CRST People Development Institute

CPDI Associate Offer

Central Region Schools Trust

2026-2027



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PEOPLE

SO.1

PEOPLE:
Great people, living our values, engaging and inspiring in collaborative pursuit of social justice.

SO1.1:
Developing **EXCEPTIONAL LEARNERS**

SO1.2:
Recruiting, Developing and Retaining **EXPERT PEOPLE**

PLACES

SO.2

PLACES:
Safe and inspiring places that have strong curriculum integrity, enable pupils/students to excel and are a beacon of pride for the community.

SO2.1:
Creating, developing and maintaining **INSPIRING PLACES**

SO2.2 :
Building **EMPOWERED COMMUNITIES** and developing **LASTING PARTNERSHIPS** to support the development of social justice

PROCESSES

SO.3

PROCESSES:
Our processes, informed by evidence, support best practice, enabling pupils/students to take ownership of their futures.

SO3.1:
Achieving **EXCELLENCE** of sustainable operational **INFRASTRUCTURE**; operating efficient and effective **SYSTEMS**.

SO3.2:
Developing and delivering **EXCELLENCE** of **SCHOOL IMPROVEMENT FRAMEWORKS** at scale.

CRST People Development Institute Provision

Early Career Stage (ITE, ECF)
Supporting colleagues from initial teacher training through to the Early Career Framework with structured development, mentoring, and professional learning opportunities.

Teach Central (CRST Training Provision)
School-led teacher training that combines classroom experience, academic study, and expert support to develop confident and skilled practitioners.

Recently Qualified Teachers (RQTs - Year 3)
A research-informed programme helping teachers strengthen classroom practice, develop expertise, and progress their careers.

CRST Effective Classroom Practitoner Programme
An internal programme, with Trust input online and in school CPD aimed at developing colleagues who lead the professional growth of others through coaching, mentoring, and instructional leadership.

Co-Design Model
Bringing colleagues together across schools to collaborate, share expertise, and shape curriculum and school improvement.

Leadership
Supporting aspiring and established leaders to develop the knowledge, skills, and confidence to lead effectively.

SEND Development
Specialist programmes and qualifications that strengthen inclusive practice and support improved outcomes for pupils with additional needs.

National Professional Qualifications (NPQs)
Nationally recognised qualifications that develop leadership expertise and support career progression at every stage.

Apprenticeship Levy
Levy-funded training and qualifications that support recruitment, workforce development, and career progression across the Trust.

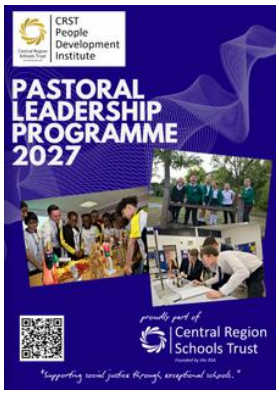
Central Function Development
Professional learning and career development opportunities for colleagues working across the Trust's central services.



Recently Qualified Teacher Development



Subject Leadership Programme



Pastoral Leadership Programme

System Leadership & School Improvement

RISE

Central Region Schools Trust is proud to be a RISE Supporting Organisation, contributing to the national effort to improve educational outcomes through collaboration and shared expertise. With a RISE support project already underway, we are working alongside schools to provide tailored improvement support, drawing on our proven strengths in leadership, teaching, learning, and professional development to help every school thrive.

Intervention Projects

CRST has extensive experience in delivering school intervention and improvement projects, supporting schools facing significant challenges to build capacity, strengthen leadership, and secure lasting improvements for pupils. Our approach combines proven school improvement expertise with collaborative, sustainable support.

Expert Leaders

CRST's expert leaders play a vital role in driving school improvement beyond their own settings. Through collaboration, coaching, project delivery, and system leadership, they share their expertise with colleagues across schools while also benefiting from the opportunity to learn, develop, and refine their own practice. This reciprocal approach strengthens leadership capacity, builds collective expertise, and extends the impact of school improvement across the wider education system.



Co-Design

Since 2017, co-design has been CRST's approach to fostering genuine collaboration across schools. Staff leading the same subject areas or strategic priorities work together to share expertise, develop best practice, co-plan and support school improvement.

Co-design groups are facilitated by trust leads or co-design chairs and provide opportunities for networking, moderation, collaboration, and professional development. Subject groups meet three times a year (twice on-line and one in-person conference at our Assay base) as well as subject moderation for secondary colleagues in the autumn term. Our strategic groups meet twice per term to drive trust-wide priorities.

Primary subject groups

- Oracy
- Maths
- Writing
- EYFS & Phonics



Secondary subject groups

..a selection of which are listed here:

- English
- Maths
- Science
- Modern Foreign Languages (MFL)
- Geography
- Food Technology
- Creative Arts
- Physical Education (PE)

Strategic cross phase groups

- Disadvantaged and vulnerable (including PP)
- SEND
- Teaching and Learning Leaders
- Attendance
- Safeguarding
- Personal Development leaders (including enrichment)
- People Development





Who we work with:

CRST Partners

Teach Central

UNIVERSITY of WORCESTER

MTPT Project
inspire. empower. connect

thrive
Removing barriers to learning

BeReady

Futures Education Institute
BUILDING FUTURE LEADERS

BALTIC APPRENTICESHIPS

John Tomsett
is a nationally renowned school leader supporting schools to improve the quality of teaching and learning.

Tudor Grange Teaching School Hub

bep. Education Partnership

NATIONAL INSTITUTE of Teaching

Department for Education
Regional Improvement for Standards and Excellence - RISE teams

Ambition Institute

NITE
National Institute of Teaching and Education
Coventry University

Teach First

BIRMINGHAM CITY University

CUSP
CURRICULUM WITH UNITY SCHOOLS PARTNERSHIP

The Ogden Trust
making physics matter

ARISTOTAL
AI Teaching Coach

EXPLORE | CONNECT | LEARN
LYFTA

ssat
Leadership
Delivery Partner

Best Practice Network

HAYBRIDGE TEACHING SCHOOL HUB
PART OF THE FOUR STONES

Mary Myatt
Long-term learning

"Supporting social justice through exceptional schools."

Community | Creativity | Integrity | Excellence | Respect

Central Region Schools Trust

Founded by the RSA

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