

NÁDÚR



| F I N D A P U R E R Y O U |





Spa Day Packages

**All of the below packages include a two course lunch in The Brasserie*

FOR LADIES ONLY PACKAGE

€185

A choice of three of the following 30 minute pampering treatments: Ocean Fresh Facial | Marine Eye Treatment | Back Massage | Leg and Foot Massage | Hydrotherapy Bath | Honey and Irish Whiskey Salted Body Scrub

FOR MEN ONLY PACKAGE

€210

An Aromatic Sea Salt Bath | A 60 minute Muscle Recovery Ritual | A 30 minute Ocean Fresh Facial

OCEAN ESSENCE PACKAGE

€225

A 30 minute Seaweed & Peppermint Scrub | 45 minute Ocean Fresh Facial | Choose either a 45 minute Head and Shoulder Massage or 45 minute Leg and Foot Massage or 45 minute Back Massage

BUNDLE OF JOY PACKAGE

€245

60 minute Ocean Fresh Facial | 90 minute Maternity Massage using Hot Stones

BETTER TOGETHER PACKAGE

€440/Couple

Warm Outdoor Seaweed Bath each | 60 minute Full Body Massage each | Glass of Prosecco each

Body Treatments

Voya Organic Seaweed Leaf Wrap 90 minutes	€170
Voya Warm Spiced Mud Wrap 75 minutes	€159
Voya Sweet Peppermint & Seaweed Scrub 45 min	€105
Nádúr Honey & Whiskey Body Scrub 30 minutes	€89

Facial Treatments

Skin Formulas Deluxe Combi Facial 90 minutes	€179
Voya Seaweed Deluxe Facial 90 minutes	€169
Ground Biome Ritual 60/90 minutes	€149/€175
Voya Self Discovery Facial 60 minutes	€139
Skin Formulas Lactic Peel Treatment 45 minutes	€109
Skin Formulas Microdermabrasion 45 minutes	€109



Massage Treatments

Hot Stone Full Body Massage 90 minutes	€169
Freestyle Full Body Massage 75 minutes	€159
Grounding Full Body Massage 60 minutes	€149
Head, Neck & Shoulder Massage 45 minutes	€105
Broadening Back Massage 45 minutes	€105
Leg & Foot Reviver Massage 45 minutes	€105
Reflexology Treatment 45 minutes	€105

Rituals

Voya’s Seaweed Cocktail Ceremony 150 minutes	€289
Ground & Sound Ritual 120 minutes	€219
Honey Harmony Ritual 105 minutes	€189

Touch Therapy

GROUND Barróg Massage (Cancer Care) 60 minutes	NEW €145
GROUND Barróg Massage (Cancer Care) 90 minutes	NEW €185

**Proudly accredited and approved by SATCC.
(Standards Authority for Touch in Cancer Care)*



Outdoor Bathing Experiences

Warm Voya Fresh Seaweed Leaf Bath

€85

Warm Floral Aromatherapy Bath

€70

Optional add-ons to enhance your bathing experience:

Self Applied Ground Purifying Clay Mask

€20

Self Applied Voya Seaweed Cream Hair Mask &
Seaweed Eye Patches

€20

Bottle of Frizzante Prosecco €40

Glass of Frizzante Prosecco €9

‘Soak and Snack’ Package €109/pp

*Access to all thermal suite facilities | 45 minute
warm outdoor seaweed soak for each guest | a two
course lunch in The Brasserie*

Indoor Bathing Experience

Voya Mineralising Sea Salt Bath

€70



Men In Mind

Voya Face & Back Treat 90 minutes	€169
Brew & Renew Ritual 90 minutes	€159
Muscle Recovery Ritual 60 minutes	€155
Grounding Full Body Massage 60 minutes	€149
HOP in the Bath 20 minutes	€70



Love Yourself Ladies

Ground Hormonal Balancing Massage 90 minutes	€160
Full Body Maternity Massage 90 minutes	€169
Yummy Mummy Maternity Treatment 90 minutes	€169
Ground Serenity Endo Ritual 75 minutes	€139
Tension Easer Maternity Massage 45 minutes	€109



Sensory Sensitive Treatment

60 minutes (15 min consultation incl.) | €79

This is a full body massage OR facial treatment with the benefits of choosing to add or eliminate some sensory aspects to aid emotional regulation and the feelings of calm and safety. Our skilled therapists are trained in specialised techniques that prioritise sensitivity and comfort, adapting pressure and movements to your preferences.





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Ballygarry Estate, Hotel and Spa | Tralee, Co. Kerry, Ireland, V92 W279

066 7144560 | spa@ballygarry.com | ballgarry.com