



DR. ANURADHA KHODA



CHILDREN'S
EDUCATIONAL
BOOK SERIES
Catalogue



LITERACY • CREATIVITY • FAITH • NUTRITION • FAMILY BONDING

MANABI PRESS LTD

INSPIRING IDENTITY, PURPOSE, GROWTH & IMPACT ACROSS GENERATIONS

Manabi Press Ltd is a Kenyan publishing house dedicated to creating books that nurture the whole person - from childhood through adulthood.

Every Manabi Press publication is founded on the belief that life's greatest lessons emerge through experience, reflection, personal transformation, and service to others.

Our publications cultivate identity, character,
wisdom, purpose, and impact across
generations.

Our Mission

To turn life's lessons into books that awaken identity, inspire growth, and empower impact.

Our Vision

To create a world where every reader discovers their purpose and potential.

Manabi Press Ltd

Publishing books that educate minds, nurture values, and inspire lives.

Dr Anuradha Khoda

Educator | Author | Speaker

Two-Time First Prize Penmanship Award Winner (2025 & 2026)

ADULT READERS

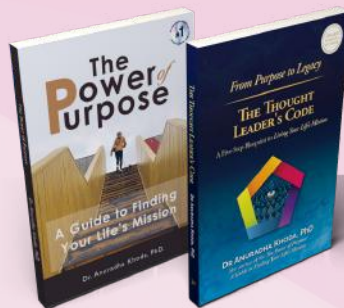
IDENTITY TO IMPACT SERIES

PERSONAL GROWTH • PURPOSE • LEADERSHIP • IMPACT

Helping people understand who they are, express who they are, and become who they are meant to be.

This award-winning personal development series guides readers from self-discovery to authentic impact. Through practical reflection, real-life insights, and transformational tools, the series helps individuals discover purpose, find their voice, build confidence, and create meaningful impact in their personal and professional lives.

Featured Titles: *The Power of Purpose* (First Prize Winner – Adult Readers Category, 2025 Penmanship Awards) and *The Thought Leader's Code*.



CHILDREN'S READERS

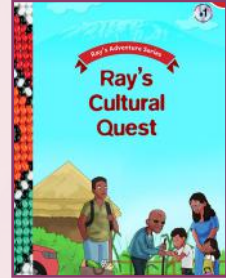
RAY'S CULTURAL SERIES

Culture • Heritage • Values • Identity

Helping children understand where they come from, what they should stand for, and how they can contribute to society.

Rooted in Kenyan traditions and community wisdom, Ray's Cultural Series introduces young readers to the values, customs, responsibilities, and cultural practices that shape strong individuals and thriving Kenyan societies.

Through engaging storytelling, children learn the importance of respect, contribution, belonging, purpose, and preserving cultural heritage while developing pride in their identity and community.



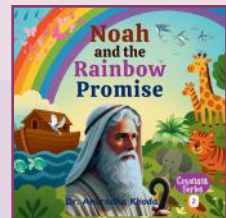
COVENANT SERIES

Faith • Character • Courage • Hope

Helping children discover timeless values through stories of faith, courage, obedience, and hope.

A beautifully written children's faith collection that brings timeless biblical stories to life through engaging storytelling and age-appropriate language.

The series introduces young readers to important lessons on faith, obedience, courage, kindness, resilience, and hope, helping children develop strong character while building a deeper understanding of biblical teachings.



Award-Winning Title: *Noah and the Rainbow Promise* (First Prize Winner – Children's Category, 2026 Penmanship Awards).

CHILDREN'S READERS

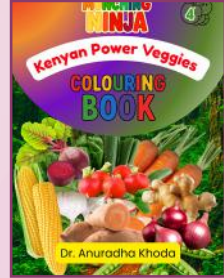
MUNCHING NINJA SERIES

Nutrition • Healthy Living • Literacy

Helping children build healthy habits, make informed choices, and develop practical life skills.

An innovative educational series that teaches children about fruits, vegetables, healthy eating, sustainability, and practical life skills through fun, interactive learning.

Featuring multilingual learning, engaging activities, recipes, worksheets, and real-world applications, the series empowers children to make healthier choices while building literacy, curiosity, and lifelong learning habits.



ABOUT THE AUTHOR



Dr. Anuradha Khoda is an award-winning author, educator, and creative storyteller dedicated to developing meaningful educational resources that nurture children intellectually, emotionally, spiritually, and socially.

An educator for over two decades, her work combines literacy, values, creativity, nutrition education, cultural identity, and practical life skills into engaging learning experiences for children and families.

Her growing catalogue of children's books is designed to support holistic child development.

Dr. Khoda's books are written to encourage:

- Reading and vocabulary development
- Creativity and imagination
- Healthy living and nutrition awareness
- Emotional and social growth
- Faith and values education
- Parent-child bonding
- Cultural appreciation and environmental awareness

Her educational series are suitable for:

- Key Stage 1 & 2 learners
- PP2 - Grade 3 CBC Learners
- Schools and libraries
- Literacy programmes
- Sunday schools and churches
- Home learning environments
- Nutrition and wellness programmes
- Community learning initiatives

SERIES 1

RAY'S ADVENTURE SERIES

A CELEBRATION OF CULTURE, IDENTITY & PURPOSE

Ray's Adventure Series is a three-book educational collection that helps young learners discover their cultural heritage, appreciate diversity, and understand the importance of contributing positively to their communities.

Through Ray's experiences, children explore Kenyan traditions, languages, family values, and community life while developing respect, confidence, empathy, leadership, and a sense of belonging. The series demonstrates how understanding one's identity can inspire purposeful action and meaningful contribution.

Supported by an interactive workbook, the collection strengthens literacy, cultural awareness, creativity, critical thinking, and values-based learning.

Ideal for schools, libraries, literacy programmes, cultural education initiatives, and families seeking engaging resources that nurture identity, character, and responsible citizenship.



SERIES OVERVIEW

BOOK	TITLE	MAIN FOCUS
Book 1	<i>Ray's Cultural Quest</i>	Cultural identity, respect for elders, inclusivity, and purposeful initiative
Book 2	<i>Cultural Club Adventure</i>	Teamwork, diversity, courage, leadership, music, dance, and collaboration
Book 3	<i>Ray's Adventure Workbook</i>	Reading comprehension, creativity, puzzles, cultural awareness, problem-solving, and self-expression

RAY'S ADVENTURE SERIES

PURPOSE

To help children understand:

- Cultural heritage
- Traditions
- Respect
- Family values
- Community responsibility
- Purpose and contribution

LEARNING AREAS SUPPORTED

- Family
- Community
- Traditions
- Respect
- Children explore:
- Heritage
- Cultural comparison
- Community leadership
- Social responsibility

PERFECT FOR

- Early readers
- School libraries
- Literacy programmes
- Home reading
- Classroom storytelling
- Holiday reading programmes
- Parent-child reading activities

SERIES 2

THE COVENANT SERIES

A JOURNEY OF FAITH, COURAGE & PURPOSE

The Covenant Series is a beautifully written children's collection that introduces young readers to some of the most meaningful stories from the Bible through simple storytelling, wonder, and imagination.

Designed for young learners, the series transforms timeless biblical lessons into engaging reading experiences that help children understand faith, obedience, courage, kindness, and hope.

Across the series, children journey through the lives of important biblical characters whose choices, challenges, and faith continue to inspire generations.

Each book invites young readers to think deeply, ask questions, and connect emotionally with the story while enjoying age-appropriate language and memorable storytelling.

The series is ideal for schools, churches, Sunday schools, home learning, libraries, and parents seeking faith-based books that nurture both literacy and values.



SERIES OVERVIEW

BOOK	TITLE	MAIN FOCUS
Book 1	Adam and the Garden Promise	Choices, obedience, and consequences
Book 2	Noah and the Rainbow Promise	Faith, perseverance, and hope
Book 3	Abraham and the Starry Promise	Patience, trust, and believing in promises
Book 4	Moses and the Mountain Promise	Courage, purpose, and leadership
Book 5	David: The Kingly Promise	Confidence, bravery, and faith
Book 6	Jesus: The Ultimate Promise	Kindness, forgiveness, and compassion

THE COVENANT SERIES.

WHAT MAKES THE SERIES SPECIAL

- Child-friendly biblical storytelling
- Values-based learning
- Encourages emotional reflection and discussion
- Strengthens literacy and comprehension
- Supports faith formation in young learners
- Warm and engaging storytelling style
- Suitable for home, school, and church learning

LEARNING SUPPORT

- Language Activities
- Christian Religious Education
- Social & Emotional Learning
- Creative Arts
- Life Skills Development
- Moral decision-making
- Resilience
- Compassion
- Responsibility
- Integrity

PERFECT FOR

- Sunday schools
- Christian schools
- Church libraries
- Home learning
- Bedtime reading
- Faith-based literacy programmes

SERIES 3

THE MUNCHING NINJA SERIES

A COLOURFUL JOURNEY INTO HEALTHY LIVING

The **Munching Ninja Series** is a six-book educational collection for children that combines nutrition education, creativity, multilingual learning, environmental awareness, and family engagement into one joyful learning experience.

Through **two fruit colouring** books, **two vegetable colouring** books, and **two family recipe** books, young learners explore Kenya's rich food heritage while developing healthy habits, vocabulary, creativity, and practical life skills.

Each colouring page includes:

- A large fruit illustration showing the fruit whole and sliced
- The fruit name in **eight languages**
- A fun origin fact
- A nutritional benefit
- An environmental sustainability tip

Each recipe supports practical learning through:

- Step-by-step child-friendly instructions
- Safety cues for adults
- Nutrition tips
- Kenyan local ingredients
- Simple kitchen tools children can safely use with guidance



THE MUNCHING NINJA SERIES

SERIES OVERVIEW

BOOK	TITLE	MAIN FOCUS
Book 1	Kenyan Everyday Fruits Colouring Book	13 everyday Kenyan fruits to colour and explore
Book 2	Kenyan Exotic Fruits Colouring Book	13 exotic Kenyan fruits to colour and explore
Book 3	Kenyan Garden Veggies Colouring Book	13 Kenyan vegetables to colour and explore
Book 4	Kenyan Power Veggies Colouring Book	13 exotic and power-packed vegetables to discover and colour
Book 5	Kenyan Power Snacks Recipe Book	13 fun and easy snack recipes for kids and families
Book 6	Kenyan Power Meals Recipe Book	13 fun and easy meal recipes for kids and families

WHAT MAKES THE SERIES SPECIAL

- Vocabulary development in eight languages
- Nutrition awareness and healthy eating habits
- Colouring and creative learning activities
- Parent-child bonding through recipes and cooking
- Sustainability and environmental awareness
- Celebration of Kenyan foods, farms, and culture

AREAS SUPPORTED

- Language & Literacy
- Environmental Studies
- Nutrition & Hygiene
- Creative Arts
- Life Skills
- Numeracy & Sequencing Skills

PERFECT FOR

- School libraries
- Nutrition clubs
- Home learning
- Literacy programmes
- Community wellness programmes
- Parent-child activities
- CSR nutrition and education initiatives

WHY SCHOOLS, LIBRARIES & ORGANISATIONS VALUE THESE SERIES

Dr. Anuradha Khoda's educational series are designed as holistic learning tools that go beyond entertainment.

Each collection combines meaningful storytelling with educational outcomes that support literacy, creativity, life skills, values education, nutrition awareness, emotional growth, and cultural identity.

KEY EDUCATIONAL BENEFITS

Literacy Development

- Reading confidence
- Vocabulary growth
- Story comprehension
- Expressive communication

Creative Development

- Colouring and drawing
- Imaginative thinking
- Storytelling and role-play
- Creative participation

Life Skills Development

- Confidence and independence
- Decision-making
- Teamwork and responsibility
- Emotional awareness

Health & Wellbeing

- Nutrition awareness
- Healthy habits
- Positive food relationships
- Family bonding activities

PARTNERSHIP & DISTRIBUTION

Values & Character Building

- Kindness and empathy
- Courage and perseverance
- Responsibility and honesty
- Faith and compassion

Cultural & Environmental Awareness

- Kenyan food appreciation
- Healthy eating understanding
- Sustainability awareness
- Cultural identity and belonging
- Respect for nature and community

IDEAL PARTNERSHIPS & DISTRIBUTION OPPORTUNITIES

These educational series are ideal for collaboration with:

- Schools and educational institutions
- School libraries and literacy programmes
- Publishers and distributors
- Churches and faith-based organisations
- NGOs and community learning initiatives
- Nutrition and wellness programmes
- CSR education and health initiatives
- County education programmes
- Children's wellness campaigns
- Parent and family learning programmes

The collections are designed not simply as books, but as complete learning experiences that nurture the whole child.

BOOKS AVAILABLE AT

WHY THESE BOOKS STAND OUT

A Unique Combination Of:

- Educational learning
- Creativity and engagement
- Nutrition and wellbeing
- Faith and values education
- Cultural relevance
- Practical life skills
- Family participation

WHERE THE BOOKS ARE AVAILABLE

The children's educational series by Dr. Anuradha Khoda are available through selected bookstores, educational suppliers, and online platforms.

Books Available At

- Text Book Centre
- Educate Yourself
- Nuria Online
- Several local bookstores
- Amazon Books

Availability Includes

- Individual book purchases
- Selected series collections
- School and institutional orders
- Classroom and library supplies
- Online ordering options

For bulk educational orders, literacy programmes, school partnerships, CSR initiatives, and distribution enquiries, schools and organisations may also contact the author directly via email author@anuradhakhoda.com

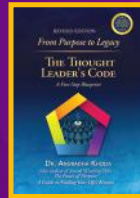
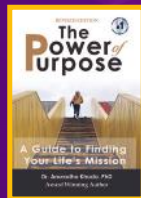
Dr. Anuradha Khoda

Award-Winning Author (1ST Prize Penmanship 2025, 2026)

• Educator • Speaker

**Inspiring Identity, Purpose, Growth & Impact
Across Generations**

Creating books that nurture the whole person - from
childhood through adulthood



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Publisher Details:
Manabi Press Ltd. Tel: +254 781 469111
Box 2150, 00606 Nairobi, Kenya.
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For Payments use:
Pay Bill No. 542542
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