

MYST MASTERS

2026–27 SCHOOL YEAR

AGES 16+

MEMBERS & NON-MEMBERS WELCOME

Coached swim workouts for adults and older teens who want to maintain or improve their swimming fitness. All skill levels are welcome—from recreational lap swimmers to competitive swimmers and triathletes.

PRACTICE SCHEDULE

TUESDAY 6:00–7:00 a.m.	THURSDAY 6:00–7:00 a.m.	SATURDAY 8:00–9:00 a.m.
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SESSIONS & MEMBER FEES

Enrollment option	Fall Sept 8–Dec 19	Winter Jan 5–Mar 20	Spring Mar 23–June 5	Full school year Sept 8–June 5
All practices	\$265	\$265	\$265	\$595
One day per week	\$155	\$155	\$155	—

ONE-DAY OPTION Choose any one practice each week. Your practice day may change from week to week.

MYST Masters • McGaw YMCA