



Veterans Adaptive Sports and Training (VAST)

◀ July		August 2026				September ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5 Weekly VAST 59 Pineland Dr Archery, Bocce, Hiking, Tai Chi	6	7	8
9	10	11	12 Weekly VAST 59 Pineland Dr Archery, Bocce, Hiking, Tai Chi	13 Maine Veterans Home South Paris, ME VAST Activities	14	15
16 Azimuth Check Foundation (ACF) Multi-day Hike, NH	17 ACF Multi-day Hike, NH	18 ACF Multi-day Hike, NH	19 Weekly VAST 59 Pineland Dr Archery, Bocce, Hiking, Tai Chi	20	21	22 Run For the Troops, Cycling Event, Andover, MA
23 Run For the Troops, Cycling Event, Andover, MA	24	25	26 Weekly VAST 59 Pineland Dr Archery, Bocce, Hiking, Tai Chi	27	28	29
30	31					



Veterans Adaptive Sports and Training (VAST)

◀ August		September 2026					October ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
		1 Maine Veterans Home South Paris, ME VAST Activities Cycling-Mountain Division Trail	2 Weekly VAST 59 Pineland Dr Archery, Bocce, Hiking, Tai Chi	3 Portland VA Men's Group Pineland Farms	4	5	
6	7	8	9 Weekly VAST 59 Pineland Dr Archery, Bocce, Hiking, Tai Chi	10 Peaks Island Walk & Lunch at 5th Maine Museum	11 Rain Date Peaks Island	12	
13 ACF Cycling on Northern Rail Trail, NH	14 ACF Cycling on Northern Rail Trail, NH	15 ACF Cycling on Northern Rail Trail, NH	16 Weekly VAST 59 Pineland Dr Archery, Bocce, Hiking, Tai Chi	17 Deep Sea Fishing ACF Hampton, NH	18 Wicked Pickle 2401 WBroadway So. Portland 9-11:45am	19	
20	21	22	23 Weekly VAST 59 Pineland Dr Pickleball, Bocce, Hiking, Tai Chi Multi-Sport Camp, Pineland Farms	24 Multi-Sport Camp, Pineland Farms	25 Multi-Sport Camp, Pineland Farms	26	
27	28	29	30 Weekly VAST 59 Pineland Dr Pickleball, Bocce, Hiking, Tai Chi				



Veterans Adaptive Sports and Training (VAST)

◀ September		October 2026				November ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4 Maine Huts & Trails Flagstaff Hut, Kingsfield, ME Mtn Bike & Trike Camp	5 Maine Huts & Trails Flagstaff Hut, Kingsfield, ME Mtn Bike & Trike Camp	6 Maine Huts & Trails Flagstaff Hut, Kingsfield, ME Mtn Bike & Trike Camp	7 Weekly VAST 59 Pineland Dr Pickleball, Bocce, Hiking, Tai Chi	8	9	10
11	12	13	14 Weekly VAST 59 Pineland Dr Tomhegan Township, ME Activities TBD	15 Tomhegan Township, ME Activities TBD	16 Tomhegan Township, ME Activities TBD	17 Tomhegan Township, ME Activities TBD
18	19	20	21 Weekly VAST 59 Pineland Dr	22	23	24
25	26	27	28 Weekly VAST 59 Pineland Dr	29	30	31



Veterans Adaptive Sports and Training (VAST)

◀ October		November 2026				December ▶	
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
1	2	3	4 Weekly VAST 59 Pineland Dr	5	6	7	
8	9	10	11 Weekly VAST 59 Pineland Dr	12	13	14	
15	16	17	18 Weekly VAST 59 Pineland Dr	19	20	21	
22	23	24	25 Weekly VAST 59 Pineland Dr	26	27	28	
29	30						



Veterans Adaptive Sports and Training (VAST)

◀ November		December 2026				January ▶	
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
		1	2 Weekly VAST 59 Pineland Dr	3	4	5	
6	7	8	9 Weekly VAST 59 Pineland Dr	10	11	12	
13	14	15	16 Weekly VAST 59 Pineland Dr	17	18	19	
20	21	22	23 Weekly VAST 59 Pineland Dr	24	25	26	
27	28	29	30 Weekly VAST 59 Pineland Dr	31			