DRV®

Product Catalogue

DRV.CO
TEAM@DRV.CO



Meet DRV+

Not all supplements deliver. Underdosed ingredients. Hidden formulas. Claims without evidence. DRV+ has always stood for something different.

Our formulas are developed by nutritionists, using bioavailable vegan ingredients at the doses used in clinical research. Nothing is hidden and every claim is verified. Every product is made in the UK to BRCGS standards and third-party tested.

Our mission is simple: to be the most honest supplement brand in the world, with formulas that deliver what they say they will.

DRV+ Professionals

We provide free BANT and ANP accredited training and support for healthcare professionals, including in-depth papers, research and webinars. Scan the QR code to sign up.

For enquiries email: **team@drv.co**

Don't just take our word for it

"With formulas that work and are backed by expert nutritionists, DRV+ is pioneering a new way of healthy living."

Health Food Business

"As a registered nutritionist and a mum, I'm very particular about the supplements I choose. I love that these contain high-quality, well-considered ingredients without unnecessary fillers. It's reassuring to have a product I trust."

Caroline Farrell, Nutritional Therapist

"For years I thought all supplements were exactly the same. Turns out there's a lot of difference. What matters to me is that I know exactly what I'm putting in my body and that I'm using a product I can trust, and I trust DRV+."

Sara Cox, BBC Radio 2 Presenter


DRV+
Hydrate+
High Strength Orange & Pineapple Flavoured Electrolytes
CONTAINS
WHY
15 x 8g SACHETS
DRV+
MenoFriend®
Menopause support
DRV+
Protein & Creatine Superblend
20g Protein + 3g Creatine
CONTAINS
6 Active ingredients
20g Protein: Pea, Pumpkin, Hemp
3g Creatine Monohydrate
400mg Mushrooms
450g | UNFLAVOURED | 15 SERVINGS
FOOD SUPPLEMENT
NO ADDITIVES
VEGAN
DRV+
OsteoFriend®
Advanced bone, muscle and joint support*
CONTAINS
WHY
19 Active ingredients, including:
7 Minerals
6 Vitamins
4 Botanicals and amino acids
2 Billion CFU
Nutrients to build bone
Nutrient absorption into bones
Supports collagen formation for bones, cartilage and skin
For connective tissue
No sugar, stevia, or sweeteners
249g | UNFLAVOURED | 30 SERVINGS
FOOD SUPPLEMENT
NO ADDITIVES

Discover our range

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Women's ProMulti

Multivitamin and probiotic for women

A uniquely comprehensive formula of active bacteria ('probiotics'), botanicals, amino acids, vitamins and minerals to support women's optimal health. With 29 highly bioavailable, clinically researched ingredients at optimal dosages, it provides advanced daily support for hormones, gut health, vaginal health, healthy skin, bones, muscles, energy, immunity, cognitive function and mental performance.

HORMONAL SUPPORT · GUT HEALTH · VAGINAL HEALTH · BONE & MUSCLES · HAIR, SKIN & NAILS · MENTAL PERFORMANCE · ENERGY · IMMUNITY · BALANCED MOOD



BENEFITS

+ **All-in-one formula**
  Hormonal balance, gut health, and daily vitality
+ **With probiotics**
  Clinically studied active bacteria for women's health

KEY FEATURES

- Energy and immunity support
- Cognitive function and mental performance
- Vaginal health

VEGAN · LACTOSE-FREE · DAIRY-FREE · GLUTEN-FREE · NON-GMO · EASY TO SWALLOW · KIND ON STOMACH · HALAL · KOSHER

INGREDIENTS

Calcium (Tri-Calcium Citrate), Magnesium Bisglycinate, Vitamin C (Calcium L-ascorbate), Zinc Bisglycinate, L-Lysine Hydrochloride, Ginkgo Biloba Extract, L-Glycine, L-Proline, Vitamin B3 (Nicotinamide), Coenzyme Q10, Cranberry Extract (*Vaccinium macrocarpon*), Vitamin B2(Riboflavin 5′-phosphate, sodium), Vitamin B1 (Thiamin Mononitrate), Vitamin B5 (Pantothenic Acid, Calcium salt), Lactobacillus Crispatus (LCr86), Lactobacillus Reuteri (LR08), Ashwagandha Extract (*Withania somnifera*), Vitamin E (D-Alpha Tocopherol Acid Succinate), Vitamin D3 (Cholecalciferol), Vitamin B6 (Pyridoxal-5-Phosphate), Vitamin B12 (Methylcobalamin, 5′-deoxyadenosylcobalamin), Vitamin K2 (Menaquinone-7), Vitamin A (Retinyl palmitate), Boron (Sodium Tetraborate), Chromium Picolinate, Folate (Calcium-L-Methylfolate), D-Biotin, Selenium (L-Selenomethionine), Potassium Iodide, Capsule Shell (Hydroxypropyl Methylcellulose).

FREE FROM

Added Sugar, Starch, Sweeteners, Gluten, Wheat, Lactose, Dairy, Artificial Flavours, Colours and Preservatives.

AVAILABLE IN

Shelf box displaying 5 units
25 units, 50 units, 100+ units
Every pouch is a month's supply at recommended dose

NUTRITIONAL INFORMATION

INGREDIENT	PER 2 CAPSULES	EC %NRV*
Vitamin A	600 µg	75
Vitamin B1	20 mg	1818
Vitamin B2	20 mg	1428
Vitamin B3	32 mg	200
Vitamin B5	20 mg	333
Vitamin B6	6 mg	429
Vitamin B12	200 µg	8000
Vitamin C	80 mg	100
Vitamin D3	25 µg	500
Vitamin E	12 mg	100
Vitamin K2	90 µg	120
Biotin	500 µg	1000
Boron	3 mg	**
Selenium	100 µg	181
Calcium	120 mg	15
Chromium	200 µg	500
Folate	400 µg	200
Magnesium	57 mg	15
Iodine	150 µg	100
Coenzyme Q10	30 mg	**
Zinc	15 mg	150
Lactobacillus Crispatus	2.5 billion CFU***	**
Lactobacillus Reuteri	2.5 billion CFU***	**
Ashwagandha Extract 15:1	16 mg	**
Cranberry Extract 36:1	28 mg	**
Ginkgo Biloba Extract 50:1	60 mg	**
L-Lysine	50 mg	**
L-Proline	50 mg	**
L-Glycine	50 mg	**

*NRV = Nutrient Reference Value **No NRV Established
***At time of manufacture

Directions: 2 capsules per day

WOMEN'S HEALTH

PeriMenoFriend®

Perimenopause support

PeriMenoFriend® is an award-winning formula with clinically proven botanicals, phytoestrogens, vitamins and minerals to help regulate hormones through perimenopause for mental performance, clearer thinking, a balanced mood, muscles, energy, and vitality.



BENEFITS

+ **Regulates hormones**
  For mood, energy and cognitive performance
+ **95% find it effective**
  Randomised survey of 293 users

KEY FEATURES

- Unique plant-based formula
- Can be taken alongside HRT
- Zero nasty additives

ENERGY · STRESS · SLEEP · BRAIN · LIBIDO · VAGINAL HEALTH

VEGAN · LACTOSE-FREE · DAIRY-FREE · GLUTEN-FREE · NON-GMO · EASY TO SWALLOW · KIND ON STOMACH · HALAL · KOSHER

INGREDIENTS

Magnesium Bisglycinate, Dandelion Root powder (*Taraxacum officinale*), Vitamin C (Calcium L-ascorbate), Mung Beans powder (*Vigna radiata*), Sea Buckthorn Berry Extract (*Hippophae rhamnoides*), Sage Leaf Extract (*Salvia Officinalis*), Lemon Balm Leaf Extract (*Melissa officinalis*), Dong Quai Root powder (*Angelica sinensis*), Zinc Picolinate, Red Clover Extract (*Trifolium Pratense*), Shatavari extract (*Asparagus racemosus*), Carrageen Sea Moss Extract (*Chondrus Crispus*), Hops extract (*Humulus lupulus*), Maca Root extract (*Lepidium meyenii*), Selenomethionine, Pantothenic Acid, Ashwagandha extract (*Withania somnifera*), Pyridoxine Hydrochloride, Wild Yam extract (*Dioscorea villosa*), Vitamin K2 (Menaquinone-7), Vegan Vitamin D3 (Cholecalciferol), Methylcobalamin, Capsule Shell (Hydroxypropyl Methylcellulose).

FREE FROM

Added Sugar, Starch, Sweeteners, Gluten, Wheat, Soya, Lactose, Dairy, Artificial Flavours, Colours and Preservatives.

AVAILABLE IN

Shelf box displaying 5 units
25 units, 50 units, 100+ units
Every pouch is a month's supply at recommended dose

NUTRITIONAL INFORMATION

INGREDIENT	PER 2 CAPSULES	EC %NRV*
Red Clover	2000 mg	**
Sea Buckthorn Berry	1000 mg	**
Maca Root	1000 mg	**
Sage Leaf	560 mg	**
Wild Yam	500 mg	**
Lemon Balm	300 mg	**
Dandelion Root	200 mg	**
Shatavari	200 mg	**
Mung Beans	120 mg	**
Dong Quai	50 mg	**
Ashwagandha	125 mg	**
Sea Moss	100 mg	**
Hops	80 mg	**
Magnesium	56 mg	15
Vitamin C	100 mg	125
Zinc	10 mg	100
Selenium	75 ug	136
Vitamin B5	12 mg	200
Vitamin B6	6 mg	429
Vitamin K2	99 ug	132
Vitamin D3	11 ug	220
Vitamin B12	110 ug	4400

*NRV = Nutrient Reference Value **No NRV Established

Directions: 2 capsules per day

OFTEN PAIRED WITH HAIR SAVIOUR®

WOMEN'S HEALTH

MenoFriend®

Menopause support

MenoFriend® is a multi award-winning multi-nutrient formula of phytoestrogens, botanicals, vitamins and minerals providing support for hormonal regulation, mood, energy, clear thinking, mental performance, and muscles.



BENEFITS

+ **Regulates hormones**
  For mood, energy and cognitive performance
+ **89% find it effective**
  Randomised survey of 996 users

KEY FEATURES

- Unique plant-based formula
- Can be taken alongside HRT
- Zero additives

ENERGY · HAIR, SKIN, NAILS · BONES · MUSCLES

VEGAN · LACTOSE-FREE · DAIRY-FREE · GLUTEN-FREE · NON-GMO · EASY TO SWALLOW · KIND ON STOMACH · HALAL · KOSHER

INGREDIENTS

Wild Yam extract, Organic Dandelion Root powder, Mung Bean powder, Sage Leaf extract, Dong Quai Root powder, Red Clover extract, Hops extract, Maca Root extract, Niacin (Nicotinamide), Selenium (L-Selenomethionine), Magnesium Citrate, Calcium Citrate, Vitamin B6 (Pyridoxine Hydrochloride), Vitamin K2 (MK-7), Kelp extract, Vitamin B5 (Pantothenic Acid, Calcium Salt), Vitamin D3 (Cholecalciferol), Vitamin B2 (Riboflavin), Vitamin B12 (Methylcobalamin), Capsule Shell (Hydroxypropyl Methylcellulose).

FREE FROM

Added Sugar, Starch, Sweeteners, Gluten, Wheat, Soya, Lactose, Dairy, Artificial Flavours, Colours and Preservatives.

AVAILABLE IN

Shelf box displaying 5 units
25 units, 50 units, 100+ units
Every pouch is a month's supply at recommended dose

WHAT NUTRITIONISTS SAY

"MenoFriend® is the ideal formula of botanicals, minerals and vitamins all working together to help alleviate symptoms, help regulate hormones and ease discomfort so that women can take the time to embrace a new stage in their life and put themselves first." - Shona Wilkinson, RN, mBANT, CNHC

NUTRITIONAL INFORMATION

INGREDIENT	PER 2 CAPSULES	EC %NRV*
Wild Yam	500mg	**
Dandelion Root	200mg	**
Mung Bean	130mg	**
Sage Leaf Extract	560mg	**
Dong Quai Root	50mg	**
Hops Extract	80mg	**
Red Clover Extract	2000mg	**
providing Isoflavones	8mg	**
Kelp	40mg	**
Maca Root Extract	1000mg	**
Magnesium	56mg	15
Calcium	64mg	8
Selenium	75µg	136
Vitamin B12	100µg	4000
Vitamin B6	6mg	429
Vitamin B2	3mg	214
Vitamin B3 (Niacin)	16mg	100
Vitamin B5	6mg	100
Vitamin K2 (MK-7)	75µg	100
Vitamin D3	10µg	200

*NRV = Nutrient Reference Value **No NRV Established

Directions: 2 capsules per day

OFTEN PAIRED WITH HAIR SAVIOUR®

WOMEN'S HEALTH

PMS Hero®

Premenstrual support

PMS Hero® is the advanced formula of scientifically studied botanicals, vitamins and minerals providing comprehensive support through your monthly cycle, including for muscles, tenderness, bloating, mood swings and irritability. PMS Hero® balances your hormones for a better mood, body and mind.



BENEFITS

+ **For PMS discomfort**
  Mood, irritability, cramps and breast tenderness
+ **Balances hormones**
  Shatavari, Vitamin B6 and Chaste Tree

KEY FEATURES

- Full menstrual cycle support
- Naturally-sourced ingredients
- Supports mood, body and mind

ENERGY · BRAIN · MUSCLES

VEGAN · LACTOSE-FREE · DAIRY-FREE · GLUTEN-FREE · NON-GMO · EASY TO SWALLOW · KIND ON STOMACH · HALAL · KOSHER

INGREDIENTS

Agnus Castus Extract (*Chaste Berry*), Dong Quai Root Extract, Chromium Picolinate, Shatavari Root Extract (*Asparagus racemosus*), Bromelain, Ashwagandha KSM-66® (*Withania somnifera*) Root Extract, Vitamin B6 (Pyridoxine Hydrochloride), Niacin (Nicotinamide), Magnesium Citrate, Vitamin B5 (Pantothenic Acid, Calcium Salt), Organic Dandelion Root Powder, Folate (Calcium-L-Methylfolate), Capsule Shell (Hydroxypropyl Methylcellulose).

FREE FROM

Added Sugar, Starch, Sweeteners, Gluten, Wheat, Soya, Lactose, Dairy, Artificial Flavours, Colours and Preservatives.

AVAILABLE IN

Shelf box displaying 5 units
25 units, 50 units, 100+ units
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WHAT NUTRITIONISTS SAY

"Because certain hormones drive PMS symptoms, Chasteberry works by rebalancing those hormones and decreasing the negative effects of PMS. Chasteberry has been used for centuries as a remedy for a range of reproductive issues including PMS symptoms." - Riya Lakhani, ANutr

NUTRITIONAL INFORMATION

INGREDIENT	PER 2 CAPSULES	EC %NRV*
Shatavari Root from 5:1 Extract	60mg	**
Dong Quai Root Extract 5:1	60mg	**
Dandelion Root Powder	300mg	**
Agnus Castus Berry Extract	14mg	**
Bromelain	200GDU	**
Ashwagandha KSM-66® Root Extract	150mg	**
Folate	200ug	100
Vitamin B3 (Niacin)	16mg	100
Vitamin B6	6mg	429
Vitamin B5 (Pantothenic Acid)	12mg	200
Magnesium	56mg	15
Chromium	80ug	200

*NRV = Nutrient Reference Value **No NRV Established

Directions: 2 capsules per day

OFTEN PAIRED WITH PH HERO®



Pregnancy Multinutrient

Before, during and after pregnancy

Our Pregnancy Multinutrient provides the finest 27 naturally sourced vitamins and minerals for mother and baby for every step before, during and after pregnancy, including Choline, Folic Acid, Vitamin D3 and Magnesium. Formulated to support optimal health during pregnancy and relieve common pregnancy symptoms, our Pregnancy Multinutrient provides complete support for mother and baby through all trimesters of pregnancy and during breastfeeding.



BENEFITS

+ **For mother**
  Healthy energy, immune support, mood and metabolism
+ **For baby**
  Nutrients from conception to breastfeeding

KEY FEATURES

- With Folic Acid and Choline
- Supports brain and psychological function
- Zero nasty additives

ENERGY · IMMUNITY · HAIR, SKIN, NAILS · DIGESTION · MENTAL PERFORMANCE

VEGAN · LACTOSE-FREE · DAIRY-FREE · GLUTEN-FREE · NON-GMO · EASY TO SWALLOW · KIND ON STOMACH · HALAL · KOSHER

INGREDIENTS

Calcium Citrate, Vitamin C (Acerola (Malphighia Glabra) extract), Magnesium Citrate, Choline Bitartrate, Iron (Ferrous Citrate), Zinc Citrate, Vitamin B1 (Thiamin Hydrochloride), Coenzyme Q-10, Lutein, Vitamin B2 (Riboflavin 5′ Phosphate), Vitamin B3 (Nicotinamide), Selenium (L-Selenomethionine), Vitamin B6 (Pyridoxine Hydrochloride), Vitamin B5 (Pantothenic Acid, Calcium Salt), Beta-Carotene (Natural), Vitamin E (D-Alpha Tocopheryl Succinate), Inositol (Myo-Inositol), Vitamin D3 (Cholecalciferol), Vitamin K2 (Menaquinone MK7), Manganese Glycinate, Copper Bisglycinate, Folate Calcium-L-Methylfolate), Chromium Picolinate, Iodine (Potassium Iodide), Molybdenum (Ammonium Molybdate), Biotin (D-Biotin), Vitamin B12 (Methylcobalamin), Capsule shell (Hydroxypropyl Methylcellulose).

AVAILABLE IN

Shelf box displaying 5 units
25 units, 50 units, 100+ units
Every pouch is a month's supply at recommended dose

NUTRITIONAL INFORMATION

INGREDIENT	PER 2 CAPSULES	EC %NRV*
Vitamin B1	30mg	2727
Vitamin B2	20mg	1429
Vitamin B3	20mg	125
Vitamin B5	15mg	250
Vitamin B6	12.5mg	893
Folate	400µg	200
Vitamin B12	25µg	1000
Vitamin C	50mg	63
Vitamin D3	25µg	500
Vitamin E	12mg α-TE	100
Vitamin K2	83µg	110
Beta-Carotene	3mg	**
Biotin	50µg	100
Calcium	74mg	9
Choline	40mg	**
Chromium	50µg	125
CoQ-10	30mg	**
Copper	240µg	24
Inositol	10mg	**
Iodine	150µg	100
Iron	15mg	107
Lutein	3mg	**
Magnesium	48mg	13
Manganese	1mg	50
Molybdenum	50µg	100
Selenium	100µg	182
Zinc	14mg	140

*NRV = Nutrient Reference Value **No NRV Established

Directions: 2 capsules per day

pH Hero®

Vaginal probiotic and UTI support

pH Hero® is an award-winning formula of scientifically studied live, friendly bacteria and botanicals for urinary tract health, helping protect against discomfort and supporting the vaginal microbiome. It includes 5 strains of live cultures providing 20bn CFU, prebiotics, Cranberry, Sea Buckthorn and Nettle for effective support.



BENEFITS

+ **Supports vaginal flora**
  Contains 20bn CFU of 5 clinically studied probiotic strains
+ **UTI support**
  With Sea Buckthorn, Parsley, Nettle and Cranberry

KEY FEATURES

- Protects against vaginal dryness
- Maintains healthy ph balance
- Supports gastrointestinal health

VAGINAL HEALTH · DIGESTION

VEGAN · LACTOSE-FREE · DAIRY-FREE · GLUTEN-FREE · NON-GMO · EASY TO SWALLOW · KIND ON STOMACH · HALAL · KOSHER

INGREDIENTS

Parsley Extract (Petroselinum crispum), Cranberry Extract (*Vaccinium macrocarpon*), Inulin Powder, Lactobacillus Acidophilus (LA85), Lactobacillus Crispatus (LCr86), Lactobacillus Rhamnosus (LRa05), Lactobacillus Reuteri (LR08), Lactobacillus Plantarum (PPLP-217), Stinging Nettle Extract (*Urtica dioica*), Sea Buckthorn Extract (*Hippophae rhamnoides*), Vitamin B6 (Pyridoxal 5'-phosphate), Capsule Shell (Hydroxypropyl Methylcellulose).

FREE FROM

Added Sugar, Starch, Sweeteners, Gluten, Wheat, Soya, Lactose, Dairy, Artificial Flavours, Colours and Preservatives.

AVAILABLE IN

Shelf box displaying 5 units
25 units, 50 units, 100+ units
Every pouch is a month's supply at recommended dose

NUTRITIONAL INFORMATION

INGREDIENT	PER 1 CAPSULE	EC %NRV*
Parsley Extract 4:1	250mg	**
Cranberry Extract 36:1	111mg	**
Inulin	100mg	**
Lactobacillus Acidophillus	6.9 billion CFU***	**
Lactobacillus Crispatus	2.3 billion CFU***	**
Lactobacillus Rhamnosus	4.6 billion CFU***	**
Lactobacillus Reuteri	4.6 billion CFU***	**
Lactobacillus Plantarum	4.6 billion CFU***	**
Stinging Nettle Extract 4:1	69mg	**
Sea Buckthorn Extract 10:1	50mg	**
Vitamin B6	2.8mg	200

*NRV = Nutrient Reference Value **No NRV Established
***At time of manufacture

Directions: 1 capsules per day

OFTEN PAIRED WITH PMS HERO®



BEAUTY

Skin Saviour®

Collagen builder with probiotics

Skin Saviour® is a science-led formula of 11 ingredients, including clinically studied gut-friendly bacteria ('probiotics'), prebiotics, botanicals and nutrients for healthier ageing and a clearer, glowing skin complexion. Including Acidophilus, Hyaluronic Acid, Grape Seed, Green Tea, Bilberry and essential vitamins at optimal levels, Skin Saviour® nourishes skin to combat blemishes and fuel our body's natural collagen production for plumper, glowing skin.



BENEFITS

+ **Fuels collagen naturally**
  More effective than collagen supplements
+ **Healthy gut & healthy skin**
  5 billion live cultures

KEY FEATURES

- Powerful antioxidants
- Includes Hyaluronic Acid
- Prebiotic and probiotic

HAIR, SKIN, NAILS

VEGAN · LACTOSE-FREE · DAIRY-FREE · GLUTEN-FREE · NON-GMO · EASY TO SWALLOW · KIND ON STOMACH · HALAL · KOSHER

INGREDIENTS

Vitamin A (Retinol), Grapeseed Extract (*Vitis vinifera*), Inulin Powder, Vitamin C (Ascorbic Acid), Hyaluronic Acid, Rosehip Extract (Rosa canina), Inulin Powder, Grapeseed Extract (Vitis vinifera), Lactobacillus Acidophilus (LA85), Zinc Citrate, Vitamin E (D-Alpha-Tocopheryl Acid Succinate),Vitamin A (Retinol), Green Tea Extract, Bilberry Extract (Vaccinium uliginosum), Selenium (L-Selenomethionine), Capsule Shell (Hydroxypropyl Methylcellulose).

AVAILABLE IN

Shelf box displaying 5 units
25 units, 50 units, 100+ units
Every pouch is a month's supply at recommended dose

WHAT NUTRITIONISTS SAY

'It's actually easier and more effective to increase collagen production via your diet than taking a collagen supplement. It's also important to ensure you get enough protein in your diet to allow your body to make its own collagen.' Shona Wilkinson, RN, mBANT, CNHC

WHAT CUSTOMERS SAY

"My skin seems clearer and brighter than it has been in years. I used to take collagen supplements regularly and never noticed any change." - Kate

NUTRITIONAL INFORMATION

INGREDIENT	PER 2 CAPSULES	EC %NRV*
Grapeseed Extract	300mg	**
Bilberry Extract	150mg	**
Green Tea Extract	150mg	**
Hyaluronic Acid	150mg	**
Rosehip Extract	160mg	**
Inulin	150mg	**
Lactobacillus Acidophilus	Providing 5 billion live cultures***	**
Vitamin C	350mg	438
Zinc	10mg	100
Vitamin E	24mg α-TE	200
Vitamin A	800µg	100
Selenium	110µg	200

*NRV = Nutrient Reference Value **No NRV Established
***At time of manufacture

Directions: 2 capsules per day

OFTEN PAIRED WITH PMS HERO®



BEAUTY

Hair Saviour®

Strong hair, growth and restoration

Hair Saviour® is a unique formula of clinically studied botanicals, vitamins and minerals for women and men to support healthy hair growth from within and strong, smooth and lustrous hair. Driven by science and developed by experts, combining 14 ingredients including MSM, AnaGain™, Saw Palmetto, Silica, Alfalfa, Zinc and Biotin, Hair Saviour® is a nutrient-rich formula to combat dull, dry and brittle hair and fuel naturally strong hair every day.



BENEFITS

+ **Strong hair**
  Helps maintain hair roots and pigmentation
+ **Fuels healthy hair growth**
  Helps prevent nutrient deficiencies that may contribute to hair loss.

KEY FEATURES

- Contains MSM for supporting hair strength and new hair growth
- Includes Saw Palmetto, Alfalfa and AnaGain™
- Zero nasty additives

HAIR

VEGAN · LACTOSE-FREE · DAIRY-FREE · GLUTEN-FREE · NON-GMO · EASY TO SWALLOW · KIND ON STOMACH · HALAL · KOSHER

INGREDIENTS

Methylsulphonylmethane (MSM) Powder, Bamboo Silica Extract (*Bambusa Vulgaris*), AnaGain™ Pea Extract (*Pisum Sativum*), Horsetail Extract (*Equisetum Arvense*), Alfalfa Herb Powder (*Medicago Sativa*), Iron (Ferrous Bisglycinate), Saw Palmetto Extract (*Serenoa Repens*), Zinc Citrate, Kelp Extract (*Laminaria Japonica*), Cayenne Pepper Extract (*Capsicum Annuum*), Black Pepper Powder (*Piper Nigrum*), Copper Bisglycinate, D-Biotin, Folate (Calcium-L-Methylfolate), Capsule Shell (Hydroxypropyl Methylcellulose).

FREE FROM

Added Sugar, Starch, Sweeteners, Gluten, Wheat, Soya, Lactose, Dairy, Artificial Flavours, Colours and Preservatives.

AVAILABLE IN

Shelf box displaying 5 units
25 units, 50 units, 100+ units
Every pouch is a month's supply at recommended dose

WHAT NUTRITIONISTS SAY

"DRV+'s Hair Saviour® formula is a one stop shop for all hair concerns. I love the inclusion of AnaGain™ which is a unique ingredient which stimulates specific signal molecules which are required to reactivate hair growth." - Shona Wilkinson, RN, mBANT, CNHC

NUTRITIONAL INFORMATION

INGREDIENT	PER 2 CAPSULES	EC %NRV*
MSM	400mg	**
Silica	125mg	**
AnaGain™ Extract	100mg	**
Horsetail Extract 5:1	60mg	**
Alfalfa Herb	50mg	**
Saw Palmetto Extract 4:1	37mg	**
Cayenne Pepper Extract 8:1	10mg	**
Iron	8mg	57
Zinc	10mg	100
Black Pepper	10mg	**
Copper	1mg	100
Biotin	900mcg	1800
Folate	200mcg	100
Iodine	150mcg	100

*NRV = Nutrient Reference Value **No NRV Established

Directions: 2 capsules per day

OFTEN PAIRED WITH SKIN SAVIOUR®

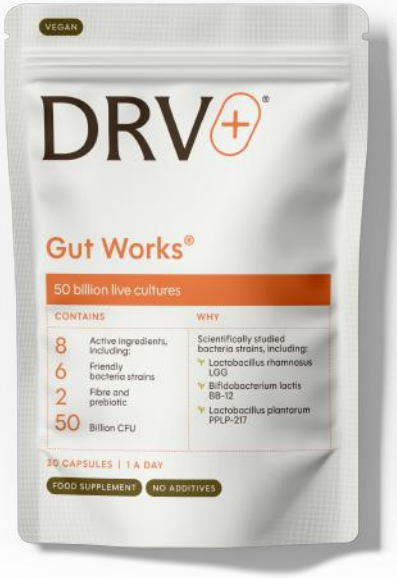


GUT HEALTH & DIGESTION

Gut Works®

50 billion live cultures

Gut Works® is the award-winning, high strength supplement supporting optimal gut health, healthy bowels, intestinal function, digestion, and the gut microbiome. Gut Works® includes prebiotics and 6 scientifically studied friendly bacteria strains, with 50bn CFU.



BENEFITS

+ **Healthy gut & bowel**
  6 clinically proven gut-friendly bacteria
+ **Brain & immune system**
  Supports the gut-brain axis

KEY FEATURES

- 50 billion live cultures
- Prebiotic and probiotic
- Supports digestive discomfort

DIGESTION · IMMUNITY · BRAIN · HAIR, SKIN, NAILS

VEGAN · LACTOSE-FREE · DAIRY-FREE · GLUTEN-FREE · NON-GMO · EASY TO SWALLOW · KIND ON STOMACH · HALAL · KOSHER

INGREDIENTS

Inulin Powder, Lactobacillus Acidophillus DDS-1 (PTA-126813), Lactobacillus Rhamnosus LGG (PTA-126815), Lactobacillus Plantarum PPLP-217 (PTA-126812), Bifidobacterium animalis subsp. lactis: BB-12 (PTA-126817), Streptococcus Thermophilus TH-4 (PTA-126822), Psyllium Husk powder (*Plantago ovata*), Lactobacillus Casei UALc-03TM (PTA-126831), Capsule Shell (Hydroxypropyl Methylcellulose).

FREE FROM

Added Sugar, Starch, Sweeteners, Gluten, Wheat, Soya, Lactose, Dairy, Artificial Flavours, Colours and Preservatives.

AVAILABLE IN

Shelf box displaying 5 units
25 units, 50 units, 100+ units
Every pouch is a month's supply at recommended dose

WHAT EXPERTS SAY

"Lactobacillus Rhamnosus is great for your digestive health. It produces lactic acid that helps prevent the survival of potentially harmful bacteria in your digestive tract." - Ryan Raman, MS, RD

WHAT CUSTOMERS SAY

"I feel everything is back to normal again... no clothes strangling my stomach mid afternoon, no rushes to the bathroom and shorter stays once I'm there!" - Salli

NUTRITIONAL INFORMATION

INGREDIENT	PER 1 CAPSULE
Inulin	100mg
Psyllium Husk	50mg
Lactobacillus Acidophilus	Providing 12 billion live cultures**
Lactobacillus Rhamnosus	Providing 8 billion live cultures**
Lactobacillus Casei	Providing 8 billion live cultures**
Bifidobacterium Lactis	Providing 12 billion live cultures**
Streptococcus Thermophilus	Providing 5 billion live cultures**
Lactobacillus Plantarum	Providing 5 billion live cultures**

**At time of manufacture

Directions: 1 capsule per day

OFTEN PAIRED WITH DEBLOAT & DETOX



GastroAid®

Digestive enzymes for reflux

GastroAid® is an advanced formula of betaine, digestive enzymes, and botanicals, to support the efficient breakdown of food in the stomach and to support normal stomach acidity. GastroAid® has been ormulated specifically to target the causes of acid reflux and indigestion, and in assisting with the breakdown of fats, proteins, and carbohydrates.



BENEFITS

+ **Aids comfortable digestion**
  Includes digestive enzymes to aid with breakdown of food
+ **Stimulates digestive juices**
  With herbs that stimulate the flow of digestive juices including bile

KEY FEATURES

- For digestive comfort
- Promotes gastro-intestinal wellbeing
- For heartburn and acid reflux

DIGESTION · ACID REFLUX

VEGAN · LACTOSE-FREE · DAIRY-FREE · GLUTEN-FREE · NON-GMO · EASY TO SWALLOW · KIND ON STOMACH · HALAL · KOSHER

INGREDIENTS

Betaine Hydrochloride, Amylase, Artichoke Leaf Extract (*Cynara scolymus*), Chamomile Flower Extract (*Matricaria Recutita*), Fennel Seed Powder (*Foeniculum Vulgare*), Amla Berry Extract (*Emblica Officianlis*), Caraway Seed Powder (*Carum Carvi*), Lipase, Bamboo Silica Extract (*Bambusa Vulgaris*), Protease, Capsule Shell (Hydroxypropyl Methylcellulose).

FREE FROM

Added Sugar, Starch, Sweeteners, Gluten, Wheat, Soya, Lactose, Dairy, Artificial Flavours, Colours and Preservatives.

AVAILABLE IN

Shelf box displaying 5 units
25 units, 50 units, 100+ units
Every pouch is a month's supply at recommended dose

WHAT NUTRITIONISTS SAY

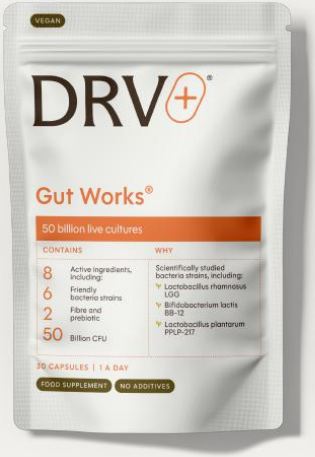
"GastroAid is a comprehensive, first-of-its-kind formula to support proper digestion and gastro comfort. While many formulas on the market cater to either reducing inflammation OR supporting digestion, GastroAid does both. GastroAid supports both the digestion of foods, and reduces inflammation in the oesophagus that may have been caused by acid reflux." - Ariella Kaur Maan, RN, RNTP, mBANT, CNHC

NUTRITIONAL INFORMATION

INGREDIENT	PER 1 CAPSULE
Betaine HCL	250mg
Amylase	94mg (15000 SKB)
Lipase	40mg (2000 LU)
Protease	6mg (10000 HUT)
Chamomile Flower Extract 10:1	50mg
Artichoke Leaf Extract 5:1	60mg
Amla Berry Extract 4:1	50mg
Fennel Seed	50mg
Caraway Seed	40mg
Bamboo Silica	15mg

Directions: 1-2 capsules per day

OFTEN PAIRED WITH GUT WORKS®



Debloat & Detox

Liver, bloating and digestive health

Debloat & Detox is a unique formula of botanicals and amino-acids for digestive related bloating, helping naturally remove toxins from your liver and body. Includes Milk Thistle, Silymarin (80mg), Dandelion Root, Artichoke, Burdock, and L-Glutamine.



BENEFITS

+ **Liver purification**
  Milk Thistle including Silymarin's antioxidant properties
+ **Supports bloating**
  Fennel Seed to eliminate digestive discomfort

KEY FEATURES

- For bloating and digestive discomfort
- Promotes gastro-intestinal wellbeing
- Silymarin 80mg

DIGESTION · LIVER

VEGAN · LACTOSE-FREE · DAIRY-FREE · GLUTEN-FREE · NON-GMO · EASY TO SWALLOW · KIND ON STOMACH · HALAL · KOSHER

INGREDIENTS

Burdock (*Arctium Lappa L.)* Root Powder, Artichoke (*Cynara Scolymus*) Leaf Extract, Milk Thistle (*Silybum marianum L.*) Seed Extract, Milk Thistle (*Silybum marianum L.*) Seed Powder, Schisandra (*Schisandra chinensis*), Berry Powder, Organic Dandelion (*Taraxacum Officianale*) Root Powder, Fennel (*Foeniculum Vulgare*) Seed 6:1 Extract, L-Glutamine, Capsule Shell (Hydroxypropyl Methylcellulose).

FREE FROM

Added Sugar, Starch, Sweeteners, Gluten, Wheat, Soya, Lactose, Dairy, Artificial Flavours, Colours and Preservatives.

AVAILABLE IN

Shelf box displaying 5 units
25 units, 50 units, 100+ units
Every pouch is a month's supply at recommended dose

WHAT NUTRITIONISTS SAY

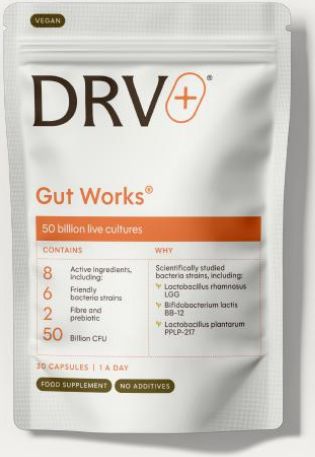
"Compared to standard Milk Thistle formulas, Debloat & Detox includes essential Silymarin from Milk Thistle extract, as well as Milk Thistle powder. Most standard Milk Thistle supplements don't use this and it's a common - but little known problem - that unless you have the extract providing Silymarin, you won't get the benefits people often expect from Milk Thistle." - Shona Wilkinson, RN, mBANT, CNHC

NUTRITIONAL INFORMATION

INGREDIENT	PER 2 CAPSULES
Milk Thistle Seed Powder	300mg
Milk Thistle Seed Extract	114mg
Providing 80mg Silymarin and 1140mg Milk Thistle	
Fennel Seed Extract	150mg
Dandelion Root Powder	120mg
Artichoke Leaf Extract	60mg
Schisandra Berry Powder	60mg
Burdock Root Powder	60mg
L-Glutamine	60mg

Directions: 2 capsules per day

OFTEN PAIRED WITH GUT WORKS®



Fibre Complex

High soluble and insoluble fibre

Fibre Complex is a high fibre formula, developed by practitioners, providing both soluble and insoluble fibre.

Fibre Complex helps fill those dietary gaps to support daily rhythm and a flourishing gut microbiome.

Containing 5 different types of both soluble and insoluble fibre including Psyllium Husk, it fills dietary fibre gaps and helps to support optimal digestive health.



BENEFITS

+ **Feeds healthy gut bacteria**
  Supports healthy intestinal transit and function
+ **Combats constipation**
  Gentler on digestive system discomfort

KEY FEATURES

- High fibre formula
- Helps bulk up stools
- Supports healthy cholesterol and blood sugar levels

DIGESTION · HEART · BLOOD SUGAR LEVELS

VEGAN · LACTOSE-FREE · DAIRY-FREE · GLUTEN-FREE · NON-GMO · EASY TO SWALLOW · KIND ON STOMACH · HALAL · KOSHER

INGREDIENTS

Psyllium Husk powder (*Plantago ovata*), Apple Fibre powder (Malus pumila), Carrot Fibre powder (*Daucus carota*), Beetroot Fibre powder (*Beta vulgaris*), Blueberry Fibre powder (*Vaccinium myrtillus*), Capsule Shell (Hydroxypropyl Methylcellulose).

FREE FROM

Added Sugar, Starch, Sweeteners, Gluten, Wheat, Soya, Lactose, Dairy, Artificial Flavours, Colours and Preservatives.

AVAILABLE IN

Shelf box displaying 5 units
25 units, 50 units, 100+ units
Every pouch is a month's supply at recommended dose

WHAT NUTRITIONISTS SAY

"DRV+'s Fibre Complex is a nutritionist's dream!

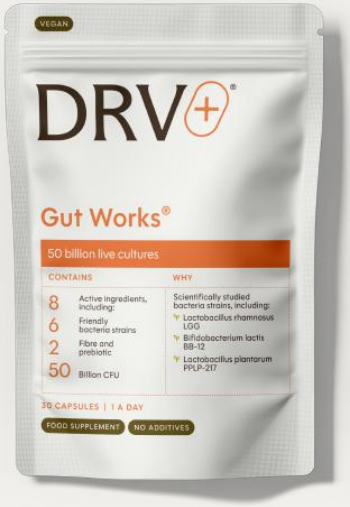
It's estimated that 90% of people don't get enough fibre in their diet. Fibre Complex by DRV+ is a potent, high-fibre blend of soluble and insoluble fibres, including Psyllium Husk, Apple, Carrot, Beetroot and Blueberry fibre. This ensures you get the optimal levels of fibre for your daily needs, helping to support overall digestive health, gently relieve constipation and maintain regularity.

NUTRITIONAL INFORMATION

INGREDIENT	PER CAPSULE	PER 4 CAPSULES
Psyllium Husk	500mg	2000mg
Apple Fibre	50mg	200mg
Carrot Fibre	50mg	200mg
Beetroot Fibre	50mg	200mg
Blueberry Fibre	50mg	200mg

Directions: 1-4 capsules per day

OFTEN PAIRED WITH GUT WORKS®



STRESS & SLEEP

Ashwagandha KSM-66®

500mg Organic Extract

Our Ashwagandha KSM-66® is 100% organic and acclaimed for supporting mental wellbeing bringing a sense of calm and promoting relaxation in the body. For demanding lifestyles our Ashwagandha KSM-66® is the optimal form of this natural herb (an adaptogen) from Rajasthan, India, where it is carefully extracted and has been taken for centuries as a natural source of energy and vitality when the body needs it most.



BENEFITS

+ **Supports mental wellbeing**
  Helps lower cortisol and promotes a calm sense of wellbeing
+ **Helps the body cope with stress**
  Clinically proven to reduce feelings of stress

KEY FEATURES

- Optimal KSM-66® form
- Effective dosage
- 100% organic and allergen-free

STRESS · SLEEP · MENTAL PERFORMANCE

VEGAN · LACTOSE-FREE · DAIRY-FREE · GLUTEN-FREE · NON-GMO · EASY TO SWALLOW · KIND ON STOMACH · HALAL · KOSHER

INGREDIENTS

Organic Ashwagandha KSM-66® (*Withania somnifera*), Capsule Shell (HPMC, vegetable cellulose).

FREE FROM

Added Sugar, Starch, Sweeteners, Gluten, Wheat, Soya, Lactose, Dairy, Artificial Flavours, Colours and Preservatives.

AVAILABLE IN

Shelf box displaying 5 units
25 units, 50 units, 100+ units
Every pouch is a month's supply at recommended dose

RESEARCH ON ASHWAGANDHA KSM-66®

KSM-66® has been evaluated in 22 'Gold Standard' human clinical trials which are randomised, double-blind and placebo-controlled. For a herb to operate at a systemic level, it needs a complex blend of phytochemicals with a wide range of actions on the human body. Ashwagandha is one of the very few herbs in the world with a complex blend of this type.

WHAT CUSTOMERS SAY

"I always know if I haven't taken it as I have more anxiety and mood swings again! It never fails to calm me down and get my emotions well balanced." - Lar

"Great quality product, I've tried others on the market but returned to this one." - Georgia

NUTRITIONAL INFORMATION

INGREDIENT	PER CAPSULE
Organic Ashwagandha Root Extract (5% withanolides)	500mg

Directions: 1 capsule per day

OFTEN PAIRED WITH VEGAN NIGHTS®



Magnesium Glycinate

300mg elemental magnesium

Magnesium is an essential mineral your body needs for over 300 daily functions, supporting muscles, nerves, sleep, and more. Magnesium Glycinate is known as the 'relaxation' form of magnesium for a reason. Our Magnesium Glycinate, providing the optimal dosage of 300mg of elemental magnesium per two capsules, is highly bioavailable. Unlike standard magnesium supplements, it is free from any additives and animal ingredients. Plus, unlike standard magnesium supplements, it is free of any animal ingredients and nasty additives.



BENEFITS

+ **Healthy bone & muscle support**
  Ideal after exercise
+ **Psychological wellbeing**
  Contributes to over 300 processes in the body

KEY FEATURES

- Bioavailable glycinate form
- Supports psychological wellbeing
- Supports energy and sleep

BRAIN · ENERGY · BONES · SLEEP

VEGAN · LACTOSE-FREE · DAIRY-FREE · GLUTEN-FREE · NON-GMO · EASY TO SWALLOW · KIND ON STOMACH · HALAL · KOSHER

INGREDIENTS

Magnesium Bisglycinate, Capsule Shell (Hydroxypropyl Methylcellulose).

FREE FROM

Added Sugar, Starch, Sweeteners, Gluten, Wheat, Soya, Lactose, Dairy, Artificial Flavours, Colours and Preservatives.

AVAILABLE IN

Shelf box displaying 5 units
25 units, 50 units, 100+ units
Every pouch is a month's supply at recommended dose

WHAT NUTRITIONISTS SAY

"DRV+ Magnesium Glycinate is an excellent way to boost your magnesium intake and to help you unwind each day. Magnesium contributes towards the normal functioning of the nervous system and the normal function of muscles and can help the mind and body to unwind. Magnesium Glycinate is gentle on the gut and is better absorbed than other forms." - Ariella Kaur Maan, RN, RNTP, mBANT, CNHC

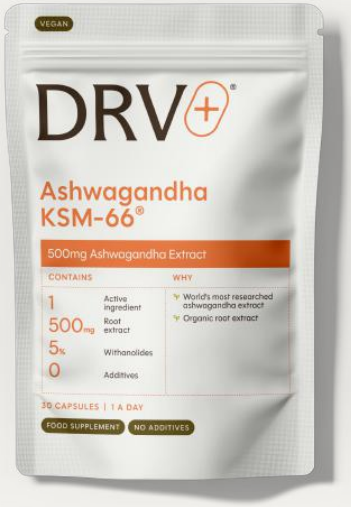
NUTRITIONAL INFORMATION

INGREDIENT	PER 2 CAPSULES	EC %NRV*
Magnesium Glycinate	1500mg	**
Elemental Magnesium	300mg	80

*NRV = Nutrient Reference Value

Directions: 2 capsules per day

OFTEN PAIRED WITH ASHWAGANDHA KSM-66®

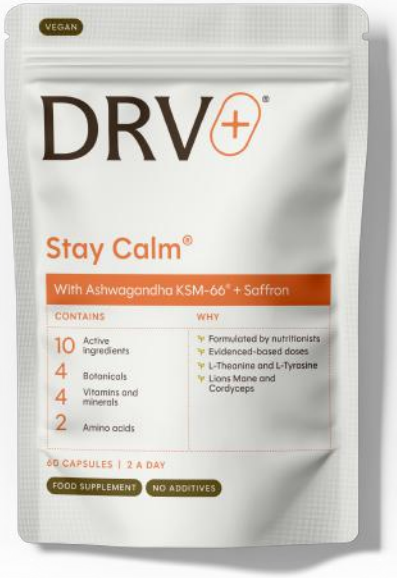


STRESS & SLEEP

Stay Calm®

Manage stress and anxiety

Stay Calm® is an award-winning blend of botanicals with adaptogenic properties, amino acids and minerals, providing natural balance, energy and focus, helping the body stay calm. Including Ashwagandha KSM-66®, Cordyceps, Lion's Mane, Saffron, L-Theanine and L-Tyrosine with Magnesium and B Vitamins, Stay Calm® supports a balanced mood, helping the mind and body overcome pressure and tension, so you can rise to the demands of each day.



BENEFITS

+ **Manages stress**
  With Saffron, Lion's Mane and Magnesium
+ **Calming ingredients**
  With Ashwagandha KSM-66®, Cordyceps and Vitamin B5

KEY FEATURES

- Unique blend of botanicals
- Effective adaptogens
- Formulated to balance mood and improve cognitive performance in stressful situations

STRESS · ENERGY · MENTAL PERFORMANCE

VEGAN · LACTOSE-FREE · DAIRY-FREE · GLUTEN-FREE · NON-GMO · EASY TO SWALLOW · KIND ON STOMACH · HALAL · KOSHER

INGREDIENTS

Green Tea Extract (*Camelia Sinesis*), Magnesium Bisglycinate, Ashwagandha KSM-66® (*Withania somnifera*) Root Extract, Cordyceps Mushroom Fruiting Body Extract (*Cordyceps Sinensis*), Lions Mane Fruiting Body Extract (*Hericium erinaceus*), Saffron Flower (*Crocus sativus*) Extract, L-Tyrosine, Vitamin B5 (D-calcium pantothenate), Vitamin B6 (Pyridoxal 5 Phosphate), Chromium (Chromium Picolinate), Capsule Shell (Hydroxypropyl Methylcellulose).

FREE FROM

Added Sugar, Starch, Sweeteners, Gluten, Wheat, Soya, Lactose, Dairy, Artificial Flavours, Colours and Preservatives.

AVAILABLE IN

Shelf box displaying 5 units
25 units, 50 units, 100+ units
Every pouch is a month's supply at recommended dose

WHAT NUTRITIONISTS SAY

"We're living in very stressful times and many are finding it hard to cope. Stay Calm® is a unique blend of botanicals, minerals and vitamins all working together to support psychological wellbeing, so you can rise to the demands of your day, whether you're juggling deadlines, studying or managing a busy household." - Shona Wilkinson, RN, mBANT, CNHC

NUTRITIONAL INFORMATION

INGREDIENT	PER 2 CAPSULES	EC %NRV*
L-Theanine	200mg	**
Ashwagandha KSM-66® Extract 10:1	150mg	**
Cordyceps Extract 4:1	125mg	**
Magnesium	100mg	27
Lions Mane Extract 10:1	50mg	**
Saffron Extract 4:1	30mg	**
L-Tyrosine	30mg	**
Vitamin B5	12mg	200
Vitamin B6	4mg	286
Chromium	40ug	100

*NRV = Nutrient Reference Value **No NRV Established

Directions: 2 capsules per day

OFTEN PAIRED WITH VEGAN NIGHTS®



STRESS & SLEEP

Saffron Safr'Inside™

Mood and emotional balance

Saffron Safr'Inside™ is the patented extract of saffron, clinically proven to support mood and emotional balance, and 100% adulteration free. With standardised active compounds and combined with lemon balm, it is a naturally effective formula for managing stress, supporting emotional balance, a calmer mood, and better sleep.



BENEFITS

+ **Mood and emotional balance**
  With clinically studied Safr'Inside™
+ **Calming botanicals**
  With Lemon Balm

KEY FEATURES

- 30mg Safr'Inside™
- Highly bioavailable
- Zero additives

STRESS · EMOTIONAL WELLBEING

VEGAN · LACTOSE-FREE · DAIRY-FREE · GLUTEN-FREE · NON-GMO · EASY TO SWALLOW · KIND ON STOMACH · HALAL · KOSHER

INGREDIENTS

Safr'Inside™ Saffron Extract (*Crocus sativus*), Lemon Balm Leaves Powder (*Melissa officinalis*), Capsule Shell (Hydroxypropyl Methylcellulose).

FREE FROM

Added Sugar, Starch, Sweeteners, Gluten, Wheat, Lactose, Dairy, Artificial Flavours, Colours and Preservatives.

AVAILABLE IN

Shelf box displaying 5 units
25 units, 50 units, 100+ units
Every pouch is a month's supply at recommended dose

WHAT NUTRITIONISTS SAY

"Saffron has been valued for centuries and modern research has focused on standardised extracts rather than the spice itself. Safr'Inside™ is the patented, clinically studied saffron extract, proven to support mood and emotional balance at its 30mg dose. It's paired with lemon balm for its calming and relaxing properties. One capsule a day and no additives makes it an easy addition to any daily routine." - Sue Potgieter, RN, rANP, rGNC

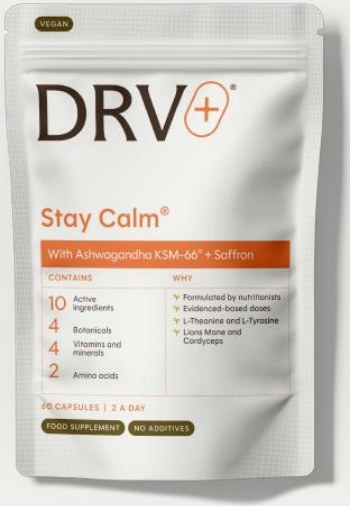
NUTRITIONAL INFORMATION

INGREDIENT	PER 1 CAPSULE	EC %NRV*
Safr'Inside™ Saffron 5:1 Extract Providing 150mg Saffron	30mg	**
Lemon Balm	270mg	**

*NRV = Nutrient Reference Value **No NRV Established

Directions: 1 capsule per day

OFTEN PAIRED WITH STAY CALM®



Vegan Nights®

Sleep formula with 5HTP & L-Glycine

Vegan Nights® is our advanced nootropic formula with clinically studied ingredients to help the mind relax for a better night's sleep. Including Griffonia Seed Extract, L-Glycine, L-Theanine, with Magnesium, Zinc and Chamomile, helping to put the mind and body at rest for complete sleep, to support recovery and wake regenerated. For those who experience anxiety or high cortisol, we recommend our Ashwagandha KSM-66® with Vegan Nights® for better sleep.



BENEFITS

+ **Complete relaxation & sleep**
  L-Theanine, Chamomile and L-Glycine
+ **Mind & muscle recovery**
  Bioavailable Magnesium and Griffonia Seed Extract

KEY FEATURES

- Improves sleep quality
- Most bio-available formula
- Effective calming amino acids

SLEEP

VEGAN · LACTOSE-FREE · DAIRY-FREE · GLUTEN-FREE · NON-GMO · EASY TO SWALLOW · KIND ON STOMACH · HALAL · KOSHER

INGREDIENTS

Magnesium Glycinate, L-Glycine, L-Theanine, Chamomile Extract (*Matricaria ecutita*), Zinc Citrate, Griffonia Seed Extract (providing 5-Hydroxytryptophan), BioPerine®Black Pepper Extract (*Piper nigrum*), Capsule Shell (Hydroxypropyl Methylcellulose).

FREE FROM

Added Sugar, Starch, Sweeteners, Gluten, Wheat, Soya, Lactose, Dairy, Artificial Flavours, Colours and Preservatives.

AVAILABLE IN

Shelf box displaying 5 units
25 units, 50 units, 100+ units
Every pouch is a month's supply at recommended dose

WHAT NUTRITIONISTS SAY

"I am much more relaxed going to bed and the quality of my sleep is so much better. Waking up more refreshed and ready to face the day. A wonderful product and I love the packaging. I have no hesitation in recommending this product to my clients." - Lynda Allison, MFNTP

WHAT CUSTOMERS SAY

"This is transformational for me. I am able to get to sleep and when I wake I am also able to get back to sleep." - Mark

"Feel so much more rested and refreshed on waking. Feel like my sleep pattern has had a 'factory reset'!" - Jazz

NUTRITIONAL INFORMATION

INGREDIENT	PER CAPSULE	EC %NRV*
L-Glycine	250mg	**
Magnesium	196mg	52
5-HTP	25mg	**
L-Theanine	100mg	**
Zinc	20mg	200
Chamomile Extract 4:1	12.5mg	**
BioPerine® Black Pepper Extract	5mg	**

*NRV = Nutrient Reference Value **No NRV Established

Directions: 1 capsules per day

OFTEN PAIRED WITH ASHWAGANDHA KSM-66®



BONE, MUSCLE & JOINTS

Curcumin & Turmeric

With Ginger and Black Pepper

Our organic Curcumin & Turmeric (3300mg), with standardised extract of 95% Curcumin (200mg), is a high strength, more potent and more absorbable formula than standard Turmerics, helping protect joints and support digestive function. A potent antioxidant for men and women, combined with Ginger and Black Pepper for significantly improved absorption, Curcumin and Turmeric are acclaimed for joint health and daily wellbeing.



BENEFITS

+ **Joint health**
  Includes the active ingredients in turmeric, called curcuminoids
+ **Digestive health**
  Commonly used for bloating and digestive discomfort

KEY FEATURES

- Higher strength
- More absorbable
- Organic and naturally sourced

JOINTS DIGESTION

VEGAN · LACTOSE-FREE · DAIRY-FREE · GLUTEN-FREE · NON-GMO · EASY TO SWALLOW · KIND ON STOMACH · HALAL · KOSHER

INGREDIENTS

Black Pepper Powder (*Piper nigrum*), Turmeric Root Powder (*Curcuma Longa*), Ginger Root Powder (*Zingiber officinale*), Tumeric Root Provided by Extract 10:1 (*Curcuma Longa*), Capsule Shell (Hydroxypropyl Methylcellulose).

FREE FROM

Added Sugar, Starch, Sweeteners, Gluten, Wheat, Soya, Lactose, Dairy, Artificial Flavours, Colours and Preservatives.

AVAILABLE IN

Shelf box displaying 5 units
25 units, 50 units, 100+ units
Every pouch is a month's supply at recommended dose

WHAT NUTRITIONISTS SAY

"Curcumin is the main active ingredient in Turmeric. It has powerful anti-inflammatory effects and is a very strong antioxidant. Piperine is a natural substance that enhances the absorption of Curcumin by 2000%." - Kathy W. Warwick, CDE, RD

WHAT CUSTOMERS SAY

"They're an absolute game-changer and I won't ever be without them again." - Jacqueline

"I've taken Turmeric for 12 years. After just a week of taking these, my hands are at least 80% better. It's brilliant!" - Liz

NUTRITIONAL INFORMATION

INGREDIENT	PER CAPSULE	EC %NRV*
Organic Turmeric Root Turmeric Root Extract	300mg	**
Providing Turmeric	3000mg	**
Providing Curcumin	200mg	**
Organic Ginger Root	50mg	**
Organic Black Pepper	10mg	**

*NRV = Nutrient Reference Value **No NRV Established

Directions: 1 capsule per day

OFTEN PAIRED WITH MAGNESIUM CITRATE



BONE, MUSCLE & JOINTS

Magnesium Citrate

400mg elemental magnesium

Our Magnesium Citrate contains 200mg elemental Magnesium per capsule. We provide a highly absorbable form that is free of any animal ingredients or nasty additives. Magnesium supports over 300 processes in our body and is vital for psychological wellbeing, healthy mood and supporting our muscles, particularly after exercise. It is also essential for the nervous system and is commonly taken as a soothing mineral before bedtime.



BENEFITS

+ **Healthy bone & muscle support**
  Ideal after exercise
+ **Psychological wellbeing**
  Contributes to over 300 processes in the body

KEY FEATURES

- Bioavailable citrate form
- Supports psychological wellbeing
- Supports energy

BRAIN · IMMUNITY · ENERGY · BONES

VEGAN · LACTOSE-FREE · DAIRY-FREE · GLUTEN-FREE · NON-GMO · EASY TO SWALLOW · KIND ON STOMACH · HALAL · KOSHER

INGREDIENTS

Magnesium Citrate, Capsule Shell (HPMC, vegetable cellulose).

FREE FROM

Added Sugar, Starch, Sweeteners, Gluten, Wheat, Soya, Lactose, Dairy, Artificial Flavours, Colours and Preservatives.

AVAILABLE IN

Shelf box displaying 5 units
25 units, 50 units, 100+ units
Every pouch is a month's supply at recommended dose

WHAT NUTRITIONISTS SAY

"People with low Magnesium levels are more likely to experience sleep problems, such as difficulties falling or staying asleep and Magnesium supplements have been shown to improve sleep." - Gavin Van De Walle, MS, RD and Helen West, RD

WHAT CUSTOMERS SAY

"I am now free of the awful muscle cramps and very grateful! A high quality product that works where poorer quality supplements did not." - Sara

"Both my husband & I now use this. My husband's restless legs are so much better." - Tracy

NUTRITIONAL INFORMATION

INGREDIENT	PER 2 CAPSULES	EC %NRV*
Magnesium Citrate Providing Elemental Magnesium	1333mg 400mg	** 107

*NRV = Nutrient Reference Value

Directions: 2 capsules per day

OFTEN PAIRED WITH ASHWAGANDHA KSM-66® & CURCUMIN & TURMERIC



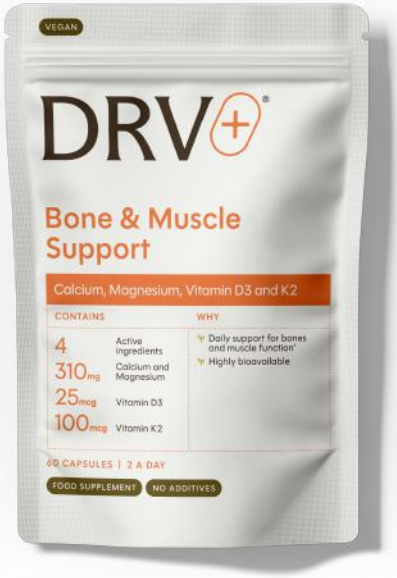
BONE, MUSCLE & JOINTS

Bone & Muscle Support

Comprehensive daily multi-nutrient

Our advanced daily multi-nutrient contains highly absorbable Calcium, Magnesium, Vitamin D3 and Vitamin K2 to maintain healthy bones and muscles. It is ideal for men and women, for those with bone conditions, plant-based diets, and women during pregnancy and through the menopause. Calcium is an essential mineral that our bodies do not make and we need to obtain through our diet or supplements.

Bone & Muscle Support has been independently tested and certified by Informed Sport.



BENEFITS

+ **Healthy bones & muscles**
  Supports exercise recovery, osteoporosis and the ageing process
+ **Bioavailable ingredients**
  Expertly formulated for effectiveness

KEY FEATURES

- Includes Calcium, Vitamin D and Vitamin K2
- Magnesium for muscle recovery
- Optimal formula by nutritionists

BONES · MUSCLES · IMMUNITY

VEGAN · LACTOSE-FREE · DAIRY-FREE · GLUTEN-FREE · NON-GMO · EASY TO SWALLOW · KIND ON STOMACH · HALAL · KOSHER

INGREDIENTS

Magnesium Citrate, Vitamin K2 (Menaquinone-7), Calcium Bisglycinate, Vitamin D (Cholecalciferol), Capsule Shell (Hydroxypropyl Methylcellulose).

FREE FROM

Added Sugar, Starch, Sweeteners, Gluten, Wheat, Soya, Lactose, Dairy, Artificial Flavours, Colours and Preservatives.

AVAILABLE IN

Shelf box displaying 5 units
25 units, 50 units, 100+ units
Every pouch is a month's supply at recommended dose

WHAT EXPERTS SAY

"Vitamin D helps enhance Calcium absorption in the body and helps with bone formation. When taken along with Calcium, Vitamin D plays a critical role in maintaining bone density." - Harvinder S. Sandhu, MD

WHAT CUSTOMERS SAY

"I recommend this, it's got D3, Calcium, K2 and Magnesium all in one supplement. I have to say I highly rate it, it's a brilliant supplement!" - Hazel

"Overall I trust these supplements a lot more!" - Dory

"I've had a long standing muscle strain but since taking this it has eased considerably." - Sue

NUTRITIONAL INFORMATION

INGREDIENT	PER 2 CAPSULES	EC %NRV*
Calcium	160mg	20
Magnesium	150mg	40
Vitamin D3	25µg (1000IU)	500
Vitamin K2 (MK-7)	100µg	133

*NRV = Nutrient Reference Value

Directions: 2 capsules per day

OFTEN PAIRED WITH DAILY MULTIVITAMIN



OsteoFriend®

Advanced bone, muscle and joint support

OsteoFriend was created by expert nutritionists to provide the most comprehensive support for bone health. OsteoFriend contains 19 active ingredients and provides the nutrients and cofactors required, at optimal doses, to support the biological pathways supporting bone mass, nutrient absorption into bones, and delivery of nutrients into bone tissue. Easy-to-take, 1 teaspoon a day of unflavoured powder mixed into drinks or food. OsteoFriend is a proud supporter of The Royal Osteoporosis Society.



BENEFITS

+ **19 active ingredients**
  Provides comprehensive bone, muscle and joint support
+ **Optimal dosages**
  Contains the most absorbable forms of nutrient

KEY FEATURES

- Contains curcumin and 2bn CFU
- Unflavoured powder
- Zero additives

BONES · MUSCLES · JOINTS

VEGAN · LACTOSE-FREE · DAIRY-FREE · GLUTEN-FREE · NON-GMO · KIND ON STOMACH · HALAL · KOSHER

INGREDIENTS

Calcium Citrate, Magnesium Citrate, MSM (Methylsulfonylmethane), L-Lysine Hydrochloride, Vitamin C (Ascorbic Acid), Curcumin (Turmeric Extract), Boron (Glycinate), Vitamin B12 (Methylcobalamin), Zinc (Citrate), Lactobacillus Reuteri (LR08), Vitamin D3 (Cholecalciferol), Manganese Citrate, Vitamin K2 (MK-7), Bamboo Extract, Vitamin B6 (Pyridoxal-5-Phosphate), Black Pepper (*Piper nigrum*), Copper Citrate, Vitamin B5 (L-5 MTHF Calcium), Selenium (Selenomethionine).

FREE FROM

Added Sugar, Starch, Sweeteners, Gluten, Wheat, Soya, Lactose, Dairy, Artificial Flavours, Colours and Preservatives

AVAILABLE IN

Single Unit: 249g pouch
Boxes of 15 units
Each pouch is a 30 day supply

WHAT NUTRITIONISTS SAY

"A strong foundational supplement for someone looking to support musculoskeletal health, especially in conjunction with a nutrient-rich diet and weight-bearing exercise." - Judith Davis Roach, Nutritional Therapist

NUTRITIONAL INFORMATION

INGREDIENT	PER 8.3G (1 TSP SERVING)	EC %NRV*
MSM	1000mg	**
Calcium	740mg	92
Magnesium	320mg	85
Curcumin	200mg	**
L-Lysine	500mg	**
Vitamin C	500mg	625
Vitamin D3	1000iu	500
Vitamin K2	100mcg	133
Vitamin B6	6mg	429
Folate	398mcg	199
Vitamin B12	200mcg	8000
Zinc	5mg	50
Boron	3mg	**
Copper	1mg	100
Manganese	1mg	50
Selenium	112mcg	204
Piperine (Black Pepper Extract)	5mg	**
Silica (Bamboo Extract)	5mg	**
Lactobacillus Reuteri	2 Billion CFU	***

* NRV = Nutrient Reference Value ** No NRV Established
*** At time of manufacture

Directions: One teaspoon daily. Mix into cold drinks or sprinkle onto cold or lukewarm food.

OFTEN PAIRED WITH PROTEIN & CREATINE SUPERBLEND

Protein & Creatine Superblend

20g plant-protein, 3g creatine

Fully comprehensive formula for muscle health and performance. With 20 grams of protein, 3 grams of creatine, and natural extracts of reishi and cordyceps mushrooms. Three types of protein - pea, hemp and pumpkin - provide a complete profile of essential amino acids, alongside creatine to support physical performance, and traditional botanicals valued for their holistic approach to wellbeing.
Easy-to-take, 2 tablespoons a day of unflavoured powder mixed into drinks or food.



BENEFITS

+ **Muscle support**
  With 20g protein blend
+ **Supports performance**
  With 3g creatine

KEY FEATURES

- Plant-based protein
- Unflavoured powder
- Zero additives

MUSCLES ENERGY

VEGAN · LACTOSE-FREE · DAIRY-FREE · GLUTEN-FREE · NON-GMO · KIND ON STOMACH · HALAL · KOSHER

INGREDIENTS

Pea Protein Isolate, Pumpkin Seed Protein, Hemp Protein, Creatine Monohydrate Powder, Cordyceps Mushroom Extract, Reishi Mushroom Extract.

FREE FROM

Added Sugar, Starch, Sweeteners, Gluten, Wheat, Soya, Lactose, Dairy, Artificial Flavours, Colours and Preservatives.

AVAILABLE IN

Single Unit: 470g pouch
Boxes of 15 units
Each pouch is a15 day supply

WHAT NUTRITIONISTS SAY

"This is a well-balanced formula for those looking to build muscle, aid muscle recovery after a workout and overall metabolic health. I especially love the fact that the creatine is included in the formula, saving me having to buy this separately to add." - Judith Davis Roach, Nutritional Therapist

"This blend offers a really convenient solution, combining high-quality plant-based protein with creatine in one easy formulation." - Natasha Hartwell, Nutritional Therapist

NUTRITIONAL INFORMATION

INGREDIENT	PER 31G (2 TBSP SERVING)	EC %NRV*
Energy	408 KJ/97.5 Kcal	5
Fat	1.5	2
of which saturates	0.2g	1
Carbohydrates	1.2g	1
of which sugars	0.3g	1
Fibre	2	N/A
Protein	20g	40
Salt	0.5	8
Pea Protein Isolate	14g	**
Pumpkin Seed Protein	4g	**
Hemp Protein	2g	**
Providing Omega 3	56mg	**
Providing Omega 6	184mg	**
Creatine Monohydrate	3g	**
Cordyceps Mushroom	200mg	**
Reishi Mushroom	200mg	**

* NRV = Nutrient Reference Value ** No NRV Established

Directions: Two tablespoons daily. Mix into drinks or sprinkle onto food.

OFTEN PAIRED WITH OSTEOFRIEND®

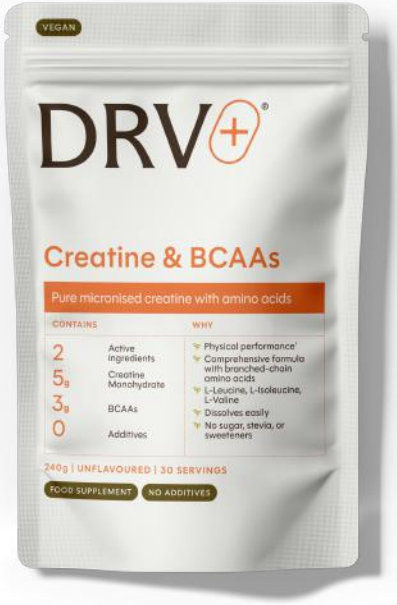


BONE, MUSCLE & JOINTS

Creatine & BCAA

5g creatine monohydrate, 3g BCAAs

Pure, clean creatine monohydrate (5g) blended with branched chain amino acids (3g) in an optimal 2-1-1 ratio to fuel your muscles, enhance physical and mental performance, and provide the essential building blocks of muscle protein, maintenance, and recovery.



BENEFITS

+ **Pure, clean creatine**
  Scientifically proven and ultra fine Creatine Monohydrate
+ **Optimal BCAA blend**
  Includes Lucein, Isolucein, Valine in a 2-1-1 ratio

KEY FEATURES

- Versatility for all activities
- Unflavoured powder
- Zero additives

MUSCLES ENERGY

VEGAN · LACTOSE-FREE · DAIRY-FREE · GLUTEN-FREE · NON-GMO · KIND ON STOMACH · HALAL · KOSHER

INGREDIENTS

Creatine Micronised Monohydrate Powder, Branched Chain Amino Acid Blend (L-Lucein, L-Isoleucine, L-Valine).

FREE FROM

Added Sugar, Starch, Sweeteners, Gluten, Wheat, Soya, Lactose, Dairy, Artificial Flavours, Colours and Preservatives.

AVAILABLE IN

Single Unit: 240g pouch
Boxes of 15 units
Each pouch is a 30 day supply

WHAT EXPERTS SAY

"I love that DRV+'s Creatine and BCAA has two key ingredients in one vegan-friendly formula without any unnecessary additives. It's a great option for anyone wanting to boost strength and recovery naturally." - Rohini Bajekal, Nutritionist and Board-Certified Lifestyle Medicine Professional

"I love this product and such an important supplement for both performance and cognitive benefits. Creatine with BCAAs are a great combination at a good dosage." - James Reast, Founder of Thriving with Life, Gut, Brain Wellness Store

NUTRITIONAL INFORMATION

INGREDIENT	AMOUNT PER 8G (1 TSP SERVING)	EC %NRV*
Creatine Monohydrate	5 g	**
BCAA of which	3 g	**
L-Leucine	1500 mg	**
L-Isoleucine	750 mg	**
L-Valine	750 mg	**

* NRV = Nutrient Reference Value ** No NRV Established

Directions: Mix one teaspoon per day with drink or food.

OFTEN PAIRED WITH PROTEIN & CREATINE SUPERBLEND



Daily Multivitamin

Advanced vitamin and mineral formula

Our award-winning Daily Multivitamin is an advanced formula with 26 essential nutrients for all diet types. Using highly absorbable ingredients which are more effective; it provides daily support for energy, stronger immunity, healthier skin, hair and nails, improved digestion, mental performance and mood. An effective and sustainable solution for all diets with zero nasty additives.



BENEFITS

+ **Complete daily support**
  Formulated by nutritionists for energy, bones, muscles, immunity, hair, skin and nails
+ **Energy & immunity**
  Vitamin C, Iron and B-Vitamins

KEY FEATURES

- 26 essential nutrients
- Bio-available ingredients at optimal levels
- Vegan and sustainable

HEART · HAIR, SKIN, NAILS · ENERGY · MENTAL PERFORMANCE · IMMUNITY · BONES · MUSCLES · DIGESTION · SLEEP

VEGAN · LACTOSE-FREE · DAIRY-FREE · GLUTEN-FREE · NON-GMO · EASY TO SWALLOW · KIND ON STOMACH · HALAL · KOSHER

INGREDIENTS

Vitamin K2 (Menaquinone-7), Vitamin B2 (Riboflavin), Vitamin B12 (Methylcobalamin), Iron (Ferrous Fumarate), Vitamin B6 (Pyridoxine Hydrochloride), Manganese Citrate, Calcium Bisglycinate, Vitamin C (Ascorbic Acid), Magnesium Citrate, Selenium (L-Selenomethionine), Vitamin B1 (Thiamin Hydrochloride), DL-Choline Bitartrate, Vitamin E (D-Alpha Tocopherol Acid Succinate), Turmeric Powder, Zinc Citrate, Spirulina Powder, Niacin (Nicotinamide), Vitamin B5 (Pantothenic Acid, Calcium Salt), Vitamin A (Retinyl Acetate), Vitamin D3 (Cholecalciferol), Copper Bisglycinate, Chromium Picolinate, Folate (Calcium-L-Methylfolate), Potassium Iodide, Molybdenum (Sodium molybdate), Biotin, Capsule Shell (HPMC, vegetable cellulose).

FREE FROM

Added Sugar, Starch, Sweeteners, Gluten, Wheat, Soya, Lactose, Dairy, Artificial Flavours, Colours and Preservatives.

AVAILABLE IN

Shelf box displaying 5 units
25 units, 50 units, 100+ units
Every pouch is a month's supply at recommended dose

NUTRITIONAL INFORMATION

INGREDIENT	PER 2 CAPSULES	EC %NRV*
Vitamin A	800µg	100
Vitamin C	250mg	312
Vitamin D3	10µg	200
Vitamin E	50mg α-te	416
Vitamin K2 (MK-7)	75µg	100
Vitamin B1	10mg	909
Vitamin B2	5mg	357
Vitamin B3 (Niacin)	16mg	100
Vitamin B5	6mg	100
Vitamin B6	6mg	429
Folate	300µg	150
Vitamin B12	500µg	20000
Calcium	64mg	8
Choline	45mg	**
Chromium	75µg	188
Copper	1000µg	100
Iodine	150µg	100
Iron	15mg	107
Magnesium	56mg	15
Manganese	2mg	100
Selenium	75µg	136
Spirulina	15mg	**
Turmeric	48mg	**
Zinc	12mg	120
Biotin	100mcg	200
Molybdenum	75mcg	150

*NRV = Nutrient Reference Value **No NRV Established

Directions: 2 capsules per day

Vegan Omega 3

Sustainably sourced from Algae Oil

Our Vegan Omega 3 (1000mg) provides the optimal dosage of 300mg DHA and 150mg EPA per serving, improving and maintaining the brain, heart, skin and eye health. Omega 3 is an 'essential' fatty acid and our high-strength formula is ethically and sustainably sourced from algae, with no fishy smell. Ideal for all diets to support optimal health every day.



BENEFITS

+ **Heart & brain health**
  Essential daily support
+ **Eye & skin health**
  Includes Vitamin E

KEY FEATURES

- Ethically and sustainably sourced
- 300mg DHA, 150mg EPA
- Pure with zero additives

BRAIN · HEART · EYES · HAIR, SKIN, NAILS

VEGAN · LACTOSE-FREE · DAIRY-FREE · GLUTEN-FREE · NON-GMO · EASY TO SWALLOW · KIND ON STOMACH · HALAL · KOSHER

INGREDIENTS

Algae Oil (Life's Omega™ from *Schizochytrium* sp.), Capsule Shell (Pea Starch, Glycerin), Vitamin E (as d-Alpha Tocopherol).

FREE FROM

Added Sugar, Starch, Sweeteners, Gluten, Wheat, Soya, Lactose, Dairy, Artificial Flavours, Colours and Preservatives.

AVAILABLE IN

Shelf box displaying 5 units
25 units, 50 units, 100+ units
Every pouch is a month's supply at recommended dose

WHAT NUTRITIONISTS SAY

"Because it's grown under controlled conditions and purified, Algae Oil is free from toxins that may be present in fish and fish oils. It also seems to pose less risk of digestive upset and, due to its neutral flavour, tends to be associated with fewer taste complaints." - Anne Danahy, MS, RDN

WHAT CUSTOMERS SAY

"Love the clean and ethical ingredients. I feel much sharper since taking too! I can really notice the difference in my focus at work and my skin is better too." - Scott

"Nice to use a vegan product instead of krill or cod liver. Just as good." - Paula

NUTRITIONAL INFORMATION

INGREDIENT	PER 2 CAPSULES	EC %NRV*
Algae Omega Oil Providing Omega 3	1000mg 550mg	**
DHA	300mg	**
EPA	150mg	**
Vitamin E	10mg α-TE	83

*NRV = Nutrient Reference Value **No NRV Established

Directions: 2 softgels per day

OFTEN PAIRED WITH SKIN SAVIOUR®

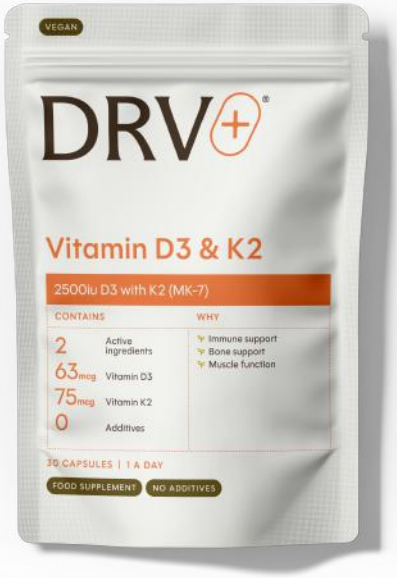


DAILY WELLBEING & IMMUNITY

Vitamin D3 & K2

2500IU D3 & 75UG K2 (MK-7)

Our plant-based Vitamin D3 (from Lichen) & K2 is more absorbable, more effective and free of any animal ingredients. Vitamin D is vital for a healthy immune system and for the body to absorb Calcium to maintain healthy bones and teeth. Public Health England recommend all adults take a daily Vitamin D supplement, in particular during the darker months.



BENEFITS

+ **Immune defense**
  Vital for a healthy immune system
+ **Healthy bones & teeth**
  Essential for absorbing calcium

KEY FEATURES

- Bioavailable form
- Optimal dosage
- Zero nasty additives and bulking agents

BONES · MUSCLES · IMMUNITY

VEGAN · LACTOSE-FREE · DAIRY-FREE · GLUTEN-FREE · NON-GMO · EASY TO SWALLOW · KIND ON STOMACH · HALAL · KOSHER

INGREDIENTS

Vitamin D3 (Cholecalciferol from Lichen), Vitamin K2 (Menaquinone MK-7),Coconut Oil Powder, Capsule Shell (HPMC, vegetable cellulose).

FREE FROM

Added Sugar, Starch, Sweeteners, Gluten, Wheat, Soya, Lactose, Dairy, Artificial Flavours, Colours and Preservatives.

AVAILABLE IN

Shelf box displaying 5 units
25 units, 50 units, 100+ units
Every pouch is a month's supply at recommended dose

WHAT NUTRITIONISTS SAY

'Vitamin D3 appears to stimulate the type I interferon signaling system in the body, a key part of the immune system that provides a first line of defense against bacteria and viruses. Thus, a healthy vitamin D3 status may help prevent viruses and bacteria from gaining a foothold in the body.' Colin Smith, PhD.

WHAT CUSTOMERS SAY

"I really have noticed a difference since taking this. Being stuck indoors working from home all winter I was starting to feel under the weather. Since taking this I've had more energy and my mood has improved." - Susan

NUTRITIONAL INFORMATION

INGREDIENT	PER CAPSULE	EC %NRV*
Vitamin D3	63µg (2500IU)	1250
Vitamin K2	75ug	100

*NRV = Nutrient Reference Value **No NRV Established

Directions: 1 capsule per day

OFTEN PAIRED WITH VEGAN OMEGA 3



Kid's ProMulti

Multivitamin and probiotic for ages 3-16

Kid's ProMulti is the most comprehensive multi-nutrient formula for children aged 3-16, optimising essential nutrient intake and helping protect against nutrient deficiencies. Kid's ProMulti is a pure formula, with zero additives and 25 active ingredients, including 2 strains of live, friendly bacteria. The tiny capsules are easy to take for children and can also be opened up and sprinkled onto food.



BENEFITS

+ **Comprehensive multi-nutrient**
  25 active ingredients at optimal dosages
+ **Flexible dosing**
  Age 3 – 6 years: 1 capsule daily Age 7 – 13: 2 capsules daily Age 14+: 3 capsules daily

KEY FEATURES

- Tiny capsules, can be opened
- 2 Billion CFU per capsule
- Zero additives

ENERGY · DIGESTION · IMMUNITY · MENTAL PERFORMANCE · BRAIN · BONES · HAIR, SKIN, NAILS

VEGAN · LACTOSE-FREE · DAIRY-FREE · GLUTEN-FREE · NON-GMO · EASY TO SWALLOW · KIND ON STOMACH · HALAL · KOSHER

INGREDIENTS

Magnesium L-ascorbate, Vitamin C (Calcium L-ascorbate), Magnesium Citrate, Zinc Citrate, Iron (Ferrous bisglycinate), Lactobacillus Acidophillus (LA11-Onlly), Niacin (Nicotinamide riboside chloride), VitaCholine®, Vitamin E (D-Alpha Tocopherol Acid Succinate), Selenium (L-selenomethionine), Lactobacillus Rhamnosus (GG), Vitamin D3 (Cholecalciferol), Vitamin A (Retinyl acetate), Vitamin B6 (Pyridoxal 5′-phosphate), Vitamin B5 (D-pantothenate, calcium), Vitamin K2 (Menaquinone-7), Vitamin B2 (riboflavin 5′-phosphate, sodium), Vitamin B1 (Thiamin hydrochloride), Manganese Citrate, Copper Citrate, Chromium Picolinate, Folate (Calcium-L-Methylfolate), Potassium Iodide, D-Biotin, Vitamin B12 (Methylcobalamin), Capsule Shell (Hydroxypropyl Methylcellulose).

FREE FROM

Added Sugar, Starch, Sweeteners, Gluten, Wheat, Soya, Lactose, Dairy, Artificial Flavours, Colours and Preservatives.

AVAILABLE IN

Shelf box displaying 5 units
25 units, 50 units, 100+ units

NUTRITIONAL INFORMATION

INGREDIENT	PER CAPSULE	EC %NRV*
Vitamin A	200 µg RE	25
Vitamin D3	7.5 µg	150
Vitamin E	4 mg TE	33
Vitamin K2	25 µg	33
Vitamin C	80 mg	100
Vitamin B1	1.5 mg	136
Vitamin B2	1.5 µg	107
Vitamin B3	5 mg	31
Vitamin B6	1.5 mg	107
Folate	75 µg	38
Vitamin B12	2 µg	80
Biotin	25 µg	50
Vitamin B5	2 mg	33
Calcium	3.9 mg	0.5
Magnesium	8 mg	2
Iron	2 mg	14
Zinc	3 mg	30
Copper	0.25 mg	25
Manganese	0.33 mg	17
Selenium	20 µg	36
Chromium	15 µg	38
Iodine	50 µg	33
Choline	2 mg	**
Lactobacillus Acidophilus	1 billion CFU***	**
Lactobacillus Rhamnosus	1 billion CFU***	**

* NRV - Nutrient Reference Value ** No NRV Established
*** At time of manufacture

Directions: Take one to three capsules with food.

Zinc+

25mg zinc picolinate with selenium and copper

Zinc plus provides support for immune function, antioxidant protection, and male reproductive health. This formula combines high strength zinc with selenium, copper and tomato powder to provide targeted nutritional support for key processes involved in cellular protection, immune function and reproductive health.



BENEFITS

+ **High strength formula**
  With zinc, selenium and copper
+ **Fertility and testosterone**
+ **Immunity and cellular protection**

KEY FEATURES

- Highly bioavailable
- Targeted formula
- Zero additives

IMMUNITY · TESTOSTERONE

VEGAN · LACTOSE-FREE · DAIRY-FREE · GLUTEN-FREE · NON-GMO · EASY TO SWALLOW · KIND ON STOMACH · HALAL · KOSHER

INGREDIENTS

Zinc Picolinate, Tomato Powder, Selenomethionine, Copper Bisglycinate, Capsule Shell (Hydroxypropyl Methylcellulose).

FREE FROM

Added Sugar, Starch, Sweeteners, Gluten, Wheat, Lactose, Dairy, Artificial Flavours, Colours and Preservatives.

AVAILABLE IN

Shelf box displaying 5 units
25 units, 50 units, 100+ units
Every pouch is a 2 month supply at recommended dose

WHAT NUTRITIONISTS SAY

"With zinc in its picolinate form at 25mg, balanced with copper, Zinc+ is an excellent option to support clients for their immune function, fertility and reproduction, testosterone levels and skin, hair, nails, and vision. With selenium and tomato powder, and no unnecessary additives, it's a well-rounded formula." - Sue Potgieter, RN, rANP, rGNC

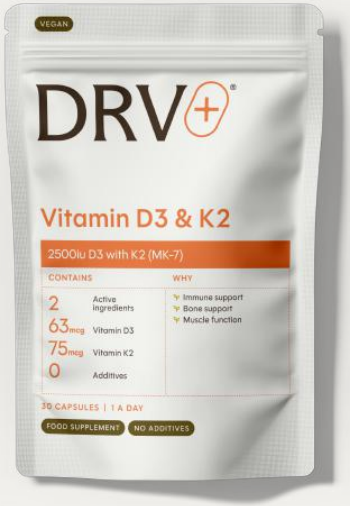
NUTRITIONAL INFORMATION

INGREDIENT	PER 1 CAPSULE	EC %NRV*
Zinc	25mg	250
Selenium	55mcg	100
Copper	2mg	200
Tomato Powder	100mg	**

*NRV = Nutrient Reference Value **No NRV Established

Directions: 1 capsule per day

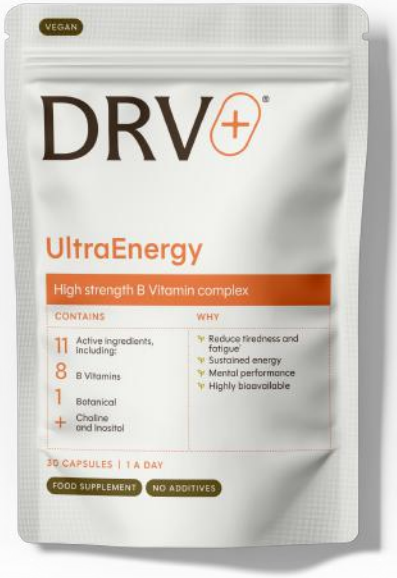
OFTEN PAIRED WITH VITAMIN D3 & K2



UltraEnergy

Complete B Vitamin Complex

UltraEnergy is our high-strength B Vitamin Complex to sustain the mind and body's energy. Formulated with naturally sourced and highly absorbable B Vitamins, Vitamin B12, Choline, Biotin and Folic Acid, it supports energy, the heart and brain function, helping protect against fatigue, irritability and lack of focus. It's the go-to when low on energy and fighting fatigue.



BENEFITS

+ **Sustained energy**
  Fights energy slumps
+ **Energy metabolism**
  Includes Vitamin B12 and Biotin

KEY FEATURES

- Consistent energy
- High strength
- Less tiredness, better productivity

ENERGY · MENTAL PERFORMANCE

VEGAN · LACTOSE-FREE · DAIRY-FREE · GLUTEN-FREE · NON-GMO · EASY TO SWALLOW · KIND ON STOMACH · HALAL · KOSHER

INGREDIENTS

Vitamin B1 (Thiamin Hydrochloride), Vitamin B5 (Pantothenic Acid), Choline Bitartrate, Niacin (Nicotinamide), Vitamin B2 (Riboflavin), Folate (Calcium-L-Methylfolate), Vitamin B12 (Methylcobalamin), Inositol, Vitamin B6 (Pyridoxine Hydrochloride), Biotin, Dandelion Leaf powder (*Taraxacum officinale*), Capsule Shell (Hydroxypropyl Methylcellulose).

FREE FROM

Added Sugar, Starch, Sweeteners, Gluten, Wheat, Soya, Lactose, Dairy, Artificial Flavours, Colours and Preservatives.

AVAILABLE IN

Shelf box displaying 5 units
25 units, 50 units, 100+ units
Every pouch is a month's supply at recommended dose

WHAT NUTRITIONISTS SAY

"The greater demands on your mind and body can make it difficult to keep your energy up and help your body fight fatigue. Your diet will have a huge effect on how you feel so make sure you're getting B Vitamins to help boost your energy." - Dr. Katherine Hodgkinson, MB, BS, DFFP, DRCOG, MRCGP

WHAT CUSTOMERS SAY

"So much more energetic after taking these for the last few weeks. Highly recommend, well worth the money." - Alistair

NUTRITIONAL INFORMATION

INGREDIENT	PER CAPSULE	EC %NRV*
Vitamin B1	50mg	4545
Vitamin B2	50mg	3571
Vitamin B3 (Niacin)	50mg	313
Vitamin B5	50mg	833
Vitamin B6	6mg	429
Vitamin B12	100ug	4000
Biotin	50ug	100
Folate	200ug	100
Choline	50mg	**
Inositol	50mg	**
Dandelion Leaf	100mg	**

*NRV = Nutrient Reference Value **No NRV Established

Directions: 1 capsule per day

OFTEN PAIRED WITH SCREEN EYES



ENERGY

Gentle Iron & Vitamin C

Iron 18mg | Vitamin C 80mg

Our Gentle Iron is combined with Vitamin C which greatly improves the body's absorption of Iron and supports a healthy immune system. Iron is an essential mineral for cognitive function, concentration and a healthy mood. Iron deficiency can lead to feeling low on energy, anaemia and is more common among women and those on plant-based diets.



BENEFITS

+ **Maintains energy**
  Helps reduce tiredness and fatigue
+ **Immune system support**
  Supports the normal function of the immune system

KEY FEATURES

- Optimal formula for absorption
- Kind on stomach
- Fights fatigue

ENERGY · BRAIN · IMMUNITY · BONES

VEGAN · LACTOSE-FREE · DAIRY-FREE · GLUTEN-FREE · NON-GMO · EASY TO SWALLOW · KIND ON STOMACH · HALAL · KOSHER

INGREDIENTS

Iron (Bisglycinate), Vitamin C (Acerola Extract), Hesperidin (Citrus Bioflavanoids Extract), Capsule Shell (Hydroxypropyl Methylcellulose).

FREE FROM

Added Sugar, Starch, Sweeteners, Gluten, Wheat, Soya, Lactose, Dairy, Artificial Flavours, Colours and Preservatives.

AVAILABLE IN

Shelf box displaying 5 units
25 units, 50 units, 100+ units
Every pouch is a month's supply at recommended dose

WHAT NUTRITIONISTS SAY

"Iron deficiency anemia is one of the most common nutritional disorders in the world, affecting as many as 25% of people globally. Taking daily Iron supplements can be an important part of managing iron deficiency anemia." - Katherine Marengo LDN, RD

WHAT CUSTOMERS SAY

"I have tried so many Iron supplements over the last year and every one has upset my tummy. Someone recommended these and I am so pleased, I have noticed a difference within three days." - Sarah

"Excellent product, I will definitely buy these again. Highly recommended." - Jill

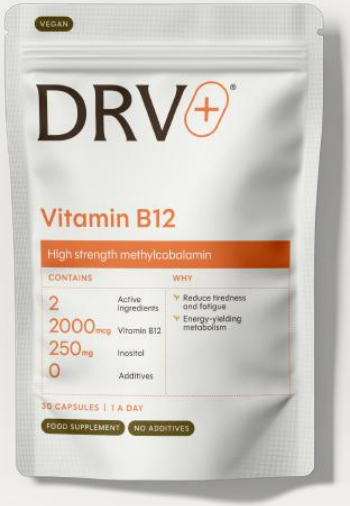
NUTRITIONAL INFORMATION

INGREDIENT	PER CAPSULE	EC %NRV*
Vitamin C	80mg	100
Iron	18mg	129
Citrus Bioflavanoids (providing Hesperidin)	4.8mg	**

*NRV = Nutrient Reference Value **No NRV Established

Directions: 1 capsule per day

OFTEN PAIRED WITH VITAMIN B12



ENERGY

Vitamin B12

2000µg Methylcobalamin

Our Vitamin B12 is kinder to our health and the planet. Known as 'The Energy Vitamin', it is essential for the production of red blood cells and helps maintain a healthy heart. A deficiency in B12 can cause tiredness and fatigue, affect the nervous system and cause anaemia. Our Vitamin B12 is ideal for those low on energy or following a plant-based diet.



BENEFITS

+ **Daily energy**
  Essential for red blood cell production
+ **Essential brain support**
  Supports psychological function and the nervous system

KEY FEATURES

- Bioavailable form, methylcobalamin
- Optimal dosage
- For all diets

ENERGY · BRAIN · IMMUNITY

VEGAN · LACTOSE-FREE · DAIRY-FREE · GLUTEN-FREE · NON-GMO · EASY TO SWALLOW · KIND ON STOMACH · HALAL · KOSHER

INGREDIENTS

Vitamin B12 (Methylcobalamin), Inositol (Myo-Inositol), Capsule Shell (HPMC, vegetable cellulose).

FREE FROM

Added Sugar, Starch, Sweeteners, Gluten, Wheat, Soya, Lactose, Dairy, Artificial Flavours, Colours and Preservatives.

AVAILABLE IN

Shelf box displaying 5 units
25 units, 50 units, 100+ units
Every pouch is a month's supply at recommended dose

WHAT EXPERTS SAY

"Very low B12 intakes can cause anemia and nervous system damage. The only reliable vegan sources of B12 are foods fortified with B12 and B12 supplements." - The Vegan Society

WHAT CUSTOMERS SAY

"I used to be deficient in Vitamin B12 (determined from blood tests) and now I'm not! DRV+ have always been very efficient." - Fido

"I've been taking these for some time and they really help my extreme fatigue. I stopped taking them for a week and it was very evident that I needed them." - Carole

"I used to get the B12 injections - I feel these are much better and I don't feel so tired." - Nanette

NUTRITIONAL INFORMATION

INGREDIENT	PER CAPSULE	EC %NRV*
Vitamin B12	2000µg	80000
Inositol	250mg	**

*NRV = Nutrient Reference Value

Directions: 1 capsule per day

OFTEN PAIRED WITH VEGAN OMEGA 3



BRAIN & MEMORY

Brain Fuel®

Targeted memory and focus support

Struggling to focus? Forgetting things? Not feeling sharp? Brain Fuel® is our advanced formula of clinically proven botanicals and nutrients for brain health, supporting and improving memory, focus and cognitive performance. Including BacoMind®, proven to improve memory recall, retention and reaction, with Ginkgo Biloba, Phosphatidylserine and B-Vitamins, Brain Fuel® feeds the brain's energy, focus and memory performance every day.



BENEFITS

+ **Brain's daily multi-vitamin**
  Enhanced cognitive performance
+ **Essential brain nutrients**
  Comprehensive formula by experts

KEY FEATURES

- Clinically studied BacoMind®
- Improves recall and retention
- For enhanced cognitive performance, focus and energy

BRAIN · MENTAL PERFORMANCE · ENERGY

VEGAN · LACTOSE-FREE · DAIRY-FREE · GLUTEN-FREE · NON-GMO · EASY TO SWALLOW · KIND ON STOMACH · HALAL · KOSHER

INGREDIENTS

BacoMind® Bacopa Monnieri Extract, Ginkgo Biloba Extract, Phosphatidylserine (contains Soya), Organic Turmeric, Zinc Citrate, Vitamin B1 (Thiamin Hydrochloride), Vitamin B12 (Methylcobalamin), Vitamin B6 (Pyridoxine Hydrochloride), Vitamin B5(Pantothenic Acid), Niacin (Nicotinamide), Capsule Shell (Hydroxypropyl Methylcellulose).

FREE FROM

Added Sugar, Starch, Sweeteners, Gluten, Wheat, Lactose, Dairy, Artificial Flavours, Colours and Preservatives.

AVAILABLE IN

Shelf box displaying 5 units
25 units, 50 units, 100+ units
Every pouch is a month's supply at recommended dose

WHAT EXPERTS SAY

"Keeping your brain fit and staying sharp is important at all stages of life. Brain Fuel® is a full-spectrum formula to ensure your brain keeps performing at its best every day and really is a product of its time, to help us maintain concentration as we juggle work and life." - Shona Wilkinson, RN, mBANT, CNHC

WHAT CUSTOMERS SAY

"Brain Fuel has improved my concentration, my reactions are sharper, also my brain fog has lessened." - Helen

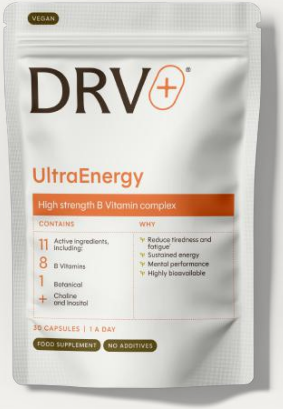
NUTRITIONAL INFORMATION

INGREDIENT	PER CAPSULE	EC %NRV*
BacoMind®	300mg	**
Ginkgo Biloba Extract 50:1	3mg	**
Phosphatidylserine	200mg	**
Vitamin B1	3mg	272
Vitamin B3 (Niacin)	33mg	206
Vitamin B5	12mg	200
Vitamin B6	6mg	429
Vitamin B12	105µg	4200
Organic Turmeric	50mg	**
Zinc	3mg	30

*NRV = Nutrient Reference Value **No NRV Established

Directions: 1 capsule per day

OFTEN PAIRED WITH ULTRAENERGY



BRAIN & MEMORY

Choline

600mg | Bitartrate

Our Choline Bitartrate is highly absorbable and helps maintain normal liver function, providing comprehensive liver support. It's also important for the production of neurotransmitters in the body. These play a vital role in brain function, memory and mood. Choline is required for a healthy lipid and homocysteine metabolism that metabolise carbohydrates, proteins and fats into energy and transporting fats away from the liver, helping prevent fat build-up.



BENEFITS

+ **Healthy liver function**
  Transports fats away from the liver
+ **Important for plant-based diets**
  Choline is a common deficiency

KEY FEATURES

- Liver and brain support
- Optimal level and form
- Kind on stomach

LIVER · BRAIN · MENTAL PERFORMANCE

VEGAN · LACTOSE-FREE · DAIRY-FREE · GLUTEN-FREE · NON-GMO · EASY TO SWALLOW · KIND ON STOMACH · HALAL · KOSHER

INGREDIENTS

Choline Bitartrate, Capsule Shell (HPMC, vegetable cellulose).

FREE FROM

Added Sugar, Starch, Sweeteners, Gluten, Wheat, Soya, Lactose, Dairy, Artificial Flavours, Colours and Preservatives.

AVAILABLE IN

Shelf box displaying 5 units
25 units, 50 units, 100+ units
Every pouch is a month's supply at recommended dose

WHAT NUTRITIONISTS SAY

"A deficiency of Choline is linked to liver disease and potential disorders in the brain and nervous system. Those following a plant-based or vegan diet may find it more challenging to get adequate Choline from plant sources."
Dr Laura Wyness, RN, PhD

WHAT CUSTOMERS SAY

"Being creative and having good focus is my job and I can honestly say that choline has helped me." - Margaret

"I've been taking for some time, it's a great supplement to regenerate the liver. I recommend." - Marcio

NUTRITIONAL INFORMATION

INGREDIENT	PER 2 CAPSULES
Choline	600mg

Directions: 2 capsules per day

OFTEN PAIRED WITH VEGAN OMEGA 3 & DEBLOAT & DETOX



BRAIN & MEMORY

Mushroom Complex

1,450mg of 4 mushroom extracts standardised for beta-glucans

Targets neurotrophic support and cognition, immune regulation, the stress response and energy production, and antioxidant protection inside cells. L-ergothioneine adds an additional antioxidant support mechanism.



BENEFITS

+ **Brain health**
  Lion's Mane with L-Ergothioneine
+ **Stress resilience**
  Cordyceps, Reishi and Chaga

KEY FEATURES

- 1,450mg mushroom extracts
- Standardised for beta-glucans
- Formulated by nutritionists

BRAIN · ENERGY

VEGAN · LACTOSE-FREE · DAIRY-FREE · GLUTEN-FREE · NON-GMO · EASY TO SWALLOW · KIND ON STOMACH · HALAL · KOSHER

INGREDIENTS

Lions Mane Fruiting Body Extract (*Hericum Erinaceus*), Reishi Mushrom Fruiting Body Extract (*Ganoderma Lucidum Karst*), Cordyceps Sinensis Mycellium extract, Chaga Mushroom Fruiting Body Extract (*Inonotus Obliquus*), L-Ergothioneine, Capsule Shell (Hydroxypropyl Methylcellulose).

FREE FROM

Added Sugar, Starch, Sweeteners, Gluten, Wheat, Lactose, Dairy, Artificial Flavours, Colours and Preservatives.

AVAILABLE IN

Shelf box displaying 5 units
25 units, 50 units, 100+ units
Every pouch is a month's supply at recommended dose

WHAT NUTRITIONISTS SAY

"Mushrooms have a long history of traditional use and are now attracting growing scientific interest. Our formula brings together four distinctive mushroom extracts, alongside L-ergothioneine, a naturally occurring compound found in mushrooms. What stands out about it is its standardised beta-glucan content. Each of the four extracts (lion's mane, reishi, cordyceps and chaga) is listed with its dried mushroom equivalent and beta-glucan content, so you can see exactly what's in every dose." - Sue Potgieter, RN, rANP, rGNC

NUTRITIONAL INFORMATION

INGREDIENT	PER 2 CAPSULES	EC %NRV*
Lions Mane Extract Equivalent to 23100mg Providing 210mg (30%) Beta Glucans	700mg	**
Reishi Mushroom Extract Equivalent to 4000mg Providing 80mg (20%) Beta Glucans	400mg	**
Cordyceps Sinensis Extract Equivalent to 6600mg Providing 20mg (10%) Beta Glucans	200mg	**
Chaga Mushroom Extract Equivalent to 1000mg Providing 7mg (5%) Beta Glucans	150mg	**
L-Ergothioneine	10mg	**

*NRV = Nutrient Reference Value ** No NRV Established

Directions: 2 capsules per day

OFTEN PAIRED WITH BRAIN FUEL®



Men's ProMulti

Multivitamin and probiotic for men

Men's ProMulti is a uniquely comprehensive formula designed specifically for men to help maintain vitality, wellbeing, and optimal prostate and testosterone health (over the age of 40). With 32 nutrients, including probiotics, prebiotics, botanicals, amino acids, phytosterols and essential vitamins and minerals in their most bioavailable form, the Men's ProMulti is a man's complete daily multivitamin.



PROSTATE · TESTOSTERONE · HEART · HAIR & SKIN · ENERGY · MENTAL PERFORMANCE · IMMUNITY · BONES & MUSCLES · GUT HEALTH

BENEFITS

+ **All-in-one formula**
  Support prostate, testosterone and daily vitality.
+ **With probiotics**
  Clinically proven gut-friendly bacteria

KEY FEATURES

- Daily support for heart health
- Cognitive function and mental performance
- Gut health

VEGAN · LACTOSE-FREE · DAIRY-FREE · GLUTEN-FREE · NON-GMO · EASY TO SWALLOW · KIND ON STOMACH · HALAL · KOSHER

INGREDIENTS

Inulin, Vitamin C (Calcium L-ascorbate), Beetroot Extract, Vitamin B1 (Thiamin Hydrochloride), Vitamin B5 (Pantothenic Acid, Calcium salt), Panax Ginseng Extract, L-Arginine, Vitamin B12 (Methylcobalamin), Tomato Extract (source of Lycopene), Beta-Sitosterol (contains soya), Pumpkin Seed Extract (*Cucurbita Pepo L.*), Reishi Mushroom Extract, Zinc Citrate, Vitamin B2 (Riboflavin), Nettle Root Extract (*Urtica dioica*), Inositol, Vitamin B6 (Pyridoxal-5′-Phosphate), Vitamin E (D-Alpha Tocopherol Acid Succinate), Maca Extract (*Lepidium meyenii*), Lactobacillus Acidophilus (LA85), Bifidobacterium Bifidum (BBi32), Vitamin D3 (Cholecalciferol), Organic KSM-66® Ashwagandha Root Extract, Boron (Sodium Tetraborate), Vitamin A (Retinyl palmitate), Vitamin K2 (Menaquinone-7), Chromium Picolinate, Potassium Iodide, Selenium (L-Selenomethionine), Folate (Calcium-L-Methylfolate), D-Biotin, Capsule Shell (Hydroxypropyl Methylcellulose).

FREE FROM

Added Sugar, Starch, Sweeteners, Gluten, Wheat, Lactose, Dairy, Artificial Flavours, Colours and Preservatives.

AVAILABLE IN

Shelf box displaying 5 units
25 units, 50 units, 100+ units
Every pouch is a month's supply at recommended dose

NUTRITIONAL INFORMATION

INGREDIENT	PER 2 CAPSULES	EC %NRV*
Vitamin A	900 µg	112
Vitamin B1	50 mg	4545
Vitamin B2	30 mg	2142
Vitamin B5	50 mg	833
Vitamin B6	6 mg	429
Vitamin B12	500 µg	20,000
Vitamin C	250 mg	312
Vitamin D3	25 µg	500
Vitamin E	20 mg	166
Vitamin K2	75 µg	100
Biotin	60 µg	120
Boron	1 mg	**
Selenium	110 µg	200
Chromium	100 µg	250
Folate	100 µg	50
Iodine	286 µg	190
Zinc	10 mg	100
Lactobacillus Acidophilus	2.6 billion CFU***	**
Bifidobacterium Bifidum	2.6 billion CFU***	**
Ashwagandha Extract 10:1	10 mg	**
Inulin	340 mg	**
Beetroot Extract 10:1	100 mg	**
Panax Ginseng Extract 20:1	50 mg	**
L-Arginine	50 mg	**
Lycopene	5 mg	**
Beta-Sitosterol	17 mg	**
Pumpkin Seed Extract 10:1	50 mg	**
Reishi Mushroom Extract 15:1	33 mg	**
Nettle Root Extract 10:1	30 mg	**
Inositol	25 mg	**
Maca Root Extract 50:1	20 mg	**

*NRV = Nutrient Reference Value **No NRV Established
***At time of manufacture

Directions: 2 capsules per day

Screen Eyes

Comprehensive vision support

Screen Eyes is formulated by experts to maintain healthy vision and help protect eyes against fatigue, stress, age-related macular degeneration (AMD) and digital eye strain (DES). Including macular carotenoids Lutein, Zeaxanthin and Meso-Zeaxanthin, with Astaxanthin, Bilberry and essential nutrients, Screen Eyes nourishes and enriches eyes and the macular pigment, providing the most comprehensive daily support for vision and eye health.



BENEFITS

+ **Vision health**
  Helps protect against age-related macular degeneration (AMD)
+ **Enriches macular pigment**
  Helps protect against AMD

KEY FEATURES

- Formulated for digital eye strain
- Includes Carotenoids Lutein, Meso-Zeaxanthin, Zeaxanthin and Astaxanthin
- For adults and teenagers

EYES

VEGAN · LACTOSE-FREE · DAIRY-FREE · GLUTEN-FREE · NON-GMO · EASY TO SWALLOW · KIND ON STOMACH · HALAL · KOSHER

INGREDIENTS

Vitamin E (D-Alpha Tocopherol Acid Succinate), Marigold Extract providing: Lycored Lutein, Astaxanthin, Bilberry (*Vaccinium myrtillus*) Extract, Vitamin B2 (Riboflavin), Meso-Zeaxanthin and Zeaxanthin, Carrot (*Daucus carota*) Powder, Vitamin C (Ascorbic Acid), Zinc Citrate, Vitamin A (Retinyl Acetate), Pumpkin (*Cucurbita moschata*) Powder, Rice Fibre, Rice Extract Blend, Capsule Shell (Hydroxypropyl Methylcellulose).

FREE FROM

Added Sugar, Starch, Sweeteners, Gluten, Wheat, Soya, Lactose, Dairy, Artificial Flavours, Colours and Preservatives.

AVAILABLE IN

Shelf box displaying 5 units
25 units, 50 units, 100+ units
Every pouch is a month's supply at recommended dose

WHAT NUTRITIONISTS SAY

"Screen Eyes is a real breakthrough, a full spectrum formula for your vision health, reducing the sensitivity of your eyes to glare, strain and fatigue. In short it offers optimum support and protection for your optics!" - Shona Wilkinson, RN, mBANT, CNHC

NUTRITIONAL INFORMATION

INGREDIENT	PER 2 CAPSULES	EC %NRV*
Lycored Lutein	15mg	**
Zeaxanthin	2mg	**
Meso-Zeaxanthin	10mg	**
Astaxanthin	2mg	**
Vitamin C	80mg	100
Bilberry Extract 4:1	40mg	**
Pumpkin Seed Extract 10:1	15mg	**
Zinc	10mg	100
Vitamin E	20mg α-te	166
Vitamin A	600µg RE	75
Vitamin B2	3mg	214
Carrot (powder)	150mg	**

*NRV = Nutrient Reference Value **No NRV Established

Directions: 2 capsules per day

OFTEN PAIRED WITH BRAIN FUEL®



BLOOD SUGAR CONTROL

GlucoBalance®

Advanced glucose support

GlucoBalance® is a science-led plant-based formula to manage blood glucose and blood sugar levels and insulin function. Including Chromium, Cinnamon, Fenugreek Seed, Bitter Melon, Inositol and Apple Cider Vinegar at optimal levels in their most bioavailable form, GlucoBalance® helps protect against the highs and lows of blood sugar, supporting balanced short and long-term blood glucose levels and glucose metabolism.



BENEFITS

+ **Daily glucose balance**
  Helps protect against highs and lows
+ **Healthy blood sugar**
  Supports insulin function

KEY FEATURES

- Unique comprehensive formula
- Chromium, Fenugreek and Bitter Melon
- Zero additives or animal ingredients

BLOOD SUGAR CONTROL · ENERGY · DIGESTION

VEGAN · LACTOSE-FREE · DAIRY-FREE · GLUTEN-FREE · NON-GMO · EASY TO SWALLOW · KIND ON STOMACH · HALAL · KOSHER

INGREDIENTS

Bitter Melon Extract (*Momordica Charantia*), Maitake Mushroom Powder (*Grifola Frondosa*), Apple Cider Vinegar Powder (*Malus Sylvestris*), Inositol, Alpha Lipoic Acid, Chromium Picolinate, Fenugreek Seed Extract (*Trigonella Foenum-Graecum*), Ceylon Cinnamon Bark Extract (*Cinnamomum Zeylanicum*), Capsule Shell (Hydroxypropyl Methylcellulose).

AVAILABLE IN

Shelf box displaying 5 units
25 units, 50 units, 100+ units
Every pouch is a month's supply at recommended dose

WHAT EXPERTS SAY

"Supplements containing 200-1,000 mcg chromium, as chromium picolinate, a day have been found to improve blood glucose control. Chromium picolinate is the most efficacious form of chromium supplementation." - Peter Havel, Ph.D

"Cinnamon improves blood glucose and cholesterol levels in people with type 2 diabetes and may reduce risk factors associated with diabetes and cardiovascular disease." - Diabetes Care

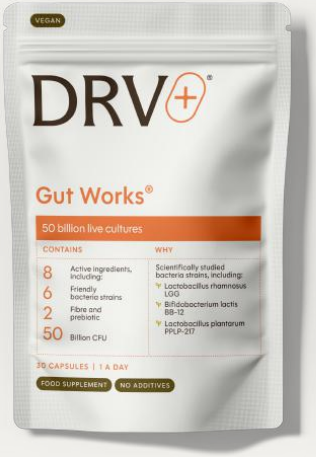
NUTRITIONAL INFORMATION

INGREDIENT	PER 2 CAPSULES	EC %NRV*
Cinnamon Bark Extract 30:1	25 mg	**
Fenugreek Seed Extract 4:1	100 mg	**
Myo-Inositol	300 mg	**
Bitter Melon Extract 4:1	62 mg	**
Alpha Lipoic Acid	100 mg	**
Apple Cider Vinegar	200 mg	**
Maitake Mushroom	100 mg	**
Chromium	200 µg	500

*NRV = Nutrient Reference Value **No NRV Established

Directions: 2 capsules per day

OFTEN PAIRED WITH GUT WORKS®



HEART HEALTH

HeartPro®

For heart health and cholesterol

HeartPro® is a comprehensive formula for managing cholesterol and supporting your heart health every day. High cholesterol is a risk factor in the development of coronary heart disease. Including a unique plant sterol complex (900mg phytosterols), Lactobacillus Plantarum, red yeast rice extract, CoQ10 and Chromium, HeartPro® is formulated by experts with potent plant sterols to help maintain normal blood cholesterol levels, helping protect and support your heart health.



BENEFITS

+ **Healthy heart**
  900mg plant sterols to maintain normal blood cholesterol levels
+ **Probiotic & cardiovascular health**
  Lactobacillus Plantarum, ginger root and black garlic

KEY FEATURES

- Unique comprehensive formula
- 8bn CFU Lactobacillus Plantarum
- Zero additives or animal ingredients

HEART · DIGESTION

VEGAN · LACTOSE-FREE · DAIRY-FREE · GLUTEN-FREE · NON-GMO · EASY TO SWALLOW · KIND ON STOMACH · HALAL · KOSHER

INGREDIENTS

Phytosterol Complex (Vitasterol S-80), Red Yeast Rice Extract, Chromium Picolinate, Niacin (Nicotinamide), Coenzyme Q10, Ginger Root Extract (*Zingiber Officinale*), Lactobacillus Plantarum (LP-Onlly), Black Garlic Extract (*Allium Sativum L.*), Folate (Calcium-L-Methylfolate), Vitamin B12 (Methylcobalamin), Capsule Shell (Hydroxypropyl Methylcellulose).

FREE FROM

Added Sugar, Starch, Sweeteners, Gluten, Wheat, Soya, Lactose, Dairy, Artificial Flavours, Colours and Preservatives.

AVAILABLE IN

Shelf box displaying 5 units
25 units, 50 units, 100+ units
Every pouch is a month's supply at recommended dose

WHAT EXPERTS SAY

"DRV+'s HeartPro is a unique, plant-based formula of clinically studied ingredients at optimal levels to help naturally maintain normal blood cholesterol levels and support heart health. It includes plant sterols to help prevent the absorption of dietary cholesterol in your blood, helping maintain normal blood cholesterol levels. HeartPro also includes 8 billion CFU of Lactobacillus Plantarum, Ginger Root and Black Garlic to help support normal heart health." - Shona Wilkinson, RN, mBANT, CNHC

NUTRITIONAL INFORMATION

INGREDIENT	PER 2 CAPSULES	EC %NRV*
Phytosterol Complex	900 mg	**
Ginger Root Extract 10:1	100 mg	**
Red Rice Yeast Extract	2.2 mg	**
Lactobacillus Plantarum	8 billion CFU***	**
Black Garlic Extract 100:1	3 mg	**
Vitamin B3 (Niacin)	50 mg NE	312
Coenzyme Q10	30 mg	**
Chromium	200 µg	500
Folic Acid	200 µg	100
Vitamin B12	12 µg	480

*NRV = Nutrient Reference Value **No NRV Established
***At time of manufacture

Directions: 2 capsules per day

OFTEN PAIRED WITH GLUCOBALANCE®



Hydrate+

Hydration, recovery and energy

Hydrate+ delivers the optimal balance of electrolytes, vitamins, minerals and amino acids to deliver everything your body needs for effective hydration, fluid balance, energy, focus, muscle performance, endurance and recovery. With Sodium, Potassium, Magnesium, Calcium, Vitamin B12, Vitamin C, and the amino acid L-Taurine, it contains zero sugar, zero stevia and no artificial sweeteners.



ENERGY · HYDRATION · MUSCLES · MENTAL PERFORMANCE · BRAIN · BONES · HAIR, SKIN, NAILS

BENEFITS

+ **Comprehensive electrolyte formula**
  Combines vitamins, minerals and amino acids for rapid hydration
+ **Optimal dosages**
  Expertly formulated for effective hydration

KEY FEATURES

- Certified & batch tested by Informed Sport
- Zero sugar, stevia or artificial sweeteners
- 3 Refreshing flavours

VEGAN · LACTOSE-FREE · DAIRY-FREE · GLUTEN-FREE · NON-GMO · ZERO STEVIA · KIND ON STOMACH · HALAL · KOSHER

INGREDIENTS

ORANGE & PINEAPPLE: Sodium Citrate, Magnesium Glycinate, Calcium Citrate, Pink Himalayan Salt (Sodium Chloride), Potassium Chloride, Vitamin C (Calcium Ascorbate), L-Taurine, Vitamin B12 (Methylcobalamin), Citric Acid, Juicy Orange and Pineapple Natural Flavour, Monk Fruit Extract.

LEMON: Sodium Citrate, Magnesium Glycinate, Calcium Citrate, Pink Himalayan Salt (Sodium Chloride), Potassium, Vitamin C (Calcium Ascorbate), L-Taurine, Vitamin B12 (Methylcobalamin), Citric Acid, Juicy Lemon Natural Flavour, Monk Fruit Extract.

MIXED BERRY: Sodium Citrate, Magnesium Glycinate, Calcium Citrate, Pink Himalayan Salt (Sodium Chloride), Potassium, Chloride, Vitamin C (Calcium Ascorbate), L-Taurine, Vitamin B12 (Methylcobalamin), Citric Acid, Raspberry Natural Flavour, Strawberry Natural Flavour, Red Beet Natural Colour, Monk Fruit Extract.

FREE FROM

Added Sugar, Stevia, Artificial Sweeteners, Starch, Gluten, Wheat, Soya, Lactose, Dairy, Artificial Flavours, Colours and Preservatives.

AVAILABLE IN

15 sachets

NUTRITIONAL INFORMATION

	PER SERVING		EC %NRV*	
INGREDIENT	Orange & Pineapple, Mixed Berry	Lemon	Orange & Pineapple, Mixed Berry	Lemon
Energy	11 KJ/ 3Kcal	9 KJ/ 2 Kcal	0.1	0.1
Fat	0 mg	0 mg	0.0	0.0
of which saturates	0 mg	0 mg	0.0	0.0
Carbohydrates	0.6	0.5g	0.2	0.2
of which sugars	0 mg	0 g	0.0	0.0
Fibre	0.1g	0.1g	0.4	0.3
Protein	0 mg	0 mg	0.0	0.0
Salt	0.6	0.6	10	10
Sodium	600mg	600mg	30	30
Magnesium	150mg	150mg	40	40
Calcium	250mg	250mg	31	31
Potassium	250mg	250mg	12	12
Chloride	571mg	571mg	71	71
Vitamin C	300mg	300mg	375	375
L-Taurine	300mg	300mg	**	**
Vitamin B12	300µg	300µg	12,000	12,000

* NRV - Nutrient Reference Value ** No NRV Established

Directions: 1 sachet daily. Mix with 500ml–750ml of water.

OFTEN PAIRED WITH PROTEIN & CREATINE SUPERBLEND

METABOLIC HEALTH

Weight Management Support

Natural support with Metabolaid®

An advanced plant-based formula of proven ingredients, including Metabolaid , green tea extract and chromium in one convenient daily capsule for healthy weight management. Weight Management Support is formulated to work with your body for metabolic and gastrointestinal health, helping combat cravings, increasing meal satisfaction and feelings of satiety.



BENEFITS

+ **Proven ingredients**
  Including Metabolaid®, green tea extract & chromium
+ **Natural support**
  Shown in studies to be effective when taken consistently for 8 weeks or more

KEY FEATURES

- 1 Daily capsule
- Complements a healthy diet
- Zero additives

BLOOD SUGAR CONTROL · DIGESTION · METABOLISM

VEGAN · LACTOSE-FREE · DAIRY-FREE · GLUTEN-FREE · NON-GMO · EASY TO SWALLOW · KIND ON STOMACH · HALAL · KOSHER

INGREDIENTS

Metabolaid® (Lemon verbena leaf extract, Hibiscus flower extract), Green Tea Extract, Chromium (Picolinate), Capsule Shell (Hydroxypropyl Methylcellulose).

FREE FROM

Added Sugar, Starch, Sweeteners, Gluten, Wheat, Soya, Lactose, Dairy, Artificial Flavours, Colours and Preservatives.

AVAILABLE IN

Shelf box displaying 5 units
25 units, 50 units, 100+ units

WHAT NUTRITIONISTS SAY

"This is an excellent formula alongside a healthy diet and lifestyle. It combines Metabolaid®, chromium, and green tea — ingredients that support healthy metabolism, blood sugar balance, and the gut microbiome - which can help people achieve their weight goals." - Ariella Kaur Maan, RN, RNTP, mBANT, CNHC

"This is a unique formula. Not only does it contain Metabolaid®, which has proven so effective in scientific studies, it includes an optimal level of Chromium for managing blood sugar for achieving weight goals, and Green Tea which is beneficial for digestion." - Sue Potgieter, RN, rANP, rGNC

NUTRITIONAL INFORMATION

INGREDIENT	PER CAPSULE	NRV
Metabolaid® (Lemon verbena (leaf) extract, Hibiscus (flower) extract)	500mg	**
Green Tea Extract (95% polyphenols), Providing 3,000mg Green Tea	100mg	**
Chromium	200mcg	500

* NRV - Nutrient Reference Value ** No NRV Established

Directions: Take daily for at least 2 months. or your lunchtime meal.

OFTEN PAIRED WITH VEGAN OMEGA 3



METABOLIC HEALTH

Berberine+

1000mg Berberine

Berberine+ provides a combination of nutrients and botanicals designed to support metabolic health. Berberine+ provides berberine, milk thistle and chromium which contributes towards normal micronutrient metabolism. Poor metabolic health and poor metabolism of nutrients affects a large proportion of the population and can have devastating consequences. Berberine+ is designed to get to the root cause of metabolic syndrome and protect metabolic health as well as supporting associated symptoms.



BENEFITS

+ **Metabolic health**
  Berberine, Milk Thistle and Chromium in one formula
+ **Blood sugar balance**
  With Chromium and Alpha Lipoic Acid

KEY FEATURES

- 1000mg Berberine HCl
- Evidence-based doses
- Formulated by nutritionists

METABOLISM | BLOOD SUGAR LEVELS

VEGAN · LACTOSE-FREE · DAIRY-FREE · GLUTEN-FREE · NON-GMO · EASY TO SWALLOW · KIND ON STOMACH · HALAL · KOSHER

INGREDIENTS

Berberine HCl (Berberis aristata), A-Lipoic Acid, Milk Thistle Seed Extract (*Silybum Marianum*), Bioperine® Black Pepper Extract (*Piper nigrum*), Chromium Picolinate, Capsule Shell (Hydroxypropyl Methylcellulose).

FREE FROM

Added Sugar, Starch, Sweeteners, Gluten, Wheat, Lactose, Dairy, Artificial Flavours, Colours and Preservatives.

AVAILABLE IN

Shelf box displaying 5 units
25 units, 50 units, 100+ units
Every pouch is a month's supply at recommended dose

WHAT NUTRITIONISTS SAY

"Berberine has become one of the most talked about ingredients in nutrition, with promising findings from clinical research regarding healthy blood sugar balance. Many products on the market fall short of the amounts used in research. Berberine+ provides a full 1g of berberine HCl daily across two capsules. I particularly like that it includes alpha lipoic acid and milk thistle extract, with black pepper extract and chromium, supporting macronutrient metabolism and blood glucose levels. It's a great formula for anyone wanting a considered, well-dosed berberine supplement." - Sue Potgieter, RN, rANP, rGNC

NUTRITIONAL INFORMATION

INGREDIENT	PER 2 CAPSULES	EC %NRV*
Berberine HCl	1000mg	**
Alpha Lipoic Acid	200mg	**
Milk Thistle Seed Extract 80% Silymarins Providing 1000mg Milk Thistle Seed	50mg	**
Chromium	200ug	500
Bioperine® Black Pepper	5mg	**

*NRV = Nutrient Reference Value ** No NRV Established

Directions: 2 capsules per day

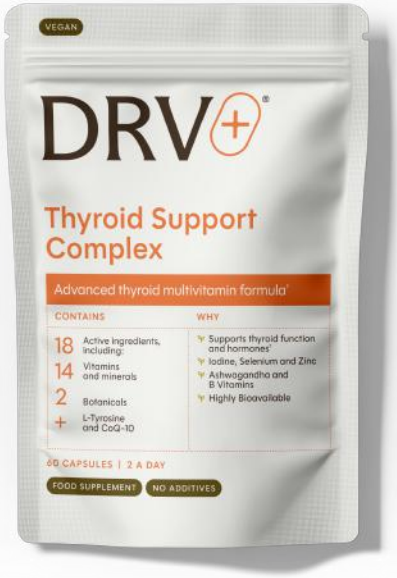
OFTEN PAIRED WITH VEGAN OMEGA 3



Thyroid Support Complex

Advanced thyroid multivitamin formula

Thyroid Support Complex was developed by thyroid experts and provides comprehensive nutritional support for thyroid health. Rather than relying just on iodine, it contains vitamins, minerals, amino acids, and botanical extracts that work together to support the many processes involved in thyroid hormone production and metabolism. Thyroid Support Complex provides the nutritional building blocks and co-factors in meaningful doses in one comprehensive formula.



BENEFITS

+ **The most comprehensive formula on the market**
  Containing vitamins, minerals, amino acids and botanicals
+ **Supports the whole thyroid cascade**
  Supports thyroid function and the cellular response to thyroid hormones as well as the brain-thyroid axis

KEY FEATURES

- 18 active ingredients
- Highly bioavailable
- With L-Tyrosine and CoQ-10

THYROID SUPPORT · ENERGY

VEGAN · LACTOSE-FREE · DAIRY-FREE · GLUTEN-FREE · NON-GMO · EASY TO SWALLOW · KIND ON STOMACH · HALAL · KOSHER

INGREDIENTS

L-Tyrosine, Ascorbic Acid, Ashwagandha Extract (*Withania somnifera*), D-alpha tocopheryl succinate, Zinc Bisglycinate, Kelp Extract (Ascophyllum Nodosum), Coenzyme Q10 (Ubiquinone), Calcium Pantothenate, Selenomethionine (calcium phosphate), Riboflavin 5 Phosphate, Thiamin Hydrochloride, Nicotinamide, Vitamin A Acetate, Pyridoxal 5 Phosphate, Cholecalciferol, Copper Bisglycinate, Methylcobalamin, L-5-Methyltetrahydrofolate, Capsule Shell (Hydroxypropyl Methylcellulose).

FREE FROM

Added Sugar, Starch, Sweeteners, Gluten, Wheat, Lactose, Dairy, Artificial Flavours, Colours and Preservatives.

AVAILABLE IN

Shelf box displaying 5 units · 25 units, 50 units, 100+ units
Every pouch is a month's supply at recommended dose

WHAT NUTRITIONISTS SAY

"This is a very comprehensive thyroid formula. The thyroid depends on iodine to make its hormones and on selenium and zinc to activate and protect them, so making sure those are adequate is a sensible foundation. B vitamins in their active methylated forms are also included with L-tyrosine, CoQ10 and kelp. I particularly like the addition of copper to complement and balance the zinc, supporting their synergy in the body." - Sue Potgieter, RN, rANP, rGNC

NUTRITIONAL INFORMATION

INGREDIENT	PER 2 CAPSULES	EC %NRV*
L-Tyrosine	500mg	**
Ashwagandha Extract	150mg	**
CoQ-10	30mg	**
Vitamin A	700mcg	88
Vitamin C	150mg	188
Vitamin B1 (Thiamin)	10mg	909
Vitamin B2 (Riboflavin)	10mg	714
Vitamin B3 (Niacin)	10mg	63
Vitamin B5 (Pantothenic Acid)	25mg	417
Vitamin B6	5mg	357
Vitamin B12	250mcg	10,000
Folate	200mcg	100
Vitamin D3	10mcg	200
Copper	1mg	100
Vitamin E	67 mg a-TE	558
Zinc	10mg	100
Iodine	200ug	133
Selenium	110mcg	200

*NRV = Nutrient Reference Value **No NRV Established

Directions: 2 capsules per day

OFTEN PAIRED WITH VEGAN OMEGA 3 & BERBERINE+

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DESIGNED. RESEARCHED. VERIFIED.

PRODUCT CATALOGUE 2026