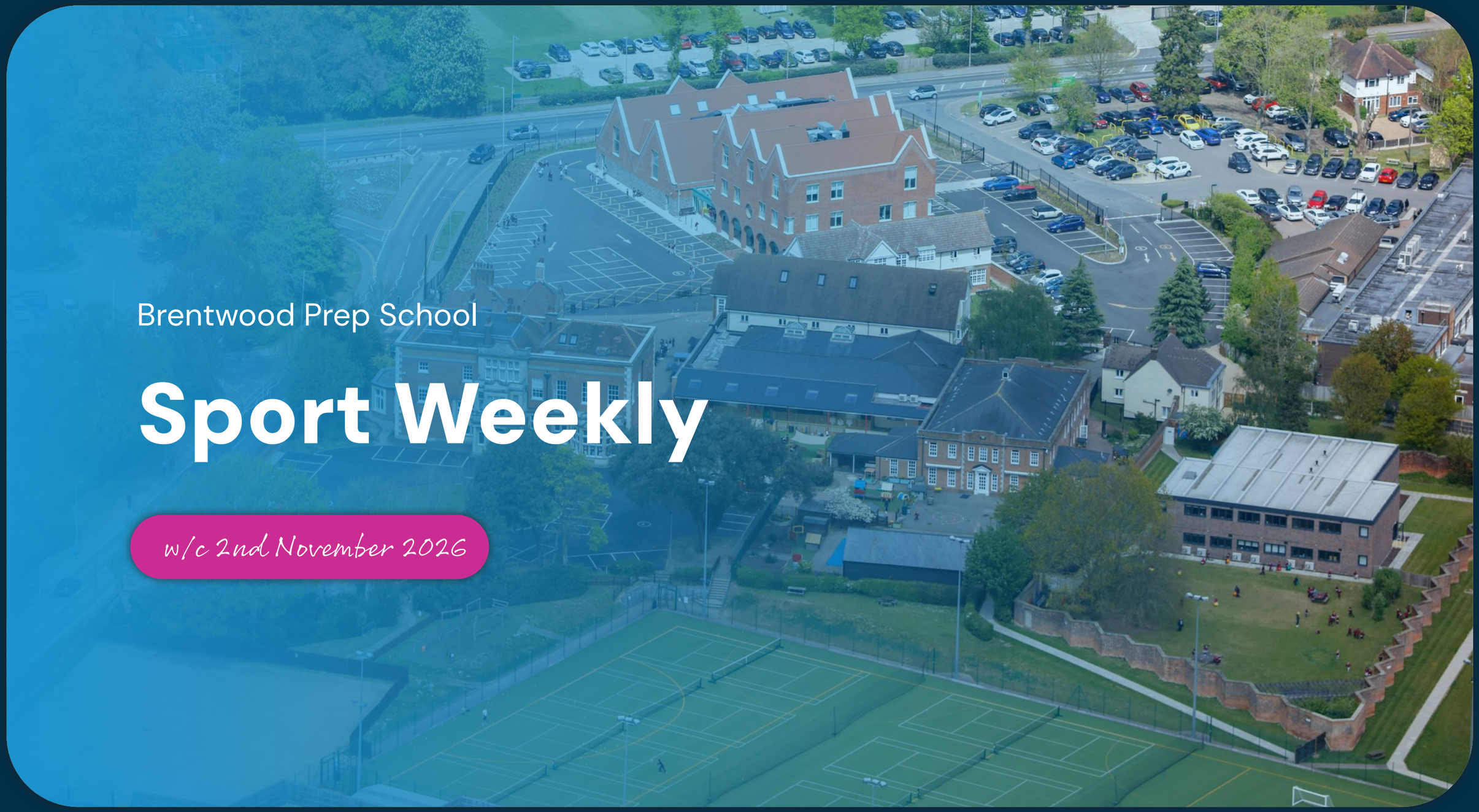


Brentwood Prep School

Sport Weekly

w/c 2nd November 2026

Brilliance & Bulletin



Miss S Le Blancq,
Director of Sport
(Prep)

What a fantastic week it has been across Prep Sport! From developing technical movement patterns in the PE curriculum to mastering match dynamics in Games, our pupils continue to show remarkable energy, determination, and sportsmanship.

Games Programme - Rugby & Hockey Progress

Our Michaelmas Term sports continue to go from strength to strength:

- **Rugby:** Boys across all age groups have made strides in technical aspects of their game, focusing on defensive alignment, passing fluency, and safe contact technique in game scenarios for Year 4 and upwards.
- **Hockey:** Girls have demonstrated impressive spatial awareness, stick skills, and tactical decision-making, transferring their training ground improvements directly into match fixtures.

PE Curriculum - Swimming & The Physical Learner Profile

- **Swimming:** Classes focused on refining core stroke techniques, breathing rhythm, and body position across front crawl, backstroke, and breaststroke to build efficiency and stamina. All pupils in Year 4 - Year 6 have engaged in the swimming trial sessions to record their current times for each of our major strokes.
- **Physical Learner Profile:** Pupils explored fundamental movement skills centred around key fitness components, focusing on agility, balance, coordination, and bounding/jumping. These core building blocks enhance overall physical confidence and movement control across all sports.

Senior School Students Teaching Prep

On Tuesday, we were delighted to welcome Senior School students to lead training sessions for our Year 4 and KS1 pupils. The older students designed and delivered engaging activities, providing fantastic encouragement while serving as brilliant sporting role models. Our younger pupils thoroughly enjoyed learning from the Senior pupils.

Boys' House Rugby & Girls' House Hockey & Football

Pupils will soon compete for their Houses in our annual inter-house tournaments. Pupils will need to wear their House tops on the following dates:

Boys' House Rugby Dates:

- Year 3 - Monday 7th December
- Year 5 - Wednesday 11th November

Please note that Years 4 and 6 will not be participating in House Rugby this term, as priority has been given to their extensive schedule of inter-school fixtures.

Girls' House Hockey & Football Dates:

- Year 3 - Monday 7th December
- Year 4 - Thursday 5th November
- Year 5 - Wednesday 9th December

Please note that the girls will need hockey and football equipment for these events. Year 6 will not be participating in House events this term, as with only nine available games sessions, priority has been given to their extensive schedule of inter-school fixtures.

Transition to Football & Kit Requirements

As we look ahead to the next phase of our Games programme, pupils will be transitioning to Football starting on the following dates:

Girls' Football
Year 3 - Monday 16th November
Year 4 - Thursday 19th November
Year 5 - Wednesday 18th November
Year 6 - Friday 20th November

Boys' Football
Year 3 - Monday 11th January
Year 4 - Thursday 19th November
Year 5 - Wednesday 18th November
Year 6 - Friday 20th November

Click here for our PE & Games Kit Guide

Required Kit Checklist:
All pupils participating in football games sessions must have the following items in school:

- Shin Pads (Mandatory for all training and fixtures)
- Football Boots (Moulded studs recommended for turf pitches)
- Brentwood Prep Games Kit

Shenfield Sport Partnership Football Tournament Year 3- 6 Girls

Girls from Years 3 to 6 competed in the Shenfield Sports Partnership Football Tournament for the very first time. Introduced as a brand-new addition to our fixture calendar, this event was deliberately selected to expand competitive pathways and maximise participation in girls' football across the School ahead of their football season in games sessions.

Throughout the tournament, the pupils showcased rapid development, deepening their tactical understanding and match-play confidence with every game. Beyond their individual and team progress on the pitch, every player represented Brentwood Prep with outstanding pride, enthusiasm, and sportsmanship, setting a wonderful benchmark for the continued growth of our football programme.

U11 Girls' IAPS & Essex County Hockey

The U11 girls had a busy and challenging couple of days last week, competing in the County Tournament on Thursday before taking part in the IAPS Tournament on Friday. Both competitions provided the opportunity to test themselves against strong opposition.

Although the girls found it difficult to settle into their rhythm at times, there were some encouraging performances, with several players showing great determination, resilience and improvement as the tournaments progressed. The team finished fourth overall in the County Tournament before reaching the Plate quarter-finals at IAPS. While the results did not always go their way, the girls worked hard throughout both days and gained valuable experience.

The tournaments highlighted areas for development, particularly the importance of starting strongly, maintaining focus and working together as a team. The girls should be proud of their efforts, and the experience will provide a positive foundation for the rest of the season.

U11 Girls' IAPS Football

Our U11 Girls showed great resilience at Westbrook Hay, facing a line-up of very strong opponents throughout a challenging tournament at this year's IAPS Qualifier. The team kept battling through every match, and their persistence paid off when they dug deep to claim a fantastic win in their final game. Finishing the day on a high provided a great boost to the Girls, with plenty of learning opportunities to prepare them for their next tournament.

Thank you to all our staff, coaches, and parents for your ongoing support across another action-packed half-term.



U9 Girls' SSP Football



U11 Girls' Football IAPS



U8 Girls' Hockey


Tiny Trotters
Atletico Trotters YFC
Beginner Sessions - Reception & Year 1
Every Saturday
9:15 - 10:15
Qualified Coaches DBS Checked
Fun Sessions
Friendly Environment
Developing Skills
Old Brentwoods Club
Old Brentwoods Club CM15 9SE
TROTTERSYFCSEC@GMAIL.COM


Wildcats
Atletico Trotters YFC
Girls Only Sessions - Ages 5-11
Every Saturday
9:30-10:30
Qualified Coaches DBS Checked
Fun Sessions
Build Confidence
Learn New Skills
Old Brentwoods Club CM15 9SE
CONTACT US!
TROTTERSYFCSEC@GMAIL.COM

Next Prep fixtures

w/c 02.11.2026

Click here to log in to SOCS

Sport	Team	Event	Venue	Venue Details	Date	Start Time	Return Time
Football	U11 Boys	Parish Cup vs Benhurst	H	Prep Fields	Tuesday 3rd November	14.15	15.50
Football	U11 Girls	Essex Cup vs Doddighurst	H	Prep Fields	Thursday 5th November	14.15	15.50
Rugby	U11ABCD Boys	Bancroft's	H	Scout Fields	Friday 6th November	14.30	15.50
Hockey	U11ABCD Girls			Prep Astro			
Football	U11 Boys	IAPS National Finals	A	Danes Hill School	Saturday 7th November	09.00	tbc

All team sheets and further details can be found on SOCS.
Any pupils that are not taking part in fixtures will be training at the Prep as scheduled.

Additional Fixture Information

All fixture information, including team lists, timings and venues, can be accessed via our online platform SOCS. We encourage parents to check this regularly to stay up to date.

Parents can see guidance on **how to use SOCS linked here.**

Visitor Information - Parking

Parking at school is limited and is, in most cases, unavailable for fixtures due to the requirements of parent collections. We advise that all spectators find alternative parking close to the town centre before making the short walk to the school.

We thank you in advance for your support and consideration with this.

Limited fixture parking will be made available whenever possible, and this will be advertised every week in this publication.

As a parent/guardian, I will strive to always:

- Encourage my child to play within the rules and respect officials' and coaches' decisions, never arguing with or harassing coaches, officials or other spectators or using inappropriate language;
- Ensure that my child understands that School sport commitments are as compulsory as curricular commitments such as lessons and that playing for the School and with one's teammates is a real privilege that takes priority over other sporting engagements, including club fixtures;
- Help my child to understand that competition is about both winning and losing and that results should be accepted with good grace and without undue disappointment;
- Promote this code of conduct to other parents, carers and supporters;
- Support my child's efforts and performance, giving positive comments that motivate and encourage continued efforts and participation, never criticising or ridiculing my child or other children for making a mistake or losing a game;
- Be a good role model – applauding positive play by both my child's team and their opponents and thanking the coaches, officials and other volunteers;
- Help my child to recognise good team and individual performance and the importance of skill improvement and good sport rather than simply winning;
- Teach my child to respect the rights, dignity and worth of all people involved in sport, regardless of gender, race, colour, disability, sexuality, age, occupation, religion or political opinion;
- Ensure that technology, such as smart phones or tablets, and related social media, such as Facebook, are used responsibly and do not bring into disrepute or cause offence to children, coaches, officials, volunteers or the School;
- Ensure that my child arrives on time and is collected promptly at the end of training and fixtures, informing the School in advance (when possible) if my child is unavailable for callendared School sport.



Brentwood School's Code of Sporting Conduct

Brentwood School's Code of Sporting Conduct is driven by its core values of integrity, teamwork, participation and excellence. Our code requires the highest standards of conduct from everyone involved in sport to ensure that their behaviour and actions embody our values of virtue, learning and manners. When they are involved in School sport, the enjoyment and safety of your child is of paramount importance to us. Every child will be encouraged and asked to ensure that their behaviour and actions meet the values and standards expected of them at all times. As parents/guardians, you are also asked to support our Codes of Conduct and embrace the spirit of sportsmanship.



Head Injuries & Concussion

Knocks on the head are common in Rugby. Fortunately most of these do not result in concussion. Concussion is a complex process caused by trauma that transmits force to the brain either directly or indirectly and results in the temporary impairment of brain function. Its development and resolution are rapid and spontaneous. Ultimately if you are unsure at any stage if a player has a head injury or is concussed you should seek medical attention.

Listed below are some of the possible signs of concussion:

Headaches – It is only normal after a blow to the head to suffer a mild headache. There could be some bruising or mild swelling over the scalp which may be tender, but this doesn't necessarily mean a player has concussion. If the headache seems to be getting worse this could be a cause for concern so seek medical attention.

Drowsiness – means they cannot be roused. It can be common for players to want to sleep for a short time (especially children) and it will be okay to let them do so. If there are further concerns you can wake them a few times during the night, especially if a knock on the head has happened just before bedtime. If, on the other hand, they are difficult to wake or show signs of confusion, seek medical attention.

Other Symptoms – Confusion, unsteadiness, memory loss and convulsiveness.

If players show any signs of the above they should seek medical attention. These are merely guidelines as you know your student better than anyone else, but please remember signs and symptoms could take up to 48 hours to develop and should be monitored.

Want updates? Follow us on Instagram & X

@bwprep_sport

Virtue.
Learning.
Manners.

A values-led 3 to 18 school.