



MUSKIE COMMUNITY CENTER

August 2026

Community and Connections

More information for all events can be found on the Muskie flyer table or within our newsletter.

Free Hearing Screenings with Always Listening Hearing Aid Center

Friday, August 21 | 9 a.m.-1 p.m. | Donations appreciated

Join Hearing Care Practitioner Felicia Curtis from Always Listening Hearing Aid Center for free hearing tests, ear wax checks, and basic hearing aid cleanings. Take advantage of this opportunity to monitor your hearing health, ask questions, and receive personalized care during a private appointment. Registration is required, and appointments fill quickly. Register at the Muskie Center or call (207) 873-4745.

NEW

Try some of the new activities at Muskie!

We have a Nintendo Switch 2! Play Mario Kart World, Donkey Kong Bananza, Ninteno Switch Sports, or Mario Party Jamboree!

We have coloring books for adults and kids! Legos for the little builders in your life and so much more!



SAVE THE DATE! Muskie Rummage Sale

September 25 | 9 a.m.-3 p.m.

NOW ACCEPTING DONATIONS!

Weekly Community Activities

All prices listed represent suggested donations and do not reflect a required fee

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
Richard Simmons 9 - 10 a.m. \$2 Mahjong 12:30 - 3 p.m. \$2 Cornhole 1 - 4 p.m. \$3	Quilts & Crafts 9 - 11 a.m. \$2 Hand & Foot Noon - 2:30 p.m. \$2	Richard Simmons 9 - 10 a.m. \$2 French Social Hour 9:30 - 10:30 a.m. \$2 Cribbage Noon - 2:30 p.m. \$2 Chess Club 2 - 3:30 p.m. \$2	Line Dancing 9 - 10:30 a.m. \$3	Richard Simmons 9 - 10 a.m. \$2 Hand & Foot Noon - 2:30 p.m. \$2 Cornhole 1 - 4 p.m. \$3

Community Resources

* Registration Required

* Technology Class \$7 Aug. 25 10 a.m. - 1 p.m. * Medicare-SHIP Weekly 9 a.m.- 12 a.m.	Family Caregiver Support Aug. 19 1 - 2:30 p.m. Donations Welcome	* Veteran Assistance Aug. 6 8 a.m. - 2 p.m. CMP Power Hour Aug. 20 9 a.m. - 1 p.m.	* Medicare 101 Aug. 28 1 - 3 p.m. Donations Welcome
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August 2026

Lunch is offered to the public 11 a.m. to 12:30 p.m.

Monday	Tuesday	Wednesday	Thursday	Friday
3 Pasta Primavera With Cheese Seasonal Vegetables Chickpeas Or Salad Bar Dinner Roll	4 BBQ Chicken Mashed Potato Corn Or Salad Bar Cornbread	5 	6 Chicken Tenderloins in a Cream Sauce Lemon Herb Orzo Carrots Or Salad Bar Dinner Roll	Breakfast Buffet 7 Breaded Fish Filet Roasted Red Potatoes Spinach Or Salad Bar Dinner Roll
10 Baked Ham & Pineapple Scalloped Potato Seasoned Corn Or Salad Bar Dinner Roll	11 Chicken Marsala Pasta Zucchini & Tomatoes Or Salad Bar Dinner Roll	12 Orange Teriyaki Pork Rice Peas & Onions Or Salad Bar Dinner Roll	13 Cheese Burger Thyme Potatoes California Blend Vegetables Or Salad Bar Dinner Roll	Breakfast Buffet 14 Teriyaki Salmon Mashed Sweet Potato Ranch Broccoli Or Salad Bar Dinner Roll
17 Ground Pork & Black Bean Jambalaya Summer Squash & Tomato Duo Or Salad Bar Biscuit	18 Roast Pork Scalloped Potato Beets Or Salad Bar Dinner Roll	19 Chicken Tikka Masala Basmati Rice Chickpeas Or Salad Bar Naan Bread	20 Cheese Ravioli with Meat Sauce Steamed Broccoli Or Salad Bar Dinner roll	Breakfast Buffet 21 Baked Stuffed Haddock Baked Potato Basil Summer Squash Or Salad Bar Dinner Roll
24 Beef Patty with Mushroom Gravy Mashed Potato Green Beans Almond Or Salad Bar Dinner Roll	25 Irish Banger (sausage) Or (2) Hot Dogs Baked Beans Beets Or Salad Bar Roll	26 Balsamic Glazed Chicken Tenderloin Jasmine Rice Carrots & Thyme Or Salad Bar Dinner Roll	27 Deli Day! Tuna, Ham, or Turkey Salad Potato Salad 4 Bean Salad or Salad Bar Asst. Breads	Breakfast Buffet 28 Seafood Chowder 4 Bean Salad Salad Bar Biscuits & Crackers
31 Southern Fried Chicken with Gravy Baked Beans Garlic Spinach Or Salad Bar Corn Bread			All lunches are served with 1% milk, water, and fruit salad. Community Fundraising make the following available: Salad, Coffee, Tea and Desserts.	Breakfast Buffet Fridays 8 - 9:30 a.m. Cost: \$8 Scrambled Eggs, Bacon, Sausage, French Toast, Home Fries, Fruit Salad, Milk, Orange Juice

Congregate diners age 60 or older are not required to pay, contributions are by donation, are voluntary and can be confidential. congregated diners under 60, a fee of \$7.50 is required (unless noted otherwise).

We are an equal opportunity provider.