

Explore your inner self

Saturday 29th &
Sunday 30th August
2026

The Grand Hotel,
North Promenade,
Blackpool, FY1 2JQ

Psychics

Crystals

Books

Mediums

Spiritual Art

Pagan Goods

Complementary

Therapists

Tarot Readings

Jewellery

Essential Oils

Handcrafted

Spiritual Gifts

Witchy Emporium

Shamanic

Sound Bath

Candles

Tarot Cards

10am - 5pm Saturday 10am - 4pm Sunday

BLACKPOOL MIND BODY SPIRIT EVENT

TALKS SCHEDULE

www.whitelightevents.co.uk

Adult £6.00 Concession £5.00

2 Day Adult £11.00

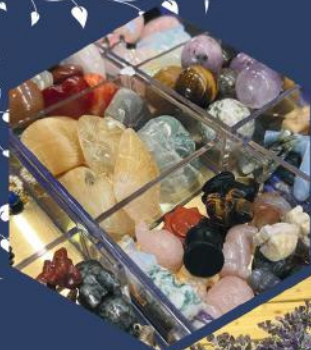
2 Day Concession £9.00

Concession - NHS, Disabled, Carer,

Unemployed, Blue Light, etc...

Child (Under 16) Free





Adele's Crystals
& Jewellery



adelescrystals
jewellery

Adelescrystaljewellery.com

Hi Im Adele from Adeles crystals & jewellery, I have always had a path that included crystals from being little and obsessed to growing and still being obsessed. I love to help people find the right crystal for them; the joy people feel from finding the right crystal always makes me smile. Im here to help with any kinds of crystals be them in any form. If you need any help or advice im always here to help.

SATURDAY 29TH AUGUST

Richards Sound Therapy with Richard Hissit

10.30

Join Richard as he gives us an insight and demonstration of the planetary tubes, set to the frequency of the eleven planets plus Sirius and moon Knott. He's made and tuned the set himself, with unbelievable reaction for those who experience their sound. A workshop not to be missed.

11.15

Using essential oils in your everyday life with Mel Foot - Discover the transformative power of essential oils in daily life. This talk explores practical applications, from enhancing mood to promoting wellness. Learn about integrating these natural aromas into your routines for relaxation, focus, and revitalization, empowering you to create a harmonious environment and elevate your overall well-being effortlessly.

12.00

There's a Crystal for That! with Adele

Discover how crystals can support your everyday life, wellbeing, and spiritual journey in this engaging and informative talk. Learn how to choose the right crystal for your needs, work with their unique energies, and build confidence in using them as part of your daily routine. Whether you're completely new to crystals or looking to deepen your knowledge, you'll leave with practical tips and fresh inspiration. The session concludes with a Q&A, giving you the opportunity to ask your own crystal-related questions.

12.45

Memory & Trauma with Gary from Words to Worlds

How does memory work normally? What happens in a moment of trauma? What techniques are available to relieve traumatic experiences?

1.30

Lets Talk Hypnosis with John Richardson

John's fascinating, and now legendary, mbs demonstration shows you why hypnosis is nothing to fear & how it can help with many of life's issues! John Richardson has been a professional stage and holistic hypnotherapist for many years and his talks and demonstrations are packed with information and fun... yes fun! you will soon see all benefits hypnosis has to offer and how hypnotherapy can help you... yes you! apart from past life regression, john daily treats clients @ the feel better fast clinic suffering emotional, anxiety & nervous disorders... fears, phobias & panic attacks... weight loss, 98% stop! smoking therapy and much, much more... but more and more of his clients are seeking his help with physical/organic ailments and finding their relief from healing through the mind... come & join us!



SATURDAY 29TH AUGUST

2.15

Join Claire from The Buddha and the Butterfly for an introduction to Crystal Grids and the magic of Sacred Geometry. In this talk, we'll explore how crystal grids can be used to amplify intentions, energy, manifestation, protection, healing, and connection. You'll learn the meanings behind sacred geometric patterns such as the Flower of Life and Seed of Life, along with practical guidance on how to set up and activate your own grids with purpose and intention. Perfect for beginners or those wanting to deepen their spiritual practice. Crystal grids and complete grid packs will also be available to purchase on the day.

3.00

Demonstration of Mediumship with Lynne Redvers - Join Lynne for her evidential demonstration of mediumship.

3.45

Alan Avaria-Moore - Introducing Spirit guides who are people who have lived many former lifetimes and once their karma debts are paid they do not need to reincarnate but are assigned to those who are about to be born/incarnate and need guidance and assistance in their earth life. We all have a spirit guide who are with us from birth to our passing other guides come and go throughout our life time and assist the living with certain situations you maybe going through for instance if you need support through learning or growing spiritually



SPIRIT EARTH

- Sterling silver jewellery
- Sacred space sprays
- Resins and incense blends
- Altarware
- Spell tools
- Sage

SACRED SPACE SPRAYS

Our Sacred Space Sprays are designed to purify and release negative energy or stressful energy, creating a serene environment in both your home and workplace. They can help restore calm and tranquility, fostering a positive atmosphere ideal for working, meditating, or simply being present.

These sprays are particularly beneficial in the workplace, counteracting the unwanted energy that can arise from computers and colleagues, thereby reducing your stress levels. In home settings, they enhance harmony, making them perfect for use before meditation, yoga, or other mindful practices to facilitate deep relaxation and presence.

We also have a spray to help protect your home and workspace and another specifically to cleanse your crystals.

Infused with pure essential oils, our sprays emit a gentle fragrance that elevates harmonious vibrations, helping you to centre yourself, feel grounded, and empowered. Use them to cleanse your space, foster a sense of stability, and inspire creativity.

Crafted with love, these sprays were specifically created to purify your home, workspace, meditation space and ritual space.

****Product Details****

- ****Directions**** Mist the spray in the four sacred directions of the room you wish to clear or bless.

- ****Storage**** Keep in a cool, dry place, away from direct sunlight.

- ****Warning**** Not for ingestion or application to the skin.



SUNDAY 30TH AUGUST

10.30	Mini Full Power Cacao taster Ceremony with Full Power Cacao - An introduction to Cacao and its health benefits for menopause, anxiety and to aid with medication. Discover this superfood with a free sample of Full Power Cacao.
11.15	Crystal Clarity: The Power of Perfect Placement with Adele Scott Discover the significance of placement in maximizing the benefits of crystals. This talk covers various environments, from home to workspace, and explores how positioning can enhance energy flow, create harmony, and promote healing. Learn practical tips for strategically placing your crystals to elevate your space and boost your well-being.
12.00	The Intuitive Power of Essential Oils with Mel Foot Experience a unique talk offering a personal reading that intertwines the senses with intuition. In this engaging talk, participants will explore essential oils, selecting scents that resonate with them. Each chosen aroma will guide a personalised reading, revealing insights and reflections based on the fragrance. Join us for this immersive journey of self-discovery, where scent and insight harmoniously converge.
12.45	Healing from Within with Hannah from Angelic Crystals Understanding ourselves is the key to healing, and transformation. When we understand how we work psychologically and physically, then we can identify our triggers, patterns, behaviours, and coping mechanisms. From there, we can work on healing. During this talk, we'll talk through some basic principles and strategies to help start you on this path.
1.30	"Messages from the Angelic Realms" with Marco from New World Creations - Step into a sacred and uplifting space as inspirational speaker and angelic channel Marco invites you to open your heart to the loving presence of the Angelic realms. In this deeply spiritual gathering, Marco will gently guide the audience into a higher vibration where the subtle and beautiful energies of the angels can be felt. Angels are radiant beings of divine light who walk softly beside us, offering guidance, comfort, and inspiration as we move through the unfolding journey of our lives. The Angelic realms remind us of the truth of who we are — powerful, loved, and infinitely supported. They whisper encouragement to our souls, helping us remember our inner strength, our purpose, and the sacred light that lives within us. Even in moments when we feel lost or uncertain, the angels remind us that we are never alone. During this special experience, Marco will connect with members of the audience, sharing heartfelt and intuitive messages from the Angelic realms. These messages often bring comfort, clarity, healing, and a renewed sense of hope. This is more than a talk — it is an opportunity to reconnect with divine guidance, open your heart to angelic love, and receive inspiration for your path ahead.

SUNDAY 30TH AUGUST

2.15

Meet your spirit guide, guided hypnosis with Nina from Tickety Boom Quantum Healing

Using the Dolores Cannon method Nina will guide you through a light hypnosis to meet your spirit guide. A beautiful and meaningful experience where your guide will deliver exactly what you need at this time.

3.00

Mediumship Demonstration with Jane the Taxi Psychic Jane the Taxi Psychic has spent years helping people receive messages of love, healing, and reassurance from those who have passed on.

With a unique blend of intuition, humour, and authenticity, Taxi Psychic demonstrates that the bond between us and our loved ones continues beyond this life. Through detailed and meaningful messages, Taxi Psychic brings forward evidence and memories that remind us that spirit is always close by.

Whether you are here seeking connection, curiosity, or simply an unforgettable experience, you are in for a powerful and uplifting demonstration!

3.45

What is Anubis (a form of reiki) and how to use it in your life with Karen Dinshaw

Anubis Reiki is a spiritual energy healing inspired by the symbolism, sacred geometry, and wisdom of Ancient Egypt. According to its creator, Valerie Dayton, the system was channelled in 1999 through Thoth and is intended to help practitioners reconnect with their inner essence, raise consciousness, and release limiting patterns. It draws upon the archetypal energies of Egyptian deities, particularly Anubis, who represents transformation, guidance and the passage from one state of being to another

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YOUR HOME MAY BE REPOSSESSED IF YOU DO NOT KEEP UP REPAYMENTS ON YOUR MORTGAGE

Upcoming

MIND BODY SPIRIT EVENTS IN THE NORTHWEST

25/26 APRIL	26/27 SEPTEMBER	BOLTON Bolton Wanderers Football Stadium, De Havilland Way, Bolton, BL6 6SF
16 MAY	24 OCTOBER	CHESHIRE Holiday Inn Runcorn Wood Lane, Runcorn, WA7 3HA
17 MAY	25 OCTOBER	HEYWOOD Heywood Civic Centre LCpl Stephen Shaw MC Way Heywood, OL10 1LW
4/5 JULY	10/11 OCTOBER	LIVERPOOL Aintree Race Course Ormskirk Road, Aintree, Liverpool, L9 5AS
29/30 AUGUST		BLACKPOOL Grand Hotel North Promenade Sea Front, Blackpool, FY1 2JQ
8 NOVEMBER		URMSTON The Venue 15 Westbourne Road, Urmston, M41 0XQ



www.whitelightevents.co.uk

BOLTON

MIND BODY SPIRIT EVENT

Explore your inner journey

Bolton Football Stadium

Burnden Way, Bolton, BL6 6JW

Saturday 26th & Sunday 27th September 2026

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Crystals

Books

Mediums

Spiritual Art

Pagan Goods

Complementary
Therapists

Tarot Cards

Candles

Sound Bath

Tarot Readings

Jewellery

Essential Oils

Handcrafted
Spiritual Gifts

Witchy Emporium

Shamanic

**Talks all
weekend**

Admission

Adult

1 Day £6.00

2 Day £11.00

Concession

1 Day £5.00

2 Day £9.00

Child (Under 16)

Free

Concession - NHS, Disabled, Carer, Unemployed, Blue Light, etc...

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