



PROFESSIONAL DEVELOPMENT CATALOG

WELCOME TO HIGH QUALITY LEARNING

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Welcome to Our Professional Development Catalog

At Child Care Resource & Referral of Iowa (CCR&R), we are proud to support early childhood professionals in their essential work of nurturing and educating young children. This catalog is designed to connect you with high-quality training opportunities that strengthen your skills, expand your knowledge, and inspire your passion for early care and education.

Whether you are just beginning your journey or a seasoned professional seeking to deepen your expertise, our wide range of trainings offers something for everyone. Topics are thoughtfully selected to reflect current best practices, meet regulatory requirements, and support the healthy development of children in your care.

We are committed to providing accessible, engaging, and practical learning experiences—delivered by knowledgeable instructors who understand the realities of working with children and families. Through these opportunities, we aim to empower you to create safe, nurturing, and enriching environments where children can thrive.

Thank you for your dedication to Iowa's children and families. We are honored to partner with you in your professional growth and lifelong learning.

Sincerely,

Iowa Child Care Resource & Referral

ChildNet 3.1 Module 1

Growing a Quality Program

Description	Learn how to strengthen your child care program through sound business practices, professional standards, and program policies. Providers can also earn extra credit hours through coaching.
I-PoWeR Title	ChildNet 3.1: Module 1 Growing a Quality Program
Audience	• Child Development Homes
CDA Subject Area	5. Strategies to manage an effective program operation. 6. Maintaining a commitment to professionalism
Competency Level	Level 1-Progressing Professional
Delivery Options	• In-Person • Virtual/Hybrid/Self-Study
Quality Connections	• IQ4K • Coaching for Credit

ChildNet 3.1 Module 2

Intentional Caregiving

Description	Module 2 teaches how children grow and learn. It helps child care providers understand how to guide children, plan daily routines, choose learning activities, and set up a quality care space. Providers can also earn extra credit hours through coaching.
I-PoWeR Title	ChildNet 3.1 Module 2: Intentional Caregiving
Audience	• Child Development Homes
CDA Subject Area	1. Planning a safe, healthy, learning environment. 2. Steps to advance children's physical and intellectual development. 3. Positive ways to support children's social-emotional development. 8. Principles of child development and learning.
Competency Level	Level 1-Progressing Professional
Delivery Options	• In-Person • Virtual/Hybrid/Self-Study
Quality Connections	• IQ4K • Coaching for Credit

ChildNet 3.1 Module 3

From Routines to Relationships

Description

Help child care providers build warm, caring routines and create a home-like place for children. Providers will learn about promoting healthy habits, language and literacy, and ways to keep families involved. Providers can also earn extra credit hours through coaching.

I-PoWeR Title

ChildNet 3.1
Module 3: From Routines to Relationships

Audience

- Child Development Homes

CDA Subject Area

1. Planning a safe, healthy, learning environment.
2. Steps to advance children's physical and intellectual development.
4. Strategies to establish productive relationships with families.

Competency Level

Level 1-Progressing Professional

Delivery Options

- In-Person
- Virtual/Hybrid/Self-Study

Quality Connections

- IQ4K
- Coaching for Credit

Early Childhood-Positive Behavior Intervention Support

Family Child Care

Description

Identify and apply Pyramid Model strategies across mixed-age groups while addressing the distinctive features of FCC homes. The course emphasizes building strong, responsive relationships, creating high-quality environments, and teaching social-emotional skills to children of all ages. It also delves into trauma-informed and culturally responsive practices, addresses provider well-being, and leverages family-centered approaches.

I-PoWeR Title

EC-PBIS for Family Child Care Programs

Audience

- Child Development Homes

CDA Subject Area

3. Positive ways to support children's social-emotional development.
4. Strategies to establish productive relationships with families.

Competency Level

Level 1-Progressing Professional

Delivery Options

- In-Person
- Virtual

Quality Connections

IQ4K

Early Childhood-Positive Behavior Intervention Supports

Infant/Toddler Modules 1-6

Description

Teaches participants how to apply the Pyramid Model to classroom-based settings for ages 0-3. Content in Modules 1-6 cover: Understanding Social-Emotional Development; Relationships; Responsive Routines, Schedules & Environments; Understanding Behavior; Teaching About Feelings and Promoting Positive Peer Interactions.

I-PoWeR Title

EC-PBIS Infant/Toddler Series 2023 Module 1- 6

Audience

- Child Care Centers

CDA Subject Area

2. Steps to advance children's physical and intellectual development.
3. Positive ways to support children's social-emotional development.
7. Observing and recording children's behavior.
8. Principles of child development and learning.

Competency Level

Level 2-Skilled Professional

Delivery Options

- In-Person
- Virtual
- Self-Study

Quality Connections

- IQ4K
- National Administrator Credential (NAC)

Early Childhood-Positive Behavior Intervention Supports

Infant/Toddler Modules 7-8

Description	Teaches how to use the Pyramid Model with infants and toddlers ages 0 to 3. Modules 7 and 8 focus on individualized teaching and responding to challenging behavior.
I-PoWeR Title	EC-PBIS Infant/Toddler Series 2023 Module 7- 8
Audience	• Child Care Centers
CDA Subject Area	2. Steps to advance children's physical and intellectual development. 3. Positive ways to support children's social-emotional development. 7. Observing and recording children's behavior 8. Principles of child development and learning.
Competency Level	Level 2-Skilled Professional
Delivery Options	• In-Person • Virtual • Self-Study
Quality Connections	• IQ4K • National Administrator Credential (NAC)

Early Childhood-Positive Behavior Intervention Supports

Preschool Modules 1-3

Description	Teaches how to use the Pyramid Model with preschool children ages 3 to 5. Modules 1 through 3 focus on caring relationships, supportive environments, and teaching social-emotional skills.
I-PoWeR Title	EC-PBIS Preschool Series 2023: (9x2) M1-M3
Audience	• Child Care Centers
CDA Subject Area	2. Steps to advance children's physical and intellectual development. 3. Positive ways to support children's social-emotional development. 4. Strategies to establish productive relationships with families. 5. Strategies to manage an effective program operation. 8. Principles of child development and learning.
Competency Level	Level 2-Skilled Professional
Delivery Options	• In-Person • Virtual • Self-Study
Quality Connections	• IQ4K • National Administrator Credential (NAC)

Early Childhood-Positive Behavior Intervention Supports

Preschool Modules 4-6

Description	Teaches how to use the Pyramid Model with preschool children ages 3 to 5. Modules 4 through 6 focus on teaching social-emotional skills, responding to challenging behavior, and introducing Prevent-Teach-Reinforce for Young Children.
I-PoWeR Title	EC-PBIS Preschool Series 2023 (5x2) M4-M6
Audience	• Child Care Centers
CDA Subject Area	2. Steps to advance children's physical and intellectual development. 3. Positive ways to support children's social-emotional development.
Competency Level	Level 2-Skilled Professional
Delivery Options	• In-Person • Virtual • Self-Study
Quality Connections	• IQ4K • National Administrator Credential (NAC)

Leaders in Early Education Administration Development

Licensing Compliance: Lead with Confidence

Description

Build skills in meeting and maintaining Iowa Health and Human Services state licensing requirements, strengthen leadership skills, and running a safe compliant early learning program. Gain practical knowledge in Iowa Licensing rules, staff supervision, compliance, health requirements, emergency planning, program operations, record keeping, curriculum alignment and available resources.

I-PoWeR Title

LEEAD Licensing Compliance: Lead with Confidence

Audience

- Child Care Center Owner
- Director and Supervisor

CDA Subject Area

5. Strategies to manage an effective program operation.
6. Maintaining a commitment to professionalism

Competency Level

Level 1-Progressing Professional

Delivery Options

- Virtual

Quality Connections

National Administrator Credential (NAC)

Program for Infant Toddler Care of Iowa: Module 1

Social-Emotional Growth and Socialization

Description

All children need safe and secure care that supports their developing self-knowledge, self-control, self-esteem and respect for the feelings and rights of others. Healthy social-emotional development is the foundation for all other learning and is built through nurturing relationships with the important adults in their lives.

I-PoWeR Title

PITC of Iowa: Module 1: Social-Emotional Growth and Socialization

Audience

- Child Care Centers Infant and Toddler Staff
- Child Development Homes

CDA Subject Area

3. Positive ways to support children's social-emotional development.
4. Strategies to establish productive relationships with families.
7. Observing and recording children's behavior.

Competency Level

Level 1-Progressing Professional

Delivery Options

- In-Person
- Virtual/Hybrid/Self-Study

Quality Connections

IQ4K

Program for Infant Toddler Care of Iowa: Module 2

Group Care

Description Understand how group care can support babies and toddlers. Participants will learn how safe, caring relationships help children build confidence, manage feelings, and learn with others.

I-PoWeR Title PITC of Iowa: Module 2: Group Care

Audience

- Child Care Centers Infant and Toddler Staff
- Child Development Homes

CDA Subject Area

3. Positive ways to support children's social-emotional development.
8. Principles of child development and learning.

Competency Level Level 1-Progressing Professional

Delivery Options

- In-Person
- Virtual/Hybrid/Self-Study

Quality Connections IQ4K

Program for Infant Toddler Care of Iowa: Module 3

Learning and Development

Description	Understand how babies and toddlers grow, develop, and learn. The course also shares ways adults can support their learning every day.
I-PoWeR Title	PITC of Iowa: Module 3: Learning and Development
Audience	• Child Care Centers Infant and Toddler Staff • Child Development Homes
CDA Subject Area	2. Steps to advance children's physical and intellectual development. 7. Observing and recording children's behavior.
Competency Level	Level 1-Progressing Professional
Delivery Options	• In-Person • Virtual/Hybrid/Self-Study
Quality Connections	IQ4K

Program for Infant Toddler Care of Iowa: Module 4

Behaviors and Protective Factors

Description	Gain an understanding and learn strategies when caring for infants and toddlers around the following topics: Understanding Children's Behaviors; Guidance and Discipline; Protective Factors; and Making It Happen: Small Groups and Individual Care
I-PoWeR Title	PITC of Iowa: Module 4: Behaviors and Protective Factors
Audience	• Child Care Centers Infant and Toddler Staff • Child Development Homes
CDA Subject Area	3. Positive ways to support children's social-emotional development. 4. Strategies to establish productive relationships with families. 7. Observing and recording children's behavior.
Competency Level	Level 1-Progressing Professional
Delivery Options	• In-Person • Virtual/Hybrid/Self-Study
Quality Connections	IQ4K

School Age Matters

Description	Providers obtain the skills needed to care for school age children. Topics covered include: Human Interactions and Communication, Child Development, Healthy and Safe Practices, Program Planning and Activities, and Ethics in School Age Care.
I-PoWeR Title	School Age Matters
Audience	• Child Care Centers • Child Development Homes • School Age Programs
CDA Subject Area	1. Planning a safe, healthy, learning environment. 2. Steps to advance children's physical and intellectual development. 3. Positive ways to support children's social-emotional development. 4. Strategies to establish productive relationships with families. 5. Strategies to manage an effective program operation. 6. Maintaining a commitment to professionalism. 7. Observing and recording children's behavior.
Competency Level	Level 1-Progressing Professional
Delivery Options	• In-Person • Virtual
Quality Connections	IQ4K

Other Iowa Approved Professional Development

COMPASS

This series is a nationally recognized tool used to assess and improve the quality of center, school-age, infant/toddler, and family child care programs. It is offered by Iowa State University.

Iowa Early Learning Standards

This series addresses the developmental areas of young children. It is a guide in understanding how children learn, as well as the importance of play, routine, and relationships regarding their development. It is offered by Iowa State University.

Mandatory Child Abuse Reporting Training

Providers are required to attend this Iowa-specific training about identifying the signs of child abuse and the steps needed to report incidents. It is offered by Iowa Health and Human Services.

Medication Administration

This course is specifically designed for Early Care and Education (ECE) providers who are "assigned the role" of medication administration in their program to learn the principles and skills needed to safely administer medications to children in their care. It is offered by Healthy Child Care Iowa.

Passport

The course introduces the basic skills and knowledge to teach and care for children in center-based programs. Teachers explore how to support early learning, build positive relationships, and ensure children's health and safety. It is offered by Iowa State University.

First Aid/CPR

Certification in infant and child first aid includes managing a blocked airway and mouth-to-mouth resuscitation. *Required to provide care, and is offered in communities around the state.

Contact Information



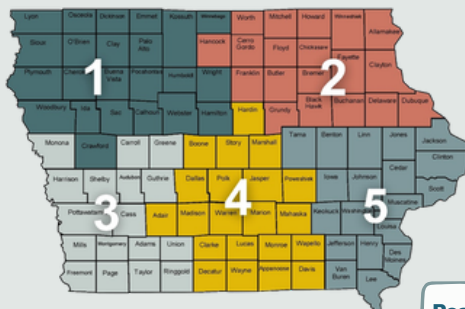
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[CCR&R Website Form](#)