



SUPPORTED INTERNSHIPS



Supported Internships are for individuals aged 16 to 24 who have an Education, Health and Care Plan (EHCP).

The Eat That Frog CIC, Supported Internship Programme gives local businesses the chance to support young adults into work, while developing their own teams in the process.

SCAN ME



Learn in a real workplace, with ongoing support, while preparing for a future in paid work

Bridging the gap from education to employment

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ARE YOU AGED 16 TO 24 AND THINKING OF BECOMING AN INTERN?

WHAT TO EXPECT?

You'll:

- Learn in a **real world placement** for **16 hours per week**
- Be supported by **dedicated Job Coaches**, with support tapering as confidence and independence grows
- Build **confidence, independence** and valuable work **experience**
- Take **positive steps** towards your first paid job
- Be **part of a team** and **meet new people**
- Stay in a work placement for **6 to 12 months**
- Be treated as a **valued member of staff**



We'll:

- Provide **tailored support** for up to **26 weeks**
- Help you **prepare for adulthood** and the world of work
- Support you to build **confidence** and **independence**
- Match you with **a placement that suits your interests** and goals
- **Bridge the gap** between education and employment
- **Gradually reduce support** as your confidence and skills grow
- Help you understand **reasonable adjustments, Access to Work** and **supported employment** options
- Always be there to **support you and advocate for you**
- Support you into **further education** or **new employment** if that's the right next step



What happens when the internship comes to an end?

By the end of the internship, you'll have gained the skills, confidence and experience needed to move into paid employment. Many interns are offered a job with their placement employer. If a role is not immediately available, our Job Coaches and Careers Advisers will continue to support you every step of the way. This includes help with job searching, applications, CV writing and interview preparation, so you can move confidently into your next opportunity.

NEXT STEPS

If you are interested in becoming an intern, view the next steps page or scan the QR code to contact your local authority.



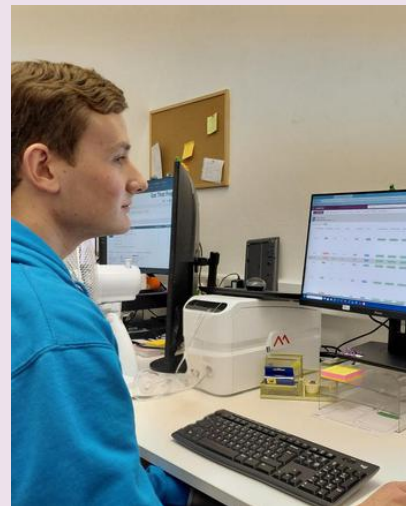
SCAN ME

ARE YOU AN EMPLOYER THINKING OF TAKING ON AN INTERN?

WHAT TO EXPECT?

Programme Structure:

- Interns will take part in a **formal interview** to understand the role requirements and **meet the employer in advance**
- Before starting, interns complete a 6-week work experience placement to **ensure they are the right fit for your business**
- Interns work **16 hours per week** within your organisation
- Dedicated Job Coaches provide **tapered support to both you and the intern**
- A fully **bespoke programme tailored to the needs of your business** and the individual



Employer Benefits:

- **No recruitment costs**
- Access to a motivated and **untapped talent pool**
- Support to **make your workplace more inclusive** and accessible
- **Support the next generation** to thrive in a workforce
- Opportunity to develop an intern into a **skilled member of your team**
- **Flexible Job Coach support**, providing as much or as little input as you need

What happens when the internship comes to an end?

By the end of the internship, you will have helped shape a confident, capable individual who understands your business and ways of working.

Many employers choose to offer a paid role, turning their intern into a valued member of staff.

If a role is not immediately available, our Job Coaches and Careers Advisers will continue to support the intern into further education or employment elsewhere, ensuring a positive outcome for both you and the individual.

NEXT STEPS

If you are interested in taking on an intern, view the next steps page or scan the QR code to contact our Employment Engagement Mentor.



NEXT STEPS

INTERESTED? WHAT YOU NEED TO DO NOW

Future Interns

To be eligible for a supported internship, a young person must be aged **between 16 and 24 and have an EHC plan**. Supported interns should have a strong motivation to work and want to spend the majority of their time in the workplace. Parents and carers sharing their aspirations for paid employment is also an important factor. Parent/Carer meetings will be available to fully explain all the details about supported internships.

Supported internships are not applied for directly through Eat That Frog CIC.

To get started, you will need to contact your local authority. They will guide you through the process and provide details about what is available in your area as part of their local offer. Links are below or available by scanning the QR code.

DEVON SEND OFFER

<https://www.devon.gov.uk/children-families-education/send-local-offer>

PLYMOUTH SEND OFFER

<https://www.plymouthonlinedirectory.com/plymouthlocaloffer>

TORBAY SEND OFFER

<https://torbayfamilyhub.org.uk/local-offer>



Employers

Ready to grow your team and make a difference?

We work with employers of all sizes and across a wide range of industries. If you can offer a supportive environment and meaningful work tasks, you can host a supported intern. You don't need previous experience, we'll guide you every step of the way.

Getting involved is simple, our Employment Engagement Mentor will talk you through the process, answer any questions and help you decide if a supported internship is right for your business.

Engagement Mentor:

Email:

Phone:



*Scan the QR code
to save our contact
details to your
phone*