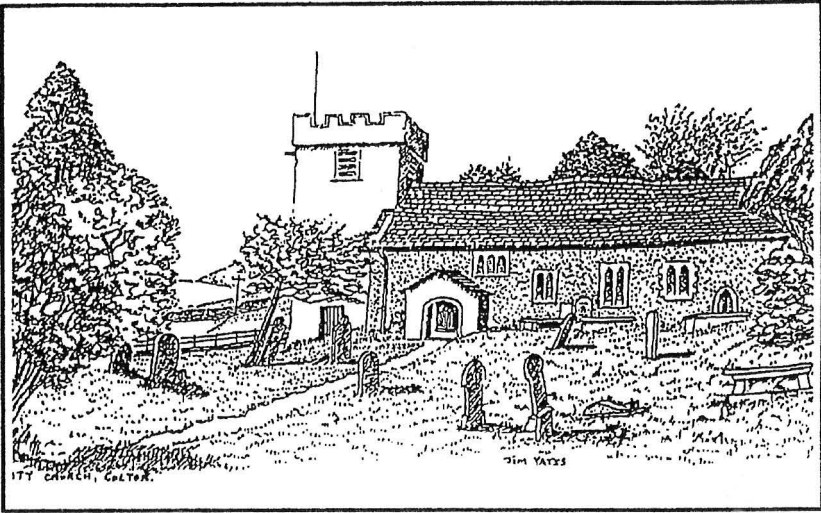




PARISH NEWS

Holy Trinity Church

COLTON

PASTORAL LETTER

March 2006

Dear friends

Everything under control?” – a pre-Lent reflection.

A story is told of a man taking the night-sleeper to Glasgow, who was very anxious to get off at Carlisle. He gave the night-guard a fiver to wake him, and make sure he got off there, no matter how irascible he was. Next morning he awoke – in *Glasgow*! He angrily confronted the guard, grabbing him by the lapels, swearing and cursing at him. But, when he had calmed down, he was very ashamed and began to apologize profusely for losing his temper. “Oh, don’t you worry, sir,” said the guard. “It’s *nothing* to what the fellow said that I *did* throw off at Carlisle.”

It may surprise us, but *self-control* is of great importance in God’s scheme of things. It is placed alongside love, joy, peace, patience, kindness, goodness, faithfulness and gentleness as the fruit of the Holy Spirit in our lives. It is not a matter of self-denial so much as self-discipline. (It is therefore a central plank of discipleship.) And it covers pretty well every aspect of our lives. Controlling our tongues is a good starting point, but, as soon as we start to think about it, it’s hard to find *anything* that doesn’t raise the question, “Is everything under control?”

How do I spend my *time*? “Amusement” is a great thing, but it really means *distraction*. Television, videos, computer games, sports, board games, jigsaws, crosswords etc. can be great diversions, but they *can* sometimes get out of control.

What about my *body*. We certainly need food and drink, and God has clearly given them to us to enjoy (Yes! Even wine – see Psalm 104 vv. 14,15!) But clearly we need to keep our eating and drinking under control – and take sufficient exercise.

And money? As well as apportioning a proper share to the work of God’s Kingdom, am I spending and saving wisely. Or am I over-indulging in

lotteries and gambling, or are my over-draft and credit card debts getting out of control?

Perhaps even more importantly, how am I doing in my relationships? Am I in harmony with my family, my friends, my neighbors. Perhaps, are my romantic instincts and attachments in good order, or am I giving way to passions and appetites that are really controlling *me*?

Lent is a prime opportunity for an annual check-over – a time to ask ourselves “Is everything under control?” It is *not* meant to be a time for giving up things that we ought not to be doing *at all!* But it *is* a time to undertake some *abstinence* for a while in areas that may be getting out of control. “Moderation in all things” is the Christian principle. At various times I have given up whistling, telling unnecessary jokes, watching television and buying books as well as other more personal disciplines, in order to make sure that I *do* have mastery over them. There’s plenty of scope.

Above all, perhaps, it is a time to check up on our relationship with God. It is only when *He* is in ultimate control of our lives that we can be sure that everything *is* under control. Jesus overcoming of *His* temptations is the best possible model for *us*. Perhaps you might find it good to join in with the Lenten studies on Wednesdays in the Benefice this year. It can be a great blessing.

Yours sincerely

Rev. David Gregg,

Lowick Green.



March's Bible Focus

"ALL YOU NEED IS LOVE"

There is so much love in the Gospels, you've got to read about it. Just five minutes and you'll feel better for the effort. Many of my favourite lines in the Bible talk of God's love, and they include that wonderful passage from Paul's First Letter to the Corinthians Chapter I3 verses 1 to 13.

And what are my favourite words from the Bible?

They appear in the Letter of Paul to the Romans, Chapter 8 verse 39.

"There is nothing in all creation that can separate us from the love of God in Christ Jesus our Lord."

So go on. Open your Bible and read the few verses before that wonderful verse above which talks of the love of Jesus- start at verse 31 and read on.

Having read it through, perhaps you will also remember so many of those references to God's love. In John's Gospel we hear that "God so loved the world that he gave His only Son, so that everyone who had faith in Him may not die, but have eternal life." And again, "This is my command to you, Love one another."

We have so much to be thankful for in our communities; a school, our societies, our shops and pubs, our churches and our people. With love and with care and consideration they will not be lost as has happened in so many rural communities.

"Lord, lift me up, put me in the palm of your hand and unlock the sealed chamber of my heart. Let love come in. Lord I have been walking. Been walking in the dark. Lord, hold my hand, I'm tired of stumbling in dark alleys. Put me in the palm of your hand. Lord, lift me up. Show me that love is still around. Lord, lift me up. Show me that love is still around".



COLTON CHRONICLES

The General Synod met recently and took a faltering step towards the ordination of women bishops with the customary cries of horror from the misogynists. One wonders when they, the feminists and politically correct will come to understand that the word man is the generic name for the human race and not merely male.

On a more positive note they approved the Holy Communion Regulations for the Admission of Baptised Children, which is a matter that our PCC needs to discuss. There was also, a plea for support by both the Government and the Church for rural communities.

Common sense did not last and the Synod spent valuable time on apologising for the Church's involvement in the Slave Trade some 200 years ago.

Those with internet can find more on the Church of England web site.

For PCC members the next meeting scheduled for Monday 20 March is cancelled and replaced with on **Tuesday 21 March** with a **Benefice PCC at Lowick, 7.30pm.** when the Diocesan Resources Officer Geoff Hine will be talking followed by a short business meeting.

Your editor in yet another moment of weakness has taken over the Readers Rota, on a temporary basis. Not only is your help and cooperation much needed but we require **more** readers. Training is always available. Donald.



FLOWER ROTA

Well, there isn't one as Lent starts on 1 March but there will be some daffodils on the 26th. as that is Mothering Sunday. (Take note **not** Mothers Day).

COFFEE

5 March Sue Dean & Helper.

2 April Sue Dean & Helper



MOTHERS UNION

The first meeting of the year was held at Haverthwaite when Joanna (Henson) spoke about "Answering God's call" describing her experiences and feelings encountered during her training for the ministry. We were very moved and inspired and we wish her well on her road to ordination. Thank you Joanna

Women's World Day of Prayer

A service is to be held in **Holy Trinity Church, Colton on Friday 3 March at 2.00pm.** Everyone is welcome. Wendy.



The Children's Society

Robert Alty will be running again in the London Marathon for funds for the Society which does so much wonderful work in helping young persons in difficulties. It needs your help so open your purses and be generous.

Wendy has the sponsor forms. Last year Robert raised £12,000; £300 of which from Colton.



PARISH NEWS

In the last issue we missed reporting the death of Mrs Ellen M Thornthwaite who lived in Bouth for many years before moving to Cartmel Grange Nursing Home and had reached the wonderful age of 99. The family would like to thank the friends and neighbours who gave her so much help and support whilst she lived in Bouth.

The family of the daughter Barbara's husbands nephew, the Coopers have now moved into Wear Bridge House. So a warm welcome to Roy and Jenny and children Hannah and Josh.

This grandparent business will not stop and we congratulate Connie & Paul Rushworth, of Bouth, on the birth of grandson Joseph Samuel on 28 December 2005. As usual we had prise out the names of the parents, Helen & Mark Tomlison.

We send our thoughts and prayers to Jack Burns who is back in hospital but doing reasonably well. He would welcome visitors.

Bouth Village Hall has now a Sound & Loop system and we thank the Cumbria CC 'Buildings for People' fund and the Neighbourhood Forum for their generous grants.

The Neighbour Hood Forum holds regular meeting where you and I can have a say on County Council and other community activities. They also have a fund to help community projects. For information on the Forum and for Grant Applications contact Lucy McQuillan Tel: 01229 894 103. Or E-mail lucy.mcquillan@cumbriacc.gov.uk. Address 6 Cross Street, ULVERSTON, LA12 7LF.

CAB, the Citizens Advice Bureau is looking for and would welcome new volunteers. If anybody is interested please contact Sandra Whittaker at the Town Hall Annexe, Theatre Street, ULVERSTON, LA12 7AQ, Tel: 01229 585 585 or Text: 01229 483 948.

We repeat that the **Memorial Stone** in that section of the Churchyard set aside for the burial of ashes is to be taken away and inscribed with new names. **If you want a name inscribed contact the Vicar ASAP.** Donald.



WOMENS INSTITUTE

After last month's issue was published a 'phone call was received from the delightful Penny, Bouth W I correspondent, it was crystal clear when she announced herself as Penelope that trouble was afoot. One event date was omitted and the other was wrong; how could this happen? Well, Penny, bless her, tends to be loquacious and after ploughing through a longish short story this editor was bemused if not confused and to be fair it was the fag end of a tiresome day.

Whether it will be correct this month it is too early to say although one has a feeling that Penelope will be ringing again.

BOUTH

At the last meeting on 8 February, Mr. Editor please note, Colin Penny, Deputy Manager of Lancaster Castle, spoke about the history of the castle from Roman times and explained that it was once a prison. It was fascinating, interesting and educational.

We send our good wishes to Ruth Pearson who is now back home and continuing her recovery.

The next meeting will be on **Wednesday 15 March, Village Hall, 7.15pm.** when Ms. S Winters will talk on "The National W I Committee and Cycle Cuba".

Penelope aka Penny.



SPARKBRIDGE & LOWICK

At our November meeting Barbara Watson was re-elected as President, Mrs S Philips, Secretary and Mrs. E Phizackerly, Treasurer. Margaret Campbell has resigned from the committee and we thank her for her many years of service and commitment. She will be missed. Our Christmas Dinner was held at the Britannia when we allowed husbands to attend and all in all it was a most enjoyable evening. In January Richard Scott gave an interesting talk 'Wind Farms'.

The next meeting will be held on **Tuesday 28 March, Lowick Sunday School, 7.30pm.** All are welcome.

Barbara.



COLTON PARISH NEWS

The first newsletters have been distributed and if one did not reach you and you want one, contact J. Dove Tel: 01229 885 647. if you would like to comment or contribute our E-mail address is coltonpc@tiscali.co.uk. We now have a web site - www.coltonparishcouncil.org.uk.

The District Council has commissioned a Housing Need & Market Survey. Postal questionnaires will be sent to sample households and it is important for those that receive the forms to be civic minded and complete and return them.

Judith.



SCHOOL NEWS

CARTMEL PRIORY

The whole school is stricken with sadness at the loss of the young son of Mr. Dave Wilson but are heartened by the generosity and support of the community. Our condolences and prayers go out to all the Wilson family in this, their time of grief and sorrow.

The school now has a new website www.cartmelpriory.cumbria.sch.uk which is already useful. Suggestion for improvement are welcome. (Note the ed. could not get past the welcome.)

A *plea* – please send a note to cover *any* absence. This is obligatory and the and the cost of chasing up notes since September is equivalent to five textbooks. It is also inconsiderate and discourteous to the office staff. Clive.



LEVEN VALLEY

We have now achieved both bronze and silver status, as we try to be an eco friendly school. This is linked with our ongoing work in the school garden. If anyone has some clumps of snowdrops they can spare, we would be pleased to have them, as after all our ground clearance, we now have more room!

We are going to help Christine Matthiessen with her project work to make >

puppets to send to children in earthquake torn Pakistan. This is part of work done by "Save the Children". If you have any wool, materials or trimmings, or even would like to help with the project, please let us know.

This term we offer a warm welcome to Josh Cooper, now living in Bouth, who has joined Class 3. His sister Hannah is at Cartmel Priory School.

Our Easter service is at **Finsthwaite Church on Wednesday 29 March at 2.30pm**. You are very welcome to join us.

Susan.



Leven Valley Cricket Club

The Club whose home ground is at Haverthwaite, is carrying out major ground improvements, buying new equipment and is looking for new players as part of its development. Players of any experience (and no experience) are welcome, as are umpires, helpers and anyone keen on cricket.

Winter indoor nets (at Ulverston) –**Tuesday Evenings-February/March .**

Junior coaching evenings (at Haverthwaite)-**Tuesdays in cricket season**

Anyone interested contact Russ Thompson Tel: 015395 30110, Mike Cairns Tel; 015395 31216, Martyn Weaver Tel; 01229 584 796, Peter Yates Tel: 01229 861 531.

Giles.



STAN BROWNLEE BURSARIES

- **ARE YOU** under 25 on 31st August 2006
- **DO YOU LIVE** in the Rusland Show district
- **DO YOU WANT** to develop your ability in **RURAL SKILLS, HORTICULTURE, HANDICRAFTS, HOME PRODUCE AND/OR FIELD SPORTS.**
- **THEN WHY NOT** apply for a Stan Brownlee Bursary.

Application forms can be obtained from Mr. J Woddy, Secretary RVHS, Woodview Cottage, Haverthwaite, Nr Ulverston, Cumbria LA12 8AE (Tel: 015395 31928

Applications need to be in by 31st March 2006

DIARY DATES

Colton Church Services

- 3 March **Womens World Day of Prayer – 2.00pm.**
5 March **Family Service – 10.30am.** – Coffee to follow.
15 March **Night Prayers – 7.30pm.**
19 March **Extended Communion – 9.30am.**
26 March **Holy Communion – 9.30pm.**



Other Dates

- 1 March Ash Wednesday- St David. **Communion – Penny Bridge - 7.30pm.**
7 March Cinema Club – Rusland Parish Room – 7.30pm.
12 March **Benefice Communion – Lowick – 10.30am.**
13 March Commonwealth Day.
15 March Bouth W I – Village Hall – 7.15pm.
17 March St. Patrick.
19 March **Joseph of Nazareth.**
21 March Benefice P C C. – Lowick Sunday School – 7.30pm.
22 March **Holy Communion – Penny Bridge – 7.30pm.**
25 March **The Annunciation of our Lord to the Blessed Virgin Mary.**
26 March **Mothering Sunday – Holy Communion – 9.30am.**
BST begins – Clocks 1 hour forward.
28 March Sparkbridge & Lowick W I – Lowick Sunday School – 7.30pm.
29 March Leven valley School **Easter Service – Finsthwaite – 2.30pm**
Cinema Club – Rusland Reading Room – 7.30pm.



Oxen Park Cinema Club

‘Inside I’m Dancing’ – A dynamic film with plenty of laughs – **Rusland, 7.30pm.** We are having an **Animation** workshop for under, **18 March.** Details contact Carol (see last month’s magazine). ‘Bata-ville’ – **Rusland, 7.30pm.** Made by Karen Guthrie of Grizedale. Carol.

1st	Ash Wednesday			
St Mary	Penny Bridge	7:30pm Communion		
Readings:	First Reading	Joel	2:1-2, 12-17	
	Second Reading	2 Corinthians	5:20b-6:10	
	Gospel	Matthew	6:1-6, 16-21	
5th	First Sunday of Lent			
St Luke	Lowick	9:30am Communion		
Holy Trinity	Colton	10:30am Morning Worship		
St Mary	Penny Bridge	11:00am Morning Worship		
Readings:	First Reading	Genesis	9: 8-17	
	Second Reading	1 Peter	3:18-22	
	Gospel	Mark	1: 9-15	
Readers:	Colton	E Fleming	C Holden	B Watson
	Lowick	W Keegan	& A Naylor	
	Penny Bridge	C Dykes	C Sadler	C Styles
Sidesmen:	Colton	TBA		
	Lowick	E Phizacklea		
	Penny Bridge	S James	& R Atkinson	
12th	Second Sunday of Lent			
St Luke	Lowick	10:30am Benefice Communion		
Readings:	First Reading	Genesis	17:1-7, 15-16	
	Second Reading	Romans	4:13-25	
	Gospel	Mark	8:31-38	
Readers:		F Inman	J Gregg	D Gregg
Sidesmen:		TBA		
	No service at Colton and Penny Bridge			
19th	Third Sunday of Lent			
St Luke	Lowick	9:30am Communion		
Holy Trinity	Colton	9:30am Extended Communion		
St Mary	Penny Bridge	11:00am Communion		
Readings:	First Reading	Exodus	20: 1-17	
	Second Reading	1 Corinthians	1:18-25	
	Gospel	John	2:13-22	
Readers:	Colton	R Smith	M Sanders	I Pirnie
	Lowick	G Mitchell	& F Inman	
	Penny Bridge	J Lambton	P Ashton	C Styles
Sidesmen:	Colton	TBA		
	Lowick	A Wood		
	Penny Bridge	J Lambton	& V Lambton	
26th	Mothering Sunday			
St Luke	Lowick	9:30am Methodist Service		
Holy Trinity	Colton	9:30am Communion		
St Mary	Penny Bridge	11:00am Morning Worship		
Readings:	First Reading	Exodus	2: 1-10	
	Second Reading	Colossians	3:12-17	
	Gospel	John	19:25-27	
Readers:	Colton	M Campbell	R Tarr	W Smith
	Lowick	G Jagar	& J Davis	
	Penny Bridge	Penny Bridge School		
Sidesmen:	Colton	TBA		
	Lowick	F Inman		
	Penny Bridge	Penny Bridge School & C & E Line		

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