

# Coniston and Crake Valley News



## Pastoral Letter - Rev<sup>d</sup> Brian Streeter

### AWE

A number of years ago, a pair of entrepreneurial comedians spotted an opportunity to capitalise on the wave of, what was referred to at the time, New Atheism. They set about founding a network of “atheist churches” around major cities in the UK. The idea was to gather (and charge) groups of people—mostly young people between the ages of 25 to 35—to experience the atheist equivalent of a church service.

The “atheist congregation” would sing a number of popular and easy-to-sing songs, like Queen’s hit “Don’t stop me now”, so the equivalent of hymns. They would listen to a talk by a guest speaker, normally on the virtues and wonders of science, so the equivalent of a sermon. And naturally, they would have a drink after the “service” and socialise, so the equivalent of Christian community—in fact this was identified as the missing element in many young lives, and therefore, the main attraction of these atheist services, the need for a sense of community. However, there was one other significant part of each atheist service. The members were encouraged after the talk to spend a few minutes of silence to contemplate the wonder of the universe and the natural order.

Now, why mention this? Well, one of the major complaints of atheists is—what sort of good God would insist upon and demand worship? Is He or She so egotistical and needy (goes the argument) that they require lesser beings to prostrate themselves before Him or Her! The problem with this complaint or argument is that the LORD God does not need our worship or even our acknowledgement. And the LORD God does not *demand* our worship, but He does *deserve* our worship. The origin of the word “worship” is in the idea of ascribing “worthiness” to something, that is, it deserves to be worshipped.

When the congregation of the atheist church contemplate the wonder of the universe and the natural order, they are instinctively worshipping. We have a common word for this instinct, it is called “awe”. When we see a beautiful sunrise or sunset, or a majestic mountain landscape, we sense wonder or awe. When we see birds, fish or animals in their natural habitat, we sense wonder or awe. When we see a small child—maybe our child or our grandchild—playing happily in a world of their own, we sense wonder or awe. The LORD God does not need us to, or demand from us worship, we instinctively sense it, wonder or awe.

As the opening verses of Psalm 19 state,

*The heavens declare the glory of God; the skies proclaim the work of his hands. Day after day they pour forth speech; night after night they reveal knowledge. They have no speech, they use no words; no sound is heard from them. Yet their voice goes out into all the earth, their words to the ends of the world.*

Everyone worships, because the hand and the mind behind everything is worthy of that worship.

**Blessings in Christ,**



# **The Coniston and Crake Valley Benefice**

*"To Grow, Witness and Love Like Jesus"*

Serving the parishes of Colton, Coniston and Torver, Egton cum Newland and Lowick with Blawith

|                     |                                                    |              |
|---------------------|----------------------------------------------------|--------------|
| Revd Brian Streeter | vicar@conistonandcrakechurches.co.uk               | 01229 861668 |
| The Vicarage,       |                                                    | 07505 048736 |
| Penny Bridge.       | <i>Brian works for Filling Station on Thursday</i> |              |
| LA12 7RQ            | <i>Brian's rest day is Friday</i>                  |              |

## **SAFEGUARDING OFFICER**

|                 |                                             |              |
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| <b>To contact any of the Churchwardens, pastoral team, retired clergy or lay ministers please call or email the Administrators.</b> |
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## **Churches in Coniston and the Crake Valley**

**St Andrew's Church**, Coniston LA21 8EN

**St Luke's Church**, Torver LA21 8AZ

**St Luke's Church**, Lowick LA12 8EE

**Holy Trinity Church**, Colton LA12 8HF

**Church of St Mary the Virgin**, Penny Bridge LA12 7RQ

**Tottlebank Baptist Church**, Colton LA12 8HY

Welcomes you to our Sunday services from 10.30 to 11.30am followed by refreshments, and midweek prayer meetings on Wednesdays at 7.30pm. The church building is usually open daily 10am – 4pm for visitors and for private prayer. Our moderator is Rev. Andrew Dodd. For further information contact Chris and Margaret Hamps, hampsc@outlook.com

**Coniston Methodist Church**, Coniston LA21 8ER

The Sunday morning service is at 11.00am and a warm welcome awaits you. For further information contact Joyce Holland on **015394 41594**.

**St Francis of Assisi Church of the Sacred Heart**, Coniston LA21 8AW

Mass is held on Thursdays at 10.30am and Saturdays at 5.00pm.

For further information contact Father Matthew Jacob on **01229 779673**.

# Church Services for November 2024

|                              |                       |                            |                                          |
|------------------------------|-----------------------|----------------------------|------------------------------------------|
| <b>3<sup>rd</sup></b>        | <b>All Saints Day</b> |                            |                                          |
| <b>St. Luke</b> Torver       | 9.30am                | <b>Winter Breakfast</b>    | Linda Inman, Val Towndrow, Hazel Bowness |
| <b>St. Luke</b> Lowick       | 9.30am                | <b>Morning Worship</b>     | Richard Wood                             |
| <b>St. Mary</b> Penny Bridge | 11.00am               | <b>Holy Communion</b>      | Rev Brian Streeter                       |
| <b>St. Luke</b> Lowick       | 3.00pm                | <b>Remembering Service</b> | Rev Brian Streeter                       |

|                              |                                                       |                        |                       |
|------------------------------|-------------------------------------------------------|------------------------|-----------------------|
| <b>10<sup>th</sup></b>       | <b>Third Sunday before Advent, Remembrance Sunday</b> |                        |                       |
| <b>St. Luke</b> Lowick       | 9.30am                                                | <b>Morning Worship</b> | Rev Brian Streeter    |
| <b>Holy Trinity</b> Colton   | 10.30am                                               | <b>Morning Worship</b> | Pam Priestley         |
| <b>St. Mary</b> Penny Bridge | 10.30am                                               | <b>Holy Communion</b>  | Rev Brian Streeter    |
| <b>St. Andrew</b> Coniston   | 10.45am                                               | <b>Morning Worship</b> | Rev David Bickersteth |

|                              |                                    |                        |                    |
|------------------------------|------------------------------------|------------------------|--------------------|
| <b>17<sup>th</sup></b>       | <b>Second Sunday before Advent</b> |                        |                    |
| <b>St. Luke</b> Torver       | 9.00am                             | <b>Holy Communion</b>  | Rev Brian Streeter |
| <b>St. Mary</b> Penny Bridge | 11.00am                            | <b>Morning Worship</b> | Rev Brian Streeter |

|                            |                                  |                          |                       |
|----------------------------|----------------------------------|--------------------------|-----------------------|
| <b>24<sup>th</sup></b>     | <b>Sunday next before Advent</b> |                          |                       |
| <b>St. Luke</b> Lowick     | 9.30am                           | <b>Methodist Service</b> | Rev Grace Cauldwell   |
| <b>Holy Trinity</b> Colton | 10.00am                          | <b>Holy Communion</b>    | Rev David Bickersteth |
| <b>St. Andrew</b> Coniston | 11.00am                          | <b>Healing Service</b>   | Rev Brian Streeter    |
| <b>St. Luke</b> Torver     | 7.00pm                           | <b>Torver Junction</b>   | Rev Brian Streeter    |

## Coniston Harvest Festival

On Tuesday 15<sup>th</sup> October scholars and staff of the Coniston C of E Primary School, with family and friends joined the Rev. Brian Streeter to fill St Andrew's for a Harvest Festival celebration. The focus was on Kenya and the theme was Fairtrade. It was a joyous occasion with the children performing with tremendous enthusiasm. Readings and songs were delivered with panache. The congregation were enthralled, applauding every aspect of the service. After which, the older children served drinks and biscuits, and sold Fairtrade goods supplied by Coniston Co-op.

## **From the Editor:**

Please send items for the December magazine by **15<sup>th</sup> November to**  
**editor@conistonandcrakechurches.co.uk** or **phone 07884 232281**

## **Around the Parishes : Colton**

### **Colton Parish Council News**

**Foodbank Christmas Appeal** Once again volunteers across Colton will be supporting local foodbanks with their Christmas appeal. You can take part by donating food, toiletries and other essentials.

In addition, the Food Bank will distribute festive items such as children's sweets, desserts, biscuits, cakes, and cordials etc.; so, contributions of these items would also be greatly appreciated.

From 11<sup>th</sup>- 15<sup>th</sup> November there will be collection points in many of our local villages, including Bouth, Oxen Park, Nibthwaite, Spark Bridge, Finsthwaite & Lakeside and Rusland. See noticeboards or speak to your Parish Councillors for details.

Alternatively, you can donate money on the Foodbank website to help cover the cost of food vouchers, which will be issued to those in need over the festive season. See <https://barrow.foodbank.org.uk/give-help/donate-money/>

A big THANK YOU in anticipation of all your generous donations from the members of Colton Parish Council and all our volunteers.

**Potholes and other road repairs.** Over the last month the Highways team has been out fixing Potholes across our parish. A big thank you to everyone who has taken the time to report these problems to Westmorland & Furness Council, because bringing them to the attention of the Council benefits us all. Please continue to report any problems so they can be dealt with appropriately see: <https://www.westmorlandandfurness.gov.uk/parking-streets-and-transport/streets-roads-and-pavements>

Issues on minor roads, such as clearing drains, can be reported to the Parish Council to be dealt with by Archie, our Lengthsman, so long as it is safe and practical for him to do so.

**Colton Parish Council has a vacancy for a new clerk.** This is a paid position; 10 hours a week. If you are interested, please get in touch. Training is available if required. Email [clerk@coltonparishcouncil.org.uk](mailto:clerk@coltonparishcouncil.org.uk)

For more information about Colton parish Council See: <https://coltonparishcouncil.org.uk/>

Our next meeting is at 7pm on **Monday 11<sup>th</sup> November 2024** at Bouth Village Hall. All welcome!

\*\*\*\*\*

**Let the lights so shine once again.**

The Gate Lights at Colton Church have been completely restored - they were dismantled, sand blasted, red leaded and repainted with new electrical fittings and new glass.

The lamps were originally placed there over fifty years ago, in memory of a parishioner, alas records do not show who they might have been.

If anyone knows, could they please inform the Vicar, Brian Streeter or any member of the Colton Parochial Church Council, via the Editor.

All the restoration work was kindly carried out by the Sharphouse family of Old Hall Farm, Bouth, and we wish to thank them for their generosity and for installing them back in place in time for the Church Harvest Festival and meal afterwards in the Church Hall, which took place on Friday evening 4<sup>th</sup> October.

They really do look splendid.

Thank you so much.

**Bouth VH coffee morning.**

20<sup>th</sup> November 10.30-12.30

£2 donation biscuits/cake and unlimited hot drinks served

## **Egton cum Newland**

The date of the next **Egton with Newland, Mansriggs and Osmotherley Parish Council** meeting is Tuesday 5<sup>th</sup> November, 7pm at Greenodd Village Hall.

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### **Greenodd Village Hall - Craft Fair**

**Saturday 16<sup>th</sup> November, 10am - 4pm**

Featuring local businesses and makers of unique quality handmade products

Raffle and Refreshments available

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### **Greenodd Village Hall - Ladies Fashion Show and pop-up Shop**

**In aid of St Mary's Hospice**

Including a welcome drink and raffle



**Thursday 21<sup>st</sup> November, 7pm**

Tickets to be purchased in advance: £8 - contact Sue on **07713 351623**

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### **Crake Valley Friendship Club**

The Crake Valley Friendship Club is having our last coach trip of 2024 on the 20<sup>th</sup> November.

November's trip is going to "Ena Mill", calling at Barton Grange on the way. There are spare seats on our trips which are up for grabs to non members, anyone is welcome to join us £18 none members. Please contact for enquiries **Anne** on **01229 861278** Coach leaves Greenodd 9.00



The coffee and chat for Macmillan was again enjoyed by those attending. It is always a pleasure to hear the talk and laughter meeting old friends and new. I would like to thank all the stall holders selling cakes, bric-a-brac, books and Albert with his wood. The tombola stall was well supplied with chocolate items and we had a wonderful raffle table. We are grateful to everyone for providing items to sell, the coffee makers and servers and those working in the kitchen. Dave on the door and Eileen in her wheelchair with her helper Myra, those setting out and putting away tables and chairs. We raised the wonderful amount of £600. A fantastic effort from you all. Thank you. **Jean.**



A date for your diary, **Saturday 7<sup>th</sup> December**, a coffee morning in Greenodd Village Hall to raise money for our church. Join us for a relaxing morning with friends. More information in the next magazine.

***Jean and the team.***

## **Penny Bridge CE Academy**

We have had a great start to the new academic year and are pleased to share our Ofsted report following their visit to school just before the summer break.

Ofsted described our pupils as 'happy' and 'proud' to attend the school and credited it with sitting at the heart of its local and wider community. The school was judged to be good across quality of education, behaviour and attitudes, leadership and management, early years provision and 'outstanding' for personal development.

Pupils were said to be 'active' and relish being outdoors. Aswell as a 'high priority' on reading, the report highlighted our school's 'ambitious' curriculum. Penny Bridge was praised for putting a 'very high priority' on pupils' personal development and encouraging pupils to have a positive impact on the local area.

We were delighted they recognised our strengths as we place a huge importance on ensuring our children have the opportunity to take part in a wide range of experiences to help them learn and grow and to set them on the journey to become active and respectful members of our society.

Finally, we are looking for members of the community to sit on our Local Governing Body. If you have an interest in education and enjoy being part of a team, please contact me either by phone **01229 861307** or by email **gcarrick@pennybridge.academy**

**Graham Carrick**



## **Lowick & Blawith**

### **Lowick Parish Council meeting**

On Wednesday 2<sup>nd</sup> October your Parish Council invited a representative from United Utilities, Paul Forshaw, to give a brief explanation regarding the issues United Utilities are experiencing with the water main supplying Gawthwaite. The high pressure main under the C5018 from Lowick Bridge to the Woodgate crossroads has burst spectacularly nine times this year causing flooding, damage to properties, loss of water supply, lengthy emergency road closures and increase in tanker convoys. The meeting was extremely well attended, thank you for your support. Paul has written to your clerk to say how grateful he was for the feedback which helped him understand the issues from your perspective. He has agreed to meet with residents directly affected to investigate how to protect properties from any potential future flooding. United Utilities will install monitoring equipment to regulate the pressure and record leakage, aiming to provide an early warning of future ruptures.

Your councillors have attended a couple of meetings with the Highways team who are proposing to improve the way they communicate with Parishes in an endeavour for us to help with smaller tasks such as snow ploughing, gritting, sign cleaning, and annual verge & hedge cutting on non trunk roads. We have asked them to simplify the legal and Health and Safety issues required to perform these tasks. They say that this is still with their lawyers. We will ensure that our Lengthsman is aware, fully trained and insured to enable him to continue working for you. We have not had any uptake from local farmers or Young Farmers groups.

Your council has been notified of several road closures in the Parish. These are to enable Fibrus Networks Ltd. to conduct Utility work. We have asked Fibrus to keep us informed and will invite them to a future council meeting. The majority of our parishioners are reasonably well served with broadband but additional services should improve competition and hopefully reduce prices.

Westmorland and Furness Council began a ten-week boundary review for the Local Government Boundary Commission; this will end on the 4<sup>th</sup> November 2024, your councillors are happy with the current boundaries but please contact your clerk if you have different views.

## **Coniston & Torver**

### **Rainfall, Garden House, Coniston - September 2024**

Total - 132.2mm (5.2ins)

Wet days - 19

More than 1mm on 15 days

Wettest day - 15th - 32.5mm (1.3ins)

**X712 Bus Walkers** Wednesday 20<sup>th</sup> November; X712 Bus walk: 09.30 from village (details in previous week from **roberthenrymccracken@outlook.com**)



**Coniston & District Twinning Association** Wednesday 20<sup>th</sup> November: Coniston & District Twinning: Association Autumn Quiz at the Ship, Bowmanstead (7 for 7.30)

### **Coniston Co-op**

This last week I had cause to ring a major company to sort out something I was not happy about. The preamble asked me to treat their agents with the courtesy I expected from them.

At the Coniston Co-op we have received complaints that the staff are not always as polite as they should be. This has not been my experience, and I rate the staff highly. It would be nice if customers remembered the constraints under which the staff work. We are an independent Co-op that cannot cater to other Co-op stores' dividend arrangements. We are reliant on deliveries, from a distance, arriving on time. Parked cars thoughtlessly blocking the unloading bays do not help. Occasionally there will be empty shelves, but only temporarily.

Please do not take it out on the staff if you are frustrated that we cannot meet your expectations. We try dedicatedly to meet the needs of our members, on whom, of course, the success of the store depends.

In store and throughout our properties, health and safety measures are being implemented. Our next Committee meeting is scheduled for Thursday 7<sup>th</sup> November. Please contact us whenever you need to.

**Call at the Co-op**

### **Christians Together in Coniston**

#### **Annual report 2023-2024**

Christians Together in Coniston is an affiliation of Christians in and around the village, focussing on what we hold in common, our faith in and love for Jesus, rather than what separates us, including ecclesiastical and theological differences.

Over the past year we have run joint services on each of the four 'fifth Sundays', for Christmas, and for Easter. We also run a weekly Bible Discussion Group, short courses at Advent (four weeks) and Easter-Lent (six weeks), and support the winter monthly Soup & Dominoes sessions. We cooperate with the Parish Council and others through Love Coniston, including the Food Exchange sited at the back of St Andrews church. Feel free to contribute or take food.

Chris Clark, the Children Youth and Community Worker employed through the churches, continues to assist in both schools with assemblies, clubs and primary-to-secondary transition support. He is a vital part of the Sports and Social Club Youth Club and a school governor (with a safeguarding focus). He has started a survey of village residents through Love Coniston to help understand needs and hopes for the village and identify possible actions that could improve village life.

Future work includes continuing the Bible courses, monthly prayer times for the community, Chris, and the congregations, with a quarterly day of prayer (where you can) and fasting (when you can). Dates and times of these will vary but we aim to announce them in this magazine.

**Next prayer & fasting day: Friday 8<sup>th</sup> November, with a drop in session 3-5pm in St Andrews.**

Further details on any of these points can be had through the three churches or direct from **Alex Stewart** (chairman) on **07751 589 356**.

## CONISTON COMMUNITY LUNCHES

Our Monday lunch dates for this season are:

**20<sup>th</sup> January 2025**

**18<sup>th</sup> November 2024**      **17<sup>th</sup> February 2025**

**16<sup>th</sup> December 2024**      **17<sup>th</sup> March 2025**

We will be meeting in the Institute Reading Room at 12.30pm as usual where we will be serving a two course lunch plus tea and coffee.

We expect no payment, but a small donation would be welcome to help cover our costs.

Please confirm your attendance by phoning or texting **Helen** on **07583 371275** or email **e.glaister013@btinternet.com**, also please let us know if you have any dietary requirements or need help with transport.

We are always grateful for additional support so please get in touch if you can offer help either on the day in the kitchen or providing food.

Best wishes from the Community Lunch Team, we look forward to seeing you.



### Coniston Christmas Lights



We would like to thank everyone for their continued support of Coniston Christmas Lights. This year we have many successful fundraisers including an afternoon tea and a coffee morning. We are hoping to extend the lights again this year.

Our next fundraiser will be the Elderly Brothers at Coniston Institute on **Saturday 2<sup>nd</sup> November** £12pp pay on the door, doors open at 7pm. There will also be a raffle.

Our lights switch on party will be **Friday 22<sup>nd</sup> November** 4pm-6pm at Coniston Institute. This is free to any child who lives in Coniston or attends Coniston Primary School. There will be entertainment, food and a visit from Father Christmas.

## Lunch and Dominoes

We will continue on **Wednesdays at 12.30pm** in Coniston Institute Reading Room. Do come along and join us for soup/roll and a pud, tea/coffee, followed by dominoes. All for £5.00.

To book a place, ring **Jean** on **015394 41617**, by the Monday before.

We will usually meet on the first Wednesday of the month but occasionally this needs to be changed.

The dates are 13<sup>th</sup> November, 4<sup>th</sup> December 2024

8<sup>th</sup> January, 5<sup>th</sup> February, 5<sup>th</sup> March, 2<sup>nd</sup> April 2025      Everyone welcome

## Coniston WI

Coniston WI had wonderful results with their efforts in the County Show tent. The two A1 entries are on display in Coniston. The 2023 in the Ruskin Museum and 2024 at the front of St Andrews church. Please go along and have a look.



### Coniston Christmas Lunch

The over 70s Christmas lunch will take place this year on the **14<sup>th</sup> December** at the Coniston Sports Club from 1pm to 3pm. Those who have attended before will receive an invitation next month and if anyone wants to be included on the list please contact **Gill** on **015394 41136** or **[gillirwin@hotmail.com](mailto:gillirwin@hotmail.com)**.

## Reports

### **Voluntary Car Scheme – Westmorland and Furness Council**

We are in need of additional drivers. Would you be someone who could occasionally drive someone to a hospital appointment, GP, train station, shopping or social event? If you would like to know more about voluntary driving (petrol costs are reimbursed) I would be happy to have a chat.



**Marguerite Calvert 01229 885498**

### Mothers' Union



Members and friends enjoyed an outing in September to Barton Grange near Preston. In spite of the wind and rain all had an enjoyable day.

We began with lunch at Blooms Restaurant in the Flower Bowl complex which houses seven different activities. The 18-hole Crazy Golf course followed. Each hole had a different theme from a potting shed, two water features, windmill, rocky gully and a greenhouse to name but a few. Even though there were diagrams showing one where to aim for, our scores varied enormously. Balls ended up in the water and gullies but a great time was had by all.

Moving across the road to Barton Grange Garden Centre members shopped for spring bulbs to kitchen equipment before finishing the day with the inevitable tea and cakes.

**Our next meeting is open to all** in the Reading Room on **Thursday 31<sup>st</sup> October at 2pm**. The speaker is a member of **Springfields**, the Kendal organisation who support men and women suffering with Domestic Abuse. Please join us or for more information contact **Kay: 015394 41559**.

November/December films: all filling up so book in soon to reserve a seat

5<sup>th</sup> November - Supper Special. 6.30 - Supper at The Manor followed by The Great Escaper

16<sup>th</sup> - Wilding =4pm and 7.30 - both shows now full

17<sup>th</sup> - Six Inches Of Soil - 4pm and 7.30 - filling up fast.

3<sup>rd</sup> December - Anatomy Of A Fall

14<sup>th</sup> December - The Holdovers

28<sup>th</sup> December - our Christmas family film - Toy Story at 4.30pm

**OPCC FILM MAKING EQUIPMENT** - We are not making films any more so have a variety of equipment to move on to good homes - 2 cameras (with sim cards), 3-4 tripods (good for photography, moon watching etc.) Semi professional kit which includes camera, sound equipment, light screens. For interest in any of these email Carol - [crimcneill@gmail.com](mailto:crimcneill@gmail.com).

Also our mobile film showing package would make a good starter for a community wanting to show films (Screen, amplifier, 5 speakers with tripods and associated cables.)

Book through the website [www.oxenparkcinemaclub.org.uk](http://www.oxenparkcinemaclub.org.uk)

*Carol*

## ROOKHOW NEWS



We're really excited that the music ensemble Propellor, who will be staying at Rookhow at the end of November to make a recording, have offered to perform a short atmospheric concert with Hardanger fiddle and clarinet on Tuesday **26<sup>th</sup> November** at 8pm. The soloists will be Jack McNeill, clarinet and Charlie Wild, hardanger fiddle. Jack is an incredibly talented and versatile local professional performer, composer and arranger who is a Catalist artist in residence for Cumbria (2024-25).

**Please email Sue to reserve a seat.**

**Email - [contactrookhow@gmail.com](mailto:contactrookhow@gmail.com)** Donations on the door (suggested donation £5-10) in aid of their community projects. Please car share or park at the Rusland Reading Rooms and walk if you can. Limited parking for people with mobility difficulties (or people who struggle to walk in the dark) at Rookhow.

Rookhow continues to be open on the 1<sup>st</sup> and 3<sup>rd</sup> Friday of every month, 10am-4pm. Enjoy some homemade cake, be shown round by our friendly guides, hear about Rookhow's history and wander in the woods. Quaker Meeting at 12.30-1pm on these days and also on the 1<sup>st</sup> Wednesday of every month 7.30-8pm.

For more details, email: **Sue Nicholls**, Rookhow Development Manager.

Email: [contactrookhow@gmail.com](mailto:contactrookhow@gmail.com) Tel. **07377 971783**

Website: [rookhow.org.uk](http://rookhow.org.uk)

## **Green Sparks News**

**River Crane Noticeboard** Great news on the new wildlife interpretation board to be sited on the village green by the River in Spark Bridge. Thanks to the generous support of ENMO and Colton Parish Councils, which have each pledged £250, we are now in a position to apply for larger grants to cover the rest of the costs. We will be working on this over the next few weeks. Once we have secured the funding, we'll be able to finalise the design and move to production.

**CAfS is running a survey focussing on the needs of electrical vehicle drivers.** Whatever type of vehicle or transport you use you can share your thoughts. Go to <https://cafs.org.uk/electric-vehicles-made-easy/>

**CDEC** (Cumbria Development Education Centre) is hosting a talk entitled **A Famine Revised: Reflections on the Ethiopian famine 1984-85 7pm Tuesday 12<sup>th</sup> November** at The Eddington Kendal, 106a Highgate Kendal, LA9 4HE. To book go to <https://book.stripe.com/28og2W2Nj5dcfnieUU>

**If you run a small business** and want to look into how you can contribute to tackling change there's advice, training and networking opportunities to support you. See: <https://cafs.org.uk/for-businesses/wf-green-enterprise-hub/>

**Westmorland & Furness Council** publishes a regular newsletter with news, tips and information about local work tackling Environment and Climate Change. See <https://content.govdelivery.com/accounts/UKWFC/bulletins/3b18ad7>

## **Egton WI**



As autumn sets in our busy time of year commences, for our committee at least. We all enjoyed our speaker in October who was Scott Umpleby from the Brathay Trust near Windermere.

Although his computer was unable to play ball with our projector he still managed to deliver a very interesting talk about the trust and his time spent with them (23 years so far). The trust itself has been going for 78 years, two more than Outward Bound schools. It targets vulnerable children and young men initially (generally 14-25 year olds) with the aim of "Transforming the lives of young people in Need". Since 2008 it has concentrated more on helping in community centres and when ready they are able to have a residential course at Brathay which can be from 2-10 days. They can cater for 200 "guests" at a time (females are now included) and have around 7,000 cases a year, which seems incredible. Their success rate is equally impressive.

Sixteen of us will soon be trying our hands at felt making (a Herdwick Hare) and as I write our Autumn Fundraising Day is looming. ⚡ for your support. Next we will be catering for our county quiz and then on 12<sup>th</sup> November it will be our annual meeting and then we do it all over again, how time flies!

For more information call **Gill** on **07519 144799**.



30<sup>th</sup> Oct- 1<sup>st</sup> Nov- Drop In Half term kids clay activities 10-2pm £7

31<sup>st</sup> Oct- Halloween activities, costume making, haunted pub tour and spooky pizza night.

1<sup>st</sup> Nov- Screen-print your own spooky t-shirt 11-2pm £7 (BYOT bring yer own t-shirt)

2<sup>nd</sup> Nov- Bonfire night, fireside food and drink

7<sup>th</sup> Nov- Reuben Tighe live in the stable bar, 8pm free

8<sup>th</sup> Nov- Woodblock Printing on Paper and Fabric Day Course 10-4pm £60

14<sup>th</sup> Nov- live music Celtic Fiddles from 7pm

16<sup>th</sup> Nov- Make Your Own Noodle Bowl and Chopsticks, 10-4pm £60

17<sup>th</sup> Nov- Reuben Tighe live in the stable bar, 8pm free

22<sup>nd</sup> Nov- Oak Stool Workshop 10-4pm £80

23<sup>rd</sup>/24<sup>th</sup> Nov- Stained Glass Weekend, suitable for beginners and returners alike! 10-4pm £120

24<sup>th</sup> Nov- Stir Up Sunday Christmas Pudding Making 4-5pm £15

28<sup>th</sup> Nov- Poetry Workshop with Ilse Pedlar, 10-1pm £20

29<sup>th</sup> Nov- Festive Friday: DIY decorations from wood and clay and print your own greetings cards 10-4pm £50 including lunch

30<sup>th</sup> Nov- Shelves In a Day- make your own recycled wood display shelves 10-4pm £60

## National Trust - Free Bulb Planting Event at Wray Castle Estate This Autumn!



Get ready for a blooming good time at the Wray Castle estate near Ambleside! This autumn, we're inviting you to join us for a free bulb planting event that promises to fill the grounds with a stunning array of flowers come spring.

### Event Details:

- **Dates:** Monday, 28<sup>th</sup> October to Friday, 1<sup>st</sup> November • **Time:** 10am - 1pm
- **Location:** Wray Castle estate, Low Wray near Ambleside, LA22 0JA

No need to book—just show up in clothes you don't mind getting a bit muddy. We'll provide all the necessary equipment!

**Why Join Us?** Help us transform the castle gardens into a vibrant display of beauty and interest that will delight visitors for years to come. We'll be planting snowdrops, daffodils and camassias, ensuring a spectacular display from February through to June.

## **86 Baskets Exhibition**

until 30<sup>th</sup> November

Grizedale Forest

Free event

This fascinating exhibition tells the story of seven basketmakers and their tutor, Lorna Singleton, as they immerse themselves in ancient Lake District woodland and the historic world of spelt basketry.

Wood Water Weave is a unique 12-month course where participants embed themselves in the seasonal cycles of the forest and develop their traditional basketmaking skills. They learn the alchemy of turning locally coppiced trees into jaw-droppingly beautiful baskets, cutting and preparing the wood by hand, preserving the heritage skills of generations of basket-makers and woodland workers.

Explore the work of these committed craftspeople as they boil oak, split hazel and pound ash, interweaving the stories of the trees with stories of creative discovery, friendship and connection with the natural world.

### **Dark Grizedale**

15<sup>th</sup> November, 6-8pm

Grizedale Forest

£11 per person, ages 12 and up

**Join us for an introduction to the sights, sounds and stories of Grizedale at night.**

Our knowledgeable and friendly rangers will guide you on a short, level walk followed by an informal night sky session.

Discover the stars above you, try your hand at wildlife spotting and soak up Grizedale's magical dark skies.

**<https://www.forestryengland.uk/forest-event/events-grizedale>**

## **PEAK/OFF-PEAK ELECTRICITY METERS - IMPORTANT**

The Radio Teleswitch (RTS) service, which supports home electricity meters that switch between peak and off-peak tariff rates, is being phased out and is planned to end on June 30<sup>th</sup>, 2025.

This means that people who have dual meters, often used for people with storage heaters, must arrange for a smart reader to be fitted.

If they don't then they go, by default, onto a single tariff for electricity which will have a serious financial impact.

It is the responsibility of suppliers to contact all RTS customers to arrange an appointment, but we recognise this will require the co-operation of customers. Customers are urged to respond to contact from their supplier to avoid any impact on their heating and hot water following 30<sup>th</sup> June 2025. In most cases, this will be a request to arrange an appointment for a meter upgrade. Any customer who thinks they may be affected by the RTS switch-off but has not been informed should contact their supplier directly.

## **NEWS FROM THE LAKE DISTRICT NATIONAL PARK**

I am a Parish Councillor Member on the board of the Lake District National Park and I represent the Southern area of the Park. We make decisions on the future strategy and current operations at the Park. There are three types of Members, the Parish Councillor representative, District Council Members and members with specialist backgrounds, such as Farming, Environment and Heritage.

The park is not just about planning applications. It has 5 key directives. These are

1: Vibrant Communities and Prosperous Economy

2: Sustainable Transport

3: The Future of Forestry and Farming

4: Dealing with Climate change and getting to Carbon Zero

5: A park for everyone, increasing access and diversity

This is put into practice using the 5 year Park plan which has been formulated and agreed by the Lake District Park Partnership, which is a consortium of organisations, from Academia, to Users to Business.

From October 1<sup>st</sup>, the park gained a new CEO, Gavin Capstick, who is Cumbrian and has worked at the Park for several years, coming from a local Government background. He has a wealth of experience and knowledge of the Park and is currently visiting each specific area. With this in mind, we are holding a meet and greet with the Parish Council Members:

Coniston Institute 4:30 to 6:30 pm **3<sup>rd</sup> December**

The purpose is to clarify the role of the Park and to discuss the specific issues relating to the Park in this area. If you have any issues that you wish to raise, please inform your local Parish Council, or contact me, [ian.wharton@lakedistrict.gov.uk](mailto:ian.wharton@lakedistrict.gov.uk)

**Ian Wharton**

## **Back To The Land**

A fundraiser for Oxen Park Reading Room

**Friday 8<sup>th</sup> November 7.30pm**

At The Carthouse Community Cinema (opp the Manor)

£5 pay on the door + raffle

A panel of farmers and Q & A. with Will Case, Will Longmire, Christine Knipe & Stephen Dickinson.

Come and find out how they make a living, work with the latest subsidies and what plans and thoughts they have for the future. See what answers they have to your interesting and challenging questions.

**YOU MUST** Book in with **Carol at 01229 861507** or email [crlmcneill@gmail.com](mailto:crlmcneill@gmail.com)

if you wish to ask a question, please submit it in advance to help us avoid repetition of topics

Please include contact details as if oversubscribed we might move to the Reading Room at the last minute.



With the nights drawing in, what better way to embrace our Winter skies than to join our Dark Skies and Pie Nights – Guided walk with professional Mountain Leader, Martin Rivett. Join Martin who has a passion for storytelling about the stars we see at night, as he leads a night walk through the Brantwood Estate and up to the high point of Crag Head, a recognised Dark Skies environment, to discover the night sky over Coniston Water. The evening will begin with a homemade Pie supper served in the Coach House Loft and an introductory talk followed by the guided walk. The first Stargazing Walk is on **Saturday 2<sup>nd</sup> November** at 6pm, followed by a Moonlight Walk on **Saturday 16<sup>th</sup> November** at 6pm. £29 includes pie supper. Booking essential through our website. There is still time to catch our Blue Gallery exhibition “Mr Ruskin, Someday Someone Will Scuba Dive Over Your House”. The exhibition presents a new suite of drawings by artist Gerry Davies, which take their lead from Ruskin’s 1884 lecture text *The Storm-Cloud of the Nineteenth Century*. On display until 11<sup>th</sup> November. This will be followed by *Emissaries of the Land*, an exhibition of works by Kurt Schwitters (1887 – 1948) and Derek Hyatt (1931 – 2015), curated by Michael Richardson and first exhibited at Art Space Gallery, London in 2023. The ‘conversation’ between these two artists takes an unexpected twist, as it now comes to the former home of John Ruskin, who joins the meeting. On show from 13<sup>th</sup> November until 2<sup>nd</sup> March 2025.

In the Severn Studio we have “View from a Boat; A Kayaker’s Journey on Coniston Water Throughout the Seasons” by Yorkshire-based artist, Penny Hunt. This exhibition of paintings and sketches affords a view of the waters of the lake itself, the stillness and mist rising early in the morning, the choppy waters on windy days and the changing light on the banks throughout the year. On display from 28<sup>th</sup> September until 28<sup>th</sup> February 2025.

We will be moving into Low Season from Monday 18<sup>th</sup> November. Open Wed-Sun 10.30am-4pm.

Dates for your diary: Fri 5<sup>th</sup> December – Christmas Wreathmaking, Sat 6<sup>th</sup> & Sun 7<sup>th</sup> December – Christmas Market at The Terrace. Sunday 15<sup>th</sup> December – Afternoon concert with Pianist Anthony Hewitt.

For full details of all our exhibitions, events and bookings, please visit our website

**[www.brantwood.org.uk](http://www.brantwood.org.uk)**. Contact

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- Help with rent and Council Tax
- A free TV Licence for those aged 75 or over
- Help with the cost of NHS services, such as NHS dental treatment, glasses and transport costs for hospital appointments

You could be eligible for **Pension Credit** if your weekly income is below £218.15 or, if you have a partner who lives with you, £332.95. Qualifying income level may be higher in some circumstances.

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Eligibility criteria apply  
\*or the equivalent in Scotland.

## A FINAL (FAREWELL) “THOUGHT” – from the Rev. David Gregg

I once asked an old friend, a fellow ordained minister, what his new parish on the outskirts of Bournemouth was like. He said, “As far as I can make out, half of the people came here to die – and they seem to have forgotten what they came for!” My wife Jackie and I came to Lowick in 2003 for much the same purpose on “retirement”, although the air in Cumbria is too good, and we have had to move (for family care), to Bedford instead! Strictly speaking, ministers do not “retire” from *ministry* as such, they only retire from “Office” (i.e. from appointments such as Vicar, Academic roles or hierarchical posts such as bishop etc.)

One of my major tasks in Cumbria was to write a record of my life for my children and grandchildren, which runs to four Volumes of about 150 pages each, entitled “Budding”, “Blossoming”, “Maturing” and “Mellowing”, under the overall title of “WITH A MERRY HEART – a Testimony to a Joyful Life”. I have drawn on a number of passages for this ‘farewell’.

I have been privileged to participate in the inception of this magazine, and nearly five years ago, began to contribute a “Thought for the Month” which has now run for almost 60 articles. The difficulties of “novelty” and the dangers of repetition and banality, are beginning to weigh heavily. Sadly I will now have to bring the enterprise to a close with the promised quotes:

### QUOTE 1 : ON GROWING OLD

One of the main problems, for me, of “retirement” has been self-discipline. It’s hard to realize what the constraints of a regular framework of daily life is worth until it is no longer there. The discipline of being available by 9am each day, to meet expectations; of following a timetable dictated by Sunday responsibilities, Meetings Schedules, Schools terms and Pastoral duties; of regulating your eating and (particularly!) drinking, by the dictates of the day’s engagements, and the inadvertent imposition of adequate exercise in all the walking and cycling to-and-fro, all need to be replaced. We *have* slowly come to viable alternatives, but it has definitely been a struggle.

There is also the issue of living day-by-day with chronic conditions. In my case it has been the cancer of the prostate, although, following the very effective containment medication, and the blessing of anointing, it is only the *effects* of continuous implants of oestrogen, and the suppression of testosterone production, that causes any problems, and not (Praise God) the condition itself.

Some inevitable loss of *physical* strength is disappointing. Otherwise the two most noticeable symptoms of advancing years are a slow deterioration of mental faculties, and a certain loss of hearing and eyesight.

### QUOTE 2 : SENIOR MOMENTS

“When did I *start* going doolally?” I asked your mother. As you know, we have a kitchen garden across the road, to which I sometimes take a tray of tea when I get up after my siesta, if your mum is gardening over there. On this particular afternoon, I had duly wended my way across, only to discover when I got there that I had forgotten to put milk in the mugs. Back I went, secured the desired supply, and returned. I then poured from the teapot. Out came an unadulterated stream of *hot water!* I had forgotten to put a tea-bag in as well. Back I went, duly actually *made* the tea, and returned for the third time of asking. It was *then* that I asked the

question – see above! My dear wife, (forty-seven years on from when we married, and over fifty years on from her first encounter with a (then!) diffident seventeen-year old lad) said, “I don’t know – I haven’t known you *all* your life!!”

However, the prize for the most *senior* “senior moment” so far, has to be for the time in Newton Longville when my car was in for servicing, and I needed to ask your mum to borrow hers, to go into Bletchley for a doctor’s appointment at 10am. It was a bleak morning, and your mother was due on duty at the Post Office, half-a-mile away, at 8.30. So I said I would cycle round there, collect the car, go to the doctor’s and then return it to the Post Office and cycle home. When the time came, I went to the garage and duly manoeuvred my bike out – not without some difficulty – and cycled round to the Post Office. I couldn’t see the car anywhere, so I went inside. “Where’s the car,” I asked. “In the *garage*”, said your Mother. “I decided to walk, after all!” Yours truly had painstakingly extricated his bike from *behind* the very vehicle that he was cycling round to *collect*!

### QUOTE 3 : THE BIBLICAL PERSPECTIVE

The oldest psalm, ascribed to Moses, well illustrates the pre-occupation of God’s ancient people with the whole issue of growing old:

“The years of our life are threescore and ten,

or even by reason of strength fourscore;

Yet their pride is but toil and trouble;

They are soon gone, and we fly away.”

(Psalm 90 v. 10)

and

“So teach us to number our days

that we may get a heart of wisdom”

(v. 12)

It is the same theme of wisdom that marks the conclusion of the Preacher, in his magnificent reflection on old age, about the ultimate purpose of God’s ordering of our lives (Ecclesiastes 12). Perhaps if we think of the course of human history, with its successive generations, as a relay race, we can see ourselves as running *our* lap (exhausting ourselves somewhat in the process!) and then passing on the baton to the next generation. My dear, dear offspring, I can’t think of any better way of doing this for *you* than the Preacher’s own words:

“Fear God, and keep His commandments; for this is the whole duty of humankind.”  
(Eccles. 12:13)

May the LORD richly bless you, my dear descendants and successors, as you carry the baton in your turn.

### QUOTE 4 : A PERSONAL NOTE

There *are* some things I *should* like to be remembered for. Four, in particular, come to mind.

The first is a **healthy scepticism**. Not cynicism, I hope – but, if a thing is too good to be true, it probably is! Gambling – which involves hazarding a stake, gaining at other

people's expense, looking for reward without effort, and ultimately appealing to *chance*, rather than God's will – has always seemed particularly pernicious to me. I'd like to think *my* descendants had more 'nous'!

The second is my **take on talents**. You will remember that I was always more interested in your *efforts* than in your *achievements*. The latter depended mostly on what gifts the LORD had given you, but the former was the indicator as to what *you* had done with them! I am glad to commend all of you for making the most of what God has given you.

The third is **looking for the middle way**. Your mother will tell you that seeing both sides of a matter is not always my strong point, but I do have in mind to try. Finding the *balance* between extremes seems to me to be a God-given imperative. (One recent example is the debate about Creation and Evolution. Since the original Hebrew points to things "coming into being" – a *process* – I see no reason why some form of evolution should not *be* the LORD's chosen method of creation! Given *His* "time-scale" rather than *ours*, the accounts in Genesis ch. 1 and ch. 2 seem to me to particularly *point* to it!)

Lastly, and most particularly, I should like to be remembered as **living "with a merry heart"**! I *have* had a wonderfully contented and happy life, as this testimony is intended to convey. If the *only* thing that I am remembered for is my *laugh*, I will rest content! That my great-grandchildren already call me, "Ho-Ho Grandad" gives me great satisfaction!

#### **QUOTE 5 : ON THE ETERNAL "NOW"**

The LORD has ordered that we live our earthly life in the confines of *space* and *time*. It is a condition that we largely take for granted and probably don't reflect on much. But it is an interesting experience – we talk about looking *back* on what has gone *before*, and looking *forward* to what is coming *after* – and yet it is always *NOW*! And, even as I write, the *NOW* has moved on – what I have just written is now in my memory, every bit as much as all the other things that I have recorded and testified to, but the present *NOW* continues – it is the point at which all my consciousness and all my relationships exist – most notably my encounter with Almighty God, the LORD.

So – a final reflection, short and sweet! I must finish where I began. I bear the name of "David" and, all my life, I have felt a conscious affinity with the Shepherd Boy who became a King. He, too, lived with a merry heart, and made "joyful noises" unto the LORD. His psalms are a constant source of blessing and inspiration. It may be that the LORD still has days, weeks, months, even years for me to continue on earth, in this wonderful and blessed and joyful life that I am so enjoying, but I cannot do better than commend David's "last words" to you, recorded in 1 Chronicles ch. 29 vv. 10-20 as *my* "last words" to you, and his wonderful Psalm 103 as *my* "last word" of testimony for a joyful life, lived "with a merry heart". Will you now read them for yourselves, my beloved children and grandchildren. I love you all very much indeed.

#### **"BLESSED BE GOD FOREVER"**

##### **A Word of Thanks**

I got to know Jackie and David when I (and my wife Anne) first moved to the Crake Valley. I can say, therefore, with experience and heartfelt warmth that their ministry and they themselves were loving and very much loved. We will miss your prayerful reflections David—a word of thanks for your faithfulness and great love.

*Revd. Brian Streeter*

## Parish Prayer Diary November 2024

**1<sup>st</sup>:** Give thanks for the faithful Saints who inspire us to follow their example.

**2<sup>nd</sup>:** Pray for local businesses.

**3<sup>rd</sup>:** **Sunday, the first day of the week.** Fed by God's Word today may He strengthen us to daily reject all that is contrary to Kingdom living and to embrace that which enables the Kingdom to grow within us and our communities.

**4<sup>th</sup>:** Pray for pupils and all staff returning to school after the half-term break.

**5<sup>th</sup>:** Pray for today's '*Worshipping in the Winter*' online event for northern dioceses creatively preparing for Advent, Christmas and Epiphany.

**6<sup>th</sup>:** Pray for Citizen Advice, its volunteer advisors, Witness Service volunteers, trainers and staff.

**7<sup>th</sup>:** Pray for the Benefice staff team.

**8<sup>th</sup>:** Pray for the Kenyan-led multinational security force despatched to help Haitian police combat the rife gang violence in Haiti.

**9<sup>th</sup>:** Pray for the '*Open Doors Standing Strong*' event in Newcastle, praying for speaker John, who became a Christian after leaving Yemen and his Muslim background and now receives daily death threats because he shares his Christian faith publicly on social media.

**10<sup>th</sup>:** **Sunday, the first day of the week.** Pray God, who alone is our refuge and strength, may bring near the day when wars shall cease and poverty and pain shall end and the earth know the peace of heaven through Christ Jesus our Lord.

**11<sup>th</sup>:** **On Armistice Day,** remember those who died in the service of their County during two world wars and the many conflicts since, praying comfort for those who mourn and healing to those wounded in body, mind or spirit.

**12<sup>th</sup>:** Pray for the United Nations Climate Change Conference (COP29) taking place this week in Baku, Azerbaijan.

**13<sup>th</sup>:** Pray those participating in the '*Prayer-Coming Home*' course will find the exploration of Christian spiritual practices contemporary and ancient to be helpful in developing their personal relationship with Jesus.

**14<sup>th</sup>:** Pray for all who live and work in the communities of Low and High Nibthwaite, Colton and Oxen Park.

**15<sup>th</sup>:** Pray for a generous response to *Children in Need* fundraising challenges.

**16<sup>th</sup>:** Pray for the *Fresh Expressions Day* event today celebrating creative mission in Cumbria and across the North.

**17<sup>th</sup>:** **Sunday, the first day of the week.** May our Heavenly Lord, stir us from apathy, restrain us from excess and revive in us new hope that all creation will one day be healed in Christ Jesus our Lord.

**18<sup>th</sup>:** Pray for Scripture Union '*Mission Possible*' event at St Thomas' Kendal enabling outreach to the 95% youth with no opportunities to hear about Jesus.

**19<sup>th</sup>:** Pray for the various Shoebox appeals sending Christmas hope to children, families and the elderly in need.

**20<sup>th</sup>:** Pray for initiatives that seek to improve child welfare, that children have opportunities to develop into the person God created them to be.

**21<sup>st</sup>:** Pray for people who lack basic sanitation and suffer sickness from unsafe water; pray also for organisations working to address this issue.

**22<sup>nd</sup>:** Pray for those working in local authorities, faith groups and charities addressing homelessness as winter approaches.

**23<sup>rd</sup>:** Pray for the '*Quiet Day on Vocations*' at St Lawrence's Appleby, providing those with a sense of God calling them to something new, with some time and space for

reflection.

**24<sup>th</sup>: Sunday, the first day of the week.** Stir up, O Lord, the wills of your faithful people, that hearing the call of Christ the King and following in His service, they live and move within the Kingdom that has no end.

**25<sup>th</sup>:** Pray for the Alcoholics Anonymous fellowship, its members and newcomers.

**26<sup>th</sup>:** Pray for organisations that work with vulnerable people on our streets and in hidden places of deprivation, as workers reach out to people affected by addiction, debt, modern slavery and other perilous situations.

**27<sup>th</sup>:** Pray for the unpaid carers in the UK, especially for children and teenagers who support a dependant parent.

**28<sup>th</sup>:** Pray for the Leprosy Mission enabling people to attain healing and dignity

**29<sup>th</sup>:** Pray for Bishop Rob Saner-Haigh, acting Bishop of Carlisle.

**30<sup>th</sup>:** Pray for Church Mission Society partners in Northern Argentina, especially Rev Marcos Humacata as he builds relationships between the urban Church and the rural indigenous Christians. Pray for him as he learns the Wichi language so he can respectfully talk about Jesus in their own language.

### From the Registers

**Holy Trinity**, Colton, 24<sup>th</sup> September, Funeral: Frederick Tomas Sanders

**Holy Trinity**, Colton, 24<sup>th</sup> September, Interment of Ashes: Annie Isabella Sanders

### Readings for November 2024

|                        |                                 |                 |
|------------------------|---------------------------------|-----------------|
| <b>3<sup>rd</sup></b>  | Revelation 21.1 - 6a            | John 11.32 - 44 |
| <b>10<sup>th</sup></b> | Lamentations 3.17 - 26, 31 - 33 | Luke 24.1 - 9   |
| <b>17<sup>th</sup></b> | Hebrews 10.11 - 25              | Mark 13.1 - 8   |
| <b>24<sup>th</sup></b> | Revelation 1.4b - 8             | John 18.33 - 37 |

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| Symptoms          | Issues              | Fertility Issues |

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*Please note, this firm are holding all the Wills and deeds for Thomas Butler & Son which closed in Broughton-in-Furness in December 2018.*

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**E-mail: [jcarroll@brownandmurray.co.uk](mailto:jcarroll@brownandmurray.co.uk)**

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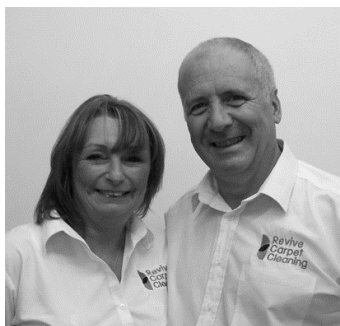
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## Regular events

|                           |                                                                                                        |                                |
|---------------------------|--------------------------------------------------------------------------------------------------------|--------------------------------|
| Monday                    | Knitting and Stitching, 7pm                                                                            | Greenodd Village Hall          |
| Monday                    | Basketball, 7 - 8pm                                                                                    | Coniston S & S Centre          |
| Monday                    | Short Mat Indoor Bowling, 7 - 9pm,<br>no experience needed                                             | Greenodd Village Hall          |
| alternate<br>Fridays      | Tottle-Art: Art Group 10.30am - 12.30<br>Contact Jane Pape<br><b>jane43ap@icloud.com</b>               | Tottlebank Baptist<br>Church   |
| Tuesday                   | Coffee and Chat, 9.45 - 10.45am                                                                        | Greenodd Village Hall          |
| Tuesday                   | Coniston CAMEO 2 - 4pm                                                                                 | Coniston Institute             |
| Tuesday                   | Youth Club age 11 & over 7 - 9pm                                                                       | Coniston S & S Centre          |
| Wednesday                 | Parent and Toddler Group<br>9.30 - 11.30am (term time only)                                            | Coniston S & S Centre          |
| Wednesday                 | Beginners Pilates, 4.30pm                                                                              | Greenodd Village Hall          |
| Wednesday                 | Lowick Parent & Toddler Group<br>9.30 - 11.30am (term time only) £1.50                                 | Lowick Community Hall          |
| Wednesday                 | Community Lunch, 1pm sharp, £7.50                                                                      | Farmers Arms, Lowick           |
| Thursday                  | "Young at Heart" exercise and lunch,<br>11am £5 (term time only) or just come<br>for lunch at 12 noon. | Coniston S&S Centre            |
| Thursday                  | Volunteer Day 9.30 - 3.30pm                                                                            | Brantwood Gardens              |
| Thursday                  | Zumba 6.30pm with Valentyna                                                                            | Coniston Primary School        |
| Thursday                  | Netball Skills 6.30 - 7.30pm                                                                           | Coniston S & S Centre          |
| 2 <sup>nd</sup> Tuesday   | Egton WI, 7.30pm                                                                                       | Greenodd Village Hall          |
| 2 <sup>nd</sup> Tuesday   | Ulverston Repair Café 6.30-8.30pm                                                                      | Croftlands Community<br>Centre |
| 3 <sup>rd</sup> Tuesday   | Coniston WI, 7.30pm,                                                                                   | Coniston Institute             |
| 1 <sup>st</sup> Wednesday | Charity Quiz, 8pm, £3 per person                                                                       | Coniston S & S Centre          |
| 1 <sup>st</sup> Wednesday | Prayer Hour - 10 - 11am                                                                                | St Mary's, Penny Bridge        |
| 3 <sup>rd</sup> Wednesday | Coffee Morning 10.30am - 12.30pm                                                                       | Bouth Village Hall             |

## What's On Guide - November

|                  |                                                   |                         |
|------------------|---------------------------------------------------|-------------------------|
| 2 <sup>nd</sup>  | Live music - Elderly Brothers, 7pm see p10        | Coniston Institute      |
| 2 <sup>nd</sup>  | Stargazing Walk, 6pm see p17                      | Brantwood               |
| 2 <sup>nd</sup>  | Bonfire Night                                     | Farmers Arms, Lowick    |
| 5 <sup>th</sup>  | Supper Special film night see p12                 | Carthouse Cinema        |
| 7 <sup>th</sup>  | Live music - Reuben Tighe, 8pm                    | Farmers Arms, Lowick    |
| 8 <sup>th</sup>  | Talks: Back to the Land see p16                   | Carthouse Cinema        |
| 8 <sup>th</sup>  | Live music - Hunter Muskett 8pm                   | Water Yeat Village Hall |
| 14 <sup>th</sup> | Live music - Celtic Fiddles, 7pm                  | Farmers Arms, Lowick    |
| 15 <sup>th</sup> | Dark Grizedale walk, see p 15                     | Grizedale               |
| 16 <sup>th</sup> | Craft Fair 10am - 4pm                             | Greenodd Village Hall   |
| 16 <sup>th</sup> | Moonlight Walk, see p 17                          | Brantwood               |
| 16 <sup>th</sup> | Film: Wilding - FULLY BOOKED                      | Carthouse Cinema        |
| 17 <sup>th</sup> | Film: Six Inches of Soil                          | Carthouse Cinema        |
| 17 <sup>th</sup> | Live music - Reuben Tighe, 8pm                    | Farmers Arms, Lowick    |
| 18 <sup>th</sup> | Community Lunch see p 10                          | Coniston Institute      |
| 18 <sup>th</sup> | Local History Talk - Writers of Coniston 2.30pm   | Coniston Institute      |
| 20 <sup>th</sup> | X712 Bus Walkers see p 8                          | X712 route              |
| 20 <sup>th</sup> | Bouth Coffee Morning 10.30am                      | Bouth Village Hall      |
| 20 <sup>th</sup> | Crake Valley Friendship Club outing see p 6       | Greenodd                |
| 20 <sup>th</sup> | Coniston Twinning Association Quiz night, see p 9 | The Ship, Bowmanstead   |
| 21 <sup>st</sup> | Fashion Show, 7pm, see p 6                        | Greenodd Village Hall   |
| 22 <sup>nd</sup> | Coniston Lights Switch-on Party 4pm               | Coniston Institute      |
| 23 <sup>rd</sup> | Live music - Kinnaris Quintet, 7pm                | Coniston Institute      |
| 26 <sup>th</sup> | Live music - Propellor, 8pm see p 12              | Rookhow                 |
| 28 <sup>th</sup> | Talk: The Norse in Lakeland, 7pm                  | Water Yeat Village Hall |

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**Friday 8<sup>th</sup> November at 8pm** £15 on the door or in advance from [www.wegotickets.com/wateryeatvillagehall](http://www.wegotickets.com/wateryeatvillagehall)

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**Thursday 28<sup>th</sup> November**

Doors open at 7:00 for a 7:30pm start, £5 entry, including tea/coffee on arrival. [e-voice.org.uk/wyv](http://e-voice.org.uk/wyv)