



Your legacy...

a world free from hunger

A gift in your Will to Action Against Hunger will save lives.

Read inside to find out how



Message from our Executive Director



I joined Action Against Hunger in 1996 and have since witnessed many crises. I have seen first-hand the devastating impact of life-threatening hunger.

I remember vividly a mother coming into our mini hospital in Liberia with her son Mark, who was incredibly thin. But, through our intervention, we were able to nourish him physically and his mum mentally and provide them both with the support they needed. That is the impact that Action Against Hunger has on individual lives.

Today, the need for our work is as great, if not greater, than when I started. Armed conflict is the biggest single cause of hunger in the world today. The climate crisis is worsening, affecting communities across the world, destroying crops that people rely on for their livelihoods.

This is why I am asking you, as someone who cares deeply about world hunger; will you leave a life-saving gift?

I urge you to read on to find out how to support our vital work with a gift in your Will and the difference it could make to a child like Mark.

Thank you for your commitment to life-threatening hunger, together we can make a difference.

Jean-Michel Grand
Executive Director
Action Against Hunger



Our vision

We are building a world where no one dies from hunger.

A gift in your Will to Action Against Hunger will deliver life-saving care to people who need it and help us predict, prevent and treat life-threatening hunger.

Find out how to leave a gift in your Will and how we can support you to do this.

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Who is Action Against Hunger?

Action Against Hunger was founded in France as Action Internationale Contre la Faim (ACF) in 1979 by a group of intellectuals, scientists, journalists, writers, and doctors specifically to combat hunger worldwide. Since then, we have been working tirelessly to prevent world hunger through prevention, treatment and detection all over the world.

No one should die from hunger. We predict and prevent it. Where it exists, we treat it.

We do this by stopping life-threatening hunger in its tracks. By training parents and healthcare workers to spot the signs of malnutrition, we get life-saving care to people who need it. Our research boosts understanding of how to predict, prevent and treat life-threatening hunger. With unbeatable knowledge and unstoppable determination, we're taking action against hunger.





Small charity. **BIG IMPACT.**

Despite being smaller than many other humanitarian aid charities, we have a BIG impact. In 52 different countries in 2025, we reached:



13.6M

people through our
health and nutrition
programmes



4.9M

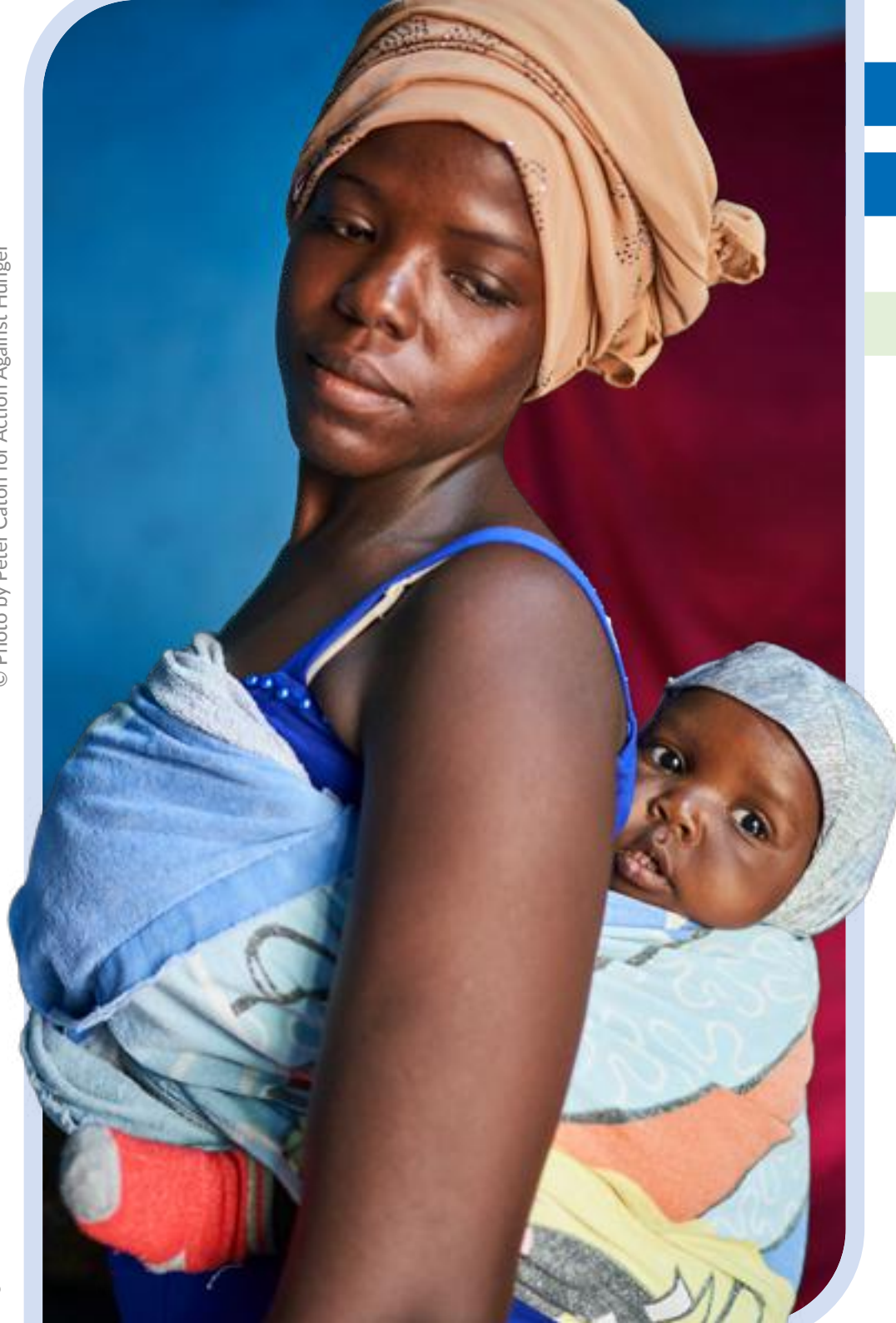
people with our
water, sanitation and
hygiene projects



2.2M

people with our food
security and livelihoods
programmes

Gifts in Wills provide vital income for all areas of our work. They are at the heart of everything we do.



A gift in your Will could enable children recover and grow

From this...

Anatou, 20, is the mother of two daughters. When her youngest child, Martine, became increasingly unwell, she noticed she had stopped playing, cried constantly and slept throughout the day.

Concerned about her daughter's health, Anatou took Martine to healthcare professionals, where she was diagnosed with malnutrition.

"Before, when she was sick, she cried and slept all the time."

To this...

With treatment and nutrition support from Action Against Hunger, including therapeutic milk and Plumpy'Nut - a nutrient-rich food used to treat malnutrition - Martine began to recover.

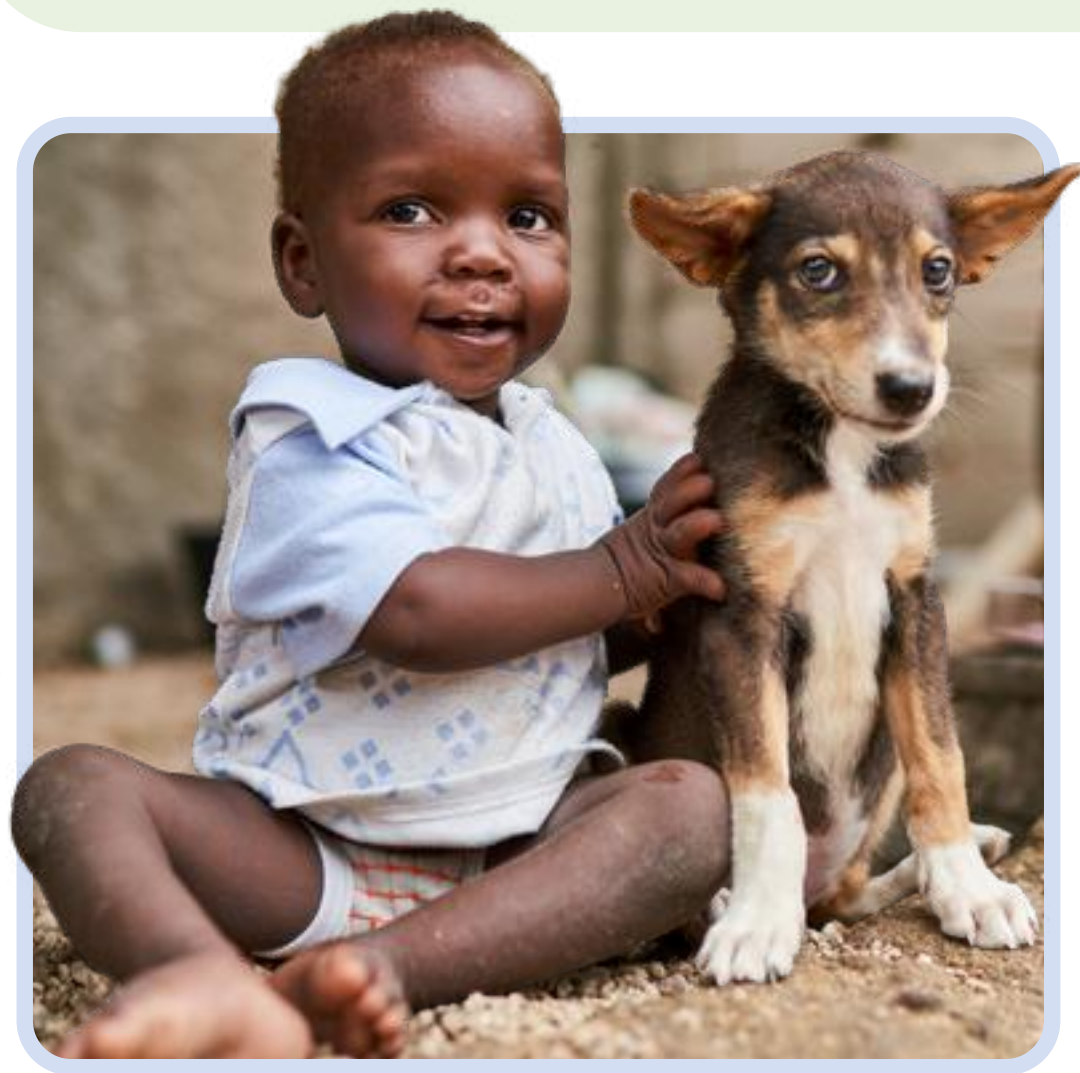
Today, Anatou says *"She no longer cries and plays every day... She is even learning to walk with the small bike we made for her."*

Alongside Martine's treatment, Anatou also received guidance on nutrition, hygiene and caring for her daughter at home.



Action Against Hunger works alongside families to prevent, detect and treat malnutrition.

By providing life-saving treatment, therapeutic nutrition and practical advice for caregivers, we help children recover, grow stronger and give families the knowledge to support their health long after they leave hospital.





From this...



To this...

A gift in your Will could turn a

failing farm into a flourishing farm

Rising temperatures and extreme weather are having a huge impact on people who already live in some of the toughest places on earth.

We're all seeing more and more extreme weather events like floods and wildfires. They destroy homes and crops. But what's less well-known is that climate change has become a big cause of rising hunger around the world.

From Cameroon to Pakistan, we're teaching farmers about climate-smart growing techniques, and introducing nutritious, hardy crops that can better survive extreme weather conditions.

Even when rainfall is limited, it's possible for gardens to flourish and provide enough to feed families and livestock. With the help of innovative techniques, our teams are helping farmers grow more crops with less water. We're working with women like Rosina from West Pokot, Kenya, to create and maintain kitchen gardens that provide vegetables all year round, whatever the weather.

To protect women's livelihoods and safeguard their families' health, we are supporting mother-to-mother groups to generate their own incomes.

Alongside advising the women on drought-resistant crops and training them on more water-efficient growing techniques,

we have repaired the only borehole in the community and powered it with solar energy to pump water to the kitchen garden.

Rosina says, *"I want to say thank you to Action Against Hunger. If I compare how we were living before to how we are now, I can say our future is bright. This knowledge has really changed our lives."*

A gift in your Will could help a community prevent a crop from failing by planting a hardier crop that will enable the community to flourish.

A gift of even 1% of your estate could help provide small business grants for a group of women, empowering them to start businesses that will secure healthy futures for their families.

© Photos by Toby Madden for Action Against Hunger

Tereza Cheponyorio, 30, from West Pokot county, Kenya, says her kitchen garden has greatly improved her family's access to vegetables and provided additional income.

These are just three ways a gift in your Will to Action Against Hunger could save lives. But there are so many more. In 2025 Action Against Hunger worked in 52 countries to tackle hunger. Our life-saving programmes reached more than 21 million people around the world, and we responded to 71 emergencies in 31 countries. And we know that the need for our work in the future will be as great, if not greater, than it is today. A gift in your Will today will be critical in the future to help us fight hunger.



Before



After

A gift in your Will could transform

a malnourished child's life

Mariame was only 19 months old when she met our teams in the Central African Republic. She was suffering from life-threatening hunger.

Our teams worked quickly get Mariame back to health, and back to playing happily with her mum.

We help children like Mariame by:



Visiting families at home to screen children for malnutrition.



Giving them ready-to-use therapeutic food in the form of a peanut paste or milk.



Offering nutrition advice to parents to help them prevent malnutrition in the future...



...and six weeks later, conducting follow-up visits to celebrate their progress.

Change lives:

leave a legacy for children



Malnutrition is one of the greatest threats to child survival worldwide, and the underlying cause of nearly half of all child deaths. Action Against Hunger's expertise in saving malnourished children's lives is internationally renowned. This is due to more than four decades of experience working where hunger is most severe.

Action Against Hunger pioneered some of the earliest formulas and approaches to treating malnourished children. Around the world, our teams work in health centres, on mobile teams, and in communities to find cases of malnutrition and ensure that children receive life-saving treatment. Every year, our community-based nutrition programmes reach hundreds of thousands of mothers and children.

A gift in your Will could enable children experiencing life-threatening hunger to receive the intervention they need to save their life and help them thrive.

**A gift of even 1% of your estate
could make a huge difference to
predicting, preventing and treating
life-threatening hunger in the future**

Making a Will: we are here to support you

Having a Will is the only way you can ensure your intentions, after you die, are carried out. You can do this either through visiting a local solicitor or professional Will writer face to face, or by using an online Will writer. Action Against Hunger has a partnership with a professional online Will writing company, MyIntent, which is FREE to use.

Please see page 14 for example wording for when you write your Will and include a life-saving gift to Action Against Hunger.

However you choose to write your Will, we are here to help, should you need it. If you have any questions about writing your Will or including a gift to Action Against Hunger, please call or email:

Action Against Hunger, UK

Supporter Care Team

Telephone: 0208 853 7577

Email: wills@actionagainsthunger.org.uk

We would love to talk to you, answer your questions, and hear about your wishes for your gift.

How to use *MyIntent*

MyIntent is a free, convenient service that allows you to make the right Will for your needs in the way that suits you best, always with good legal advice.

You can get started straight away by visiting:

myintent.life/aah

- 1** Complete the online Will interview, with support and guidance available throughout the process.
- 2** Receive automated legal advice in the form of recommendations, and sometimes requirements, from MyIntent's Solicitor.
- 3** Book a legal appointment to discuss any of these in more detail. Or, if a free basic Will is suitable for you, choose the convenience of receiving it without an appointment.
- 4** Receive your Will with a Letter of Advice summarising the advice you've been given, along with instructions on signing and witnessing your Will correctly.

Make your Will
with Action
Against Hunger

Welcome to the MyIntent will-writing service from Reagent Ltd.
Action Against Hunger has directed you to us so you can get
good legal advice and make a good Will that protects the people
and causes you care about.

Start your Will online





Why I left a gift in my Will

**KEN
HOM**
THE MASTER OF
ASIAN CUISINE

Ken Hom is one of the world's most respected chefs. He's been an ambassador for Action Against Hunger since 2005 when he hosted a high-profile Chinese New Year Dinner to support survivors of the Asian Tsunami. Since then, he has passionately helped to raise awareness about the issue of child hunger, an area he cares deeply about. Ken has also chosen to mark his commitment to Action Against Hunger with a gift in his Will.

"Being a chef, food has been critical to my career. I was raised by a single mother. We were very poor but no matter how little we had, we ate well and seasonally. Since becoming involved with Action Against Hunger, I have been very impressed by its approach and dedication to tackling world hunger. Because I care passionately about child malnutrition I have chosen to support it through a gift in my Will."

If you share Ken's commitment to stopping life-threatening hunger in its tracks, could you join him and leave a gift in your Will to Action Against Hunger?

How to add a gift to your Will

Whether you're writing your Will for the first time or updating it, it's simple and easy to include a gift to Action Against Hunger.

A gift that is so powerful it will save lives and help to build a world free from hunger.

No matter the size of the gift, we will make sure it has the biggest impact possible.

The page opposite illustrates the different types of gifts you can leave. If you do decide to leave a gift to us in your Will, thank you so much - we really appreciate it.

All you'll need is our charity name and registered charity number:

Action Against Hunger UK

Registered charity:

- **England and Wales 1047501**
- **Scotland SC048317**

If you'd like to leave any other types of gifts to Action Against Hunger or you think your gift could reduce your inheritance tax through the Government's 10% scheme, we recommend you take legal advice.

If you have any questions about adding Action Against Hunger to your Will, please call:



0208 853 7577

or email:



wills@actionagainsthunger.org.uk

A gift of even 1% of your estate, after you've taken care of family and friends, could make a huge difference to predicting, preventing and treating life-threatening hunger in the future

£5,000

could buy 12,000 mid-upper arm circumference armbands which are used to diagnose severe acute malnutrition in children.

£10,000

could save the lives of 238 children with severe acute malnutrition by providing ready to use therapeutic food for six weeks

£20,000

could provide 200 families with shelter, a cooking kit and a first aid kit in an emergency context

Simple legal terms explained

Beneficiary:

A person or organisation, such as Action Against Hunger, to whom you leave a gift in your Will.

Estate:

Everything you own at the time of your death including your house, your possessions (car, jewellery etc), money and investments. All debts such as loans and mortgages will be paid out of the value of your 'estate'.

Executor:

The person or company (such as a bank or solicitors' firm) you appoint to distribute your estate according to the instructions in your Will.

Legacy:

A gift left to a person or charity in your Will. Also known as a bequest.

Will:

A legal document that sets out who you wish to receive your estate after your death.

Three simple types of gift

1. Cash gift or pecuniary gift

The gift of a fixed sum of money is known as a cash gift or pecuniary gift e.g. £500 or £5,000. The value of this gift will go down over time as it won't increase with inflation.

2. Share of your estate or residuary gift

This is the amount of your estate left after your debts have been paid and cash gift made. This is normally given to family, friends and/or charity in percentages or fractions e.g. 10% of my estate. This gift will increase or decrease with inflation and as your estate grows or shrinks in size.

3. Specific gift

The gift of a particular named item that you wish to pass on to a family member, friend or charity e.g. an antique, a piece of jewellery or even a property.

The logo for MyIntent, featuring the word "My" in a purple script font and "Intent" in a purple serif font, with a horizontal line underlining "Intent".

The MyIntent online service includes legal advice. That means, as a minimum, you will receive a free Basic Will that is adequate for your needs and protects your loved ones. Your advisor will act for you alone and not for our charity or anyone else. Advice may also be provided on extra steps or additional services you should consider because they're in your best interests or those of your estate or intended beneficiaries.

Read the MyIntent T&Cs here: go.myintent.life/terms



Thank you so much for considering leaving a gift in your Will to action against hunger.

If you have any questions at all, please call us on:

0208 853 7577

Or email:

wills@actionagainsthunger.org.uk

Build a world free from hunger for future generations

A gift in your Will to Action Against Hunger, whether large or small, will make a vital difference in the future. We promise to use your gift where it is most needed so it will have the biggest impact towards our vision of a world where no one dies from hunger.

