skill.

Invite the child to teach the skill back to you using simple language.

Add a movement element such as hopping, clapping, or treasure-hunt searching.

Repeat the activity later with fewer prompts for more independence.

Lesson Plan: Ending Sounds

15 to 20 minutes | Pre-K and Kindergarten



Focus

Notice ending sounds and word families.

Materials

Workbook pages, crayons, counters, and simple word or picture cards.

PEAK Start

Use a quick warm-up such as a chant, picture clue, or movement prompt.

Explore

Model the skill clearly and practice together before independent work.

Active Learning

Use pointing, sorting, matching, tracing, or building activities.

Workbook Connection

Complete one or two workbook pages tied to the target skill.

Kindergarten Challenge Add a writing or word-reading extension when appropriate.

Learning Supports

Reduce choices, use visuals, allow movement, and accept non-writing responses.

PEAK Check

Ask the child to show, say, build, or explain the skill one time.



Quick Lesson Extension: Ending Sounds

Optional home or classroom extension ideas



Use household objects, books, or toys to practice the target skill.

Invite the child to teach the skill back to you using simple language.

Add a movement element such as hopping, clapping, or treasure-hunt searching.

Repeat the activity later with fewer prompts for more independence.

Lesson Plan: Syllables

15 to 20 minutes | Pre-K and Kindergarten



Focus Clap and count syllables in words.

Materials Workbook pages, crayons, counters, and simple word or picture cards.

PEAK Start Use a quick warm-up such as a chant, picture clue, or movement prompt.

Explore Model the skill clearly and practice together before independent work.

Active Learning Use pointing, sorting, matching, tracing, or building activities.

Workbook Connection Complete one or two workbook pages tied to the target skill.

Kindergarten Challenge Add a writing or word-reading extension when appropriate.

Learning Supports Reduce choices, use visuals, allow movement, and accept non-writing responses.

PEAK Check Ask the child to show, say, build, or explain the skill one time.



Quick Lesson Extension: Syllables

Optional home or classroom extension ideas



Use household objects, books, or toys to practice the target skill.

Invite the child to teach the skill back to you using simple language.

Add a movement element such as hopping, clapping, or treasure-hunt searching.

Repeat the activity later with fewer prompts for more independence.

Lesson Plan: Sight Words

15 to 20 minutes | Pre-K and Kindergarten



Focus Read and use high-frequency words.

Materials Workbook pages, crayons, counters, and simple word or picture cards.

PEAK Start Use a quick warm-up such as a chant, picture clue, or movement prompt.

Explore Model the skill clearly and practice together before independent work.

Active Learning Use pointing, sorting, matching, tracing, or building activities.

Workbook Connection Complete one or two workbook pages tied to the target skill.

Kindergarten Challenge Add a writing or word-reading extension when appropriate.

Learning Supports Reduce choices, use visuals, allow movement, and accept non-writing responses.

PEAK Check Ask the child to show, say, build, or explain the skill one time.



Quick Lesson Extension: Sight Words

Optional home or classroom extension ideas



Use household objects, books, or toys to practice the target skill.

Invite the child to teach the skill back to you using simple language.

Add a movement element such as hopping, clapping, or treasure-hunt searching.

Repeat the activity later with fewer prompts for more independence.

Lesson Plan: CVC Words

15 to 20 minutes | Pre-K and Kindergarten



Focus

Blend three sounds into simple words.

Materials

Workbook pages, crayons, counters, and simple word or picture cards.

PEAK Start

Use a quick warm-up such as a chant, picture clue, or movement prompt.

Explore

Model the skill clearly and practice together before independent work.

Active Learning

Use pointing, sorting, matching, tracing, or building activities.

Workbook Connection

Complete one or two workbook pages tied to the target skill.

Kindergarten Challenge Add a writing or word-reading extension when appropriate.

Learning Supports

Reduce choices, use visuals, allow movement, and accept non-writing responses.

PEAK Check

Ask the child to show, say, build, or explain the skill one time.



Quick Lesson Extension: CVC Words

Optional home or classroom extension ideas



Use household objects, books, or toys to practice the target skill.

Invite the child to teach the skill back to you using simple language.

Add a movement element such as hopping, clapping, or treasure-hunt searching.

Repeat the activity later with fewer prompts for more independence.

Early Reading Check-In



☐ I can recognize my name.

☐ I can hear rhyming words.

☐ I can identify beginning sounds.

☐ I can clap syllables.

☐ I can read some sight words.

☐ I can blend simple CVC words.



Skills the child shows confidently:

Skills to continue practicing:

Activities the child enjoyed most:

Support strategies that were helpful:



Certificate of Completion

This certificate is proudly presented to

for completing The PEAK Early Reading Adventure™

and growing in confidence, language, and early reading skills.


