



Hello from the Parent Carer Team

The Parent Carer team hope you all had a good summer. This term we have our coffee morning groups at the usual venues and **we have a guest speaker from Merserside Police on 1st October at our Southport Group to deliver a one hour session on Cyber Crime.** Our coffee morning dates are:

Talbot Street Family Hub - Southport

- 🕒 Wednesday 10:00am to 12:00pm
- 📅 Sept 3rd, 10th, 17th, 24th / Oct 1st, 8th, 15th, 22th
- 📍 St Andrew's Place, Southport, PR8 1HR

Sefton Carers Centre - Waterloo

- 🕒 Tuesday 10:00am to 12:00pm
- 📅 Sept 4th, 18th / Oct 2nd, 16th
- 📍 27-37 South Road, Waterloo, L22 5PE

Parent Carer Virtual Group - Online

- 🕒 Tuesday 10:30am to 12:00pm
- 📅 Sept 11th, 25th / Oct 9th, 23rd
- 📍 Microsoft Teams - Email us to request a link

To register as a Parent Carer, you can visit our website at www.sefton-carers.org.uk, call **0151 288 6060** or email Parent@carers.sefton.gov.uk

Sefton Parent Carer Forum

The forum has a 'Save the date' for your diary

Sefton Local Offer Live

Sefton Local Offer Live Event
Wednesday 8th October 2025
12pm - 6pm

The Family Life Centre, Southport, PR8 6JH

For more information, see www.seftonpcf.org or their **Facebook Page - Sefton Parent Carers Information Sharing Network**

Measles Reminder for Parents and Carers

Sefton Council's Director of Public Health, Margaret Jones, has written to headteachers, parents and carers across Sefton about the current spread of measles cases in Merseyside.

In her letter to parents and carers, Mrs Jones reminds them that measles is a serious illness which affects both children and adults. She also explains that the MMR vaccination provides the very best protection from measles for children and adults.

Measles is highly infectious and makes most people who catch it very unwell. For some it can mean hospital admission. Babies, young children, pregnant women, and people with weakened immunity are those being at increased risk.

The MMR vaccine can prevent measles and also protects people of any age against mumps and rubella. It is really important that children receive two doses of MMR vaccine to ensure that they are protected.

The Sefton Immunisation Team are holding clinics that you must book an appointment to attend on **0151 247 6130**. More information is available through contacting your GP or calling **111**. You can also scan the QR code below for more information on this service whilst more information on measles can be found at:

www.nhs.uk/conditions/measles



[www.merseycare.nhs.uk
/our-services/liverpool
/vaccination-and-immunisation](http://www.merseycare.nhs.uk/our-services/liverpool/vaccination-and-immunisation)

Early Years SEN Inclusion Service Coffee Mornings

The Early Years inclusion team are holding drop-in coffee mornings for parents. Each session will have an hour workshop around sleep, toileting, etc.

Linaker Family Hub - Southport (North Sefton)

🕒 10:00am to 12:00pm
📅 Nov 7th / Mar 9th / Jun 19th
📍 Linaker St, Southport, PR8 5DQ

Hudson Family Hub - Maghull (Central Sefton)

🕒 10:00am to 12:00pm
📅 Oct 10th / Feb 2nd / May 22nd
📍 Moorhey Rd, Maghull, Liverpool, L31 5LE

South Sefton Adult Education Centre - Seaforth

🕒 10:30am to 12:00pm
📅 Sep 12th / Jan 12th / Apr 16th
📍 53 Cambridge Rd, Seaforth, Waterloo, L21 1EZ

Working Families Need Childcare

Working families in Sefton whose children start school in September can save up to £2,000 per year, per child, on wrap-around care bills through the national Tax-Free Childcare scheme.

Many working families need childcare for the start and end of the school day or during school holidays. Through Tax-Free Childcare, they can get up to £2,000 a year per child - £4,000 if their child is disabled - towards the cost of that care.

To check if you qualify for Tax-Free Childcare and to register, visit:

www.gov.uk/get-tax-free-childcare

Carers Rights Day 2025

This Carers Rights day, **20th November 2025**, the Parent carer team will be hosting an Event from **10:30am - 12:30pm** to give Parent Carers a greater understanding of the support they can expect if CAMHS cannot support their child.

There will be speakers from CAMHS, Parenting 2000, Venus Centre and the Swan Centre. There will be a Q&A session and service marketplace stalls.

SEND Newsletter

Sefton Council want to keep families informed about the latest news in the world of Special Educational Needs and Disabilities (SEND) in Sefton.

Take a look at the latest newsletters that can be found by scanning the QR Code here:



<https://www.sefton.gov.uk/sendinthenews>

Rise Up Sefton

This is a commissioned service for young persons and families drug & alcohol misuse support.

They support young people aged 10 – 18 who use or are at risk of using drugs and alcohol and they support young adults aged 18 – 21 (up to 25 with a recognised SEN). They also support young people aged 6 upwards who have been affected by a parent's drug or alcohol misuse.

Contact Rise Up Sefton through their website www.changegrowlive.org/service/sefton-rise-up/info, call **0151 318 2804** or email Seftonyp.info@cgl.org.uk

Carefree Breaks for Carers

Sefton Carers Centre have teamed up with Carefree to offer much needed free breaks for carers. Carefree is a charity that transforms vacant hotel rooms into vital breaks for full-time unpaid carers.

You can find out more about Carefree through our latest News Bulletin by scanning the QR code:



<https://sefton-carers.org.uk/2025/07/16/carers-news-bulletin-july-2025/>