

SCHOOL MENU



WEEK 1 OPTIONS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup & bread £1.00	Chefs' choice	Chefs' choice	Chefs' choice	Chefs' choice	Chefs' choice
Option 1 All meals come with free veg or side salad £2.20	Chicken tikka masala Served with rice , GF seasonal vegetables & naan bread	Beef spaghetti bolognaise Served with seasonal vegetables & garlic bread	Sausage with mash, gravy, seasonal veg or beans	Destination & discovery theme day	Battered fish, GF available with wedges, peas & curry sauce
Option 2 All meals come with free veg or side salad	Sweet potato & butternut squash curry served with rice, GF seasonal vegetables & naan bread	Lentil & veg spaghetti bolognaise Served with seasonal vegetables & garlic bread	Veggie sausage with mash, gravy, sprouts & carrot	Destination & discovery theme day	Crispy crumb veggie burger with wedges, peas & sauce
Jacket & filling All main meals come with free veg or side salad £2.20	Baked beans (v) (gf) Cheese (v) Tuna and mayo	Baked beans (v) (gf) Cheese (v) Tuna and mayo	Baked beans (v) (gf) Cheese (v) Tuna and mayo	Baked beans (v) (gf) Cheese (v) Tuna and mayo	Baked beans (v) (gf) Cheese (v) Tuna and mayo
Hot breads Served with free veg or side salad £2.20	Hot baguette with cheese or cheese & beans Wrap or barm with breaded chicken fillets, onion rings & sauce	Hot baguette with cheese or cheese & beans Wrap or barm with breaded chicken fillets, onion rings & sauce	Hot baguette with cheese or cheese & beans Wrap or barm with breaded chicken fillets, onion rings & sauce	Hot baguette with cheese or cheese & beans Wrap or barm with breaded chicken fillets, onion rings & sauce	Hot baguette with cheese or cheese & beans Wrap or barm with breaded chicken fillets, onion rings & sauce
Deli & hot pasta Served with free veg or side salad £2.20	Pasta: Tomato & herb / daily special Fresh filled sandwiches & baguettes	Pasta: Tomato & herb / daily special Fresh filled sandwiches & baguettes	Pasta: Tomato & herb / daily special Fresh filled sandwiches & baguettes	Pasta: Tomato & herb / daily special Fresh filled sandwiches & baguettes	Pasta: Tomato & herb / daily special Fresh filled sandwiches & baguettes
Pizza quarter slice Served with free beans, veg or side salad £1.80	Margarita (V) / daily special Gluten free margarita	Margarita (V) / daily special Gluten free margarita	Margarita (V) / daily special Gluten free margarita	Margarita (V) / daily special Gluten free margarita	Margarita (V) / daily special Gluten free margarita

Our menus are reviewed regularly to reflect seasonal ingredients, student feedback, and dietary needs.

SCHOOL MENU



WEEK 2 OPTIONS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup & bread £1.00	Chefs' choice	Chefs' choice	Chefs' choice	Chefs' choice	Chefs' choice
Option 1 All meals come with free veg or side salad £2.20	Chicken madras GF Served with rice seasonal vegetables & naan bread	Beef lasagne with seasonal vegetables & garlic bread	Sausage with mash, gravy, seasonal veg or beans	Destination & discovery theme day	Battered fish, GF available with wedges, peas & curry sauce
Option 2 All meals come with free veg or side salad	Mixed veg & bean madras GF Served with rice, seasonal vegetables & naan bread	Mac n cheese with seasonal vegetables & garlic bread	Veggie sausage with mash, gravy, sprouts & carrot	Destination & discovery theme day	Fishless fingers with wedges, peas & curry sauce
Jacket & filling All main meals come with free veg or side salad £2.20	Baked beans (v) (gf) Cheese (v) Tuna and mayo	Baked beans (v) (gf) Cheese (v) Tuna and mayo	Baked beans (v) (gf) Cheese (v) Tuna and mayo	Baked beans (v) (gf) Cheese (v) Tuna and mayo	Baked beans (v) (gf) Cheese (v) Tuna and mayo
Hot breads Served with free veg or side salad £2.20	Hot baguette with cheese or cheese & beans Wrap or barm with breaded chicken fillets, onion rings & sauce	Hot baguette with cheese or cheese & beans Wrap or barm with breaded chicken fillets, onion rings & sauce	Hot baguette with cheese or cheese & beans Wrap or barm with breaded chicken fillets, onion rings & sauce	Hot baguette with cheese or cheese & beans Wrap or barm with breaded chicken fillets, onion rings & sauce	Hot baguette with cheese or cheese & beans Wrap or barm with breaded chicken fillets, onion rings & sauce
Deli & hot pasta Served with free veg or side salad £2.20	Pasta: Tomato & herb / daily special Fresh filled sandwiches & baguettes	Pasta: Tomato & herb / daily special Fresh filled sandwiches & baguettes	Pasta: Tomato & herb / daily special Fresh filled sandwiches & baguettes	Pasta: Tomato & herb / daily special Fresh filled sandwiches & baguettes	Pasta: Tomato & herb / daily special Fresh filled sandwiches & baguettes
Pizza quarter slice Served with free beans, veg or side salad £1.80	Margarita (V) / daily special Gluten free margarita	Margarita (V) / daily special Gluten free margarita	Margarita (V) / daily special Gluten free margarita	Margarita (V) / daily special Gluten free margarita	Margarita (V) / daily special Gluten free margarita

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SCHOOL MENU



WEEK 3 OPTIONS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup & bread £1.00	Chefs' choice	Chefs' choice	Chefs' choice	Chefs' choice	Chefs' choice
Option 1 All meals come with free veg or side salad £2.20	Chicken korma GF Served with rice seasonal vegetables & naan bread	Chicken arrabiata with pasta, seasonal vegetables & garlic bread	Sausage with mash, gravy, sprouts & carrot or beans	Destination & discovery theme day	Battered fish, GF available with wedges, peas & curry sauce
Option 2 All meals come with free veg or side salad	Spinach, chickpea & sweet potato curry GF served with rice, seasonal vegetables & naan bread	Quorn arabiatta with pasta, seasonal vegetables & garlic bread	Veggie sausage with mash, gravy, sprouts & carrot	Destination & discovery theme day	Cheese & onion swirls with wedges, peas & sauce
Jacket & filling All main meals come with free veg or side salad £2.20	Baked beans (v) (gf) Cheese (v) Tuna and mayo	Baked beans (v) (gf) Cheese (v) Tuna and mayo	Baked beans (v) (gf) Cheese (v) Tuna and mayo	Baked beans (v) (gf) Cheese (v) Tuna and mayo	Baked beans (v) (gf) Cheese (v) Tuna and mayo
Hot breads Served with free veg or side salad £2.20	Hot baguette with cheese or cheese & beans Wrap or barm with breaded chicken fillets, onion rings & sauce	Hot baguette with cheese or cheese & beans Wrap or barm with breaded chicken fillets, onion rings & sauce	Hot baguette with cheese or cheese & beans Wrap or barm with breaded chicken fillets, onion rings & sauce	Hot baguette with cheese or cheese & beans Wrap or barm with breaded chicken fillets, onion rings & sauce	Hot baguette with cheese or cheese & beans Wrap or barm with breaded chicken fillets, onion rings & sauce
Deli & hot pasta Served with free veg or side salad £2.20	Pasta: Tomato & herb / daily special Fresh filled sandwiches & baguettes	Pasta: Tomato & herb / daily special Fresh filled sandwiches & baguettes	Pasta: Tomato & herb / daily special Fresh filled sandwiches & baguettes	Pasta: Tomato & herb / daily special Fresh filled sandwiches & baguettes	Pasta: Tomato & herb / daily special Fresh filled sandwiches & baguettes
Pizza quarter slice Served with free beans, veg or side salad £1.80	Margarita (V) / daily special Gluten free margarita	Margarita (V) / daily special Gluten free margarita	Margarita (V) / daily special Gluten free margarita	Margarita (V) / daily special Gluten free margarita	Margarita (V) / daily special Gluten free margarita

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BREAKFAST & BREAK



COMPLIMENTARY BREAKFAST (8 AM)

Porridge
Toast
Cheese & tomato slice
Cereal with milk
Bagel 1/2
Mini waffle
Fruit
Pancake x 1
Hash brown x 1

MORNING BREAK

Porridge/Toast	Free
Bacon on a bun	£1.00
Egg on a bun	£1.00
Sausage hot dog	£1.00
Waffle	£1.00
Pastry	£1.00
Yoghurt pot	60p
Bagel	80p
Sausage	60p
Fruit pot small	60p
Oat cookie / flapjack	55p
Pancakes	45p
Hash brown	45p

Please ask a member of staff for our gluten free & vegan options.

TARIFF



All meal deals	£3.00
Main meal	£2.20
Hot filled wrap	£2.20
Hot filled baguette	£2.20
Jacket potato with one filling	£2.20
Pasta & sauce	£2.20
Pizza slice with beans	£1.80
Soup with bread	£1.00

Extra and sides	
Additional jacket fillings	£0.70
Garlic bread	£0.55
Baked beans	£0.55
Potato wedges	£1.10

Grab and go meal deal	£3.00
Baguette	£2.20
Fruit pot 4oz	£0.60
Fruit pot 8oz	£0.90
Home bake mini	£0.55
Home bake premium	£1.00
Drink carton	£0.80

MEAL DEALS £3

MAIN MEAL DEAL

- 1 MAIN MEAL
- 2 MINI HOME BAKE
- 3 EXTRA SIDE OR HOME BAKE

UK SEASONAL FRUIT AND VEG



September

Aubergine, Beetroot, Blackberries, Broccoli, Brussels Sprouts, Butternut Squash, Carrots, Cauliflower, Celery, **Courgettes**, Chicory, Chillies, Cucumber, Damsons, Garlic, Kale, Kohlrabi, Leeks, Lettuce, Mangetout, Marrow, Onions, Parsnips, Pears, Peas, Peppers, Plums, Potatoes, Pumpkin, Radishes, Raspberries, Red Cabbage, Rhubarb, Rocket, Runner Beans, Samphire, Sorrel, Spinach, Spring Greens, Spring Onions, Strawberries, Summer Squash, Sweetcorn, Sweetheart Cabbage, Swiss Chard, Tomatoes, Turnips, Watercress, Wild Mushrooms, White Cabbage.

October

Aubergine, Apples, Beetroot, Blackberries, Broccoli, Brussels Sprouts, Butternut Squash, Carrots, Cauliflower, Celeriac, Celery, Chestnuts, Chicory, Chillies, Courgette, Cucumber, Elderberries, Kale, Leeks, Lettuce, Marrow, Onions, Parsnips, Pears, Peas, Potatoes, Pumpkin, Quince, Radishes, Red Cabbage, Rocket, Runner Beans, Salsify, Savoy Cabbage, Spinach, Spring Greens, Spring Onions, Summer Squash, Swede, Sweetcorn, Sweetheart Cabbage, Swiss Chard, Tomatoes, Turnips, Watercress, Wild Mushrooms, Winter Squash, White Cabbage.

November

Apples, Beetroot, Brussels Sprouts, Butternut Squash, Carrots, Cauliflower, Celeriac, Celery, Chestnuts, Chicory, Cranberries, Elderberries, Jerusalem Artichokes, Kale, Leeks, Onions, Parsnips, Pears, Potatoes, Pumpkin, Quince, Red Cabbage, Salsify, Savoy Cabbage, Swede, Swiss Chard, Turnips, Watercress, Wild Mushrooms, Winter Squash, White Cabbage.

December

Apples, Beetroot, Brussels Sprouts, Carrots, Celeriac, Celery, Chestnuts, Chicory, Cranberries, Jerusalem Artichokes, Kale, Leeks, Mushrooms, Onions, Parsnips, Pears, Potatoes, Pumpkin, Quince, Red Cabbage, Salsify, Savoy Cabbage, Swede, Swiss Chard, Turnips, Watercress, Winter Squash, White Cabbage.

January

Apples, Beetroot, Brussels Sprouts, Carrots, Celeriac, Celery, Chicory, Jerusalem Artichokes, Kale, Leeks, Mushrooms, Onions, Parsnips, Pears, Red Cabbage, Salsify, Savoy Cabbage, Spring Greens, Spring Onions, Squash, Swedes, Turnips, White Cabbage.

February

Apples, Beetroot, Brussels Sprouts, Carrots, Celeriac, Chicory, Jerusalem Artichokes, Kale, Leeks, Mushrooms, Onions, Parsnips, Pears, Purple Sprouting Broccoli, Red Cabbage, Salsify, Savoy Cabbage, Spring Greens, Spring Onions, Squash, Swedes, White Cabbage.

March

Artichoke, Beetroot, Carrots, Chicory, Leeks, Parsnip, Purple Sprouting Broccoli, Radishes, Rhubarb, Sorrel, Spring Greens, Spring Onions, Watercress.

April

Artichoke, Beetroot, Carrots, Chicory, New Potatoes, Kale, Morel Mushrooms, Parsnips, Radishes, Rhubarb, Rocket, Sorrel, Spinach, Spring Greens, Spring Onions, Watercress.

May

Artichoke, Asparagus, Aubergine, Beetroot, Chicory, Chillies, Elderflowers, Lettuce, Marrow, New Potatoes, Peas, Peppers, Radishes, Rhubarb, Rocket, Samphire, Sorrel, Spinach, Spring Greens, Spring Onions, Strawberries, Sweetheart Cabbage, Watercress.

June

Asparagus, Aubergine, Beetroot, Blackcurrants, Broad Beans, Broccoli, Cauliflower, Cherries, Chicory, Chillies, Courgettes, Cucumber, Elderflowers, Gooseberries, Lettuce, Marrow, New Potatoes, Peas, Peppers, Radishes, Raspberries, Redcurrants, Rhubarb, Rocket, Runner Beans, Samphire, Sorrel, Spring Greens, Spring Onions, Strawberries, Summer Squash, Sweetheart Cabbage, Swiss Chard, Tayberries, Turnips, Watercress.

July

Aubergine, Beetroot, Blackberries, Blackcurrants, Blueberries, Broad Beans, Broccoli, Carrots, Cauliflower, Cherries, Chicory, Chillies, Courgettes, Cucumber, Gooseberries, Greengages, Fennel, French Beans, Garlic, Kohlrabi, Loganberries, New Potatoes, Onions, Peas, Potatoes, Radishes, Raspberries, Redcurrants, Rhubarb, Rocket, Runner Beans, Samphire, Sorrel, Spring Greens, Spring Onions, Strawberries, Summer Squash, Sweetheart Cabbage, Swiss Chard, Tomatoes, Turnips, Watercress.

August

Aubergine, Beetroot, Blackberries, Blackcurrants, Broad Beans, Broccoli, Carrots, Cauliflower, Cherries, Chicory, Chillies, Courgettes, Cucumber, Damsons, Fennel, French Beans, Garlic, Greengages, Kohlrabi, Leeks, Lettuce, Loganberries, Mangetout, Marrow, Mushrooms, Parsnips, Peas, Peppers, Potatoes, Plums, Pumpkin, Radishes, Raspberries, Redcurrants, Rhubarb, Rocket, Runner Beans, Samphire, Sorrel, Spring Greens, Spring Onions, Strawberries, Summer Squash, Sweetcorn, Sweetheart Cabbage, Swiss Chard, Tomatoes, Watercress, White Cabbage.