

March 2016

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Festival Fleurieu celebrates three award wins

Festival Fleurieu is adding formal recognition to its growing reputation, with three recent award successes.

Yankalilla's biennial arts event has just been named joint winner of the 2016 Best Community Event in the statewide Australia Day Awards, after receiving a Bronze Commendation at the 2015 SA Tourism Industry Awards in November. The Chairman of the Festival Board, Greg Mackie OAM, accepted the latest award at a ceremony at Government House on Wednesday 20th January.

"This is the reward for a lot of hard work by a lot of people and a reflection of the real community spirit that exists on the Fleurieu Coast," Mr Mackie said. "We took some risks with this festival, but everyone from the artists to the volunteers, sponsors and partners rolled up their sleeves and went to work to create a community celebration that has something for everyone. The response has been fantastic."

Founded by local artists and councillors,

the event was known as the Leafy Sea Dragon Festival until a change of name and direction in 2014. Festival Fleurieu has flourished by fostering new cash and in-kind partnerships, expanding the reach of the program and embracing the marketing power of social media.

Mr Mackie dedicated the Australia Day Award to the late John Sanderson, a former Yankalilla District Councillor.

"John was a passionate and vocal advocate for having a strong local festival and he worked hard to ensure it received Council support, sometimes in very creative ways," he said.

"He would be thrilled that we have proved just how important artists and festivals can be in fostering community pride and participation as well as promoting the region and business."

The Festival Fleurieu was also recently recognised in the Best Community Event category in the Yankalilla Council Australia Day Awards.

Further information about the festival can be found at [http://](http://www.festivalfleurieu.com.au/)



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Tax-deductible donations to support the 2017 festival can be made online through the Australia Cultural Fund at <https://australianculturalfund.org.au/projects/festival-fleurieu-2017/>

For further information, contact Greg Mackie on 0402 890 598 or greg.mackie@me.com

Pictured: (left) Winners of Australia Day Council 2016 Awards. Festival Fleurieu Joint winner 2016 Best Community Event; (right) Award presented at Government House in presence of His Excellency the Governor, Hieu Van Le, Award accepted by Festival Chair, Greg Mackie, in photograph accompanied by Mayor Glen Rowlands and Festival Coordinator, Jillian Langford, District Council of Yankalilla members with Festival Fleurieu Board Members share the celebration at Government House Adelaide on 20th December.



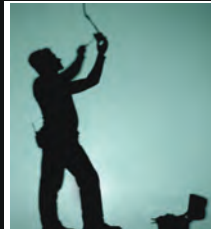
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Local Artist Easter Art Show

Agricultural Hall
25th – 28th March

Entry forms and contact details
B Gubbin 040817538

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The official due date for each Newsletter is the 15th of the month. The Christmas and New Year issues each cover 1 1/2 months.



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Editor's Comments

Hello Readers,
Easter is in March this year so Happy Easter to everyone!

Congratulations to all the award recipients of recent times including the Australia Day local honours. Festival Fleurieu managed to pick up three awards!

The pace has slowed down a touch in the area since schools have returned for another year. However there are steady streams of visitors staying or passing through to see what's on offer and there are always an assortment of things to keep them happy. Our warm weather looks set to continue for a bit longer too.

As usual there is a bunch of things in these pages to keep you happy - or at least, mildly amused - during March... *and beyond!*

Read on...

Until next issue...

Cheers,

Paul Jelfs

Editor



**Next Issue:
April 2016
Due Date:
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The Pinery Fundraiser: thanking our donors

Sealand Theatre Inc. held a successful fundraising event on Sat 13 February 2016 to help a young couple who have suffered greatly as a result of the Pinery bushfires. We'd like to thank musicians Leonard Cohen, Lynda & Dean Bird, Karl and Kate, Robert Bean, Heath McKay, and comedians Peter Gates and Geoff Bromilow, who generously donated their time to perform to our very attentive audience. In addition, we wish to thank all those who donated funds, (and/or purchased raffle

tickets), even if they were not able to attend. We are especially thankful to Jane Mitchell and Alan Grieg from Leonards Mill in Second Valley who donated a three-course dinner for two for the raffle as first prize, (which was won by Brendan Burley), and Joy Whellum, who organised two tickets to a Galleon Theatre show at Marion Cultural Centre as second prize, (won by Deb James – one of our first donors). We appreciate the skills of our very erudite MC Leonard Cohen – of Old South Bluegrass Band, who joined Heath McKay (with Lynda Bird) in a very upbeat encore to what was an event of great variety, goodwill and high energy. Overall, the feedback from the public about the night of music and comedy was simply expressed as 'Please more!'

Production on Hold

Our next production *Songs of the Sea* (April) is on hold for the immediate future whilst Sealand Theatre Inc. reshapes its schedule for the year.



A large audience attended the fundraiser in Second Valley.



Jenna Nottle thanking the community for their generosity - with Tai Barrett and MC Leonard Cohen.



Local comedian Peter Gates had the audience in stitches!

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Have you checked this updated site lately? It shows upcoming as well as past events and now includes information about books written by members. See for yourself.



AND INTO THE FUTURE

FRIDAY 7 MAY @ 7.30pm a musical version of Ned Kelly from the Adelaide Fringe performed by Upstage Theatre Company, a favourite company brought to you before by BWG.

SUNDAY 19 JUNE all day writing workshop with bestselling author Fiona McIntosh who was a popular speaker here recently. Contact Jill on jillian57@live.com.au or 0414 824885

RECENT SUCCESSES

- Eighty people were delighted by the talk given by John Murray at the SLC at Normanville in January.
- Nearly forty were involved in the rowdy chatter about *The Children Act* by Ian McEwan over fine food at Lilla's Café in February. Kath Pentecost led the discussion.

Your \$15 membership of Books and Words Group is now due for 2016.

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Gallery 88

Gallery 88 extended its January Exhibition till the end of Feb. Invited artists included art from Lorraine Lewitzka a well known watercolorist, living and working in Victor Harbor, Betty Mahoney capturing the Australian bush and landscape using a palette knife technique, Murray Marks from Mt Compass, in many mediums and paints many subjects, such as still life, portraiture and landscapes, and Pat Hagan who has been designing and creating most of her life, running a silver jewelry business, now painting in a variety of mediums, often inspired by life on the Fleurieu where

she lives.



Gallery 88 (above), Marilyn Jelfs (treasurer), Lorraine Lewitzka, Vicki Pile (committee member) and Pat Chibnall (gallery member).



Lorraine Lewitzka (above) in front of one of her watercolours taken on the official opening night 8 Jan 2016, which the Mayor attended and gave a speech.



An exhibition (above right) of over 50 airbrush paintings can be viewed in the month of March at Gallery 88 by local new artist Joseph Gonzalez.

Women with Fibre

The next meeting of Women with Fibre will be on March 21, 2016 at the hall of Christ Church, Yankalilla, 11am to 2pm. It will take the form of an open day, and we

invite interested members of the public to come along and observe. We will have examples of our work on display, and also items for sale.

Enquiries, Ann Cooper **0403795976**, or ajc011960@gmail.com

The photograph (left) is part of an interesting bag made by Nancy Duggan.



I'm great at multitasking. I can waste time, be unproductive, and procrastinate all at once.

Collectibles Fair

The Zonta Club of Fleurieu Peninsula will be holding a **Collectibles Fair** on Sunday 6th March from 11am until 4pm at Carrickalinga House, corner Hill and Torrens Streets, Victor Harbor.

Stalls exhibiting a variety of collectible items including small antiques, China, knick knacks, jewellery, dolls, toys, vintage coins and notes, cards and candles will be on display with some stalls having items for sale. There will also be a Produce Stall and a White Elephant Stall.

If you have jewellery or family treasures that you would like to

receive an opinion on (not a valuation), you may have a brief consultation between 1pm and 3pm. A fee of \$2 towards the Zonta Club will be charged for an opinion on each item, with a maximum of two items per person.

Admission to the Fair will be \$2.00, with the opportunity to purchase a Devonshire Afternoon tea for \$5.00 and a Sausage Sizzle for \$2.00. There will be a chance to win a beautiful prize by estimating its value.

Proceeds from the fair will go towards local and International Zonta projects, in particular providing Birthing Kits for Third World countries.

For more information contact Glenys Brown on 0404 040 092.

Margaret Stephens - PR Committee Zonta Club of Fleurieu Peninsula Inc.

Pictured: Zonta member Margaret Stephens with some examples of Collectible items.



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Yankalilla Men's Probus Club

We had a good turnout for our first meeting of the year held on 2nd February. President Tim McCumiskey presented Maurice Woodman with an OBE in recognition of his 90th birthday later in the month. Congratulations.

Our guest speaker was Georgia Nicols -Govey from the Royal Society for the Blind (RSB). They have been providing services to South Australians who are blind or vision impaired since 1884. Currently they service more than 12,000 clients.

Georgia spoke about eye health and the importance of looking after our eyes. Some 800,000 Australians have some form of vision loss such as diabetic retinopathy, glaucoma, macular degeneration and cataracts. The RSB provides an extensive range of services which enable people who are blind or vision impaired to live better lives.

Services that are available include adaptive technology such as

electronic magnifiers, Braille technology and talking software. They also provide digital resources like audio books, newspapers and a variety of educational and recreational reading material. They have a branch at Victor Harbor phone: 8552 9774.

Here are some eye health tips:

- Have a comprehensive dilated eye exam
- Know your family's eye health history
- Eat right – a diet rich in fruits & vegetables, particularly dark leafy greens
- Quit smoking
- Wear your shades
- Wear protective eyewear at all times
- Give your eyes a rest. Every 20 minutes look 6 metres away

It was a most interesting and relevant presentation.

This year promises to be an interesting year for our club. David Salkeld has already rostered an



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exciting range of speakers and Ross Trigg has organized a number of social outings and dinners.

We meet at 10am on the first Tuesday of the month at the RSL Hall Normanville. Please contact Bob Miller on 0437 843 203 for any further information.

Bob Miller, Publicity Officer

Local History

YANKALILLA COMMUNITY LIBRARY
and

YANKALILLA & DISTRICT HISTORICAL SOCIETY INC.
Present

Convicts and Barons; early settlers of Inman Valley

An illustrated talk by
Margaret Morgan on the
early history of Inman
Valley.

Friday 18th March, 2pm to 4pm
at the Yankalilla Community
Library

Afternoon tea provided.

Booking essential: ring 8558 2043
or leave your name at the library.

Yankalilla Bowling Club

Congratulations to our club championship winners. Ladies drawn pairs S Hacker & J Peterson. Runners up C Wuttke & M Agnew. Ladies fours K Devitt, T Andersen, S Hacker, J Fogarty. Runners up M Argent, H Humphrys, S Barrett, H Woolford. Ladies pairs D Wattoo & J Hawkins. Runners up V Bartlett & B Bowyer. Singles S Hacker & K Devitt. Triples S Hacker, T Andersen, H Humphrys. Runners up K Devitt, C Wuttke, J Fogarty. Mixed pairs P Noble & V Bartlett. Runners up B Cotton & S Hacker. Mens singles John Carroll runner up John Barrett Pairs Carroll & B Cotton runners up P Fogarty & D Reynolds. Fours J Stone, P Fogarty, E Bennett, J Barrett. Tom Harvey Memorial 100up winner J Carroll. Good luck to all our pennant players who are playing in the finals.

Bob Magor Bush Poet will be appearing at the club on Friday

April 15th. Contact Joan Fogarty 85582515 or Jane Hawkins 85582672 to book your seat or a table. A guaranteed night of fun. BYO nibbles. \$10 per head, bar open. Presentation Dinner at the club on Friday April 1st. Meal provided by Yankalilla Red Cross \$20 per head. Bookings essential, come along and congratulate all our club winners and support your club.



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Rotary seeks community input

The Rotary Club of Yankalilla has been in existence for 28 years and has achieved much over these years. Our annual Shannon's Car Cruise has become the major annual event in the district.

We meet on the first & third Thursdays of the month at 7pm for an excellent moderately priced meal at the Court House restaurant Normanville. At the meetings which usually last 60 minutes at most, we often have guest speakers, and on other nights we enjoy fellowship or

plan future club activities.

Visitors and interested persons, men and women are always welcome. We are simply a group of local people who out of a sense of responsibility and goodwill, wish to give something back to the local, national and international communities.

Rotarians throughout the world encourage high ethical standards in their vocation, conduct humanitarian projects and work towards world peace and understanding.

Our club supports several Rotary

international & national projects and gives donations to local groups, district schools and local sporting bodies.

We invite any person, association or group that feels that the Yankalilla Rotary Club might be able to help in any way to contact us to discuss their ideas or needs.

Please contact Secretary Bob Miller on 0437 843 203 or email:

bobmiller99@gmail.com



Yankalilla Area School

We value honesty, respect, excellence, responsibility and care.

What's Been Happening Around Our School?

Welcome to the 2016 School Year

The 2016 school year has begun and already the school is busy running programs such as Morning Mania, Spelling Mastery, literacy groups, fitness and planning for the R-12 Sports Day on March 3rd. We would like to welcome our new



reception students and families to our school community. We wish them many enjoyable and successful years at Yankalilla Area School. Our school is very much a part of our local community, as you read further you will notice some of the ways the community has already embraced the new school year.

Pictured below, some of our 38 new Reception Students in Ms. Lee's & Mrs. Putland's Class



Yankalilla District Australia Day Awards - Young Citizen of the Year 2016 Caitlan Lloyd

Mayor Glen Rowlands described Caitlan as a good role model for up and coming young achievers after her success in her chosen sport. During 2015 she represented Australia for the Pony Club International Mounted Games in which she was a member of the winning World Championship Team competing in Kentucky USA. During 2015 she also won the Australian Pairs Championship, Western Australian Pairs Championship and came second in the National Teams Championship representing South Australia.



Caitlan with her award

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19th March

3rd Saturday each month

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Margaret: 8558 3332



Parent/Grandparent Morning Tea

Community in Action

Do you know the Combined Churches provide a luncheon each year to the YAS Staff during their first week back at school and have done so for many years? This year the staff were not disappointed as this amazing team from our local Churches graced our staff room with delicious homemade food. My personal favourite was the jelly slice and quiche but others sought the mixed sandwiches and sausage rolls. Our church groups do so much for the school and community some of which include Breakfast Club, Christmas Hampers, Carols Evening and the list goes on.

Morning Tea

Parents and grandparents took the opportunity to catch up and get to know each other over a cup of tea first day back at school. Regular morning teas with a crèche are planned this year. Thanks to Jacinta our Pastoral Care Support for organising this successful event.

Yankalilla Area School Governing Council AGM

Will be held on March 16th at 6.30pm.

At the newly refurbished YOSCH Building (formerly the Annexe). All welcome.

Trudy Noack
Marketing & Community Liaison Officer
Ph: 85580888

E: Trudy.Noack740@schools.sa.edu.au



Staff lunch provided by Local Community Churches

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Club Fleurieu

Charcoal BBQ – NOT!

Do you like your meat well done with a touch of charcoal? Then this is not the BBQ for you! Our meat is cooked just right and served with delicious salads and is only **\$5-00**. Come and join us at Club Fleurieu for a fun lunch in the relaxed atmosphere of the veranda. This is great BBQ weather so why not make the most of it - especially if someone else is cooking! Bar is open for refreshments. If you have never been to Club Fleurieu why not drop in and take a look. You will receive a friendly welcome and a chance to meet new friends.

Thursday 10th March, 12 noon. All very welcome

Below: Alan Ossit takes pride in his cooking and delivers great food



Twilight BBQ

Many members and some visitors attended our first Twilight BBQ. We were served tender steak, sweet lamb chops, tasty chicken and gourmet sausages accompanied by a delicious selection of salads. Desserts were 'to die for' with mixed berry pavlova, lime cheesecake, raspberry ripple cheesecake and apple and rhubarb crumble. The weather made for a fine evening and a great opportunity to enjoy a meal and wine and catch up with friends in a relaxed atmosphere.

Many thanks to Normanville Meat & Seafood for their excellent meat!



The Singing Gallery Visit for St Patrick's Day

The Singing Gallery was established in 1992 when Dave Clark & his friend Jim Fletcher purchased the former Congregational Church in McLaren Vale. Dave toured as a folk singer for many years but wanted to establish a Music Centre where he could present concerts and foster local music and culture. The Singing Gallery has gone from strength to strength since then and they will entertain us for St Patrick's Day (early on 16th March) with popular Irish ballads jigs and reels. It will be a fun day with prizes for the best hat and for the best costume. The delicious meal is a choice between Irish Beef Guinness Stew, or Roast Chicken both with mash and veggies followed by Apple Crumble & Ice Cream or fresh fruit salad and tea and coffee. Don't miss out on this special day (see advert for details)

Twilight Band Concert

Over 70 people enjoyed listening to the music played by the Victor Harbor Band on 23rd January at their first concert for Club Fleurieu. The Men's Shed organised a Sausage Sizzle and the delicious smell of sausages and onions filled the air as people filtered in to take up spots under the trees in the grassed area of the grounds.

The Band set up by the garden shed and the concert started at 6pm with a rousing overture followed by the poignant "I Dreamed a Dream" from Les Mis... During the evening Soloist Libby Dempster sang brackets of numbers including "Can't Help Lovin' that Man" from Show Boat, "The Sound of Music" and several duets with her husband Charles. Charles delighted us with his rendition of "Cabaret" and "Sittin' on Top of the World".

Initially warm the evening became quite balmy as the sun set casting long shadows over the grounds. The occasional flyovers by flocks of cockatoos temporarily competed with the music but served to remind us how close we are to nature and what a beautiful part of the world we live in.

The Band played Andrew Lloyd Webber's "Memory" from Cats "I Will Follow Him" from Sister Act and not to forget the children the theme from "Star Wars" and "Bob the Builder" and "Teddy Bear's Picnic" for the little ones.

At interval as well as the Sausage Sizzle the bar was open for drinks, coffee and a great selection of cake was available with ice cream cones and popcorn for the children.

The Band finished with the stirring Radestky March



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and then "Always Look on the Bright Side" for an encore. The Band was very generous with their time playing well after the schedule finish time. They obviously enjoy playing as much as we enjoyed listening to them.

President Malcolm Schlein said "The first visit from the Victor Harbor Band has been a great success. We have really good feedback from audience members. There has been so much enthusiasm from the public that we will consider making this an annual event"

Photos: Audience relaxing under the trees; Soloists Libby & Charles Dempster singing a duet.

Tai Chi Lunch

The Tai Chi group celebrated the New Year with a lunch at the Vansh Indian Restaurant on Monday 25 January, 2016.

Pictured here are the Tai Chi members with chef Yogi at Vansh Restaurant, Normanville.



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Club Fleurieu

What's On In March

02 Wed ACH
 03 Thu 10am Bingo, 1pm Cards
 04 Fri 10am Mosaics
 07 Mon 10.30am Tai Chi
 1pm Scrabble,
 Mah Jong
 08 Tues 10am Threads
 09 Wed ACH
 10 Thu 12noon BBQ
 lunch (\$5-00)
 10am Bingo
 1pm Cards &
 Indoor Bowls
 11 Fri 10am Mosaics
 Hearing Life -
 ph 8186 3011
 14 Mon 1pm Scrabble
 16 Wed 12noon St
 Patrick's Day Monthly Lunch
 17 Thu 10am Bingo
 1pm Cards
 18 Fri 10am Mosaics
 21 Mon 10.30am Tai Chi
 1pm Scrabble, Mah Jong



22 Tue 10am Threads
 24 Wed ACH
 24 Thu 10am Bingo
 1pm Cards
 25 Fri Good Friday
 28 Mon 10.30am Tai Chi
 1pm Scrabble, Mah Jong
 30 Wed ACH
 31 Thur 10am Bingo
 1pm Cards

WEBSITE: www.clubfleurieu.com

Check us out on Facebook

club fleurieu

Mad March Sale

The Club Fleurieu "Old Cottage" Op Shop is undergoing some renovations in April so they have a "MAD MARCH CLEARANCE SALE" with bags only \$5-00! Don't miss out on a bargain. Open daily 10am-4pm for all of March.



Local 'Hall of Fame' Inductee

Local identity and Lilla's Café owner Ron Tremaine was recently inducted in to the Adelaide Music Collective (AMC) SA Music Hall Of Fame. Ron, the man who brought The Beatles to Adelaide in 1964, has been in and around the music and entertainment industry for most of his life. Back in the 1960's Ron was managing editor of Young Modern magazine and also ran the Princeton Club. At other points in his career he also managed the Old Lion and was involved with the Adelaide Festival of Arts. Some of you will have heard Ron on ABC Radio recently being interviewed on his achievements and some of the colourful stories surrounding them. The interview is available to hear online.

Photo: Ron Tremaine and Rumpole - another local identity - having coffee at Lilla's Cafe



MIX IT UP – multi media Art Exhibition
 Easter 25th-28th March 9.30am – 4.00pm
 Yankalilla Show Grounds (smaller hall) Supper Room

The Mix It Up Exhibition is a collective of over twenty invited artists who work in a range of different media. There will be textile art, jewellery, wearable art, basketry, stitchery, felting, potted succulents & more. Original works, available to purchase directly from the artists, a great source for unique gifts. Held in the smaller of the Agricultural halls located on the corner of Main South Road and

Jervois Road between the townships of Yankalilla and Normanville. Open Friday, Saturday, Sunday & Monday of the Easter long weekend 9.30 am – 4.00 pm each day.

Photo: Heart Brooch
 by Karen Hammat



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 161 Main South Road, Yankalilla

The Case Against "The Homemade Will"

There are many DIY home projects you can do yourself to save time and money - hanging a picture, putting up a shelf, painting a wall to name but a few - but there are many projects a DIY handyman wouldn't dream of tackling and would instead call on the services of the professional tradie. Whilst on the face of it, the DIY Will may seem cheap, quick and viable, the reality is the preparation of your will is one project that should be left to a specialist estate planning lawyer.

There are just so many things that can go wrong - even the perceived "simple act" of signing and witnessing a will has many formal legal requirements that must be undertaken for a will to be valid. If you make a mistake in your will, or the wording is unclear, you won't be around to say "oh...but I really meant....". It could end up costing your estate and your intended beneficiaries thousands of dollars in legal fees (and possibly a lengthy court hearing - costing much much more), to work out what you really meant! All this means there will be long delays in distributing your estate and a lot less left at the end for your loved ones. In other words, your best intentions could leave your loved ones with a mess to sort out.

A professional wills lawyer will help you to identify issues that are unique to you and your specific circumstances. The generic forms available on the market, are just that generic. "One size" really does not fit all family situations. A lawyer will help you to identify the "what if..." to make sure your estate planning needs are fully met.

Catherine Moyse of Wills on Wheels, is also able to work with you to prepare or update your will as well as your Enduring Power of Attorney and Advanced Care Directive. As the name suggests, Catherine is a mobile solicitor and will visit you in your own home or in hospital or retirement village. Catherine can be contacted directly on **0411 281 971** or **8379 7030** or via email on admin@wowadelaide.com.au

Your death is likely going to cause much grief and heartache for your family and friends - an incorrect, vague or out of date will, will only add to their distress. While contemplating one's own mortality is stressful, making sure that you have fully prepared for that inevitability will give you peace of mind and ensure your loved ones are left without a nightmare to deal with.

Yankalilla Community Children's Centre

Vacancies in our Joey's Room (Under 2's)

A special invitation to come and join our little family at the Yankalilla Children's Centre.

Our Joey room caters for children from 6 weeks to 2 years of age. We are open from 7:30am to 6pm Monday to Friday. The Joey Room currently has permanent or casual positions available.

As a small community centre, our team of educators, work closely with parents to create "A home away from home". Whether you are returning to work, having a much needed break or providing the opportunity for your child to play with other children, we would love you to visit and see what we can provide. Your child will be happy and well cared for with the love and respect of trusted and reliable educators who deliver the highest level of quality education, social skills and developmental outcomes for your child.

We appreciate family involvement at any time and recognize and celebrate that families come from all walks of life with different cultures, nationalities and expectations.

Within an environment of consistent loving care, Yankalilla Community Children's Centre adheres to the National Quality Standards to ensure the highest levels of safety, security, cleanliness and curriculum provision are maintained. Using the Early Years Learning Framework for Australia, our educators will provide opportunities and experiences to maximize your child's potential and to provide the best foundation for their learning, growth and development.

Make a time to visit the Yankalilla Community Children's Centre today!!

For enquiries please call the Yankalilla Community Children's Centre on: 85582387.



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Adelaide Collectors Guild return to Yankalilla

Adelaide Collectors Guild return to Yankalilla for their Annual Display Day on Sunday 13th March from 10am-3pm.

The venue will again be the Yankalilla Show Grounds, Main South Road, Yankalilla.

This year the theme is the Somme, World War 1, World War 2.

There will be both halls packed with a huge display of collectables, memorabilia and antiques, some items will be for sale.

Also a large bric-a-brac stall.

The Yankalilla Red Cross Branch will be catering at this event.

Focus this year will be 100yrs since the Battle of the Somme.



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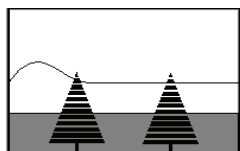
National Trust Book Sale Returns to Willunga

The fabulous National Trust Book Sale has returned to Willunga. Thousands of high quality books and magazines have been donated in a fantastic response to the Willunga National Trust Book Appeal. According to Mark Staniforth, the Manager of the Book Sale, "People have the opportunity here to buy printed books at ebooks prices. We are operating for one day only, and people can buy as many books and magazines as they like."

Are printed books better than ebooks "Definitely!" argues Mark "Printed books give you tactile

enjoyment, and it is much easier to follow a complex plot. You also understand and remember more. Although ebooks have the advantage of virtual storage, reading from screens before bed can disrupt your sleep. Most of the books are \$1 or \$2, a bargain in anyone's terms. Buying printed books at these prices means you can read them and then pass them on without a qualm, so the storage problem is solved."

The National Trust Book Sale is on at the Show Hall, Main Road Willunga on March 19, from 8am to 4pm. Enquiries: 0412347280.



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Come and Try Hockey

Hockey season for 2016 is not far away, starting with our first games on April 9th and our first training was Wednesday Feb 17th at 4.30pm for Juniors and Thursday Feb 18th at 4pm for Juniors and 5pm to 7pm for Seniors and at the Memorial Park Grounds.

Yankalilla Hockey Club welcomes anyone who would like to become a member whether as a player or associate member. Juniors who play are not required to pay subs in their first year with the club.

Contact: Paul Sieben 0416052905 or Vanessa Black 0415647271.

Yankalilla Hockey Club has begun work on improving our clubhouse to install a kitchen. Volunteers have made progress sealing the floor and soon the framework will start to be erected. Money donated from Hackham Community Sports and Social Club, in association with Aussie Inn, will enable the club to purchase a fridge and hot water service.



**South Coast Hockey
Association Inc.**

Our committee is:

Andy Carragher – President
Angus Williams - Vice President
Nicole Springbett – Secretary
Vanessa Black – Treasurer
Under 13 coach – Daniel Schubert
Under 16 coach – Michael White
Senior coach – Paul Sieben
Check out our Association website at www.southcoasthockey.org.au



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Parenting Mastery - the imperfect ongoing way

As parents we are often vulnerable. For those of us parenting children who are not biologically our own the vulnerability may feel tenfold.

There can be and often is much love between children and their non-biological parents. As the adult you may be aware of a difference in how you relate to your biological and non-biological child. Indeed, you may disagree with the latter and feel that you can respond to the children in your house all the same regardless of their biological makeup.

I understand and acknowledge that

my non-biological child and my partner have a strong connection formed at birth and throughout the early nurturing years. However this doesn't stop me feeling a little left out when they do things together or discuss topics of mutual interest including their life before they met me. Conversely, the connection I have with my non-biological child has needed, to some extent, conscious thought and action to strengthen it. I am equally mindful that she too may feel moments of disconnection in our joined-up family.

It can be hard to accept that as parents and carers we are fallible and life can be messy at the best of times. Fears and past experiences can affect our responses and the quality of interactions with those we care for. It can be complicated but not always. I find some solace in reminding myself that it's ok to get it wrong. And it's ok to be imperfect. If you look up imperfect on Wikipedia (and I'm not suggesting Wikipedia is perfect), it comes from the Latin imperfectus "unfinished" or 'ongoing uncompleted action'.

Some time ago I read an article about mastery which left me with an idea of mastery that did not represent the general dictionary meaning, 'expert, total control and perfection'. Instead mastery looked much more gentle and kind, something akin to "keep learning, keep going". And so if we seek a **parenting mastery** it could be argued that this is essentially about ongoing learning. It is

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therefore little about perfection and a lot more about learning how to be gentle and kind to ourselves, and to our children.

Parenting mastery in this context makes one think that most of us are probably doing ok, in an imperfect ongoing way.

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Program Schedule (as of November 2015)

MONDAY

6.30am: Brekkie.

9.00am: Forum. With Live Crosses to Hindmarsh Island Weather Station at **9.35am**.

12.00 noon: Midday **2.00pm:** Arvo **4.00pm:** Sound Waves

6.00pm: Easy Mix **8.00pm:** Jazz. **10.00pm:** Overnight Music Juke Box

TUESDAY

6.30am: Brekkie.

9.00am: Forum with a Live Cross to Hindmarsh Island Weather Station at **9.35am**.

In Your Garden on the 1st & 3rd Tues in the month at **10.00am**.

12.00noon: Midday. **2.00pm:** Arvo. **4.00pm** Sound Waves.

6.00pm Eclectic

8.00pm: Tuesday Chill. **10.00:** pm Overnight Music Jukebox

WEDNESDAY

6.30am: Brekkie.

9.00am: Forum. With Live Crosses to Hindmarsh Island Weather Station at **9.35am**.

12.00noon: Midday. **2.00pm:** Arvo. **4.00pm:** Sound Waves.

6.00pm: Marshall's Country **8.00pm:** Face The Music **11.00pm:** Overnight Music Jukebox

THURSDAY

6.30am: Brekkie.

9.00am: Forum. With Live Crosses to Hindmarsh Island Weather Station at **9.35am**.

11.00am Council Chat on the 4th Thurs in the month.

12.00noon: Midday. **2.00pm:** Arvo. **4.00pm:** Sound Waves

6.00pm: Easy Mix **8.00pm:** Country Gospel

10.00pm: Overnight Music Jukebox

FRIDAY

6.30am: Brekkie.

9.00am: Forum. With Live Crosses to Hindmarsh Island Weather Station at **9.35am**.

12.00noon: Midday. Making Sense: Environmental

Program every 4th Friday in the Month. **2.00pm:** Arvo. **4.00pm** The Sports program.

6.00pm: Sounds of the Planet

8.00pm: Classic Soul. **10:00pm** Bluesbeat featuring Album of the Week.

11:00pm Overnight Music Jukebox

SATURDAY

6.30am: Brekkie, including.

9.00am: Sat'day Muster With Live Cross to Hindmarsh Island Weather Station at **9.35am**.

11.30am: Choose 80's.

2.00pm: Australian Country Music **4.00pm:** Fleurieu Folk.

6.00pm: .New Classics with Noah. **7.00pm:** 4 Hours of Power. **11.00pm.** Overnight Music Jukebox

SUNDAY

Overnight Music Jukebox cont. 8.45am Face to Face (c).

9.00am: Sunday Sounds. **10.30am:** The Way. (c).

11.00am: Sunday Sounds.

12.00pm: Here There and Everywhere. **Alt Sundays,** Easy Mix

2.00pm: The Rock Show. **4.00pm:** Favourites of Stage and Screen. **Alt Sundays,** Anything Goes.

6.00pm: Sunday Shuffle. **8.00pm:** Christian Encounters (c). **9.30pm** Overnight Music Jukebox

(C) Denotes Christian Program

State & Local Weather forecasts 6.30am then on the hour from 7.00am - 9.00pm
 Community News and information from 6.30am – 9.00pm Monday to Sunday

Programs may be changed at short notice

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RECYCLED WATER HAS US SEEING GREEN

The value of the Yankalilla/Normanville Community Wastewater Management System (CWMS) Re-Use Project has been there for all to see in recent months.

Recycled water has been used to irrigate the Yankalilla Skate Park since early November and the result is a much greener and more inviting facility than in previous summers. We've used more water but at much lower cost than before, when potable mains water was our only option – a real win-win.

Recycled water is also now being used on the Yankalilla Memorial Park Oval.

This is all possible, of course, thanks to Council's decision to upgrade and increase the capacity of the CWMS at Normanville, including the Wastewater Treatment Plant. The old CWMS had reached full capacity, which required water restrictions during the hot and dry summer months and, in the longer term, was preventing further housing development in Yankalilla, Normanville and Carrickalinga Sands. With an ever increasing demand for limited water supplies, the successful project has the potential to save the Council and the community considerable money over the coming years.



MAYOR'S CORNER

With the children all back at school the new year is very much under way. The district has certainly been abuzz with holiday makers over summer, which is a great sign, and once again we looked after them in style. From what I've seen and heard, businesses have had a good couple of months, meaning a much needed boost to start the year.

Some terrific events were held at the Centre and elsewhere over the holidays, but for me a highlight was being at Government House to see Festival Fleurieu collect the State Australia Day Community Event of the Year Award. Having won our regional award, the Festival moved on to the State final and was widely acclaimed as a worthy winner.

Congratulations and well done to everyone who made the 2015 event such a success.

We look forward to an even bigger and better Festival next year.

Congratulations also to award recipients at our annual Australia Day ceremony – and thanks to those who attended what was a terrific day.

Council uses this event to hand over the community grant funding which allows community groups, churches, museum, arts and cultural events and sporting clubs to buy or upgrade equipment and facilities. This money is a great investment as it supports and encourages local groups and individuals to volunteer their time, energy, talents – and sometimes equipment and materials – to keep some key community activities happening. It also helps keep our rates low compared with other Councils, for a similar level of amenities.

On the business front, Council is working through the next Budget period and has been getting community feedback as part of a review of our rating system. We appreciate the feedback we have received, and our elected members will consider all of it when making their decision. Our aim is to make the system as fair and equitable as possible. We will never please everyone, but hopefully will not disadvantage too many.

Keep an eye out for the consultation dates for the Budget – the Annual Business Plan. It is your money we are using and we must achieve results. Finding efficiencies while still getting things done is the priority for our Chief Executive, Nigel Morris, as he works through this financial year and plans for the next.

I'm pleased with the positive comments we have received about the beach access Council put in place at Normanville. Thanks to staff for their quick action in constructing it just in time. I also thank those boaters who took ownership of the pad, ensuring it was trafficable and undamaged. Council will be considering the long-term future of that access and all stakeholders will be approached for their input before a decision is made.

It is also great to see that library use continues to climb. It is a credit to the staff and our many users that it all works so well in such a small space. There is currently discussion about opening the library for more hours, so keep an eye out for developments.

A Future Library Action Group has been researching the requirements for a new library for our district, and after 10 months of work will present its findings to Council in the near future. It is unlikely these will be considered in the current Budget period, as we will need to get community feedback. However, we will have a commitment to a new library in the long-term financial plan.



COMMUNITY ART GALLERY REFRESHED

"Still Life" is the theme for the latest exhibition now on display at the Council's Community Art Gallery located at 1 Charles Street, Yankalilla.

The community are welcome to come in to view these works during office hours.

For enquiries please contact the volunteer curator Gilbert Dashorst on 0432 372 235.

AUSTRALIA DAY SIZZLES ONCE AGAIN

Thank you to the 200 or so locals and visitors who attended our Australia Day Breakfast Celebrations in Bungala Park, followed by the Lions traditional sausage sizzle.

Council acknowledged locals who have committed their time making notable contributions to our community.

The following awards were presented:

Citizen of the Year: Helen Scholfield

Young Citizen of the Year: Caitlin Lloyd

Community Event of the Year: Festival Fleurieu

Mayor's Award: Fleurieu Milk

Cassandra Deed-Cole, from Delamere, showcased her fantastic voice while singing the National Anthem.

Council received positive feedback from the community about the event and we look forward to making the program even stronger in 2017.

PLACES AND SPACES

The Yankalilla district has many stunning landscapes that are both geologically significant and historically unique, and the Second Valley Foreshore Complex is part of the 1990 State heritage listed Second Valley Coastal Cliffs.

The striations and rich contrasting colours of the cliff face are stunning evidence of enormous folding of Precambrian slates and marbles along a section of the coastline. The oldest known Precambrian rocks have been dated to about

3800 million years old, and the earliest living organisms date from the latter part of the aeon.

The historic stonework causeway, seawall, bridge and railway footings, as well as the much shortened jetty, are part of the earliest extant maritime shipping facility complex in South Australia, while on the shoreline of the small bay at Second Valley is a rare structure, with stonework dating back to 1855. Together they provide historical evidence of South Australia's early maritime, agricultural, industrial and mining heritage, most notably the wheat industry of the 1840s-1860s.

Do you have any landscapes of special significance to you? Why not go to Council's website at www.yoursayyankalilla.com.au and post a photo of your favourite area in the Heritage section.



NEW TECHNOLOGY TRIAL OPPORTUNITY FOR CAPE JERVIS

New Technology Trial Opportunity for Cape Jervis.

SA Power Networks is working with Council to undertake a battery storage trial at Cape Jervis for up to a 3 year period. The trial proposed to use Community Land located at Lot 149 James Street Cape Jervis with lease payments of the land to be returned to the Cape Jervis Community.

Visit Council's Engagement website www.yoursayyankalilla.com.au to view a copy of the handout "Network Battery Storage System Trial" and make your submission. Copies are also available from the Administration Office at 1 Charles Street Yankalilla.

Any comments must be submitted by close of business Friday 1 April 2016.

STRATEGIC PLANNING FOR LOCAL CLUBS

A strategic plan provides a roadmap for a club's future and a framework to support future funding requests.

If you would like assistance with this critical document, contact Rachael Reeves on 8558 0200 to arrange an appointment with Council's Funding Officer, Anne Petch.

Dates to Remember

Monday 14 March – Public Holiday (Adelaide Cup Day)

Tuesday 15 March – Council meeting 4pm (including Public Forum)

DO BUSINESS

nbn™ Get Connected Showcase

Wednesday 2 March 5pm – 7pm, Yankalilla Football Club

The **nbn™** network is essential for Australia's digital evolution and this makes investment in the **nbn™** network crucial for Australia. The digital economy demands a fast and reliable network to enable; access to new markets, opportunity to reduce costs and drive innovation as well as gaining competitive edge on the global stage.

To discuss these opportunities and the practical needs for connecting to the **nbn™** network, drop in and speak with **nbn™** representatives at the Do Business Fleurieu Coast **nbn™** Forum.

Digital Growth Program

Tuesday 15 & Wednesday 16 March

The Digital Growth Program Roadshow offers FREE, independent advice for businesses to learn about and improve their digital footprint and improve their prosperity.

The program, delivered by the Polaris Centre and funded by the SA Government Department for State Development, includes:

Digital Start - 1.5 hours free one-on-one advisory targeted at start-up/new or intending businesses.

Digital Audit - 1.5 hours free one-on-one advisory targeted at businesses with an established online presence.

For more information contact Amber Nancarrow at ambernancarrow@yankalilla.sa.gov.au or call (08) 8558 0263



WHAT'S ON IN MARCH AT THE CENTRE / LIBRARY

WHEN	WHAT	BOOKINGS
Tuesday 8th 10.00am-12.30pm	Craft Sessions with Judith Ancient Art of Shibori Dyeing Techniques	Enquiries to Claire: 8558 0264 Book at VIC: 8558 0240
Tuesday 8th 2pm	Celebrate International Women's Day (Art, Afternoon Tea & more)	Enquiries to Kimberley 8558 0264 Book at the library: 8558 2043
Monday 21st 10.30am - 1pm	Cooking for Blokes \$15 Making the Most of Seasonal vegetables	Enquiries to Claire: 8558 0264 Book at VIC: 8558 0240
Tuesday 22nd - Thursday 24th (during library hours)	Exciting and Excellent Easter Pop-Up - visit the library to get some great ideas for celebrating Easter, recipes, children's craft/activities and colouring in for all ages!	Enquiries to library staff: 85582043
Monday 21st 10.30am - 1pm	Library Online! Learn how to use the library catalogue and the new online resources, such as linda.com and Zinio online magazines	Book at the library: 8558 2043

UPCOMING ROADWORKS

Council will be conducting various tree trimming, drainage and grading works on the following roads in March:

Fannyside Road

Wild Dog Creek Road

Pyne Hill Road

Lanceolata Road

Causeway Road

Nunn Road



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Religious Notices

Anglican Church in Australia

Christ Church Yankalilla

130 Main South Road, Yankalilla.

St. James Church Delamere

Main South Road, Delamere.

Worship service times:

1st Sunday, 9am at Yankalilla
2nd Sunday, 9am Yankalilla, 11am Delamere
3rd Sunday, 9am at Yankalilla
4th Sunday, 9am Delamere, 11am Yankalilla
5th Sunday Combined Service — ring contact number for details.

For further information contact: 8598 0223.

South Coast Community Church

135 Main South Road, Yankalilla

Sundays at 10.00am.

Contact 0412 165 255. All welcome

Jump n Jive

10am Tuesdays during school terms

Lutheran

**Sanders Hall, 121 Main South Road,
Yankalilla (next to Uniting Church).**

1st & 3rd Sunday 7pm

Revival Fellowship

Ph 8558 3262

Sundays 255 Pimpala Rd, Woodcroft at 1.30pm & 4.15pm.

Other meeting times, contact Chas Hilder on 8558 3262.

St. Peters Catholic Church

Normanville

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Mass Times**

1st, 3rd & 5th Sundays @ 10.30am.

2nd & 4th Sundays @ 8.30am.

Uniting Church Yankalilla

121 Main South Road, Yankalilla

Delamere - Sunday 9.15am

Myponga - 11am 2nd Sunday, 5pm 4th Sunday
+ shared meal and food for thought

Range Rd, Parawa 11am 1st/3rd/5th Sundays.
Care & Share 2nd & 4th Sunday

Yankalilla - Sunday 9.15am

I hope expectantly and pray that each time you read this that you be blessed in every area of your life continually in the almighty name of Jesus, that you receive healing grace power saturating you in Gods perfect love and prescence in His will.

"God showed His great love for us by sending His only son, Christ Jesus to die for us while we were still in sin."

My point is, God loves you fervently!

Luke - 8558 3040.

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Inman Valley Post Office, Main Rd. Postmaster: Pam Owen, 8558 8125.

MOUNT COMPASS

Mt Compass Post Office, Main Rd, Ph: 85568200.

MYPONGA

Myponga Post Office, 53 Main Rd. Ph:85586152.

Myponga Service Centre, 33 Main Rd. Ph: 85586268.

The Sand Pit, 59 Main South Road. 8558 6240

NORMANVILLE

Beachside Caravan Park, Williss Dr. Ph: 85582458

Caffe On Bungala, 48 Main Rd. Ph: 85582537.

Courthouse Café, 52 Main St, Normanville. Ph:85583532.

Jetty Caravan Park Normanville, Jetty Rd. Ph 85582038.

Links Lady Bay Resort, St Andrews Blvd, 8558 2220.

Min Palace Chinese & Thai Restaurant, 6/3 Mary St, Ph 85582422.

Mitre 10 & Mitre 10 Gardener, Shops 1-2 Mary St, Ph 85583100.

Normanville Bakery, Shop 9, Shopping Centre, Ph:85582177.

Normanville Mall, Normanville Shopping Centre.

Normanville Post Office, Shop 1 Shopping Centre, Ph: 85583049.

Normanville Service Station, 81a Main Rd. Ph:85583185

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Southern Fleurieu Realty, 69a Main Rd. Ph: 85582900.

SECOND VALLEY

Leonards Mill, Main South Rd, 8598 4184.

Second Valley Caravan Park, 2 Park Ave. Ph:85984054

Second Valley General Store, Finnis Vale Dr.

Ph:85984064.

Wirrina Resort, Wirrina Cove. Ph:85982400.

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Vale - Terry McEwen



Sealand Theatre Inc. mourns the loss of larger-than-life actor Terry McEwen who died suddenly at home last night (Feb 21/22) in Normanville.

We wish to offer our sincere condolences to his wife Maureen, his children, grandchildren, sister-in-law Joanne Rowe, and all his family and friends.

Terry, we miss you!



Photo: Terry as Charlie Bradley – in *Songs of the Sea* rehearsal (31/1/2016)

Yankalilla Historical Society

Settlement in the Yankalilla area began in 1842, with Normanville following just a few years later. Law enforcement was one of the necessary services that had to be provided.

The newly erected Police Station at Normanville was first occupied in 1856 when Police Troopers T. Berrill and O'Toole commenced duties there. When additions were completed in 1863 telegraphic communications, which had been set up in Yankalilla the year before, were transferred to the same site. It then became the Telegraphic Office, Post Office, Customs Office, Police Station and Local Court.

The cases coming before the Local Court involved some wide-ranging "crimes". In August 1859 a man was fined 5shillings for cutting down timber. Another was fined one pound for allowing his dog to attack the complainant's horse. An unpaid storekeeper's account was broken up into weekly installments. Other similar cases indicate that some of the early settlers had financial difficulties. In another case an unwelcome male climbed down the chimney of a woman's house whereupon she ran into the street crying "murder". The intruder followed her, attempted to stop her mouth after throwing her to the ground, then ran off. Captured at 3am by the police he blamed his drunkenness for his behaviour however the Bench did not consider

his drinking to be a sufficient excuse. He was sent to prison for one month with hard labour.

In February 1865 when Messrs Herbert and Heathcote were "on the bench" two boys, one 12 and the other 9, were brought up on a charge of stealing peaches. Mr. Lowe defended them. The actual severance and identity of the fruit was not proved, so as to constitute sufficient evidence of stealing, and the urchins escaped with a very pointed admonition from each Magistrate.

In 1864 Police Trooper Alfred Lawrence came to Normanville. He was well respected, the "toughest" locals admiring him for his fearlessness and fairness. During his term at Normanville he captured a murderer beneath Blackfellow's Creek Bridge. The suspect had committed a murder in Victoria and although there was a large reward for his arrest he had been on the run for about eighteen months. Trooper Lawrence caught sight of the suspect as he dived under the bridge and, at great personal risk, captured him. His prisoner later told him, "Three seconds more and I would have drilled a hole in you. I smelled danger as soon as you followed me." Later, Lawrence escorted his prisoner to Melbourne where he was subsequently executed. Lawrence was highly commended for his action but refused to accept the reward money



Government Offices at Normanville.

Yankalilla and Districts Community Men's Shed

It's been a very busy and rewarding couple of months for the Men's Shed. We've had great support from Baldock Earthmoving and Fitzgerald Quarry's with the levelling and preparing of the shed pad. We had our float in the Normanville New Years Eve Pageant and we ran a fundraising BBQ at Club Fleurieu's twilight brass band concert.

We had a generous donation of machinery and tools from Alison & Bill in Carrickalinga. Thanks guys,



we couldn't do it without the assistance from locals like yourselves.

And the most exciting news is.....As I write this article the shed is being built!!! The foundations are in and the tin is going on today.

We will be holding our grand opening on the 3rd of April 2016. We would love to see as many people there as possible.

Now is the time to join up and become a member of the Men's Shed. For all membership enquiries call Phil on **0417 300 901** or email yankalilla@mensshed.net

If anyone has any building materials, machinery, tools, office supplies or anything you think may be of use to the Men's Shed, please call Ash on **0439 047 336** and we'll come and pick it up.

Photos: Ashley Edwards (vice president) and David Shreeve (president) at the Normanville pageant; Men's Shed going up February 2016.



saying the affair was only part of his ordinary patrol duty.

At a later date another constable enquired into a death which followed a violent assault and had to take evidence to Adelaide for a post-mortem. The local doctor obliged by handing him the head of the deceased in a sealed container.

Not all misdemeanours involved blood and gore. As a wind-up to the Yankalilla Agricultural Show in February 1866 three men were fined five shillings each for drunkenness and disorderly conduct.

In March 1886 a daring burglary was committed at the Yankalilla branch of the Commercial Bank. The Manager, Mr. Lyall claimed that three men had broken into the bank between 1 and 2am. The men had gagged and bound the manager and his wife then took notes to the value of \$2,480. Some time later Mr. Lyall was charged with embezzling the money. At his trial the Crown was unable to prove that no robbery had taken place and Lyall

was acquitted.

These days our Police Station no longer shares its space with a telegraphic office or a local court. It is located in the Mitre10 shopping complex in Normanville.

The Yankalilla Historical Society meets in the Council Chambers on the first Monday of the month.

Our next meeting, which will be our Annual General Meeting, will be held on **7th March**.

On Wednesday mornings one of our members will be in attendance in the Yankalilla Library between 10am and noon. Anyone needing assistance with family research or who would like information on any other matter is welcome to drop in.

Kathleen Moulding
Publicity Officer

Normanville Natural Resource Centre

Saturday 5th March
Veggie Swap
Sunday 6th March
Clean Up Australia Day
Thursday 10th March
Garden Group Trip To
Pangardinda Arboretum
Monday 21st March
Mini Working Bee Carrickalinga
Thursday 31st March
Local Walk
Saturday 2nd April
Veggie Swap

Clean Up Australia Day Sunday 6th March

It's time to take a look around your local area – your streets, parks, sporting grounds, beaches, bushland and waterways to find those rubbish hotspots that need attention and register for Clean Up Australia Day on Sunday 6 March 2016.

In 2015 more than 535,000 volunteers removed an estimated 14,000 tonnes of rubbish from 6,890 sites across Australia.

Come on everyone - 2016 is your chance to get involved and join the hundreds of thousands of volunteers who will grab their white and yellow bags and don their gloves to clean up their local community. Over the last 26 years volunteers have donated more than 29.8 million hours towards caring for the environment through Clean Up Australia Day, removing the equivalent of 315,776 ute loads of rubbish from 158,809 sites across the country. Please contact the centre or register on line at

www.cleanupaustaliaday.org.au



Carrickalinga Working Bee

Monday 21st March at 9.30am

Can you spare an hour to help us collect tree guards and maybe prune a few of the plants which we planted last July on National Tree Planting Day at Carrickalinga? The more helpers we have the quicker we get it done! Please contact the centre on 8558 3644 to book.

Yellow-Footed Antechinus

The Yellow-footed antechinus is a small native, nocturnal mammal which belongs to a family of carnivorous marsupials that includes Quolls, Phascogales, the Tasmanian devil and the extinct Thylacine. They are essentially mini versions of their larger relatives. Their diet consists mainly of insects but may include almost anything from house mice and small birds to nectar and flowers.

We are very fortunate they are still present in the Mount Lofty Ranges in reasonable numbers. When you consider the related large, carnivorous marsupials that have either gone extinct or are at serious risk of extinction, it reinforces just how special these little critters are. They are a protected species and classified as Vulnerable under the National Parks and Wildlife Act and rated as Rare in the Adelaide and Mount Lofty Ranges region.

In the Mount Lofty Ranges antechinus occur in a broad range of habitats including swaps, forests and woodlands. They breed once a year in what is a highly synchronized breeding season (generally timed in late winter and early spring), which is triggered by a certain rate of increase in day-length after the winter solstice. Shortly after mating, all males die, leaving pregnant females to keep the species going. Females give birth to as many as 12 young which are carried in the pouch. Young are carried around for up to five weeks and weaned after about three months. Females build a leafy nest in tree hollows or the skirts of Grass trees. After weaning, the young can share the nest until the following winter. They are fantastic climbers and can even run upside down on most rough timber and rock surfaces.

Most people who are lucky enough to have Yellow-footed antechinus around their gardens and houses consider them a welcome visitor because they are rather cheeky and fun to watch nervously darting about in search of insects. Sometimes they take up residence inside houses because of the usual availability of insects and other food items, or the warm hiding places. They have a habit of building the occasional nest (made of paper and plastic) inside lounge chairs, cupboards or draws which can sometimes make them a bit of a nuisance. However, many people think this is a small price to pay for the on-going cockroach and mouse control. They are generally more easily noticed than mice because they can be seen moving around the house at night and during the day. They tend to use rather erratic, quick movements which often makes them difficult to observe amongst dense vegetation in native bushland.

Antechinus are known to eat young mice so will help to keep house mice numbers under control. If you do happen to have house mice and antechinus on your property, you can use live-capture traps to capture mice as this enables the release of antechinus unharmed. Live-capture traps can be

purchased from most produce stores, aviary supply stores and some pet shops. There are numerous designs available which are made out of a variety of materials including wire and moulded plastics. To reduce the chance of catching antechinus you can use a small amount of grain (such as bird seed) as a bait because antechinus generally prefer insects and are unlikely to seek out the seed.



Article and photo by Threatened Fauna Ecologist Luke Price.

Bird And Bat Nesting Boxes For Sale

Twenty percent of Australian wildlife, including birds, don't build nests. They are called Obligate Hollow Users and for their very survival they need hollows in which to nest and breed. Sadly many old trees providing hospitable hollows have fallen to land clearing. It is therefore important that we preserve old habitat trees and the hollows they provide. We can also help by installing nest boxes. The centre now has parrot and bat nesting boxes for sale for \$18.00 each.



Weed Of The Month

From Cape Jervis Coastal Community Group
Hare's Tail Grass
(*Lagurus ovatus*)

(Photos: E. Cousins; plant and habitat, leaves with short hairs, feathery seed head. Fishery's Beach)

You will often see this plant in dry, coastal areas, particularly in disturbed sites. Originally from northern Africa but now naturalized around much of SA, it has spread through many conservation areas. Look for a short-

Hare's Tail Grass



lived and short-statured grass, up to about 50cm tall. In the second photo, you can see the leaf sheath hugs the stem of the plant before the blades bend outward. The sheath parts are very hairy and occur on alternate sides up the stems; the leaf blades are flattish and have a finer hair covering. The really feathery seed-heads, containing many flower spikelets, are what you will spot first, though. These are whitish with an attractive elongated shape. Seed-heads are visible from September until well after the tiny flowers themselves have detached and blown away. Don't confuse these with the native Echinopogon

Book Of The Month

The Gardener's A-Z Guide to Growing Organic Food

Tanya L.K. Denckla,
2003. Storey Publishing,
North Adams, MA.

Why choose organic gardening over conventional methods when it requires greater commitment? This book will inspire you to take on the challenge, and the result will be delicious food from a garden that is healthy for the children to play in and for the gardener to tend.

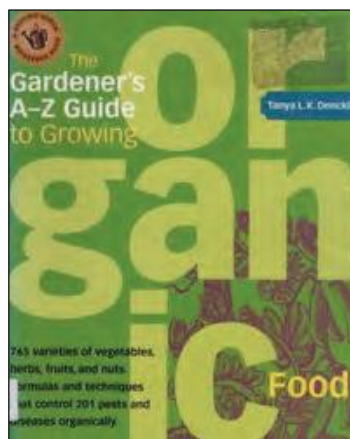
The Industrial revolution brought mechanization and precise replication to the world of manufacture. The "green

revolution" of the mid-twentieth century brought similar change to the world of agriculture. To tackle the daunting task of feeding the world's hungry, science and agriculture joined forces to create new crop hybrids, fertilizers, and pesticides that produced, first in the United States and then elsewhere, yields that were truly miraculous.

Since the early success of the green revolution, however, the world and our understanding of it have fundamentally changed. The information age and globalization have given rise – and credibility – to the movement for sustainability, which seeks to work in ways that ensure resources are constantly replenished and renewed, not depleted and damaged. The sustainable model is all encompassing and can be applied to agriculture, business and natural and human resources.

The Gardener's A-Z Guide to growing

organic food: 765 varieties of vegetables, herbs, fruits and nuts. Formulas and techniques that control 201 pests and diseases organically.



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<https://www.facebook.com/#!/pages/Normanville-Natural-Resource-Centre/198759690265524> or the

Veggie Swap Facebook page is back up and running with lots of news and photos of our monthly swaps and all sorts of useful tips, recipes and creations at <https://www.facebook.com/NormanvilleVeggieSwap>

Wendy White, Coordinator

Ph: 8558 3644

Email:

admin@nnrc.com.au

Website:

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Normanville Sailing Club

We have had many good sailing days since the last report, though we were devastated to find that the Yankalilla Council have removed the plastic overlay that was laid at great expense to provide safe access to the beach for boats and wheelchair users. Reportedly, 'a trip hazard' – bureaucracy gone mad. Hopefully, someone in the Council will regain sanity and reinstitute this valuable resource before a child is skittled by a vehicle accelerating to navigate the sandy approach to the beach. It was also most disheartening to see the struggles of a wheelchair user trying to gain access to the beach with his family this week. The whole beach is a 'trip hazard', that is the 'nature of the beast'. Come on Council, use some sense. We know that there are some who would like there to be no vehicles on the beach (one of the 'trippers', I guess) but this move was just downright stupid and such a waste of money.

Back to the sailing... On the 10th of January winds were light and only the first race could be completed. In Division 1, Roy Douglas took out the honours, followed by Peter Nicholson and then Matt Ward. There was a good field in Division 2 with Michael Graves winning, followed by James Guy, Geoff Morgan, Kim McBeth, and Brian Matthews. In Division 3, George Reeves was the winner, followed closely by Dave Herraman. The 17th of January also had light winds but both races were completed. In Division 1, Roy Douglas took out both races with Dave Overall and Peter Nicholson each having a turn at coming second and Matt Ward bringing up the rear (tough competition

in the bigger cats). Kim McBeth and Michael Graves took turns winning in Division 2 and Paul Senior and Dave Carragher each taking a turn at 3rd and 4th. In Division 3 the order of placing was John Gratton, George Reeves, and Dave Herraman for both races. January 24th had much stronger winds and Dave Overall won both races in Division 1 (he was the only entrant J) and, in Division 2 the order in race 1 was Geoff Morgan, Michael Graves, Kim McBeth and Dave Carragher and in race 2, Kim McBeth, Michael Graves, Geoff Morgan, and Kim Thoday. In Division 3, John Gratton one both races (handsomely) followed by ever-faithful George Reeves (losing to John Gratton is nothing to be ashamed of as he is a brilliant sailor). 31st of January was a perfect sailing day and the figure 8 course that was set was a lot of fun. Dave Overall took out the Division 1 races with Matt Ward and Roy Douglas each gaining a second place. In Division 2 the order was Michael and Rachael Graves, Kim McBeth and Alex Steimanis, followed by Brian Matthews for both races. The 7th of February was also a great sailing day but with only two divisions. Kim McBeth took out both races in Division 2 and John Gratton both races in Division 3.

Enough of race results – racing is not all that the Club is about. We are so pleased to be gaining new members and Chris Kirkbride appears to be having lots of fun puddling around in the club sabre and assisting as crew on the club boat. We were also pleased to be able to host Jake and Marian from the UK on February 14th (Marian's family had a place in Normanville in her younger

years) who bravely set out in a Windrush and appeared to have a ball. There was a bit of upside down stuff when Jake was solo but, considering that his sailing experience was some time back in a different type of boat, we all thought he did really well. And the size of his smile when he came in 'spoke volumes'. Again, thanks to Barbara and Gretchen for the munchies after sailing (does beer and plum cake go well together? You bet). Thanks also to all who make the Club work: Darryl Jackman for his organisational and tractor work, Steve Rogers for his management of the finances and everything else including setting the course and boat maintenance, Gavin Schubert for piloting the rescue boat most weeks, and, of course, Tony Proctor and Jerry Moller for looking after timing and safety.

The club conducts races from 2pm every Sunday during the season (weather permitting) with sailors arriving after midday and rigging their boats. We welcome the involvement of anyone who has an interest in sailing,

wishes to learn how to sail or to provide support to the sailing activities. People interested in getting involved can contact the Club Secretary (George Reeves, 0417348613) or just say hello on any Sunday afternoon during the sailing season.



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Normanville Meat Works

The Mayor's announcement about the Normanville Meat Works shocks and worries me. Who gave permission for other countries to buy up parts of ours? A meat works turns living, feeling animals into a commodity. Should we? Why mention Halal unless it differs from our standard and usual method of slaughter as specified by the Royal Society for the Prevention of Cruelty to Animals, RSPCA. RSPCA standards should be met by everyone, NO exemptions & NO excuses accepted. RSPCA objects to all live exports on grounds of cruelty. Cattle are ruminants & ungulates, so are very big contributors to environmental problems. Ruminant's give off methane gas & ungulates' hard hoofs churn up soil surfaces and cut off new plant growth. Why not grow high protein vegetables instead?

Vivienne Bamford
Yankalilla

Our very temporary boat ramp!

I was more than a little surprised when I ventured down to the beach on [a recent] Sunday to find that the boat ramp has been taken away. The ramp was in place for four weeks only, so was it just put there for the visitors?

The local sailing club uses the ramp to launch their boats every Sunday from November through to April what about them? What about the locals who launch their fishing boats from Normanville? Or the surf club who use the ramp every weekend during the summer months?

I understand that the council received some complaints about the boat ramp being a "tripping hazard" which apparently is the reason that the ramp was removed. It's too ridiculous for words. Why can't people simply watch where they're going? AND if we want to talk about tripping hazards, have a look at the bottom step that leads onto the beach.

There is simply no step where people might quite reasonably expect there to be one. Finally the absence of a boat ramp makes it impossible for wheelchair users, or people with other mobility difficulties, including many elderly people to get onto the beach at all. I watched a young man (who incidentally has been using the ramp that is no longer there for the last few weeks) struggling through soft sand to get onto the beach in his wheelchair. Honestly in this day and age of supposed equality shouldn't the beach be accessible to all? In order to deal with the "tripping hazard" issue, perhaps a council member could have a chat with some other innovative council who might be able to offer some advice in relation to high visibility edging or even LED lights for the night time.

I for one would love to see that boat ramp back and I don't think I'm asking for the moon here, just a beach that is accessible for everyone.

Barbara Matthews
Normanville

Local Driver Successful in International Event

In November 2015 my husband Michael and myself, Neralie Wobring, competed and placed third at the first ever International FEI CAI 1* Driving Event to be held in South Australia with our stallion Kinnordy Rilke. We were invited to enter after we successfully completed a Combined Driving event (CDE) at Echunga in October.

My family and I operate a small horse breeding and training establishment between Myponga and Carrickalinga with our property extending over 100 acres of coastal hill country.

We stand two stallions at stud; the imported and licensed German Warmblood stallion River Dance and his son, Kinnordy Rilke. At this time we have three warmblood broodmares and in 2015 we produced three foals; two by River Dance (one of which is a full sister to Rilke) and one by Rilke out of a successful dressage mare.

River Dance has an international connection himself being the sire of NSW rider Sue Hearn's Remington who is longlisted for the Australian Olympic team for Rio this year. River Dance has successful progeny competing in dressage and eventing across Australia, New Zealand and England and he now has an international combined driving representative.

Kinnordy Rilke is a seven year old stallion who has been started under saddle and is now competing in combined driving and driven dressage. Rilke completed his first season of driven competition in 2015 which included completing and placing in three CDEs as well as placing in the FEI CAI 1* event held in November in conjunction with the Adelaide International Horse Trials and being awarded the 'Best New Driver'.

Prydes Easifeed was generous enough to provide sponsorship for this event which was greatly appreciated. We were proud to wear the Prydes saddle blanket during our events. Preparation for and entering this event was a significant financial expense for us that was only possible thanks to the support of Prydes.

Combined driving is an exciting sport in which horses and carriages must complete three phases of the event; dressage in which the training and obedience of the horse is tested, marathon which tests the fitness, daring and agility of the horse and driver and cones driving which tests the accuracy and speed of the combination. Modern carriage driving is a sport that embodies grit, determination and partnership between horse and driver.

Rilke is an impressive and eye-catching horse and we have enjoyed our unexpected early success and we are training hard for the season to come. Our long term goal is to travel interstate in 2017 for the Australian CDE Championships so 2016 is a year for building on our success and improving our performance across all phases, consolidating our skills and gaining confidence.

Thanks must go to Richard Van Dijk from Milang who is our trainer and has supported us throughout this season and the Southern Carriage Driving Club who have provided encouragement and training opportunities.

Mrs Neralie Wobring
Tanderra Performance Horses and Ponies
Woodbank
Myponga

Combined Churches Op Shop Birthday

The 21st Birthday of the Combined Churches Op Shop was held on the 19th January, exactly 21 years to the day since it first opened for business. The shop was originally situated in the Normanville Shopping Complex and is now in the complex on the corner of Cape Jervis and Main South Roads. Volunteers, men and women, from the two local Church of England and the four Uniting Churches man this shop which is open 6 days a week.

Joyce Blessing, the President, welcomed 55 current and past volunteers to the afternoon. Some people had travelled some distances to attend the gathering. Coralie Law presented a poem that she had written about the history of the Op Shop, then did a skit incorporating some of the many different articles available for sale. Both of these were well done!

Doris Lush, an original Committee member lit the candles on a celebration cake, and these were fanned out by Jean Rye, one of our present volunteers at 90 years of age! Doris Lush then cut the cake. A sumptuous afternoon tea finished off a great afternoon of fellowship.

Doris Lush lighting the candles



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Letters

Proposed rates review

I would like to respond to Maureen Roberts' letter about the Proposed Rates Review, in the last edition of YRN. The letter says that Council intends to average rates so that they no longer reflect property values. I see that as a good strategy, rather than an "alarming proposal". Not all low income earners live "in an old shack", and I disagree that "we can infer wealth from property values". These are generalisations and do not necessarily reflect reality. Based on factual cases, I know that many elderly pensioners may be living in a mid-to-high value residence but have very little income. They may have worked for decades to buy a comfortable retirement home, then been hit hard by the GFC, and forced to use their savings to pay insurance, home maintenance, car registration and repairs, home help, medical care, rates etc. Clearly the age pension doesn't go far past providing essentials such as food and the most basic needs. So much for "affluent lifestyles". For a single pensioner, living in a home valued at \$430,000 Council rates including CWMS cost more than 12% of their nett total annual income, in contrast, a person or couple with a nett annual income of \$100,000 would pay less than 3% of income for rates on a property of similar value. How is it fair that a pensioner pays, proportionately, 4 times more when they have almost 5 times less income? Surely the Council must recognise that charging a pensioner the same as an employed couple or business owner is unfair? Ratepayers should be charged accordingly to their ability to pay – it is socially unjust to charge rates entirely on property



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value. If it is true that baby boomers represent 65% of our population there must be many others in this position. Perhaps this explains the extraordinarily large number of homes for sale – maybe people can't afford to live here. Our rates also include a hefty charge for CWMS. Again, I question why a single or elderly couple should be expected to pay the same as a family or share houses. Water use data can easily be accessed by the Council to determine each household's use of the CWMS system. This is another example of the unfairness of rates based solely on property values. Any move towards a more just rating scheme should be applauded.

J B Bennett
Normanville

Keeping alive 5 decades of legacy of the Yankalilla and District Senior Citizens Club

The members of the Yankalilla Seniors Club from Yankalilla district to Gawler, Victor Harbor to Goolwa worked tirelessly, some with family members as volunteers with fundraising within the complex and Op Shop. They did all the chores such as cleaning, catering, gardening, etc enabling the club to benefit



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thousands of dollars for major projects such as a clubrooms, a senior complex and affordable over 60's housing. The District Council of Yankalilla helped with finances, in kind work etc. Supporting all the projects the Yankalilla Senior Citizens Club ventured into, the community are enjoying these freehold properties such as the senior's complex, shop and the heritage house they renovated to be used as a chemist shop and op shop. The management committees at the time always put members first enabling them to pay a very minimal sub fees and for functions, outings or at no cost to members at all. Which the foundation members expected when the Yankalilla Senior Citizens Club was formed in July 1965. I am asking for any memorabilia, photos, news clippings & information of any kind that will enable me to preserve the achievements, dedication, respect and legacy of these wonderful people. They and their families deserve to be recognised and not to be forgotten in the future. There would be no other Senior Citizens Club in the state that would have achieved so much for their district as this one did for ours, which people are enjoying today. I would be most grateful to anyone that can assist me with this very important project.

Val Gubbin
Life Member of
Yankalilla & District Senior Citizen Club Inc

Native Cemeteries of Yankalilla District

6/1/2016 Information sourced from newspapers by Des Gubbin. PO. Box 126 Penneshaw 5222. Ph.0417 284 809

The Chronicle 13 of May 1911
NORMANVILLE, May 6.

Recently it was rumored that Normanville possessed a native cemetery, from which it was possible to secure skeletons. The majority of residents were ignorant of such a ground. Enquiries elicited that the cemetery was on the sand hills and close to the Gorge River. A party visited the sand hills last week. They were led by a local youth, who, it appeared, had

been a frequent visitor to the ground. Although the visit served to substantiate the assertion that Normanville possessed a native burial ground, it cannot be altogether described as a success, in as much as not a single complete skeleton was recovered. Indications of aboriginals having been buried there were not lacking. Fragments of bone were scattered thickly over the ground, but not a single bone unimpaired by exposure was found. This spot was probably pitched upon by the natives for the depositing of their dead on account of its very sandy nature, which meant to them comparatively easy work in grave digging. In places the wind has blown the sand away to such a depth as to expose the hard clay bottom. The youth who conducted the party explained that he could remember skeletons being exposed by heavy winds so that though the ground is a very old one, it was comparatively recently that the last of the bones was cast up. He had possessed three complete skeletons at one time, but sold them. He stated that the skeletons were seldom complete. In most instances, the skulls were wanting, which fact led members of the party to presume that the bodies had been interred in a squatting position. This would cause the bones to scatter as the sand from around them was removed. The youth repudiated this assumption, and said that all the bodies, judging from the positions of skeletons, had been interred prostrate. The drifting sand along these hills is a cause of considerable trouble to the farmer, who is compelled to expend much valuable time in planting rushes and binding grasses on the drifts to protect his grass land at the foot. Marram grass has been planted on much of the drifting area

with satisfactory results.

The oldest inhabitant of the district could not remember a burial taking place on this particular ground. He however, stated that he had known corpses to have been interred in a plot of sandy ground at the rear of the Yankalilla post-office. From what he could remember it was the custom of the natives to smoke their dead prior to burial. Blacks were never very plentiful at Normanville. Farther back in the ranges they were more common. Large tribes in the pursuit of game would frequently wander over from the Encounter Bay district. They invariably camped near the Gorge River; for here good fishing was possible.

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Best Laid Plans etc. By Rox Rosey

This was meant to be a light hearted post Christmas article about what rewards sometimes come in the summer pre Christmas weeks in the garden by way of flowers and their colourful beauty.

Instead, as the old saying goes 'the best laid plans of man etc...'

It was going to be a light tale about the garden here, the hollyhocks all showing their coloured headed beauty over the side fence, and reaching for the heights as they sought the sun and warmth to enhance their proud display. We were surprised and somewhat annoyed at what invaded us each night, and necessary dire treatment had to be administered.

Just as dusk was about us, and the time we usually ensure the 'girls' are locked up for the night, we saw with horror that the 'bullies' were out in force! Not threatening us with physical force but an invasion that could be likened to the legions of Romans of centuries ago, stalwart and determined in their progress on their way to their destination.

The Romans did not waver nor did our unwelcome guests!

We had just stepped outside our back door and, to our horror an unbroken, steady army of bull ants confronted us. We had seen a few around but contributed their presence to an unseen nest that must originate from the holiday house next door.

We instantly reached for our trusty cans of pest insecticide to thwart their progress, but apart from the few we managed to destroy, as fast as they dropped, more and more replaced them to march on.

It was now becoming darker and our head flashlights were definitely needed, so with lamps brightly showing us our foe, we then took more drastic means – the spray pack we used for ants and always kept the container full. We hoped that the 'bullies' were not immune to this mixture. We had mixed this concoction up from the reference books so had confidence it would be the answer to our dilemma.

We thought we had found the nests hidden under this huge bush, so that is where we concentrated our aim. It must have had the desired effect as where there had been literally hundreds of these objectionable species of entomology, there was just an untidy mess of bodies where they had tried to escape our wrath.

We were anxious to see if our treatment had succeeded and the following evening were relieved to see there was not a bully in sight.

Now I can relate how the garden is showing its beauty and splendour, the hollyhocks look as if they are going to present us with a wonderful colour display with the different shades that still haven't shown their proud heads yet, the apple trees are loaded, however the rosellas think that is great as well, so out came the nets to deter some of them at least.

Until I catch up with you next time....

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Yankalilla Art

How can I describe Gilbert Dashorst's session with Yankalilla Art last month? Happy, inspiring, organised chaos. He describes himself as 'the completer artiston the run'. The 'normal' Gilbert disappeared at the beginning of the session to make a 'phone call but his 'alto-ego' soon re-appeared dressed in artist's beret, neck scarf, artist smock, yellow dutch socks and wooden clogs. Gilbert 2, then proceeded to tell the story of Gilbert 1's life, works and art philosophy, which certainly appeared to be a lesson in his perseverance. For many years he was the botanical artist for the Adelaide Botanical Gardens and has produced several books on the plant life in and around our area. Gilbert has the ability to wear two different artists' hats because his work can be very fine and detailed through the mediums of pencil and water colour or strong and bold through the mediums of acrylic or oil. His subjects can be as delicate as plant life or as free and open as land and seascapes. He brought along a number of his paintings to demonstrate techniques, and in particular with his fine botanical drawings, how to lay-out and present the various parts of each plant to tell the story of that plant. It was noted that the paper on which his botanical drawings were have a special coating enabling very fine pencil work. One comment; 'how do you keep your paper so clean? Was answered by a trick of the trade. A second ordinary piece of paper was put on top with a hole cut so the particular part of the drawing could be made through it thus preventing oils from the skin soiling the original white paper. It

was interesting to look in Gilbert's tool box, apart from a collection of water colour brushes, he only works with three water colours – blue, red and yellow. He did however have tweezers, surgical clamps to hold botanical specimens and very sharp blades to open up seed pods etc. He also had an implement which enabled him to burnish on paper after he needed to scrape the paper surface if a drawing mistake was made. Gilbert's demonstration on how to look at objects when drawing came in very useful after lunch during our own work session. Many questions were asked and answered throughout the day. Most members decided to do a botanical drawing and sort samples from trees and plants in the show grounds. With Gilbert's advice and instructions every one produced a 'botanical masterpiece'. It was great to see so many attend our first session and for so many to be there at 'throwing out time'. It was a fun day all round and I, for one, learned a great deal. I am sure that our March's tutor will be just as inspiring. I quote 'Life is all fun and creativity upon an Artist rainbow-coloured palette'.

Exhibition

First notice; **Open Air Exhibition** for Yankalilla Art, Bungala Park, Saturday April 2nd 2016, 10am – 4pm.

2016 Programme.

March 3rd Judith Sweetman - Ripples.
April 7th Peter Fitzgerald - Landscape.

May 5th Betty Mahoney - Surprise.

For further information contact Ena Harvey on (08) 85582920.

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WEDNESDAYS

Southern Fleurieu Family Practice

Medical Students

In the last month we welcomed OCEP Student Ellie Moore and she has settled in very well. We look forward to working with her during her 20 week placement with us and providing her with a diverse experience of what Rural General Practice is like.

We have also had a busy time with 6th year MBBS University of Adelaide Student's over the last few months. Katerina Flabouris left us mid February after her 4 week placement and was replaced by Sally Carne who will be with us until mid March. Following Sally we will host Rebekah Hay.

We say it every month, but thank you to our patients for their ongoing support in helping us provide this invaluable learning experience for our future Doctors.

SFFP is a GP training practice working in collaboration with Flinders University, University of Adelaide and GPEx training providers.

Over 75

Health Checks

2015 saw SFFP deliver Home Health Assessments to our over 75yr patients in their own homes. The feedback has been tremendous and excellent outcomes for our patients have been achieved! Over 2016 SFFP would like to continue to offer this valuable service.

If you have not had a Home Health Assessment please call SFFP on 8558 0111 and book yours today.

Flu Shots

We are preparing for the upcoming Flu Season and have begun scheduling our annual flu clinics.

Influenza, commonly known as the flu, is an infection of the nose, throat and lungs caused by the Influenza A or B (or rarely C) viruses and is highly infectious. In Australia, seasonal influenza of varying severity occurs

every year, usually between May and September.

Annual vaccination against seasonal flu can reduce your chances of getting the flu and can also reduce the severity of flu symptoms if you do catch the flu.

As the strains of flu virus can change from year to year, receiving a flu vaccine every year ensures you are protected against the current flu virus strain.

The flu vaccine is free to:

- everyone aged 65 years and over
- all pregnant women (including those in the first trimester)
- all Aboriginal and Torres Strait Islander children aged 6 months up to 5 years of age
- all Aboriginal and Torres Strait Islander people 15 years of age and over
- people with the following underlying chronic medical conditions:
 - cardiac disease
 - chronic respiratory conditions including severe asthma
 - other chronic illnesses requiring regular medical follow up or hospitalisation in the previous year
 - chronic neurological conditions that may impact on respiratory function including multiple sclerosis, spinal cord injuries, seizure disorders and other neuromuscular disorders
 - people with impaired immunity, including HIV infection, malignancy and chronic steroid use
 - children on long term aspirin therapy
 - Down syndrome
 - obesity (Body Mass Index (BMI) ≥ 30); and
- homeless individuals.

For more information and frequently asked questions about flu shots visit www.sahealth.sa.gov.au

Watch the Community Notice Boards in Yankalilla & Normanville. We will place notices with the Flu Clinic dates and to let you know when bookings can commence.

Get well soon John!

You may have noticed the absence of Dr John Ramsey from SFFP of recent times due to sick leave. We are happy to announce that he is recovering well from bypass surgery and will be

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back to his jovial self in no time! His unexpected leave has led to a shortage of appointments but we are busy working behind the scenes to rectify this problem. We would like to thank you for your patience and understanding during this difficult time.

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Our Practice is dedicated to providing comprehensive medical care for the whole Family.

Call SFFP on 8558 0111 and speak to one of our friendly receptionists to arrange an appointment.

Yankalilla Red Cross Branch

A big thank you to all who contributed to our January trading table, \$622 was raised. Our raffle hamper was won by Sue Rosenboom. Thank you to all the local community for their ongoing support. Last financial year we raised over \$8,000 and won category 3 in the annual state fundraising competition. A cheerio to all members on the sick list in particular Anne Minke as she recovers from her

accident (miss your scones). The Collectors Display at the Show Hall on Sunday March 13th will feature collectables, memorabilia and bric a brac for sale, open 10am. Red Cross will be catering for this event hot and cold drinks, scones, cakes etc and a sausage sizzle will be available. This display is well worth a look and come and see us for your refreshments.



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Vacswim Program on Normanville Beach

Our local beach has been a hive of activity over January with many children, both local and visitors to the district attending learn to swim programs.

If you were on the beach between January 4th and 8th you would have seen a blue tent with a couple of volunteers each morning and each afternoon distributing much appreciated ice blocks to children. Sun cream was also available in the tent for anyone who needed it.

This program is provided by Yankalilla Uniting Church and has been a regular event for many years. Our volunteers enjoy being on the beach, meeting families and children who queue up for ice blocks, their happy smiles and great manners are the only reward we need to keep going each year. This year we were thanked by not only the Vacswim staff but also many visitors, one family from Western Australia and another from Sydney who thanked us and also praised our wonderful beach with pristine waters and ideal

Spider Bite Recovery Support Group

Hello Readers, this summer has had such changes in weather patterns, it is hard to know which season we are in. Over the Christmas/New Year break I had an interested customer who sent me a spider to identify. I had never seen one of these pretty spiders before. So I sought the assistance of a couple of my professor friends. Over the summer there have been enormous fires, destroying the fodder for horses and cattle meaning hay has been trucked from interstate and along with it comes bugs and spiders of a different genus. This one is known to hang around hay stacks and its name is Storena formosa. Instead of White tailed it has four yellow spots on its carapace. It is a vagrant spider that hunts for other insects and bugs. It



is understood to be harmless to humans but the professors say the yellow spots are usually a sign of danger. Spider photo courtesy Andrew Beck UNI SA. There are 110 species of this spider in Australia. They are fast moving terrestrial, legs are slightly hairy and are reddish brown, their jaws are massive.

I have just heard from a victim who was bitten 40 years ago and the bite has just recurred from a White Tailed spider.

He originally lived at Victor Harbor, but moved away due to his wife's on going health problems, now living in Queensland, the last thing he wanted was to have a satellite out break happen, I feel the stress of moving could have upset him. So he has been resting and has slowed down the process and hopefully it will ease.

Our 20th birthday came and went, and on that day I had a victim phone me who had been bitten on her elbow. She was feeling discomfort and was quite stressed. I spoke to her and advised her to get some lymph massage from a physio or bowen therapist which has worked for a number of people and to go to her doctor. I trust she did.

Until next update please don't become the next victim.

Kind regards,

Helen Midgley.



23 Main St, Yankalilla SA 5203

e-mail hfmidgley@bigpond.com

web page www.spider-bite-recovery.org.au

phone 08 8558 2738

mob 0405 844 423

conditions for children learning to swim.

The weather was kind to us and although a slight breeze prevailed, the water was a beautiful turquoise blue and calm for the duration of the program.

An average of 350 ice blocks per day were distributed to children, many of them saying they couldn't wait for their lesson to finish knowing they could get a free

ice block. Some parents also made a donation which was gratefully received.

Our thanks also to the people who set up the tent and took it down each day and made sure the eski stayed full!

Diana Wallfried - Volunteer

Yankalilla Uniting Church



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We would also like to remind our non-concession customers that we give discounts on all prescriptions that cost less than the maximum co-payment of \$38.30. Please come in today and talk to our friendly staff to discuss the best options for you.



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Council Rates Review

After reading a recent letter regarding the Council's proposed rates review, I decided to have a good look at the discussion paper on their website.

Each option presented in this paper argues for: "reducing the vacant land differential rate" without ever justifying this reduction. There are benefits to owners of vacant land, but no one else.

There is good reason to levy a higher rate on vacant land (which Council did in 2014/15 by raising it from 137% to 170%), because it discourages unproductive usage. The discussion paper fails to explain why the Council seeks now to reduce the rate for holders of vacant land.

A related concern is that the Council appears not to have listed its elected members' register of interests online as a publicly available document (a requirement of the Local Government Act). I looked on the website and searched online for such a document but was unable to locate it. This apparent lack of transparency leads me to wonder whether some council members hold vacant land and may therefore have most to gain from the proposed changes.

Janet Page

Changes to Bag and Boat Limits

Reference Saturday's Advertiser Saturday
January 30 2016.

The proposed changes recommended by the state government, to size and bag limits, particularly KGW, will have a significant impact on recreational fishers (boat owners, beach and jetty fishers) and Regional Areas.

Any changes must also include the commercial sector. Most recreational fishers would welcome set closures

for KGW (April full of roe), something that has fallen on deaf ears in the past.

While I could debate the detail in the proposals, it needs to be recognised up front that it is the recreational boaties and their families visiting/ holidaying in regional areas that make private accommodation, caravan Parks and shops viable in these communities.

Regarding KGW: It would be more reasonable to maintain the individual bag limit of 12 fish per day with the boat limit being reduced to 24 KGW per day. This would overcome the issue of children basically having a boat ride and not contributing to the catch.

Regarding size limit, I agree with minimum 32cm, but I would suggest raising the upper limit to 45cm is more reasonable/practical. Forty centimetre fish are not un-common, and are often the average size in many shallow areas in winter.

Twelve fish under 40cm would at times be unrealistic to expect.

I'm surprised we are still having these discussions on bag and boat limits.

If proper policing was in place this should not be necessary. Having fished the Fleurieu for 16 years, Coffin Bay for 45 years and collecting Pipi's for as many years I have had my catch inspected only 3 times.

This is confirmed using PIRSA data based on 277,000 recreational fishers. Policing/inspections are running at 3.53%!

This raises the question why are recreational fishers doing the right thing being singled out to suffer for lack of policing!

Unless Policing/inspections increase, nothing will change! The wrong doers will continue to break the rules knowing the chance of being caught is very unlikely, which is the case now! What will change?

I rang 4 or 5 of my fishing mates with the response

"it's all too hard, just a flag waving exercise re consultation, as with Marine Parks input ignored as the agenda was already set".

Having been very involved with the process re Marine Parks I can only agree!

Other issues the Government is ignoring In the Fleurieu is;

Marine parks following discussion with locals marine parks were placed in their favourite fishing spots! Does this mean the areas that were not fished by preference are now being over fished? Are all the KGW in the marine parks? The other issue on the Fleurieu is the expansion of the New Zealand Fur seals, now renamed as Long Nose Fur Seal. Renaming the seals, does not make the problem go away. More detail can be provided by Mr Graham Philp Mayor of Victor Harbor.

It is vital that recreational fishers have their say: you can email RecfishSA Office

(office@recfishsa.com.au) or fill out the document "Management options for King George Whiting in South Australia". You can access this site at: "http://pir.sa.au/alerts_news_events".

Your input is necessary if we are to get a more balanced and fair approach for recreational fishers.

The commercial sector also needs to play its part.

A consultation meeting will be held at Victor Harbor on **Wednesday 2 March** 2016 at the Victor Harbor Council Town Hall 10-12 Coral Street starting at 7pm. While outside the scope: The Boot Limit for Pipi's is very restrictive and should be increased to say 1,200.

Collecting Pipi's is a great family tradition, also putting money into the local communities.

Your input could make a difference! It is no good bitching after the event, have your say!

John Humphrys

Normanville SA



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Yankalilla Ladies Probus 27th January Meeting

Members of the Probus club arrived wearing their favourite hat for today's meeting which was to be a "bit of fun". After a short meeting during which the minutes of the last meeting were read and announcements given regarding future events, the members were treated to a big surprise after the short tea break.

People were seen preparing props for what appeared to be a drama production. These consisted of a small table with mirror, several old photographs in frames, a hat stand, a table with an old fashioned black telephone and type writer and a small table with a decanter of brandy and two glasses.

People took their seats in anticipation of what was to happen. We were then treated to a short play entitled 'The Will'. Each actor had written their own script which was cleverly woven together. An array of colourful costumes and wigs helped portray the characters. The cast of three consisted of a recently bereaved woman, her lawyer and a demure office secretary. The play was set in the year 1925.

As the story unravels we learn that a recently bereaved wife has had several suitors in her life and she ponders on how much she is to inherit now she is a widow. The main scene takes place in the office of the lawyer who was introduced to us by his secretary who has romantic notions about him!

The lawyer entered the room with great flair, demanding to see the will which was then read. The bereaved wife was quite dismayed to learn

that the entire estate was to be left to someone other than herself. She is offered a glass of brandy to calm her down and the lawyer decides she might be worth getting to know a little better!

The parts were played brilliantly by Bev Skinner who played the wife, Betty Brockbank, the demure secretary and guest star Ena Harvey who played the lawyer. Our thanks to Ena for her contribution.

The audience was very appreciative and congratulated the actors on their efforts. We didn't realise we had such talent in our midst. Thanks to all concerned for a fun morning.

Lunch today was at the beach café and enjoyed by all who attended.

Next meeting 10am, 24th February at the Community Hall, Yankalilla, all welcome.

Information : Betty Brockbank President
0417847142

Diana Wallfried -Publicity Officer.

Pictured: (1) Office Secretary, (2) Last will and testament, (3) Reading the will, (4) The cast.



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