

HEALTH DISCIPLINES

Advancing Care Together



Annual Report 2025/26

MESSAGE FROM

SONYA & SARAH

We are very excited to share the first Unity Health Toronto Health Disciplines Annual Report.

This report highlights the incredible achievements of our diverse Health Disciplines clinicians from across Unity Health. It shares stories of clinical innovation, curiosity, and dedication to research and knowledge translation, along with a deep commitment to clinical teaching, education, and leadership.

We are **incredibly** proud of, and inspired by, the work of our many Health Disciplines clinicians who demonstrate Unity's values every day. These values (Compassion, Human Dignity, Inclusivity, Community and Excellence) connect us and our legacy and anchor us to our future as a healthcare organization that embraces technology and innovation while remaining deeply committed to human-centred care.

As we move into the future, we are excited to introduce our **Framework for Collaborative and Scholarly Practice**. This framework reflects how care is delivered and how practice connects across portfolios, teams and enablers to support the best possible patient care across all three sites. It represents who we are in practice and how we engage within Unity and beyond.

With the launch of Unity Health's new strategic plan, the continued contributions of Health Disciplines clinicians will be critical. We cannot achieve our goals without the strength, expertise, and collaboration of these teams.

Thank you to our Health Disciplines clinicians for the specialized care you provide and for your continued dedication to those we serve.



SONYA CANZIAN

Executive Vice President, Clinical Programs & Operations, Chief Nursing and Health Professions Officer



SARAH DIMMOCK

Senior Director, Health Disciplines Practice and Education



We are incredibly proud and inspired by the work of our many Health Disciplines Clinicians.

HEALTH DISCIPLINES BY THE NUMBERS

Health Disciplines at Unity Health represent a broad and diverse group of clinicians delivering care across programs, sites and specialties.

1,500

HEALTH DISCIPLINES
CLINICIANS ACROSS
THE ORGANIZATION

40

UNIQUE
PROFESSIONAL
ROLES

977

HEALTH DISCIPLINES
STUDENT PLACEMENTS
PROVIDED

146

HEALTH DISCIPLINES
STAFF WITH
ACADEMIC
APPOINTMENTS

44

HEALTH DISCIPLINES STAFF
WITH PRACTICE BASED
RESEARCH APPOINTMENTS

Excellence in Practice:

Delivering Connected, Patient-Centred Care

Health Disciplines clinicians across programs and sites are actively shaping how care is delivered, particularly in complex, high-pressure environments where coordination, access and timing are critical.

A shift is underway from discipline-specific involvement to more integrated, team-based models of care, where Health Disciplines are embedded earlier to support patients across the full continuum.

EXTENDING CARE BEYOND THE HOSPITAL

This shift toward more integrated care is shaping how care is delivered beyond hospital walls.

Health Disciplines clinicians are playing a critical role in supporting patients experiencing homelessness, helping to bridge hospital care with community-based supports.

At St. Michael's Hospital, teams have worked to unify outreach and support services under a more coordinated model, strengthening how patients are connected to care both in hospital and in the community.

Together, these Health Disciplines-led programs support patients as they transition from hospital back to the community, ensuring care is coordinated, responsive, and collaboratively designed with patients, to meet their psychosocial, practical, and medical needs.

Patients are not only treated for their immediate medical needs, but are also supported in accessing primary care, housing resources and ongoing services, helping maintain continuity of care and reduce repeat visits.

The **Emergency Department Overflow** initiative is one example of this work. Since January, the program has supported over 100 individuals by providing a safe place to stay and access services after medical clearance. This approach has strengthened follow-up care, reduced discharges to the street and supported patients more appropriately based on their needs.

It has strengthened clinical practice, equipping care teams with the tools, partnerships and supports needed to care for patients experiencing homelessness.



This year saw the expansion of the Homeless Navigator and ED Outreach Programs, alongside the launch of the **Odette Comfort Closet** – a donor-funded initiative that provides essential items such as warm clothing, boots and grocery and transit cards.



STRENGTHENING CARE in the Emergency Department



NEW MODELS OF CARE ARE BRINGING HEALTH DISCIPLINES DIRECTLY INTO THE FRONT LINE OF EMERGENCY CARE.

Occupational therapists, physiotherapists and physician assistants are increasing their presence within Emergency Departments at Unity Health, supporting early assessment, care planning and discharge decision-making. These roles enable earlier intervention, reducing delays and supporting more coordinated decision-making across teams.

This work is changing how care happens in real time, ensuring patients are assessed more holistically, risks are identified earlier and teams can respond more quickly and effectively. It also strengthens communication across disciplines, ensuring decisions are informed by a more complete understanding of each patient's needs.



“ Since starting in the role of a PT in the ED, one of the most common responses that I receive from staff when introducing myself is appreciation for the extra help. Being able to support in faster and safer discharges, as well as avoiding unnecessary admissions has been one of the biggest benefits that I have seen in the past couple of months.

From the patient perspective, another benefit of this role – even for those who are not yet ready for discharge– is early mobilization. Some patients have shared that they have not gotten out of the bed since coming into the hospital. However, after just a few minutes of ambulation, I have often seen a visible improvement in patient's mood and energy levels.”

Yuka Abe

Physiotherapist, SJHC

Supporting Comfort and Dignity in Palliative Care



At St. Joseph's Health Centre, a new volunteer feeding program was developed by the Speech-Language Pathologists (SLPs) with the Palliative Care Unit (PCU) team to support patients during mealtimes by focusing on comfort, dignity and the human experience of care.

The program was developed by SLP Melanie Riva, who identified an opportunity to better support patients requiring assistance with eating, while maintaining safe swallowing practices and preserving the meaning of shared meals at end of life.

SLPs designed and implemented a structured training program to educate volunteers.

Trained volunteers then work alongside clinical teams to support patients with mealtimes – assisting with meal set-up and feeding, ensuring that mealtimes remain a supported and meaningful part of care, which is especially significant to patients at end of life.

By integrating trained volunteers into care teams, this approach allows SLPs and the rest of the PCU team to focus on complex clinical needs while ensuring patients continue to receive attentive, compassionate support.

This work reflects a thoughtful, team-based approach to care, where small moments, such as sharing a meal, continue to be recognized as an important part of the patient experience.

Expanding Community-Based Models of Care

New models of care are extending even further into the community.

The launch of the REACT-T (Recovery Empowerment Assertive Community Treatment Team) represents a new model of interdisciplinary, community-based care.

Launched in early 2026, the team brings together social workers, occupational therapists, nurses, peer support workers and homeless outreach counsellors, working alongside a dedicated addictions psychiatrist to support individuals with complex mental health and substance use needs.

By extending care beyond hospital walls and into the community, the team is helping ensure patients receive consistent, coordinated support where they live, improving engagement, continuity of care and long-term outcomes.



REDUCED
DELAYS



EXPANDED
ACCESS



IMPROVED
COORDINATION



ACCESS, FLOW AND SYSTEM PERFORMANCE

Building on these models of care, teams are making improvements to how care is accessed and delivered across the system.

Health Disciplines clinicians are leading practical, front-line changes that are strengthening care, reducing wait times, expanding access and supporting the overall flow of patients through the system.

These efforts are grounded in everyday challenges, where small delays can have significant impacts on patient experience.

Developing Health System Leaders

Health Disciplines Leaders Fellowship (HDL)

The **Health Disciplines Leaders (HDL) Fellowship** is a structured six-month program at Unity Health Toronto that supports leadership development of clinicians through workshops, mentorship and a capstone project.

25/26 was the second year of the program, which is being formally evaluated. Early results tell a powerful story of transformation – highlighting strong growth in confidence, reflective learning, and understanding of healthcare systems and leadership decision-making.

Early career impact is notable, with **>60% of the initial cohort advancing into expanded leadership or quality improvement roles within 15 months** of graduating from the program.

The 2025–26 cohort builds on this success, with fellows focusing on targeted improvement and innovation projects across key priority areas, including:

- Improved Access to Care & Service Delivery
- Workflow Improvements & Standardization
- Enhancing Collaboration across Professions and Care Settings
- Expansion of Mental Health Supports within the context of a Whole-Person Care Approach
- System Integration across the Care Continuum



Fellows are from diverse range of health professions

- 1 Pathology Assistant
- 3 Occupational Therapists
- 3 Registered Dietitians
- 5 Physiotherapists
- 1 Speech-Language Pathologist
- 1 Medical Lab Technologist
- 1 Recreation Therapist
- 1 Clinical Pharmacist

“ *The best part was that it made me love my job again... it made me excited to come to work to learn and to think in a different way... it brought back joy of work... made me want to be here, even on my clinical days. The things that I learned definitely transferred into my clinical practice as well, especially around equity. It made me think of things differently.* ”

Expanding Access

ENHANCING CARE:

Improving Access to Previously Limited Services

Cardiology and diagnostic imaging teams partnered to develop a standardized, evidence-based protocol to improve access to MRI for patients with cardiac devices.

For one inpatient at St. Joseph's with an implanted pacemaker, this work provided faster access to a critical MRI for a suspected brain lesion that would not previously have been possible, marking a turning point in both their care and the program's development.

This case represented an important milestone and helped establish a new standard of care, demonstrating what is possible through coordinated, interdisciplinary collaboration.

This work was made possible through the collaboration and leadership of teams across cardiology and diagnostic imaging, including **Tracie Daffin (MRT)**, **Ekta Patel (MRT)**, **Carmela Aromin (Cardiac Device Technologist)**, the **Cardiac Device Technologists**, **Dr. Durwas (Radiology Lead)** and **Dr. Garry Thomas (Cardiology Physician Lead)**.

IMPACT

65 Patients successfully received MRI scans



13 Patients (Aug 2022 – Feb 2024)

71

Patients (Feb 2024 – June 2026)



Weekly scheduled MRI spots introduced

Expanded patient eligibility and access



ACCESS TO SWALLOW STUDIES & DIAGNOSTIC IMAGING SERVICE

At Providence Healthcare, recent renovations and investments have expanded on-site diagnostic imaging services, including ultrasound, X-ray and video fluoroscopic swallow studies (VFSS).

Patients can now receive care closer to where they are, reducing the need for transfers to other sites and enhancing the overall patient experience.

This work was enabled through close collaboration across medical radiation technologists, speech-language pathologists and medical imaging operational leadership teams, along with coordinated training and process alignment across sites.

The introduction of on-site VFSS has reduced referrals to other hospitals and helped ease pressure on internal waitlists across sites, supporting more timely access to care.



LEADING QUALITY & BEST PRACTICE

In Clinical Practice



In daily practice, Health Disciplines are at the forefront of everyday quality, safety and process improvements that contribute to the excellent patient care delivered at Unity Health.

St. Joseph's Orthopaedic Technologists launched a Quality Board initiative to track cast-related unplanned visits to the Fracture Clinic and Emergency Department (ED). Based on these insights, they enhanced discharge education for patients with casts, including providing centralized contact information for the Fracture Clinic to support post-discharge concerns. These improvements have reduced unnecessary visits to the Fracture Clinic and ED, while ensuring patients feel well-informed and supported in their recovery.

The **Psychologist and Social Worker at St. Michael's Family Health Team** co-developed and delivered an interprofessional training program focused on cognitive screening for older adults. This initiative equips primary care providers with the skills to recognize signs of cognitive decline that require further assessment, intervention, or referral—including to psychological or social work support services. The program has been recognized with a Unity Health Education Award and is currently being evaluated for potential research publication in the primary care sector.



STANDARDIZING CARE

to Improve Patient Safety: IDDSI Implementation

Health Disciplines clinicians are leading efforts to improve safety and consistency in care delivery across Unity Health, particularly through cross-site standardization and best practice initiatives for clinical practice.

Speech-language pathologists and registered dietitians, in collaboration with Food Services, established **the Unity Health Nutrition Content & Process (NCAP) Committee** – a cross-site forum to support collaboration and decision-making related to inpatient nutrition care and diet standardization.

Through this work, Unity Health successfully implemented the **International Dysphagia Diet Standardization Initiative (IDDSI)** across all three hospital sites, becoming fully compliant for inpatient diets.



This change supports patients by ensuring that diets are ordered in a standardized method that is the safest texture and format for swallowing.

The work also extended beyond implementation. Speech-language pathologists and registered dietitians partnered with Patient and Family Learning Specialists to develop harmonized patient education materials, helping patients and families better understand modified diet types and their role in care.

Together, these efforts are strengthening safety, consistency and reliability in care delivery across Unity Health.

LEARNING, GROWTH & FUTURE WORKFORCE

Alongside these improvements in care delivery, Health Disciplines clinicians are also shaping the future workforce.

Health Disciplines clinicians play a central role in shaping the future of care at Unity Health, not only through the care they provide today, but through their commitment to teaching, mentorship and professional development.

Across programs and sites, there is a strong and shared culture of learning – one where clinicians actively support students, contribute to education and invest in the next generation of healthcare professionals.

997 STUDENTS

completed placements across Unity Health.
This is a 20% increase over the previous year.

77% OF CLINICIANS

participated in clinical education.

146 CLINICIANS

held academic appointments.



These contributions reflect more than participation – they represent a deeply embedded culture of teaching and a shared responsibility for preparing future clinicians for practice.

UNITY'S EDUCATION STRATEGY

ADVANCING A TEACHING ACADEMY & LONGITUDINAL PLACEMENTS

Teaching and learning are foundational to excellent care and professional practice across nursing and health disciplines at Unity Health. As part of its Education Strategic Plan, Unity Health is piloting innovative approaches to improve learners' and preceptors' experiences.



Longitudinal clinical placements are being developed and piloted for physical therapy students in collaboration with the Department of Physical Therapy, University of Toronto and for nursing students in partnership with Toronto

Metropolitan University. These novel placements are designed to enhance continuity of learning and foster a sense of belonging, confidence, and readiness for practice. By completing multiple placements within Unity Health, learners are better able to consolidate knowledge, integrate into clinical teams, and develop professional identity within the organization.



Education and practice at Unity Health are also collaborating to develop a Teaching Academy to support staff and physicians in their roles as preceptors and educators. The Teaching Academy embeds equity, reflexivity, and adaptive

expertise, and aims to strengthen teaching and learning culture across the organization. This initiative will support staff in their important roles as teachers, educators, mentors, and clinical leaders.

For more information, see [Unity Health's Education Strategic Plan 2025–2028](#):

Building the Future Workforce Through Clinical Education

Health Disciplines clinicians contribute to education in many ways, through student placements, mentorship, formal teaching roles.

Across Unity Health, students are supported in developing not only clinical skills, but also the confidence, judgment and adaptability required to work in complex healthcare environments.

At Unity Health, learners are exposed to collaborative models of care early in their training and are prepared to work effectively within interdisciplinary teams.

Our innovative student programs strengthen connections with academic programs and reinforce Unity Health's role as a leading academic health sciences centre.



CREATING PATHWAYS

into Practice: The OT/PT Clinical Extern Program



Health Disciplines teams are actively building new pathways into practice for students.

The Occupational Therapy (OT) and Physiotherapy (PT) Clinical Extern (CE) Program is a formative initiative that provides students with the opportunity to develop clinical skills while working as paid unregulated care providers.

OT/PT Clinical Externs are integrated into interprofessional teams and contribute directly to patient care. Working under the supervision of registered occupational therapists and physiotherapists, externs support patients with a range of functional needs, building both competence and confidence in real-world clinical environments.

The impact of the program is already being felt across care teams.

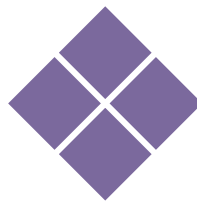


The OT/PT Clinical Externs have been an invaluable addition to our team. Having OT/PT Clinical Externs contribute to therapy has meant that the majority of patients have access to some type of therapy, especially on weekends, as opposed to a select few of priority patients who are able to be seen.

Shelan McCreery
Clinical Educator, Orthopedics
and Amputee Rehab Program.

This model creates a meaningful bridge between education and practice. For many, the extern role becomes a natural progression, from student, to extern, to licensed clinician within the organization.

OT/PT Clinical Externs are currently at the Providence site, with plans to expand the program in 2026 – 2027.



“I’ve had a great experience as an Extern so far,” says Sophie Crow, OT/PT Clinical Extern. “Working with the geriatric population has been so rewarding and I’ve really enjoyed gaining additional clinical experience at Providence to complement my studies at U of T.”



A CAREER BUILT ON CURIOSITY, CONNECTION & SAYING 'YES!' MEET JEFF DIONNE



It sounds cliché, but you do not have community without unity.

A Journey of Growth: Jeff Dionne's Story

More than twenty-five years ago, Jeff Dionne walked through the doors of St. Joseph's Health Centre as a respiratory therapy student—unsure of where his path would lead. What he found was not just a job, but a place where curiosity, courage, and connection could shape a lifelong career.

Today, Jeff serves as **Director of Mission, Organizational Development, Spiritual Care & Volunteer Services**. His journey is a powerful reminder to all staff at Unity that success doesn't follow a single path—it is built through openness, growth, and saying "yes" to opportunity.

Human Connection Matters

"I truly care about the people at Unity. That human connection matters—and it allows you to lead even when you do not have all the answers."

In a fast-paced healthcare environment, taking the time to connect, understand, and support one another makes all the difference.

Start with Who You Are

Jeff often introduces himself first and foremost as a respiratory therapist. For him, staying connected to his roots matters.

"Even if your career path does not look traditional, anything is possible."

Inspired by his grandmother's illness, Jeff developed a passion for care that guided his journey across clinical, education, and leadership roles.

Lead with Presence & Curiosity

Jeff's leadership style is grounded in authenticity.

"Leadership for me is about presence—being visible and accessible."

Rather than assuming he had all the answers, he chose to listen first. This mindset is a powerful lesson for anyone looking to grow—leadership is not about knowing everything; it's about being open, curious, and willing to learn.

Say Yes to Opportunity

One of the defining choices in Jeff's career was his willingness to step forward—even when the path wasn't clear.

At Unity, growth often begins when you:

- Take on stretch assignments
- Get involved in new initiatives
- Build relationships across teams

Programs like Unity's Leadership Academy are built on this very idea—helping staff explore their potential and grow into new roles.

Collaboration is the Key to Success

Throughout his journey, Jeff has championed teamwork.

He led early models of team-based care—so innovative that they were presented internationally. His message is clear: when we work together, we deliver better **care and create stronger teams**.

“ You do not always know where an opportunity will lead. That is why it is important to get involved and meet people. ”



ADVANCING PRACTICE THROUGH INNOVATION, RESEARCH & DIGITAL TRANSFORMATION

Health Disciplines clinicians are playing a central role in shaping the future of care, through the integration of digital tools, the advancement of practice-based research and the development of new models that support high-quality, evidence-informed care.

This marks a broader shift across the organization, where innovation is grounded in practice, informed by data and driven by the needs of patients and teams.

Supporting Learning and Wellbeing in Practice



As an academic health sciences centre, Unity Health continues to advance research that is grounded in clinical practice and focused on improving patient care.



44 Clinicians are appointed as practice-based researchers.



25 Active research projects are underway across a range of clinical areas.



Contributing to peer-reviewed publications and presenting at conferences nationally and internationally.



Building knowledge that improves care - everywhere.

- **Together, these efforts demonstrate a strong culture of inquiry**, where clinicians are asking meaningful questions based on their day-to-day practice and contributing to the development of evidence that informs care.
- **Importantly, this research is not separate from practice**. It is embedded within it, ensuring that findings are directly applicable and contribute to real-world improvements in care delivery.

ENABLING CARE THROUGH

Digital Transformation

The implementation of Unity Health's new cross-site electronic patient record, Epic, marked a significant milestone in how care is delivered, documented and coordinated across the organization.

This was not simply a technology implementation – it represented a fundamental shift in how teams work, how information is shared and how care is delivered across sites and programs.

Health Disciplines clinicians played a critical role in making this transition successful.

Across Unity Health, clinicians contributed their expertise to the design, implementation and stabilization of the system, ensuring that workflows reflected the realities of clinical practice and supported high-quality patient care.

Supporting this work is the Practice Informatics team, made up of informaticians who help clinicians and teams use technology and data in practical, meaningful ways. Their work strengthens care delivery, supports a culture of innovation and contributes to broader system transformation.

The impact of this work has extended beyond implementation. By supporting clinicians in using digital tools effectively, Health Disciplines are helping to improve documentation, enhance decision-making and enable more coordinated care across the organization.

This has also been recognized at an international level. Unity Health achieved Stage 6 designation in both the Electronic Medical Record Adoption Model (EMRAM) and the Analytics Maturity Assessment Model (AMAM), reflecting strong performance in the use of digital tools and data to improve quality, safety and patient outcomes.

Here's how Health Disciplines clinicians were involved in the organization's digital transformation

- 215 clinicians serving as super users and credentialed trainers, supporting colleagues and sharing their expertise throughout implementation
- Participation in more than 30 workgroups contributing to system design and stabilization
- Engagement in 9 Epic immersion visits focused on research and development



Health Disciplines clinicians played a critical role in making this transition successful.



EVOLVING ROLES TO MEET Changing Needs

Health Disciplines teams are also evolving roles and optimizing scopes of practice to better meet the changing needs of patients and the healthcare system.

Teams are advancing innovative approaches to early identification and intervention. Following the successful introduction of the Malnutrition Screening role at St. Michael's Hospital, St. Joseph's Health Centre has now implemented a similar model. These teams collaborate across sites, sharing learnings and standardizing approaches to screen all newly admitted patients for malnutrition risk. This has led to earlier identification and more consistent care. The team has also piloted "instant orders" in EPIC, enabling automatic referrals to Registered Dietitians when patients screen positive, supporting timely assessment and intervention.



New roles are also emerging to address broader system barriers to care. The Income and Coverage Support Assistant pilot is a unique cross-site clinical support role that helps patients obtain or reinstate OHIP coverage. For patients who are newly arrived, experiencing homelessness or navigating complex documentation challenges, accessing coverage can be a significant barrier to care. This role works interprofessionally alongside physicians, social work, transition planning, admitting and finance teams to help patients access the care they need.

These evolving roles reflect a broader advancement of professional practice leadership across disciplines. Together, they are enabling more flexible, responsive models of care and strengthening team-based approaches across the organization.



*Jackie Sanz
Nutrition Screener, SJHC*



*Natalia Allendes
Income Coverage & Support Assistant
Unity Health*

ADVANCING CARDIAC CARE

Through Technological Innovation

Cardiac Device Technologists across Unity Health are supporting the introduction and adoption of advanced technologies that are improving the precision, efficiency and outcomes of cardiac care.

Over the past year, the team has contributed to several significant advancements within the Electrophysiology (EP) Lab and Device Operating Room.

One of the most notable developments is the introduction of **Pulsed Field Ablation (PFA)**, an innovative approach to treating atrial fibrillation. This technology uses pulsed electric fields to selectively target cardiac tissue, enabling faster and more efficient pulmonary vein isolation compared to traditional radiofrequency ablation. Since its implementation in December 2024, the team has supported increased procedural efficiency, with capacity for up to four atrial fibrillation ablations per day.

The team has also supported the integration of CARTOSOUND, which combines intracardiac ultrasound imaging with 3D mapping technology. This enables more precise and efficient visualization of cardiac structures, particularly within the left atrium, improving both procedural accuracy and workflow efficiency.

In addition, the adoption of Left Bundle Branch Pacing (LBBP) in the Device Operating Room represents an important advancement in physiologic pacing. By more closely replicating the heart's natural conduction system, this approach has the potential to improve long-term cardiac function and patient outcomes.

Together, these advancements reflect the team's commitment to innovation, technical excellence and supporting increasingly complex electrophysiology procedures.



STRENGTHENING PRACTICE

Through Collaboration & Shared Frameworks



This year, Unity Health is introducing a **Framework for Collaborative and Scholarly Practice**, an important step in defining how Health Disciplines contribute to care across the organization.

The framework reflects how practice is connected across teams, programs and sites. It provides a shared understanding of how Health Disciplines contribute to care, not only within individual roles, but as part of an interconnected system focused on achieving the best possible outcomes for patients.

A key example of this work in action is the pilot of the HALO virtual patient observer.

Launched in **February 2026** in partnership with **General Internal Medicine and the Trauma-Neuro program**, a new model for remote patient observation was introduced. It this allows teams to monitor patients continuously while focusing in-person care where it is most needed.

The system supports patients at risk of falls, harm or clinical deterioration, including those with cognitive changes or high monitoring needs.

The pilot is also evaluating how remote observation can be used safely and effectively at scale, with the goal of expanding this model across the organization while maintaining high standards of patient care.

This pilot demonstrates how technology, practice and collaboration can come together to improve patient safety and optimize clinical resources.

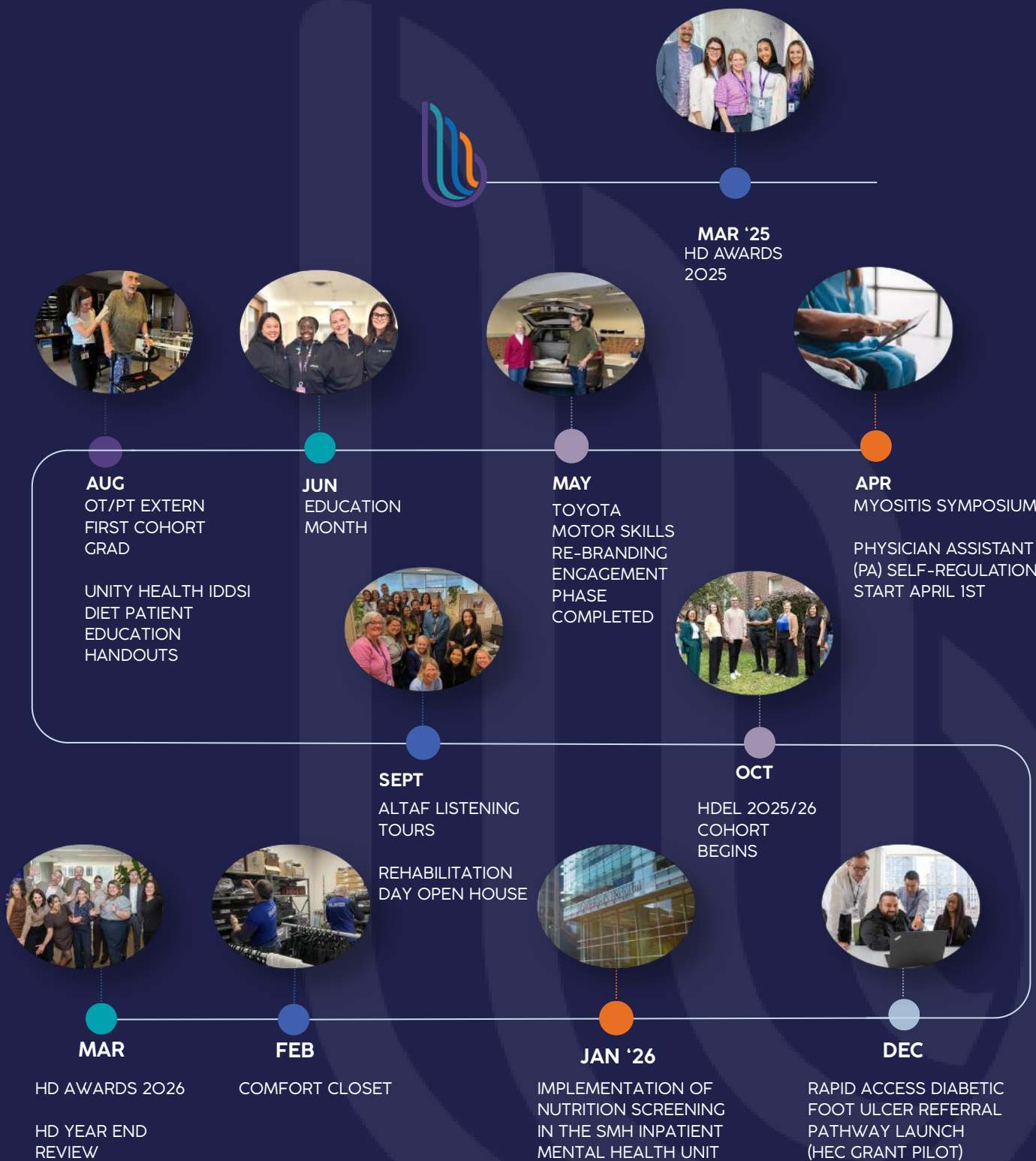
Health Disciplines clinicians are also advancing innovation through applied research and internal grant opportunities, supporting teams to test new ideas, evaluate impact and scale improvements in care.

Through internal project-based research (IPBR) and small grant initiatives, clinicians are leading work that is directly informed by practice and focused on improving patient care and system performance. These initiatives support a culture of inquiry and continuous improvement, enabling teams to move ideas from concept to implementation and to share learning across the organization.

YEAR IN REVIEW

2025 - 2026 highlights

This past year included key milestones across Health Disciplines, reflecting progress in clinical care, education, innovation and engagement.



AWARDS & RECOGNITION

Health Disciplines clinicians and teams were recognized across Unity Health for excellence in clinical care, leadership, innovation and education.

2026 Heath Disciplines Award Recipients

Health Equity & Social Accountability



Angelica Meliton
Social Worker (SMH)

Innovation



Sarah Snobelen,
Pharmacist (SMH)

Interprofessional Team Excellence



Outpatient Rehabilitation Team (SJHC)

Clinical Excellence Award

Leadership Award



David Eisenach
Clinical Psychologist (SMH)

Elaine Clark,
Registered Dietician (SJHC)

Courtney Mabey,
Recreation Therapist (PHC)



Courtney Sas,
Social Worker (SMH)

Melanie Riva,
Speech Pathologist (SJHC)

Shelan McCreery,
Occupational Therapist (PHC)

2025 Heath Discipline Award Recipients

Interprofessional Team Excellence

Inpatient Mobility and Surgical Short Stay Rehab Team

Clinical Excellence

- Gregory Keefe (SMH)
- Kaarin Kauber (SJHC)
- Andrew Lin (PHC)

Leadership

- Ravitha Loganathan (SMH)
- Maria Victoria Santos (SJHC)
- Cheryl Tanaka (PHC)

Innovation

BARLO MS PT & OT Team

Health Equity & Social Accountability

Navigator Homeless Outreach Counsellors

2025 Education Award Recipients

- Distinguished Educator Award - Jean-Paul Michael
- Early Career Educator Award - Jason Castro

2025 Shared Value Recipients

- Human Dignity - Amy Leung, Occupational Therapist
- Excellence - UHT Respiratory Therapy Teams, SJHC
- Inclusivity - 6M Med Oncology Team, SJHC

MEET THE PRACTICE LEADERSHIP TEAM

Health Disciplines leaders bring not only expertise to their roles, but also a wide range of interests and experiences outside of work.



What do you enjoy doing outside of work to recharge?



What is your most played song this past year?



Lorna Bain, PHC

Portfolio: Physiotherapists (PT), Occupational Therapists (OT), Rehabilitation Assistants (OTA/PTA), Social Workers (SW), Registered Dietitians (RD), Recreation Therapists (TR)



Cooking



"Diane Young" by Vampire Weekend



Ian Barrett, SMH

Portfolio: Physiotherapists (PT), Occupational Therapists (OT), Rehabilitation Assistants (OTA/PTA)



Coaching my son's hockey team



"The Arts and the Hours," Jean-Philippe Rameau, Vikingur Ólafsson



Tom Krause, SJHC

Portfolio: Social Workers (SW), Registered Dietitians (RD), Child & Youth Workers, Social Service Roles



Snowboarding, camping, canoeing, fishing, and playing beach volleyball



"Good Day" by Nappy Roots



Ashley King, SMH

Portfolio: Social Workers (SW), Registered Dietitians (RD), Addictions/Withdrawal Management Outreach and Community Workers



Skiing, singing with my choir, and camping with my family



"New England" by Jonathan Richman & The Modern Lovers



Malaika Mvungi, SJHC

Portfolio: Physiotherapists (PT), Occupational Therapists (OT), Rehabilitation Assistants (OTA/PTA)



Dance



"Makeba" by Jain



Lee Rosen, UHT

Portfolio: Speech Language Pathologists (SLP), Audiologist, Chiropodists, Genetic Counsellors, Lactation Consultants, Orthopaedic Technologists/Technicians, Physician Assistants (PA), Psychologists, rTMS Technicians



Cooking, running, and going on hikes with my kids



"Sally, When the Wine Runs Out" by Role Model



Teresa Valenzano-Hacker
Clinical Practice Improvement & Scholarship



Reading, baking, and playing with my son



"Ok Blue Jays" by The Bat Boys

HEALTH DISCIPLINES

ACADEMIC APPOINTMENTS

Abigail Kavanaugh
Alba Greco
Albana Pecani
Albert Zhao
Alexandra Taran
Aly Kassam
Alyssa Swartz
Amanda Mowbray
Amber Robertson
Andrea Dermody
Andres Abuhadba
Rodriguez
Andrew Lin
Angelo Papachristos
Anne-Marie Bourgeois
Ann-Marie McLaren
Antoinette Krakovsky
Arti Parpia
Ashley King
Ayla Kirkham
Baljit Grewal
Brandon Desrochers
Brenda Chang
Brian Jurewitsch
Bronwen De La Huerta
Carmen Morris
Carolins Sierra
Carolyn Jarman
Catherine St. Louis
Celia Rojas
Changqing Du
Cheryl Tanaka
Christine Button
Clarence Chant
Concetta Martins
Courtney Sas
David Sneath
Deanna Feltracco
Dominic Gaudio
Doret Cheng

Elizabeth Leung
Kinny Quan-Velanoski
Kapilan Kulasingham
Faiven Ghirmai
Fang -Ting Teng
Farwa Ladha
Frances Leung
Grace Jokinen
HAE REEN Son
Hannah Woolley
Harry Kanathasan
Heather Campbell
Heather Hawling
Heather Kertland
Henry Halapy
Hilary Every
Hricha Rakshit
Ian Barrett
Ipshitha Anand
Jaclyn May
Jacqueline Holloway
Jasmina Pilasanovic
Jenna Holmes
Jennifer Joachimides
Jessica Casey
Jing-Yi Jong
Joanna Parkes
Joanna Smoley
Jodi Skinner
Jonathan Hunchuck
Joyce Chen
Jubair Aziz
Julia Filinski
Juliet Tu
Juliette Harriott
Kapilan Kulasingham
Karen Lee
Kelly Hennessy
Kendra Carroll
Kerri Porretta
Kim Garland

Pruthaben Thakar
Karen Lee
Kelly Hennessy
Kendra Carroll
Kerri Porretta
Kim Garland
Kinny Quan-Velanoski
Kristin Morrow
Lakshmi Matmari
Laura Schultz
Lauren Lipkin
Lauren Massey
Lauren Noronha
Laxee Nithiyanthan
Leah Engel
Lee Rosen
Lindsay Beavers
Lisa Allana
Lisa Azuma
Loredana Corturillo
Lorna Bain
Malaika Mvungi
Marianne Williams
Marisa Cicero
Marta Deluca
Mary Ellen Newbold
Matthew Collins
Matthew Myers
Maureen Riley
Mayra Serpa Tarazona
Meaghan Walker
Micah Archila
Michael Liu
Mirjana Tusha
Mitchell Alley
Neelam Bal
Nicole Bruni
Pamela Greco
Phan Nhat Quynh Nguyen
Pick Ng

Polyana Mendes
Rachael Coupland
Rachel Devitt
Ran Sun
Rebecca Bunston
Renee Coelho
Richard Kellowan
Robyn Davies
Rose Lee
Sabrina Ng
Samantha Cesario
Samantha Lombardo
Sana Smaoui
Sarah Dimmock
Sarah Rydahl
Sarane Lau
Sharan Lail
Shawna Browne
Shelan McCreery
Shelley Hubbard
Shibo Zhou
Sonya Torreiter
Sreenath Rave
Stephen Wang
Susan Ellis
Suzanne Dales Murray
Suzanne Lu
Sze Ki Ching
Taylor Strande-Townsend
Teena Theivendrarajah
Teresa Valenzano-Hacker
Thomas Krause
Ting-Ting Wan
Tova Nathanson
Tsighereda Yosief
Valerie McWhinnie
Vanessa Panes
Veronica Rodriguez
Vinay Phokeo

Celebrating Our Academic Community

Unity Health's nursing community also demonstrated strong academic engagement this year with 99 University of Toronto appointments across the organization.

Each of these appointments reflects the expertise, dedication and leadership of our health disciplines staff who are shaping the future of healthcare through education, research and scholarship.



LONG SERVICE RECOGNITION

Recognizing 25+ Years of Service

Melissa Papadimopoulos	Chris Ashdown	Andrew Bagrin	Sharon Lee	Cristina Gandolfi	Camille Keith
Apryl Stacey Henry	Laura Prince	Norman Lamontagne	Patricia Mosnia	Antoinette Krakovsky	Taras Petrync
Sharon Law	Sandra Raso	Eva Leek	Carol Huang	Karen Burleigh	Tracy Hahn
Noel Silva	Al-Karim Visram	Dana Whitham	Christine Pitcher	Olga Dycio	Raymond Sung
Michelle Casselman	Ana Cook	Mary John	Pat Maxwell Johnson	Billy Simeon-Sooknanan	Andrew Crook
Theresa David	Joelene Collett	Mark Joithe	Dorit Furman	Todd Koch	Rosario Spatola
Gitana Ramonas	Lucy Boadway	Lisa Allana	Monika Sitarz	Kinny Quan-Velanoski	Elizabeth Grzelak
Janice Smith	Patrizia D'Agostino-	Shari Murdock	Annie Thomas-Diceman	Karima Dewji	Bogumilla Augustynska
Evguenia Tasseva-	Amoroso	Micheline Lees	Catherine Valentini	Peta-Caye Turner	Theresa Gardian
Gavenova	Cameron Simpson	Tracy Walsh	Mary Armilio Rossi	Elaine Tom	Gurmel Sidhu
Katherine Borak	Kristin Broadhead	Angela Burns	Dante Mazzetti	Ann Dowbenka	Kaarin Kauber
Johanna Proceviat	Pabitri Sewcharran	Deborah Arts-Rodas	Michelle Bather	Brian Jurewitsch	Danuta Jones
Phuong Do	Lida Keemss	Francine Szymanski	Florinda Coelho	Shelley Hubbard	Mary Cuvalo
Gloria Villaluna	Melissa Steele	Clarence Chant	Amrit Dhaliwal	Elizabeth Molligan	Lorna A Whittaker
Raymond Javier	Jacqueline Sanz	Angelo Papachristos	Linda Lo	Nancy Rebellato	Andrea Ryl
Bogdan Kielbasa	Nancy Aeschelmann	Khaldoun Timsah		Louis Ho	Caroline Jones
Lubelia Silveira	Lorena Grace Tabije	Biao Dai	<u>35+ Years</u>	Mary Ellen Newbold	Maria D'Souza
Rhonda Rutledge	Saleesha Paul	David Li	Stella Essoudry-Nyman	Angela Amiri	Alanna Howell
Alvin Venales	Wennie Kandasamy	Susan Fuh	Diana Seko-Challenger	Paul Karakolis	Debra-Claire Buonaiuto
Henry Halapy	Salma Satchu	Alana Ferreira	Kampta Persaud	Lynda O'Callaghan	
Kim Grootveld	Kathy Law	Reem Haj	Aimee Keillor	Joanna Sloninko	<u>40 Years</u>
Annette Dal Bianco	Wojciech Iwasiek	Allison Einarson	Susan Ellis	Paula Isenberg	James Fellowes
Savitri Dookhu-Sampson	Brent West	David Bristow	Michael Ball	Michael Titchner	Halina Prelich
Lidia Wankiewicz	Kerri Porretta	Helen Son	Rayna Giobbe	Gilbert Kcomt	
Baljinder Gill	Amer Khayat	Joanna Stanley		Raymond Wong	
Stacey Halliday	Carolins Sierra	Hilary Every		Roger Gilmer	
Karima Murji	Pamela Bennett	Regina Venales		Julian Sheriff	



This report reflects the breadth, depth and impact of Health Disciplines across Unity Health.

From improving access and strengthening care delivery, to advancing education, research and innovation, Health Disciplines clinicians play a critical role in shaping how care is delivered across the organization.

We are proud of the work highlighted in this report and grateful for the dedication, expertise and compassion that our teams bring every day.

As Unity Health moves forward, Health Disciplines will continue to play a central role in advancing care, strengthening collaboration and improving outcomes for patients and communities.

Thank you for all that you do.





UNITY HEALTH
TORONTO