

Simply Elegant

AWARD WINNING SALON

THE SPRING *Issue*

SKIN RENEWAL

Our favourite treatments to reveal smoother, brighter, more radiant skin

SPRING BEAUTY FAVOURITES

Lashes, brows, tans, pedicures and more

SPRING SKINCARE

The products we love for healthy, glowing skin at home

RENEW • REFRESH • GLOW



Simply Elegant

AWARD WINNING BEAUTY SALON

SPRING 2026
EDITION

WELCOME

There is something about Spring that makes us want to feel fresh again. Lighter days, warmer weather and a new season ahead bring the perfect opportunity to refresh your skin, update your beauty routine, and enjoy a little more time for you.

At Simply Elegant, Spring is one of our favourite seasons for beauty. It is the time to bring back that beautiful glow, smooth and renew winter skin, freshen your lashes and brows, add a touch of colour with a natural-looking tan, and get those toes sandal-ready again.

In this edition, we are sharing some of our favourite ways to help you step into Spring looking and feeling your best.

Discover our Skin Renewal favourites, including Hydro Microdermabrasion, Microdermabrasion and Twist Microneedling, and learn how the right treatment can help reveal smoother, brighter, and more radiant-looking skin.

We will also take you through our Spring Beauty Favourites, from lashes and brows to glowing tans and beautiful pedicures, plus the little finishing touches that can make such a difference as the warmer weather arrives.

And because beautiful skin does not stop when you leave the salon, we are sharing our Spring Skincare favourites with the products our team loves for keeping skin healthy, radiant, and beautifully cared for at home.

So, whether you are ready for a complete Spring refresh or simply looking for a little inspiration, we hope you enjoy this edition and discover something that makes you feel beautiful this season.

We look forward to seeing you in the salon soon.

With love,
The Simply Elegant Team 

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Skin Renewal

A Fresh Start

FOR YOUR SKIN THIS SPRING

Spring is the perfect time to refresh, renew and restore your skin. Discover our favourite professional skin treatments and how the right approach can reveal smoother, brighter and more radiant skin.

Beautiful skin
isn't about perfection,
it's about confidence,
care and the right
support.



Understanding Skin Renewal



Your skin is constantly renewing itself. New skin cells form deep within the skin and gradually move towards the surface. When they reach the top layer, they naturally shed, making way for fresh, healthy cells beneath.

When we are younger, this process occurs quickly, leaving skin looking fresh and luminous. As we age, however, the renewal cycle gradually slows. Skin cells remain on the surface for longer, resulting in a complexion that can appear dull, rough or uneven.

Many people assume they simply need a richer moisturiser, but hydration alone cannot remove this surface build-up. Professional skin renewal treatments help support the skin's natural processes while creating the ideal environment for healthier skin.

Our 3 favourite SKIN RENEWAL TREATMENTS

HYDRO MICRODERMABRASION

Your instant skin refresh



Exfoliates, deeply hydrates and reveals a healthy glow

MICRODERMABRASION

Your instant skin refresh



Gently exfoliates to reveal smoother, brighter-looking skin.

TWIST MICRONEEDLING

Your instant skin refresh



Supports collagen renewal for firmer, smoother-looking skin.

OUR APPROACH AT SIMPLY ELEGANT

At Simply Elegant, we believe healthy skin starts with understanding how your skin naturally functions. Rather than chasing quick fixes or the latest trends, we focus on treatments that work with your skin to achieve healthier, stronger and more radiant results over time.

We'll explore our three favourite skin renewal treatments—Hydro Microdermabrasion, Microdermabrasion and Twist Microneedling—and explain how each one works, who it is suited to and why combining professional treatments with quality homecare delivers the very best outcomes.

SKIN RENEWAL TREATMENTS

Our favourites and why we love them

At Simply Elegant, we believe amazing skin is never just about quick fixes. It's about understanding how your skin works and choosing professional treatments that create real, lasting change.

01 HYDRO MICRODERMABRASION DEEP CLEANSE, INTENSE HYDRATION, INSTANT GLOW.

This treatment combines gentle exfoliation with intensive hydration. It removes surface impurities while infusing the skin with nourishing ingredients, leaving your complexion feeling clean and fresh.

Many clients notice an immediate improvement in texture and glow after just one treatment, making Hydro Microdermabrasion the perfect choice before special occasions or as an introduction to professional skincare—no downtime required.

02 MICRODERMABRASION REVEAL YOUR NATURAL GLOW.

By gently removing the build-up of dead skin cells, Microdermabrasion reveals brighter, smoother skin and helps your professional products work more effectively.

It's suitable for many skin types and can assist with dullness, uneven texture and maintaining a healthy complexion.

For some clients, regular Microdermabrasion is all they need to keep their skin feeling fresh. For others, it's the ideal steppingstone to advanced collagen-stimulating treatments like Twist Microneedling.

03 TWIST MICRONEEDLING RENEW YOUR SKIN FROM WITHIN.

For clients wanting to move beyond surface rejuvenation and support long-term skin health, Twist Microneedling is one of our favourite advanced treatments as it works beneath the surface by encouraging your skin's natural repair response. This stimulates collagen and elastin the building blocks that keep skin firm, smooth and resilient.

It may help improve the appearance of fine lines, acne scarring, enlarged pores, uneven texture, pigmentation, and the early loss of firmness that naturally occur as we age.

Collagen production naturally declines from our mid twenties and can accelerate during perimenopause and menopause. Collagen-stimulating treatments help support your skin to rebuild and strengthen itself.



WHY WE RECOMMEND A TREATMENT PROGRAM

Collagen takes time to develop. While your skin may feel refreshed after your first treatment, the most significant improvements occur gradually as collagen remodels beneath the surface.

For this reason, we often recommend a personalised treatment program rather than a single treatment. Each session builds on the previous one, creating cumulative improvements in skin quality, texture, and firmness. Your therapist will tailor the number and timing of treatments to suit your skin, goals, and lifestyle.

Our Team's Favourite



Ashleigh

My spring favourite would have to be Hydro Microdermabrasion. I love seeing the difference I can make to the skin, particularly when it's feeling a little dull or in need of a refresh after winter.

I also love pairing it with our Real Results Revitalising Regeneration Serum for home. Packed with hydrating and skin-supporting ingredients, including hyaluronic acid and collagen, it helps to keep their skin feeling beautifully plump and hydrated."



Did you know?

One of the biggest reasons clients feel their skincare has "stopped working" is not always the products themselves. As skin renewal slows with age, active ingredients can struggle to penetrate through the build-up of dead skin cells.



Professional exfoliation helps prepare the skin to receive the maximum benefit from your homecare.

Simply Elegant



SPRING

Beauty Favourites

THE LITTLE BEAUTY RITUALS
THAT FEEL SO GOOD
AT THIS TIME OF YEAR

Spring is all about fresh starts and little updates that make a big difference. From effortless lashes and brows to a healthy glow and beautiful pedicures, these are the finishing touches that help you look and feel your best.



LASHES & BROWS

Frame your face and wake up feeling effortlessly put together every day. We'll help you choose the perfect look to enhance your natural beauty.

SEE PAGE 9



BRING BACK A LITTLE COLOUR

A natural-looking tan instantly boosts your confidence and gives your skin that sun-kissed radiance—without the sun damage.

SEE PAGE 9

SANDAL-SEASON

Pedicures

SOFTER FEET, READY
FOR SUNNY DAYS

Our feet spend much of winter hidden away, so spring tends to be the season when we suddenly notice them again.

WHY PEDICURES MATTER

A beautiful pedicure is one of those traditional beauty treatments that has never gone out of style. Our Gold Class Pedicure combines essential foot and nail care with indulgence that turns maintenance into something special to enjoy.

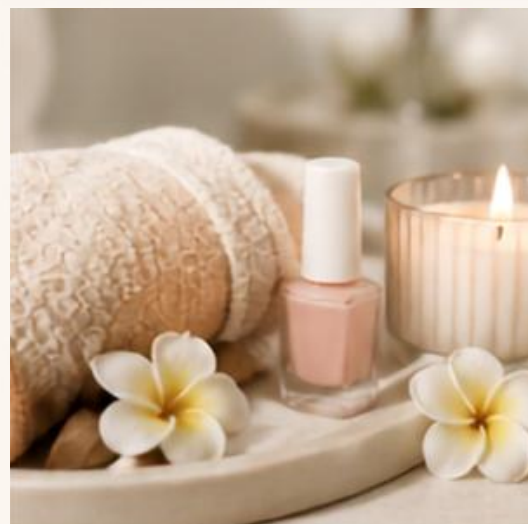
OUR PEDICURE FAVOURITE

A luxurious pedicure is the perfect way to reset and refresh your feet. Our treatment includes:

- ◆ Gentle exfoliation to remove dry, rough skin
- ◆ Nail shaping and cuticle care
- ◆ A relaxing foot and lower leg massage
- ◆ A polish finish for soft, smooth, beautiful feet

It's the ultimate self-care treat as we head into sandal season.

And, of course, there is always the important decision of choosing that first spring polish.



LASHES & BROWS

Effortless Beauty

Spring is often when we start wanting our beauty routine to feel a little lighter and more effortless.

A lash lift works with the natural lashes, lifting and curling them to help open the appearance of the eyes. Brow lamination has a similar effect on the brows, helping to smooth and position the hairs for a fuller, more defined look.

Together, they can make quite a difference without dramatically changing your natural features — which is why they have become such firm beauty favourites.



BRINGING BACK A LITTLE *Colour*

After winter, it is not unusual to feel as though our skin could use a little warmth.

A professionally applied spray tan can give the appearance of a natural, sun-kissed glow without the UV exposure associated with tanning in the sun.

The key is not necessarily to look tanned, but simply a little warmer and fresher, particularly as dresses, skirts and sandals start making their way back into our wardrobes.



SIMPLY ELEGANT EXPERT TIP

Exfoliate and moisturise in the days leading up to your spray tan for the smoothest, most natural-looking result that lasts.

AND THEN THERE ARE THE *Essentials*

Some beauty treatments aren't about trends at all. Waxing, brow shaping, lash and brow tinting, manicures and pedicures have quietly remained part of our beauty routines for generations.

They may not always receive the attention of the newest treatment or technology, but they are often the little things that make us feel the most groomed.

Perhaps that's one of the nicest things about beauty today. We can embrace advanced skin treatments and modern technology while still enjoying the simple rituals we have always loved.

And just a little reminder — all these beauty favourites are always available with our team at Simply Elegant. Sometimes it is the little beauty rituals that make us feel the most refreshed.



Emma

OUR TEAM'S FAVOURITES

I love doing brow laminations and lash lifts, especially coming into spring. Beautifully groomed brows and lifted lashes can make such a difference to the whole face while still looking natural.

To enhance the finished look at home, my favourites are the Ellabana Mascara and Brow Gel. The mascara beautifully defines freshly lifted lashes, while the brow gel helps keep laminated brows groomed and in place. They are such simple finishing touches that complement the treatment beautifully.

REAL RESULTS

Spring Skin

REFINE. RENEW. GLOW.

Just as we refresh our wardrobes and routines with the change of season, spring can be a lovely time to take another look at our skincare. After the cooler months, the focus shifts towards renewal, gently refining the skin, supporting healthy cell turnover, and bringing back that fresh, luminous glow.



YOUR *Spring Skin*

Three Real Results favourites to help you transition your skincare from winter into spring.



REFINE BRIGHTER SKIN EXFOLIANT

Regular exfoliation helps to lift away the build-up of dead skin cells that can leave the complexion looking dull and uneven.

Brighter Skin Exfoliant is a beautiful addition to a spring routine, helping to refine the skin's texture and reveal a smoother, fresher-looking complexion.

[LEARN MORE](#) →



RENEW RENEWAL VITAMIN A SERUM

Vitamin A is one of those ingredients we continually come back to when talking about skin renewal.

Renewal Vitamin A Serum supports the skin's natural renewal process and is particularly suited to those wanting to improve the appearance of texture, tone, and the visible signs of ageing.

As with any active skin care, Vitamin A should be introduced appropriately for your individual skin and always accompanied by daily sun protection.

[LEARN MORE](#) →



GLOW LUMINOUS ELIXIR

And finally, a little luminosity. Luminous Elixir is the finishing touch for skin that looks fresh, radiant, and beautifully nourished.

It is ideal when the complexion is feeling a little lacklustre after winter and you are looking to bring back that healthy-looking spring glow.

[LEARN MORE](#) →

OUR TEAM'S

Favourite

We asked Cherie, to share her thoughts on her Real Results favourites for spring skin.



"It is hard for me to choose just one favourite because great skin comes from using the right products together. For spring, I love focusing on renewal, regular exfoliation to keep the skin fresh, Vitamin A to support skin renewal, and Luminous Elixir for that beautiful, healthy-looking glow."

It is a simple combination, but one I think can make such a difference to how the skin looks and feels."

Cherie

SALON OWNER, REAL RESULTS STOCKIST

REFINE. RENEW. GLOW.

Simple focuses for transitioning your skincare from winter into spring.

[SHOP REAL RESULTS](#)

A LITTLE MORE TIME FOR *you.*

As the season changes, it's a beautiful reminder to make a little space for yourself.

We look forward to welcoming you at Simply Elegant this spring.



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