



A look back through
SEPTEMBER '25

Eat That Frog
NEWSLETTER





September saw all of our post-16 learners and staff returning after a busy Summer break. Post-16 learners started their Supported Internships this September and we were able to offer new and exciting programmes to our adult learning provision. We also bid a farewell to Swarthmore and opened two brand new post-16 centres in Plymouth.

Introducing - Plymouth Pathways and Futures

Over the Summer break, Eat That Frog staff all pulled together to make the big move from our old Plymouth centre in Swarthmore to two brand new centres, Plymouth Futures and Plymouth Pathways.

Both Plymouth Futures and Pathways centres opened their doors for the first time this September. With Futures offering provision to our learners that have a destination in mind, from returning to college to employment. This centre also now offers adult learning provision and our LE@P programme for those who are NEET (Not in education, employment or training). Pathways offers provision to our learners that are either starting out with Eat That Frog or are working towards choosing a destination.



Click the image above to see some before and afters of our new Plymouth centres during construction over the Summer.

Work experience on the rise!

We're please to report we've seen a significant increase in both the number of placements and total hours completed this year. So far, learners have completed 295 more hours of work experience compared to the same period last year. We've also seen a rise in placements, 96 this year versus 62 last year. Thats a whopping 55% increase!



Follow us on Facebook

Staff and learners came together this month to support the Baton of Hope Torbay event. More photos and details can be found on our Facebook page.



Post 16 Exeter

MACMILLAN CANCER SUPPORT

Exeter centre worked hard to raise funds for MacMillan Cancer Support this September. Both learners and staff all came together to bake goods to help the cause. They certainly look delicious! **Well done team Exeter!**



Lola's Learning the Ropes at RAMM



Post-16 learner, Lola, has joined a supported placement programme at the Royal Albert Memorial Museum (RAMM) in Exeter. The six-week project runs every Tuesday from 7 October and offers young people with disabilities the chance to gain hands-on experience in areas like visitor support, shop work, and the café.

During her first visit, she met Phoebe and Santana in the museum café.

"It was lovely," she said. "I love how calm and quiet it is, and the warm colours make it feel so comforting. The décor is full of history, which I really enjoy."

She also explored one of her favourite exhibits — The Exeter Puzzle Jug — before sitting down for an interview with Phoebe, who asked about Lola's interests and future goals. Phoebe then gave her a short tour and helped plan the timetable for the placement.

"I'm really looking forward to spending more time at the museum," she said. "It'll give me great experience for the future and help me understand what kind of jobs I might enjoy. I'd love to aim for a bigger role one day, but for now I'm happy learning the basics like talking to visitors, handling objects, and helping in the café."



Post 16 - Newton Abbot

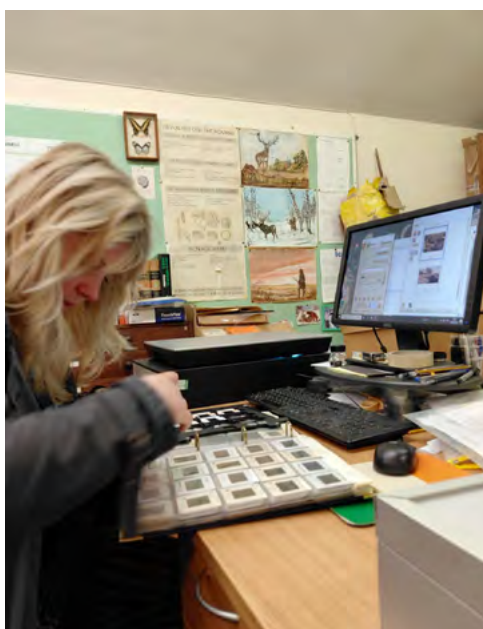
Amber Shines at Torquay Museum!

Amber has made a fantastic start to her Supported Internship at Torquay Museum. She's settled in quickly and already completed several tasks with growing independence.

She's explored the gallery, helped open up the museum, handled money on the till, and even supported the team in setting up for a board meeting.

Amber described her first week as "insightful" and is excited for what's ahead. To top it all off, while scanning old photos, she discovered one featuring Queen Elizabeth – what a find!

What a start, Amber – well done!



Post 16 - Paignton

Relaxing Reads and River Games After GCSE Success

Our brilliant English GCSE group from the Paignton Centre celebrated finishing their Spoken Language Endorsements with a well-deserved break!

They headed out for a bit of relaxation, enjoying a classic game of Pooh sticks before stopping by the library.

A perfect mix of fun and calm – what better way to unwind after all that hard work?



Desert Island Challenge Makes a Splash!



Our learners recently took part in a fun communication and problem-solving activity – the Desert Island Challenge!

Working in teams, they imagined being stranded on a remote island and had to plan how they'd find food, water, and shelter before building their very own rafts. Each group was given a limited set of materials, so teamwork and creativity were key.

Once the designs were ready, it was time to brave the Kitchen Ocean and put those rafts to the test! Learners watched eagerly to see if their creations would float or sink.

Let's just say, some rafts fared better than others...

As part of the challenge, teams also designed their own islands—complete with imaginary creatures and danger levels.

It was a fantastic mix of teamwork, problem-solving and a good laugh all round.



Post-16 - Plymouth Futures

Le@p Learners Make Their Mark at Abbey Hall

Our first LE@P Programme in Plymouth is off to a flying start! The learners have been busy building confidence, creating CVs, applying for college and work, and learning how to work together as a team.

This week, Ziggy and Cohen rolled up their sleeves for some hands-on community work at Abbey Hall in Plymouth. They've been helping with caretaking, cleaning, and general maintenance of the historic buildings – and doing a brilliant job!



They'll continue volunteering each week for the rest of the programme, which will look great on their CVs and help them take their next steps. Fantastic effort all round!

A Flourishing Start to Lucas's Internship!



What a brilliant start to Lucas's Supported Internship! After meeting Jonathon for health and safety and a quick tour, Lucas stayed calm and professional throughout. He then met Wayne, the horticulture manager, who asked him to tidy and straighten the plants. Lucas enjoyed the task and only needed a few prompts.

After lunch, he met Graham, who showed him how to tidy the smaller plants and help create a reduced-price display. Lucas found the trolley tricky at first but soon got the hang of it, arranging the plants with confidence. **He was proud of his work – and rightly so. Well done, Lucas!**

Mia's First Day Down on the Farm

Mia had a brilliant first day at her Supported Internship with Totnes Rare Breeds Farm. She began with a walk around the grounds, meeting the animals and chatting about which ones she liked best. Mia wasn't too keen on reptiles but was happy to help with everything else.

After the tour, Mia met Julie in the café to go through health and safety and learn what a typical day looks like. Learners start by shadowing staff, then choose jobs from a list each day — often caring for the same animals to spot any changes in their health. It was a really positive start, well done Mia!



Post 16 - Plymouth Pathways

MACMILLAN CANCER SUPPORT

One of our new learners, Starla, used Canva for the very first time to design a poster for the Plymouth Pathways Macmillan Coffee Morning.

She explored how language and style can attract attention while giving people all the details they need to come along. A lovely blend of creativity and English skills in action!

Check out our Favebook page to see more pics and how much they raised.



Bingo Beats and Big Smiles



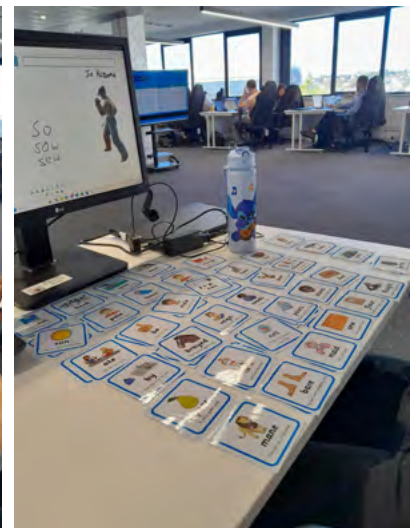
Returning learner Emily has been busy creating brand-new music bingo sheets at St Barnabas Court, featuring all the residents' favourite tunes. She learnt how to download songs and even used the laminator for the first time to finish her colourful creations.

New learner Sam Thomas joined his first music bingo session and brought great enthusiasm to the group, helping residents mark off songs on their sheets. As a thank-you for his efforts, he was gifted a lovely Sonic the Hedgehog drawing from one of the residents.

Sharp Work in English

Post-16 learner ST showed great focus and independence in English.

He created two different card sorts for the department, carefully cutting them using the guillotine and helping to laminate them. Afterwards, he completed both activities in the session — a brilliant effort all round!



Adult Learning

The start of September brought exciting new programmes for our adult provision.

Working with the Job Centre Plus we are excited to see the return of our **SWAPs (Sector-based work academy programmes)**. These are designed to help residents of Torbay who are not currently in work or training gain extra support and skills they require in their chosen sector of work. Each SWAP links with local active employers, who could offer you employment at the end of the programme. To find out more - talk to your Work Coach and the Job Centre Plus, Torquay.



Another new addition to Eat That Frog is the return of our much loved LE@P Programme which offers 16-18 yr olds (and 19 - 24 with an EHCP) specialised support with work and careers, health and wellbeing and digital skills.



Farewell Focus Forward

As we draw a close to our Focus Forward Programme, which aimed to help Torbay residents back into work, training or volunteering. We would like to share just one of many success stories.

Ophelia's Journey Back to Confidence

After leaving her Support Worker job, Ophelia felt unsure of her next steps. Years of caring for her adult son with autism had left her exhausted, and she wanted to rebuild her confidence and find work closer to home.

Through Eat That Frog's Focus Forward programme, she received one-to-one and group support with CV writing, applications, and interviews. She also took part in Multiply maths and digital sessions, which boosted her skills and confidence.

Her determination paid off—Ophelia began volunteering at Torbay Hospital, gaining experience and a new sense of purpose. Soon after, she secured paid work at Little Ordway Care Home.

With her confidence restored and a new role she loves, Ophelia is thriving once again—proof that with the right support, small steps can lead to big change.





**DELIVERY
PARTNER**

Kings Trust TEAM Programme

Our King's Trust TEAM Programme is off to a flying start, the brave group took part in their first residential together with TEAM leader, Louise and supported by ETF IT Apprentice, Jordan.

This residential in Okehampton focuses on team work, communication skills and confidence building and gives the group a fantastic chance to get to know each other away from life at home. With all the activities being curated to get the team working together, it has been proven to be a fantastic way to start friendships.



A brand-new academic year has begun for our Turing team! After a sunny summer break, schools in both England and Spain have already been in touch with ETF Spain to plan an exciting year ahead.

This month, our team met with several local schools in Telde, including IES El Calero and IES El Carrizal, to discuss upcoming projects. We've also confirmed some brilliant activities for October, when our first group from Orchard Manor (UK) will join forces with IES Simón Pérez. This school has worked with us before and always welcomes us with such warmth and enthusiasm.

Orchard Manor learners are especially excited for this trip. Instead of just attending classes at the academy, they'll be taking part in the daily life of a Spanish school – a fantastic opportunity for cultural exchange, friendship and hands-on learning.

And that's not all! Trips to Cyprus are also in the pipeline, promising even more international adventures this year. **(Photos from our recent visit to Cyprus to secure activities)**



Funded by UK Government

Stepping Stones Age 18+ Essential Skills

Take the First Step Towards a Brighter Future. If you're facing challenges like unemployment, low confidence or health issues, Stepping Stones is here to help you move forward, one step at a time.

This fully funded programme is designed to build your confidence, strengthen essential skills and guide you towards new opportunities.

Available in Newton Abbot & Exeter

What's in it for you?

Literacy Skills
Boost your English, create strong CV's and complete job applications with confidence.

Numeracy Skills
Budget for everyday life, understand payslips and manage money better.

Digital Skills
Use email, online forms and access online services with ease

Ready to take the first step?

Ask your support worker, work coach or local provider to refer you – or contact Eat That Frog to find out more!

Contact:
info@eatthatfrog.ac.uk
01803 551551

Start Dates:
Two sessions a week for 3 weeks
ETFE Newton Abbot
Every Wed & Fri
• 17th Sept '25
• 15th Oct '25
• 12th Nov '25
• 3rd Dec '25

Exeter Community Centre
Every Tue & Thu
• 16th Sept '25
• 14th Oct '25
• 11th Nov '25
• 2nd Dec '25

Devon and Torbay Combined County Authority

Digital Skills Course

Available to age 19+ in Torquay & Paignton

Do you need help using a computer.. or a mobile phone?

*Must live in Torbay and not be in work or training

Want to feel more confident using technology? Whether it's a phone, tablet, or computer, our FREE Digital Skills course is here to help you step by step. No experience needed – just bring your curiosity!*

What you'll learn

Stay Safe Online – protect personal info, avoid scams and shop securely

Get Online – use phones, tablets, laptops and connect with ease

Use Apps – discover useful apps and how they support daily life

Find & Apply for Jobs – search, register and apply online with confidence

Create CVs & Documents – write, save and manage your work simply

Explore Careers – discover job opportunities and career paths

Everyday Tasks – save photos, add contacts, use social media safely

Email & Communication – set up, send and receive messages easily

Solve Simple Tech Problems – learn what to do when things go wrong

Digital Wellbeing – manage screen time and use technology healthily

Start Dates:
Eat That Frog Torquay (91 Union Street, TQ1 3DG)
17th - 28th Nov '25
30th Mar - 10th April '26
20th Apr - 1st May '26
11th - 22nd May '26
1st - 12th June '26

Eat That Frog Paignton (89 Torquay Rd, TQ3 2SE)
17th - 28th Nov '25
9th - 20th Feb '26
30th Mar - 10th April '26

For more information:
Ask your support worker, work coach or local provider to refer you – or contact Eat That Frog directly!
01803 551551
www.eatthatfrog.ac.uk
info@eatthatfrog.ac.uk

Current Programmes

Click on each one to find out more

Torbay

Multiply Maths (16+)

National Careers Service (19+)

SWAPs (19+)

Digital Skills (19+)

King's Trust (16-18)

Newton and Exeter

Stepping Stones (18+)

Your Path, Your Future (16-24)

Plymouth

LE@P (16-18)

Dates for Your Diary

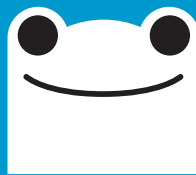
23rd – 24th Oct
Exeter Halloween Party

27th – 31st Oct
Half Term

10th – 14th Nov
Employability week

22nd Dec '25 – 2nd Jan '26
Festive Holidays





Eat That Frog



eatthatfrog.ac.uk

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Plymouth, Torquay, Newton Abbot, Paignton
and Exeter

