

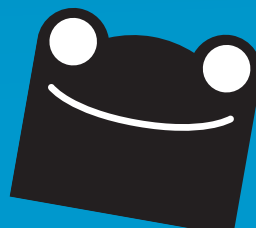
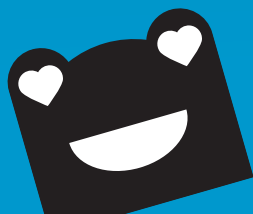
01803 5515
eatthatfrog.ac



A look back through
SUMMER TERM
May/June '26

Eat That Frog Group

NEWSLETTER



Welcome to our latest newsletter, filled with inspiring learner achievements, community spirit, business updates and exciting opportunities. From Supported Internship success stories and centre news to updates from our Torbay Youth Hub programme, there is plenty to celebrate across Eat That Frog.

Business Updates

A Commitment to Quality Support

We are thrilled to announce that Eat That Frog Group has successfully maintained the Matrix Standard, recognising the quality of the information, advice and guidance provided across the organisation.



The Matrix Standard is important to us because it reflects our commitment to giving every individual the right support at the right time.

This helps people make informed choices about their future whether that's further education, university, an apprenticeship, employment or greater independence and take positive steps towards their personal goals.

It focuses on the whole person. We help learners build confidence, develop independence, overcome barriers and recognise their own strengths and potential.

The detailed assessment report highlighted several areas of success. These included **our strengthened Careers Education, Information, Advice and Guidance Roadmap and the way careers education is embedded across all provision.**

The assessor also recognised the impact of having **Careers Advisers in every centre. This has helped Eat That Frog achieve 100 per cent against Gatsby Benchmark 8 for personal guidance.**

Other strengths included the **personalised support available to learners with SEND and Education, Health and Care Plans.** The report also praised our **employer partnerships, supported internships and work experience opportunities.**

Our strong teamwork, quality assurance and commitment to continuous improvement were also recognised. **The Turing Scheme was highlighted as a significant asset to the organisation.**

Positive feedback from learners, partners and stakeholders described Eat That Frog as a **"responsive and continually improving organisation that delivers meaningful outcomes."**

A special thank you goes to Kate Dorling for leading the assessment and for all those who participated, well done all, and as always thank you for the amazing work you do.

From Pots to Plates at Exeter ETF

The garden project at Exeter ETF is really starting to come to life in the summer sunshine.

Learners Shaun and Lacey have been helping with daily watering weeding and re-potting. The courgette and tomato plants have now moved into bigger pots and are growing well.

The green beans are coming on quickly and the first baby courgettes are beginning to appear.



With a little luck there should be some tomatoes ready by mid July. The marigolds have not flowered just yet but they are still growing nicely in the rainbow hanging pots.

This project is giving learners the chance to learn more about nature gardening and the simple joy of growing their own vegetables and flowers. We are hoping that in the next week or two there may even be enough homegrown vegetables to use as part of Friday Lunch Club.

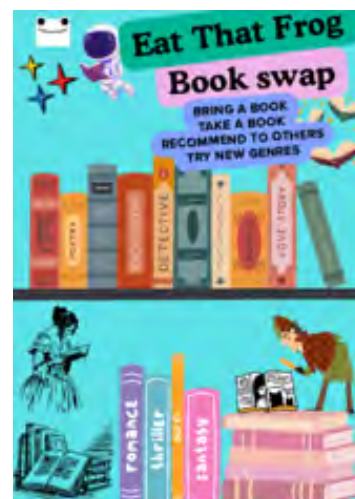


A New Chapter at Exeter

ETF Exeter's new mini library and book swap is already becoming a lovely part of the centre. The aim is simple. We want to encourage reading for enjoyment and give learners and staff the chance to browse, borrow and share books. The collection is growing steadily and already includes fiction, non-fiction, wellbeing books, facts, classic stories and popular favourites.

A huge thank you goes to everyone who has donated books so far, including learners, families, staff and local charity shops. Learners have also helped bring the space to life by designing posters, decorating the area and creating handmade bookmarks, which have added a personal and creative touch.

Visitors from other Eat That Frog centres are also welcome to browse, borrow or donate books. **Reading can be a chance to relax, learn something new or escape into a great story. We look forward to seeing the library continue to grow.**



Post 16 - Newton Abbot

Learners Come Together for Little Valley

Learners past and present came together at our charity event for Little Valley Animal Shelter on 23 June 2026.

It was lovely to see everyone supporting their local community and helping to make the day a success. Bobby and Archie helped on the activity stands while Tom took on reception, welcoming visitors, sharing information about the event and collecting contributions.

Mia became our marketer for the day, capturing plenty of photos and keeping everyone updated on the activities. She also managed to take a few very funny photos of staff, which we are sure will be treasured or possibly hidden forever.

We were also very grateful to Liam, a previous learner from ETF Newton Abbot, who kindly donated a handmade leather belt from his leather workshop as a prize to help raise money.



Together, the event raised £233.91 for Little Valley Animal Shelter.

A huge thank you from Team Newton Abbot and Little Valley Animal Shelter to everyone who took part, donated and helped make the day so special.



Post 16 - Paignton

Preston's Confidence Takes Flight

Preston has made fantastic progress this academic year and has grown in confidence independence and employability skills.

He successfully completed a work experience placement at CentrePeace Café where he worked in a busy public-facing environment. During the placement he developed valuable communication teamwork and customer service skills.

The experience had such a positive impact that Preston applied for a Cabin Crew course at Exeter College. He has now been accepted and will begin the course next academic year.

Preston has also shown outstanding motivation by securing two paid jobs. He has already started working at The Babbacombe Inn and will soon begin a second role at Splashdown Quaywest.

This is an incredible achievement and a brilliant example of how hard work and determination can open doors to exciting new opportunities.



Race Across the Ocean



Charis, a learner at Paignton, recently created her own Moana themed board game called Race Across the Ocean.

During a Preparing for Adulthood session, other Paignton learners had the chance to play the game and put their teamwork skills to the test. The activity encouraged learners to communicate clearly, take turns and work positively with others. It was a fun and creative way to build important social and teamworking skills.

Creating and sharing the game also gave Charis the chance to show her imagination and explain the rules to others. The session was a great example of how practical activities can help learners build confidence while enjoying time together.

Post-16 - Plymouth Futures

Sam Recognised at Plymouth Youth Awards

We are delighted to celebrate Samuel Turner's recognition at the Plymouth Youth Awards after he was nominated in the Supported Internship category.

The awards recognise young people who make a positive difference in their communities and celebrate their achievements resilience and impact across Plymouth.

Following a review by the judging panel Sam was shortlisted as a finalist and named as one of the top three nominees in his category.



This fantastic achievement reflects Sam's hard work dedication and the progress he has made throughout his Supported Internship journey. His commitment perseverance and personal growth have made a lasting impression and earned him this well deserved recognition.

Sam was invited to attend the Grand Final Awards Ceremony at the Crowne Plaza Hotel alongside other inspiring young people from across Plymouth.

Congratulations Sam. Everyone at Eat That Frog is incredibly proud of your achievement.

A Taste of Something New



Plymouth Futures learners enjoyed an afternoon of trying a range of new and unusual fruits and vegetables.

After discovering there were lots of foods Isaac had never tried before he was keen to explore some different flavours.

Jo brought in a selection of ingredients including radishes and physalis alongside familiar favourites such as ginger cucumber and peppers.

The learners scored each food out of ten and added a comment about its taste.

Not everything was a hit but everyone enjoyed taking part and giving something new a try.

Post 16 - Plymouth Pathways

Learners Support The Uniform Store

The Uniform Store has supported Eat That Frog learners for many years and we are proud to continue working with this valuable local charity.

This year learners from both Pathways and Futures have been gaining external work experience at the store. They have helped to steam clothes, create displays and sort through donations while developing practical workplace skills and confidence.

The Uniform Store is currently running a Crowdfunder campaign to raise the additional funds needed to expand its services. Our learners provided further support by helping to create a video explaining the charity's work and why the funding is needed.

This has been a brilliant opportunity for learners and staff to support an important local organisation while making a positive difference in the community.

Find out more about the campaign below:

[Click here](#)

The poster is for a Crowdfunder campaign. At the top, it says 'HELP US GROW' in large, bold letters. Below that, the title 'UNIFORM STORE PLYMOUTH & PLYMOUTH FOOTBALL BOOT BANK' is written in a stylized font. A central graphic shows a young boy smiling, with a large text overlay that reads 'WE ARE RAISING £2,000'. To the right of the boy, there's a list of items: 'to improve and expand the store, so we can provide even more school uniforms, football boots, and essentials to local children and families who need support.' Below this, a section titled 'HOW YOUR DONATION HELPS' lists five points: 'More school uniforms available for local families', 'More football boots and sports equipment for children', 'Improved storage and display facilities', 'Better access to affordable essentials for the community', and 'Support for families across Plymouth'. To the right of this list, a section titled 'EVERY DONATION MAKES A DIFFERENCE' states: 'No amount is too small. Whether you can donate £1, £5, £10, or more, every penny helps us continue supporting local children and families.' At the bottom left, it says 'DONATE TODAY!' with an arrow pointing to the right. At the bottom right, it says 'PLEASE SUPPORT OUR CROWDFUNDER' with a QR code and the URL 'crowdfunder.co.uk/p/uniform-store-plymouth-plymouth-football-bootbank'. The bottom of the poster features a message: 'PLEASE SHARE! If you're unable to donate, sharing our Crowdfunder with friends, family, colleagues, and local community groups is a huge help. TOGETHER, WE CAN MAKE SURE EVERY CHILD HAS ACCESS TO THE UNIFORM AND EQUIPMENT THEY NEED TO THRIVE. Thank you for your support from everyone at Uniform Store Plymouth & Plymouth Football Boot Bank.'

Upskilling at the Marine Biological Association

Learners, Joe and Layton have been gaining valuable work experience at the Marine Biological Association where they have been working in its specialist library.

As part of their placement they have selected a range of scientific instruments from the library's collection. They are researching how each instrument works what it was used for and why it has been important to marine science.

Their findings will help them create an exhibition for visitors and new library members. The display will bring the instruments to life while sharing the history of marine biology and scientific exploration.

This project is helping Joe and Layton develop their research communication and presentation skills while contributing to an interesting and educational exhibition.



King's Trust Learners Make Their Mark

King's Trust learners enjoyed a busy 12-week programme filled with activities designed to build confidence, teamwork and practical skills.

During the residential, learners challenged themselves through outdoor activities and supported one another to overcome fears. They also planned meals, completed food shopping and shared cooking and cleaning duties, helping them develop independence and responsibility.

Creative teamwork was encouraged through activities such as designing a feedback tree. Learners shared ideas, agreed roles and worked together to create a final piece that reflected their combined effort.

The group also took part in a Prevent awareness session. Through discussions and interactive tasks, they explored safeguarding, respect, tolerance and how to make informed decisions.

Community projects were another important part of the programme. Learners created resources promoting kindness, diversity and inclusion, including children's stories, affirmation cards and emotional prompt cards. These were sold at a local library to raise money for an Acts of Kindness project.

Learners also supported Torquay Greek Orthodox Church by clearing part of the churchyard to improve accessibility. Their hard work and commitment made a visible difference to the space.

Across the programme, learners developed communication, resilience, planning and problem-solving skills. They stepped outside their comfort zones, worked towards shared goals and made a positive contribution to their community.

The group should be proud of everything they achieved.



Kings Trust TEAM Programme

Could the King's Trust Team Programme be your next step?

The King's Trust Team Programme is a free 12-week programme for young people aged 16 to 18 who are not currently in employment, education or training.

It is designed to help young people build confidence, meet new people and gain new skills for the future.

On the programme, learners can:

- Gain employer-recognised qualifications and certificates
- Take part in a community project
- Complete work experience in an area that interests them
- Improve their CV and interview skills
- Develop confidence, teamwork and communication skills
- Meet new people and try something different

The programme runs 5 days a week, from 9.30am to 4.00pm and is currently available in our Paignton. The course is Level 1 and lasts for 12 weeks.

Eligibility

You may be eligible if you are:

- Aged 16 to 18 (In school year 12 or 13 age group)
- Not in employment, education or training

Young people are eligible once the school year in which they would have been in Year 11 has finished.

No EHCP is required.

Interested?

To find out more or enquire about joining the King's Trust Team Programme, visit:

<https://eatthatfrog.ac.uk/kingstrust>

or contact Eat That Frog on 01803 551551.



TEAM PROGRAMME

Aged 16-18?



BOOST YOUR CONFIDENCE

on our 12-week personal development programme



TEAM



DELIVERY PARTNER

 **Next Start Date: September '26**

Location: Eat That Frog, 89 Torquay Rd, Paignton, TQ3 2SE
Email: info@eatthatfrog.ac.uk **Phone:** 01803 551551

Gain Confidence | Work Experience | New Skills
New Friends | Qualifications

Funded by
The Learning Curve
Charity Number: 1090735

A Positive Step Towards Employment

Zach first joined the Youth Hub to build his confidence, develop his employability skills and prepare for his future.

When he first met his Youth Hub Mentor Steve, Zach was very shy and found it difficult to fully engage. This made the idea of applying for jobs and attending interviews feel challenging.

Zach wanted to move into employment but needed personalised support to help him recognise his strengths and communicate them clearly. The Youth Hub gave him a safe and supportive space to develop at his own pace.

Steve worked closely with Zach to improve and structure his CV so it clearly showed his skills and potential. They also created a professional covering letter that Zach could use when approaching employers.

Interview preparation was another important part of the support. Steve helped Zach understand what to expect and practise answering questions with greater confidence.

Over time Zach began to come out of his shell. He became more engaged in sessions and more comfortable talking about himself and his goals.

Zach then put his new skills into practice by applying for roles and attending interviews. His hard work and determination led to him securing paid employment as a Warehouse Operative with Two Bare Feet.

Although Zach is now working, he has chosen to continue meeting Steve each month because he values the ongoing support and enjoys the sessions.



Radio stars in the making!



Have you listened to the radio lately, if you have you may have heard Youth Hub Mentors, Steve and Andreas.

The boys have been doing the rounds in the area to help broadcast all the fantastic things they are doing with Torbay Youth Hub participants.

From health and wellbeing workshops to career opportunities. Steve and Andreas are on hand to help no matter what!

Big thankyou's go out to Torbay Hospital Radio and Torbay Radio for letting us take part.

Building Futures at the Youth Hub

Youth Hub learners also enjoyed an inspiring visit from **Steve Darling MP** alongside **Lucy from Build Torbay** and representatives from the **Department for Work and Pensions**.

The session introduced learners to the many routes into the construction industry and highlighted just how varied the sector can be. They discovered roles ranging from practical work on site to office-based careers and specialist jobs such as operating drones.

Learners also had the chance to try the Build Torbay virtual reality experience. This gave them an immersive look at life on a construction site as well as the work that takes place behind the scenes in construction offices.

The visit helped learners explore new career possibilities and better understand the wide range of skills needed across the industry. It was an interesting and valuable experience for everyone involved.



National Careers Service
Helping you take the next step

Eat That Frog

WORKSHOP

GET A CV

EVERY MONDAY

CV WORKSHOP
10.00 - 12.00PM

1:1 sessions also available

POP IN TO FIND OUT MORE!

NEED A CV?
JOIN OUR CV WORKSHOP

NEED CAREER ADVICE?
DROP IN AND SEE US!

EAT THAT FROG,
91 UNION STREET,
TORQUAY, TQ3 1DG

Looking for work in health and social care?
A **SWAP** could help you get back on track

Eat That Frog

HEALTH AND SOCIAL CARE SWAP

***A Sector-based Work Academy Programme (SWAP) is designed to support people aged 19+ and over who are claiming benefits and looking for a job.**

Giving you the chance to build skills, gain qualifications and experience and learn more about working in a specific industry – all while getting support to apply for real job opportunities at the end of the programme.

Level	Level 1
Times	9.30 – 3.30
Course Length	2 Weeks
Delivery Type	Face to Face
Location	Eat That Frog 91 Union Street, Torquay, TQ1 3DG
Dates	

For more information:
Talk to your work coach

01803 551551 | info@eatthatfrog.ac.uk
www.eatthatfrog.ac.uk/swaps

OPEN TO Residents of Torbay, Newton Abbot and Totnes Ages 19+*

- Employability**
Discover what employers look for when applying for health and social care roles. Get help with your CV, cover letters, job applications and mock interviews.
- Equality and inclusion**
Discover how equality and inclusion plays a major part within health and social care roles.
- Safeguarding**
Safeguarding is everyone's responsibility. Learn the latest best practices to keep you and those you might look after in the future, safe.
- Mental health awareness**
Mental health matters...and we are here to show you what to look out for and how you can help.
- Skills for care roles**
Care roles require a multiple of skills, learn the basics of a care role and be prepared to advance to the next step in your career.
- Meet employers**
Meet local employers who are actively recruiting for health and social care roles.

learndevon

The Learning Curve

LE@P

OUTSIDE THE BOX!

A fully funded, Plymouth based, six week programme for 16-18 year olds

LE@P is perfect for you if you want to build confidence, learn new skills and take steps towards employment or further training.

WHAT'S INVOLVED?

- Group sessions and 1:1 support
- Work Preparation
- Health & Wellbeing support
- Money and budgeting help
- Digital Skills

WHY JOIN?

Gain valuable skills and work experience, get help with job searching and applications, build confidence and overcome barriers whilst getting support every step of the way.

MORE INFORMATION
01803 551551
www.eatthatfrog.ac.uk | info@eatthatfrog.ac.uk

START HERE

TEAM PROGRAMME

Aged 16-18?

BOOST YOUR CONFIDENCE

on our 12-week personal development programme

TEAM **DELIVERY PARTNER**

Gain Confidence | Work Experience
New Skills | New Friends | Qualifications

Contact Number: 01803 551551
Email: info@eatthatfrog.ac.uk

Location: Eat That Frog, Paignton
Next Start: September 2026

Eat That Frog

✓ I can do that!

CONNECT TO WORK

Funded by **UK Government**

Torquay - Paignton - Brixham

Connect to Work is a **free** employment support programme for people living in Torbay who want to work but need the right support to get there.

Helping people move into paid, meaningful jobs with personalised one-to-one support from Eat That Frog CIC and I Can Do That CIC

Real jobs. Right support. At your pace

Who it is for?

Adults who face barriers to work, including:

- Health conditions or disabilities
- Mental health challenges
- Caring responsibilities
- Housing or life instability
- Past experiences that make work harder to access
- You do not need to be "work ready" to take part.

What support looks like?

- One-to-one support from a dedicated Employment Specialist
- Help to explore the right kind of work for you
- Support with job searching, applications and interviews
- Ongoing help once you start work
- Paid jobs only, no unpaid placements

Support is flexible and works at your pace

COMMUNITY ORGANISATIONS

If you support people who want to work but face barriers, you can refer into Connect to Work.

We work alongside health services, housing teams, VCSE organisations and community groups to provide joined-up, person-centred support.

Want to work but don't know where to start?

START HERE

Phone: 01803 551551
Email: info@eatthatfrog.ac.uk
www.eatthatfrog.ac.uk/connect-to-work

working with **TORBAY COUNCIL**

Devon County Council

Youth Hub

Eat That Frog

NEED SUPPORT WITH WORK OR LIFE?

If you're 16-24 and live in Torbay, the Youth Hub is here to support you with work, money and your wellbeing.

We can help you with:

- Housing & independent living skills
- Employment & applications
- Digital skills
- Health and wellbeing
- Money & Budgeting

Try the Youth Hub if you need support moving towards work, education or training or overcome barriers like low confidence, mental health challenges, housing worries or lack of experience.

Ready to get started?

Sign up today
Scan the QR code, drop in or visit our website

01803 551551
www.eatthatfrog.ac.uk
Your next step starts here.

WHAT TO EXPECT

- One-to-one support
- Friendly mentors
- About 1 hour per session
- Support up to 6 months

Your space. Your future. Your Next Step.

working with **TORBAY COUNCIL**

Current Programmes

Click on each one to find out more

Torbay

Connect To Work

National Careers Service (19+)

Health & Social Care SWAP (19+)

King's Trust (16-18)

Youth Hub

Plymouth

LE@P (16-18)

Dates for Your Diary

23rd July '26

Last Day of Term

24th July '26

Non pupil day/staff training day

27th Aug – 2nd Sept '26

Summer Holidays

3rd Sept '26

1st day of Term

12th – 16th Oct '26

Adventure & Team Building Week



Eat That Frog
Group



eatthatfrog.ac.uk

01803 551551

info@eatthatfrog.ac.uk

Plymouth, Torquay, Newton Abbot, Paignton
and Exeter

