



Coaching Student Groups

Where Coaching Can Help

Having a coach can provide structure, guidance and development opportunities for your club and members. For members of committee, it can allow you to focus on your own development and enjoy your sport. Coaches can also assist with the group's dynamic, creating a professional, welcoming environment which can be attractive to new and prospective students. Within the Athletics Union we have two types of coaches leading some of our clubs, these are:

Voluntary/Student Coaches

Voluntary or student coaches tend to be identified during the course of their time within a club, some members tend to come to University already with relevant qualifications and are happy to give their time alongside playing to provide more structure and share their knowledge with the club to develop the members and elevate the clubs level of competition. For an individual to become a Voluntary Coach, please contact the Opportunities Team at Undeb Bangor (opportunities@undebbangor.com) who can provide you with a copy of the AU Volunteering Coaching Contract for your coach to sign and return to us. Coaches will also need to provide proof of qualification with a valid, in-date copy of their highest coaching qualification being provided alongside the signed contract.

External Coaches

Each academic year the Athletic Union has a small, designated budget to assist clubs with hiring an external coach. The AU will review its coaching provision annually and consider how best to utilise the funds available for the forthcoming year. Clubs that have been identified to benefit from this support will be contacted by the Athletic Union President before the commencement of the season with an allocated budget. It is the responsibility of the club however to source/identify a suitable coach. In order to be considered for a paid coaching position as an external coach, Undeb Bangor and in-turn the Athletics Union require all applicants to have a relevant coaching qualification related to the sport which allows them to coach groups independently and for participants 18+

years of age. Coaches furthermore require adequate public liability insurance and a valid first aid certificate. Before commencing the role, the coach will be required to provide evidence of the above and sign a coaching contract which will outline their work pattern. Only once all of these have been received can the coach commence the role.

Third Scheme

The Athletic Union's third scheme provides individuals with opportunity to develop themselves with the financial support of the AU and the club. Students can identify courses which would be beneficial to their club and can approach the AU Opportunities Team with their request. Each request is reviewed on a case-by-case basis and is at the discretion of the Opportunities team. The third scheme is open to 1st and 2nd year students and in some cases 3rd year and Masters if they can demonstrate that they will be returning the following year. Below illustrates the even contribution of the scheme:

