



COMMUNITY PROGRAMS & EVENTS

Florida Chapters

800.272.3900 | alz.org®

 **ALZHEIMER'S
ASSOCIATION**®

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WELCOME

The Alzheimer's Association®, Florida Chapters, serves all 67 counties in our beautiful state. We offer education, outreach, and support to everyone facing Alzheimer's and other dementias within our community, including individuals living with the disease, caregivers, professionals, families, and community members. Our commitment extends to advocating for the needs and rights of those confronted with Alzheimer's disease and promoting essential research towards treatment, prevention, and ultimately, a cure.

We provide programs through various formats: virtually, by telephone, on-demand, and in person. Most of our programs are offered at no charge, with some exceptions for professional programs. Additionally, we tailor programs for specific groups such as civic organizations, chambers of commerce, companies and more. Please reach out to your local Community Engagement Manager to arrange a private and personalized program for your group or to invite us to your local event or health fair.

Volunteer with the Alzheimer's Association

Volunteers play a crucial role in positively impacting the lives of those facing Alzheimer's and dementia. By volunteering with the Alzheimer's Association, you become part of a dedicated network working to combat this devastating disease, honor loved ones, and provide care and support to those in need. Learn more at volunteer.alz.org.

Explore Various Opportunities:

- Community educator
- Support group facilitator
- Community connector
- Alzheimer's advocate
- Brand ambassador
- Event committees
- And more!

LEARN MORE



Meet Our Team

Care and Support

Alexis Jacobs, JD, FCCM
Panhandle & Greater Tallahassee

Donna Lee
Greater Gainesville, Jacksonville, & Ocala

Lyndsey Taylor
Greater Orlando, Volusia & Flagler

Makeba Huntington-Symons, M.A.
Greater Tampa Bay

Jody Mathewson, BAA
Greater Polk & The Villages

Silvia Caldwell, LPN
Greater Sarasota & Sun City Center

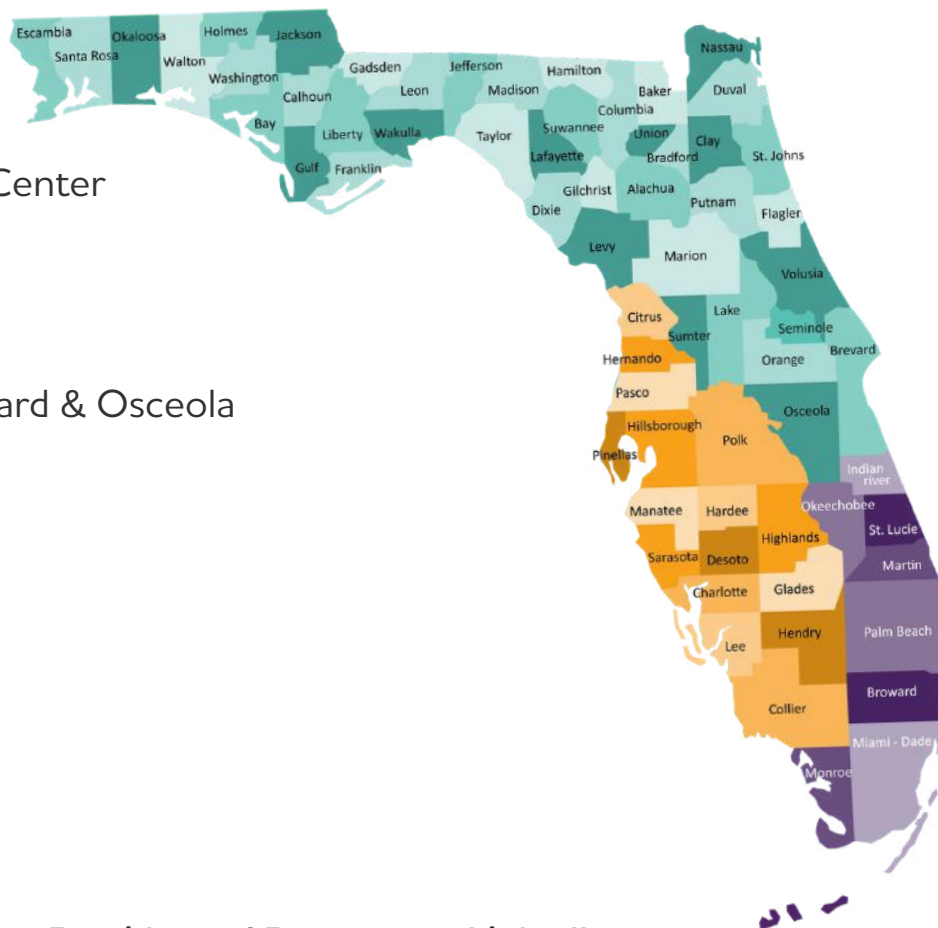
Lisa L. Kiddon
Southwest Florida

Evelyn Espinal, MSW
Greater Treasure Coast, Brevard & Osceola

Heidi Reeve, M.S.
Martin & Palm Beach

Samrah Mitha, MPH
Broward

Joe H. Baldelomar, Psy.M.
Miami-Dade



Regional

Julie Shatzer, MSW, LCSW, Vice President of Programs - [LinkedIn](#)

Kasia Sherwin, MNM, Director of Grants and Data

Keith Gibson, Senior Director, Community Engagement

Stefanie Wardlow, M.A., Senior Manager, Community Engagement and Brain Bus

PROGRAMS THAT FIT YOUR LIFE

WELCOME TO ALZCONNECTED®

ALZConnected is a dedicated community where people with Alzheimer's, their caregivers, and others affected by the disease can share answers, opinions, ideas, and support. Learn more at alzconnected.org



ALZHEIMER'S ASSOCIATION FREE 24/7 HELPLINE & CARE CONSULTATIONS

The Alzheimer's Association offers a 24/7 helpline and care consultations for those affected by mild cognitive impairment, Alzheimer's disease or other dementias. Care Consultations from the Alzheimer's Association can help you to:

- Navigate difficult caregiving decisions and family issues.
- Assess current needs and anticipate future care challenges.
- Develop an effective care plan and problem-solve barriers.
- Receive supportive listening in a confidential, nonjudgmental environment.

Our knowledgeable staff is here to help with a wide range of topics. Whether you know exactly what you need or aren't sure where to start, just give us a call. We'll guide you every step of the way—free of charge.

Available several ways:

- **Phone:** Call 800.272.3900 for 24/7 support; use 711 for TRS operator.
- **Live Chat:** Access via the green button on our website, available 8 a.m. to 8 p.m. ET, Monday to Friday. alz.org/help-support.
- **Online Form:** Fill out a [form](#) for assistance, with a response within 24 hours.

MY ALZ JOURNEY®

Get empowered in your Alzheimer's journey. My ALZ Journey helps you know what to expect and plan ahead. Download the free app in the Apple App Store or Google Play Store. Learn more at alz.org/MyALZJourney.

BUILD AN ACTION PLAN WITH ALZNAVIGATOR™

Whether you're a caregiver, a person living with dementia, or someone concerned about memory loss, find the support you need with ALZNavigator. Just answer a few questions about your situation and ALZNavigator will guide you to the resources and tools you need today and throughout each step of the disease — all in one place. alz.org/alznavigator



PROGRAMS THAT FIT YOUR LIFE

ON-DEMAND - EDUCATION AND TRAINING CENTER

The Alzheimer's Association Education and Training Center offers continuing education for professionals and free Alzheimer's and dementia courses for everyone. Our courses are available both in person and online, so you can transform yourself through knowledge at any time. [Learn more.](#)

ALZ TALKS VIRTUAL EVENTS

Our free ALZ Talks webinars provide education, information, news and resources on a variety of brain health, dementia and caregiving topics. Early-Stage Connections are conversations led by people living with dementia, offering connection and guidance for anyone navigating an early-stage diagnosis.

Sept. 24, 2026, 3 p.m. CT

ALZ Talks: Answering Common Questions About New Alzheimer's Treatments



New treatments are changing the landscape of Alzheimer's disease — and raising new questions. Who are these treatments for? How do they work? What should you consider when deciding if treatment is right for you? Join this Early-Stage Connections conversation with a person living with early-stage Alzheimer's and scientific staff from the Alzheimer's Association. We will discuss today's treatment options, promising approaches on the horizon, and common questions around new treatments.

Missed a past ALZ Talks webinar? View previous ALZ Talks webinars on the Alzheimer's Association YouTube channel.



PROGRAMS THAT FIT YOUR LIFE

LIVE LEARNING

To learn more about these events, visit alz.org/livelearning. Note: registration for some classes opens closer to the date.

The 10 Warning Signs of Alzheimer's

Learn to recognize common warning signs of Alzheimer's, how to address memory concerns and the benefits of early detection, diagnosis and available resources.

- Sept. 17, 2 p.m. ET - [Register Now](#)
- Oct. 28, 2 p.m. ET - [Register Now](#)

Building Brain-Healthy Habits

Discover simple, everyday habits to support brain health, reduce risk of cognitive decline and build your personal brain-healthy action plan.

- Sept. 29, 7 p.m. ET - [Register Now](#)

The Empowered Caregiver: Communicating Effectively & Responding to Dementia-Related Behaviors (a two-part series)

Learn how dementia affects communication and behavior, understand common triggers and discover person-centered strategies to respond effectively and connect at every stage. Register for both or one part of this series.

- Oct. 1, 7 p.m. ET ([Communicating Effectively](#))
- Oct. 14, 7 p.m. ET ([Responding to Dementia-Related Behaviors](#))
- Nov. 10, 12 p.m. ET ([Responding to Dementia-Related Behaviors](#))
- Dec. 8, 12 p.m. ET ([Communicating Effectively](#))

Managing Money: A Caregiver's Guide to Finances

Learn practical tips for managing finances, planning for future care costs and the benefits of early financial planning.

- Oct. 13, 12 p.m. ET - [Register Now](#)

PROGRAMS THAT FIT YOUR LIFE

New Advances in Alzheimer's Treatment

Learn about the latest Alzheimer's treatments, how they work, who may benefit and what's currently available.

- Dec. 8, 7 p.m. ET - [Register Now](#)

Understanding Alzheimer's and Dementia

Learn the basics of Alzheimer's, how it differs from dementia, its impact, risk factors and available resources.

- Nov. 10, 5 p.m. ET - [Register Now](#)

EVENTOS DE LIVE LEARNING DISPONIBLES EN ESPAÑOL

Más información en alz.org/livelearning.

PROGRAMS THAT FIT YOUR LIFE

VIRTUAL SUPPORT GROUPS

When you're facing difficult times, having a good support network you can turn to for advice and encouragement may help you feel connected and give you a sense of belonging and purpose. Connecting with others like you virtually may help put your own experiences living with the disease in perspective and provide you with the support and encouragement necessary to move beyond your diagnosis.

Caregiver Support Groups

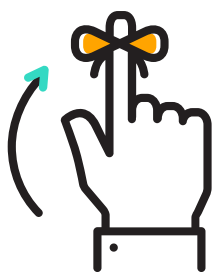
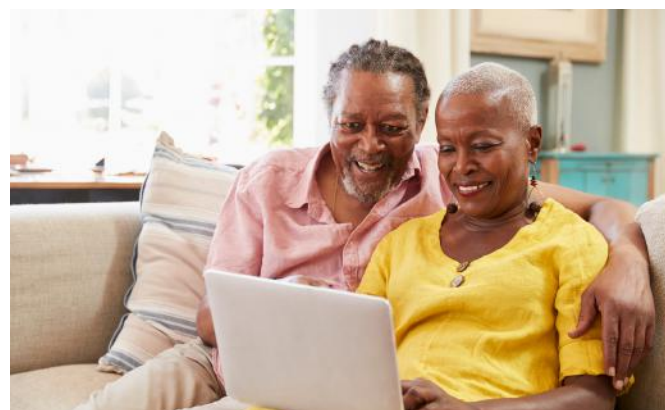
- 2nd & 4th Tuesday, 10 a.m. ET
- 2nd Tuesday, 7 p.m. ET
- 3rd Tuesday, 1:30 p.m. ET
- 3rd Tuesday, 6 p.m. ET
- 3rd Thursday, 12:30 p.m. ET
- 4th Thursday, 1 p.m. ET
- 4th Saturday, 3:30 p.m. ET

Caregiver Support Group in Spanish

- 1st Thursday, 12:30 p.m. ET

Early Stage Support Group

- 1st Friday, 10 a.m. ET
- 3rd Tuesday, 1:30 p.m. ET



Call the Alzheimer's Association free 24/7 Helpline for instructions on how to log into the virtual meeting.

BRAIN HEALTH AND AWARENESS

BRAIN HEALTH AT WORK™

Brain Health At Work is a no-cost program that helps employers create brain-healthy workplaces, reduce employee risk of cognitive decline and support employees who are caregivers. The program provides education, tools and recognition for employers who create brain-healthy workplaces.

Brain Health At Work helps employers:

- Create brain-healthy workplaces
- Reduce employee risk of cognitive decline
- Support employees who are caregivers



BRAIN HEALTH BY THE NUMBERS:



Over two-thirds of U.S. adults have at least one risk factor for cognitive decline.¹

74%

believe that people can improve their brain health.²

86%

are interested in learning more about improving their brain health.²

RISK REDUCTION FOR ALL

Evidence shows that addressing specific modifiable risk factors and promoting healthy behaviors can improve brain health.

PROTECT HEALTHY BRAINS AT WORK

Building brain-healthy habits helps employees live better now and protects their memory and thinking for the future.

START YOUR BRAIN HEALTH AT WORK JOURNEY TODAY

Step 1

Complete the Organization Assessment



See how your organization supports brain health today and compare your score with other organizations.

Step 2

Access a Tailored Resource Toolkit



Use the provided communication tips and templates to share brain health and caregiver resources with your employees.

Step 3

Celebrate Your Recognition



Use the recognition toolkit to showcase your organization's commitment to creating a brain-healthy workplace.

Step 4

Continue Your Commitment



Retake the assessment each year to track progress and plan improvements to employee brain health offerings and caregiver support.

Learn more at alz.org/BrainHealthAtWork

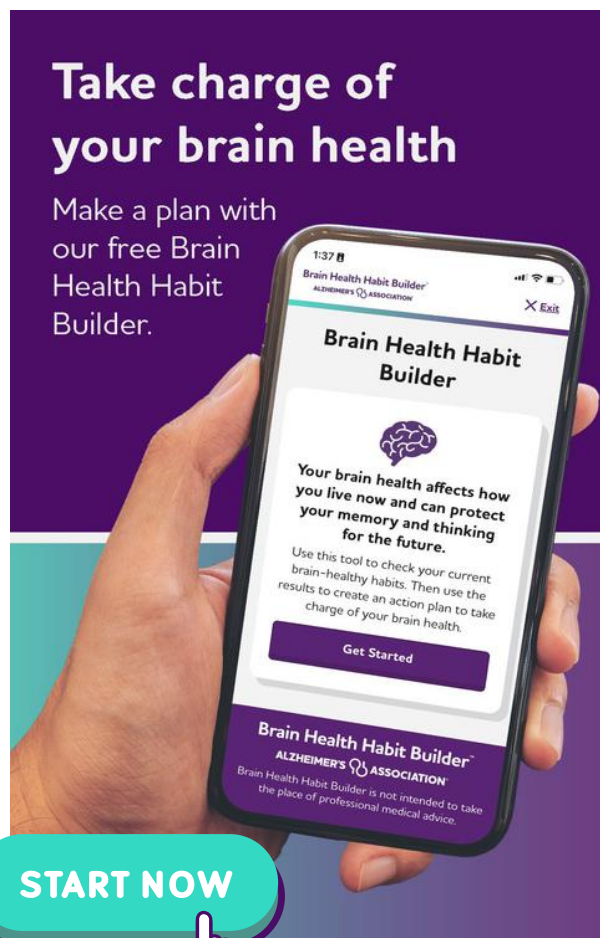
BRAIN HEALTH AND AWARENESS

Brain Health Habit Builder™

The Brain Health Habit Builder offers a quick, engaging experience that takes about three to five minutes. It encourages users to reflect on their lifestyle habits and commit to small but meaningful changes. Users can download, print and share their plan and choose which habits to prioritize. The tool is optimized for both desktop and mobile use.

What you can do with the Brain Health Habit Builder

- Learn the basics of brain health and how everyday actions and lifestyle changes can make an impact.
- Check your current habits and build an action plan to take charge of your brain health.
- Get research-backed guidance to help you make lasting changes and keep your brain healthy.



BRAIN HEALTH AND AWARENESS

BRAIN BUS



Rob Harris
Community Engagement Manager

The Brain Bus raises awareness of Alzheimer's and related dementias and addresses the benefits of early detection, early diagnosis, brain health and risk reduction. With two mobile units and virtual offerings the Brain Bus program reaches all counties throughout Florida. See each county for a full schedule of stops.



The Brain Bus is sponsored in part by State of Florida Department of Elder Affairs and the Area Agency on Aging For Southwest Florida.

PANHANDLE & GREATER TALLAHASSEE

Bay, Calhoun, Escambia, Franklin, Gadsden, Gulf, Hamilton, Holmes, Jackson, Jefferson, Lafayette, Leon, Liberty, Okaloosa, Santa Rosa, Taylor, Wakulla, Walton & Washington Counties



Alexis Jacobs, JD, FCCM

Community Engagement Manager

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For virtual programs see table of contents.

PRIVATE AND PERSONALIZED PROGRAMS

We tailor programs for specific groups such as civic organizations, chambers of commerce, companies and more. Please reach out to arrange a private, personalized, no-cost program for your group or to invite us to your local event or health fair. Thank you to the following organizations.

- Department of Health - Office of Rural Health
- Walton County Department of Health

COMMUNITY EDUCATION & OUTREACH

Bay County

Brain Bus Stop at First Baptist Church Panama City

Thursday, Oct. 8, 9:30 a.m. CT

First Baptist Church Panama City, 640 Grace Ave., Panama City 32401

Escambia County

Brain Bus Stop at Olive Baptist Church:

Saturday, Oct. 10, 10 a.m. CST

Olive Baptist Church, Olive Baptist Church, 1836 E Olive Road, Pensacola 32514

Gadsden County

Brain Bus Stop at Taking Charge: Your Health & Wellness Matters Expo

Saturday, Oct. 17, 9 a.m.

Gadsden County Courthouse, 10 E. Jefferson St., Quincy 32351

Holmes County

Brain Bus Stop at Veteran's Memorial Park

Saturday, Mar. 20, 9 a.m.

Veteran's Memorial Park, Veterans Blvd., Bonifay 32724



Leon County

Impact of Alzheimer's in the Community

Tuesday, Nov. 17, 7 p.m. CST

Psychology Dept Bldg., 1107 W Call St., Suite B117, Tallahassee 32304

Understanding Alzheimer's and Dementia

Sunday, Feb. 8, 7 p.m. CST

Psychology Dept Building, 1107 W Call St Suite B117, Tallahassee 32304

Santa Rosa County

Brain Bus Stop at Clyde L. Gracey Community Center

Friday, Sept. 18, 8 a.m.

Clyde L. Gracey Community Center, 5629 Byrom St., Milton 32570

Taylor County

Brain Bus Stop at Doctor's Memorial Hospital

Friday, Sept. 18, 10 a.m.

Doctor's Memorial Hospital, 333 N. Byron Butler Parkway, Perry 32347

The Impact of Alzheimer's and Dementia in the Community

Wednesday, Oct. 7, 12 p.m.

Life Enrichment Center, 312 College Ave., DeFuniak Springs 32435

Wakulla County

Brain Bus Stop at TSC Wakulla Center

Thursday, Oct. 15, 2 p.m.

TSC Wakulla Center, 2932 Crawfordville Hwy., Crawfordville 32327

Walton County

10 Warning Signs of Alzheimer's

Tuesday, Sept. 22, 10 a.m. CST

Somerby Santa Rosa Beach, 164 W Hewett Rd., Santa Rosa Beach 32459

CAREGIVER SUPPORT GROUPS

Leon County

3rd Monday at 2 p.m.

The Grove at Canopy, 2601 Crestline Road, Tallahassee 32308



Okaloosa County

1st Wednesday at 2 p.m. CST

Niceville Senior Center, 201 Campbell Drive, Niceville 32578

Walton County

1st Friday at 12:30 p.m. CST

Coastal Branch Library, 437 Greenway Trail, Santa Rosa Beach 32459



GREATER GAINESVILLE, JACKSONVILLE & OCALA

Alachua, Baker, Bradford, Citrus, Clay, Columbia, Dixie, Duval, Gilchrist, Hernando, Levy, Madison, Marion, Nassau, Putnam, St. Johns, Suwannee & Union Counties



Donna Lee

Community Engagement Manager

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For virtual programs see table of contents.

PRIVATE AND PERSONALIZED PROGRAMS

We tailor programs for specific groups such as civic organizations, chambers of commerce, companies and more. Please reach out to arrange a private, personalized, no-cost program for your group or to invite us to your local event or health fair. Thank you to the following organizations.

- Rotary Club of Bartram Trail
- Los Magueyes Beverly Hills

COMMUNITY EDUCATION & OUTREACH

Alachua County

Brain Bus Stop at Gainesville Seventh Day Adventist Christian Church

Sunday, Oct. 4, 1 p.m.

Seventh Day Christian Church, 2115 NW 39th Ave., Gainesville 32605

Brain Bus Stop at Lubee Bat Conservatory

Saturday, Oct. 24, 10 a.m.

Lubee Bat Conservatory, 1309 NW 192nd Ave., Gainesville 32609

Duval County

Brain Bus Stop at Jax Hispanic Church

Saturday, Sept. 12, 10 a.m.

Jax Hispanic Church, 1016 Girvin Road, Jacksonville 32225

Health Fair

Saturday, Oct. 3, 10 a.m.

Jax Hispanic Church, 1016 Girvin Road, Jacksonville 32225

Impact of Alzheimer's in the Community

Tuesday, Dec. 1, 10 a.m.

Pine Forest Senior Center, 4035 Grant Road, Jacksonville 32207



Impact of Alzheimer's in the Community

Thursday, Dec. 3, 10:30 a.m.

Bennie Furlong Senior Center, 281 19th Ave. S, Jacksonville Beach 32250

Impact of Alzheimer's in the Community

Monday, Dec. 7, 10:30 a.m.

Oceanway Senior Center, 12215 W. Sago Ave., Jacksonville 32218

Impact of Alzheimer's in the Community

Wednesday, Dec. 9, 10 a.m.

Southside Senior Center, 10080 Beach Blvd., Jacksonville 32246

Brain Bus Stop at Gainesville Senior Recreation Center

Saturday, April 17, 10 a.m.

Gainesville Senior Recreation Center, 5701 NW 34th Blvd., Gainesville 32653

Brain Bus Stop at Homeless Veteran Stand Down

Saturday, Jan. 30, 8 a.m.

Homeless Veteran Stand Down, 5000 North Main St., Jacksonville 32206

Hernando County

Brain Bus Stop at Grace World Outreach Church

Saturday, Sept. 19, 12 p.m.

Grace World Outreach Church, 20366 Cortez Blvd., Brooksville 34601

Marion County

Health Fair

Monday, Sept. 21, 10 a.m.

Timber Ridge Health and Rehab, 9848 SW 110th St., Ocala 34481

Union County

Impact of Alzheimer's in the Community

Tuesday, Nov. 3, 9 a.m.

Mary C. Brown Public Library, 250 SE 5th Avenue Lake Butler 32054



CAREGIVER SUPPORT GROUPS

Alachua County

2nd Friday, Noon

Senior Healthcare Center at Crown Pointe, 2205 NW 40th Terrace, Gainesville

Duval County

2nd Wednesday, 3:30 p.m.

River Garden Hebrew Home, 11401 Old, St. Augustine Road, Jacksonville 32258

2nd Wednesday, 6 p.m.

Palms Presbyterian Church, 3410 3rd St. South, Jacksonville Beach 32250

2nd Thursday, 1:30 p.m.

LPL Financial, LLC, 6 S Main St., Chiefland 32626

Marion County

3rd Friday 2:30 p.m.

Ocala VA Clinic, 4826 SW 49th Road, Ocala 34474

St. Johns County

2nd & 4th Thursdays, 10 a.m.

Homeport Christian Church, 5605 US 1 S, St. Augustine 32086





Your paragraph text





GREATER ORLANDO, FLAGLER & VOLUSIA

Flagler, Orange, Seminole & Volusia Counties



Lyndsey Taylor

Senior Manager Community Engagement

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For virtual programs see table of contents.

PRIVATE AND PERSONALIZED PROGRAMS

We tailor programs for specific groups such as civic organizations, chambers of commerce, companies and more. Please reach out to arrange a private, personalized, no-cost program for your group or to invite us to your local event or health fair. Thank you to the following organizations.

- National Active and Retired Federal Employees Association
- Advent Health University

COMMUNITY EDUCATION & OUTREACH

Seminole County

The Empowered Caregiver: Communicating Effectively & Responding to Dementia-Related Behaviors

Monday, Sept. 14, 4 p.m.

One Senior Place, 715 Douglas Ave., Altamonte Springs 32714

Volusia County

Brain Bus Stop at Port Orange Regional Library Community Health Fair

Tuesday, Oct. 6, 10:30 a.m.

Port Orange Regional Library, 1005 City Center Circle, Port Orange 32129

CAREGIVER SUPPORT GROUPS

Flagler County

2nd Monday, 11 a.m.

Market Street Assisted Living, 2 Corporate Drive, Palm Coast 32137

2nd and 4th Monday, 3:30 p.m.

St. Elizabeth Ann Seton Catholic Church, 4600 Belle Terre Parkway, Palm Coast



Orange County

1st Monday, 7 p.m.

Forest Lake Seventh Day Adventist Church, 515 Harley Lester Lane, Apopka 32703

1st Wednesday, 6 p.m.

Neurology One, 92 N. Dean Road, Suite 100, Orlando 32825

*Bilingual/Spanish Caregiver Support Group

2nd Monday, 4 p.m.

One Senior Place- Greater Orlando, 715 Douglas Ave., Altamonte Springs 32714

1st Thursday, 6 p.m.

Spring Hills Lake Mary, 3655 W Lake Mary Blvd., Lake Mary 32746

3rd Thursday, 3 p.m.

The Mayflower, 1850 Mayflower Court, Winter Park 32792

Volusia County

1st Tuesday, 12 p.m.

Brookdale Deland, 1210 N. Stone St., Deland 32720

1st Friday, 10:30 a.m.

Port Orange Presbyterian Church, 4662 S. Clyde Morris Blvd., Port Orange

3rd Tuesday at 10:30 a.m.

Aberdeen, 50 Allwood Green Blvd., Ormond Beach 32174

3rd Wednesday, 6 p.m.

The Blake @ LPGA, 1635 N Williamson Blvd., Daytona Beach 32117



GREATER POLK & THE VILLAGES

Hardee, Highlands, Lake, Polk & Sumter Counties



Jody Mathewson, BAA
Senior Manager, Community Engagement
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For virtual programs see table of contents.

PRIVATE AND PERSONALIZED PROGRAMS

We tailor programs for specific groups such as civic organizations, chambers of commerce, companies and more. Please reach out to arrange a private, personalized, no-cost program for your group or to invite us to your local event or health fair. Thank you to the following organizations.

- Polk County Sheriff's Office
- First Presbyterian Church of Lakeland
- Florida Southern College

COMMUNITY EDUCATION & OUTREACH

Hardee County

Impact of Alzheimer's in the Community

Monday, Dec. 14, 11:30 a.m.

Hardee Help Center, 1330 Hwy 17 S., Wauchula 33873

Highlands County

Impact of Alzheimer's in the Community

Thursday, Oct. 15, 10 a.m.

Avon Park Library, 100 N Museum Ave., Avon Park 33825

Impact of Alzheimer's in the Community

Tuesday, Oct. 20, 2 p.m.

Seniors and Law Enforcement Expo, 4514 Hammock Road, Sebring 33872

10 Warning Signs of Alzheimer's

Sunday, Dec. 6, 10 a.m.

Change of Pace, 4514 Hammock Road, Sebring 33872



Polk County

Awareness Presentation

Tuesday, Sept. 15, 10:30 a.m.

Winter Haven Senior Center, 250 S Lake Silver Drive, Winter Haven 33881

Health Fair

Saturday, Oct. 31, 10 a.m.

Peaceful Believers Church, 510 S Charleston Ave., Fort Meade 33841

Health Fair

Saturday, Jan. 23, 9 a.m.

St John's Church, 1800 Cypress Gardens Blvd., Winter Haven 33881

Brain Bus Stop at Frostproof Rainbow RV Park

Wednesday, Feb. 3, 10 a.m.

Frostproof Rainbow RV Park 700 County Road 630A, Frostproof 33843

Brain Bus Stop at Mulberry Public Library

Wednesday, Feb. 10, 10 a.m.

Mulberry Public Library, 905 NE 5th St., Mulberry 33860

Health Fair

Friday, March 12, 12 p.m.

First Presbyterian Church, 175 Lake Hollingsworth Drive, Lakeland 33801

Health Fair

Friday, April 23, 8 a.m.

Rath Senior Summit, 175 Lake Hollingsworth Drive, Lakeland 33801

Sumter County

Brain Bus Stop at Dementia Resource Expo

Friday, Nov. 6, 10 a.m.

Wildwood Community Center, 6500 Powell Road, Wildwood 34785

CAREGIVER SUPPORT GROUPS

Polk County

2nd Tuesday, Noon

Hawthorne Inn, 6150 Lakeland Highlands Rd., Lakeland 33813



3rd Tuesday, 3 p.m.

Grace Lutheran Church Mary Martha Room, 327 Avenue C SE, Winter Haven 33880

4th Thursday, 9:30 a.m.

Solivita, 395 Village Dr., Poinciana, FL 34759

MCI/EARLY STAGE/YOUNG ONSET SUPPORT GROUPS

Registration required, please call 800.272.3900.

Sumter County

1st Friday, 10 a.m.

Charter Research, 1025 Lake Sumter Landing, The Villages, 32162





GREATER TAMPA BAY

Hillsborough, Pinellas & Pasco Counties



Makeba Huntington-Symons, M.A.

Senior Community Engagement Manager

727.220.4446 | mahuntingtonsymons@alz.org

For virtual programs see table of contents.

PRIVATE AND PERSONALIZED PROGRAMS

We tailor programs for specific groups such as civic organizations, chambers of commerce, companies and more. Please reach out to arrange a private, personalized, no-cost program for your group or to invite us to your local event or health fair. Thank you to the following organization(s).

COMMUNITY EDUCATION & OUTREACH

Hillsborough County

Health Fair

Thursday, Sept. 17, 10 a.m.

Kings Point Veterans Theater, 1900 Clubhouse Drive, Sun City Center 33573

Brain Bus Stop at Omar K. Lightfoot Recreation Center

Friday, Sept. 18, 9 a.m.

Omar K. Lightfoot Recreation Center, 10901 N. 56th St., Temple Terrace 33617

Brain Bus Stop at Phyllis Busansky Adult Day Center

Monday, Sept. 21, 9 a.m.

Phyllis Busansky Adult Day Center, 4102 W. Spruce Street, Tampa 33607

Building Brain-Healthy Habits

Thursday, Sept. 24, 2026

Osprey Heights, 2808 Lithia Pinecrest Rd, Valrico 33596

Brain Bus Stop at United Methodist Church of Sun City Center

Saturday, Sept. 26, 10 a.m.

United Methodist Church, 1971 Haverford, Sun City Center, 33573



Building Brain-Healthy Habits

Tuesday, Oct. 13, 10 a.m.

Kings Point Center 1525 Rickenbacker Drive #101, Sun City Center 33573

Brain Bus Stop at Harvest Hope Park

Saturday, Nov. 14, 10 a.m.

Harvest Hope Park 13704 N. 20th St., Tampa 33613

Brain Bus Stop at First Baptist Church of Progress Village

Saturday, Jan. 23, 9 a.m.

First Baptist Church of Progress Village, 8722 Progress Blvd., Tampa 33619

Pasco County

Health Fair

Wednesday, Sept. 23, 10 a.m.

Compass Rose of Zephyrhills, 37411 Eiland Blvd., Zephyrhills 33542

Pinellas County

Brain Bus Stop at Sunset Palms 55+ Community

Thursday, Nov. 19, 9 a.m.

Sunset Palms 55+ Community, 3401 Gandy Blvd., Pinellas Park 33781

Impact of Alzheimer's in the Community

Saturday, Jan. 30, 9 a.m.

Carmel Friendship Church, 30081 Wells Road, Wesley Chapel 33545

Brain Bus Stop at On Top of the World

Saturday, Jan. 16, 10 a.m.

On Top of the World, 2069 World Parkway Blvd., East Clearwater 33763

Brain Bus Stop at Mt. Zion Progressive Missionary Baptist Church

Saturday, Feb. 27, 9 a.m.

Veteran's Memorial Park, Veterans Blvd, Bonifay 32724

CAREGIVER SUPPORT GROUPS

Hillsborough County

2nd Tuesday, 12 p.m.

Hyde Park Methodist, 500 W. Platt St., Tampa 33606. RSVP required.
(Hybrid, in-person and virtual via Zoom)



3rd Tuesday, 6:30 p.m. & 4th Wednesday at 2 p.m.
Ambiance of Brandon, 1320 Oakfield Drive, Brandon 33511. RSVP required.
(Hybrid, in-person and virtual via Zoom)

3rd Wednesday, 12 p.m.
St. James United Methodist, 16202 Bruce B. Downs Blvd., Tampa 33647

1st Thursday, 3 p.m.
Phyllis Busansky Adult Day Center, 4102 West Spruce St., Tampa 33607

1st Thursday, 6 p.m.
Arden Courts of Largo, 300 Highland Ave., Largo 33770

2nd Thursday, 1 p.m.
St. Andrew Presbyterian Church 1239 Del Webb Blvd., Rm 1, Sun City Center

2nd Thursday, 3 p.m.
Plant City Adult Day Center, 1205 S. Waller St., Plant City 33566

3rd Thursday at 3 p.m.
Wimauma Adult Day Center, 16621 Lagoon Shore Blvd., Wimauma 33598
*Respite available

4th Monday 1 p.m.
St. Andrew Presbyterian Church, 1239 W Del Webb Blvd., Rm 2, Sun City Center

4th Tuesday 10:00 a.m.
Bayshore Presbyterian Church, 2515 Bayshore Blvd., Com. Room, Tampa 33629

4th Thursday at 2 p.m.
Bloomingdale Adult Day Center, 3940 Canoga Park Drive, Brandon 33511

Pasco County

1st Thursday, 10 a.m.
Land O' Lakes Public Library, 2818 Collier Parkway, Land O' Lakes 34639

2nd Tuesday, 6 p.m.
Regency Park Library, 9701 Little Road, New Port Richey 34654

2nd Thursday, 1 p.m.

New Port Richey Public Library, 5939 Main St., New Port Richey 34652

2nd Wednesday, 3 p.m.

Compass Rose of Zephyrhills, 37411 Eiland Blvd., Zephyrhills 33542

Pinellas County

Every Monday, 9:30 a.m.

Unity of Palm Harbor, 1960 Tampa Road, Palm Harbor 34683

1st Thursday, 6 p.m.

Arden Courts of Largo, 300 Highland Ave., Largo 33770

1st and 3rd Monday, 1 p.m.

Madonna Ptak Memory Disorders Clinic, 430 Morton Plant St., Ste. 401, Clearwater

Every Wednesday, 10 a.m.

Hale Activity Ctr. Dunedin, 330 Douglas Ave., Dunedin 34698

1st, 2nd, & 3rd Thursday, 2 p.m.

St. Anthony's Memory Disorders Center, Professional Office Building
1201 5th Ave., N., Suite 309, St. Petersburg 33705

2nd Tuesday, 9:30 a.m.

Largo Public Library, 120 Central Park Drive, Largo 33771

2nd Tuesday, 10 a.m.

Arden Courts of Palm Harbor, 2895 Tampa Road, Palm Harbor 34684

2nd Tuesday, 6:30 p.m.

The Karol Hotel Crown Boardroom, 2675 Ulmerton Road, Clearwater 33762

2nd Wednesday, 12:15 p.m.

East Lake Public Library, 4125 E. Lake Road S., Palm Harbor 34685

3rd Tuesday, 11 a.m.

Tarpon Springs Library, 138 E Lemon St., Tarpon Springs 34689



3rd Wednesday, 6 p.m.

TLC Adult Day Care & Recreation Center, 3970 Tampa Road, Unit J., Oldsmar

4th Thursday 10 a.m.

Craft Kafe Downtown 200 Central Ave., St. Petersburg 33701

4th Thursday 10 a.m.

The Plaza at The Palms of Largo, 385 Alt Keene Road, Largo 33771



GREATER SARASOTA & SUN CITY CENTER

Desoto, Manatee & Sarasota Counties



Silvia Caldwell, LPN

Community Engagement Manager

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For virtual programs see table of contents.

PRIVATE AND PERSONALIZED PROGRAMS

We tailor programs for specific groups such as civic organizations, chambers of commerce, companies and more. Please reach out to arrange a private, personalized, no-cost program for your group or to invite us to your local event or health fair. Thank you to the following organizations.

- Grand Villa Sarasota
- Southside Sarasota Rotary
- Senior Care Authority
- Der Dutchman

COMMUNITY EDUCATION & OUTREACH

DeSoto County

Brain Bus Stop at Arcadia Housing Authority

Friday, Feb. 5, 10 a.m.

Arcadia Housing Authority, 7 Booker T. Washington Road, Arcadia 34266

Manatee County

Health Fair

Wednesday, Nov. 4, 10 a.m.

Lakewood Ranch YMCA, 5100 Lakewood Ranch Blvd, Lakewood Ranch 34211

Brain Bus Stop at GT Bray Rec Center

Saturday, Dec. 12, 4 p.m.

GT Bray Rec Center, 5502 33rd Ave. W., Bradenton 34209

Building Brain-Healthy Habits

Thursday, Jan. 14, 2 p.m.

Braden River Library, 4915 53rd Ave. E, Bradenton 34203



Sarasota County

Health Fair

Saturday, Sept. 12, 10 a.m.

Turner Agri Civic Center 2250 NE Roan Street, Arcadia 34266

Building Brain-Healthy Habits

Tuesday, Sept. 29, 2 p.m.

Glenridge on Palmer Ranch, 7333 Scotland Way, Sarasota 34238

Health Fair

Saturday, October 17, 10 a.m.

Town Square Sarasota, 3882 Central Sarasota Parkway, Sarasota 34238

Brain Bus Stop at Booker High School gym

Saturday, Nov. 7, 10 a.m.

Booker High School Gym, 3201 N. Orange Ave., Sarasota 34234

10 Warning Signs of Alzheimer's

Thursday, January 7, 11 a.m.

'Temple Beth Israel Center, 567 Bay Isles Road, Longboat Key 34228

Building Brain-Healthy Habits

Saturday, Feb. 20, 9 a.m.

The Bay 1055 Blvd of the Arts, Sarasota 34236

MCI / EARLY STAGE / YOUNG ONSET SUPPORT GROUPS

REGISTRATION REQUIRED, PLEASE CALL 800.272.3900.

Sarasota County

Every Friday, 10 a.m.

Senior Friendship Centers, 1820 Brother Geenen Way, Sarasota 34236

CAREGIVER SUPPORT GROUPS

Manatee County

1st & 3rd Wednesday, 10 a.m.

Emmanuel Baptist Church, 8305 US-301, Parrish 34219



1st Thursday at 10 a.m.

Westminster Bradenton at The Manor, 1700 21st Ave. W., Bradenton 34205

2nd Tuesday at 5 p.m.

Bradenton Research Center, 3924 9th Ave. W., Bradenton 34205

2nd & 4th Thursday, 10 a.m.

Elan Manatee, 7375 Stone River Road, Bradenton 34203

Sarasota County

Every Monday at 10 a.m.

Church of Palms, 3224 Bee Ridge Road, Sarasota 34239

1st Tuesday, 11:30 a.m.

Frances T. Bourne Jacaranda Library, 4143 Woodmere Park Blvd., Venice 34293

3rd Wednesday, 10 a.m.

San Pedro Catholic Church, 14380 Tamiami Trl., North Port 34287

Every Thursday at 4 p.m.

Church of Palms, 3224 Bee Ridge Road, Sarasota 34239



SOUTHWEST FLORIDA

Charlotte, Collier, Glades, Hendry, Lee & Monroe Counties



Lisa L. Kiddon

Community Engagement Manager

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For virtual programs see table of contents.

PRIVATE AND PERSONALIZED PROGRAMS

We tailor programs for specific groups such as civic organizations, chambers of commerce, companies and more. Please reach out to arrange a private, personalized, no-cost program for your group or to invite us to your local event or health fair. Thank you to the following organizations.

- Somerset at The Plantation
- Imperial Harbor Community Clubhouse

COMMUNITY EDUCATION & OUTREACH

Charlotte County

Health Fair

Monday, Sept. 21, 9 a.m.

Family Services Center, 21500 Gibraltar Drive, Port Charlotte 33952

Collier County

Impact of Alzheimer's in the Community

Tuesday, Oct. 6, 8:30 a.m.

The Arlington, 7900 Arlington Circle, Naples 34113

Health Fair

Friday, Oct. 23, 11 a.m.

Naples Concierge Health, 700 2nd Ave., N., Naples 34102

Brain Bus Stop at The 2026 Big Bus Event

Saturday, Nov. 7, 8 a.m.

The 2026 Big Bus Event, 419 N. First St., Immokalee 34142



Awareness Presentation

Friday, Feb. 5, 9 a.m.

Baker Senior Center, 201 8th St S., Naples 34119

Lee County

Health Fair

Thursday, Oct. 22, 9 a.m.

Community Heroes, 4544 Coronado Parkway, Cape Coral 33904

Awareness Presentation

Tuesday, Sept. 15, 3 p.m.

Cape Coral High School, 2300 Santa Barbara Blvd. Cape Coral 33991

Awareness Presentation

Wednesday, Sept. 16, 3 p.m.

BJ's Restaurant, 9960 University Plaza Dr., Ft. Myers 33913

Brain Bus Stop at Area Agency on Aging

Friday, Sept. 25, 1 p.m.

Area Agency on Aging, 2830 Winkler Ave., Fort Myers 33916

Brain Bus Stop at Sanibel Recreation Center

Thursday, Nov. 5, 10 a.m.

Sanibel Recreation Center, 3880 Sanibel Captiva Road, Sanibel Island 33957

Brain Bus Stop at Lee Health - Healthy Live Center

Thursday, Nov. 12, 10 a.m.

Lee Health - Healthy Live Center, 23450 Via Coconut Pt., Estero 33928

Monroe County

Healthy Mind, Healthy Life: Community Wellness Event

Tuesday, Sept. 15, 1 p.m.

JOY Center, 53 High Point Road, Tavernier 33070

CAREGIVER SUPPORT GROUPS

Charlotte County

1st Tuesday, 5:15 p.m.

Hatchery, 42881 Lake Babcock Drive, Suite 200, Babcock Ranch 33908



2nd Monday, 5:15 p.m.

ActivAge at Chelsea Place, 3626 Tamiami Trl., Port Charlotte 33952

2nd Tuesday, 4 p.m.

Punta Gorda Isles Civic Association, 2001 Shreve St., Punta Gorda 33950

Lee County

1st Tuesday, 10 a.m.

Cypress Cove, 10200 Cypress Cove Drive, Fort Myers 33908

2nd Wednesday, 1 p.m. and 4th Friday, 10 a.m.

Good Shepherd United Methodist Church, 2951 Trail Dairy Circle, North Fort Myers

2nd Thursday, 10 a.m.

The Terraces at Bonita Springs, 26455 S. Tamiami Trl., Bonita Springs 34134

3rd Tuesday, 10 a.m.

Gulf Coast Village 1333 Santa Barbara Blvd., 4th Floor Craft Room, Cape Coral

3rd Thursday, 10 a.m.

Lee Healthy Life Center, Coconut Point, 23450 Via Coconut Pt., Estero 33928

GREATER TREASURE COAST, BREVARD & OSCEOLA

Brevard, Indian River, Okeechobee, Osceola & St. Lucie Counties



Evelyn Espinal, BBA

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For virtual programs see table of contents.

PRIVATE AND PERSONALIZED PROGRAMS

We tailor programs for specific groups such as civic organizations, chambers of commerce, companies and more. Please reach out to arrange a private, personalized, no-cost program for your group or to invite us to your local event or health fair. Thank you to the following organizations.

- St Lucie School District

COMMUNITY EDUCATION & OUTREACH

Brevard County

Impact of Alzheimer's in the Community

Friday, Oct. 16, 10 a.m.

Indian Oaks 1329 Deer Trail, Rockledge 32955

Impact of Alzheimer's in the Community

Tuesday, October 27, 6 p.m.

Joe's Club, 4676 N Wickham Rd., Melbourne 32935

Indian River County

Understanding Alzheimer's and Dementia

Tuesday, Oct. 27, 10 a.m.

Indian River Lagoon, 1235 Main St, Sebastian 32958

Okeechobee County

Health Fair

Tuesday, Oct. 20, 10 a.m.

Golden Ponds Community, 1800 Golden Ponds Drive, Fort Pierce 34945

Brain Bus Stop at Legacy High School

Tuesday, Nov. 3, 8 a.m.

Legacy High School, 14505 Crosstown Parkway, Port St. Lucie 34987



Brain Bus Stop at Flagler Park

Sunday, Dec. 13, 9 a.m.

Flagler Park, 201 SW Flagler Ave., Stuart 34994

Brain Bus Stop at Flagler Park

Sunday, Dec. 13, 9 a.m.

Flagler Park, 201 SW Flagler Ave., Stuart 34994

Brain Bus Stop at Agri Civic Center

Saturday, January 30, 9 a.m.

Agri Civic Center, 4601 Florida 710 E., Okeechobee 34974

St. Lucie County

Health Fair

Wednesday, Sept. 16, 10 a.m.

Havert Fenn Center, 2000 Virginia Ave., Fort Pierce 34982

Supporting Brain Health in Our Community

Wednesday, Sept. 23, 9 a.m.

Mustard Seed Ministries, 3130 S. US Highway 1, Fort Pierce 34982

Brain Bus Stop at Friendship Missionary Baptist Church

Saturday, October 3, 10 a.m.

Friendship Missionary Baptist Church, 1306 Avenue E, Fort Pierce 34950

Brain Bus Stop at Keiser University

Saturday, October 3, 10 a.m.

Keiser University, 9400 SW Discovery Wy, Port St. Lucie 34987

Awareness Presentation

Thursday, Oct. 8, 11 a.m.

Villa Seton Apartments, 3300 SW. Chartwell Street, Port St. Lucie 34953

Awareness Presentation

Thursday, Oct. 8, 11 a.m.

Villa Seton Apartments, 3300 SW. Chartwell Street, Port St. Lucie 34953



Health Fair

Thursday, Oct. 8, 11 a.m.

Better Together Community Center, 2195 S.E. Airoso Blvd., Port St. Lucie 34984

Health Fair

Friday, Nov. 6, 10:30 a.m.

PSL Council on Aging, 2501 SW Bayshore Blvd., Port St. Lucie 34984

Brain Bus Stop at United Against Poverty

Saturday, Dec. 5, 11 a.m.

United Against Poverty, 2520 Orange Avenue, Fort Pierce 34947

Brain Bus Stop at Seventh Day Adventist Church

Thursday, May 6, 10 a.m.

Seventh Day Adventist Church, 320 SW Tulip Blvd, Port St. Lucie 34953

CAREGIVER SUPPORT GROUPS

Brevard County

2nd and 4th Tuesday, 10:30 a.m.

Rockledge Presbyterian Church, 921 Rockledge Drive, Rockledge 32955

St. Lucie County

2nd & 4th Tuesday at 10:30 a.m.

Harbor Place, 3700 SE Jennings Road, Port St. Lucie, 34952

2nd Thursday, 10 a.m.

Golden Ponds Home Community, 1800 Golden Ponds Drive, Fort Pierce 34945



MARTIN & PALM BEACH COUNTY



Heidi Reeve, M.S.

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For virtual programs see table of contents.

PRIVATE AND PERSONALIZED PROGRAMS

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- Florida Power & Light
- Eddie Lee Rhodes Gym

COMMUNITY EDUCATION & OUTREACH

Palm Beach County

Brain Bus Stop at Royal Palm Beach Recreation Center

Friday, Sept. 18, 10 a.m.

Recreation Center, 100 Sweet Bay Lane., Royal Palm Beach 33411

The Empowered Caregiver: Communicating Effectively & Responding to Dementia-Related Behaviors

Friday, Sept. 18, 11 a.m.

Delray Community Center; 7091 W Atlantic Ave., Delray Beach 33446

Impact of Alzheimer's-Faith Based

Saturday, Sept. 19, 12 p.m.

Islamic Center of Boca Raton; 3480 NW 5th Ave, Boca Raton 33431

Impact of Alzheimer's in the Community

Friday, Sept. 25, 11 a.m.

Greenacres Community Center, 501 Swain Blvd., Greenacres 33463

Impact of Alzheimer's-Corporate

Tuesday, Oct. 6, 11 a.m.

Wellington Regional Medical Center, 10101 Forest Hill Blvd. Wellington 33414



Awareness Presentation

Wednesday, Oct.. 7, 10 a.m.

Delray Community Center; 50 NW 1st Ave, Delray Beach 33444

Impact of Alzheimer's in the Community

Thursday, Oct. 8, 8 a.m.

Pahokee Chamber of Commerce, 115 E. Main St. Pahokee 33476

Impact of Alzheimer's-Public Service

Thursday, Oct. 8, 10 a.m.

Village of Wellington, 12150 Forest Hill Blvd., Wellington 33414

Impact of Alzheimer's in the Community

Thursday, Oct. 15, 11:30 a.m.

Jupiter Community Center, 200 Military Trail, Jupiter 33458

Impact of Alzheimer's in the Community

Wednesday, Nov. 18, 10 a.m.

Martin County School District, 1939 SE Federal Highway, Stuart 34994

Impact of Alzheimer's in the Community

Thursday, Oct. 22, 9 a.m.

Boca Raton Innovation Campus, 5000 T-Rex Avenue, Boca Raton 33431

Brain Bus Stop at Boca Raton Marriott

Sunday, Oct. 25, 8:30 a.m.

Boca Raton Marriott, 5150 Town Center Circle, Boca Raton 33486

Awareness Presentation

Wednesday, Nov. 18, 2026

Burns Road Community Center; 4404 Burns RD., Palm Beach Gardens 33410

Martin County

Brain Bus Stop at Stuart Senior Living

Wednesday, October 28, 11 a.m.

Stuart Senior Living, 1301 SE Palm Beach Rd., Stuart 34994



MCI / EARLY STAGE / YOUNG ONSET SUPPORT GROUPS

Registration required, please call 800.272.3900.

1st Thursday, 1:30 p.m.

Palm Beach Neurology Premiere Research Institute, West Palm Beach 33407

2nd Wednesday, 4 p.m.

JEM Research Institute, Lake Worth 33462

CAREGIVER SUPPORT GROUPS

2nd Tuesday, 10:30 a.m.

Wellington Bay, 2590 Wellington Bay Drive, Wellington 33414

2nd Wednesday, 1 p.m.

Mae Volen Center, 1515 W. Palmetto Park Road, Boca Raton 33486

2nd Thursday, 1:30 p.m.

Palm Beach Premiere Research, 4631 N. Congress Ave., West Palm Beach 33407

3rd Tuesday, 11 a.m.

YMCA, 9600 South Military Trail, Boynton Beach 33436

4th Tuesday, 11 a.m.

Brain Matters Research, 800 NW 17th Ave., Delray Beach 33445

4th Tuesday, 10:30 a.m.

Healthier Boynton Beach, 1105 N. Federal Highway, Boynton Beach 33435

4th Wednesday, 1 p.m.

Mae Volen Center, 1515 W Palmetto Park Road, Boca Raton 33486

4th Thursday, 6 p.m.

New Day Adult Day Care, 301 Ebbtide Drive, Suite H, North Palm Beach 33408





Samrah Mitha, MPH

Community Engagement Manager

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For virtual programs see table of contents.

PRIVATE AND PERSONALIZED PROGRAMS

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- NSU

COMMUNITY EDUCATION & OUTREACH

Brain Bus Stop at Office of the Mayor and City Commission

Wednesday, Sept. 16, 11 a.m.

Coral Springs Gymnasium- 2501 Coral Springs Drive Coral Springs 33065

Impact of Alzheimer's in the Community

Saturday, Sept. 19, 10 a.m.

Alexandra P. Davis Complex, 6700 Miramar Parkway, Miramar 33023

Brain Bus Stop at Office of the Mayor and City Commission

Thursday, Nov. 5, 11 a.m.

City Commission & Mayor Office, 4340 NW 36th St., Lauderdale Lakes 33319

CAREGIVER SUPPORT GROUP

1st and 3rd Saturday, 10 a.m.

John Knox Village, 651 SW 6th St., Pompano Beach 33060

3rd Wednesday, 2 p.m.

Northwest Regional Library, 3151 University Drive, Rm 214, Coral Springs 33065

3rd Wednesday, 6 p.m.

Covenant Living of Florida, 9215 W. Broward Blvd., Fort Lauderdale 33306







Joe H. Baldelomar, Psy.M.

Bilingual Community Engagement Manager

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For virtual programs see table of contents.

PRIVATE AND PERSONALIZED PROGRAMS

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- Miami VA
- The Palace Kendall
- The Palace Coral Gables
- The Palace Gardens
- Starboard Corporate Office

COMMUNITY EDUCATION & OUTREACH

Impact of Alzheimer's in the Community

Saturday, Sept. 19, 9 a.m.

Lotus House, 219 NW 14 Ter 5th Floor; Miami 33136

Brain Bus Stop at Children Village at Lotus House

Saturday, Sept. 19, 9 a.m.

Lotus House, 219 NW 14 Ter 5th Floor, Miami 33136

Brain Bus Stop at University of Miami/UHealth SoLé Mia

Tuesday, Sept. 29, 4 p.m.

University of Miami/UHealth SoLé Mia, 2111 SoLé Mia Way, North Miami 33181

Health Fair

Saturday, Oct. 3, 10 a.m.

Lakeside Village, 1280 Stanford Drive, Coral Gables 33146



Impact of Alzheimer's in the Community

Saturday, Oct. 10, 10 a.m.

West Kendall Regional Library, 10201 Hammocks Blvd., Kendall 33196

Brain Bus Stop at St. Andrew's Episcopal Church

Sunday, Oct. 11, 9 a.m.

St. Andrew's Episcopal Church, 14260 Old Cutler Road, Miami 33158

Brain Bus Stop at Second Baptist Church

Saturday, Oct. 17, 10 a.m.

Second Baptist Church, 11111 Pinkston Drive, Miami 33176

Brain Bus Stop at Larkin University Campus

Saturday, Nov. 21, 10 a.m.

Larkin University Campus, 18301 NW 2nd Ave., Miami Gardens 33169

Brain Bus Stop at Betty T. Ferguson Community Center

Saturday, Jan. 2, 10 a.m.

Betty T. Ferguson Community Center 3200 N.W. 199th St., Miami Gardens 33056

Brain Bus Stop at GFWC Miami Springs Woman's Club

Saturday, Jan. 9, 10 a.m.

GFWC Miami Springs Club, 200 Westward Drive, Miami Springs 33166

Brain Bus Stop at Village of Pinecrest Community Center

Thursday, May 27, 9 a.m.

Pinecrest Community Center, 5855 SW 111th St., Pinecrest 33156

CAREGIVER SUPPORT GROUPS

Miami-Dade County

2nd Monday, 6 p.m., In-Spanish

Coral Gables Branch Library, 3443 Segovia St., Coral Gables 33134

2nd Thursday, 12:30 p.m.

Northeast Dade, Aventura Library, 2930 Aventura Blvd., Aventura 33180



3rd Tuesday 7 p.m.

The Palace Suites, 11377 SW 84th St., Miami 33173

4th Thursday, 12:30 p.m.

Coral Gables Adult Activity Center, 2 Andalusia Ave., Coral Gables 33134

VOLUNTEER

with the

Alzheimer's Association

VOLUNTEER OPPORTUNITIES:

- Community connector
- Community educator
- Support group facilitator
- Event committee member
- Advocate
- Brand ambassador
- Data entry volunteer

For more information email alzflnews@alz.org or reach out to your local community engagement manager.



COMMUNITY ENGAGEMENT



Keith Gibson

Sr. Director, Community Engagement

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DID YOU KNOW

Although African Americans and Hispanic Americans are more likely than White Americans to have Alzheimer's or another dementia, studies show that they are less likely to have a diagnosis. And delays in diagnosis mean that certain groups are not getting treatments when they are most likely to be effective at improving quality of life. For more information, please see the Association's Alzheimer's Disease Facts and Figures special report on [Race, Ethnicity and Alzheimer's in America](#) (PDF).

Resources

- [Veterans and Dementia](#)
- [Asian Americans and Pacific Islanders and Alzheimer's](#)
- [Black Americans and Alzheimer's](#)
- [Hispanic Americans and Alzheimer's](#)
- [LGBTQ+ Community Resources for Dementia](#)
- [Native Americans and Alzheimer's](#)



THE INTERSECTION OF IDD AND ALZHEIMER'S



DID YOU KNOW

Individuals with **Down syndrome** have a higher than **90% lifetime risk** of developing **Alzheimer's disease**.

Down syndrome, or trisomy 21, occurs when an individual has an extra copy of chromosome 21 due to a random error during egg or sperm cell division. Typically, humans inherit one copy from each parent, but those with Down syndrome have three copies instead of two. As they age, individuals with Down syndrome are at an increased risk of developing Alzheimer's disease; approximately 30% of those in their 50s and 50% in their 60s are affected by Alzheimer's dementia, according to the National Down Syndrome Society.

Resources

- [Down Syndrome and Alzheimer's](#)
- [NDSS Aging and Down Syndrome Guidebook](#)
- [NDSS Alzheimer's and Down Syndrome: A Practical Guidebook for Caregivers](#)
- [NTG Early Detection Screen for Dementia](#)



FOR ALL PROFESSIONALS



ALZProTM

Empowering Professionals in the Fight Against Dementia

What is ALZPro?

ALZPro is the Alzheimer's Association hub for professional resources. It unites care resources, research, data platforms, clinical guidelines, continuing education and implementation tools — all on one trusted platform. ALZPro empowers professionals to reduce risk, advance early detection, improve care and expand equitable access.

The ALZPro Advantage

ALZPro equips you with essential tools to deliver equitable, evidence-informed, person-centered care.

ALZPro provides:

- Instant access to streamlined tools, resources, research and training
- Timely, relevant scientific findings and clinical insights, tailored for busy professionals
- Practical resources that directly support your work and the people you serve
- The opportunity to connect and collaborate with peers and leading experts
- Opportunities for continuing education credits, online training and certifications

Join the professionals shaping the future of dementia care at alz.org/ALZPro.

FOR ALL PROFESSIONALS

Explore ALZPro Resources



ALZPro™



Research, Publications and Grants

Explore peer-reviewed journals, real-world data platforms and funding opportunities that support dementia research and accelerate progress.



Training, Education and Professional Development

Build your knowledge and stay current with the latest in dementia care and research through continuing education credit, online training and world-class certification.



Professional Networks and Registries

Engage with expert communities and initiatives, contribute to data registries and exchange insights with peers through ISTAART, the International Society to Advance Alzheimer's Research and Treatment.



Conferences and Events

Discover leading conferences and events that bring together experts across research and care to share insights, expand networks and move dementia science and clinical practice forward.



Care Pathway

Improve quality, promote consistency and strengthen person-centered outcomes with practical, evidence-informed tools and resources for all clinical and care settings.

Our Commitment to Professionals

The Alzheimer's Association leads the way to end Alzheimer's and all other dementia — by accelerating global research, driving risk reduction and early detection, and maximizing quality care and support

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Elevate Your Impact.

Join the professionals shaping the future of dementia care at alz.org/ALZPro.

FOR ALL PROFESSIONALS

ALZHEIMER'S AND PUBLIC HEALTH ACTION IN FLORIDA



Alzheimer's disease is a growing public health crisis in Florida, and the impact of Alzheimer's is projected to rise. A comprehensive public health approach is essential to improve community health, support the well-being of those living with cognitive decline and their families, and reduce the risk of dementia throughout communities. The most recent data show:

- 580,000 people aged 65 and older are living with Alzheimer's in Florida.
- 18.6% of people aged 45 and older have subjective cognitive decline in Florida.
- 870,000 family caregivers provide essential support to people living with dementia in Florida.
- 1.3 billion hours of unpaid care are provided by dementia caregivers in Florida.
- \$28.4 billion is the value of unpaid care provided in Florida.
- \$3.7 billion is the cost of Alzheimer's to the state Medicaid program.

[Learn more.](#)

ALZHEIMER'S ASSOCIATION® FLORIDA CHAPTERS: YOUR IMPACT IN 2025

LEADING THE FIGHT AGAINST ALZHEIMER'S AND ALL OTHER DEMENTIA

ENGAGE INDIVIDUALS AND COMMUNITIES.

- Reached nearly 80,000 Floridians through education, care and support, awareness and the 24/7 Helpline.
- Provided education and support to more than 20,000 Floridians in all 67 counties through the Alzheimer's Association Brain Bus and mobile brain health outreach.



ACCELERATE RESEARCH, TRANSLATION AND IMPLEMENTATION.

- Awarded \$7.8 million in active research funding at Florida institutions
- Selected 58 individuals from FL institutions to serve as grant reviewers
- Engaged with 400+ scientists, clinicians and dementia professionals across Florida through the ISTAART program



4 STRATEGIC LEVERS OF CHANGE

ENABLE COMMUNITIES AND SYSTEMS TO DELIVER QUALITY AND EQUITABLE CARE.

- Florida advocates rallied for critical federal and state legislation:
 - Supported \$10 million in additional state funding to reduce respite care wait times and other caregiver services
 - Lobbied in support of new legislation in Congress, including the Alzheimer's Screening and Prevention (ASAP) Act, Credit for Caring Act and the Accelerating Access to Dementia & Alzheimer's Provider Training (AADAPT) Act



FOSTER COLLABORATION AND UNDERSTANDING.

- Engaged more than 2,400 volunteers across the state to educate and build awareness to reduce stigma, focus on brain health and advocate for individual and community needs
- Partnered with the Florida Department of Elder Affairs to reach nearly 69,000 Floridians through awareness education



ONLY POSSIBLE THROUGH YOUR DONATIONS

**WALK
TO
END
ALZHEIMER'S**
ALZHEIMER'S ASSOCIATION

\$6 MILLION
raised through
24 Walk to End Alzheimer's events



**DO WHAT
YOU LOVE
TO END ALZ**
ALZHEIMER'S ASSOCIATION

\$600K
raised through
Do What You Love to End ALZ

**\$1.3
MILLION**
raised through
3 galas

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800.272.3900

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resources



**ALZHEIMER'S
ASSOCIATION**

DO WHAT YOU LOVE. HELP END ALZHEIMER'S.

Hiking, golfing, gaming, crafting, play pickleball or bridge, host a cookout or purple party — no matter what your passion is, you can make it a fundraiser to end Alzheimer's and all other dementia.

So select an activity, pick a date and fundraise for a future without Alzheimer's.

Visit alz.org/dowhatyoulove to get started.

**DO WHAT
YOU LOVE
TO END ALZ**[™]
ALZHEIMER'S  ASSOCIATION[®]



Thank you to all our volunteers, sponsors and guests who made the 2026 Gala Season a huge success in Florida!



ALZHEIMER'S  ASSOCIATION®

THE SUNSHINE *Gala*

MARCH 6, 2027 | 6:30-11 P.M.

Diplomat Beach Resort

Ray of Hope Award Honoree:

Shane Strum

President/CEO, Broward Health

Interim President/CEO, Memorial Healthcare System.

Co-Chair: The Honorable Josefina Carbonell

Co-Chair: Enrique "Henry" Piñeiro

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COCKTAILS | DINNER | PROGRAM | AUCTION

*Together, we illuminate the path toward
a future without Alzheimer's.*

AlzSunshineGala.org



For 2027 partnership & volunteer opportunities contact Liesl Mejias at limejias@alz.org

SAVE THE DATE

April 9, 2027

7:00 P.M.

Armature Works

Hope Gala



Soundtrack of our Lives

For Sponsorship Opportunities,
contact Christine Feller at clfeller@alz.org

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Accelerating Research to End Alzheimer's

March 7, 2027
Horizon West, Florida

The Alzheimer's Association Ride to End ALZ® is a premier cycling event, backed by support at every mile, to end Alzheimer's and all other dementia.

Ride to End ALZ Florida offers route options ranging from 20 to 75 miles, so every rider can find their challenge.

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Oct. 3	Pinellas County
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Oct. 10	Tallahassee
Oct. 10	SouthShore
Oct. 17	Tampa
Oct. 24	Gainesville
Oct. 24	Lee County
Oct. 24	The Villages
Oct. 24	Treasure Coast
Oct. 31	Palm Beach
Nov. 7	Jacksonville
Nov. 7	Emerald Coast
Nov. 8	Boca Raton
Nov. 14	Collier County
Nov. 14	Sarasota County
Nov. 14	Volusia County
Nov. 21	Miami
Dec. 5	Broward County
Dec. 5	Polk County



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We Need Your Voice

BECOME AN ADVOCATE TODAY!



Because of advocates, we've passed critical legislation and increased federal research funding. Our work isn't done.

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- Meet with elected officials.
- Share your story.
- Spark conversation on social media.
- Engage the media.
- Widen our reach.
- Build relationships with officials and staff.

CONTACT US

Jennifer Braisted | jbraisted@alz.org



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Stay Up to Date

Weekly E-News

Every Wednesday, you'll receive the latest information on Alzheimer's care and support, advances in research, upcoming events in your chapter, as well as inspirational stories and resources for people living with the disease and their caregivers. Sign up at alz.org/enews.



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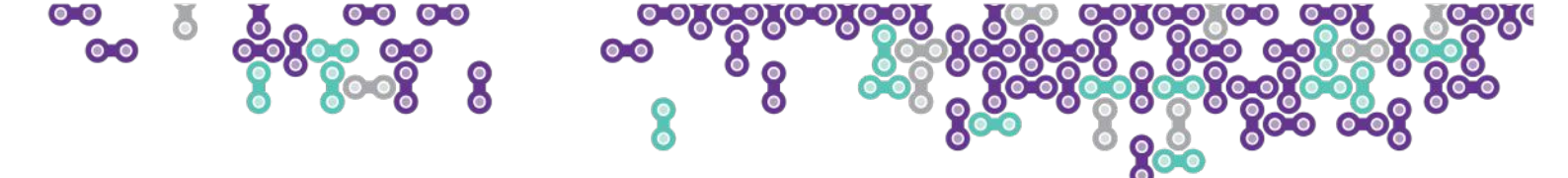
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ALZ Spotlight - Alzheimer's & Dementia Blog

Another great way to stay up to date is by subscribing to our blog, ALZ Spotlight. The blog features stories from across Mississippi and the Southeast United States, including care tips, research updates, volunteer spotlights, inspirational stories, upcoming events and more. Check it out and subscribe at AlzSpotlight.org





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Caring for someone with Alzheimer's isn't easy.

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*Click for local support,
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If you have any inquiries, feel free to reach out to us anytime at 800.272.3900.

We want to recognize the essential contributions of our volunteers and everyone who supports our vision: a world without Alzheimer's and all other dementia®.

*Thank
you!*

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