MISSION OAKS RECREATION & PARK DISTRICT

Fall / Winter

RECREATION GUIDE 2026-2027



WINTERFEST
Check out MORPD's newest holiday event, Winterfest! Pg. 4

Stay in Touch!

SCAN HERE TO SIGN UP FOR OUR CONTACT LIST

MissionOaksRecandParks

@missionoaksrec

morpd.com

MISSION OAKS
RECREATION & PARK DISTRICT

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CONTACT US

ADVISORY BOARD OF DIRECTORS

Robert Evans, Chair
Pati Brown Todd, Vice Chair
Mike Tucker, Clerk
Michael Alcalay, Director
Jeff Rothberg, Director

SACRAMENTO COUNTY BOARD SUPERVISOR

Honorable Rich Desmond, District 3

MANAGEMENT STAFF

Daniel Barton, District Administrator
Danny Curtola, Recreation Superintendent
JR Hichborn, Parks Superintendent
Nicole Friedrich, Administrative Services Manager
Darren Woodland, Finance Manager

REPORT A MAINTENANCE ISSUE

To assist MORPD in maintaining clean and safe parks, report any maintenance issues by calling (916) 359-1606 or email jrhichborn@morpd.com

For urgent issues such as broken water lines or safety hazards, contact Sacramento County Dispatch at 3-1-1 or (916) 875-5000

A NOTE FROM OUR DISTRICT ADMINISTRATOR

Dear Mission Oaks Community,

As we welcome the fall and winter seasons, I want to take a moment to express how incredibly proud I am of our Mission Oaks Recreation and Park District staff. Every day, they serve our community with passion, dedication, and a genuine commitment to providing outstanding parks, programs, and services. Their hard work and enthusiasm make MORPD a special place to live, play, and connect.

This year, we are excited to begin updating our Master Plan, which will help shape the future of our parks, facilities, programs, and open spaces. Community input is an essential part of this process, and we want to hear from you. You will see District staff at community events where we'll be listening to your ideas, priorities, and vision for the future of Mission Oaks. Your voice matters, and together we can create a Master Plan that reflects the needs and aspirations of our community for years to come.

Thank you for your continued support of the Mission Oaks Recreation and Park District. We look forward to connecting with you this season and working together to build an even stronger community.



Warm regards,
Daniel Barton
District Administrator

MEET THE MISSION OAKS MASCOT - LINK!

Meet Link, our mascot and the legendary bigfoot of Arden Arcade and Carmichael! Once a local legend who frolicked by Mission North Park, Link is now embracing community life after decades of hiding.

This fall and winter, keep an eye out for Link as he visits MORPD programs, special events, and community gatherings to say hi and join in the fun. Whether he's spreading seasonal cheer, posing for photos, or surprising guests with his playful personality, Link is always ready to make memories with the community!



ONLINE REGISTRATION



SCAN HERE TO REGISTER NOW!

FIRST TIME USERS

- Go to **morpd.activityreg.com**
- Click "Create Account"
- Enter you and your family's information
- Once your account is created, click "Home" to browse programs
- Follow the "Sign Up" prompts as directed

HAVE AN ACCOUNT?

- Go to **morpd.activityreg.com**
- Click "Login"
- Enter your email and password
- Browse programs and follow the "Sign Up" prompts as directed

REGISTRATION QUESTIONS?
CALL US AT (916) 488-2890

OTHER WAYS TO REGISTER

Walk-In
Cash, check, and credit are accepted at our customer service locations, Monday-Friday, 8:30am-4pm.

STAFF HIGHLIGHT



RECREATION SUPERVISOR

Michael Parissenti

Meet Michael Parissenti, MORPD's new Recreation Supervisor! Originally from the San Jose area, Michael moved to Carmichael in 2023 and is excited to give back to the community that welcomed his family. He oversees Gibbons Community Center and programs including Preschool and Camp Have a Lot of Fun.

Michael is most excited about creating spaces where people of all ages and interests can come together, connect, and build meaningful community connections. He especially enjoys working at Gibbons because of the incredible people around him - the dedicated staff, passionate coworkers, and community members who make each day rewarding. When he's not at work, Michael enjoys spending time with his family and playing hockey. A fun fact about Michael: he shares a birthday with both his mother and his aunt (and no, they aren't twins)! Come say hi the next time you are at Gibbons Community Center!

CUSTOMER SERVICE LOCATIONS



District Office
Mission North Park
3344 Mission Ave.
Carmichael, CA 95608
(916) 488-2810
Monday-Friday: 8am-5pm



Gibbons
Community Center
4701 Gibbons Dr.
Carmichael, CA 95608
(916) 972-0336
Monday-Friday: 8am-5pm



Swanston
Community Center
2350 Northrop Ave.
Sacramento, CA 95825
(916) 333-6464
Monday-Friday: 8am-5pm

2026-2027 EVENTS CALENDAR

SEPTEMBER

9/7 **Last Day of Splash Park**
Swanston Park

9/25 **Concert in the Park: Mission Oaks Shakedown - A Grateful Dead Tribute**
6-8pm | Gibbons Park
Come jam to the groovy tunes of the Nipper Brothers at a Grateful Dead tribute concert!



OCTOBER

10/5 **Break Camp & Music/Video Game Camp**
8am-5pm | Swanston Community Center

10/10 **Founder's Harvest Festival**
10am-2pm | Carmichael Park
Enjoy a kid zone, live music, a car show, and food trucks! Hosted by Carmichael RPD.

10/29 **Spooktacular**
6-8pm | Swanston Park
Wear your costume and enjoy a spooky night of trick or treating, crafts, bingo, a photo booth, a pumpkin patch, and carnival games!

10/30 **GCC Halloween Dance**
1:15-3:45pm | Gibbons Community Center

NOVEMBER

11/14 **Fall Craft Fair**
9am-2pm | Gibbons Community Center
Explore a wide selection of local crafters and artisans, and kick off your holiday shopping!

11/18 **Thanksgiving Luncheon**
Doors open at 11:30am, Food Service 12pm
Gibbons Community Center | $20/Person

11/12 -11/13 **Brand Builders Camp**
8am-5pm | Swanston Community Center

11/23 -11/25 **Thanksgiving Break Camp**
8am-5pm | Sierra Oaks K-8

11/20 -12/4 **Letters to Santa**
Drop Off Locations: District Office, Gibbons CC & Swanston CC



DECEMBER

NEW!

12/19 **Winterfest**
5-7pm | Swanston Community Center
Experience winter fun for the whole family! Enjoy sleigh rides, silent disco, crafts, carnival games, hot chocolate, and SNOW!

Dates Vary **Winter Break Camp**
8am-5pm | Sierra Oaks K-8
See Page 8 for Details

JANUARY

1/5 **GCC Winter Ball**
1:15-3:45pm | Gibbons Community Center

FEBRUARY

2/12 **GCC Sweethearts Dance**
1:15-3:45pm | Gibbons Community Center

2/15 -2/19 **Presidents' Break Camp**
8am-5pm | Sierra Oaks K-8

MARCH

3/16 **GCC St. Patrick's Day Dance**
1:15-3:45pm | Gibbons Community Center

3/20 **Pint-Sized Play Day**
10am-12pm | Mission North Park
Our littlest friends are invited to a full day of PLAY! Experience music, sensory play, story time, art, and more!

3/22 -3/26 **Spring Break Camp**
8am-5pm | Sierra Oaks K-8



INTERESTED IN SPONSORING A MISSION OAKS EVENT?
We need sponsors to make our special events possible! Learn more about our sponsorship opportunities at MORPD.COM/MISSION-OAKS-SPONSORSHIPS

SEE FULL LIST OF SPECIAL EVENTS AT MORPD.COM!

DOG PARK



SACRAMENTO PARKS FOUNDATION

The Sacramento Parks Foundation is a joint nonprofit volunteer organization formed by four Sacramento County recreation and park districts: Arcade Creek, Arden Manor, Fulton-El Camino, and Mission Oaks. Together, we support our member districts by providing grant opportunities, expanding recreational programs, and creating opportunities for underserved youth throughout our communities.

With the support of MORPD, SMUD, community partners, and grant funding, the Sacramento Parks Foundation helped make emPOWERment Park a reality — an innovative, all-inclusive playground where children of all abilities can play, learn, and connect.

Your support can keep this incredible park thriving. Donations fund the ongoing maintenance, repairs, and improvements needed to ensure emPOWERment Park remains safe, welcoming, and accessible for years to come.

Visit the Sacramento Parks Foundation website to learn more and donate today! Thank you for supporting our parks, our children, and our community.

Financial assistance is needed to cover the full construction costs. Tax-deductible donations can be made by sending a check to the Sacramento Parks Foundation at 2201 Cottage Way, Sacramento CA 95825.

PARK HIGHLIGHT



EASTERN OAK PARK HISTORY
Eastern Oak Park, spanning 7.1 acres, re-opened on February 24, 2018, but its history dates back to the founding of MORPD in 1975. Initially tucked behind the Eastern YMCA, the park expanded significantly after MORPD purchased the YMCA site in 2014. The old buildings and pool were removed in 2015, paving the way for new developments. With community backing, construction began on May 6, 2017.

Park Amenities Include:

- Multi-Purpose Sports Field
- Playground
- Six Pickleball Courts, Basketball Court (half court), and Futsal Court
- Off-Leash Dog Area
- Walking Path
- Rentable Picnic Shelters
- Plaza Area
- Parking Lot
- Restrooms & Public Accessible AED



MEET THE MORPD ADVISORY BOARD!

Our district is proudly overseen by a dedicated 5-member board of directors, appointed by the Sacramento County Board of Supervisors to serve our community. Each board member brings their unique expertise for a term of four years.
To reach a member of the Advisory Board, feel free to call us at 916-488-2890.

BABY & TOT PROGRAMS



preschool

2026-2027 SCHOOL YEAR

Mission Oaks Preschool is designed to introduce children to group activities in a fun, recreation-oriented setting. Kids will enjoy simple arts and crafts, show and tell, circle time, organized games, and supervised free play in a nurturing and engaging environment where children can explore, learn, and grow. Child must be fully potty-trained to enroll.
Ages: 3-5 (must be 3 to enroll)
Location: 4641 Marconi Ave., Sacramento 95821
Corner of Mission and Marconi Ave in the north wing of the Lutheran Church of Our Redeemer facilities.

ACORNS

DAYS	DATE	TIME	FEE
Tues & Thurs	8/18-5/27	9am-12pm	$190/month

**August 2026 Prorated Fee: $95*

SPROUTS

DAYS	DATE	TIME	FEE
Mon & Weds	8/17-5/26	9am-12pm	$190/month

**August 2026 Prorated Fee: $95*



MEET THE PRESCHOOL STAFF!



PRESCHOOL TEACHER
Mrs. Alison



PRESCHOOL LEAD
Madison





NEW PROGRAM!

little sprouts

NEW!

Are you searching for a engaging and developmentally appropriate environment for your little one? Come join us at Little Sprouts! Our open play sessions invite toddlers to explore, create, and discover at their own pace. Your child will participate in themed art projects, sensory activities, and more! Grown-ups must remain on-site for the duration of each class. Little Sprouts begins in October!
Ages: 2-5
Location: 4641 Marconi Ave., Sacramento 95821
Corner of Mission and Marconi Ave in the north wing of the Lutheran Church of Our Redeemer facilities.

DAY	DATES	TIME	FEE
Fri	Ongoing	10:30-11:15am	$40/Month

**No class on any 5th Fridays of the month*

PINT-SIZED PLAY DAY

Our littlest friends are invited to a full day of PLAY! Experience music, sensory play, crafts, a petting zoo, story time, and more. This event is designed for children ages 0-5 but all are welcome!
DATE: Saturday, March 20
TIME: 10am-12pm
LOCATION: Mission North Park
3344 Mission Ave., Carmichael 95608







BABY BALLET

This class is designed to motivate our youngest dancers to move and groove. Parent participation provides age-appropriate movement for the smallest dancers. We introduce young children to the wonderful world of ballet through story, make believe and music. Please have children come in comfortable clothing.
Ages: Walking-3 Years **Instructor**: Ms. Alison
Location: Swanston Community Center
2350 Northrop Ave., Sacramento 95825

DAY	DATES	TIME	FEE
Tues	Ongoing	10:45-11:15am	$44/month

PRE-BALLET

For children who love to dance, this pre-ballet class will teach them the basics! Beginning techniques, movements, and proper French terms will be used. Please have children come in black leotard (no tutu) pink tights and either bare foot or ballet slippers.
Ages: 3-6 Years **Instructor**: Ms. Alison
Location: Swanston Community Center
2350 Northrop Ave., Sacramento 95825

DAY	DATES	TIME	FEE
Tues	Ongoing	11:15am-12pm	$44/month

SEASONAL YOUTH CAMPS

THANKSGIVING BREAK CAMP



Keep the fun going during Thanksgiving Break! Kids will enjoy exciting games, crafts, outdoor activities, and themed projects while making new friends and creating lasting memories. It's the perfect way to stay active and have fun all week long!
Ages: 5-12 Years
Location: Sierra Oaks K-8, 171 Mills Rd., Sacramento 95864

DAYS	DATES	TIME	FEE
Mon-Weds	11/23-11/25	8am-5pm	$105

**No camp Thursday or Friday 11/26-11/27*

WINTER BREAK CAMP



Spend Winter Break making memories at our exciting day camp! Each day is packed with fun activities, creative crafts, group games, and winter-themed adventures designed to keep kids active, engaged, and having a great time. It's a fun way to celebrate the season with friends during school break!
Ages: 5-12 Years
Location: Sierra Oaks K-8, 171 Mills Rd., Sacramento 95864

WEEK	DAYS	DATES	TIME	FEE
1	Mon-Weds	12/21-12/23	8am-5pm	$105
2	Mon-Weds & Mon	12/28-12/30 & 1/4	8am-5pm	$140
1 & 2			8am-5pm	$220

**Sign up for both Weeks 1 & 2 for a discount!*

PRESIDENTS' BREAK CAMP



Discover, create, and explore during our history-themed Presidents' Break Camp! Throughout the week, kids will dive into exciting activities inspired by the past, enjoy hands-on crafts, play interactive games, and take part in fun challenges that make history come alive. It's a week of learning, creativity, and unforgettable fun!
Ages: 5-12 Years
Location: Sierra Oaks K-8, 171 Mills Rd., Sacramento 95864

DAYS	DATES	TIME	FEE
Mon-Fri	2/15-2/19	8am-5pm	$175

SPRING BREAK CAMP



Spring into fun at our Spring Break Camp! From colorful crafts and exciting games to outdoor adventures and seasonal activities, each day brings something new to discover. It's a great opportunity for kids to stay active, get creative, and enjoy a fun-filled week celebrating the season!
Ages: 5-12 Years
Location: Sierra Oaks K-8, 171 Mills Rd., Sacramento 95864

DAYS	DATES	TIME	FEE
Mon-Fri	3/22-3/26	8am-5pm	$175



NEW!

BREAK CAMP DAYS

S.T.E.A.M. DAY

Power up for an action-packed day where music and gaming come together! Campers will enjoy video games, music activities, creative projects, outdoor games, and collaborative fun. This unique one-day camp blends creativity, technology, and recreation into a memorable experience.
Ages: 5-12 Years
Location: Swanston Community Center
2350 Northrop Ave., Sacramento 95825

DAY	DATE	TIME	FEE
Mon	10/5	8am-5pm	$40

BRAND BUILDERS

Become a young entrepreneur and bring your ideas to life! Kids will create their own business, design a custom logo, and turn their brand into real merchandise like shirts, hats, and stickers. From idea to creation, campers will build something uniquely their own!
Ages: 5-12 Years
Location: Swanston Community Center
2350 Northrop Ave., Sacramento 95825

DAYS	DATES	TIME	FEE
Thurs-Fri	11/12-11/13	8am-5pm	$125

SPRING JAM

A full day of games, creativity, and imagination awaits! Campers will make new friends, stay active, and enjoy a day in a safe and welcoming environment. Please bring a lunch, water bottle, and dress comfortably for a fun day at the park.
Ages: 5-12 Years
Location: Swanston Community Center
2350 Northrop Ave., Sacramento 95825

DAY	DATE	TIME	FEE
Mon	4/23	8am-5pm	$40

LEARN MORE ABOUT MISSION OAKS CAMPS AND REGISTER HERE!



INTELLIBRICKS STEAM ENGINE

The IntelliBricks STEAM Engine Full Day Camp is a dynamic hands-on learning experience through an engaging blend of STEM, creative arts, movement, and play-based exploration. With the perfect balance of learning, creativity, movement, and fun, the IntelliBricks STEAM Engine creates an exciting environment where children learn, explore, create, and grow every day.
Ages: 6-10 Years
Location: Sierra Oaks K-8
171 Mills Rd., Sacramento 95864

WINTER BREAK CAMP

DAYS	DATES	TIME	FEE
Mon-Thurs	12/28-12/31	9am-4pm	$320

**No camp Friday 1/1*

PRESIDENTS' BREAK CAMP

DAYS	DATES	TIME	FEE
Tues-Fri	2/16-2/19	9am-4pm	$320

**No camp Monday 2/15*

SPRING BREAK CAMP

DAYS	DATES	TIME	FEE
Mon-Fri	3/22-3/26	9am-4pm	$397

INTELLIBRICKS
Robotics and STEM enrichment for young minds

YOUTH SPORTS



FALL VOLLEYBALL

Serve up some fun! Kids will learn volleyball fundamentals, improve their skills, and build confidence in a positive, team-oriented environment. With an emphasis on teamwork, sportsmanship, and fun, this program is perfect for players of all skill levels.

INTERMEDIATE CO-ED VOLLEYBALL

Ages: 6-8 Grade Boys & Girls
Practice Locations: Area Middle Schools
Game Location: La Sierra Community Center
5325 Engle Rd., Carmichael 95608

DAYS	TIME	DATES	GAME DAYS	FEE
Mon-Fri	Varies	9/14-10/30	Fri	$130



ELEMENTARY CO-ED VOLLEYBALL

Ages: 3-5 Grade Boys & Girls
Practice Locations: Area Elementary Schools
Game Location: La Sierra Community Center
5325 Engle Rd., Carmichael 95608

DAYS	TIME	DATES	GAME DAYS	FEE
Mon-Fri	Varies	9/25-10/30	Fri	$120

FALL SPORTS CAMPS

FALL BASKETBALL CAMP

This action-packed camp gives young athletes the chance to improve their skills, play games, and enjoy a few days of basketball fun with friends.
Ages: 3-6 Grade Boys & Girls
Location: Arden Middle School
1640 Watt Ave., Sacramento 95864

NEW!

DAY	DATE	TIME	FEE
Thurs-Fri	11/12-11/13	9am-3pm	$90

FALL VOLLEYBALL CAMP

NEW!

Bump, set, and spike your way to success! Join us for a fun, one-day volleyball clinic where players will learn fundamental skills, improve their technique, and build confidence through engaging drills and games. Perfect for beginners and players looking to sharpen their skills!
Ages: 6-14 Years
Location: Arden Middle School
1640 Watt Ave., Sacramento 95864

DAY	DATE	TIME	FEE
Mon	10/5	9am-3pm	$50



WINTER BASKETBALL

Hit the court and have some fun! Our Youth Recreational Basketball League gives players of all experience levels the opportunity to learn basketball fundamentals, develop their skills, build teamwork, and enjoy friendly competition. With a focus on sportsmanship and growth, it's the perfect place to build confidence and foster a love for the game.

INTERMEDIATE GIRLS BASKETBALL

Ages: 6-8 Grade Girls
Location: Area Middle Schools

DAYS	DATES	TIME	GAME DAYS	FEE
Mon-Fri	11/16-1/23	Varies	Sat	$130

INTERMEDIATE BOYS BASKETBALL

Ages: 6-8 Grade Boys
Location: Area Middle Schools

DAYS	DATES	TIME	GAME DAYS	FEE
Mon-Fri	1/25-3/20	Varies	Sat	$130

ELEMENTARY GIRLS BASKETBALL

Ages: 2-5 Grade Girls
Location: La Sierra Community Center
5325 Engle Rd., Carmichael 95608

DAYS	DATES	TIME	GAME DAYS	FEE
Mon-Fri	1/11-3/6	Varies	Sat	$120

ELEMENTARY BOYS BASKETBALL

Ages: 2-5 Grade Boys
Location: El Camino High School
4300 El Camino Ave., Sacramento 95821

DAY	DATES	TIME	FEE
Sun	12/6-1/24	Varies	$120



NEW!

MISSION OAKS 3V3 SOCCER SEASON

Get ready for an exciting soccer season with Mission Oaks 3v3, featuring small-sided games that enhance player involvement. This format allows for more ball touches, competition, and confidence-building. With fewer players and faster play, participants will improve their dribbling, passing, and overall game play in a fun and supportive environment. It's an excellent opportunity for players of all levels to stay active, develop skills, and enjoy soccer each week.
Ages: 3-5 Grade Boys & Girls
Location: Ashton Park
4251 Ashton Dr., Sacramento 95864

DAY	DATES	TIME	FEE
Sun	9/27-11/1	9am-3pm	$150



SIERRA OAKS YOUTH TENNIS

Students will enjoy a good workout from modern-style tennis training and classic competitive challenges.
Instructor: Devin Knox
Location: Sierra Oaks
2762 Huntington Rd., Sacramento 95864

TINY TENNIS
Introductory beginner course where students learn tennis basics and work on the ABC's of athleticism: agility, balance, and coordination.

ELEMENTARY TENNIS
Players master the tennis basics and learn sportsmanship through fun group-tennis gameplay.

MIDDLE SCHOOL TENNIS
Players refine their fundamentals, work on good sportsmanship, and enjoy a great workout.

PROGRAM	AGES	DAYS	TIME	FEE
Tiny Tennis	5-7	Mon-Thurs	3:30-4pm	$150/Month
Elementary	8-11	Mon-Thurs	4-5pm	$300/Month
Middle School	11-14	Mon-Thurs	5-6:30pm	$400/Month

KIDZ LOVE SOCCER

Kidz Love Soccer programs include skill demos, fun games, and scrimmages in a non-competitive recreational setting. It's ideal for beginners and fun for those with experience. Shin guards are required (except Parent & Me). Participants receive a jersey!
Location: Shelfied Park
1849 Suffolk Way, Carmichael 95608

Fall Dates: 9/12-11/7 **Winter Dates**: 1/30-3/13

PROGRAM	AGES	DAY	TIME	FEE
Mom/Dad & Me	2-3.5	Sat	9-9:30am	$160
Tot-Soccer	3.5-4	Sat	9:35-10:10am	$160
Pre-Soccer	4-5	Sat	10:15-10:50am	$160
Soccer 1	5-6	Sat	10:55-11:40am	$160
Soccer 2	7-10	Sat	11:45am-12:30pm	$160

MOMMY/DADDY & ME SOCCER
Join your toddler in fun, age-appropriate soccer activities that enhance their motor and social skills. Adult participation is necessary, allowing you to engage in the world's most popular sport together.

TOT-SOCCER
Tot-Soccer promotes independent group activities, enhancing confidence and physical development. Through games, children improve motor skills, build self-esteem, and prepare for running and kicking.

PRE-SOCCER
Have fun and learn the basic techniques while building self-esteem and learning to follow instructions in a nurturing teaching environment. The focus will be on soccer skills and individual development.

SOCCER 1: TECHNIQUES & TEAMWORK
Players will learn dribbling, passing, defense, and shooting through fun skill games. Each participant will have a ball, and small-sided soccer matches will be gradually introduced, making it ideal for beginners and engaging for those with some experience.

SOCCER 2: SKILLZ & SCRIMMAGES
Skillz and Scrimmages offers a great introduction to competitive soccer, focusing on advanced skills like dribbling, passing, and shooting in a team setting. Kids learn teamwork through scrimmages and experience all positions, including goal-tending. The program is suitable for players of different skill levels.



SPRING TRACK & FIELD

ELEMENTARY TRACK AND GAMES

Ready, set, go! Kids will run, jump, and play their way through a variety of track-inspired events and exciting team games. Designed for all skill levels, this program helps build confidence, encourage teamwork, and keep kids active while having a blast!

Ages: 2-6 Grade Boys & Girls
Practice Locations: Area Elementary Schools
Practice Days/Times: Vary by School
Meet Location: Mira Loma High School
4000 Edison Ave., Sacramento 95821

DAYS	DATES	MEET DAYS	MEET TIMES	FEE
Mon-Fri	3/29-5/6	Thurs	4-6pm	$120





GALLARDO WRESTLING

We aim to develop leaders and foster a sense of community. We support newcomers to wrestling and want to revitalize the local wrestling community by creating high-level athletes.

Ages: 5 Years-Adults **Instructor**: Samuel Gallardo
Location: Mira Loma High School, Small Gym
4000 Edison Ave., Sacramento, CA 95821

PROGRAM	AGES	DAYS	TIME	FEE
Kid's Class	5-11	Mon/Weds	6:30-7:30pm	$80
Kid's Elite Class	5-11	Mon/Weds/Thurs	6:30-7:30pm	$120
General Class	12+	Mon/Weds/Fri	6:30-8:30pm	$80
General Elite Class	12+	Mon-Fri	6:30-8:30pm	$120



SHOTOKAN KARATE

SELF DEFENSE | EXERCISE | DEVELOPMENT

REGISTER ONLINE AT NEWPHASEKARATE.COM

Join us and practice Traditional Karate, including Kihon, Kata, and Kumite. Wear active clothing but no shorts please. All equipment and uniforms can be purchased through the instructor.

Ages: 5+ Years **Instructor**: Luis Perales
Location: Swanston Community Center
2350 Northrop Ave., Sacramento 95825

DAYS	DATES	TIME	FEE
Tues/Thurs	Ongoing	6-8pm	$65/Month

**Plus yearly insurance fee paid to instructor at first class.*

LOOKING FOR A JOB IN RECREATION?



WE ARE Hiring!

Apply to be a Recreation Leader or Youth Sports Coach! Combine your love for sports and recreation with leadership to inspire our youth participants, build friendships, and boost confidence. These positions are part time and are a great stepping stone into working in sports or parks and recreation! Apply today!

READY TO JOIN THE FUN? SCAN THE QR CODE TO LEARN ABOUT OPEN POSITIONS!

AQUA PROGRAMS WITH DEL NORTE

Dive into fitness at Del Norte Club with their variety of aquatic programs! All classes are held in an indoor heated pool. For more information and registration details, contact Del Norte Athletic Club at 916-483-5111 and mention Mission Oaks Recreation & Park District. Visit delnorteclub.com for more info.
Daily Aqua Class Pass: $12 **Location:** Del Norte Club, 3040 Becerra Way, Sacramento 95821

AQUA CIRCUIT

An effective and fun design for an aqua fitness class. Combine cycles of cardio and cycles of muscle strengthening with the use of a variety of equipment. This is truly a workout for everyone!

DAYS	TIME
Mon/Weds/Fri	9-10am

AQUA POWER

Learn how to add power to basic water moves and burn calories in the large muscles. Focusing on whole body strengthening in the water and finishing with a series of stretches.

DAYS	TIME
Tues	9-10am

AQUA CARDIO

Work your muscles and improve cardio fitness. This class incorporates an interval training method with short periods of higher intensity exercise, followed by recovery periods.

DAYS	TIME
Mon/Weds	6-7pm

WATER WALKING

An active class using different travel patterns to maximize the resistance of the water. A good class for training at any level.

DAYS	TIME
Mon/Weds/Fri	12:30-1:30pm

AQUA COMBO

A variety of styles, intensities, and equipment designed to provide a great workout every time.

DAYS	TIME
Tues/Thurs	6-7pm
Sat	9-10am

ADULT SYNCHRONIZED SWIMMING

This Fall, Del Norte will offer both Beginner and Master Adult Synchronized Swimming Classes. Whether you are new to the water or an experienced swimmer, we invite you to dive in! Visit website for days/times. **Ages:** 18+

SWIM LESSONS

PARENT & ME (1-3 YEARS)

Designed for the youngest swimmers and their parents to build water confidence together. 3 classes/month.
Fee: $70/Member $85/Non-Member

1:1 PRIVATE LESSONS

30 minutes 1:1 lessons in a heated indoor pool.
Fee: $40/Member $55/Non-Member

PRIVATE GROUP LESSONS

30 minutes 2-4 person lessons in a heated indoor pool.
Fee: $30/Member $40/Non-Member

ADULT GROUP SWIM LESSONS

It's never too late to feel at home in the water. 5 person group lessons for beginning adults.
Fee: $70/Member $85/Non-Member



DEL NORTE DOLPHINS

FALL SWIM TEAM

Fall Swim Team focuses on technique and stroke development with small group sizes. Visit website for fees and more info.

DATES	PRACTICE DAYS	TIME
9/8-1/28	Tues-Thurs	Varies

DEL NORTE ATHLETIC CLUB

QUESTIONS ABOUT DEL NORTE AQUATICS?

Contact Janine, the Aquatics Director/Head Swim Coach at janineb@delnorteclub.com



TEENS

MISSION OAKS TEEN ADVISORY BOARD (MOTAB)





WHO ARE WE?

The Mission Oaks Teen Advisory Board (MOTAB) empowers teens to lead community events, service projects, and initiatives that foster local engagement and well-being. Through planning, collaboration, and leadership development, members inspire youth involvement and create meaningful impact within the district.

ELIGIBILITY:

- Must be a current high school student
- Must commit to attending 2 meetings per month
- Must commit to a one-year term
  - Term: September 24, 2026 – May 27, 2027
- **Important Dates:**
  - Application Deadline: September 13 at 11:59pm
  - Interviews: September 19, 10am-12pm
  - Interview instructions will be emailed after applications close

MOTAB Mission Oaks Teen Advisory Board

INTERESTED IN JOINING?

FOR MORE MOTAB INFORMATION OR TO APPLY SCAN THE QR CODE AND FILL OUT THE FORM ON OUR WEBSITE!

THANK YOU 2026 CAMP STAFF!

Thank you to the incredible MORPD Recreation Leaders and Junior Leaders for an amazing summer 2026 at Camp Have a Lot of Fun, Camp Kids, and Project HYPE. You make the magic of Mission Oaks happen for the kids in our community! #MORPD4Life







G.O.A.T. PROJECT



The GOAT Project provides teens with a positive and supportive space to volunteer, connect with peers, and make a meaningful impact in their community. Through hands-on service opportunities, participants build leadership skills, confidence, and a strong sense of civic responsibility. This program empowers teens to give back, grow personally, and be part of something bigger than themselves.

WHO CAN JOIN?

Open to all middle and high school students interested in volunteering and getting involved—no experience needed!

HOW DOES IT WORK?

- Fill out the interest form on our website
- Get added to our email list to receive updates about volunteer opportunities, meetings, and field trips
- Sign up for the events that interest you

BABYSITTING CLASSES



CHILD AND BABYSITTING SAFETY CLASS

Child and Babysitting Safety (CABS) course comes in a magazine-format guide designed to engage and inform the aspiring babysitter. It gives teenagers everything they need to know, from getting started, to dealing with parents and children, to key safety, caregiving, and first aid tips.
Ages: 11-15 **Instructor:** Rescue Training Institute
Location: Location varies
Check website for location

DAY	DATES	TIME	FEE
Mon	11/23	9am-2:30pm	$120
Weds	12/30	9am-2:30pm	$120
Thurs	2/18	9am-2:30pm	$120



BABYSITTING CPR

Babysitters learn infant and child CPR, the AHA pediatric Chain of Survival, signs of choking and relief of foreign-body airway obstructions, and prevention of the most common injuries in infants and children. A class "participation card" is issued as this is the standard evidence of training for this class, and this age group, as set forth by the American Heart Association.
Ages: 11-15 **Instructor:** Rescue Training Institute
Location: Location varies
Check website for location

DAY	DATES	TIME	FEE
Mon	11/23	2:30-4:30pm	$65
Weds	12/30	2:30-4:30pm	$65
Thurs	2/18	2:30-4:30pm	$65



START SMART

Start Smart Teen Driving Class is aimed at educating teen drivers about safe driving practices. It covers topics like defensive driving, the dangers of distracted driving, and the importance of following traffic laws. This class helps teens build confidence and responsibility behind the wheel. Check website for class dates.
Ages: 15+ **Instructor:** California Highway Patrol Officer
Location: Gibbons Community Center
4701 Gibbons Dr., Carmichael 95608

DAY	DATES	TIME	FEE
Visit Website	Ongoing	6:30-8:30pm	Free



NEW!

BRAND BUILDERS 2.0

Bring your vision to life! Teens will create their own brand, design a unique logo, and produce custom merchandise featuring their original designs. This creative, hands-on camp is perfect for aspiring entrepreneurs, designers, and innovators.
Ages: 13-17 Years
Location: Swanston Community Center
2350 Northrop Ave., Sacramento 95825

DAYS	DATES	TIME	FEE
Mon-Fri	3/22-3/26	8am-5pm	$225

ADULT SPORTS/FITNESS

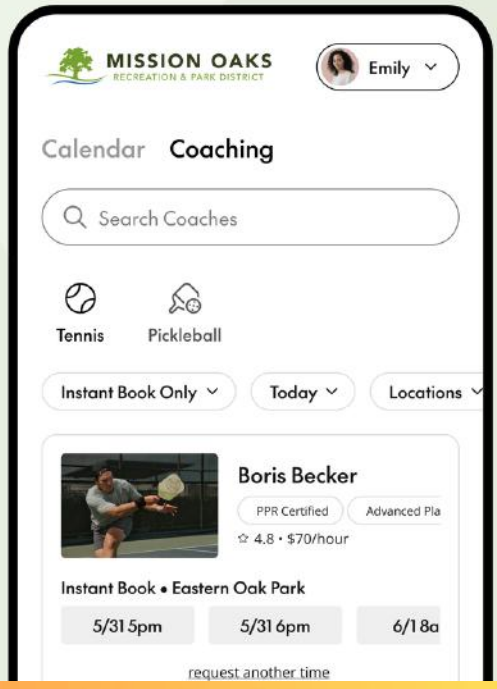
PICKLEBALL & TENNIS



Hit the Court this Fall

Learn Tennis & Pickleball Skills!

rec.us/missionoaksrpd



powered by rec

TENNIS CLASSES

SIERRA OAKS ADULT TENNIS

BEGINNER: A fundamentals course for adults covering tennis basics (serving, rallying, scorekeeping, movement, and match play) in a supportive environment to boost confidence.
INTERMEDIATE: Group training for experienced players to refine skills, and stay active. For those who can serve, rally, volley, and keep score.
Ages: 18+ **Instructor**: Devin Knox
Location: Sierra Oaks Park
2762 Huntington Rd., Sacramento 95864

PROGRAM	DAYS	TIME	FEE
Beginner	Mon & Fri	9-10am	$120/Month
Intermediate	Mon & Fri	10-11:30am	$180/Month

PICKLEBALL CLASSES

BEGINNER: Classes are an introduction to pickleball. Learn the rules, scoring, proper etiquette, and techniques for serves, returns, dinks, and volleys. Movement and basic strategy are also covered.
INTERMEDIATE: This class is for those who can serve/rally consistently. Learn targeted doubles drills, shot selection, accuracy, power, consistency, spin use, and the third shot.
Ages: 18+ **Instructor**: Peter Haddow
Location: Gibbons Park
4701 Gibbons Dr., Carmichael 95608

BEGINNER MORNING PICKLEBALL

SESSION	DAY	DATES	TIME	FEE
7	Mon	9/14-10/5	8-9am	$60
8	Mon	10/12-11/2	8-9am	$60
1	Mon	2/22-3/15	8-9am	$70

INTERMEDIATE MORNING PICKLEBALL

SESSION	DAY	DATES	TIME	FEE
7	Mon	9/14-10/5	9-10am	$60
8	Mon	10/12-11/2	9-10am	$60
1	Mon	2/22-3/15	9-10am	$70



VAN TRIP LEAD HIGHLIGHT

For the past five years, Steve Fraher has been a valued member of the Gibbons Community Center team, serving as both a Facility Monitor and Van Trip Lead. His dedication, positive attitude, and passion for serving others have made a lasting impact on our community. Steve's commitment to service began over 55 years ago as a T-ball umpire at just 13 years old. "I've truly enjoyed my five years at Gibbons Community Center. Mission Oaks gives me the opportunity to continue working in the profession I'm passionate about. I've had the privilege of serving the communities I've called home for the past 55 years, and I'm grateful for every opportunity to connect with people from coast to coast." **Make sure to sign up for an upcoming Van Trip with Steve!**

FUN FIT FOR ALL

Ages: 18+ **Instructor**: Toni
Location: Gibbons Community Center

DAYS	DATES	TIME	FEES
Mon/Weds	Ongoing	10-11am	Both M/W: $40/Month M or W: $20/Month

ZUMBA

Ages: 18+ **Instructor**: Maylin
Location: Gibbons Community Center

DAYS	DATES	TIME	FEES
Mon/Weds	Ongoing	6-7pm	$40/Month / $7 Drop-In $30/Month 1 day/week

ZUMBA GOLD

Ages: 18+ **Instructor**: Rhea
Location: Gibbons Community Center

DAY	DATES	TIME	FEES
Tues	Ongoing	3-3:45pm	$35/Month / $7 Drop-In
Weds	Ongoing	1-1:45pm	$25/Month 1 day/week

ZUMBA GOLD SEATED

Ages: 18+ **Instructor**: Rhea
Location: Gibbons Community Center

DAY	DATES	TIME	FEES
Tues	Ongoing	2-2:30pm	$25/Month / $7 Drop-In

TIME TO THRIVE: SENIOR MOBILITY AND BALANCE

Ages: 18+ **Instructor**: Michael
Location: Swanston Community Center

DAY	DATES	TIME	FEES
Thurs	Ongoing	8:30-9:15am	$40/Month

Location: Gibbons Community Center

DAY	DATES	TIME	FEES
Mon	Ongoing	1-1:55pm	$45/Month

PILATES SCULPT

Ages: 18+ **Instructor**: Cindy
Location: Gibbons Community Center

DAY	DATES	TIME	FEES
Thurs	Ongoing	5:30-6:15pm	Month w/ 5 Tues: $45 Month w/ 4 Tues: $40

TAI CHI

Ages: 18+ **Instructor**: Amy
Location: Gibbons Community Center

BEGINNER

DAY	DATES	TIME	FEE
Tues	Ongoing	5:30-6:45pm	Visit Website

INTERMEDIATE/ADVANCED

DAY	DATES	TIME	FEE
Thurs	Ongoing	6:30-7:30pm	Visit Website

TAI CHI GONG FOR HEALTHY MOVEMENT

DAY	DATES	TIME	FEE
Weds	Ongoing	10-11am	Visit Website

JAZZERCISE - *REGISTER AT JAZZERCISE.COM*

Ages: 18+ **Instructor**: Varies
Location: Gibbons Community Center

DAYS	DATES	TIME	FEES
Tues/Thurs	Ongoing	8:55-9:55am	Visit Website

Location: Swanston Community Center

DAYS	DATES	TIME	FEES
Mon/Weds/Fri	Ongoing	9-10am	Visit Website
Sat	Ongoing	8:30-9:30am	Visit Website

YOGA & MEDITATION

YOGA

Ages: 18+ **Instructor**: Judy
Location: Gibbons Community Center

DAYS	DATES	TIME	FEE
Tues/Thurs	Ongoing	8-9am	$40/Month

BASIC YOGA WITH WEIGHTS

Ages: 18+ **Instructor**: Judy
Location: Gibbons Community Center

DAYS	DATES	TIME	FEE
Weds/Fri	Ongoing	8:30-9:30am	$40/Month

MEDITATION AND SOUND BATH

Take time to regroup, recenter, and go inward with this combo mediation and sound bath class.
Ages: 18+ **Instructor**: Gina
Location: Swanston Community Center

DAY	DATES	TIME	FEE
2nd Mon	Monthly	7-7:45pm	$33/Month



CHAIR YOGA

Ages: 18+ **Instructor:** Toni: Mon & Weds, Judy: Fri
Location: Gibbons Community Center

DAYS	DATES	TIME	FEE
Mon/Weds/Fr	Ongoing	10-11am	Visit Website

Ages: 18+ **Instructor**: Judy
Location: Swanston Community Center

DAYS	DATES	TIME	FEE
Tues/Thurs	Ongoing	9:30-10:30am	$40/Month

ADULT CLASSES

DANCE CLASSES

ARGENTINE TANGO

Ages: 18+ **Instructor**: Chooi
Location: Gibbons Community Center

BEGINNER

DAY	DATES	TIME	FEE
Mon	Ongoing	7-8pm	$30/Month or $10 Drop-In

INTERMEDIATE

DAY	DATES	TIME	FEE
Mon	Ongoing	8:15-9pm	$30/Month or $10 Drop-In

PRACTICA

DAY	DATES	TIME	FEE
Mon	Ongoing	9:15-10pm	Included in fee for Beginner or Intermediate

MILONGA

Ages: 18+ **Instructor**: Chooi
Location: Gibbons Community Center

DAY	DATES	TIME	FEES
Fri	Ongoing	6-10pm	$15 Drop-In

LINE DANCE

Ages: 18+ **Instructor**: Shasha
Location: Gibbons Community Center

DAY	DATES	TIME	FEES
Weds	Ongoing	2:30-3:30pm	Visit Website

SWAY WITH ME — BALLROOM DANCE NIGHT

NEW!

Step onto the dance floor and let the music move you at "Sway With Me", a lively monthly ballroom dance event open to all skill levels. Whether you are brand new or an experienced dancer, this welcoming evening offers the perfect mix of learning, socializing, and dancing.
Ages: 18+ **Instructor**: Ingrid
Location: Gibbons Community Center

DAY	DATES	TIME	FEES
2nd Thurs	Ongoing	6-10pm	$15 Drop-In

CLUB & BALLROOM DANCING

Ages: 18+ **Instructor**: Don
Location: Gibbons Community Center

DAY	DATES	TIME	FEES
Weds	Ongoing	7-9pm	$5 Drop-In

MISSION OAKS DANCES

Join us at Gibbons Community Center, 4701 Gibbons Dr., Carmichael 95608 for live music every Tuesday and Friday! $10 at the door.

TUESDAYS
1:15-3:45PM
Country Dance: Lincoln Highway

FRIDAYS
1:15-3:45pm
Ballroom Dance: Ken Meyers Trio with Stan Read

ART CLASSES



ART IN BLOOM

Learn about native CA plants while nature journaling. Participants learn about native plants in the Sacramento Region, techniques for drawing and water coloring, and have fun in a collaborative environment. Classes include some outdoor journaling, as well as optional weekend opportunities to visit local parks that have native plants. All supplies will be provided and all skill levels welcome.
Ages: 16+ **Instructor**: Saige
Location: Gibbons Community Center
4701 Gibbons Dr., Carmichael 95608

DAY	DATES	TIME	FEE
Weds	Visit Website	6-7pm	$65



PAINT AND SIP NIGHTS

Join us for a paint night led by a live instructor! No art experience needed—just bring snacks, drinks, and a positive attitude. Enjoy a fun evening with socializing and laughter while creating your own artwork.
Ages: 21+ **Instructor**: Paint the Town
Location: Gibbons Community Center

DATES	TIME	FEE
See website for dates	6:30-8:30pm	TBD

GIBBONS COMMUNITY CENTER SERVICES

Location: Gibbons Community Center
4701 Gibbons Dr., Carmichael 95608

NEW!

POWER AGAINST FRAUD SEMINAR

The Sacramento Sheriffs and the Volunteers In Partnership with the Sheriff (VIPS) invite you to a FREE seminar aimed at equipping individuals with the knowledge and resources to prevent fraud.
Ages: 55+ **Instructor**: Sacramento Sheriff's and VIPS

DAY	DATE	TIME	FEE
Weds	9/16	11am-12:30pm	FREE

**Pre-registration is required*

SIMPLE WILL SERVICE

Attorney Chris Knepshield offers legal assistance, including Durable Powers of Attorney, Health Care Directives, Simple Wills, and discounted help with Trusts and Estate Planning. *Pre-reg is required.*
Ages: 55+ **Instructor**: Chris Knepsheild

DAY	DATES	TIME	FEE
Weds	By Appt	1:45-4:45pm	$75 Donation

AGE WELL DRIVE SMART

This class helps adults improve driving skills and safety, covering current laws, safe practices, and the impact of aging on driving.
Ages: 55+ **Instructor**: CHP Officer

DATES	TIME	FEE
Visit Website	10:30am-12:30pm	FREE

TRAVEL PRESENTATION

Explore the world with special offers on guided tours, including USA tours and river cruises. **Ages**: 18+
Instructor: Getaway Travel with Premier World Travel

DAY	DATES	TIME	FEE
Tues	9/15, 11/10	11am-12pm	FREE

MEALS ON WHEELS LUNCH PROGRAM

Gibbons Community Center is proud to be a site for Meals on Wheels. Attendees must reserve meals in advance.
Ages: 60+ **Instructor:** Lisa 916-359-1192
Location: Gibbons Community Center
4701 Gibbons Dr., Carmichael 95608

DAYS	DATES	TIME	FEE
Mon-Fri	Ongoing	11:45am*	$6 Suggested Donation

**By Reservation Only*

THERAPEUTIC RECREATION SERVICES

Sacramento County Therapeutic Recreation Services, in partnership with Mission Oaks, hosts several events at the Gibbons Community Center. For more information, please check out their monthly calendar and their website!



MISSION OAKS VAN TRIPS

Van Trips have returned! Join us for monthly excursions to regional destinations in Sacramento and Northern California.

VISIT MORPD.COM FOR UPCOMING VAN TRIPS!

PING PONG CLUB - BLAZING PADDLES

Come on out for friends, exercise, and more with our ping pong club. Drop-in table tennis group welcoming all abilities and ages. **Ages**: 18+
Location: Swanston Community Center
2350 Northrop Ave., Sacramento 95825

DAYS	DATES	TIME	FEE
Mon/Weds/Fri	Ongoing	11am-1pm	$2 Donation

FAMILY BINGO NIGHT

Bring the whole family for an evening of bingo, prizes, and fun! Enjoy exciting games, great company, and a chance to win awesome prizes. Be sure to check our website regularly for upcoming dates and event updates!
Ages: All Ages **Bingo Card Fee:** $5/family or $1/person
Location: Swanston Community Center
2350 Northrop Ave., Sacramento 95825

NEW!

ADULT CLUBS

All clubs are held at the Gibbons Community Center, 4701 Gibbons Dr., Carmichael 95608.
Annual Membership 2026 Fee: $30 **2027 Fee:** $35

BRIDGE

DAYS	TIME
Mon/Thurs	1-4pm

CERAMICS

DAY	TIME
Fri	11:30am-3pm

CRIBBAGE

DAY	TIME
Tues	5:30-9pm

CRIBBAGE FOR FUN

DAY	TIME
Thurs	5:30-7:30pm

HIKING - MEETINGS

DAY	TIME
4th Weds	1-3pm

**View schedule for hikes*

MAGIC

DAYS	TIME
2nd & 4th Weds	7-9pm

PINOCHLE - NEW!

DAY	TIME
Tues	1-3pm

Join the new MORPD Pinochle Club! Players of all skill levels are welcome to enjoy some friendly competition.

NEW!

SHUFFLEBOARD

DAY	TIME
Fri	1-2:30pm

STITCHERS

DAY	TIME
Thurs	10am-12pm

TAI CHI

DAY	TIME
Thurs	3-4pm

TAI CHI, CHEN PRACTICAL METHODS

DAY	TIME
Tues	10:30-11:30am

PING PONG

DAYS	TIME
Weds/Fri	3-6pm

49ER SKI CLUB

DAY	TIME
3rd Thurs	6:30-8pm

PARK PROJECTS



EMPOWERMENT PARK

emPOWERment Park opens soon! Come enjoy this socially inclusive and sensory-integrated playground where everybody can play and where everyone belongs.
Location: 1124 Bell St., Sacramento, 95825

AN ALL-INCLUSIVE PLAY-SPACE FEATURING:

- **Custom Power-Themed Accessible Play Structures**
- **Integrated Sensory Experiences**
- **Sensory Water Area**
- **Group Picnic and BBQ Areas**
- **Community Garden Beds**
- **Off-Street Accessible Parking Stalls**
- **Shade Structures**
- **Self-Cleaning Restrooms**
- **Bankshot Court**



PICKLEBALL COURT SHADE

The Eastern Oak pickleball courts are now even more comfortable to enjoy with the addition of a new shade structure. Whether you're playing a match or taking a break between games, the new shaded area provides a cool, convenient place to relax and connect with fellow players.

NEW PARK SIGNAGE

Gibbons Park and Mission North Park have a fresh new look! New park signage has been installed to create a more welcoming experience, improve navigation, and help visitors easily identify and enjoy these community parks.







ADA COMPLIANCE IMPROVEMENTS

Mission Oaks is upgrading Windemere Park to be more welcoming and accessible for everyone. The project is focused on improving ADA access and park features so all visitors can enjoy a safer, more inclusive space.



PARK SHADE

Shelfield Park just got even better! New shade structures have been installed over the playground, creating a cooler, more comfortable space for families to play, explore, and enjoy the park all year long.



FACILITY RENTALS

Mission Oaks provides rentable space at our two community centers, and picnic shelter rentals at many of our beautiful parks. In a stunning park setting, you can host your private party, wedding, or company party with on-site amenities listed below. Allow our staff to help book your next event. Visit morpd.com/facilities-and-rentals for more information!

Gibbons Community Center: Tucked away in the quiet, lush setting of Gibbons Park, the Gibbons Community Center has many options to hold your next special event.

Swanston Community Center: Located in the beautiful 10-acre Swanston Park, this facility is a multi-purpose community center and is ready to host your next event. The Splash Pad cannot be rented.



RECEPTION SPACES

AUDITORIUM
at Gibbons Community Center
Capacity: 250

ACTIVITY ROOM
at Swanston Community Center
Capacity: 120

ACTIVITY ROOM
at Gibbons Community Center
Capacity: 100



MEETING ROOMS

CLUB ROOM
at Gibbons Community Center
Capacity: 48

CONFERENCE ROOM
at Swanston Community Center
Capacity: 30



PICNIC SHELTERS

ASHTON PARK
Alder Picnic Shelter
Redwood Picnic Shelter
Hackberry Picnic Shelter

EASTERN OAK PARK
Maple Picnic Shelter
Magnolia Picnic Shelter

MISSION NORTH PARK
Oak Picnic Shelter
Camphor Picnic Shelter

GIBBONS PARK
Liquidambar Picnic Shelter
Sycamore Picnic Shelter

SWANSTON PARK
Walnut Picnic Shelter
Holly Oak Picnic Shelter
Aristocrat Picnic Shelter

**All other park sites are first-come, first-served.*

ALL INDOOR FACILITY RENTAL LOCATIONS INCLUDE:

- Tables/Chairs
- On-Site Staff
- Access to Prep Kitchen (Swanston Community Center)
- Access to Catering Kitchen (Gibbons Community Center)
- Ice Maker
- Projector Screen or TV
- Alcohol Permitted
- Parking Available

ATHLETIC FIELD & COURT RENTALS



Mission Oaks Recreation & Park District has athletic fields and courts available to the public for drop in use or to rent for organized sports or events. If you are interested in renting and reserving one of our athletic fields or courts, please visit morpd.com/athletic-field-and-court-rentals for more information!

RESERVABLE ATHLETIC FIELDS & COURTS

ASHTON PARK: Soccer field, basketball court, tennis court
EASTERN OAK PARK: Soccer field, pickleball court, futsal court
GIBBONS PARK: Soccer field, basketball court, tennis or pickleball court
ORVILLE WRIGHT PARK: Soccer field
SHELFIELD PARK: Soccer field, tennis court
SWANSTON PARK: Soccer field, basketball court, tennis or pickleball court
VALLEY OAK PARK: Baseball fields


WINDING WAY
80
AUBURN BLVD
CYPRESS AVE
EDISON AVE
A
3
WHITNEY AVE
COWAN
14
160
B
6
2
C
MARCONI AVE
4
EL CAMINO AVE
HOWE AVE
FULTON AVE
WATT AVE
EASTERN AVE
WALNUT AVE
8
12
5
9
ARDEN WAY
D
13
11
E
10
1
FAIR OAKS BLVD
15
7
AMERICAN RIVER
50

Parks Make Life Better!®

PARKS

		PARK ACREAGE	BALL DIAMONDS	BASKETBALL COURTS	PLAY EQUIPMENT	FITNESS EQUIPMENT	SOCCER FIELD	TENNIS COURTS	SAND VOLLEYBALL COURTS	PICKLEBALL COURTS	NATURE AREA	OFF STREET PARKING	BARBEQUES	COMMUNITY CENTER	PICNIC TABLES	RESTROOMS	SHADE SHELTERS	RESERVE PICNIC TABLES	WALKING TRAIL
1	**ASHTON** 4251 Ashton Dr., Sacramento	9.8		1.5	●		1	3		3		●	●		●	●	●	●	●
2	**EASTERN OAK** 3127 Eastern Ave., Sacramento	7.1		.5	●		1			6		●	●		●	●	●	●	●
3	**GIBBONS** 4701 Gibbons Dr., Carmichael	17.5		1	●	11		2		6		●	●	●	●	●	●	●	●
4	**HAZELWOOD GREENS** 4610 Hazelwood Ave., Sacramento	1.8																	
5	**MADDOX** 4821 Thor Way, Carmichael	6			●						●				●		●		●
6	**MISSION NORTH** 3344 Mission Ave., Carmichael	12.7			●						●	●			●	●	●	●	●
7	**OAK MEADOW** 2734 American River Dr., Sacramento	5.5			●										●		●		●
8	**ORVILLE WRIGHT** 2331 St. Marks Way, Sacramento	4.2			●				1			●			●				●
9	**SHELFIELD** 1849 Suffolk Way, Carmichael	5			●			2				●			●				
10	**SWANSTON** 2350 Northrop Ave., Sacramento	10		1.5	●	16		2	1	4		●	3	●	●	●	●	●	●
11	**VALLEY OAK** 1150 Eastern Ave., Sacramento	10.2	3		●		1				●				●	●	●		●
12	**WINDEMERE** 1900 Windemere Lane, Sacramento	.75		.5	●										●				
13	**EMPOWERMENT** 1124 Bell St., Sacramento	1.4			●	●						●	●		●	●	●		

SCHOOL PARKS

14	**COWAN** 3350 Becerra Way, Sacramento	.5		●	●							●			●		●		
15	**SIERRA OAKS** 2762 Huntington Rd., Sacramento	4.6		●	●		2	2							●				

OTHER DISTRICT FACILITIES

A **GIBBONS COMMUNITY CENTER**
4701 Gibbons Dr., Carmichael, CA 95608

B **DISTRICT OFFICE**
3344 Mission Ave., Carmichael, CA 95608

C **MISSION OAKS PRESCHOOL**
4641 Marconi Ave., Sacramento, CA 95821

D **MISSION STATION PARK MAINTENANCE FACILITY**
1616 Mission Ave., Carmichael, CA 95608

E **SWANSTON COMMUNITY CENTER & SPLASH PARK**
2350 Northrop Ave., Sacramento, CA 95825

MISSION OAKS
RECREATION & PARK DISTRICT

MISSION OAKS
RECREATION & PARK DISTRICT

To Our Valued Customer
ECRWSS EDDM Postal Customer

3344 Mission Ave.,
Carmichael, CA 95608

PRSRT STD
US POSTAGE
PAID
PERMIT #1841
SACRAMENTO, CA

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House Real Estate
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RICH DESMOND
SACRAMENTO COUNTY SUPERVISOR

Rich Desmond
Sprout Annual Sponsor

Sierra Oaks DENTAL



Sierra Oaks Dental
Acorn Annual Sponsor

Do you have a local business? Learn more about becoming a Mission Oaks sponsor!