



ABLE TO
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SPRING

HOLIDAY PROGRAM

September 28 - October 9





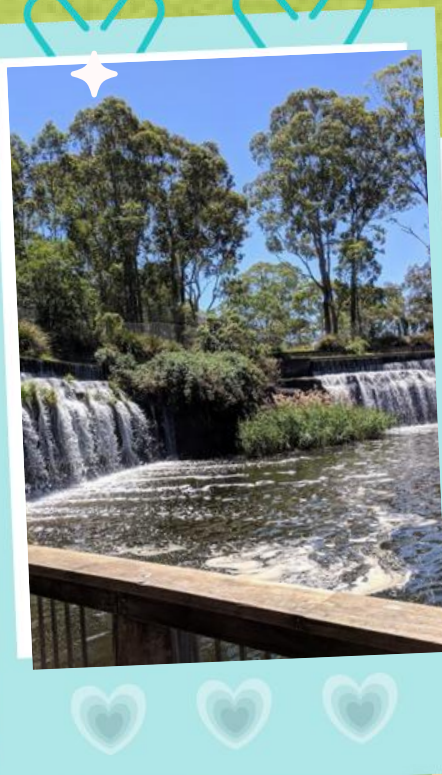
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HOLIDAY PROGRAM SCHEDULE



28 SEPT
Beach Day

29 SEPT
Calmsley Hill
City Farm



30 SEPT
Blaxland
Riverside
Park

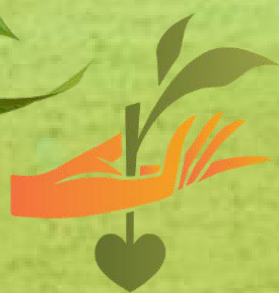
01 OCT
Monkey
Mania



02 OCT
Arcade/Bowling
- Timezone
Villawood

03 OCT
Movie Day
**FORGOTTEN
ISLAND**





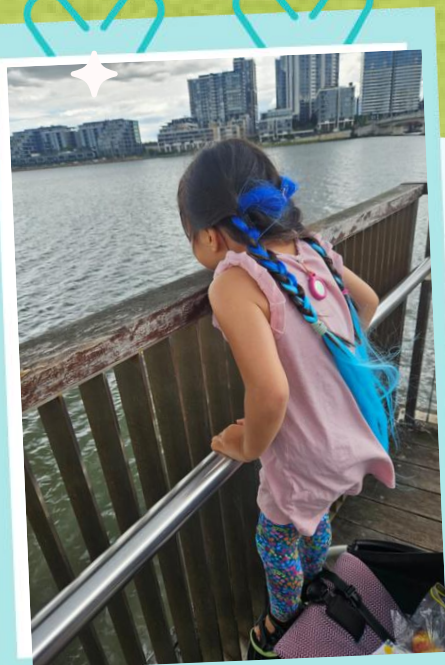
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HOLIDAY PROGRAM SCHEDULE



04 OCT
Beach Day

05 OCT
Auburn
Botanic
Gardens



06 OCT
Sydney
Olympic
swimming pool

07 OCT
Australian
Museum



08 OCT
Sydney Indoor
Climbing Gym

09 OCT
Yarra Bay

NDIS School Holiday Program FAQs



 5-17 years old

A quick parent guide before booking

 Sydney-wide

Clear, flexible support for the school holidays.

Here are the essentials parents usually ask first.



Pick-up and Drop off

Available from home or families can drop off at the same agreed point.



Support Ratios

1:1 is the standard. 1:2 may suit siblings or compatible participants. 2:1 is available for higher support needs.



What to pack

Lunch box, snacks, water bottle, hat, sunscreen, comfort or sensory items, communication tools, medication, and extra clothes.



Is lunch provided?

Please pack lunch and snacks. Special BBQ or picnic days will be advised in advance.



Session Length

Minimum 3 hours, half-day and full-day sessions can be arranged depending on funding and needs.

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Call 1300 095 012 for more information
abletothrive.com.au

Activities, Locations, & Pricing FAQs



 5-17 years old

 Sydney-wide

Location vary by day

NDIS-Funded

Extra ticket costs advised



Where are activities held?

Activities are held across Sydney. The exact location is confirmed in the holiday schedule before the program starts.

Activity Pricing

Prices are based on information gathered from official venue websites as of June 2026 and are subject to change. Please verify current pricing directly with each venue before your visit.

- **Arcade / Bowling** – Timezone Villawood – Bowling from \$19.90 / Arcade from \$35 load
- **Calmsley Hill City Farm** – \$15.50
- **Monkey Mania** – \$17.50
- **Rock Climbing** – \$17.50 (ages 6–11) / \$21.50 (ages 12–17)
- **Sydney Indoor Climbing Gym** – \$17.50 (6–11) / \$21.50 (12–17)
- **Movie Day** – \$12–\$15
- **Sydney Olympic Park Aquatic Centre** – Adult \$10.00 / Child (4–15 yrs) \$7.60



How does pricing work?

Support is funded through your child's NDIS plan. Pricing is based on NDIS price limits and will be confirmed during booking.

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Call 1300 095 012 for more information
abletothrive.com.au

NDIS CRICKET PROGRAM

Swing Into Action!
Join Our Cricket Program!

EVERY THURSDAY
TIME: 3:00PM - 7:30PM
Pick up from School or Home

REGISTER NOW



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KIDS NDIS SOCCER PROGRAM



SYDNEY WIDE
3 PM - 7 PM
PICK-UP AT HOME OR SCHOOL



OTHER PROGRAMS



SATURDAY 'NDIS SOCIAL' OUTINGS

BOOK
NOW



ADULT NDIS TENNIS PROGRAM



NDIS DAY PROGRAM
SYDNEY WIDE!
PICK UP FROM ANY LOCATION!





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SUMMER CAMP



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CAMPING TRIP

CONTACT US!

0449 933 843

Eyad@abletothrive.com.au



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CAMPING INTINERARY

Day 1: Arrival, Camp
Setup and Scavenger
hunts.

Day 2: Jamberoo
Waterpark Adventure.

Day 3: Beach Day,
Nature Exploration
and Fishing.

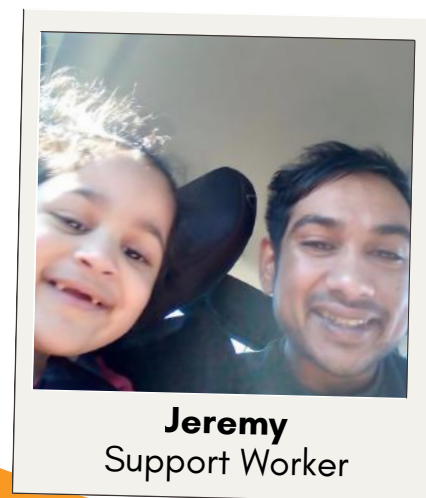
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Meet our Team

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... and so many more AMAZING people making a difference in our communities every day