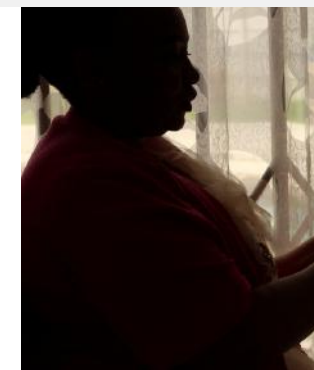


40

Dikeledi

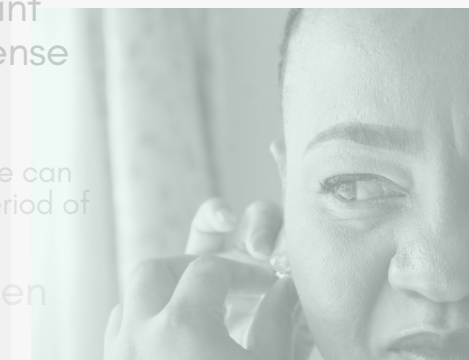
With age often comes wisdom and personal growth. By the time people reach their 40s, they have faced various challenges, learned from them, and developed resilience, which can enable them to embrace new opportunities and take risks.



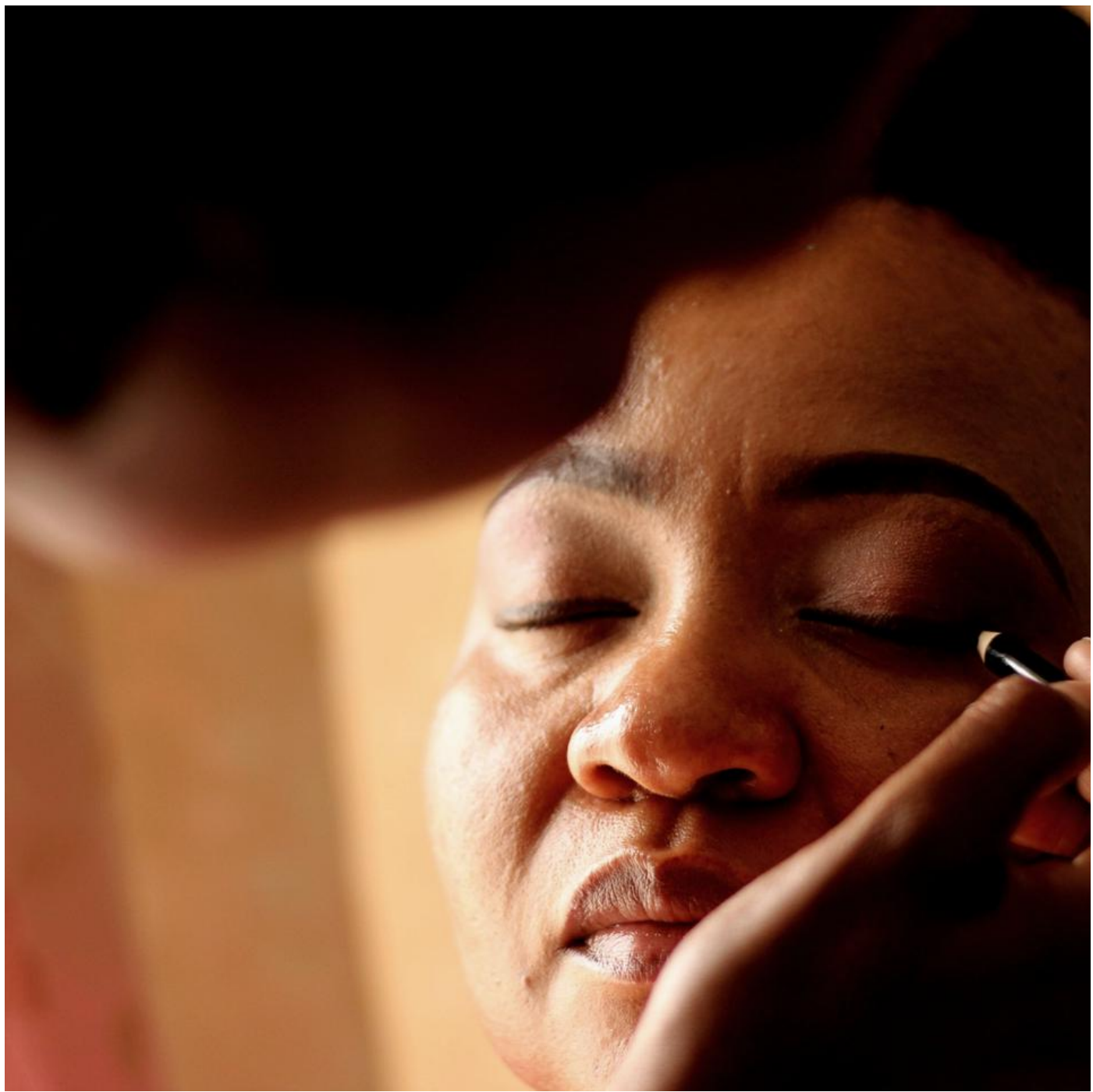
By the time you reach 40s, you would have gained a deeper understanding of yourself, your values, and what you want out of life. This self-awareness can lead to a renewed sense of purpose and direction.

Overall, the saying "life begins at 40" encapsulates the idea that middle age can be a time of renewal, growth, and newfound opportunities, rather than a period of stagnation or decline. It emphasizes the potential for positive change and exploration at this stage of life.

40 marks a significant milestone where individuals often experience a shift in perspective, priorities, and opportunities.













Ke mokubung wa tshehlana
Tshehlana o ka ka lefatshe lohle
Tshehlana o ka ka ntlo ya moseme
Ka re ka hata moo ka hata tshehlana
Ma gadimana ntweng, batho ha ba ja ha ba gadimane
Kubukubu ntsha marota re bone



Dear Me,

As you sit down to read this letter, you're 40 years old now, and I hope you're feeling a sense of pride and contentment for all that you've achieved and experienced thus far. However, I also know that reaching this milestone might have brought with it a myriad of emotions, reflections, and perhaps even a touch of apprehension about what lies ahead. So, let's unpack those feelings together.

Firstly, congratulations! You've made it to a point in life where you've gathered wisdom from your experiences, triumphs, and setbacks. You've navigated through the ups and downs, learning valuable lessons along the way. Embrace this wisdom; it's a testament to your strength and resilience.

At 40, you might find yourself contemplating your achievements and measuring them against the expectations you had in your younger years. Remember, success is not solely defined by external markers like career accomplishments or material possessions. It's equally about the relationships you've nurtured, the lives you've touched, and the person you've become.

It's natural to feel a sense of nostalgia for your youth, but don't dwell on it too much. Instead, cherish the memories and be grateful for the experiences that have shaped you. Your journey is far from over; there are still countless adventures and opportunities waiting to be explored.

On the flip side, you might also be grappling with the realization that time seems to be moving faster than ever. This can be a sobering thought, but it's also a gentle reminder to live in the present moment, to savor each day, and to prioritize the things that truly matter to you.

As a woman in her forties, you may also find yourself reevaluating your priorities and reassessing your goals. This is a natural part of the aging process, and it's okay to embrace change and adapt your plans accordingly. Remember, life is fluid, and it's never too late to pursue your passions or reinvent yourself.

Above all, remember to be kind to yourself. Embrace your flaws, celebrate your strengths, and give yourself the grace to make mistakes along the way. You're a work in progress, constantly evolving and growing into the best version of yourself.

So, here's to you, my dear 40-year-old self. May this next chapter of your life be filled with joy, fulfillment, and endless possibilities.

With love and admiration, Self





Anta

Your unwavering love and support mean more to me than words can convey. From the countless sacrifices you've made to the endless encouragement you provide, I am constantly reminded of how lucky I am to have you as my mother.

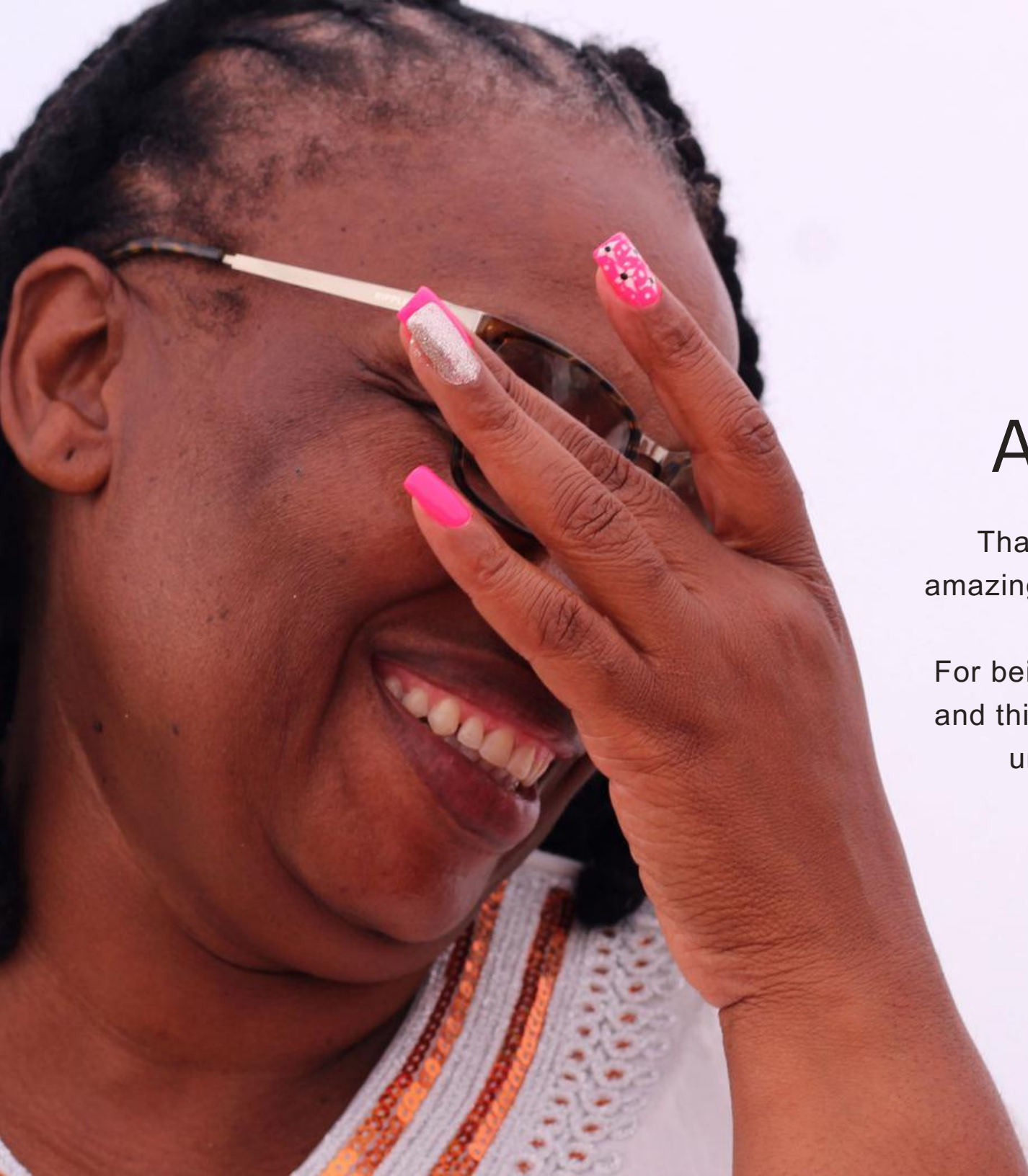


Ausi Mamonethi

Enwa ke eo ke ntshanang se inong le yena, ya ntshietseng letswele my
confidant.

You unconditional love have seen me through both joyous moments and
challenging times. Whether we're sharing laughter or wiping away tears, I
know I can always count on you to be there by my side.

Ke ya leboha 



Ausi Pinki

Thank you for being the most amazing sister anyone could ask for.

For being there for me through thick and thin, for your endless patience, understanding, and love.

I love you

Abuti Sethabela. O dula a
mpolella hore o proud ka seo ke
leng sona.





KATLEHO.

Ke leboha Modimo ka bophelo ba hao, hlomphe eo o mphang yona ka matsatsi ohle, lerato leo o mpontshang lona.

May God grant you all your heart desires





Tumi

Enwa ena o ikentse mohlahlamani waka. I love the way he is over protective ho rona, ha a rate ho bona re utlwile bohloko. Modimo a ofe ditabatabelo tsa pelo yohle ya hao..





My Pastor

Her life made me choose Jesus as my Lord and Saviour.

She made living for Jesus easy. I want to thank you for the woman you are, representing the Kingdom of God the best way you can.

A handwritten signature in black ink, consisting of a series of loops and a long horizontal stroke.



Thank You

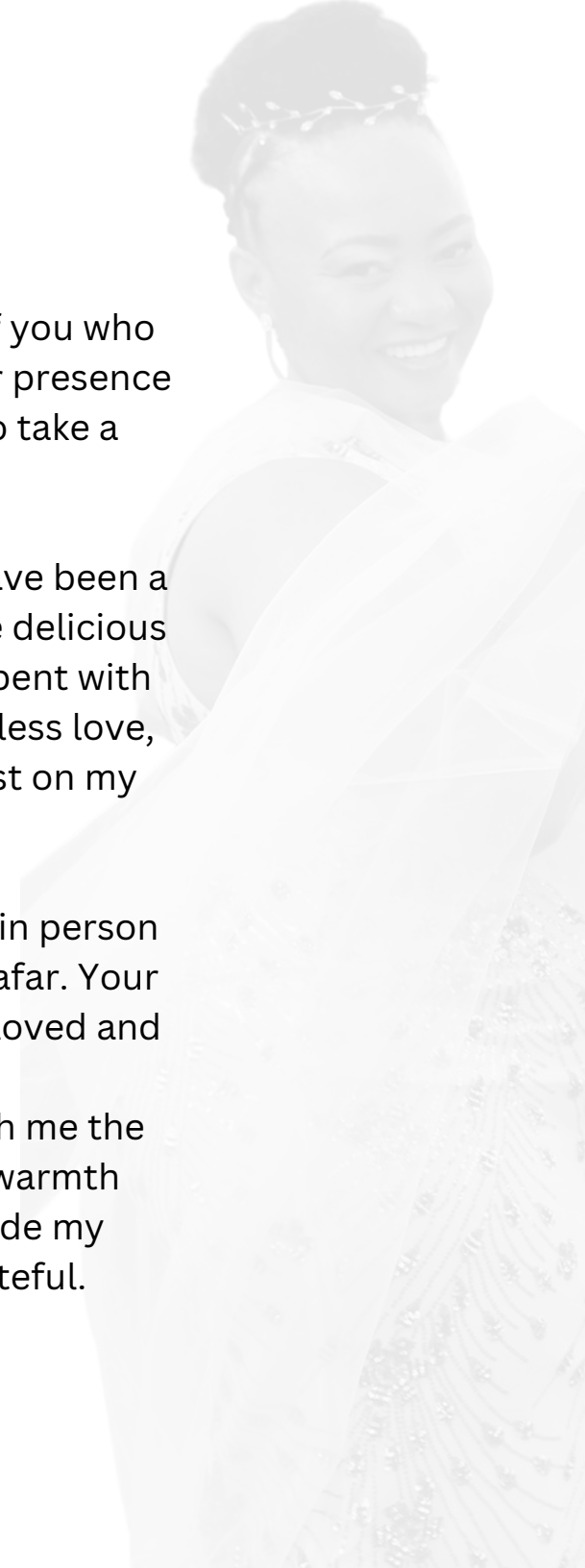
I'm filled with immense gratitude for each and every one of you who took the time to join me in marking another year of life. Your presence made my special day truly unforgettable, and I wanted to take a moment to express my heartfelt thanks.

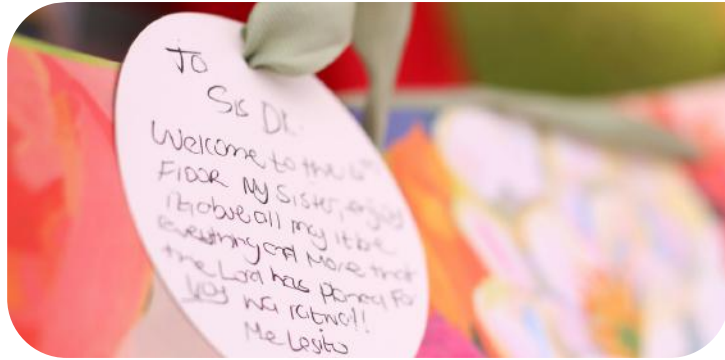
To my beloved family, your unwavering love and support have been a constant source of strength throughout the years. From the delicious homemade dishes to the heartfelt toasts, every moment spent with you filled my heart with happiness. Thank you for your endless love, encouragement, and for always being there for me, not just on my birthday, but every day.

I'm also deeply grateful to everyone who couldn't be there in person but sent their warm wishes and thoughtful messages from afar. Your kind words touched my heart and made me feel incredibly loved and cherished.

As I embark on another journey around the sun, I carry with me the memories of this beautiful celebration and the love and warmth shared by each and every one of you. Your presence made my birthday truly special, and for that, I will be forever grateful.

With love and gratitude,















O MPHOMOTSA MAKGULONG A MATALA

Psalm 23



There is not much to say about me. All I know is that I trust God for my life, I trust His will for my life more than anything.

*All I want is His will not
my will*