



— Mr. Bijender Lakra
Director, Parivartan Foundation

नशे से आज़ादी

नई शुरुआत की ओर

अपना जीवन फिर से संवरें

नशा सिर्फ एक आदत नहीं, बल्कि एक बीमारी है जो लाखों ज़िंदगियाँ बर्बाद कर रही है।
नशे की इस लड़ाई में VRIDDHI FOUNDATION आपके साथ खड़ा है,
क्योंकि नशा केवल एक इंसान को ही नहीं, बल्कि पूरे परिवार, समाज और देश को भी प्रभावित करता है।
नशे के खिलाफ इस संघर्ष में हम आपके साथ हैं ।

ABOUT VRIDDHI FOUNDATION

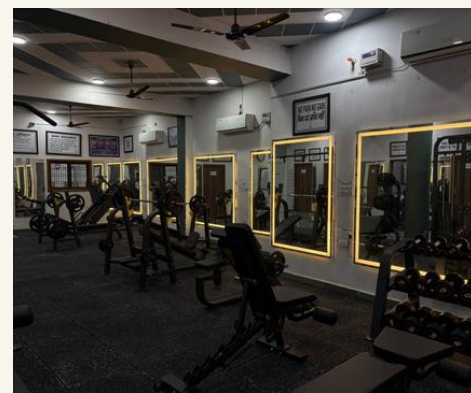
(Vriddhi Foundations Associate of Parivartan Foundation)

Vriddhi Nasha Mukti Kendra, established in 2025 by **Mr. Harsh Lakra**, supports individuals in overcoming addiction through counselling, therapy, rehabilitation, and family guidance. Our goal is to help people rebuild healthier, more meaningful lives in a safe and supportive environment.



Explore Our Moments

Take a closer look at our facilities, environment and activities.



Treatment & Support

Support Designed Around Individual Recovery Needs



Recovery Program
Drug De-Addiction Treatment



De-Addiction Support
Alcohol Addiction Treatment



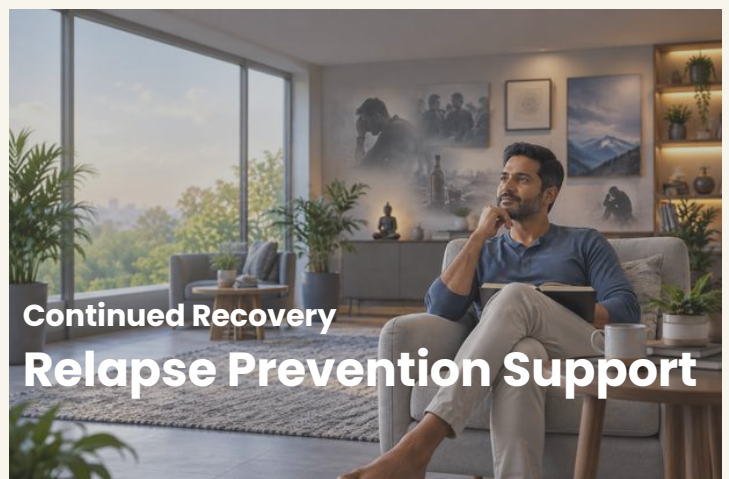
Integrated Support
Dual Diagnosis Support



One-to-One
Individual Counselling



Family Support
Family Counselling



Continued Recovery
Relapse Prevention Support

FACILITIES AT OUR REHABILITATION CENTRE

Comfort, Care & Support for a Better Recovery Journey

We provide a safe, structured and supportive environment for physical, emotional and social recovery.

Harsh Lakra
(FOUNDER)



Manisha Lohchab
(MSW COUNSELLOR)



Ashok Kumar
(Peer Support Counsellor)



Daily Wellness

- Yoga & Prarthana
- Gym Facility
- Motivational Activities

Comfortable Stay

- Separate Room Facility
- Clean Living Environment
- Daily Routine Support

Professional Support

- Doctor Support
- MSW Counsellor
- Clinical Psychologist
- Peer Support Counsellor

Food & Kitchen

- Kitchen Facility
- Regular Meals
- Daily Nutrition Support

Activities & Engagement

- Cultural Activities
- Festival Celebrations
- Fun & Recreational Activities

Continued Support

- Work-from-Rehab Support
- After-Discharge Follow-up
- Medical Test Facility

A SAFE & SUPPORTIVE ENVIRONMENT FOR RECOVERY

GET IN TOUCH

Take the First Step Towards Recovery

If you or your loved one is struggling with addiction, our team is here to listen, guide and support you.



Call Us

+91-9899664152

Talk directly with our team



Email Us

vriddhifoundationdelhi@gmail.com

Send us your requirements



Visit Us

**Plot no-641, Near Metro Pillar No.
504, Mundka Mor, Delhi - 110041**

Visit our office

Visit Website

