City of Arcadia
Recreation, Library & Museum Activities
September – December 2026

The PEACOCK Buzz

(626) 574-5113 • ArcadiaCA.gov • @ArcadiaCAGov

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Mayor Paul P. Cheng
Mayor Pro Tem David Fu
Council Member Dr. Michael Cao
Council Member John Han
Council Member Sharon Kwan
City Manager Dominic Lazzaretto

Director of Recreation and Community Services Department

Sara Somogyi

Director of Library and Museum Services Department

Samantha Alba

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Case Management Services

If you or someone you know in Arcadia is experiencing homelessness or is at risk of losing housing, please contact:

(626) 627-5384
or
arcadia@herocommunityservices.org

For more information, visit ArcadiaCA.gov/Homeless

Recreation and Community Services Department

ArcadiaCA.gov/recreation
375 Campus Drive, Arcadia, CA 91007
626.574.5113
Office Hours: Monday - Thursday, 7:30am-5:30pm • Friday, 8am-5pm

Arcadia Community Center

ArcadiaCA.gov/recreation
365 Campus Drive, Arcadia, CA 91007
626.574.5130
Office Hours: Monday–Thursday, 7:30am-5:30pm
Friday, 7:30am-4:30pm

The Gilb Museum of Arcadia Heritage

ArcadiaCA.gov/museum
380 West Huntington Drive, Arcadia, CA 91007 • 626.574.5440
Admission is always free
Tuesday - Saturday, 10am-12pm and 1-4pm

Arcadia Public Library

ArcadiaCA.gov/library
20 West Duarte Road, Arcadia, CA 91006
626.821.5567
Monday - Thursday, 10am-9pm
Friday - Saturday, 10am-6pm

很想知道这里讲的是什么吗？我们也希望你们了解这些信息。阿凯迪亚市向公众免费提供文件翻译服务。请致电（626）574-5455，向市书记官办公室了解详情。

ONLINE

Residents: Monday, Aug. 17
Everyone: Monday, Aug. 24
ArcadiaCA.gov/recreation

MAIL IN

Monday, Aug. 24
375 Campus Drive
Arcadia, CA 91007

WALK IN

Monday, Aug. 24
375 Campus Drive
Arcadia, CA 91007

General Information

- We accept cash, checks, VISA, MasterCard, and Discover
- Checks payable to "City of Arcadia"
- Individuals may only register for themselves and their own family members
- Only the registered participant may attend the class, unless it is Parent and Me

Refund Information

- Refunds and transfers must be requested prior to the second class meeting
- Refunds can be given as user credit or check
- Refunds will be assessed a $22 fee per activity, unless the program was canceled by the City
- Please allow 2 weeks for processing
- Materials fees are non-refundable
- Refunds for special events and excursions will only be issued if the spot can be filled with someone from the waitlist
- Requests for camp refunds must be submitted one (1) week prior to the start of the week of camp in which you are requesting a refund. All requests for refunds made less than one week prior to camp will only be issued if the spot can be filled from the wait list. All refunds are subject to a $22 cancellation fee per week, per camper.

CITY OF ARCADIA

HEALTH FAIR

Saturday, September 12, 2026

9am-12pm

Arcadia Community Center
365 Campus Drive, Arcadia

Free and open to all

USC Arcadia Hospital
Keck Medicine of USC

- Diabetic Retinopathy Screening
- Mammogram Screening
- Dental Exams
- Flu Shots
- Screenings, Resources, and Consultation Booths

All services available on a first come first served basis

KAISER PERMANENTE®

Huntington Health
An Affiliate of Cedars Sinai

Overflow parking available at the Arcadia Performing Arts Center and Holy Angels Church parking lots.

MOLINA® HEALTHCARE

ArcadiaCA.gov/Recreation

moon FESTIVAL

SATURDAY, SEPTEMBER 26

5-8:30pm | Free

Arcadia City Hall Lawn
240 W. Huntington Drive

Entertainment • Kids Activities
Food • Mooncake Making

In collaboration with

ARCADIA Chamber OF COMMERCE

ARCADIA CHINESE ASSOCIATION Arcadia

CITY OF ARCADIA

Sponsored by

LEXUS EXPERIENCE AMAZING

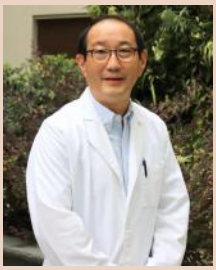
Parking available at City Hall & Santa Anita Race Track, Gate 5

FATHER DAUGHTER DANCE
Stars of the Red Carpet
FRIDAY, OCTOBER 2
6:30-9:30pm
Arcadia Community Center
4-13 yrs
Dress in your red carpet best and enjoy a night of food, music, dancing, and unforgettable memories with your father, uncle, grandfather, or someone special.
$56 per pair | $31 additional child

Craft Fair
Saturday, October 24 |9am-1pm
Arcadia Community Center
APPLY TO BE A VENDOR
Shop unique, handmade items and holiday items from local crafters and artisans. Enjoy live music and raffle prizes!

HEALTH EDUCATION SERIES

Arcadia Community Center at 6pm
Free and open to all. Pre-registration recommended.



Wednesday, September 23

Staying Healthy this Fall:
Understanding the Flu &
Importance of Adult Vaccines

Hua Jiang, MD
Internal Medicine, Board Certified Infectious Diseases at USC Arcadia Hospital

Wednesday, October 21

Breast Cancer Awareness

Hong Yoon Plurad, MD, FACS
Chief of General Surgery
Kaiser Permanente Baldwin Park Medical Center

Thank you for your continued interest! The Health Education Series will return in January 2027.

Tree Lighting

Thursday
3
December

6pm
ARCADIA TRANSIT PLAZA

Kick off the holiday season with the City of Arcadia. Enjoy treats, crafts, photos with Santa, and more! Free & open to all.

Letters To Santa

Santa's elves will be delivering your letter to the North Pole. Santa will respond to every child who writes to him.

Please include a stamped, self-addressed envelope with your Santa letter and mail to:

Arcadia Recreation & Community Services
375 Campus Drive Arcadia, CA 91007

Letters must be received by Tuesday, December 8

BREAKFAST *With Santa*

ARCADIA COMMUNITY CENTER

SATURDAY, DECEMBER 5

$25 PER PERSON

8:30AM *or* 10:30AM

Take your holiday photos with Santa while enjoying breakfast, hot chocolate, crafts, & games!

Registration Opens October 12!

FREE

Snow FESTIVAL

Saturday, December 5
9am–2pm
Arcadia Community Center

Snow Sledding | Holiday Crafts
Face Painting | Games | Food Vendors

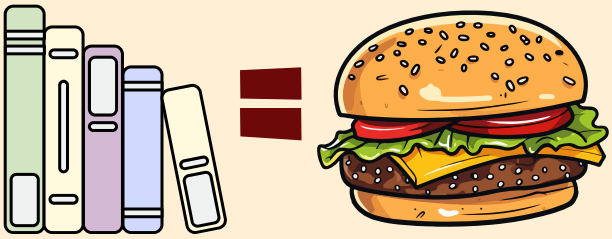
Free parking shuttle at the Arcadia Performing Arts Center

Arcadia Public Library
Jerry Broadwell Children's Room

IN-N-OUT
COVER TO COVER

October 3 - November 14

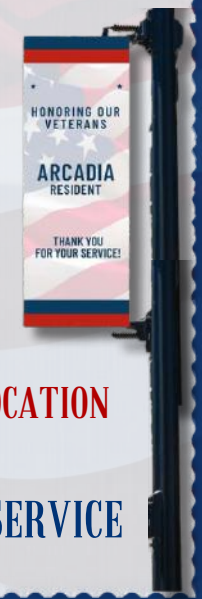
AGES 4-12



GILB MUSEUM OF ARCADIA HERITAGE

MILITARY BANNER PROGRAM

The Military Banner Program was established by the City of Arcadia to honor and recognize living military personnel from Arcadia. Street banners honoring those who have served in the United States Armed Forces will be proudly displayed in the month of November.



SEE WEBSITE FOR FLAG LOCATION

THANK YOU FOR YOUR SERVICE

The Gilb Museum of Arcadia Heritage Presents

Make Your Own Snow Globe

Saturday, December 5
9AM - 11AM

Join us & craft your very own snow globe! Snow globes are available on a first-come, first-served basis. Supplies are limited. No registration required.

PUBLIC LIBRARY

All Programs are at the Public Library unless stated otherwise

Grow young readers with weekly storytimes! These are wonderful ways to introduce children to learning new concepts and vocabulary, building their language skills, encouraging social interaction, and introducing children to a lifelong love of reading and visiting their community Library.

The early fall sessions take place **September 7 – October 14**.

The late fall sessions take place **November 2 - December 9.**

Registration is NOT required to attend a storytime program.

SEEDLINGS STORYTIME

A 15-20 minute interactive storytime of stories, songs, fingerplays, and other learning activities perfect for babies and their caregivers.

Tuesdays, 10:30am • Ages 4 – 23 Months

BLOOMS STORYTIME

This is a 45 minute program that offers a unique blend of carefully selected stories and activities to enhance literacy skills, socialization, and school readiness.

Tuesdays, 6:30pm • Ages 4 – 7 Years

SPROUTS STORYTIME

With favorite stories, songs, crafts, puppet play, and more, this 30 – 40-minute storytime is just right for toddlers.

Tuesdays, 6:30pm and Wednesdays,10:30am • Ages 24 – 47 Months

BILINGUAL ENGLISH/MANDARIN STORYTIME

A bilingual story time with stories, songs, and activities in Mandarin and English.

Thursdays, 6:30pm • Ages 3 – 5 Years

Tot Cooking

Instructor: A Yummy Future Staff

Location: Arcadia Community Center, 365 Campus Drive

COOKING THYME

This playful class introduces toddlers to the joy of cooking through safe, sensory-based activities designed just for them. With guided exploration, students will learn kitchen safety, basic food prep, and healthy snack making—all while discovering new foods and learning about the five food groups.

09/09-09/23,	4-4:45pm	Wed	2.5-6yrs	$93	F26-4349
10/07-10/28	4-4:45pm	Wed	2.5-6yrs	$121	F26-4349a
11/04-11/25 no class 11/11	4-4:45pm	Wed	2.5-6yrs	$93	F26-4349g
12/02-12/23	4-4:45pm	Wed	2.5-6yrs	$121	F26-4349b

PRESCHOOL CAKE DESIGN

In this adorable intro to cake decorating, preschoolers will explore creativity with hands-on designs each week. Students will work on mini pre-baked cakes using colorful frosting, sprinkles, and child-safe decorating tools. With themes like bugs, animals, and nature, this class builds motor skills and confidence— no baking required.

09/09-09/23	5-5:45pm	Wed	2. 5-6yrs	$93	F26-4349d
10/07-10/28	5-5:45pm	Wed	2.5-6yrs	$121	F26-4349e
11/04-11/25 no class 11/11	5-5:45pm	Wed	2.5-6yrs	$93	F26-4349h
12/02-12/23	5-5:45pm	Wed	2.5-6yrs	$93	F26-4349f

Tot Dance

BABY BALLET

This is an introduction to ballet. Fun props are utilized during the class to keep the little ones engaged as they learn! A variety of age-appropriate music is played. Dance story time and dance etiquette are also incorporated into the class. This class requires pare/guardian participation. All students have performance opportunities!

Instructor: DanceFit Staff

Location: Arcadia Community Center, 365 Campus Drive

09/19-09/26	9:45-10:15am	Sat	1-3yrs	$70	F26-4091c
10/03-10/31	9:45-10:15am	Sat	1-3yrs	$174	F26-4091d
11/07-12/19 no class 11/28, 12/05	9:45-10:15am	Sat	1-3yrs	$174	F26-4091e

BABY HIP-HOP/JAZZ+TAP

Come and learn the basic techniques in Jazz, Hip-Hop and tap. Fun choreography will be taught in each class and all students will have performance opportunities!

Instructor: DanceFit Staff

Location: Arcadia Community Center, 365 Campus Drive

09/11-09/25	4:30-5pm	Fri	1-3yrs	$144	F26-4091a
10/02-10/30	4:30-5pm	Fri	1-3yrs	$174	F26-4091
11/05-11/19	4:30-5pm	Fri	1-3yrs	$144	F26-4091b
12/04-12/18	4:30-5pm	Fri	1-3yrs	$144	F26-4091f

Tot Music

KINDERMUSIK MIXED AGES

Discover a musical world with your child through singing, moving, listening, playing instruments, and making friends. With the Digital Family Access (home material), which includes class songs and other albums, narrated eBooks, and activity videos, you can create more magical bonding times anywhere you are. $25 material fee per family is due before the start of the first class. Different materials each session.

Instructor: Emily Chang

Location: Arcadia Community Center, 365 Campus Drive

11/02-11/23	4:45-5:30pm	Mon	7 & Under	$125	F26-4062

Tot Sports & Fitness

B.E.S.T. ALL-STARS 3-SPORT SAMPLER: SOCCER, BASEBALL, TRACK

A fun introduction to soccer, baseball, and track! Toddlers will explore the basic movements of running, kicking, hitting, and throwing through playful games designed to build coordination, balance, and joy in movement. It's a well-rounded, fun introduction led by Beginners Edge Sports Training. Tell your friends & enroll together! Bring your players favorite soccer ball, hitting t and bat.

Instructor: BEST Sports Staff

Location: Arcadia City Hall Lawn, 240 W Huntington Drive

09/19-10/17	10:40-11:25am	Sat	2-3yrs	$97	F26-4596
10/31-12/12 no class 11/28, 12/05	10:40-11:25am	Sat	2-3yrs	$97	F26-4596b

B.E.S.T SOCCER SKILLS AND DRILLS TRAINING TOT

Beginners Edge Sports Training introduces little ones to soccer through playful activities that build coordination, balance, and confidence. With a focus on basic skills like kicking, and dribbling, kids develop a love for the game! Tell your friends & enroll together! Bring your players favorite soccer ball.

Instructor: BEST Sports Staff
Location: Arcadia City Hall Lawn, 240 W Huntington Drive

09/19-10/17	9:40-10:25am	Sat	3-5yrs	$97	F26-4593a
10/31-12/12	9:40-10:25am	Sat	3-5yrs	$97	F26-4593c
no class 11/28, 12/05					
09/19-10/17	8:50-9:35am	Sat	2-3yrs	$97	F26-4593
10/31-12/12	8:50-9:35am	Sat	2-3yrs	$97	F26-4593b
no class 11/28, 12/05					

PARENT AND ME SOCCER

Here is your chance to join in your toddler's introduction to the world's most popular sport. You'll participate in fun, age-appropriate activities, and help your child to develop their motor and socialization skills. A variety of soccer activities are played each week. Adult participation is required.

Instructor: Kidz Love Soccer Staff
Location: Dana Gym, 1402 S First Ave

09/19-10/31	9-9:30am	Sat	2-3.5yrs	$169	F26-3053
no class 12/05					

PRE-SOCCER

Tot Soccer focuses on helping kids develop their large motor skills through skill demonstrations and entertaining games like Bugs in the House! These games build skill and self-esteem and prepare tots to start running and kicking - just like the big kids!

Instructor: Kidz Love Soccer Staff
Location: Dana Gym, 1402 S First Ave

09/19-10/31	9:35-10:05am	Sat	3.5-4yrs	$169	F26-3055a
09/19-10/31	10:10-10:45am	Sat	4-5yrs	$169	F26-3055

PEE WEE TENNIS ACADEMY

This clinic is the perfect tennis introduction for new younger tennis players ages 3-6. Students learn the basics of the: forehand, backhand, volley, and serve in a coordination-building, fitness-friendly, fun, atmosphere. 35% off additional classes when you register for more than 1 day within the same session.

Instructor: Tennis Anyone Staff
Location: Arcadia High School Tennis Courts, 180 Campus Drive, Court #1-3

09/15-10/06	5:45-6:30pm	Tue	3-6yrs	$145	F26-4226
10/13-11/03	5:45-6:30pm	Tue	3-6yrs	$145	F26-4226a
11/10-12/15	5:45-6:30pm	Tue	3-6yrs	$215	F26-4226b
09/17-10/08	5:45-6:30pm	Thu	3-6yrs	$145	F26-4227
10/15-11/05	5:45-6:30pm	Thu	3-6yrs	$145	F26-4227a
11/12-12/17	5:45-6:30pm	Thu	3-6yrs	$180	F26-4227b
no class 11/26					
09/19-10/10	9:15-10am	Sat	3-6yrs	$145	F26-4228
10/17-11/07	9:15-10am	Sat	3-6yrs	$145	F26-4228a
11/14-12/19	9:15-10am	Sat	3-6yrs	$215	F26-4228b
no class 11/21					

PRE GYMNASTICS

Does your child like to run, jump, climb, swing, and roll? Gymnastics is a great way to channel that energy! This class provides developmental motor skills and basic tumbling necessary to learn gymnastics in a safe and progressive manner.

Instructor: Stars Athletic Foundation Staff
Location: Arcadia Community Center, 365 Campus Drive

09/19-12/19	3:50-4:35pm	Sat	4-5yrs	$180	F26-4070a
no class 11/21, 12/05					
09/19-12/19	3-3:45pm	Sat	5-6yrs	$180	F26-4070
no class 11/21, 12/05					

Art

ELEMENTARY & CARTOON DRAWING FUNDAMENTALS

Join this fun, interactive session and learn art vocabulary and techniques. Students will learn to draw new subject matter each week, including Cartoons!

Instructor: Young Rembrandts Staff
Location: Arcadia Community Center, 365 Campus Drive

09/28-11/02	4-5pm	Mon	6-12yrs	$96	F26-4049

Cooking

✱ = One-Day Cooking Workshop

Instructor: A Yummy Future Staff
Location: Arcadia Community Center, 365 Campus Drive

BASIC COOKING FOR KIDS

A hands-on introduction to cooking designed just for kids! Students will explore fundamental culinary techniques like sautéing, stir-frying, and baking, while learning about kitchen safety, nutrition, and basic measurements. Recipes are fun, kid-friendly, and confidence-building—perfect for students gaining independence in the kitchen.

09/14-09/28	4-5pm	Mon	6-12yrs	$96	F26-4345
10/05-10/26	4-5pm	Mon	6-12yrs	$126	F26-4345a
11/02-11/23,	4-5pm	Mon	6-12yrs	$126	F26-4345b
11/30-12/21	4-5pm	Mon	6-12yrs	$126	F26-4345c

BASIC COOKING FOR TEENS

This teen-focused culinary class builds essential cooking skills through guided instruction and real-time kitchen practice. Students will explore cooking techniques such as roasting, grilling, and pan-frying while learning about food safety, culinary vocabulary, kitchen math, and nutrition. Whether a beginner or ready to level up, students leave with skills they can use daily.

09/14-09/28	5-6pm	Mon	13-17yrs	$96	F26-4346
10/05-10/26	5-6pm	Mon	13-17yrs	$126	F26-4346a
11/02-11/23	5-6pm	Mon	13-17yrs	$126	F26-4346b
11/30-12/21	5-6pm	Mon	13-17yrs	$126	F26-4346c

✱ ARCADIA YOUTH JUNIOR BAKE-OFF

Ready… Set… Bake! Young chefs will team up to compete in AYF's exciting Junior Bake-Off, where they'll work together to mix, bake, decorate, and present a delicious dessert creation. Teams will practice communication, problem-solving, and creativity as they race against the clock to impress the judges. Every participant will receive a certificate, and the winning team will earn the title of Arcadia Junior Bake-Off Champions!

09/24	4-6:30pm	Thu	8-17yrs	$66	F26-4347

BAKING: IS IT REALLY CAKE?

Make a big impression with a decorated cake! Students will learn to design using fondant, piping, metallic stripes, and more as they decorate 4–5 inch premade cakes (vanilla, chocolate, or strawberry, with gluten free options available). Weekly themes range from ladybugs to aquariums, giving students creative freedom while teaching foundational techniques. No experience needed—just imagination!

09/09-09/30	6-7pm	Wed	8-17yrs	$126	F26-4345d
10/07-10/28	6-7pm	Wed	8-17yrs	$126	F26-4345e
11/04-11/25 no class 11/11	6-7pm	Wed	8-17yrs	$96	F26-4345h
12/02-12/23	6-7pm	Wed	8-17yrs	$126	F26-4345f

✱ MONSTER CUPCAKE LAB

Calling all little monsters! Join us for a spooky cupcake decorating adventure where kids will transform cupcakes into silly monsters using colorful frosting, candy eyes, sprinkles, and other edible decorations. Every cupcake is unique and almost too cute to eat!

10/15	4-5pm	Thu	5-14yrs	$66	F26-4347a

✱ PUMPKIN PATCH KITCHEN

Celebrate fall with a festive cooking adventure! Kids will prepare pumpkin-inspired treats and decorate seasonal creations while exploring the flavors of autumn. It's the perfect way to kick off Halloween weekend with hands-on fun.

10/29	5:15-6:30pm	Thu	5-14yrs	$66	F26-4347c

✱ MAD SCIENTIST KITCHEN

The kitchen becomes a laboratory! Young chefs will create bubbling potions, colorful Halloween treats, and edible science experiments while discovering the fun side of cooking. It's the perfect mix of STEM, creativity, and delicious surprises.

10/22	4-5pm	Thu	5-14yrs	$66	F26-4347b

✱ PIE ACADEMY

Become a pie-making pro! Young bakers will learn how to prepare pie dough, fill their pies with seasonal ingredients, and decorate the tops with creative designs before baking them to perfection. Everyone leaves with a delicious homemade pie to share.

11/05	4-5:30pm	Thu	8-14yrs	$66	F26-4347d

✱ ARCADIA YOUTH PIE CONTEST

Who will bake the best pie in Arcadia? In this exciting bake-off, young chefs will create, decorate, and present their own seasonal pies while practicing baking techniques and creativity. Families can cheer on their bakers as judges crown the Arcadia Youth Pie Bake-Off Champion! Every participant takes home their pie and a certificate of achievement.

11/19	4-6:30pm	Thu	8-17yrs	$66	F26-4347e

✱ HOLIDAY COOKIE LAB

'Tis the season for sprinkles! Kids will decorate festive holiday cookies using colorful icing, edible glitter, and seasonal toppings while learning simple piping and flooding techniques. Every young baker takes home a beautiful box of cookies to share—or keep!

12/03	4-5pm	Thu	5-14yrs	$66	F26-4347f

✱ ARCADIA YOUTH HOLIDAY BAKE-OFF

Ring in the holidays with friendly competition! Young chefs will team up to mix, bake, decorate, and present a festive dessert creation as they race against the clock to impress the judges. Every participant receives a certificate, and the winning team will earn the title of Arcadia Holiday Bake-Off Champions!

12/17	4-6:30pm	Thu	8-17yrs	$66	F26-4347g

Dance

BALLET

Ballet is the foundation of all dance styles. This is a great class for beginners. We incorporate stretching, ballet techniques and fun choreography. There are performance opportunities!

Instructor: DanceFit Staff
Location: Arcadia Community Center, 365 Campus Drive

Session 1

09/12-09/26	9-9:45am	Sat	4-10yrs	$144	F26-4090d

Session 2

10/03-10/31	9-9:45am	Sat	4-10yrs	$174	F26-4090e

Session 3

11/07-12/19	9-9:45am	Sat	4-10yrs	$174	F26-4090f

no class 11/28, 12/05

HIP-HOP/JAZZ+TAP

Come and learn the basic techniques in Jazz, Hip-Hop and tap. Fun choreography will be taught in each class and all students will have performance opportunities!

Instructor: DanceFit Staff
Location: Arcadia Community Center, 365 Campus Drive

Session 1

09/11-09/25	5-5:45pm	Fri	4-10yrs	$144	F26-4093

Session 2

10/02-10/30	5-5:45pm	Fri	4-10yrs	$174	F26-4093a

Session 3

11/05-11/19	5-5:45pm	Fri	4-10yrs	$144	F26-4093b

Session 4

12/04-12/18	5-5:45pm	Fri	4-10yrs	$144	F26-4093c

Enrichment

PUBLIC SPEAKING CONFIDENCE

Is your child shy and lack leadership? Our class will give your child many leadership opportunities to build strong communication skills in a fun and nurturing environment! Our shy students have changed into confident leaders, won many awards in Global competitions, and admitted to Stanford, Yale, Columbia and top UC's. Join our class and let's make miracles happen.

Have fun building comfort and confidence performing and making speeches on stage in a very patient, encouraging environment where every child has a chance to shine! Learn to be a loud and powerful speaker, role playing as a main character in plays such as Charlie and the Chocolate Factory, Alice in Wonderland, and Harry Potter!

Instructor: RTW Global Staff
Location: Arcadia Community Center, 365 Camous Drive

Confidence & Leadership

09/15-10/13	5-6pm	Tue	8-12yrs	$125	F26-4189
09/17-10/15	5-6pm	Thu	9-13yrs	$125	F26-4189f
10/20-11/17	5-6pm	Tue	8-12yrs	$125	F26-4189a
10/22-11/19	5-6pm	Thu	9-13yrs	$125	F26-4189g

Stage Confidence

09/15-10/13	6-7pm	Tue	8-12yrs	$125	F26-4189b
09/17-10/15	4-5pm	Thu	9-13yrs	$125	F26-4189d
10/20-11/17	6-7pm	Tue	8-11yrs	$125	F26-4189c
10/22-11/19	4-5pm	Thu	9-12yrs	$125	F26-4189e

ABACUS

Our Abacus class helps students develop calculation speed, accuracy, and number sense through hands-on learning with the abacus. Students will begin with basic addition and subtraction, then progress to multiplication, division, and mental math techniques that can be applied in everyday life and future math studies. A one-time $40 materials fee for new students includes an abacus and books. In addition, a $10 liability insurance fee will be collected from all participants (new and returning students) on the first day of the session.

Instructor: Arisa Ogino
Location: Arcadia Community Center, 365 Campus Drive

Beginner 1, Session 1

09/14-10/19	4-5pm	Mon	5-17yrs	$172	F26-4527c
09/18-10/23	4-5pm	Fri	5-17yrs	$172	F26-4527
09/18-10/23	5-6pm	Fri	5-17yrs	$172	F26-4527a

Beginner 1, Session 2

10/26-12/07	4-5pm	Mon	5-17yrs	$172	F26-4527h

no class 11/02

11/06-12/11	4-5pm	Fri	5-17yrs	$172	F26-4527d
11/06-12/11	5-6pm	Fri	5-17yrs	$172	F26-4527f

Intermediate, Session 1

09/18-10/23	6-7:30pm	Fri	5-17yrs	$172	F26-4528

Intermediate, Session 2

11/06-12/11	6-7:30pm	Fri	5-17yrs	$172	F26-4528g

CHINESE PINYIN

This class will provide a fun Chinese class with the unique teaching methods. The course will cover Chinese Pinyin vowels, consonants, tones, simple Chinese characters, Tang poetry, as well as children's rhymes. This is a great foundation for Chinese listening, speaking, reading and writing.

Instructor: Yonghong Shao
Location: Arcadia Community Center, 365 Campus Drive

09/16-12/09	6:10-7:40pm	Wed	5-17yrs	$192	F26-4393

no class 11/11, 11/25

Martial Arts

KARATE BASIC

Designed to teach children important life skills in an enriching manner. Skills include focus, teamwork, discipline, self-control, fitness, balance and coordination all while participating in a kid-friendly environment.

Instructor: Champions Karate Staff
Location: Museum Education Center, 382 W. Huntington Drive

09/14-12/07	5-6pm	Mon	7-17yrs	$342	F26-2115

KARATE BEGINNER

Designed to teach children important life skills in an enriching manner. Skills include focus, teamwork, discipline, self-control, fitness, balance and coordination all while participating in a kid-friendly environment.

Instructor: Champions Karate Staff
Location: Museum Education Center, 382 W. Huntington Drive

09/14-12/07	4-5pm	Mon	5-6yrs	$342	F26-2114

KARATE DOUBLE STRIPE

Designed to help our students who have reached Double Stripe prepare for their Black Belt Test. Skills include focus, teamwork, discipline, self-control, fitness, balance and coordination all while participating in a kid-friendly environment.

Instructor: Champions Karate Staff
Location: Arcadia Community Center, 365 Campus Drive

09/16-12/09	4-5pm	Wed	7-17yrs	$317	F26-4115
no class 11/11, 11/25					

KARATE INTERMEDIATE/ADVANCED

Designed to teach children important life skills in an enriching manner. Skills include focus, teamwork, discipline, self-control, fitness, balance and coordination all while participating in a kid-friendly environment. This class is for our students who have reached orange belt or higher.

Instructor: Champions Karate Staff
Location: Museum Education Center, 382 W. Huntington Drive

09/14-12/07	6-7pm	Mon	7-17yrs	$342	F26-2116
09/17-12/3	6-7pm	Thu	7-17yrs	$317	F26-4116b
no class 11/26					
09/15-12/08	6-7pm	Tue	7-17yrs	$367	F26-2116a
no class 11/10					

KARATE SPARRING

Designed to give students an opportunity to practice skills in real-time while using proper protective gear and a safe setting. Must be enrolled in a basic or intermediate / advanced class to be able to join. There is a one-time equipment fee of $100 for sparring gear.

Instructor: Champions Karate Staff
Location: Arcadia Community Center, 365 Campus Drive

09/16-12/09	5-6pm	Wed	7-17yrs	$207	F26-4116
no class 11/11, 11/25					

Music

PIANO

Learn to play various musical styles from the beginning! Parent is required to attend class with the child. If you have any questions, email: kindermusikwithmsemily@gmail.com. $28 materials fee.

Instructor: Emily Chang
Location: Arcadia Community Center, 365 Campus Drive

10/08-10/29	4-4:40pm	Thu	5-6yrs	$119	F26-4064
10/08-10/29	4:45-5:25pm	Thu	7-14yrs	$119	F26-4065

Sports & Fitness

GYMNASTICS

These classes provide a great developmental program in gymnastics and pre-gymnastic activities. Tumbling, beam, bars, and vault are included.

Instructor: Stars Athletic Foundation Staff
Location: Arcadia Community Center, 365 Campus Drive

09/19-12/19	1-1:55pm	Sat	8-12yrs	$204	F26-4069
no class 11/21, 12/05					
09/19-12/19	2-2:55pm	Sat	6-7yrs	$204	F26-4068
no class 11/21, 12/05					

ADVANCED GROUP TENNIS WITH LYNN

This program is designed for players who are currently playing Middle School Team, USTA junior tournaments on level 6, 7,or UTR 3-5. A more advanced level of technical and tactical development is included and physical and mental skills are enhanced. There is a heavy focus on tactics and strategy development for singles and doubles. Fitness sessions are a must as we see this as a necessity for injury prevention and to maximize your possibility of reaching your highest level.

Instructor: Lynn Liu
Location: Holly Ave Tennis Courts, 360 W. Duarte Road, Courts #1-2

09/14-12/12	8:30-10:30am	M,W,F	18+	$356	F26-4301d
no class 12/05, 11/26, 11/10					
09/14-12/12	3:30-9:30pm	M,W,F,S	7-17yrs	$706	F26-4301
no class 12/05, 11/26, 11/10					
09/14-12/12	7:30am-12pm	Wknds	7-17yrs	$706	F26-4301b
no class 12/05, 11/26, 11/10					
09/14-12/12	3:30-9:30pm	Tu,Th,Sat	7-17yrs	$706	F26-4301a
no class 12/05, 11/26, 11/10					
09/14-12/12	7:30am-9:30pm	Daily	7-17yrs	$356	F26-4301c
no class 12/05, 11/26, 11/10					

BEGINNING FENCING PROGRAM

This class is for people interested in learning the Olympic sport of fencing. In this program, learn proper techniques, conditioning exercises, footwork, and drills of the Olympic sport of fencing. No prior knowledge necessary.

Instructor: Fortune Fencing Staff
Location: Fortune Fencing, 139 W Maple Ave

09/14-10/05	4:30-5:30pm	Mon	6-10yrs	$202	F26-4390a
09/15-10/06	4:30-5:30pm	Tue	11-15yrs	$202	F26-4390
09/16-10/07	4:30-5:30pm	Wed	6-10yrs	$202	F26-4395
09/17-10/08	4:30-5:30pm	Thu	11-15yrs	$202	F26-4397
09/19-10/10	10-11am	Sat	6-10yrs	$202	F26-4397b
10/12-11/02	4:30-5:30pm	Mon	6-10yrs	$202	F26-4390b
10/13-11/03	4:30-5:30pm	Tue	11-15yrs	$202	F26-4390d
10/14-11/04	4:30-5:30pm	Wed	6-10yrs	$202	F26-4395c
10/15-11/05	4:30-5:30pm	Thu	11-15yrs	$202	F26-4397a
10/17-11/07	10-11am	Sat	6-10yrs	$202	F26-4397c

B.E.S.T 3 SPORT MULTI

A great class for players to develop skills in soccer, baseball, and track! This class focuses on the fundamentals of each sport, with drills and game-like activities to improve technique for soccer baseball, and track. It's a well-rounded training experience, led by Beginners Edge Sports Training. Tell your friends & enroll together! Bring your players favorite soccer ball, hitting t and bat.

Instructor: B.E.S.T Staff
Location: Arcadia City Hall, 240 W Huntington Drive

09/19-10/17	11:30am-12:15pm	Sat	4-6yrs	$97	F26-4596a
10/31-12/12	11:30am-12:15pm	Sat	4-6yrs	$97	F26-4596c
no class 11/28, 12/05					

B.E.S.T. SOCCER TRAINING

Designed by Beginners Edge Sports Training, this beginner-friendly class refines soccer fundamentals through skill-based drills, teamwork challenges, and engaging game-like activities. Players develop confidence, coordination, and individual skillsets in a supportive and fun environment that prepares them for the next level of play!

Instructor: B.E.S.T Sports Staff
Location: Arcadia City Hall Lawn, 240 W. Huntington Drive

09/19-10/17	11:30am-12:15pm	Sat	6-9yrs	$97	F26-4595a
10/31-12/12 no class 11/28, 12/05	12:20-1:05pm	Sat	6-9yrs	$97	F26-4595b

BEGINNING/INTERMEDIATE JR TENNIS ACADEMY

The focus of these lessons is on learning the 4 major strokes of the game in a fun filled, fitness friendly, atmosphere. Students will work to establish form on the forehand, backhand, volley, and serve. We believe that tennis will bring each of our students more fun, fitness, and friendships for a lifetime. Beginning students over the age of 13 should start in the Int/Advanced Jr Tennis Academy. 35% off additional classes when you register for more than 1 day within the same session.

Instructor: Tennis Anyone Staff
Location: Arcadia High School Tennis Courts, 180 Campus Drive, Court #1-3

Session 1

09/15-10/06	6:30-7:30pm	Tue	7-13yrs	$155	F26-4237
09/17-10/08	6:30-7:30pm	Thu	7-13yrs	$155	F26-4238
09/19-10/10	8:15-9:15am	Sat	7-13yrs	$155	F26-4239

Session 2

10/13-11/03	6:30-7:30pm	Tue	7-13yrs	$155	F26-4237a
10/15-11/05	6:30-7:30pm	Thu	7-13yrs	$155	F26-4238a
10/17-11/07	8:15-9:15am	Sat	7-13yrs	$149	F26-4239a

Session 3

11/10-12/15	6:30-7:30pm	Tue	7-13yrs	$231	F26-4237b
11/12-12/17 no class 11/26	6:30-7:30pm	Thu	7-13yrs	$191	F26-4238ab
11/14-12/17 no class 11/21	8:15-9:15am	Sat	7-13yrs	$231	F26-4239b

INTERMEDIATE/ADVANCED JR TENNIS ACADEMY

For students coming in with proper form on their groundstrokes and volleys, or are beginners over the age of 13. Focus on building stroke dependability and tools for match play. 35% off additional classes when you register for more than 1 day within the same session.

Instructor: Tennis Anyone Staff
Location: Arcadia High School Tennis Courts, 180 Campus Drive, Court #1-3

Session 1

09/15-10/06	6:30-8pm	Tue	7-17yrs	$175	F26-4234
09/17-10/08	6:30-8pm	Thu	7-17yrs	$175	F26-4233a

Session 2

10/13-11/03	6:30-8pm	Tue	7-17yrs	$175	F26-4234a
10/15-11/05	6:30-8pm	Thu	7-17yrs	$175	F26-4232

Session 3

11/10-12/15	6:30-8pm	Tue	7-17yrs	$261	F26-4234b
11/12-12/17 no class 11/26	6:30-8pm	Thu	7-17yrs	$216	F26-4232a

NRG BASKETBALL

A fundamentals-based training program teaching basketball skills o succeed on the court, developing players of all ages and skill levels. We're on a mission to create the Next Rising Generation of basketball stars!

Due to player skill level, it's the discussion of NRG BASKETBALL ACADEMY to move players from one class to another. It's with our experience to keep parity within all levels of our classes, giving player's the best possible experience! Parents will be notified at the end of class on the first day of players' participation in our monthly session of four days. This will change "Player to Coach Ratio" from class to class if movement is necessary.

Important Information: Some NRG class dates will be held outdoors due to City Arcadia Youth Sports League.

Instructor: NRG Basketball Academy Staff
Location: Dana Gym, 1401 S. First Avenue

Session 1

10/03-10/24	9-9:50am	Sat	5-6yrs	$124	F26-3004b
10/03-10/24	10-10:50am	Sat	7-8yrs	$126	F26-3005b
10/03-10/24	11am-12pm	Sat	8-10yrs	$130	F26-3006b
10/03-10/24	12:05-1:05pm	Sat	11-13yrs	$134	F26-3007b

Session 2

10/31-11/21	9-9:50am	Sat	5-6yrs	$124	F26-3004c
10/31-11/21	10-10:50am	Sat	7-8yrs	$126	F26-3005c
10/31-11/21	11am-12pm	Sat	8-10yrs	$130	F26-3006c
10/31-11/21	12:05-1:05pm	Sat	11-13yrs	$134	F26-3007c

Session 3

11/28-12/19 no class 12/05	10-10:50am	Sat	7-8yrs	$126	F26-3005d
11/28-12/19 no class 12/05	11am-12pm	Sat	8-10yrs	$130	F26-3006d
11/28-12/19 no class 12/05	12:05-1:05pm	Sat	11-13yrs	$134	F26-3007d

SMALL GROUP TENNIS LESSONS

This is a small group lesson for three or more participants. Participants must reach out to Coach Nam before registering to a class. For more information regarding this lesson please contact Coach Nam directly at 626.318.5383. $10 materials fee.

Instructor: Jonathan Nam
Location: Bicentennial Tennis Courts, 6th Ave & E Longden Ave, Courts # 1-2

Family Lesson 10 Weeks

09/14-11/22	7am-10pm	Daily	All Ages	$306	F26-4199b

Family Lesson 8 Weeks

09/14-11/22	7am-10pm	Daily	All Ages	$246	F26-4199

Family Lesson 9 Weeks

09/14-11/22	7am-10pm	Daily	All Ages	$276	F26-4199a

SMALL GROUP TENNIS CLASS INTERMEDIATE TO ADVANCED

This Small Group lesson, for 2-5 Int/Adv Jr students, is perfect for students wishing to learn in a smaller group setting. This class is designed to bring students to a level where they have the tools to start playing matches. We believe that tennis will bring each of our students more fun, fitness, and friendships for a lifetime.

Instructor: Tennis Anyone Staff
Location: Arcadia High School Tennis Courts, 180 Campus Drive, Court #1-3

09/19-10/10	10-11am	Sat	7-17yrs	$185	F26-4029
10/17-11/07	10-11am	Sat	7-17yrs	$179	F26-4029a
11/14-12/19 no class 11/21	10-11am	Sat	7-17yrs	$275	F26-4029b

SOCCER 1 - TECHNIQUES AND TEAMWORK

Players will learn dribbling, passing, defense and shooting goals! Fun skill games are played at every session, and every participant will have a ball at their feet. Perfect for first time players while being fun and engaging for kids with some experience. Shin guards are required after the first meeting.

Instructor: Kidz Love Soccer Staff
Location: Dana Gym, 1402 S First Ave

09/19-10/31	10:50-11:35am	Sat	5-6yrs	$169	F26-3193

SOCCER 2 - SKILLZ AND SCRIMMAGES

Learn advanced skill building such as dribbling, passing and shooting in a team format, as well as an introduction to goal-tending. Kids will scrimmage and learn to play together as a team, restrictions permitting. Kids get exposure to playing every position and have a blast doing it. Shin guards are required after the first meeting.

Instructor: Kidz Love Soccer Staff
Location: Dana Gym, 1402 S First Ave

09/19-10/31	11:40am-12:25pm	Sat	7-10yrs	$169	F26-3060

YOUTH INDIVIDUAL TENNIS LESSONS

This is an individual tennis lesson. Participants must reach out to Coach Nam before registering to a class. For more information regarding this lesson please contact Coach Nam directly at 626.318.5383. $10 materials fee.

Instructor: Jonathan Nam
Location: Bicentennial Tennis Courts, 6th Ave & E Longden Ave, Courts # 1-2

Individual Lessons 10 weeks

09/14-11/22	7am-10pm	Daily	6-17yrs	$706	F26-4403b

Individual Lessons 9 Weeks

09/14-11/22	7am-10pm	Daily	6-17yrs	$636	F26-4403a

Individual Lessons 8 weeks

09/14-11/22	7am-10pm	Daily	6-17yrs	$566	F26-4403

YOUTH SEMI PRIVATE TENNIS LESSONS

This is a semi private lesson for three or more participants. Participants must reach out to Coach Nam before registering to a class. For more information regarding this lesson please contact Coach Nam directly at 626.318.5383. $10 materials fee.

Instructor: Jonathan Nam
Location: Bicentennial Tennis Courts, 6th Ave & E Longden Ave, Courts # 1-2

Semi Private 8 Weeks

09/14-11/22	7am-10pm	Daily	6-17yrs	$326	F26-4391

Semi Private 9 Weeks

09/14-11/22	7am-10pm	Daily	6-17yrs	$366	F26-4391a

Semi Private 10 Weeks

09/14-11/22	7am-10pm	Daily	6-17yrs	$406	F26-4391b

PUBLIC LIBRARY

All Programs are at the Public Library unless stated otherwise

MID-AUTUMN FESTIVAL CELEBRATION

Join us in celebrating the Moon Festival with stories, lantern making, and mooncake making! Kids and families will have the opportunity to take photos with their freshly made lanterns and mooncakes at our photo booth.

Saturday, September 12, 2:30 – 4pm
Ages 5 – 14 years

MIDDLE SCHOOL ADVISORY GROUP

Join the Middle School Advisory Group (MAG) to give library staff valuable feedback and assistance for programs, resources, and more! Get the chance to make a difference for middle school students at the library and earn volunteer experience. Registration is not required.

Wednesdays, September 16, October 21, November 18, December 9, 4 – 5pm • 6th- 8th Grades

STAR WARS READS

Budding padawans and droidsmiths are invited to join us for a celebration of all things Star Wars! Test your Jedi skills, build your own droid, and enjoy stories from galaxy far, far away. Registration is not required.

Saturday, October 3, 2:30 – 4pm
Ages 6 – 10 years

SKELETON SHIN-DIG

Join us for a skeleton themed party! Come in your costume and get ready for stories, songs, and a chance to trick-or-treat throughout the library. Registration is not required.

Tuesday, October 20 and Thursday, October 22, 6:30 – 7:30pm
Ages 2 – 7 years

POKEMON PARTY

Come to the library to share your enthusiasm for all things Pokémon! We will test your knowledge with trivia and make Pokémon arts and crafts with some of your favorite Pokémon.

Saturday, November 14, 2:30-4pm
Ages 5 - 12 years

READ TO ME

Do you love dogs? Do you love books? Practice your reading skills by reading aloud (or listening to a story) with a therapy dog! Space is limited and registration is required.

Mondays, September 14, October 5, November 9, December 7, 4-5pm
Ages 6-11 years

GAME DAY

Join friends for tabletop card games, board games, and Nintendo Switch video games!

Thursdays, September 10, October 15, and November 5, 12:30 – 3:30 pm • 6th – 8th Grades

MAKING IT: HALLOWEEN LUMINARIES

Get a little spooky with us! Create your own Halloween-themed jars featuring ghosts, mummies, pumpkins, and more! Then fill your jar with battery-powered lights and candy.

Wednesday, October 28 at 4pm
Grades 6 - 8

MAKING IT: NEEDLEPOINT CANVASES

Let's get crafty! Join us to create needlepoint crafts. All supplies will be provided.

Wednesday, September 30 at 4pm
Grades 6 - 8

MAKING IT: QUILLED PAPER HOLIDAY CARD

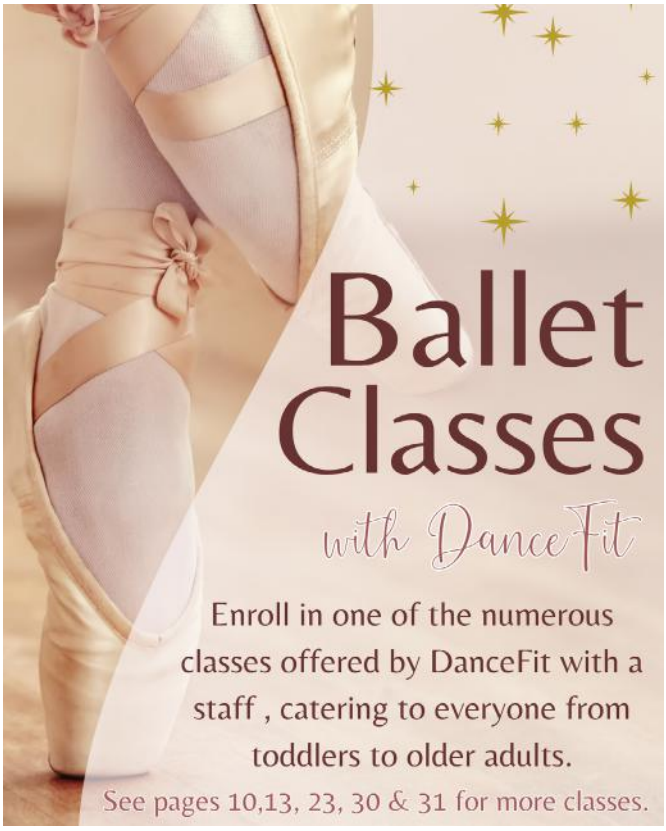
Let's get crafty! Join us to create holiday cards using quilled paper. All supplies will be provided.

Wednesday, December 2 at 4pm
Grades 6 – 8

STORYTIME WITH SANTA

Santa is visiting the Arcadia Public Library! Join us for stories, crafts, and photos!

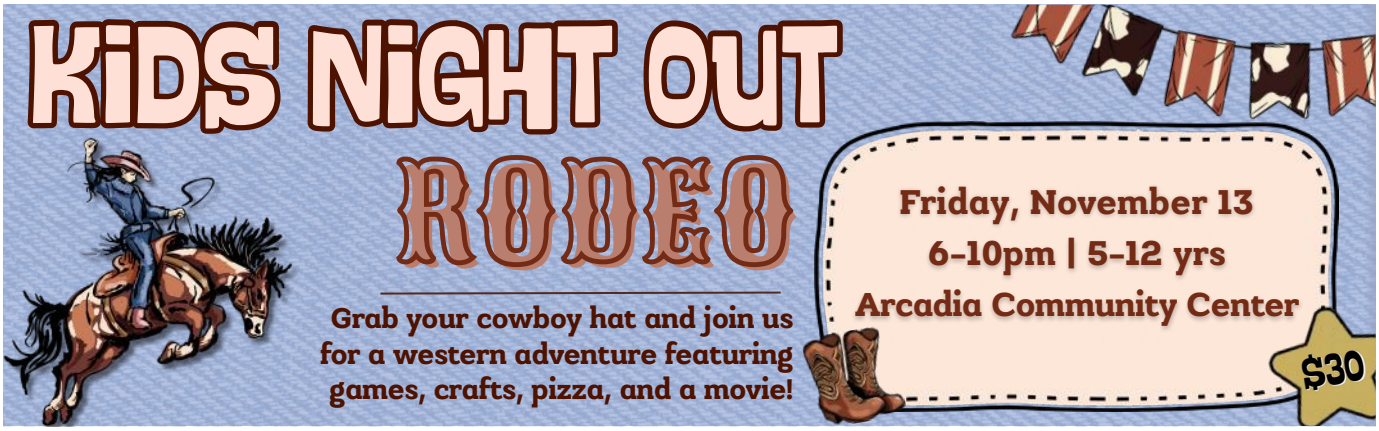
Saturday, December 12 from 2:30-4pm
All ages welcome



ROAR INTO
KIDS NIGHT OUT
FRIDAY, SEPTEMBER 18
6-10pm | 5-12yrs | $30
Get ready for a roaring good time full of dino games, crafts, pizza, and a movie!

KIDS NIGHT OUT
HALLOWEEN DANCE PARTY
Friday. October 9
6-10pm | 5-12 yrs | $30
Arcadia Community Center
LIVE DJ STARTING AT 7PM
Put on your favorite costume and join us for a frightfully fun night of dancing, games, pizza, and a movie!

YOUTH
BASKETBALL
LEAGUE
In partnership with the LA Clippers
Begins Monday, January 4
$125 | Includes six games, jersey, & awards
A Division
Grades 7/8
Practices:
Mon & Wed
7:30 - 9pm
B Division
Grades 5/6
Practices:
Mon & Wed
6 - 7:30pm
C Division
Grades 3/4
Practices:
Mon & Wed
4:30 - 6pm
Games: Fridays or Saturdays at Dana Gym
plus
Jr. Clippers Clinic | Saturday, December 12


KIDS NIGHT OUT
RODEO
Grab your cowboy hat and join us for a western adventure featuring games, crafts, pizza, and a movie!
Friday, November 13
6-10pm | 5-12 yrs
Arcadia Community Center
$30

FALL CAMP

Dana Gym

Monday, November 23
Tuesday, November 24
Wednesday, November 25

5-12 yrs | 8am-6pm
$40 per day

Fun-filled camp featuring autumn crafts, games, and pleanty of seasonal activities!

KIDS NIGHT OUT

CANDY CANE LANE

FRIDAY, DECEMBER 11

6-10pm | 5-12 yrs | $30
Arcadia Community Center

Celebrate the season with a candy cane themed night filled with festive games, creative crafts, pizza, and a cozy movie!

WINTER CAMP

FOOTHILLS MIDDLE SCHOOL

Monday, December 21
Tuesday, December 22
Wednesday, December 23

DANA GYM

Monday, December 28
Tuesday, December 29
Wednesday, December 30

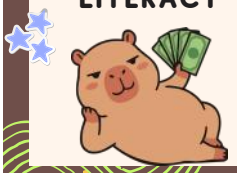
8am-6pm | 5-12 yrs | $40 per day

Get ready for seasonal fun and adventure!
Enjoy winter-themed crafts, games, and yummy treats.

ARCADIA PUBLIC LIBRARY

TEEN PROGRAM PREVIEW

TEEN FINANCIAL LITERACY



Learn about making healthy financial decisions in a teen-only program. In partnership with Foothill Credit Union.

Thursday, September 17
4-5pm
Cay Mortenson Auditorium

TEEN HORROR MOVIE NIGHT

Indulge in spooky snacks and settle into a horror film fit for the Halloween season. Film will be rated PG-13.

Monday, October 12
4-6pm
Cay Mortenson Auditorium

TEEN DESIGN CLUB

Teens will learn how to create a design on Procreate that can be used as a sticker or even ironed on to a tote bag!

Thursday, September 24
Thursday, October 8
3:30-5pm
Community Memory Lab

ARCADIA PUBLIC LIBRARY

TEEN ZONE

Lock in at the library! Bring your snacks and study among friends at your favorite after-school hangout spot.

Mondays-Thursdays
Unless otherwise noted
3:30pm-6pm
Cay Mortenson Auditorium

ARCADIA PUBLIC LIBRARY

De Stress Fest

It's that time of year again! High school students, take a break from your big exams with hot chocolate and fluffy friends.

Tuesday December 8, 2026
3:30pm-5pm
Cay Mortenson Auditorium

ARCADIA PUBLIC LIBRARY

TAG

TEEN ADVISORY GROUP

Are you a high school student interested in making a difference at your public library? Become a member of our Teen Advisory Group (TAG)!

Apply if you are interested in:

- Social Media
- Editing
- Digital Art
- Crafts

Pick up a volunteer application at the library or call 626-821-5569 to inquire.

PUBLIC LIBRARY

ARCADIA PUBLIC LIBRARY

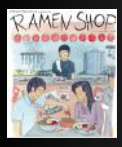
INTERNATIONAL FILM PROGRAM

Cay Mortenson Auditorium

Doors open at 5:30pm, movie begins at 6pm

Intended Audience 18+

WEDNESDAY SEPTEMBER 16
LITTLE FOREST
(SOUTH KOREA, 2018)



WEDNESDAY OCTOBER 21
RAMEN SHOP
(SINGAPORE, JAPAN, & FRANCE, 2018)

WEDNESDAY NOVEMBER 18
THE WOMEN ON THE 6TH FLOOR
(FRANCE, 2012)

WEDNESDAY DECEMBER 16
DELICIOUS
(FRANCE & BELGIUM, 2021)

LIGHT SNACK PROVIDED

Programming subject to change without notice.

2026

ARCADIA PUBLIC LIBRARY

Bookish Book Club

Join fellow book lovers for conversation on a different book every month

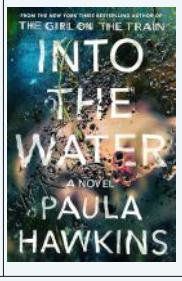
- Books available at the library
- eBooks and Audiobooks available on Libby and Hoopla with your Arcadia Public Library Card

September 22
10AM

Annihilation
by Jeff VanderMeer

Four female scientists venture into the mysterious, uninhabited Area X, where nature has reclaimed civilization and strange transformations challenge their sanity and perception of reality.

October 27
10AM



Into the Water
by Paula Hawkins

An estranged sister returns to her hometown to investigate the mysterious death of her sister, who drowned in the same river where a teenage girl died months earlier.

Arcadia Public Library Conference Room

NO REGISTRATION REQUIRED

PUBLIC LIBRARY

ARCADIA PUBLIC LIBRARY

ADULT PROGRAMS

FALL 2026

AUG 20 — DIY SOAP BARS

SEPT 12 — SEED SAVING 101

OCT 15 — HALLOWEEN MOVIE

NOV 12 — CUSTOMIZABLE TOTE BAGS

All PROGRAMS ARE AT 7PM
IN THE CAY MORTENSON AUDITORIUM
CONTACT 626-821-5569 FOR MORE INFORMATION!

GILB MUSEUM

THE GILB MUSEUM OF ARCADIA HERITAGE PRESENTS:

MILESTONES IN ARCADIA

EXHIBITION

NOW OPEN!

Discover the rich history and heritage of Arcadia through its key milestones and our Nation's anniversaries. Experience a journey through time and celebrate the legacy of our community.

ARCADIA PUBLIC LIBRARY

ENGLISH CONVERSATION CLASS

PRE-REGISTRATION
(For new and returning students)
August 31, 2026
10am – 12pm
Cay Mortenson Auditorium

CLASSES BEGINS
September 14, 2026
10am -12pm (Registration at 9:30 am)
Cay Mortenson Auditorium

THE GILB MUSEUM OF ARCADIA HERITAGE PRESENTS:

PRESERVATION WORKSHOP *Series*

Join Museum staff in a series of workshops and demonstrations on how you can preserve your personal and family history. Learn preservation methods used by museum professionals and see examples from the Museum collections.

All workshops begin at 10am.

Beginner	ADVANCED
BOOK & PAPER OCTOBER 17	GENEALOGY DECEMBER 12
GENEALOGY NOVEMBER 14	

Limited Space | RSVP required

Art

IKEBANA

Learn the traditional methods of Japanese flower arrangement. $120 materials fee.

Instructor: Yumiko Kikkawa
Location: Arcadia Community Center, 365 Campus Drive

10/02-11/20	10:45am-12pm	Fri	18+	$212	F26-4146a
10/02-11/20	9:30-10:45am	Fri	18+	$212	F26-4146

ADULT DRAWING AND PAINTING

Students will learn composition, color theory, and use realistic or abstract techniques to draw subjects of their choice. Supply list will be designed for each students goals on the first day of class. Participants will purchase their own materials after which.

Instructor: Kt
Location: Arcadia Community Center, 365 Campus Drive

10/29-12/17	7-9pm	Thu	18+	$136	F26-4815

no class 11/26, 12/03, 12/10

ADULT INTRODUCTION TO DRAWING PRINCIPLES & COLOR PENCILS

Instructor: Kt
Location: Arcadia Community Center, 365 Campus Drive

09/17-10/22	7-8:30pm	Thu	18+	$66	F26-4805

no class 11/30

ARTIST'S CHOICE - OIL, ACRYLIC, WATERCOLOR, DRAWING, PAINTING

Students choose the medium. Draw or paint with pastels, color pencils, charcoal, oil, acrylic, or watercolor. Supply list will be designed for each students' goals on the first day of class. Participants will purchase their own materials.

Instructor: Kt
Location: Arcadia Community Center, 365 Campus Drive

09/19-10/24	1:30-3:30pm	Sat	18+	$116	F26-4809

no class 10/03

11/07-12/19	1:30-3:30pm	Sat	18+	$136	F26-4809a

no class 11/21, 12/05

Cooking

BASIC COOKING FOR ADULTS

Ready to elevate your cooking skills? Join us for a hands-on culinary experience where you'll master essential techniques in a fun, interactive kitchen lab. From sautéing and simmering to stir-frying and more, you'll gain confidence in the kitchen while learning about food safety, kitchen math, and basic nutrition. No experience? No problem! Whether you're a beginner or just looking to sharpen your skills, this class will help you cook like a pro in no time. In each session participants will be cooking and learning different recipes.$50 materials fee.

Instructor: A Yummy Future Staff
Location: Arcadia Community Center, 365 Campus Drive

09/14-09/28	6:30-7:30pm	Mon	18+	$103	F26-4356
10/05-10/26	6:30-7:30pm	Mon	18+	$136	F26-4356a
11/02-11/23	6:30-7:30pm	Mon	18+	$136	F26-4356b
11/30-12/21	6:30-7:30pm	Mon	18+	$136	F26-4356c

Dance

BALLETFIT BARRE MIX

This class is a low-impact, muscle toning and conditioning, full body workout. We will betargeting muscle groups to lengthen, tighten and strengthen key areas of the body. Thisworkout increases flexibility, sculpts & tones muscles, burns fat, improves posture andenhances self confidence. You should wear comfortable clothes that allow ease ofmovement, ballet shoes or socks.

Instructor: DanceFit staff
Location: Arcadia Community Center, 365 Campus Drive

06/12-06/26	5:45-6:30pm	Fri	18+	$138	F26-4900
10/02-10/30	5:45-6:30pm	Fri	18+	$160	F26-4900a
12/04-12/18	5:45-6:30pm	Fri	18+	$138	F26-4900c

BEGINNING LINE DANCE

Add a little sizzle to your health and fitness program with Country Western line dancing. Learn new steps and dances that are choreographed to current hits on the radio. New dances and reviews are done weekly.

Instructor: Pam Wagoner
Location: Arcadia Community Center, 365 Campus Drive

09/17-10/01	7-8pm	Thu	18+	$27	F26-4219a
09/15-10/27	7-8pm	Tue	18+	$27	F26-4219
09/16-09/30	7-8pm	Wed	18+	$27	F26-4221

SALSA

Beginner class is for those who want to polish their moves and learn a variety of footwork and combinations with a sharp technique. Intermediate class for those who are more comfortable with a faster pace and want to learn more impressive steps and combinations, spins and double turns, and fancy moves. We will also cover other Latin dances such as: Bachata, Latin Cha Cha Cha and Merengue.

Instructor: Dorothy Tsu
Location: Arcadia Community Center, 365 Campus Drive

Beginner

09/17-11/19	7:10-8:10pm	Thu	18+	$166	F26-4217

Intermediate

09/17-11/19	8:20-9:20pm	Thu	18+	$166	F26-4218

SOCIAL BALLROOM & LATIN DANCE

This session brings the most popular social ballroom and Latin dances: Cha Cha Cha, Rumba, Swing, Tango, Foxtrot, and Waltz. Singles or couples are welcome. No partners required. Easy to learn.

Instructor: Dale Yu
Location: Arcadia Community Center, 365 Campus Drive

Foxtrot & Swing Dance

09/16-11/18	7:30-8:30pm	Wed	18+	$102	F26-4195a

Martial Arts

KARATE SELF-DEFENSE & FITNESS

Designed to teach self-defense and fitness skills that can be used to protect yourself and your loved ones. We will learn strategies to keep us out of danger as well as strikes, twists, and throws needed to protect ourselves and the people we care about.

Instructor: Champions Karate Staff
Location: Museum Education Center, 382 W. Huntington Drive

09/15-12/08	7-8pm	Tue	18+	$367	F26-2117
no class 11/10					

TAI CHI & QI GONG

Learn the Tai Chi 24 and 42 styles, and Qi Gong. Tai Chi helps improve circulation and enhance energy flow at higher levels. Easy to learn and good for your health.

Instructor: Dale Yu
Location: Arcadia Community Center, 365 Campus Drive

Beginner 24 Form

09/17-11/19	6:30-7:30pm	Thu	18+	$104	F26-4037

Intermediate 42 Form

09/17-11/19	7:30-8:30pm	Thu	18+	$112	F26-4035b

TAI CHI CHUAN AND QI KUNG

Learn in a fun and easy, step-by-step method and help boost brain power, increase energy, release stress, improve flexibility, and balance. Beginners: Tai Chi 24 Form and Qi Kung. Advanced: Yang Style 115 Form and Tai Chi 13 Form. Tai Chi Sword and Tai Chi Fans time permitting.

Instructor: Higinio De La Rosa
Location: Arcadia Community Center, 365 Campus Drive

Beginner

09/14-12/09	6:40-7:40pm	Wed	18+	$146	F26-2082
no class 11/11, 11/25					

Advanced I

09/14-12/09	7:50-8:50pm	Wed	18+	$146	F26-4083
no class 11/11, 11/25					

Sports & Fitness

INDIVIDUAL TENNIS LESSONS

This is an individual lesson for three or more participants. Participants must reach out to Coach Nam before registering to a class. For more information regarding this lesson please contact Coach Nam directly at 626.318.5383. $10 materials fee.

Instructor: Jonathan Nam
Location: Hugo Reid Tennis Courts, Michillinda Avenue and Hugo Reid Drive, Courts # 1-2

8 weeks

09/14-11/22	7am-10pm	Daily	18+	$566	F26-4387

9 Weeks

09/14-11/22	7am-10pm	Daily	18+	$636	F26-4387a

10 weeks

09/14-11/22	7am-10pm	Daily	18+	$706	F26-4387b

ADULT INTRODUCTION TO PICKLEBALL

This class is designed for players with NO experience. All the strokes and rules of the game will be covered. The emphasis is on fun, friendly games, and meeting new friends to socialize and play with.

Instructor: Javier Djeu
Location: Dana Gym, 1402 S First Ave

09/19-10/17	7:30-8:30am	Sat	18+	$116	F26-3905d
10/24-12/12	7:30-8:30am	Sat	18+	$116	F26-3905c
no class 11/07, 11/28, 12/05					

ADULT INTERMEDIATE PICKLEBALL

This class is designed for players with experience in the strokes and scoring. The emphasis is on improving strokes as well as learning tactics and strategy.

Instructor: Javier Djeu
Location: Dana Gym, 1402 S First Ave

09/29-10/27	6:45-7:45pm	Tue	18+	$116	F26-3906c
11/03-12/08	6:45-7:45pm	Tue	18+	$136	F26-3906e
09/17-10/22	6:45-7:45pm	Thu	18+	$116	F26-3906d
no class 10/15					
10/29-12/03	6:45-7:45pm	Thu	18+	$116	F26-3906f
no class 11/26					

ADULT SEMI PRIVATE TENNIS LESSONS

This is a semi private lesson for three or more participants. Participants must reach out to Coach Nam before registering to a class. For more information regarding this lesson please contact Coach Nam directly at 626.318.5383. $10 materials fee.

Instructor: Jonathan Nam
Location: Bicentennial Tennis Courts, 6th Ave & E Longden Ave, Courts # 1-2

8 Weeks

09/14-11/22	7am-10pm	Daily	18+	$326	F26-4183

9 Weeks

09/14-11/22	7am-10pm	Daily	18+	$366	F26-4183a

10 Weeks

09/14-11/22	7am-10pm	Daily	18+	$406	F26-4183b

ALL LEVELS PING PONG

Fitness, fun games, and friendship.Learn the proper techniques of strokes, spins, serves, and game strategies. Enjoy the game of a friendly competition while exercising mind and body. Classes are indoors

Instructor: Dean Lee
Location: Arcadia Community Center, 365 Campus Drive

09/14-12/07	4:15-5:45pm	Mon	18+	$155	F26-4557a
09/17-12/03	5:15-6:45pm	Thu	18+	$133	F26-4558c
no class 11/26, 12/10					
09/15-12/08	5:35-7:05pm	Tue	18+	$155	F26-4558a
09/19-12/12	10:45am-12:15pm	Sat	18+	$133	F26-4558e
no class 11/21, 12/12					

TOTAL BODY WORKOUT

Stay trim, strong, flexible and healthy with a variety of challenging cardio and weight resistance training.

Instructor: Irma Moyao
Location: Arcadia Community Center, 365 Campus Drive

09/15-12/08	6:45-7:45pm	Tue	18+	$148.50	F26-4020
no class 11/10					
09/19-12/12	7:30-8:30am	Sat	18+	$138	F26-4022
no class 12/05					

PICKLEBALL WITH SANDY

Come play one of the fastest growing sports in the country! In this class, we will focus on basic stroke mechanics, preparation, etiquette, having fun, and safety. Topics will include serve and serve return, footwork, score keeping, and understanding the game.

Instructor: Sandy Vizcarra

Location: Camino Grove Tennis Courts, 1420 6th Ave, Tennis Court # 1

09/15-11/03	8:30-10am	Tue	18+	$166	F26-4555

Intermediate

Designed for players who already know the basics but want to up their game. Improve your footwork, gain confidence at the kitchen line and learn to use natural body movement for more accurate and graceful shots. .

09/18-11/06	8:30-10am	Fri	18+	$166	F26-4556

ZUMBA

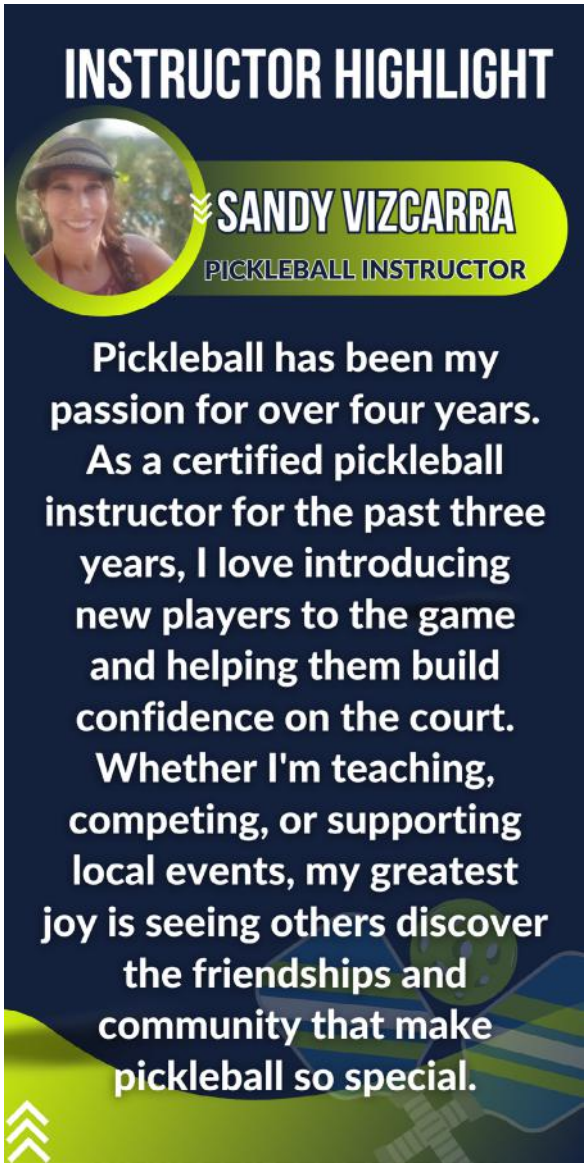
Zumba® fuses Latin and world rhythms and easy-to-follow moves to create a dynamic fitness program that will blow you away! New routines are rotated in weekly.

Instructor: Massiel Eva Rincon

Location: Arcadia Community Center, 365 Campus Drive

09/15-12/08	6-7pm	Tue	18+	$214	F26-4147
09/17-12/17	6-7pm	Thu	18+	$208	F26-2148

no class 11/26, 12/10



Music

BEGINNING GUZHENG

Guzheng is a very popular Chinese musical instrument dating back to 500 B.C.; the sound is melodious, soothing, serene, and romantic. Learn all the basic techniques while experiencing the adventure of "east meets west" through beautiful music.

Instructor: Jing Mei Zhang

Location: Museum Education Center, 382 W. Huntington Drive

09/14-10/19	10:30am-12pm	Mon	18+	$168	F26-2019
11/02-12/07	10:30am-12pm	Mon	18+	$168	F26-7019a

ADVANCED GUZHENG

For those who are proficient in Guzheng. Advance your techniques and refine your skills. Come join the fun and adventure for "east meets west" through beautiful music.

Instructor: Jing Mei Zhang

Location: Museum Education Center, 382 W. Huntington Drive

09/14-10/19	9-10:30am	Mon	18+	$168	F26-2021
11/02-12/07	9-10:30am	Mon	18+	$168	F26-7021a

Adult Yoga & Meditation

PILATES

Through the principals of Pilates, this class will teach you to be mindful of your body and its movements by using low impact exercises that target the core and strengthen muscles while improving flexibility and posture.

Instructor: Victoria Partridge

Location: Arcadia Community Center, 365 Campus Drive

09/14-12/07	5:30-6:15pm	Mon	18+	$89	F26-4032a

no class 10/12, 11/23

YOGA

Increase mindfulness and restore balance by incorporating yoga postures, gentle movement, mediation and breath work. This class will combine a sequence of active yoga poses to warm the body with passive holds to create a calming, meditative effect.

Instructor: Victoria Partridge

Location: Arcadia Community Center, 365 Campus Drive

09/14-12/07	6:30-7:30pm	Mon	18+	$89	F26-4031

no class 10/12, 11/23

YOGALATES

Blends the poses and meditative element of yoga with the body control principals and core conditioning of Pilates. Connect mind and body, balance and movement, strength and flexibility through this exercise.

Instructor: Victoria Partridge

Location: Arcadia Community Center, 365 Campus Drive

09/16-12/09	6-7pm	Wed	18+	$89	F26-4032

no class 10/14, 11/25

All Programs are offered at the Arcadia Community Center, 365 Campus Drive, unless otherwise specified.

DROP-IN PROGRAMS

BILLIARDS

Monday-Friday • 8am-5pm • Free

The Billiard Room has three pool tables with the equipment required to play. Hours may vary depending on programs, classes, or events.

TABLE TENNIS

Monday-Friday • 8am-3:30pm • Free

Stop by the front counter to pick up table tennis equipment. Please note times may vary depending on weather, program/event calendar.

PINOCHLE

Mondays • 9am-2pm • Free

Pinochle is a trick-taking card game where players score points, typically played with three or four players, individually or in teams.

AMERICAN MAHJONG LESSONS

Tuesdays • 12:30-3 pm • Free

Come experience the excitement of American Mahjong! This captivating tile game brings four players together in a fun, strategic battle to build the winning hand with 14 tiles. Draw, discard, and dive into the chalwlenge – every game is a new adventure. Ready to test your skills and enjoy some friendly competition? Join the fun today!

SENIOR CINEMA

Tuesdays • 12:30pm • Free

Come enjoy a free movie every Tuesday at 12:30pm in the Museum Education Center. Please refer to the monthly Connection or call the front desk for weekly schedule.

BLOOD PRESSURE

2nd Tuesday • 10am • Free

Arcadia Community Center – Billiards Room
Stop by and get your blood pressure checked by USC Arcadia Hospital and talk to a dietitian who can answer your questions.

BRIDGE

Wednesdays • 10am-1pm • Free
Fridays • 1pm-4pm • Free

Bridge is the ultimate trick-taking card game, easily the greatest source of enjoyment that four people can have with a pack of cards.

SING ALONG WITH JAMES

Wednesdays • 1-3pm • Free

Participants look forward to singing each week because it brings joy to all involved. Music promotes health, wellbeing, reduces stress and isolation and brings everyone together.

FIT & TALK

Thursdays • 10 am • Free

Fit and Talk meets every Thursday at the Arcadia Museum Education Center for a fun and easy workout.

KARAOKE

Every 1st and 4th Thursday • 12:30-2:30pm • Free

Come and sing your heart out to your favorite songs with your friends at the Arcadia Community Center.

TRADITIONAL MAHJONG

Fridays • 12:30-4pm • Free

Traditional Mahjong is a tile game played by four players with tiles that are drawn and discarded until a player secures a winning hand. Walk-ins are welcome!

YOU'VE GOT A FRIEND

This Program provides a friendly phone call to those in need. If you or anyone you know may be interested in receiving a call from an Arcadia staff or volunteer, please contact the Arcadia Community Center.

RESERVATION PROGRAMS

TECH TALK

Every 2nd and 4th Friday • 4-5pm • Free

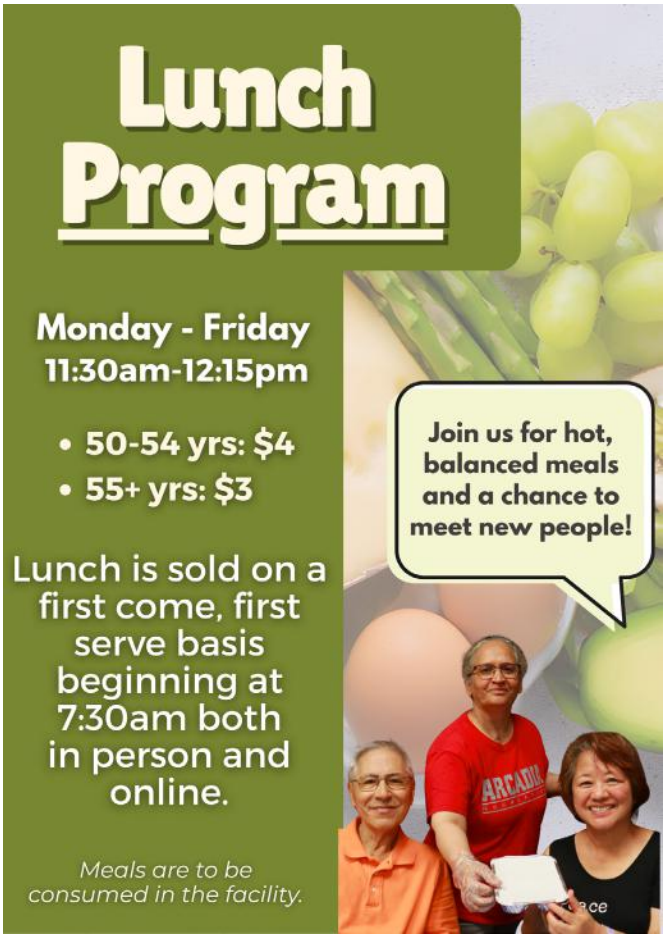
Need some assistance with your technological devices? Our Volunteers will help you get more familiar with using your devices and applications. Please contact the front desk to make an appointment with a staff member. Space is limited.

HEALTH INSURANCE COUNSELING AND ADVOCACY PROGRAM (HICAP)

ONLINE

Every 3rd Wednesday • 9am–12pm
Virtual or by phone

Receive unbiased information, counseling, and assistance with Medicare and related health insurance.



- SADDLE UP FOR THE -

WESTERN ★HOEDOWN★

Friday, September 11
5pm | $16

Round up your friends for an evening of good eats, country tunes, and boot-scootin' line dancing lessons with instructor Pam Wagoner!

50+ MOON FESTIVAL

Friday, September 25
11:30am | $16

Enjoy a cultural celebration of the Autumn harvest with a Chinese lunch, moon cakes, & entertainment.

Cultural Day Camp Italy

Thursday, October 8
8:30am–4:30pm | $40

Enjoy a day trip excursion to various places highlighting Italian culture. Includes lunch and transportation.

Ciao!

Pumpkin Patch BINGO

Friday, October 16 | 10am | $15

Enjoy eight Bingo games, a light lunch, and prizes!

MONSTER MASH
FRIDAY, OCTOBER 30
11:30AM | $15
Join us for a SPOOKTACULAR celebration with lunch, dancing, and a costume contest!

BILLIARDS TOURNAMENT
THURSDAY, NOVEMBER 5
9AM | $15
Compete in this double-elimination tournament to win prizes! Food and drinks will be provided.

VETERANS DAY
Lunch
Tuesday, November 10
11:30am | Free
Join us as we honor those who have served our country with presentations, lunch, and patriotic entertainment. Open to all.

Calling all Veterans
Are you a veteran? Do you want to stay up to date on all Veteran programs & events hosted by the City of Arcadia?
Contact the Arcadia Community Center to be added to the Veteran List!

Sweater Weather
BUNCO
Friday, November 13
12:30pm | $15
Enjoy three rounds of Bunco, a light lunch, and a raffle. No experience needed!

THANKSGIVING
Feast
We would be grateful if you joined us!
Wednesday, November 25
11:30am | $20 | 50+ yrs
Arcadia Community Center
Spend the day with your Community Center family. Enjoy live entertainment and a traditional holiday meal served by the Arcadia Fire Department.

SOCIAL HOUR
FAMILY FEUD
Friday, December 11
FREE | 12:30pm
Meet new people while playing the classic survey game, Family Feud. Snacks and drinks will be provided.

HOLIDAY BRUNCH
Friday, December 18
10:30am | $16
Celebrate the holidays with festive food, seasonal cheer, and Santa Claus.

Art

DRAWING

Students will learn the fundamentals and the routine of sketching.

Instructor: Kt
Location: Arcadia Community Center, 365 Campus Drive

09/17-10/22	1:30-2:30pm	Thu	50+	$70	F26-7047
10/29-12/17	1:30-2:30pm	Thu	50+	$70	F26-7047a
no class 11/26, 12/03					

OIL & ACRYLIC PAINTING

This multi-level class presents the basic techniques of working in oil and acrylics using various palettes, mix-ing, and organizing values, light, and using color to enhance your work.

Instructor: Kt
Location: Arcadia Community Center, 365 Campus Drive

09/17-10/22	9-11am	Thu	50+	$92	F26-7011
10/29-12/17	9-11am	Thu	50+	$92	F26-7011a
no class 11/26, 12/03					

WATER COLOR

Instructor: Kt
Location: Arcadia Community Center, 365 Campus Drive

09/17-10/22	11:15am-1:15pm	Thu	50+	$92	F26-7013
10/29-12/17	11:15am-1:15pm	Thu	50+	$92	F26-7013a
no class 11/26, 12/03					

Dance

BALLETFIT STRETCH & FLOW

In this class we will be practicing ballet stretching, basic ballet techniques and we will be dancing to beautiful music, while giving the body an overall sense of wellbeing. This class is for everyone and requires no previous dance experience. This class is adaptable to all abilities. The class improves posture and balance, while maintaining mobility and easing of movement. It will strengthen and tone your muscles, increase blood flow, energize and relieve stress. This is a progressive class that will build each session throughout the year. You can wear comfortable clothes you can move in, ballet shoes or socks.

Instructor: DanceFit Staff
Location: Arcadia Community Center, 365 Campus Drive

09/10-09/24	9-9:45am	Thu	50+	$40	F26-7950c
10/01-10/29	9-9:45am	Thu	50+	$60	F26-7950d
11/05-11/19	9-9:45am	Thu	50+	$40	F26-7950e
12/03-12/17	9-9:45am	Thu	50+	$40	F26-7950g

JAZZFIT MOVIN & GROOVIN

This is a low-impact, full body workout that can be modified according to individual needs. If you choose you can use a chair for this class. This is an invigorating, fun class that is designed to keep us moving, mobile and healthy, while strengthening our bodies. We will learn fun, easy follow along dance moves to up-beat music, while we energize our bodies by using our muscles and creating better circulation. You should wear comfortable clothes you can move in, tennis shoes or dance shoes.

Instructor: DanceFit Staff
Location: Arcadia Community Center, 365 Campus Drive

09/16-09/30	9-9:45am	Wed	50+	$40	F26-7960
10/07-10/28	9-9:45am	Wed	50+	$50	F26-7960a
11/04-11/25	9-9:45am	Wed	50+	$30	F26-7960b
no class 11/11					
12/02-12/16	9-9:45am	Wed	50+	$40	F26-7960c

TAPPERFIT

This is a low impact, full body work-out that is fun! This class starts with stretching and warming up. We will practice basic tap techniques and learn fun follow along dance routines. you will get a good aerobic workout while dancing!

Instructor: DanceFit Staff
Location: Museum Education Center, 382 W. Huntington Drive

09/10-09/24	8-8:45am	Thu	50+	$40	F26-7990a
10/01-10/29	8-8:45am	Thu	50+	$60	F26-7990b
11/05-11/19	8-8:45am	Thu	50+	$40	F26-7990c
12/03-12/17	8-8:45am	Thu	50+	$60	F26-7990d

BEGINNING LINE DANCE

This exciting class will teach you the basic line dance steps. Learn to line dance to your favorite song while getting a good workout.

Instructor: Willard Berry
Location: Arcadia Community Center, 365 Campus Drive

09/14-12/14	12-1pm	Mon	50+	$60	F26-7005
no class 09/28, 10/19, 10/26, 11/02, 11/09, 11/16					
09/14-12/14	1:05-2:05pm	Mon	50+	$60	F26-7043
no class 09/28, 10/19, 10/26, 11/02, 11/09, 11/16					
09/17-12/17	12-1pm	Thu	50+	$60	F26-7006
no class 10/01, 10/15, 10/22, 10/29, 11/05, 11/12, 11/26					
07/07-12/17	1:05-2:05pm	Thu	50+	$60	F26-7044
no class 10/01, 10/15, 10/22, 10/29, 11/05, 11/12, 11/26					

INTERMEDIATE LINE DANCE

Add to your basic knowledge of line dancing by learning new steps in this intermediate class. Everyone will have fun dancing while getting exercise and building confidence.

Instructor: Willard Berry
Location: Arcadia Community Center, 365 Campus Drive

09/16-12/16	12-1pm	Wed	50+	$60	F26-7007
no class 09/30, 10/21, 10/28, 11/04, 11/11, 11/18, 11/25, 11/30					
09/16-12/16	1:05-2:05pm	Wed	50+	$60	F26-7002
no class 09/30, 10/21, 10/28, 11/04, 11/11, 11/18, 11/25, 11/30					

Music

TAIKO DRUMMING

Taiko drumming is a Japanese Art form that combines mind, body and spirit. It is a healthy and fun activity that utilizes elements of music, dance and martial arts. It is one of the best natural protections against Alzheimer's and dementia as it mixes rhythm memorization with body movement. All equipment and supplies provided by instructor.

Instructor: Michael Naishtut
Location: Museum Education Center, 382 W. Huntington Drive

09/17-12/17	1:30-2:30pm	Thu	50+	$176	F26-7893a
no class 11/26, 12/10					
09/17-12/17	12:30-1:30pm	Thu	50+	$176	F26-7893
no class 11/26, 12/10					

Sports & Fitness

CARDIO PLUS

This class combines rhythmic, low impact, large and small muscle aerobic exercises. It is designed to get your heart rate up and tone your muscles simultaneously. Along with the cardiovascular workout to fun, energetic music there is a variety of light weight strength training for a total body workout.

Instructor: Shannon Duffy
Location: Arcadia Community Center, 365 Campus Drive

09/09-12/09	12-1pm	Wed	50+	$83	F26-7001
no class 10/28, 11/11, 11/25					

FIT FOR LIFE

Move to music in this multi-level class. Increase cardiovascular endurance, strength, flexibility and range of motion. Emphasis on balance and injury prevention. A chair will be provided as needed.

Instructor: Shannon Duffy
Location: Arcadia Community Center, 365 Campus Drive or Virtual

09/09-12/09	10:45-11:45am	Wed	50+	$83	F26-7203
no class 10/28, 11/11, 11/25					

PILATES

Mat Pilates focuses on increased strength as well as lengthening your muscles through stretching. There is emphasis on the core and all muscle groups. The class is slow and fluid including balance and posture to increase your mobility and range of motion.

Instructor: Shannon Duffy
Location: Arcadia Community Center, 365 Campus Dr & Virtual

09/09-12/09	1:415-2:15pm	Wed	50+	$83	F26-7014
no class 10/28, 11/11, 11/25					

STRENGTH & BALANCE

Learn the basics needed to improve your strength and balance which will allow you to maintain your independence longer and increase your overall quality of life.

Instructor: Irma Moyao
Location: Arcadia Community Center, 365 Campus Drive

09/16-12/09	9:30-10:30am	Wed	50+	$90	F26-7015
no class 11/11, 11/25					

STRENGTH TRAINING

Return youth to your body, prevent injury through strength and flexibility, and improve your balance. The instructor will guide you through exercises to increase your energy and strengthen bone density.

Instructor: Irma Moyao
Location: Arcadia Community Center, 365 Campus Drive

09/16-12/09	8:30-9:30am	Wed	50+	$90	F26-7036
no class 11/11, 11/25					
09/15-12/08	11-11:55am	Tue	50+	$96	F26-7026
no class 11/10					
09/14-12/07	9:35-10:35am	Mon	50+	$96	F26-7017
09/17-12/10	11am-12pm	Thu	50+	$90	F26-7027
no class 11/26					

ZUMBA GOLD

Zumba® Gold is a world dance workout designed for the true beginner or active older adult. Every class includes a gradual warm-up, low-impact cardio, and cool down. Zumba® Gold routines focus on low-impact, simplified, and fun-filled choreography. Learning the steps provides workout for both your body and mind.

Instructor: Yiren Wang
Location: Arcadia Community Center, 365 Campus Drive

09/14-12/07	10:45-11:45am	Mon	50+	$84	F26-7299
09/14-12/07	7:05-8:05pm	Mon	50+	$214	F26-7126
09/15-12/08	9:45-10:45am	Tue	50+	$78	F26-7200
no class 11/10					

STRETCH & CONDITIONING

Stretch and Conditioning helps maintain your mobility, strength, and tightens the muscles increasing range and ease of movement, increasing blood flow and improving circulation.

Instructor: DanceFit Staff
Location: Arcadia Community Center, 365 Campus Drive

09/16-09/30	8-8:45am	Wed	50+	$40	F26-7950
10/07-10/28	8-8:45am	Wed	50+	$50	F26-7950a
11/04-11/18	8-8:45am	Wed	50+	$30	F26-7950b
no class 11/11					
12/02-12/16	8-8:45am	Wed	50+	$40	F26-7950f

Yoga & Meditation

CHAIR & STRETCH YOGA

In this class, you will have passive movements along with easy stretches all done in a chair. Perfect for those who cannot do floor work. Move at your own pace and enjoy relaxation and flexibility through movement.

Instructor: Irma Moyao
Location: Arcadia Community Center, 365 Campus Drive

09/14-12/07	12-1pm	Mon	50+	$96	F26-7031

SATURDAY, OCTOBER 3

West Fork National Scenic Bikeway

Trail Difficulty: Easy
150 ft. Elevation Gain

3.5 MILES

Includes round trip transportation from the Arcadia Community Center, a staff guided hike, and a sandwich packed lunch.

Minors must be accompanied by an adult.
Hikes may include steep inclines and uneven terrain. May not be suitable for all individuals.

Parent/Adult Name:

First: **Last:** **Birthdate:**

Address: **Home Number: ( )**

City: **State:** **Zip:** **Cell Number: ( )**

Email Address:

Person to notify in case of emergency, if parent/guardian cannot be reached:

Name: **Relationship:** **Phone: ( )**

Health and Participation Questions for Children under 18 years of age

1. Are there any special requirements, such as a vegetarian diet, or conditions such as allergies (bee stings, food, etc.), asthma, seizures, disabilities, behavior concerns or other medical information of which we should be aware?_____
2. List any medication(s) taken daily and time medication is taken, reason for medication, and any possible side effects. (Recreation staff is not permitted to administer medications). _____

Name of Participants		Birth Date	Sex	Activity Number	Name of Activity	Fee
First	Last					
				TOTAL FEES $		

REFUND POLICY ACKNOWLEDGMENT - I understand and agree to the following refund policies:

- Refunds can be issued as user credit or check.
- Refunds will be assessed a $22 fee per activity, per person unless the program was canceled by the City.
- Refunds and transfers for classes must be requested prior to the start of second class meeting.
- Refunds for special events and excursions will only be issued if the spot can be filled with someone from the waitlist.
- Refunds for camps must be requested one week prior to the start of the camp in which you are requesting a refund. All refund requests made less than one week prior to camp will only be issued if the spot can be filled from the waitlist.
- Material fees are non-refundable.

RELEASE OF LIABILITY AND INDEMNIFICATION FOR ALL PARTICIPANTS - I hereby waive, release and discharge any and all claims or rights to claims for damages for death, personal injury or property damage which I may have, or which may hereafter accrue to me, as a result of participation in said activity. This Release is intended to discharge in advance the City of Arcadia, (and their respective agents, volunteers and employees), from and against any and all liability arising out of or connected in anyway with my participation in said activity. I further understand that accidents may occur during said activity, and that participants in such activity may sustain personal injuries, and/or property damage, as a consequence thereof. Knowing the risks of said activity, nevertheless, I hereby agree to assume those risks and to release and hold harmless all of the persons or entities mentioned above. It is further understood and agreed that this waiver, release and assumption of risk is to be binding on my heirs and assigns. If the participant is a minor, I also give permission for his/her participation in the above activities, and for any necessary emergency medical treatment. I understand that the City of Arcadia has no obligation to supervise my children at the close of the above activities and I release the City of Arcadia, its officers, employees and agents from any liability resulting from the lack of supervision of my children at the close of the above activities. I understand and agree that participants involved in recreation programs are subject to being photographed and such photographs may be used to publicize city programs.

In consideration for the City of Arcadia's acceptance of this registration, I hereby agree to indemnify and hold harmless the City of Arcadia, its officials, officers, employees, agents, or volunteers from any liability or claim or action for damages resulting from or in any way arising out of my participation in any City Recreation and Community Services Department program. I further understand and agree

(1) to assume all risks inherent in the activities which are available and in which I may participate, and understand that these activities involve risk to my person and property and (2) to assume the risks, if any, arising from the conditions and use of equipment and facilities. I further understand and agree that there may be risks and dangers not known or reasonably foreseeable to me at this time, and in accordance with Section 1542 of the California Civil Code, I understand that my release extends to claims which I did not know or suspect to exist in my favor at the time of execution of this release.

I understand that my participation in any City Recreation and Community Services Department program, including but not limited to the activities listed above, exposes me to the risk of communicable diseases and viruses. I hereby acknowledge that I am voluntarily participating in said activities and agree to assume any such risk of exposure to communicable diseases and viruses.

IF THE PARTICIPANT IS A MINOR, his or her custodial parent or legal guardian must read and execute this agreement. I hereby warrant that I am the custodial parent or legal guardian of _____ (print minor's name), who is a minor, and I agree on my own and said minor's behalf to the terms and conditions of this release.

In the event of injury or illness while the participant who is a minor is attending the recreation activity, I hereby authorize the City of Arcadia Recreation and Community Services Department to consent to medical treatment on behalf of the minor as deemed necessary. The undersigned, as parent or legal guardian of the child identified on this form, hereby authorizes the Recreation and Community Services Department and its officers, employees and agents into whose care the registered child has been entrusted, to consent to the advice of trained emergency personnel. This authorization to consent to treatment of the minor identified above is given to the Recreation and Community Services Department in conjunction with any activity or event in which the minor's care is entrusted to the Recreation and Community Services Department.

The Recreation and Community Services Department may take and use photos of participants for publicity purposes. Photos of participants are used in the City's activity guide and other media publications. I hereby grant the City of Arcadia permission to use my, or if the participant is a minor, the minor's likeness, name, voice and words in any broadcast, telecast or print media account of this event or activity free of charge.

Signature (REQUIRED): **Date:**

Payment Via Credit Cards
Online or in-person registration only. The City accepts Visa, MasterCard, and Discover.

Payment Via Checks
By mail or in-person registration only.
Please make checks payable to: City of Arcadia

Payment Via Cash
In-person registration only.