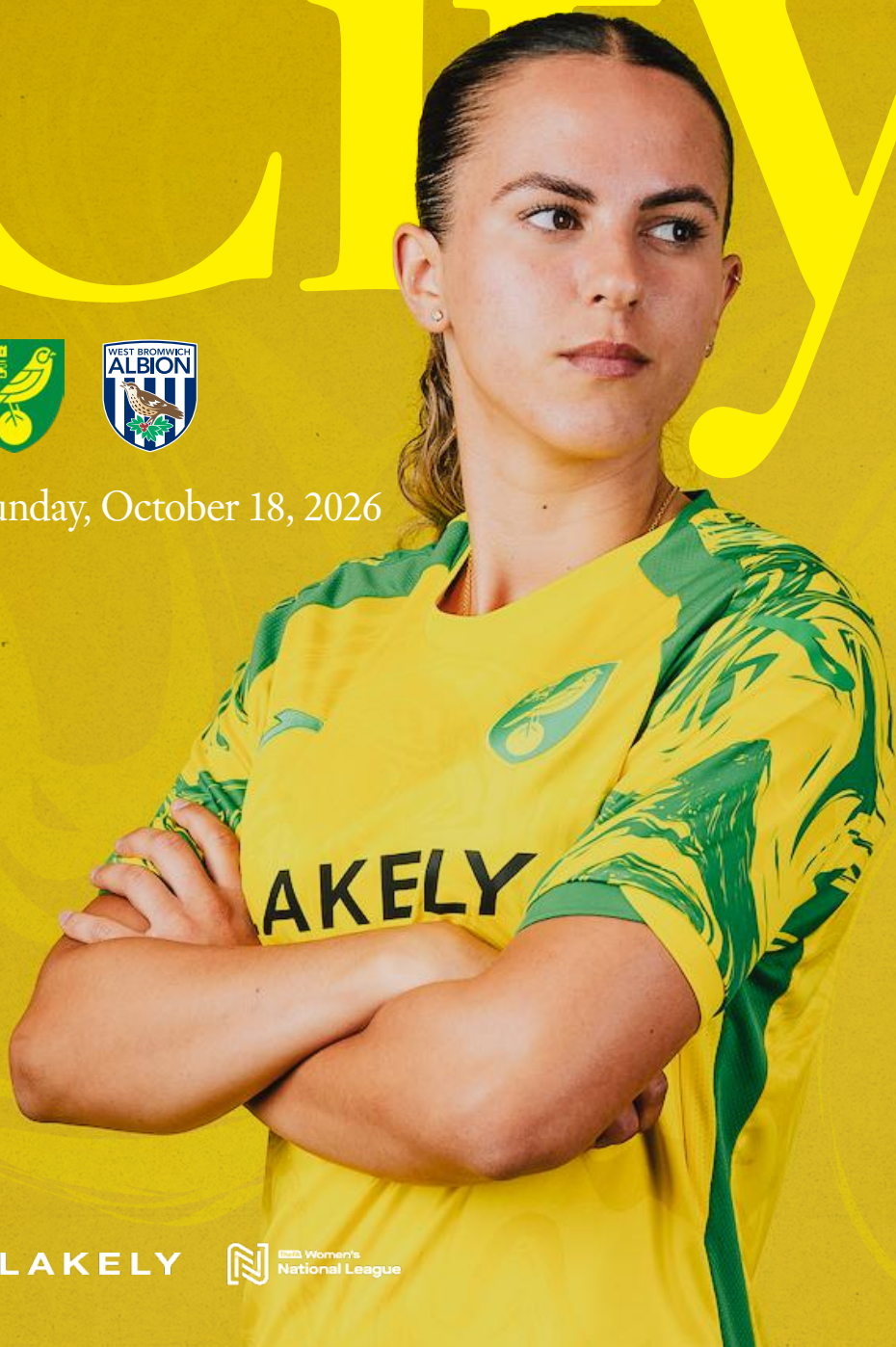


City



Sunday, October 18, 2026



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Women's
National League



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Notes from **Flo Allen**

Good afternoon and welcome back to The Nest for this afternoon's fixture against West Bromwich Albion.



While we are still searching for our first home league win of the season, performances at The Nest have shown plenty of positives. We hope today's game provides the platform to reward our supporters with that first league victory on home soil at Tier 3.

Since our last home fixture, we have faced two difficult away trips against Loughborough and Middlesbrough. We know how challenging it is to pick up points on the road in this league, so returning with four points from a possible six is something we are all collectively very pleased with.

Over the last 10 days, it has also been fantastic to see Bryony Brodie and Nat Johnson representing their countries on the

international stage. Opportunities to compete in international football are always special and everyone at the club is proud to see our players recognised and challenged at that level.

There is plenty for our supporters to be excited about over the coming months, with home fixtures in both the FA Cup and WNL Cup adding to an already busy and exciting schedule. We also look forward to welcoming Liverpool Feds to Carrow Road on Sunday, November 8, a fixture that promises to be another landmark occasion for the club and a celebration of the continued growth of women's football programme.

As always, thank you for your fantastic support. Enjoy the game, OTBC!

Head Coach Notes from Perry Northeast

Head coach Perry Northeast felt Norwich City Women's draw away to Middlesbrough on Sunday was a fair result.

"As with every game this season, it was highly competitive, highly physical.

"Both teams at different points of the game became a threat to the opponent and no doubt Middlesbrough will feel that they were good value for the point today and I think we were as well.

"It's always very difficult to come away from home against a side who are probably not in their correct league position right now and try and obtain that result because they were clearly hurting from last week's result.

"However, having said that, we produced some nice passages of play at times and when you go 1-0 up early in a game like that, away from home, it can be difficult. To come away here with a point today, I think it will be something that both teams will feel is fair."

Both sides battled hard for a late winner but couldn't find the finishing touch.

"The game in the second half became very open, very transitional. Both teams were looking to try and attack the game and achieve three points. And with that in mind, you must give credit to both teams.

"Neither team were sitting in and banking up for a draw. So, that in turn makes the game transitional.

"The substitutes we made today were also made with the sense of becoming attacking threats, which they were with lots of speed on the highest line.

"So, yes, a fair result and very transitional, but a good learning for us is how we can control those moments and continue to control the game when we are 1-0 up away from home."

The draw was Northeast's side's fourth of the season in the FAWNL Northern Premier





Division, with the head coach pleased they are becoming difficult to beat.

He added: "We have a set of principles with and without the ball that hopefully help as guiding tools in real hard situations and in difficult moments and that happened again today.

"When we talk about oppositions throwing in early deliveries, we know our box shape and structure has to be good and it was on the

whole today. We got caught out once from quite a direct transitional passage. But yeah, overall, we're happy with how we're operating defensively.

"West Brom will be another tough game. They're picking up points like most teams in the league. We'll take the trip home, reflect, review, train hard again this week as we did last week and look forward to the game coming up."

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2025/26 Squad



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Grace Riglar



Natalie Johnson



Eloise King



Evie Williams



Eloise Hall



Millie Daviss



Ellie Smith



Elliana Martin



Holly Kennard



Bryony Brodie



Eva-Jean Young



Faith Harrison



Poppy Groves



Emily Wallace



Lara Densley



Freya Symonds



Lauren Hailes



Issy Moore



Amber Locker



Poppy Francis



Zofia Szczech



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IN CROFTON



Feature Interview: Zofia Szczech

Norwich City's Zofia Szczech said the club were good value for their point in Sunday's 1-1 draw against Middlesbrough.

"It was definitely competitive. I felt that in the first half we were probably more in control of the game and in the second half they came out with quite a lot of fight.

"I felt like we dealt with it well, but we probably weren't as patient as we normally are in the final third, which is maybe why they were allowed to

have more momentum than they should have.

"All in all, I thought we fought well and just a lapse in concentration meant the game ended in a draw. We did well to fight back against their momentum with their home crowd as well.

"I think we've come away

disappointed, but happy to keep the momentum going in the form of a draw."

City faced a physical battle in the game but once again proved they were up to the task.

"I think now that we've played quite a few of these northern teams we're definitely getting used to the physical battle. I think you have to be able to do those because with a lot of the teams in the Northern Premier Division that is their way getting under your skin.

"If you don't compete in that, you can lose the game very easily. So, because we competed physically, we were able to stay in the game and still create our own chances.

"But we'll keep getting stronger so that we continue not to get bullied when we're away from home."

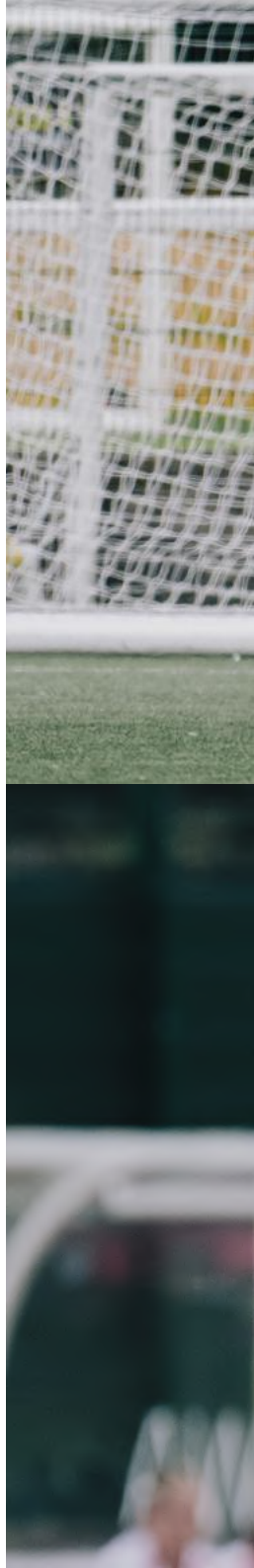
Szczeczek put in a strong display at both ends of the pitch and won the penalty that led to City's goal.

"I'm happy, obviously, to get my first league start for the club. I've been waiting a while, working hard behind the scenes and grateful to get my opportunity today. And I'm glad that I came out with an influence on the game, both defensively and in possession.

"I think that definitely is one of my strong suits whenever I am playing, I always want to make sure that I help out in attack and in defence so I'm glad that I got both sides of my game out today."

"I'm very excited to be back home this weekend, obviously when you play at The Nest we get that home advantage that Middlesbrough had today.

"The fans are always really loud and it always helps us when we have momentum, so we're excited to play some tough fixtures at The Nest and hopefully get some more positive results in them."





“

Because we competed physically, we were able to stay in the game and still create our own chances

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The Visitors: West Bromwich Albion

This afternoon we welcome West Bromwich Albion to The Nest for a Northern Premier Division fixture.

Our visitors have had a strong start to their 2026/27 campaign, currently sat in second place.

The Baggies hold the current best form in the division, having won all five of their last outings in all competitions.

In seven league games played so far, Charlie Fripp's side have two defeats and five wins.

Their only losses came early on

in their campaign, as they visited Middlesbrough and Stoke City in August.

The Reds were narrow victors in a 1-0 win on home turf, whilst the Potters won 2-0 at the bet365 Stadium the following week.

Albion's most recent league outings ended in a 3-1 victory over Loughborough Lightning and an emphatic 3-0 win against Derby County.

Their impressive results landed Fripp with a Manager of the Month nomination in September.

JUNIOR MASCOTS

1



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2



OLIVIA

FAVOURITE PLAYER:

BRYONY BRODIE

HOBBIES: FOOTBALL, ATHLETICS,
SAXOPHONE AND READING

3



AMELIA

FAVOURITE PLAYER:

EVIE WILLIAMS

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- | | | | |
|----|-----------------|----|---------------|
| 1 | Poppy Irvine | 16 | Emily Wallace |
| 2 | Grace Riglar | 17 | Lara Densley |
| 3 | Natalie Johnson | 18 | Freya Symonds |
| 4 | Eloise King | 19 | Lauren Hailes |
| 6 | Evie Williams | 20 | Issy Moore |
| 7 | Eloise Hall | 21 | Amber Locker |
| 8 | Millie Daviss | 22 | Poppy Francis |
| 9 | Ellie Smith | 23 | Zofia Szczech |
| 10 | Elliana Martin | 24 | Drew Wilson |
| 11 | Holly Kennard | 25 | Niyah Dunbar |
| 12 | Bryony Brodie | 26 | Sienna Booty |
| 13 | Eva-Jean Young | 27 | Megan Frary |
| 14 | Faith Harrison | 28 | Abi Calver |
| 15 | Poppy Groves | | |

