



FIELD



FIELD AT A GLANCE

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Our Mission

Students discover their authentic selves and distinctive paths to become empathetic, creative thinkers who act boldly to shape our shared future.

Our Core Values

CREATIVE + CONNECTED

A Field student develops their passions and interests through exploration and discovery. Meaningful, relevant, and interwoven coursework provides Field students opportunities to grapple with their individuality, interdependence, and the common good as both members of our school community and global citizens.

INQUISITIVE + INCLUSIVE

A Field student seeks to discover more about themselves and the world through inquiry and an intentionally crafted and relevant curriculum. By wrestling with complex, real-world issues, graduates are problem-solvers and innovators. They are proud advocates for themselves and others. As a result of striving towards a deeper understanding of each individual, we build a community that is open and welcoming, celebrating differences and our shared values.

REFLECTIVE + RESILIENT

A Field student is asked not just to produce but to thoughtfully consider and reconsider the evidence of their learning. Exemplifying the school motto, *Aude Sapere* (*Dare to be Wise*), students embrace their mistakes as growth opportunities and hone the iterative design process—developing into lifelong learners.



The Pathway and Experience of a Field Student

Our Vision for Teaching and Learning is the throughline of every student's experience. Grounded in the belief that students learn best through meaningful, connected work, our program challenges students to think deeply, take risks, and apply their learning in authentic ways. Field students experience learning as active, relevant, and connected to the world around them. Through inquiry-driven classes grounded in meaningful questions, students follow their curiosity, think across disciplines, and see themselves as engaged participants in their education.

This learning thrives within a diverse, close-knit community where students are known and valued. A strong sense of belonging empowers them to take intellectual risks, collaborate across perspectives, and grow with the support of teachers and peers who care deeply about their development.

Assessment is designed to support growth, with ongoing feedback, opportunities for revision, and increasing choice in how students demonstrate mastery. Students are encouraged to stretch beyond their comfort zones, grapple with complexity, and learn from mistakes, building confidence, resilience, and independence over time. As students progress, learning extends beyond the classroom through interdisciplinary, project-based experiences. Working with peers and community partners, they apply their knowledge in real-world contexts, develop leadership and collaboration skills, and create meaningful, authentic work.

By graduation, students are prepared to think critically, adapt to new challenges, and pursue purposeful paths in an ever-changing world.

Encouraging and Developing Curiosity

Field's Middle School program honors the curiosity, character, and growing independence of young adolescents. Through interdisciplinary learning, real-world problem-solving, and creative expression, students build skills in critical thinking, communication, and collaboration while developing resilience, self-awareness, and belonging. By eighth grade, students know themselves as learners. They have taken risks, learned from setbacks, and grown into capable, creative people ready to contribute.

Daily Schedule

The day begins with Advisory at 8:00am. Field operates on a daily block schedule with four 65-minute classes. There are seven total blocks that students will cycle through during the week. Clubs and electives are intentionally built into the schedule as Activity blocks at the end of the day.

Sample Middle School Course Trajectory Chart

	ENGLISH	HISTORY	MATHEMATICS	SCIENCE	WORLD LANGUAGES	ARTS
6TH	English 6: Fantasy and Adventure	History 6: Societies and Governments	Integers Operations Number Sense (IONS)	Science 6: Energy and Cycles	World Cultures	Foundations in Art & Design
7TH	English 7: Resilience in The Face of Challenge	History 7: Origins of World Religion and Social Justice	Algebra A	Science 7: Living Systems	French I, II, or Spanish I, II	2D Art, 3D Art, Digital Art, Digital Storytelling, Coding and Making, Theatre, Music, Dance
8TH	English 8: Navigating Independence	History 8: Political and Social Movements	Algebra B	Science 8: Force and Impact	French I, II, or Spanish I, II	2D Art, 3D Art, Digital Art, Coding and Making, Theatre, Music, Dance
	ATHLETICS/ PHYSICAL EDUCATION	Students participate in daily grade-level PE courses and can join a variety of interscholastic sports.		ELECTIVES/ CLUBS	Various faculty-led electives and student-led clubs are available for activity credit.	



Program Highlights

Intersession

Intersession is a one-week immersive program where students apply their learning in real-world contexts through intensive courses, grade-level community service, and travel experiences. They explore new interests and build practical skills beyond the classroom.

6TH GRADE

In 6th grade, students participate in The World Peace Game. Students engage in a hands-on political simulation that allows them to explore the interconnectedness of the global community through the lens of economic, social, and environmental crises and the imminent threat of war. The goal of the game is to extricate each country from dangerous circumstances and achieve global prosperity with the least amount of military intervention. As “nation teams,” students will gain a greater understanding of the critical impact of information and how it is used.



7TH GRADE

In 7th grade, students use the Chesapeake Bay as their classroom, traveling to Port Isabel—a 250-acre island off the coast of Virginia—for a hands-on environmental education program offered through the Chesapeake Bay Foundation. Immersed in the Bay's culture, history, and ecology, students conduct biological surveys, take water-quality measurements, and investigate the very real human impacts reshaping this vital watershed. The experience connects directly to seventh grade's focus on sustainability and food systems, giving students a living laboratory in which to apply their learning and see themselves as active participants in protecting the natural world.



8TH GRADE

Students study Costa Rican ecology by trekking into the rainforest and partnering with the local Bri Bri community on economic, ecological, and cultural sustainability projects. On their journeys, they plant trees to support reforestation projects and learn about the impacts of climate change. They learn about microplastics and their effects on marine life and coral reefs, followed by service work, such as cleaning beaches and sorting through the trash collected. Students return to their final semester of middle school having developed cross-cultural understanding through the mutual sharing of stories and experiences. It's a transformative adventure in personal discovery, leadership building, and design thinking.

Note: This capstone experience occurs during Intersession.

More Agency. More Depth. More You.

Field's Upper School program builds strong foundations while challenging students to make connections, pursue their interests, and take increasing ownership of their learning. Through inquiry-driven projects and meaningful choice, students develop independence, engage complex ideas, and turn their thinking into action.

Graduates leave Field as self-aware, purposeful thinkers who communicate effectively, navigate complexity, and move forward with confidence.

Daily Schedule

In Upper School, the day begins at 8:45am. Field operates on a daily block schedule with four 65-minute classes. There are seven total blocks that students will cycle through during the week. Clubs and electives are intentionally built into the schedule as Activity blocks at the end of the day.

GRADUATION REQUIREMENTS

Graduation at Field requires a minimum of 24 credits:

- 3 Credits: Math
- 3 Credits: Science
- 3 Credits: English
- 3 Credits: History
- 3 Credits: Language
- 3 Credits: Visual and Performing Arts
- 6 Credits: to be fulfilled by core courses in any department listed above

Advisory: All students are required to successfully complete a yearly advisory curriculum.

Activity Credit: All students are required to earn one activity credit per school year. This credit can be earned through participation in an interscholastic sport, elective, or select after-school activities.

Intersession: All students are required to participate in intersession each year.

Sample Upper School Course Trajectory Chart

	ENGLISH	HISTORY	MATHEMATICS*	SCIENCE	WORLD LANGUAGES*	ARTS
9TH	English 9: Odysseys and Journeys	History 9: World History	Algebra I or Geometry	Biology	French or Spanish I–IV French or Spanish Language and Culture V–VII	Choice of 2D, 3D, Digital, Photography, Theatre, Music, Dance Foundations
10TH	English 10: Self and Society	History 10: Modern World History	Analytical Pathway: Analytical Algebra II Data and Modeling Pathway: Algebra II with Data and Modeling	Chemistry	French or Spanish I–IV French or Spanish Language and Culture V–VII	Choice of 2D, 3D, Digital Photography, Theatre, Music, Dance Foundations or Dance Concentration Classes
11TH	English 11: American Perspectives and Possibilities	History 11: US History	Analytical Pathway: Analytical Precalculus Data and Modeling Pathway: Precalculus with Data and Modeling	Engineering and Making, Mathematical Physics, Molecular and Cellular Biology, Physical and Organic Chemistry, Anatomy and Physiology, Marine Biology and Oceanography, Psychology, Video Game Creation	French or Spanish I–IV French or Spanish Language and Culture V–VII	Choice of 2D, 3D, Digital, Photography, Theatre, Music, or Dance Concentration Classes
12TH	Choice of: Storytelling as Resistance, Speculative Fiction, Literature of Immigration and Assimilation, The Legacy of James Baldwin	Choice of: American Constitutional Law in History and Society, African American Studies, Emerging Global Challenges, History and Politics Through Film, Holocaust and Human Behavior, International Human Rights	Analytical Pathway: Single Variable Calculus or Math Seminar: Advanced Topics Data and Modeling Pathway: Statistics and Quantitative Reasoning, or Math Seminar: Advanced Topics	Choice of: Engineering and Making, Mathematical Physics, Molecular and Cellular Biology, Physical and Organic Chemistry, Anatomy and Physiology, Marine Biology and Oceanography, Psychology, Video Game Creation	French or Spanish I–IV French or Spanish Language and Culture V–VII	Choice of 2D, 3D, Digital, Photography, Theatre, Music, or Dance Concentration Classes
	ATHLETICS/ PHYSICAL EDUCATION	Upper school students need one activity credit per year, fulfilled by participating on an athletic team, taking a PE elective, or participating in an intensive extracurricular offering.		ELECTIVES/ CLUBS	Electives and clubs are built into the school day as activity blocks where students can discover new passions, engage in meaningful conversations, and try new things.	

*This is a 4-year plan that shows typical course sequencing for grades 9–12. We place students in math and language courses based on their experience and readiness.



Program Highlights

Interession

Interession is a one-week immersive program where students apply their learning in real-world contexts through intensive courses, grade-level community service, and travel experiences. They explore new interests and build practical skills beyond the classroom.

9TH GRADE

In 9th grade, students explore what it means to be of service in their local community. By partnering with local agencies, non-profits, and community organizations, groups develop a deeper understanding of and relationship to the neighborhoods and people they serve. This immersive and extended commitment to service teaches students the value of sustained engagement with the community. At the same time, students will deepen their relationship with each other through a shared experience.

10TH AND 11TH GRADE

Travel Experiences expand students' perspectives through immersive, service-based learning. Whether studying history in the American South or engaging in community work abroad, students develop independence, resilience, and global awareness. Offerings include the Civil Rights Journey to the American South, a Holocaust Remembrance trip to Central Europe, a Spanish-language service trip to Peru, and an arts-and-culture-focused trip to New York City.

Immersion Courses:

Faculty offer new courses focused on applying the design thinking process to better understand and develop solutions to a complex, overarching question. Each course will involve a partnership with a community agency, group, or organization.



Examples of potential immersion course topics:

Urban Planning, Entrepreneurship and Business, Civics and Leadership, Engineering and Design, Ethics and Innovation, Digital Storytelling.

12TH GRADE

Students travel as a class to the beautiful American southwest, visiting Valley of Fire and Coral Pink Sand Dunes State Parks in Utah, hiking in Zion and Bryce Canyon National Parks, exploring Cedar Breaks National Monument and the Grand Canyon, enjoying the Colorado River, and taking an engineering tour of the Hoover Dam. This trip is a chance to solidify the bonds with peers that will be with them for years to come.

12th Grade Capstone

The Senior Capstone Program empowers students to pursue in-depth, internship-based, or self-directed exploration and learning under the guidance of professionals in the community. The Senior Capstone Program sends seniors out into the world for three weeks in May, where they share and expand on their learning, forging strong connections between what they have learned at Field and the wider world. Students focus on a subject they wish to study in college or explore a topic of personal interest.

The Senior Capstone experience culminates in a showcase in which seniors share their experiences and reflections on how their Capstones honored, extended, and challenged their learning over the course of their upper school journey.

VISUAL AND PERFORMING ARTS

Through visual art, ceramics, photography, storytelling, theatre, music, and dance, students explore different forms of expression and build a sustained creative practice. Guided by teachers who are working artists, they learn to take risks, respond to feedback, refine their ideas, and

develop an authentic voice. Whether composing music, choreographing dance, producing films, creating visual art, or staging theatrical productions, students gain technical skill, creative confidence, and the satisfaction of making something distinctly their own.



ATHLETICS

At Field, the athletic program celebrates the moments of empowerment that a hard-fought competition brings to student-athletes. Transferable skills of collaboration, teamwork, resilience, grit, and confidence bolster student success in athletics and the classroom.

We believe that a holistic approach to athletic skill development fosters a lifelong commitment to physical well-being and to enjoying sports beyond high school. Developing multi-sport athletes who enjoy participating across seasons helps our student-athletes build healthy habits that carry into adulthood.

Athletics and PE offerings:

PE Electives: Yoga, Weight Training, and Hiking.

Middle School Sports: Soccer, Volleyball, Cross Country, Basketball, Swimming, and Track & Field.

Upper School Sports: Soccer, Baseball, Basketball, Volleyball, Cross Country, Swimming, Winter Track, Girls Lacrosse, Tennis, Track & Field.



84

League Championships

80%

of students participating in interscholastic athletics

25

teams across Middle and Upper School

10

League Records held by Field athletes

43

all conference honors

COLLEGE COUNSELING

College counseling at Field is personalized and relationship-driven. Our experienced college counselors help each student reflect on their strengths and aspirations, select colleges and universities where they will grow, and prepare applications that are authentic and compelling.

Students and families are guided through every step of the process. Through grade-level programming throughout the Upper School years, one-on-one advising, and college workshops during advisory for 11th- and 12th-graders, students gain clarity, confidence, and a strong understanding of their options.

This robust and comprehensive program includes:

- Grade-level specific, timely College Night programs for students in grades 10–12.
- One-on-one student and family counseling.
- Curriculum-based College Seminar course integrated into the advisory program during grade 11.
- Annual college coffee for all parents to understand the current college admission landscape.
- College Boot Camp: an intensive program prior to 12th grade, led by college counselors and college admissions officers.
- Signature college counseling programs that include a winter “College Day” with a case studies event for families, and a spring college fair for 11th-grade students and families, providing exposure to nearly 200 college representatives each year.

**See where Class of 2026
graduates are headed:**





FIELD

FIND YOUR FORMULA



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