

VOLUME 4 : ISSUE 10 : OCTOBER 2026

ALWAYS TASTEFUL



Pumpkin Paradise : pg. 6

Take A Walk : pg.12

Wedding Celebration: pg.8

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OCTOBER

Falling For Fall

"Fall Is Here"

While I love summer, I'm also a fan of October. There's a feeling in the air. It starts to cool down, and you can feel that change in the season. Although the nights can be cool, we still have those warm afternoons. It's great to see all the pumpkins coming out and, of course, the candy for Halloween. This month you can try out an Apple Dapple Cake. It's perfect for Fall. I want you to check out my favorite way to have a dipped cone from DQ. It's so good. Here's to the big season change into Fall.



LET'S EAT

Apple Dapple Cake

"Apple Season!"

Ingredients:

1.5 Cups Vegetable Oil
2 Cups Sugar
3 Eggs
1 Tsp. Vanilla
1 Cup Chopped Pecans
3 Cups Peeled & Chopped Apples
3 Cups Plain Yogurt
1 Tsp. Salt
1 Tsp. Baking Soda
3 Cups Flour

Sift and Set Aside:

Flour, Salt, Baking Soda

Directions:

Bake at 350 for 55-60 minutes in greased tube pan.

Sauce:

1 cup packed Brown Sugar
¼ Cup Milk
1 Stick Butter
Mix and cook this for 3 minutes.
Then pour this over the hot cake
and let it remain in the pan for 2
hours.

In A Large Bowl Combine:

Eggs
Sugar
Vanilla
Oil
Yogurt and mix.
Then slowly add
dry ingredients
and mix.
Then fold in
Pecans and
Apples.



LET'S EAT

Fried Faced Baked Potato

"Beautifully Brownd!"

"Here's the end result of a viral video on Instagram of a baked potato covered in parmesan cheese. Give it a try."

Ingredients:

3 Russet Potatoes
Olive Oil
Grated Parmesan Cheese or
Cheddar Cheese
Salt and Pepper
Butter

Directions:

Slice Potatoes in half and coat with olive oil all over.
Salt and Pepper all over.
Line a sheet pan with Parchment Paper. Sprinkle
Parmesan Cheese in little mounds with pats of butter.
Lay potato halves on the cheese and butter.
Bake at 400 degrees for 40 minutes or until fork
tender. When you take them out and lift them up
you'll see this golden brown potato half.



TRY THIS...

"Such A Treat!"

Coneless Dipped Cone

Who doesn't love a dipped cone? They are the perfect treat anytime of year. Here's something to try next time you are at the local Dairy Queen: ask for a dipped cone in a cup. They will do it. You end up with delicious dip falling to the bottom of the cup. You can pull it out and chomp on it! I love it.



PUMPKIN PARADISE

Uglier The Better

"Pefect Pumpkins"

I think ugly pumpkins are beautiful. The imperfect pumpkin has been popular for years now, they are always so unique. According to a 2025 article from Penn State, there are several reasons why they look this way, but the biggest one is the nature of pumpkins themselves. They've been cultivated to have the perfect Jack-O'-Lantern look, but perhaps you'll agree with me that the imperfection in pumpkins might be the perfect pumpkin after all. Here's the article from Penn State.

[Penn State On The Ugly Pumpkin](#)



EARLY SNOWFALL

October 2020

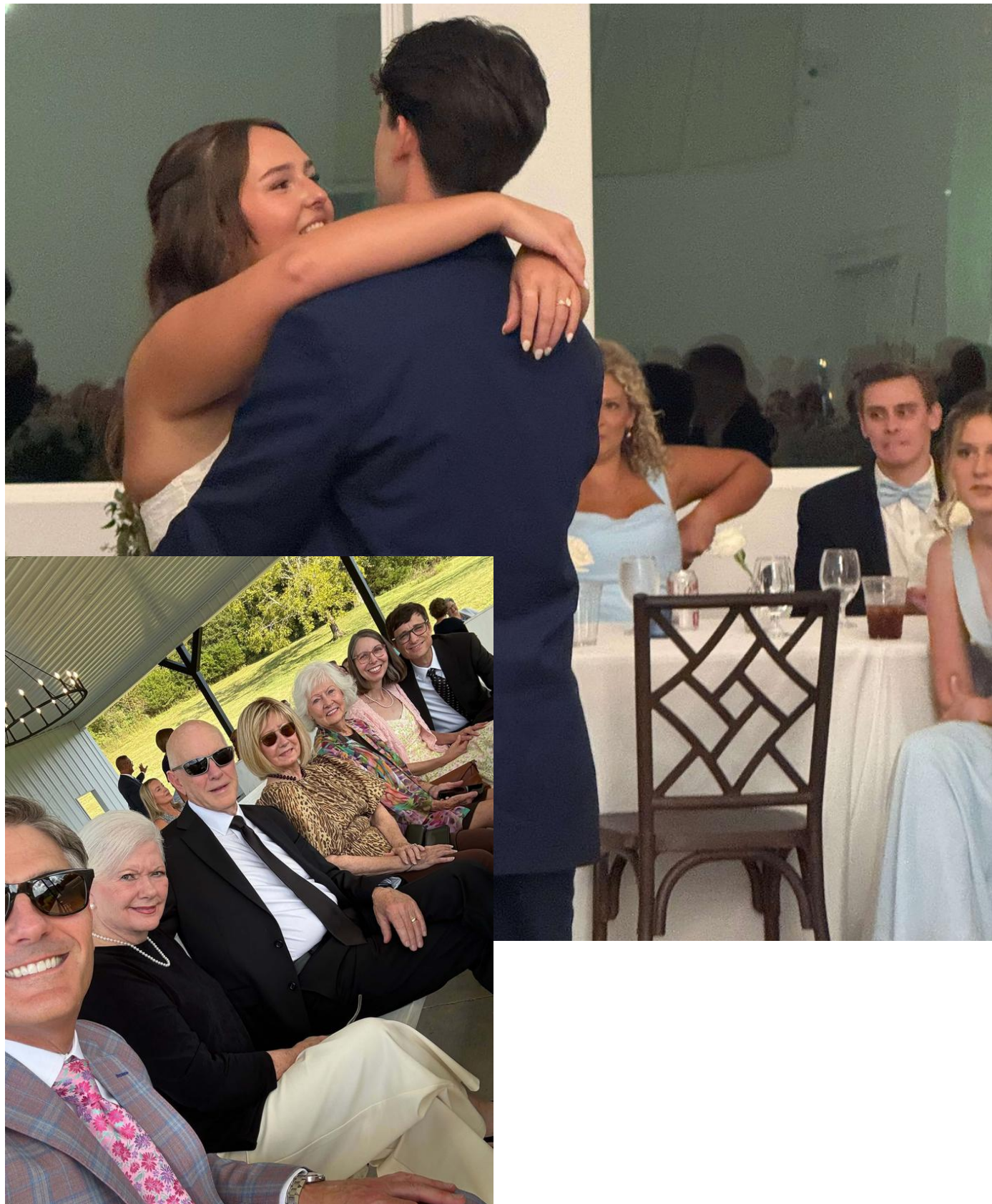
"Sure Can Snow Early Here!"

We can get snow in October in Minnesota easily. You've probably heard of the Halloween Blizzard of 1991. But in 2020, Minneapolis had 7.9 inches of snow. It was a major winter wake-up. But it did make for a pretty picture in my driveway.



WEDDING CELEBRATION

In September, I had the chance to see my second cousin Devin marry his bride Kendra. The location was so beautiful mountains in the background. I really enjoyed celebrating them both as they start their life together. The setting was one of the nicest I've seen. It was in Tennessee among the rolling hills. It was outdoors but also covered. Quite ideal.





RAIN JACKET

"Old School!"

If you spend time outdoors, you really should consider a good rain jacket. Especially in Minnesota. Did you know we have up to 117 days annually of inclement weather according to www.worldclimate.com? I recently purchased a rain jacket for hiking, and it's even useful with a suit or dress clothes when a trench coat isn't practical. This one is just long enough that it falls below the hips. This is useful on those rainy days to keep your pants dry. October seems like a good time to grab something like this since the bad weather hasn't come in yet. I found mine on sale, and now I'm ready for the season.



TRAVEL TIP

Where Is The Car?

"Make It Easy!"

I know when you are traveling it's easy to be rushed. When you park, make sure you snap a quick picture of the area you are parking in. It's so easy to forget where you parked at the airport because it all looks the same when you get home from that big trip.



TAKE A WALK

North Cedar Lake Regional Trail/Cedar Lake

"Good Walks!"

I have been on a walking journey finding interesting places to walk in the metro. Recently, the North Cedar Lake Regional Trail/Cedar Lake reopened after being closed for years while commuter rail was being installed. This is a 9-mile path from downtown out towards the west side of town.



CHRONICLE: LIVING IN A LOVE STORY

Mortise Lock

"Repair It!"



I finally got around to repairing the front door of my house. My initial thought was to replace the locks with new ones. But when I started researching on how to remove the old lock, I figured out this old Mortise Lock could be renovated. It's also fitted to the door. So I took out the lock and took it to a repair shop. They were able to clean it and make it work just fine. I think it was worth saving and not replacing.

Final Thought:

"October is a good month. We are ready for the season change and start to think about the cooler days ahead. I hope you enjoy the transition. If you get a chance to get away these last few days of warmer, yet crisp days do it. Take a walk or short trip out to a small city and have lunch. Here's to Fall.



**Til
Next
Time**
Paul