

A TASTE of PARIS

Provence

September 11th–17th, 2027





*"My soul comes alive when I'm in France, that's why I started ATOP
to share my passion with others and so travelers can bring a little bit of
France back to their homes." - Lorie*



Meet your Guide

"Food brings people together. This truth is like a glittering thread that runs from the beginning, binding me to all the people I love. When food is shared around the table, magical things happen. That's why I started ATOP, so I could share my love of food and France with you, and make a little magic!" - Lorie

As the founder of A Taste of Paris™ culinary trips, I offer an unparalleled journey into the heart of French gastronomy. I share extensive knowledge of French cuisine and culture in cooking classes, TV appearances, writing for publications, and speaking engagements.

My blog, A Taste of Paris™ is an award-winning food and lifestyle blog with a zest for gathering people around the table. I'm a passionate chef, and France has a rich culinary history, longing to be explored. After decades spent cultivating relationships with French chefs and culinary artisans, I'm thrilled to share these connections, insider tips, and all the best with travelers.

My lifelong love affair with France is a testament to its captivating charm. The sites, foods, and experiences continue to lure me back, to taste more, discover unseen treasures, and be inspired. Let's explore the best of glittering Provence together.



Taste

THE FOOD. THE WINE. THE CULTURE.

Delight in the flavors of France with A Taste of Paris™ food- and wine-centric excursions.

French cuisine is the gold standard accepted around the world. Unlock the secrets of iconic French dishes with private cooking classes expertly curated for outstanding content and warm hospitality. Interact with French chefs and learn from them in a convivial atmosphere. As we explore the flavors of the sun-soaked Mediterranean, your spirit will be nourished, and your taste buds will sing.

DISCOVER a working winery in the famed Châteauneuf-du-Pape region, then sharpen your culinary skills in a hands-on cooking class featuring Provençal specialties before sitting down to savor a 4-course meal with wine. Experience Provençal hospitality at its finest as you're welcomed into the chef's home for an unforgettable cooking experience culminating in a 4-course dinner.

ENJOY a visit to the famed Les Halles for a convivial lunch including a very special chocolate tasting and other delicious surprises. Visit a working goat farm to sample fresh chèvre and learn the traditional methods behind its small-batch production. Tour a working olive oil mill and sample their delicious products. Partake in a wine tasting in the Luberon Valley and enjoy a French picnic—an ATOP signature experience. Savor a cheese-tasting in a beautifully restored ancient cave. Relish extraordinary regional food and wine in iconic settings where the flavors, traditions, and spirit of Provence come to life.



Discover

DISCOVER FRANCE. DISCOVER THE TREASURES.

Provence – where sparkling seascapes, fiery sunsets, and the striking variety of scenery make visitors feel as though they are stepping into a French Impressionist painting. The colors and light – “soft and tender despite its brilliance” – have seduced artists and writers for centuries. The countryside of rolling hills, olive groves, pine forests, and lavender fields is peppered with Roman relics, ancient abbeys, and elegant churches, giving Provence a storybook quality.

BEHOLD picturesque mountain villages. Drink in the stunning sun-drenched towns of Gordes. Visit Roussillon, famous for red cliffs and golden colors. Explore the quaint town of L’Isle-sur-la-Sorgue. Surrounded by the beautiful Sorgue River, this quaint antiques town abounds with rich treasures. Visit Avignon and then dip down to the Mediterranean and the glittering town of Cassis for a boat ride to the Calanques – a must-see phenomenon of nature. Sojourn to Les Baux for an immersive art exhibit like nothing you’ve ever experienced. Enter into art history with a private tour at the Van Gogh clinic, where he spent the last year of his life.

Peruse and explore the abundant array of goodies in Provençal markets.



Be Inspired

BE INSPIRED BY THE FOOD. BE INSPIRED BY THE VIEW.
BE INSPIRED BY THE CULTURE.

Immerse yourself in the French way of living as A Taste of Paris™ gives you a behind-the-scenes glimpse at the way the French eat and live. Experience firsthand the rich food and wine-centric culture of France and savor the elegance that defines every moment. Explore local markets, break bread where the French do, hunt for one-of-a-kind treasures, and behold the stunning natural beauty of France. Let the French culture ignite your palate, spark your creativity, and prepare to be inspired for a lifetime.





"Whether you start the trip as a foodie, Francophile or a Fangio Fan, this trip will end up being all three! Truly a trip of a lifetime." K.J.

"As I reflect on all of the fabulous things we experienced, tasted and saw during our week with Lorie, it makes me realize even more what a remarkable trip Provence was. Every detail was planned and executed perfectly, and I tell myself almost daily how really fortunate I was to get that call from A.M. inviting me along!" K.D.





"The Provence trip was a true reawakening of my spirit. I am thrilled I had the experience with Lorie!" H.S.

"Traveling with a Taste of Paris was a once-in-a-lifetime experience for me. Learning from Lorie and engaging with such a lovely group of ladies combined with French culture and food was so inspiring. Belly and heart are full! I cannot recommend this trip more." L.P.

"I can't wait to travel with YOU!"

*Lorie
Fangio*



A Week in Provence

Welcome Event

Visit a working Winery in the historic Village of Châteauneuf-du-Pape.

Participate in a 4-course cooking Class with a brilliant chef, dine alfresco with plenty of Châteauneuf-du-Pape wine

Cook 4 irresistible Provencal courses in Chef's home and dine at her table like family.

Cheese Tasting in a beautifully restored ancient cave

Meet the Goats, Learn Cheesemaking, and Taste at Village Goat Farm

Visit a working olive oil mill, savor a chocolate tasting, and discover the wines of the Luberon.

ATOP Signature French Picnic

Saint-Rémy Walking Food Tour and Saint-Rémy Market

Visit L'Isle-sur-la-Sorgue for Brocante and Market

Enjoy Cassis with a Boat Ride on the Mediterranean

Explore the Luberon Villages of Gordes and Roussillon

Discover a Working Soap-Making Factory to see this historic process

Go behind the scenes at a Lavender Distillery

Experience Avignon for a Historic Tour with a stop at the famed Les Halles

Visit Les Baux

Art Experience at Carrières des Lumières

Private Guided Tour of Van Gogh Clinic

Included in Your Trip

You will be personally guided by Lorie Fangio; French Food, Wine, and Culture Expert, for all the Best Sites, Views, and Tastes Provence has to Offer.

****Meet special guest Lauren Palmer as we celebrate the much-acclaimed novel *The France Dance***

Small Group Travel—7-14 Travelers

All Classes, Tastings, and Events are Private and Curated Exclusively for ATOP

***6 Nights at a Charming Hotel in the Heart of Saint Remy**

Guided Driver with Deep Knowledge of the Area in Comfortable Coach

Entrée into all Sites with No Waiting

Transfers from Avignon TGV 2

Travel Tell All's with Lorie, including Let's Get Oriented and Ready, Set, Go!

Provence Essentials and Packing Tips

**Double Occupancy rooms. Single room upgrades are available.*

Not Included:

Airfare

To allow travelers flexibility 4-5 meals are not included.

Price Inquiry

***Charming extras are included in this trip related to *The France Dance*, a novel inspired by the author's *A Taste of Provence* experience.*

Your fare is non-refundable, and travel insurance is recommended.

Many travelers have used Travel Guard, Faye, and Allianz



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